Bilateral iris cysts in an infant with retinopathy of prematurity

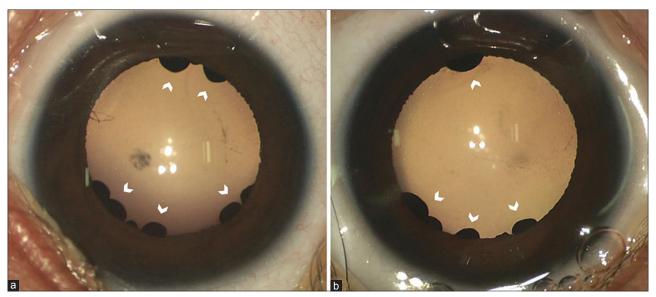


Figure 1: (a and b) Anterior segment of the right and left eye respectively, showing multiple, dark brown, rounded protrusions (arrows) emerging from behind the pupillary margin after pupillary dilation suggestive of mid-zonal iris pigment epithelial cysts

An 8-week-old premature infant, a diagnosed case of aggressive posterior retinopathy of prematurity (ROP), was brought to the ophthalmologist for routine follow-up post-laser treatment. Undilated anterior segment examination was normal. On pupillary dilation, multiple, dark brown, rounded protrusions (arrows) could be visualized behind the pupillary margin in both eyes [Fig. 1]. Posterior segment showed a well-lasered regressing ROP with no sequalae. A diagnosis of bilateral mid-zonal iris pigment epithelial (IPE) cysts was made. These cysts are caused by separation of the anterior and posterior pigment epithelium of the iris with accumulation of fluid between them.^[1] Pupillary dilation everts these cysts on to the pupillary margin and can mimic a ciliary body malignant melanoma.^[2] IPE cysts mostly remain asymptomatic and can simply be observed.^[3]

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

Financial support and sponsorship Nil.

Conflicts of interest

There are no conflicts of interest.

Simar Rajan Singh, Mohit Dogra, Deeksha Katoch, Mangat Ram Dogra

Department of Ophthalmology, Advanced Eye Centre, Post Graduate Institute of Medical Education and Research, Chandigarh, India Correspondence to: Dr. Simar Rajan Singh,
Department of Ophthalmology, Advanced Eye Center,
Post Graduate Institute of Medical Education and Research,
Sector 12, Chandigarh - 160 012, India.
E-mail: simarrajansingh@gmail.com

References

- Shields JA. Primary cysts of the iris. Trans Am Ophthalmol Soc 1981;79:771-809.
- Shields JA, Shields CL, Loid N, Mercado G. Iris cysts in children: Classification, incidence, and management. Br J Ophthalmol 1999;83:334-8.
- Georgalas I, Petrou P, Papaconstantinou D, Brouzas D, Koutsandrea C, Kanakis M. Iris cysts: A comprehensive review on diagnosis and treatment. Surv Ophthalmol 2018;63:347-64.

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.

Access this article online	
Quick Response Code:	Website:
同成時887回	www.ijo.in
	DOI: 10.4103/ijo.IJO_857_19

Cite this article as: Singh SR, Dogra M, Katoch D, Dogra MR. Bilateral iris cysts in an infant with retinopathy of prematurity. Indian J Ophthalmol 2019;67:2062.