

AN INVESTIGATION ON *IN VITRO* AND *IN VIVO* ANTIMICROBIAL PROPERTIES OF THE ANTIDEPRESSANT: AMITRIPTYLINE HYDROCHLORIDE

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ABSTRACT

The antidepressant drug amitriptyline hydrochloride was obtained in a dry powder form and was screened against 253 strains of bacteria which included 72 Gram positive and 181 Gram negative bacteria and against 5 fungal strains. The minimum inhibitory concentration (MIC) was determined by inoculating a loopful of an overnight peptone water culture of the organism on nutrient agar plates containing increasing concentrations of amitriptyline hydrochloride (0, 10 µg/mL, 25 µg/mL, 50 µg/mL, 100 µg/mL, 200 µg/mL). Amitriptyline hydrochloride exhibited significant action against both Gram positive and Gram negative bacteria at 25-200 µg/mL. In the *in vivo* studies it was seen that amitriptyline hydrochloride at a concentration of 25 µg/g and 30 µg/g body weight of mouse offered significant protection to Swiss strain of white mice when challenged with 50 median lethal dose (MLD) of a virulent strain of *Salmonella typhimurium* NCTC 74. The *in vivo* data were highly significant ($p < 0.001$) according to the chi-square test.

Key words: Amitriptyline hydrochloride, antimicrobial activity, non antibiotics.

INTRODUCTION

The history of development of pharmacological compounds has shown that any agent may possess diverse functions and may therefore have useful activity in the completely different field of medicine. The possible multifunctional nature of most medicinal agents prompted scientists to investigate the antimicrobial properties of compounds classified pharmacologically as psychotropics, tranquilizers, local anesthetics, cardiovascular drugs, anti-inflammatory agents and antihistamines. It was found that chlorpromazine (14, 19), promazine (6), trifluoperazine (16), fluphenazine (7), bromodiphenhydramine (12, 23), triplidone

(22), methdilazine (4), promethazine (3), trimeprazine (10), propranolol (15), methyl DOPA (11), nifedipine (21), amlodipine (2), dobutamine (24), lacidipine (5), procaine and lignocaine (8), diclofenac (1, 9), dicyclomine (13) possess significant antimicrobial activity.

From these studies it was observed that the compounds with two or more benzene rings possess powerful antimicrobial activity. The present paper describes a detailed study on the *in vitro* and *in vivo* antimicrobial activity of a tricyclic antidepressant drug: amitriptyline hydrochloride in which two benzene rings are attached to one another by a cycloheptene ring.

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MATERIALS AND METHODS

Microorganisms

A total of 253 strains of bacteria from 5 Gram positive and 11 Gram negative genera and 5 fungal strains belonging to 3 genera were used in this study.

Different bacterial and fungal strains used were isolated from patients or obtained from collections at different places. From Kolkata- Gram positive *Staphylococcus aureus* (ATCC 6538 p, ATCC 25923, ATCC 29737, BDC 1, ML 6, ML 14, ML 17, ML36, ML 37, ML 52, ML 58, ML 81, ML 125, ML 145, ML 149, ML 151, ML 152, ML 159, ML 162, ML174, ML 180, ML 198, ML 264, ML 265, ML 267, ML 269, ML 271, ML 275, ML 276, ML 277, ML 295, ML 311, ML 314, ML 321, ML 322, ML 329, ML 330, ML 333, ML 335, ML 345, ML 351, ML 358, ML 384, ML 394, ML 411, ML 420, ML 422, Bang 44, 3, 15, 17, 40), *Staphylococcus saprophyticus* VS14, *Staphylococcus citreus* M₁, *Staphylococcus lactis* 309, *Streptococcus faecalis* (ATCC 29212, S2), *Micrococcus luteus* (ATCC 9341, AGD1), *Bacillus cereus* ATCC 11778 and *Lactobacillus sporogenus*; Gram negative *Shigella flexneri* (2a NK 307, 2a 33220, 3a 30903, 5a B 18603, 5a BCH 511, 2b DN 13, 3b NK 331, 6 NK 126, 6 BCH 895, 6 BCH 999, 6E 03429, F20520, F 20570, BDC 1), *Shigella sonnei* (B 22461, BCH 217, BCH 397, BCH 947, DN 3, DN 9, E 08869, F11001, KS 1, NK 2, NK 29, NK 228, NK840), *Shigella boydii* 9E16552, *Salmonella virchow* ATCC3.1, *Salmonella derby* ATCC 3.2, *Salmonella senftenberg* ATCC3.4, *Salmonella* F14669, *Vibrio cholerae* (ATCC14033,10, 39, 56, 69, 71, 117, 133, 142, 154, 156, Kathmandu 2, 289, 411, 547, 553, 730, 752, 792, 793, 805, 810, 811, 813, 820, 834, 852, 865, 941, 955, 1021, 1023, 1311, 1315, 1342, 1351, 229, Kuala Lumpur 23, Kuala Lumpur 37, DN 6, DN 7, DN 16, DN 26, VRC 411, VRC 2080, VRC 423/75, VRC 2002/75, VRC 2004/75, VRC 295/76, VRC 369/76, DN 6, DN 7, DN 16, DN 26), *Escherichia coli* (ATCC 10536, ATCC 25922, ATCC 25938, 721, 809, 54B, UC 51, 3P/SD, R 224, R 239, 870, 55, 319, TG1, NCTC 10 HD, 424, 868, 871, C1, R122), *Klebsiella pneumoniae* (1, 725, J14, J1/4, R114, R119), *Pseudomonas aeruginosa* (ATCC 25619,

ATCC 27853, AMRI 100), *Proteus mirabilis* (10, 21, 32, C/6/5, C/10/6), *Proteus vulgaris* SSKM1/01, *Providencia* spp., *Hafnia* spp., *Enterobacter cloacae* and *Citrobacter* spp. and fungal strains *Candida albicans* (I, II, ATCC 10231), *Cryptococcus* spp. and *Rhodotorula* spp., from New Delhi - Gram negative *Pseudomonas aeruginosa* (7, 71, 732, 1006, APC1, C/1/5, C/1/7, Kr/12/3), from London - Gram positive *Staphylococcus aureus* (NCTC 8530, NCTC 8531, NCTC 8532, NCTC 6571), *Bacillus brevis* NCTC 7096, *Bacillus polymyxa* NCTC 4747, *Bacillus pumilus* NCTC 8241, *Bacillus licheniformis* NCTC 10341 and *Bacillus subtilis* ATCC 6633; Gram negative *Shigella dysenteriae* (2 NCTC 566/61, 7 NCTC 519/66, 8 NCTC 599/52, 9 NCTC 7919), *Shigella flexneri* 1B 67800, *Shigella boydii* 10 NCTC 386/66, *Salmonella typhi* (NCTC 59 type2, NCTC 62), *Salmonella berta* 69, *Salmonella choleraesuis* 36, *Salmonella paratyphi* (A 2, B 5), *Salmonella viballerup* and *Salmonella typhimurium* (NCTC 11, NCTC 74, NCTC 102), from U.K. - Gram negative *Shigella sonnei* (2, 17) and *Escherichia coli* K12 ROW, from Japan - Gram negative *Vibrio parahaemolyticus* (732, 734, 916, 4750, 5507, 8742, 8848, 8898, 8942, 9166, 9331, 9369, 9379, 9580, 9601, 9602, 9603, 9606, 9701, 72003, 72006, 72008, 72016, 72040, 72172, P1, P3, P4, P5, P7), from Denmark - Gram negative *Escherichia coli* K 99 and from USA- Gram positive *Staphylococcus aureus* UT 0002 and *Bacillus subtilis* UC 564; Gram negative *Escherichia coli* V 517 and *Pseudomonas Putida* 61 were collected.

All the strains are maintained in the Division of Microbiology, Department of Pharmaceutical Technology, Jadavpur University, Kolkata.

Drug

The drug amitriptyline hydrochloride was obtained in pure dry powder form, from Sun Pharmaceuticals Laboratories, Dadra, India.

In vitro screening test against bacteria

The bacteria were grown in peptone water (PW, 1.0 % bacteriological peptone, Difco brand, 0.5% Analar NaCl)

for 18 h. An aqueous solution of amitriptyline hydrochloride (1mg/mL) was sterilized by filtration (sintered glass filter, G-5) and stored at 4°C. This was added to molten nutrient agar (Difco brand) at 45°C in varied final concentrations: 0(control), 10, 25, 50, 100, 200 µg per mL of nutrient agar. The final pH of all the media were adjusted to 7.2 to 7.4 before pouring into sterile Petri dishes. The minimum inhibitory concentration (MIC) of amitriptyline hydrochloride was determined by spotting one loopful (internal diameter 2 mm) of a diluted 18 h broth containing 5×10^5 colony forming units (CFU) on all plates which were incubated at 37°C and examined for growth up to 72 h (20). The test was performed in triplicate for each organism and the experiment was repeated when necessary.

***In vitro* screening test against fungi**

The fungal strains were grown in Sabouraud's glucose broth (Difco brand). The sterile aqueous amitriptyline hydrochloride solution (1 mg/mL) was added to molten Sabouraud's glucose agar (SGA) in such concentrations that the final concentrations of amitriptyline hydrochloride were 0 µg/mL (control), 100 µg/mL, 200 µg/mL, 500 µg/mL, 1000 µg/mL. The final pH of SGA media were adjusted to 5.4 before preparing slants in sterile test tubes. The broth of the fungal strain was diluted and adjusted to 0.5 McFarland standard (17) (a turbidity standard prepared by adding 0.5 mL of 1% barium chloride solution to 99.5 mL of 1% H₂SO₄) and then the slant tubes were inoculated with one loopful (internal diameter 2mm) of this diluted broth, and the tubes were then incubated at 28°C for 7 days. The end points were noted, when growth of colonies of control were clearly visible after incubation for 7 days (25).

Determination of antibacterial activity of amitriptyline hydrochloride

Two milliliters of 18 h broth culture of a bacterium sensitive to amitriptyline hydrochloride were added to 4 mL of fresh nutrient broth (NB) and were incubated at 37°C for 2 h, to reach the logarithmic growth phase. The number of viable organisms (CFU/mL) was determined and amitriptyline hydrochloride was added at this point at a concentration twice

of the respective MIC value. The CFU/mL counts were determined up to 6 h at 2 h interval and then after 18 h.

Animal protection test

In vivo experiments were conducted on 50-60 days old male Swiss albino mice weighing 18-20g. They were kept in polypropylene cages containing 5 animals per cage. Mortality experiment with or without amitriptyline hydrochloride were carried out by challenging mice with 50 median lethal dose (MLD) of a passaged virulent strain of *Salmonella typhimurium* NCTC 74 (corresponding to 0.95×10^9 C.F.U. suspended in 0.5 mL NB) (7). Reproducibility of the challenge test doses was ensured by standardization of its optical density at 640 nm in a Klett Summerson colorimeter to give the predetermined number of CFU per mL of broth on nutrient agar plates. The MIC of amitriptyline hydrochloride against *S. typhimurium* NCTC 74 was found to be 200 µg/mL. Three hours before the challenge, amitriptyline hydrochloride was intraperitoneally administered to the animals in doses of 2, 3, 4.5, 6, 10, 20, 25, 30 µg per g body weight of mice in a final volume of 0.1 mL. The control group was injected with 0.1 mL of sterile water, and all the animals were observed up to 100 h. As survival rate is very low for control group, 60 animals were taken in that group for getting statistically significant data.

In a similar experiment 10 mice were divided into 2 groups of 5 each, and all of them were injected with the challenge dose; Group I was given amitriptyline hydrochloride (25 µg/g of mouse) while Group II was given sterile water before the challenge.

All the animals of Group I and Group II were anesthetized by diethyl ether and then were autopsied 18 h after the challenge. Their livers and spleens were removed, homogenized in a sterile glass homogenizer and preserved at -20°C for subsequent determination of viable counts (C.F.U./mL); 0.2 mL to 0.4 mL of heart blood was also collected aseptically at the same time and viable count was determined immediately.

Animal experiments were conducted following the guidelines of the Institutional Animal Ethics Committee.

RESULTS

Determination of antibacterial activity of amitriptyline hydrochloride by *in vitro* test

Amitriptyline hydrochloride was found to possess significant antibacterial activity against both Gram positive and Gram negative bacteria. From Table 1, it was seen that out of 253 strains of bacteria tested, 28 strains (11%) were inhibited at 25 µg/mL, 16 strains (6%) were inhibited at 50µg/mL, 55 strains (22%) were inhibited at 100 µg/mL and 86 strains

(34%) were inhibited at 200 µg/mL of amitriptyline hydrochloride. The drug has significant inhibitory action on *Staphylococcus* spp., *Bacillus* spp. and *Vibrio cholerae*; 39 out of 60 strains (65%) of *Staphylococcus* spp., 6 out of 7 strains (86%) of *Bacillus* spp. and 31 out of 50 strains (62%) of *Vibrio cholerae* were inhibited at 25-100 µg/mL concentration of amitriptyline hydrochloride. *Bacillus* was the most sensitive amongst all Gram positive organisms tested. The drug has moderate inhibitory action on *Shigella*, *Salmonella*, *V. parahaemolyticus* and *E. coli*.

Table 1. *In vitro* activity of amitriptyline hydrochloride on Gram positive and Gram negative bacteria

Name of bacteria	No. of strains tested	No. of strains inhibited by amitriptyline hydrochloride (µg/mL)					
		10	25	50	100	200	>200
<i>Staphylococcus</i> spp.	60		9 (15%)	2 (3%)	28 (47%)	16 (27%)	5 (8%)
<i>Streptococcus faecalis</i>	2						2 (100%)
<i>Micrococcus luteus</i>	2		1 (50%)			1 (50%)	
<i>Bacillus</i> spp.	7		5 (72%)		1 (14%)		1 (14%)
<i>Shigella</i> spp.	36		1 (3%)	4 (11%)	2 (6%)	18 (50%)	11 (30%)
<i>Salmonella</i> spp.	14		2 (14%)	1 (7%)	2 (14%)	4 (29%)	5 (36%)
<i>Vibrio cholerae</i>	50		7 (14%)	9 (18%)	15 (30%)	16 (32%)	3 (6%)
<i>Vibrio parahaemolyticus</i>	30				2 (7%)	22 (73%)	6 (20%)
<i>Escherichia coli</i>	23				4 (17%)	8 (35%)	11 (48%)
<i>Klebsiella pneumoniae</i>	6					1 (17%)	5 (83%)
<i>Pseudomonas</i> spp.	12		1 (8%)		1 (8%)		10 (84%)
<i>Proteus</i> spp.	6						6 (100%)
<i>Citrobacter</i> spp.	1		1 (100%)				
<i>Providencia</i> spp.	1						1 (100%)
<i>Enterobacter cloacae</i>	1						1 (100%)
<i>Hafnia</i> spp.	1						1 (100%)
<i>Lactobacillus sporogenes</i>	1		1 (100%)				
Total	253		28 (11%)	16 (6%)	55 (22%)	86 (34%)	68 (27%)

The MIC of amitriptyline hydrochloride against a representative *Staphylococcus aureus* NCTC 6571 was found to be 100 µg/mL. 200 µg/mL of the drug was added to the NB culture of *S. aureus* NCTC 6571 at zero hour of the logarithmic growth phase, when CFU/mL count was 4.4×10^7 . After 2 h, 4 h, 6 h the CFU/mL count was 4.4×10^5 , 3.9×10^5 and 3.9×10^5

respectively and at the end of the 18 h was 3.5×10^4 , thereby proving the bacteriostatic nature of amitriptyline hydrochloride against Gram-positive *S. aureus* NCTC 6571 (Fig. 1).

Similarly as the MIC of amitriptyline hydrochloride against a representative *Shigella boydii* 10 NCTC 386/66 was 25µg/mL, 50µg/mL of the drug was added at the logarithmic

growth phase of this culture. The CFU/mL before addition of the drug was 4×10^7 and it was 9×10^3 after 2 h, 8.9×10^3 after 4 h and 8.8×10^3 after 6 h which did not change further and

remained constant at 8.8×10^3 at the end of the 18 h. So the amitriptyline hydrochloride is also bacteriostatic against Gram negative *Shigella boydii* 10 NCTC 386/66 (Fig. 1).

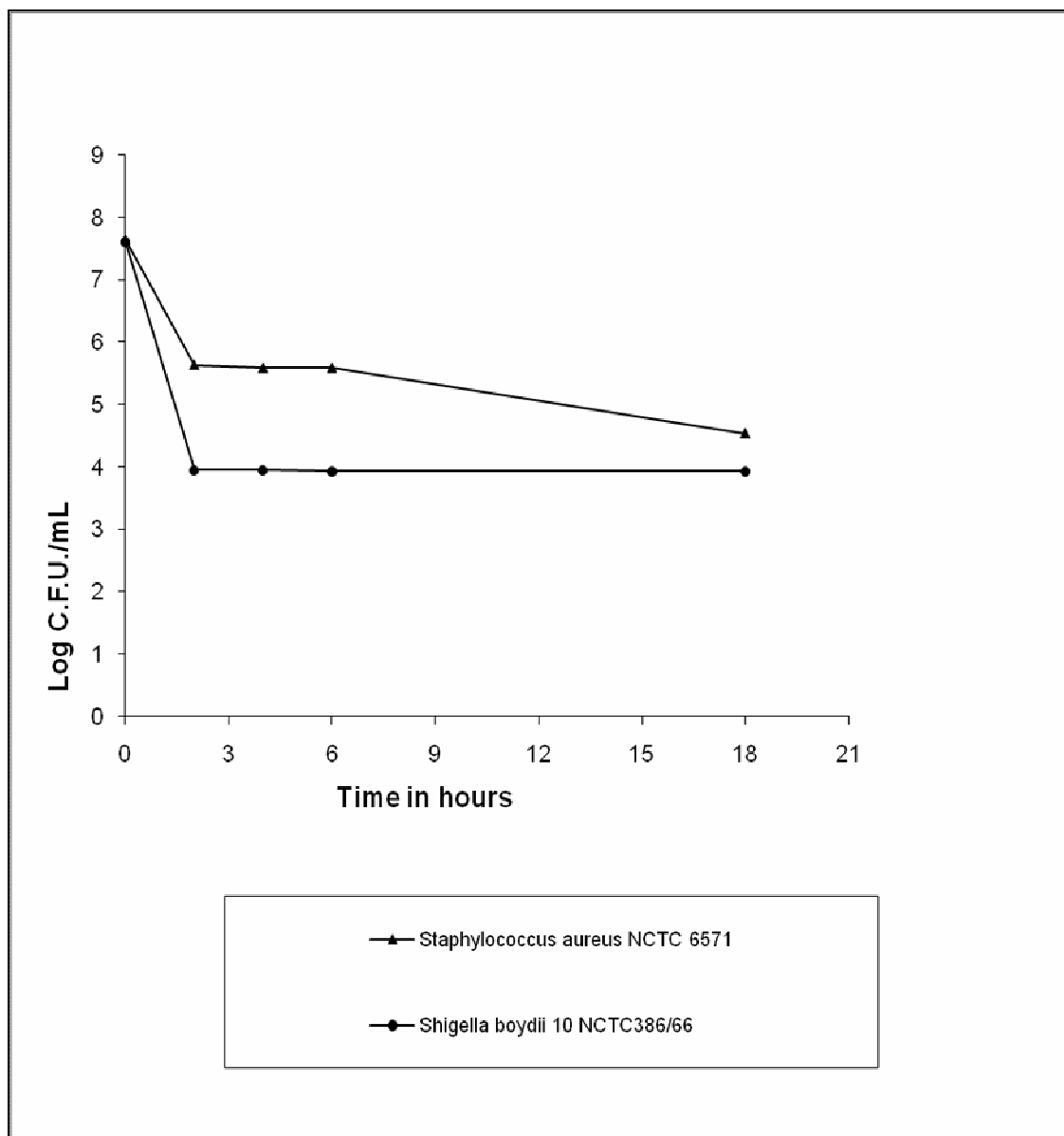


Figure 1. Mode of action of amitriptyline hydrochloride on *Staphylococcus aureus* NCTC 6571 and *Shigella boydii* 10 NCTC 386/66

Determination of antifungal activity of amitriptyline hydrochloride by *in vitro* tests

Table 2 shows that *Cryptococcus* spp. was inhibited at 500 µg/mL of amitriptyline hydrochloride. At 1000 µg/mL

concentration of the drug the growth of *Candida albicans* ATCC 10231 and *Candida albicans* II was reduced indicating the toxic effect of amitriptyline hydrochloride against these two strains.

Table 2. Inhibitory effect of amitriptyline hydrochloride on different fungal strains

Name of fungal strain	Growth in SGA containing different concentrations of amitriptyline hydrochloride ($\mu\text{g/mL}$)				
	0*	100	200	500	1000
<i>Candida albicans</i> ATCC 10231	+	+	+	+	±
<i>Candida albicans</i> I	+	+	+	+	+
<i>Candida albicans</i> II	+	+	+	+	±
<i>Rhodotorula</i> spp.	+	+	+	+	+
<i>Cryptococcus</i> spp.	+	+	+	-	-

*; control tube without drug; +, growth; -, no growth, ±, reduced growth.

In vivo experiments

The results presented in Table 3 show that in doses of 30 $\mu\text{g/g}$ and 25 $\mu\text{g/g}$ body weight of mice, only 4 out of 20 mice died in each case, whereas in the control group which received only the drug, no mouse expired. In the control series which received the challenge only, 48 out of 60 mice died. The protection test turned out to be statistically significant ($p < 0.001$ in χ^2 test) at both 30 $\mu\text{g/g}$ and 25 $\mu\text{g/g}$ doses of amitriptyline

hydrochloride, compared to the control (without drug).

Amitriptyline hydrochloride at doses of 25 $\mu\text{g/g}$ body weight of mice significantly reduced the bacterial count (CFU/mL) in the organ homogenates of mice 18 h after the challenge compared with the control ($p < 0.01$). The bacterial count in heart blood was also significantly reduced in treated animals (Table 4).

Table 3. Effect of amitriptyline hydrochloride on survival of mice challenged with *Salmonella typhimurium* NCTC 74

Group	Dose of Amitriptyline hydrochloride ($\mu\text{g/g}$ mice)	Survival (live / total)
Test	25	16 / 20*
(Challenged)	30	16 / 20*
Control	-	12 / 60
(Challenged)	(0.1mL of Sterile water)	

* $P < 0.001$ according to chi-square test, after elimination of the toxic effects due to the drug alone (test-control). The challenge dose was 0.95×10^9 C.F.U. in 0.5 mL nutrient broth and the survival was recorded up to 100 h after the administration of drug

Table 4. Efficacy of amitriptyline hydrochloride in reducing bacterial counts in different organs of mice challenged with *Salmonella typhimurium* NCTC 74 for 18 hours

Group	Drug/g mouse	C.F.U./mL counts in		
		Heart blood	Liver	Spleen
I	Amitriptyline hydrochloride 25 μg	5.5×10^3	8.5×10^3	6.4×10^3
		to 8.0×10^4	to 9.2×10^4	to 5.8×10^5
II	Sterile water (control)	4.9×10^7	6.2×10^7	2.4×10^7
		to 3.8×10^8	to 2.4×10^8	to 4.6×10^8

After drug administration, the animals (5 mice per group) were challenged with 0.95×10^9 C.F.U./mL of *Salmonella typhimurium* NCTC 74 and sacrificed 18 h later. Their livers and spleen were removed aseptically and the homogenates were prepared for viable counts. The data were analyzed using Student's 't' test and was found to be significant; $p < 0.01$ in 18 h samples.

DISCUSSION

Amitriptyline hydrochloride, a tricyclic antidepressant drug, has been seen to possess powerful antimicrobial activity both *in vitro* and *in vivo* experiments. The sensitive bacterial strains occurred among *Staphylococcus* spp., *Bacillus* spp., *Vibrio cholerae*, *Micrococcus* spp, *Lactobacillus sporogenes* and *Citrobacter* spp. The drug was only moderately active with respect to strains of *Shigella* spp., *Salmonella* spp., *E. coli*, *Klebsiella pneumoniae*, *Vibrio parahaemolyticus* and *Pseudomonas* spp. whereas *Streptococcus faecalis*, *Proteus* spp., *Enterobacter cloacae*, *Hafnia* spp. and *Providencia* spp. were resistant to Amitriptyline hydrochloride. Amitriptyline hydrochloride also possesses good antifungal activity against *Cryptococcus* spp. It possesses moderate antifungal activity against *Candida albicans* but *Rhodotorula* spp was resistant to the drug. The drug was found to be bacteriostatic *in vitro* both against Gram positive and Gram negative bacteria.

In our *in vivo* experiments we found that amitriptyline hydrochloride at 25 µg/g and 30 µg/g body weights significantly protected the mice. Amitriptyline hydrochloride at doses of 25 µg/g body weight of mice significantly reduced the bacterial count (CFU/mL) in the organ homogenates and heart blood of mice. The high doses required to protect the animals against the challenge of *Salmonella typhimurium* NCTC 74 may be due to the high *in vitro* MIC value of amitriptyline hydrochloride against this strain (200 µg/mL). At these doses (25 µg/g and 30 µg/g) the drug showed no toxicity and they were very much below the medial lethal dose of amitriptyline hydrochloride in mice (oral) 350 µg/g (18).

The tricyclic phenothiazines in general possess moderate to powerful antimicrobial activities. The antimicrobial activity of methdilazine (4), trimeprazine (10), fluphenazine (7), trifluoperazine (16) have been reported. Investigations on the structure activity relationship (SAR) suggested that the arrangement of the benzene rings may be responsible for the antimicrobial activity of the drug. Amitriptyline hydrochloride containing two benzene rings attached to one another by a cycloheptene ring may be conceived to mimic a phenothiazine

structure, thereby explaining its antimicrobial property. The spectrum of action of amitriptyline hydrochloride is similar to other compounds containing two or more benzene ring (6, 7).

The *in vitro* and *in vivo* studies involving amitriptyline hydrochloride suggest that this drug has a remarkable potential for being developed into a potent antimicrobial agent. Further enhancement of its antimicrobial properties can be achieved by synthesizing derivatives of this drug with appropriate structural modifications.

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