

# Shrunken Pore Syndrome Is Associated With Increased Levels of Atherosclerosis-Promoting Proteins



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**Introduction:** Shrunken pore syndrome (SPS), originally defined by cystatin C–based estimated glomerular filtration rate (eGFR<sub>cystatin C</sub>) being less than 60% of creatinine-based estimated glomerular filtration rate (eGFR<sub>creatinine</sub>) in the absence of extrarenal influences on the plasma levels of cystatin C or creatinine, is associated with a high increase in mortality, even in the absence of reduced glomerular filtration rate (GFR). The objective of the present study was to determine whether the proteome of patients with SPS shows differences from that of patients with normal or reduced measured GFR (mGFR) without SPS.

**Methods:** Four patient cohorts were included: 1 cohort with normal mGFR without SPS, 1 with normal mGFR with SPS, 1 with reduced mGFR without SPS, and 1 with reduced mGFR with SPS. The plasma levels of 177 selected proteins were analyzed.

**Results:** Differences in the levels of 30 proteins were specific for SPS; 31 differences were specific for patients with both SPS and reduced mGFR; and 27 were specific for reduced mGFR. Eighteen of the differences specific for SPS concerned proteins described as promoting, or being associated with, atherosclerosis. Twelve of the differences specific for patients with both SPS and reduced mGFR and 10 of the differences specific for reduced mGFR also concerned proteins described as promoting, or being associated with, atherosclerosis. Almost all (82 of 88) of the concentration differences represented increased levels. For SPS, but not for reduced mGFR, a correlation between protein size and increase in level was observed, with smaller proteins being associated with higher levels.

**Conclusion:** The high mortality in shrunken pore syndrome might be caused by the accumulation of atherosclerosis-promoting proteins in this condition.

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KEYWORDS: atherosclerosis; creatinine; cystatin C; GFR; kidney; mortality

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Chronic kidney disease (CKD) is a public health problem affecting millions of people worldwide and is an independent risk factor for cardiovascular disease and premature death.<sup>1</sup> The diagnosis of CKD generally involves the use of a cystatin C–based or a creatinine-based glomerular filtration rate (GFR) estimating equation, since measured GFR (mGFR) can be obtained only by use of an invasive procedure. The

mean of a cystatin C–based and a creatinine-based GFR estimating equation usually produces the most reliable GFR estimate.<sup>2–4</sup> Although the cystatin C–based or creatinine-based GFR estimates generally agree, they disagree in some cases in the absence of known extrarenal influences on the plasma levels of cystatin C or creatinine. In virtually all of these cases, a cystatin C–based estimated GFR (eGFR<sub>cystatin C</sub>) is lower than a creatinine-based eGFR (eGFR<sub>creatinine</sub>). It has been suggested that an eGFR<sub>cystatin C</sub>/eGFR<sub>creatinine</sub> ratio ≤0.60 represents a new syndrome, called shrunken pore syndrome (SPS),<sup>5</sup> as the glomerular filtration of 12- to 29-kDa molecules seemed to be selectively impaired.<sup>4,5</sup> The long-term mortality<sup>6–8</sup> and morbidity<sup>8,9</sup> of patients

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**Table 1.** Basic characteristics of the 4 cohorts

Cohort characteristics	SPS mGFR $\geq 60$ ml/min per 1.73 m <sup>2</sup>	No SPS mGFR $\geq 60$ ml/min per 1.73 m <sup>2</sup>	SPS mGFR $< 60$ ml/min per 1.73 m <sup>2</sup>	No SPS mGFR $< 60$ ml/min per 1.73 m <sup>2</sup>
Number of patients	39	39	39	39
Age, yr	58 (29, 75)	57 (23, 82)	67 (33, 83)	65 (27, 85)
Weight, kg	73 (46, 127)	74 (52, 102)	75 (44, 107)	79 (53, 99)
Body mass index	24 (17, 37)	25 (19, 33)	25 (17, 37)	27 (20, 32)
Females, %	48.7	48.7	38.5	35.9
mGFR, ml/min per 1.73 m <sup>2</sup>	74 (60, 110)	83 (62, 112)	30 (6, 57)	35 (12, 56)
Cystatin C, mg/l	1.68 <sup>a</sup> (1.21, 2.27)	0.95 (0.77, 1.29)	3.02 <sup>a</sup> (1.80, 6.75)	2.16 (1.28, 3.96)
Creatinine, $\mu\text{mol/l}^b$	59 <sup>a</sup> (37, 110)	78 (52, 110)	121 <sup>a</sup> (65, 495)	162 (94, 410)
CAPA <sub>cystatin C</sub> ml/min per 1.73 m <sup>2</sup>	40 <sup>a</sup> (26, 60)	80 (55, 109)	17 <sup>a</sup> (3, 37)	28 (13, 61)
LM-REV <sub>creatinine</sub> <sup>c</sup> ml/min per 1.73 m <sup>2</sup>	92 <sup>a</sup> (56, 122)	78 (55, 104)	38 <sup>a</sup> (10, 82)	28 (13, 60)
CAPA <sub>cystatin C</sub> f <sup>c</sup>	0.47 <sup>a</sup> (0.33, 0.55)	1.00 (0.95, 1.05)	0.40 <sup>a</sup> (0.31, 0.55)	1.00 (0.95, 1.05)
LM-REV <sub>creatinine</sub> ratio				
All-cause mortality during 5 years, %	56.4 <sup>a</sup>	28.2	74.4 <sup>a</sup>	28.2

Continuous characteristics are presented as median (2.5–97.5 percentiles); categorical values are presented as percentage (%). Differences between groups were tested using a nonparametric method (Mann-Whitney U test). A p value  $< 0.05$  was considered significant. CAPA<sub>cystatin C</sub>, eGFR using the Caucasian-Asian-Pediatric-Adult equation<sup>11</sup>; LM-REV<sub>creatinine</sub>, eGFR using Lund-Malmö-revised equation<sup>18</sup>; mGFR, measured glomerular filtration rate.

<sup>a</sup>Statistical differences between parameters of patients with and without SPS at mGFR  $\geq$  or  $< 60$  ml/min per 1.73 m<sup>2</sup>.

<sup>b</sup>Conversion factor:  $\mu\text{mol/l}$  divided by 88.4 = mg/dl.

<sup>c</sup>Both CAPA<sub>cystatin C</sub> and LM-REV<sub>creatinine</sub> can be determined by using the tool available at [www.egfr.se](http://www.egfr.se).

with SPS have been shown to be strongly increased in several cohorts, even in the absence of reduced GFR. Moreover, cardiovascular manifestations have represented a major part of the mortality.<sup>6–10</sup> All of these studies have used cystatin C–based and/or creatinine-based GFR estimating equations to estimate GFR, but in an ongoing investigation of 2805 patients with measured GFR, SPS is also associated with a markedly shortened survival (A. Grubb, J. Björk, unpublished data). In the present work, the plasma levels of 177 selected proteins were determined in 156 patients from this cohort, with or without SPS and with or without reduced mGFR, to examine whether the proteome of patients with SPS differs from that of patients with normal or reduced mGFR in the absence of SPS. A second objective was to investigate whether some of the alterations in protein levels might contribute to an understanding of the increased mortality of patients with SPS. A third objective was to investigate the relationship between protein size and plasma level in patients with SPS and in patients with reduced mGFR in the absence of SPS.

## MATERIALS AND METHODS

### Study Population

The cohort of 156 patients studied in this work was selected from the Lund Cystatin C Standardization (LCS) cohort, primarily established to generate a new cystatin C–based GFR estimation equation (the CAPA equation).<sup>11</sup> The LCS cohort is based on consecutive Swedish Caucasian ( $\geq 99\%$ ) patients above 18 years referred for determination of GFR by iothexol clearance at Skåne University Hospital, Lund, Sweden, from May 2008 to March 2010. During this period, 3495 GFR

determinations were performed in 2847 patients. Common causes for referral were manifest or suspected diabetic nephropathy, interstitial nephritis, glomerulonephritis, nephrotic syndrome, hematuria, proteinuria, reflux nephropathy, myeloma, vasculitis, consideration of initiation of hemodialysis, evaluation of potential renal donors, control after kidney transplantation, and dosing of drugs cleared by the kidneys. For the present study, only data from the patients' first mGFR examination were included. A total of 2805 unique patients could be identified and followed longitudinally from the date of their first examination. The patients were, among other things, characterized concerning diagnosis at referral to the laboratory, mortality, death cause, and plasma level of cystatin C and creatinine.<sup>11</sup> From this cohort, 4 subcohorts of 39 individuals were selected, representing patients with normal mGFR, with or without SPS, and patients with reduced mGFR, with or without SPS. The patients were selected so that those with and without SPS did not differ significantly in terms of mGFR, age, body mass index (BMI), weight, or percentage of males/females (Table 1), whether the patients had normal mGFR ( $\geq 60$  ml/min per 1.73 m<sup>2</sup>) or reduced mGFR ( $< 60$  ml/min per 1.73 m<sup>2</sup>). For each patient, the plasma levels of 177 selected proteins were measured. The study was approved by the local ethics committee (permissions LU 2015/860 and 2016/169). Patient data and samples were treated anonymously in all statistical analyses.

### Measurement of GFR

Glomerular filtration rate was measured as plasma clearance of iothexol.<sup>12</sup> A recent systematic review of methods to measure GFR has shown that this method

**Table 2.** Proteins for which there were changes in plasma protein levels specific for shrunken pore syndrome (SPS), specific for reduced measured GFR (rGFR), or occurring both in SPS and in rGFR compared to patients with normal measured GFR without SPS

Protein	Condition	References for atherosclerosis association	Full protein name
MCP-3	SPS	38	Monocyte chemoattractant protein-3
CDCP1	SPS		CUB domain-containing protein 1
ADAM-TS13	SPS	39	A disintegrin and metalloproteinase with thrombospondin motifs 13
IL-4RA	SPS		Interleukin-4 receptor subunit $\alpha$
OPG	SPS	40	Osteoprotegerin
IL-1ra	SPS	41	Interleukin-1 receptor antagonist protein
IL-6	SPS	42, 43	Interleukin-6
IL-17C	SPS	44	Interleukin-17C
MCP-1	SPS	45	Monocyte chemoattractant protein-1
CXCL11	SPS	46	C-X-C motif chemokine 11
IL-18	SPS	47	Interleukin-18
FGF-21	SPS		Fibroblast growth factor 21
TGFA	SPS		Protransforming growth factor $\alpha$
CCL19	SPS	48	C-C motif chemokine 19
IL-18R1	SPS	49	Interleukin-18 receptor 1
PD-L1	SPS	50	Programmed cell death 1 ligand 1
HGF	SPS	51, 52	Hepatocyte growth factor
HO-1	SPS		Heme oxygenase 1
IL-10	SPS		Interleukin-10
PTX3	SPS	53	Pentraxin 3
CXCL10	SPS	46, 54, 55	C-X-C motif chemokine 10
4E-BP1	SPS	56	Eukaryotic translation initiation factor 4E-binding protein 1
GDF-2	SPS		Growth/differentiation factor 2
MCP-2	SPS		C-C motif chemokine 8
CTSL1	SPS	57	Cathepsin L1
CA5A	SPS		Carbonic anhydrase 5A, mitochondrial
CCL20	SPS	58, 59	C-C motif chemokine 20
ADA	SPS		Adenosine deaminase
PARP-1	SPS		Poly [ADP-ribose] polymerase 1
HAOX1	SPS		Hydroxyacid oxidase 1
VEGF-A	SPS and rGFR		Vascular endothelial growth factor A
ADM	SPS and rGFR	60	Adrenomedullin
PIGF	SPS and rGFR	61	Placenta growth factor
TNFRSF10A	SPS and rGFR		Tumor necrosis factor receptor superfamily member 10A
TNFRSF11A	SPS and rGFR		Tumor necrosis factor receptor superfamily member 11A
TRAIL-R2	SPS and rGFR	62	Tumor necrosis factor-related apoptosis-inducing ligand receptor 2
CXCL9	SPS and rGFR		C-X-C motif chemokine 9
IL27	SPS and rGFR	63	Interleukin 27
SCF	SPS and rGFR		Kit ligand
SLAMF1	SPS and rGFR		Signaling lymphocytic activation molecule
LIF-R	SPS and rGFR		Leukemia inhibitory factor receptor
IL-15RA	SPS and rGFR		Interleukin-15 receptor subunit $\alpha$
IL-10RB	SPS and rGFR		Interleukin-10 receptor subunit $\beta$
REN	SPS and rGFR	64	Renin
MERTK	SPS and rGFR		Tyrosine-protein kinase Mer
TIM	SPS and rGFR		Hepatitis A virus cellular receptor 1
TM	SPS and rGFR	65	Thrombomodulin
VSIG2	SPS and rGFR		V-set and Ig domain-containing protein 2
IL16	SPS and rGFR		Pro-interleukin-16
MMP-10	SPS and rGFR	66	Matrix metalloproteinase 10
CCL23	SPS and rGFR	67	C-C motif chemokine 23
PRSS8	SPS and rGFR		Prostasin
AGRP	SPS and rGFR		Agouti-related protein
CD40	SPS and rGFR	68	Tumor necrosis factor receptor superfamily member 5
PD-L2	SPS and rGFR		Programmed cell death 1 ligand 2
CX3CL1	SPS and rGFR	69	Fractalkine
hOSCAR	SPS and rGFR	70	Osteoclast-associated Ig-like receptor
TNFRSF9	SPS and rGFR	71	Tumor necrosis factor receptor superfamily member 9

(Continued on next page)

**Table 2.** (Continued)

Protein	Condition	References for atherosclerosis association	Full protein name
CSF-1	SPS and rGFR		Macrophage colony-stimulating factor 1
DCN	SPS and rGFR		Decorin
SLAMF7	SPS and rGFR		SLAM family member 7
SRC	rGFR		Proto-oncogene tyrosine-protein kinase Src
PRSS27	rGFR		Serine protease 27
CST5	rGFR		Cystatin-D
TF	rGFR	72	Tissue factor
IL-17D	rGFR		Interleukin-17D
RAGE	rGFR	73	Advanced glycosylation end product-specific receptor
TNFSF14	rGFR		Tumor necrosis factor ligand superfamily member 14
FGF-23	rGFR	74, 75	Fibroblast growth factor 23
SPON2	rGFR		Spondin-2
FGF-5	rGFR		Fibroblast growth factor 5
$\beta$ -NGF	rGFR		$\beta$ -Nerve growth factor
AMBP	rGFR		$\alpha$ -1-Microglobulin/bikunin precursor
IL-12B	rGFR		Interleukin-12 subunit $\beta$
PRELP	rGFR		Prolargin
XCL1	rGFR		Lymphotactin
CD5	rGFR		T-cell surface glycoprotein CD5
MMP-7	rGFR	76 - 78	Matrix metalloproteinase-7
LPL	rGFR	79	Lipoprotein lipase
HB-EGF	rGFR	80	Proheparin-binding EGF-like growth factor
FABP2	rGFR	81	Fatty acid-binding protein 2
GT	rGFR		Gastrotropin
CASP-8	rGFR		Caspase-8
CCL25	rGFR	82	chemokine receptor 9-chemokine ligand 25
TNFRSF13B	rGFR		Tumor necrosis factor receptor superfamily member 13B
LEP	rGFR	83	Leptin
CD4	rGFR		T-cell surface glycoprotein CD4
VEGF-D	rGFR	84	Vascular endothelial growth factor D

produces results comparable to those based on measuring urinary clearance of inulin.<sup>13</sup>

### Measurements of Protein and Creatinine Concentrations

Relative protein levels of 177 proteins were measured using Olink CARDIOVASCULAR II and Olink INFLAMMATION panels (Olink Proteomics AB, Uppsala, Sweden) according to the manufacturer's instructions. The Proximity Extension Assay (PEA) technology used for the Olink protocol has been well described<sup>14</sup> and enables 92 analytes to be analyzed simultaneously, using 1  $\mu$ l of each sample. In brief, pairs of oligonucleotide-labeled antibody probes bind to their targeted protein, and if the 2 probes are brought in close proximity, the oligonucleotides will hybridize in a pairwise manner. The addition of a DNA polymerase leads to a proximity-dependent DNA polymerization event, generating a unique polymerase chain reaction target sequence. The resulting DNA sequence is subsequently detected and quantified using a microfluidic real-time polymerase chain reaction instrument (Biomark HD, Fluidigm, South San Francisco, CA). Data are then quality controlled and normalized using an internal extension control and an interplate control, to adjust for intra- and interrun variation. Quality control for each

sample was performed following Olink's recommended thresholds for the included control assays of the antibody incubation and quantitative polymerase chain reaction detection. Based on this assessment, 5 samples were excluded from the CARDIOVASCULAR II panel and 2 samples from the INFLAMMATION panel in all statistical analyses, leaving 151 and 154 samples, respectively (see [Supplementary Table S1](#) for the number of samples used in the analysis for each assay). The Olink Proteomics platform measures protein levels in a unit called Normalized Protein eXpression (NPX) that is a relative measurement on log<sub>2</sub> scale (1 NPX change translates approximately into a 2-fold change in protein concentration). The NPX scale is recommended by Olink Proteomics for all statistical analysis and was used throughout the study. More information about NPX and the Olink platform, including all assay validation data (detection limits, intra- and interassay precision data, etc.), are available on the manufacturer's website ([www.olink.com](http://www.olink.com)).

The plasma cystatin C levels in all samples were determined by an automated particle-enhanced immunoturbidimetric method<sup>15</sup> using a reference material traceable to the international cystatin C calibrator.<sup>16</sup> Creatinine levels were determined by an enzymatic colorimetric assay using a calibrator traceable to

primary reference material with values assigned by isotope dilution mass spectrometry.<sup>17</sup>

### Statistical Analysis

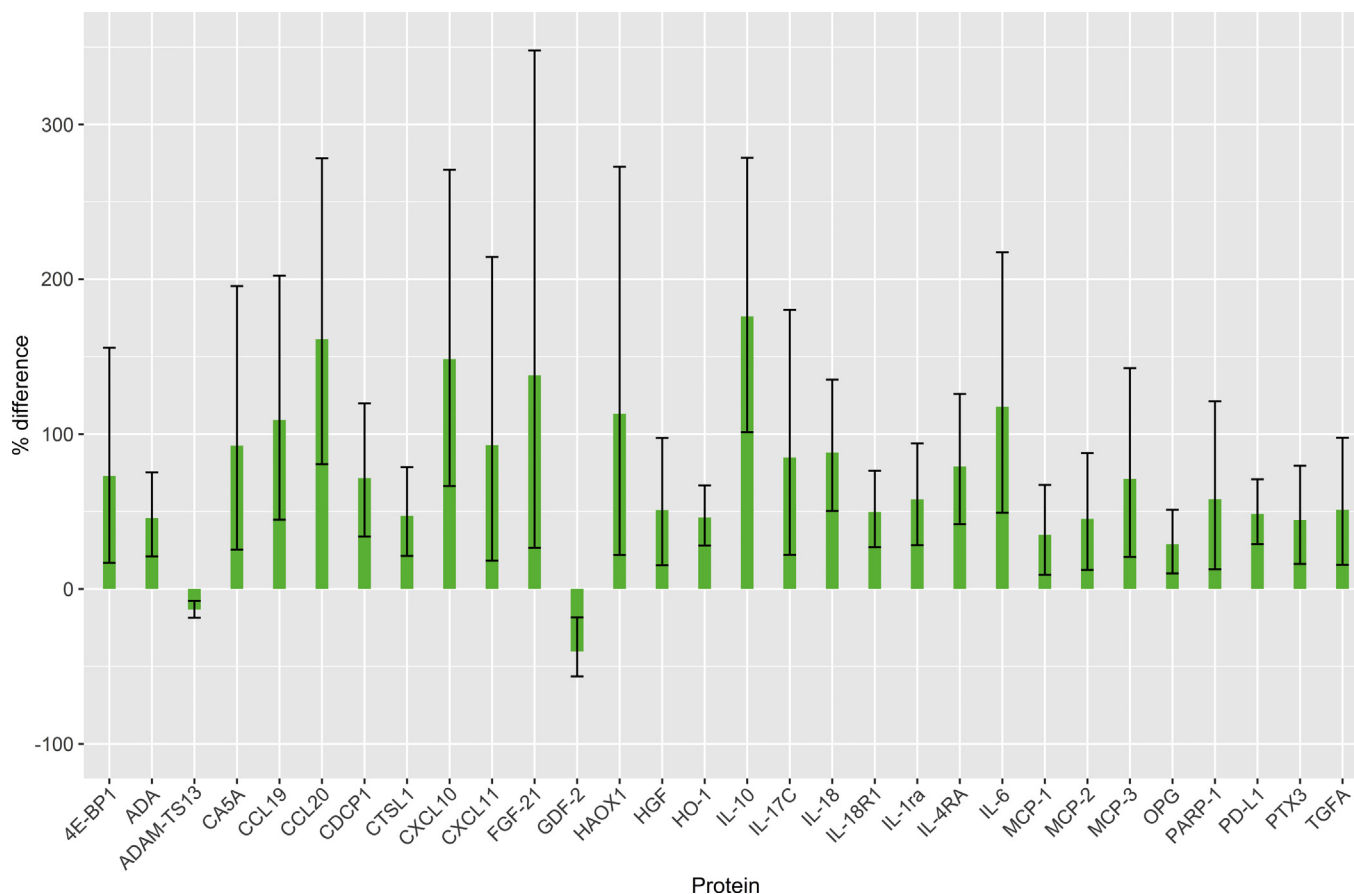
Differences in the characteristics of the 4 studied cohorts (Table 1) were tested using a nonparametric method (Mann–Whitney *U* test). A *P* value <0.05 was considered significant.

We investigated the impact of SPS, reduced mGFR, and their potential interaction for each protein using age, sex, and BMI by fitting a full linear model ( $NPX \sim SPS + mGFR + SPS * mGFR + Age + Sex + BMI$ ). Statistical significance for each term was determined by the Wald test, and the *P* values were corrected for multiple testing using Benjamini–Hochberg’s method. An adjusted *P* value <0.05 was considered statistically significant. Significant changes in protein levels were assigned into 4 classes depending on the detected changes with SPS and mGFR: (i) SPS specific, (ii) reduced mGFR specific, (iii) specific for simultaneous presence of SPS and reduced mGFR, and (iv) interaction of SPS and mGFR. Estimated coefficients for the main effect of SPS and mGFR have essentially the same

values (median linear difference, 5%) when comparing the full linear model with a model excluding the interaction term. To assess whether protein size (Dalton) correlates with the observed changes in plasma concentration in patients with SPS or with reduced mGFR, linear regression was used. A model was fitted for estimated effects ( $\Delta NPX \sim Size$ ) for both mGFR and SPS that included all significant changes in protein levels (*P* < 0.05, Wald test) from the analysis above. For easier interpretation, the estimated coefficients were linearized to percentage difference in all figures and Table 2 by calculating  $100 \times (2^c - 1)$ , where *c* is the coefficient. The differences are relative to patients with normal mGFR ( $\geq 60$  ml/min per  $1.73$  m<sup>2</sup>) and without SPS. Please note that the linearized relative values are multiplicative and not additive. All statistical analyses of Olink proteomics data were carried out using the R statistical programming language (R Foundation for Statistical Computing, Vienna, Austria).

## RESULTS

A large population of Swedish, Dutch, and Japanese adults and children with measured GFR was recently

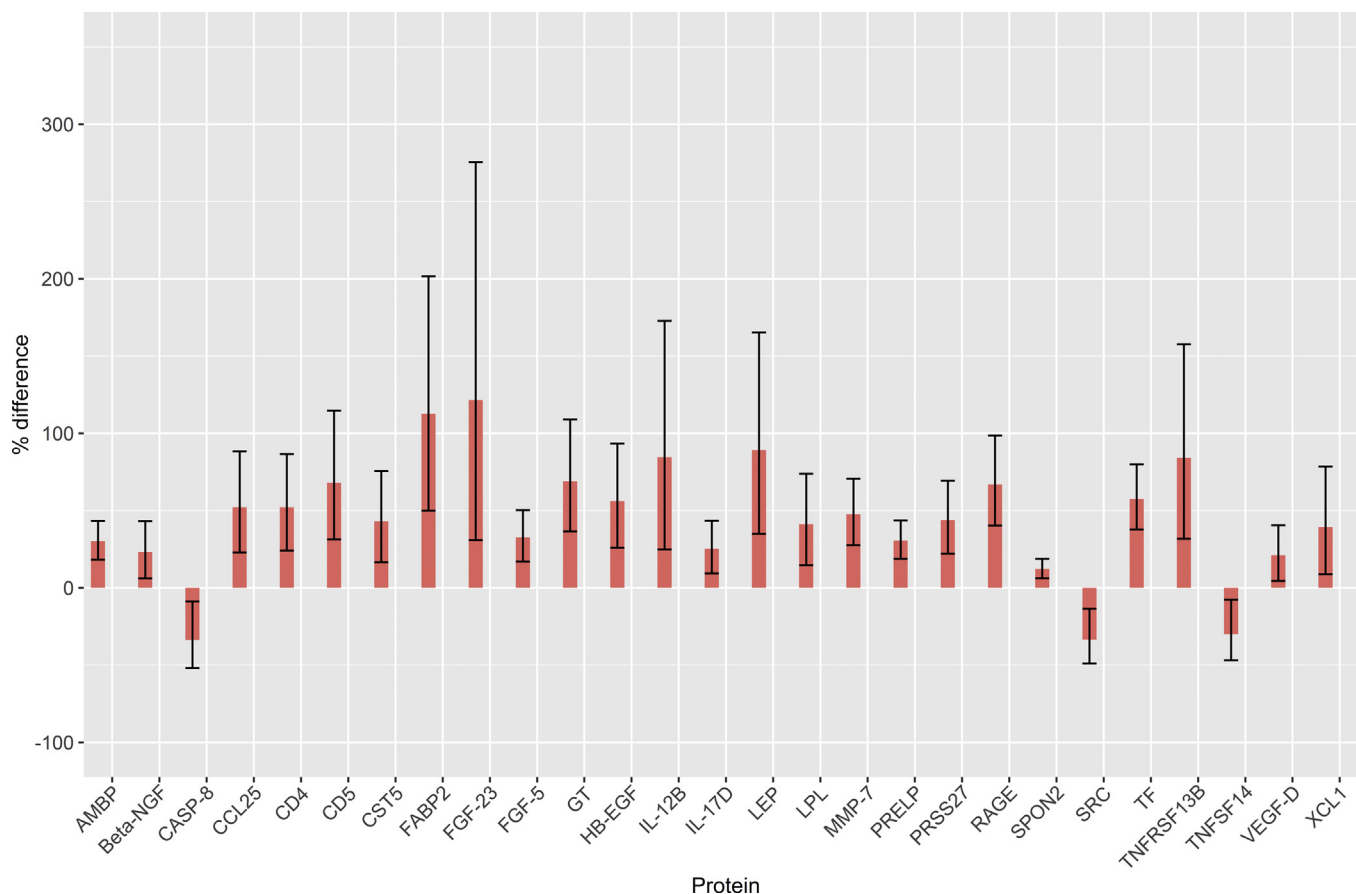


**Figure 1.** Protein concentration changes (%) in patients with shrunken pore syndrome (SPS). Changes are relative to the concentrations in patients without SPS and with normal measured glomerular filtration rate (mGFR). Error bars represent 95% confidence intervals for the estimated changes. Protein concentration changes were estimated from the coefficients of a full linear model ( $n = 154/151$ ; see Supplementary Table S1 for each assay). Full protein names are given in Table 2.

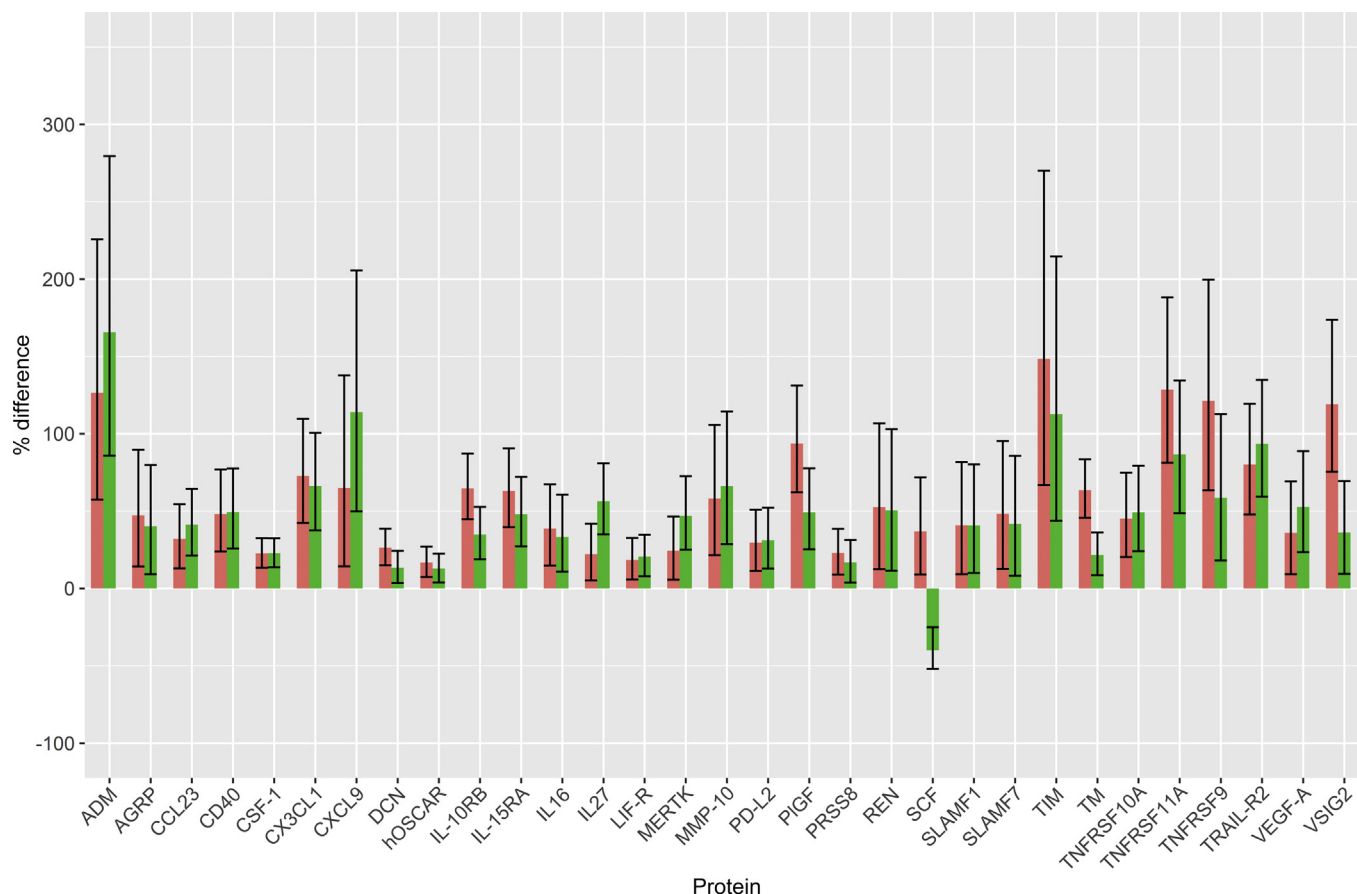
used to generate a cystatin C–based GFR estimating equation useful for all ages (the Caucasian, Asian, Pediatric and Adult, or CAPA, equation).<sup>11</sup> Of the Swedish adults, 2805 have been followed for at least 5 years. For the present study, 156 patients were selected, comprising 4 subcohorts of 39 patients, defined as follows: (i) normal mGFR ( $\geq 60$  ml/min per  $1.73$  m<sup>2</sup>) with SPS; (ii) normal mGFR without SPS; (iii) reduced mGFR ( $< 60$  ml/min per  $1.73$  m<sup>2</sup>) with SPS; and (iv) reduced mGFR without SPS. The cohorts were selected so that age, gender composition, BMI or weight, and mGFR were not significantly different between the groups with or without SPS for normal or reduced mGFR. The basic characteristics of these cohorts are given in Table 1, including the estimated GFR obtained using the estimating equations CAPA<sub>cystatin C</sub><sup>11</sup> and LM-REV<sub>creatinine</sub><sup>18</sup> and the eGFR<sub>cystatin C</sub>/eGFR<sub>creatinine</sub> ratios using these equations. An eGFR<sub>cystatin C</sub>/eGFR<sub>creatinine</sub> ratio of  $\leq 0.60$  was used as a cut-off to define the presence or absence of SPS.<sup>5</sup> As expected, there were significant differences in the levels of cystatin C or creatinine, CAPA<sub>cystatin C</sub>, LM-REV<sub>creatinine</sub>, and the eGFR<sub>cystatin C</sub>/eGFR<sub>creatinine</sub> ratio between patients with and without SPS for both normal

and reduced mGFR. The survival after 5 years was  $\leq 50\%$  in the populations with SPS compared to the populations without SPS, independent of whether mGFR was normal ( $P = 0.0123$ ) or reduced ( $P < 0.0001$ ) (Table 1). The major causes of death were cardiovascular disorders or cancer and the proportion of cardiovascular causes of death were greater in the groups with SPS; however, the differences were not statistically significant, probably due to the low number of patients studied.

By measuring the relative plasma levels of 177 proteins in the 4 cohorts using Olink's proteomics platform (Supplementary Table S1) based on the proximity extension assay,<sup>14</sup> we could detect significant differences in the levels of 88 proteins (multiple test adjusted  $P < 0.05$ ) associated with SPS and/or reduced mGFR. Of these 88 differences, 30 were specifically associated with SPS, 27 with reduced mGFR, and 31 with both SPS and reduced mGFR in a regression model. Of the 30 differences specifically associated with SPS, 28 concerned increased levels (Figure 1). Of the 27 differences specifically associated with reduced mGFR, 24 represented increases



**Figure 2.** Protein concentration changes (%) in patients with reduced mGFR. Changes are relative to the concentrations in patients without shrunken pore syndrome (SPS) and with normal measured glomerular filtration rate (mGFR). Error bars represent 95% confidence intervals for the estimated changes. Protein concentration changes were estimated from the coefficients of a full linear model ( $n = 154/151$ ; see Supplementary Table S1 for each assay). Full protein names are given in Table 2.



**Figure 3.** Protein concentration changes (%) in patients with both shrunken pore syndrome (SPS) (green) and reduced mGFR (red). Changes are relative to the concentrations in patients without SPS and with normal mGFR. Error bars represent 95% confidence intervals for the estimated changes. Protein concentration changes were estimated from the coefficients of a full linear model ( $n = 154/151$ ; see [Supplementary Table S1](#) for each assay). Full protein names are given in [Table 2](#).

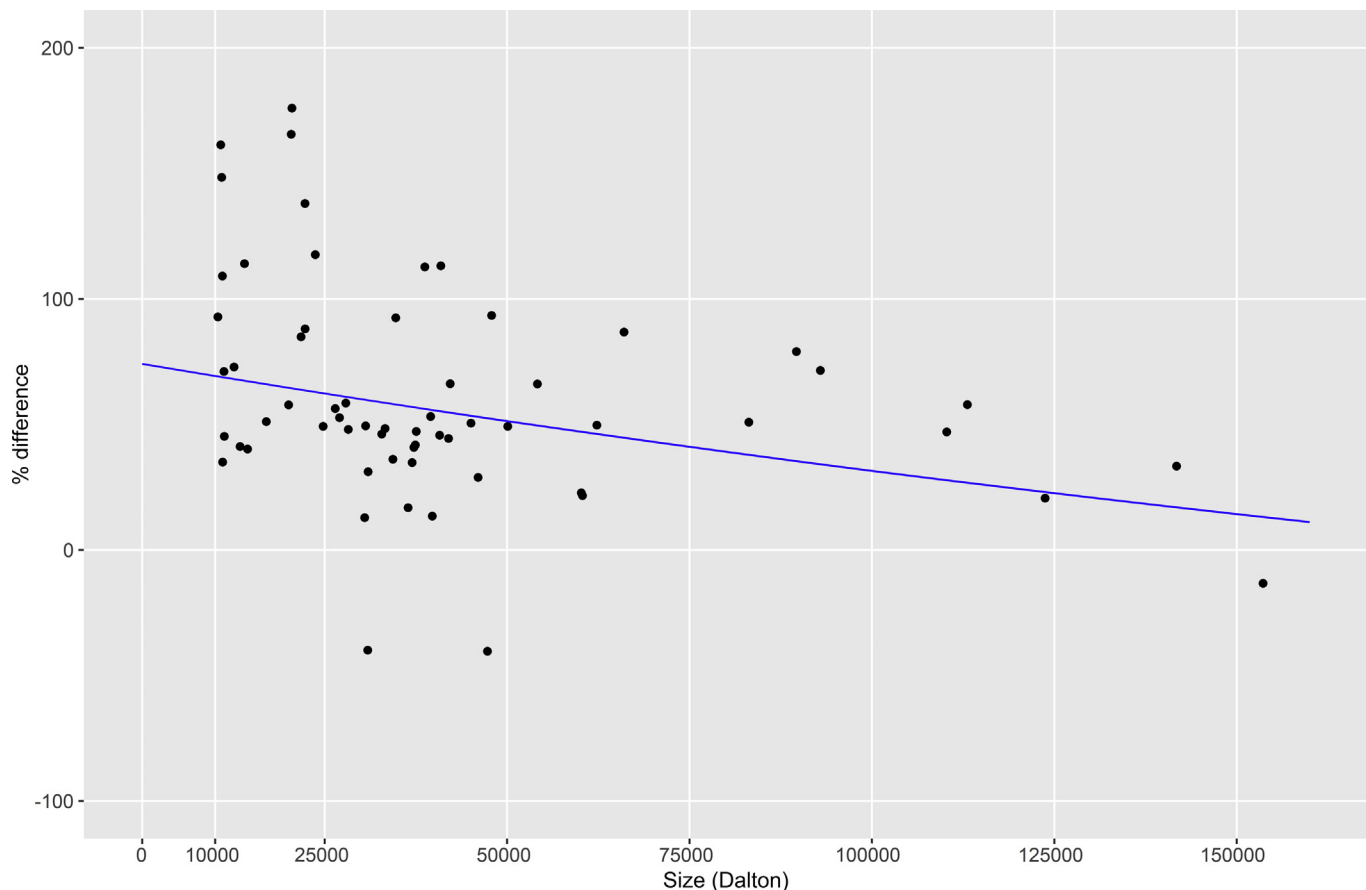
([Figure 2](#)). Of the 31 differences associated with both SPS and reduced mGFR, 30 represented increases ([Figure 3](#)). Three proteins had a significant interaction term indicating that they had a specific change with the simultaneous presence of SPS and reduced mGFR ([Supplementary Table S1](#)).

It has previously been noted that there seems to be a tendency toward increased levels of smaller rather than larger proteins in SPS.<sup>5,7,19</sup> We therefore tested whether the size of the proteins in this study (approximated as molecular mass in Daltons) influenced their changes in concentration, using linear regression. For SPS, a significant inverse correlation ( $P < 0.05$ ) was found between concentration change and protein size, with higher increases in the levels of smaller proteins ([Figure 4](#)). No such correlation ( $P = 0.50$ ) could be seen for reduced mGFR ([Figure 5](#)).

## DISCUSSION

Reduced GFR has been known to increase the plasma level of cystatin C since 1979<sup>20</sup> and cystatin C has been used as a marker for GFR since 1985.<sup>21</sup> The

introduction of an automated procedure for measurement of cystatin C in 1994<sup>15</sup> has led to widespread use of cystatin C, or cystatin C–based estimating equations, to assess GFR. Cystatin C is commonly superior to creatinine as a marker of GFR<sup>22</sup>; however, if creatinine-based GFR estimating equations also incorporate age, sex, and race factors, they are generally comparable to cystatin C–based equations using only cystatin C as a parameter.<sup>4,23</sup> A recent study of the levels of 2893 proteins in plasma demonstrated that the cystatin C level was the one most strongly correlated with measured GFR.<sup>24</sup> A decrease in mGFR or eGFR signals increased risks for development of end-stage renal disease, cardiovascular manifestations, hospitalization, and death. An eGFR based on cystatin C ( $eGFR_{\text{cystatin C}}$ ) is consistently superior to eGFR based on creatinine ( $eGFR_{\text{creatinine}}$ ) to predict these conditions.<sup>25–28</sup> The cause for the superiority of cystatin C as a risk marker is unknown, but it has been suggested that inflammation (as measured by increased C-reactive protein levels) raises the cystatin C level, thereby augmenting its potential as a risk marker.<sup>29</sup> In elective surgery studies, however, a sharp rise in inflammation was seen



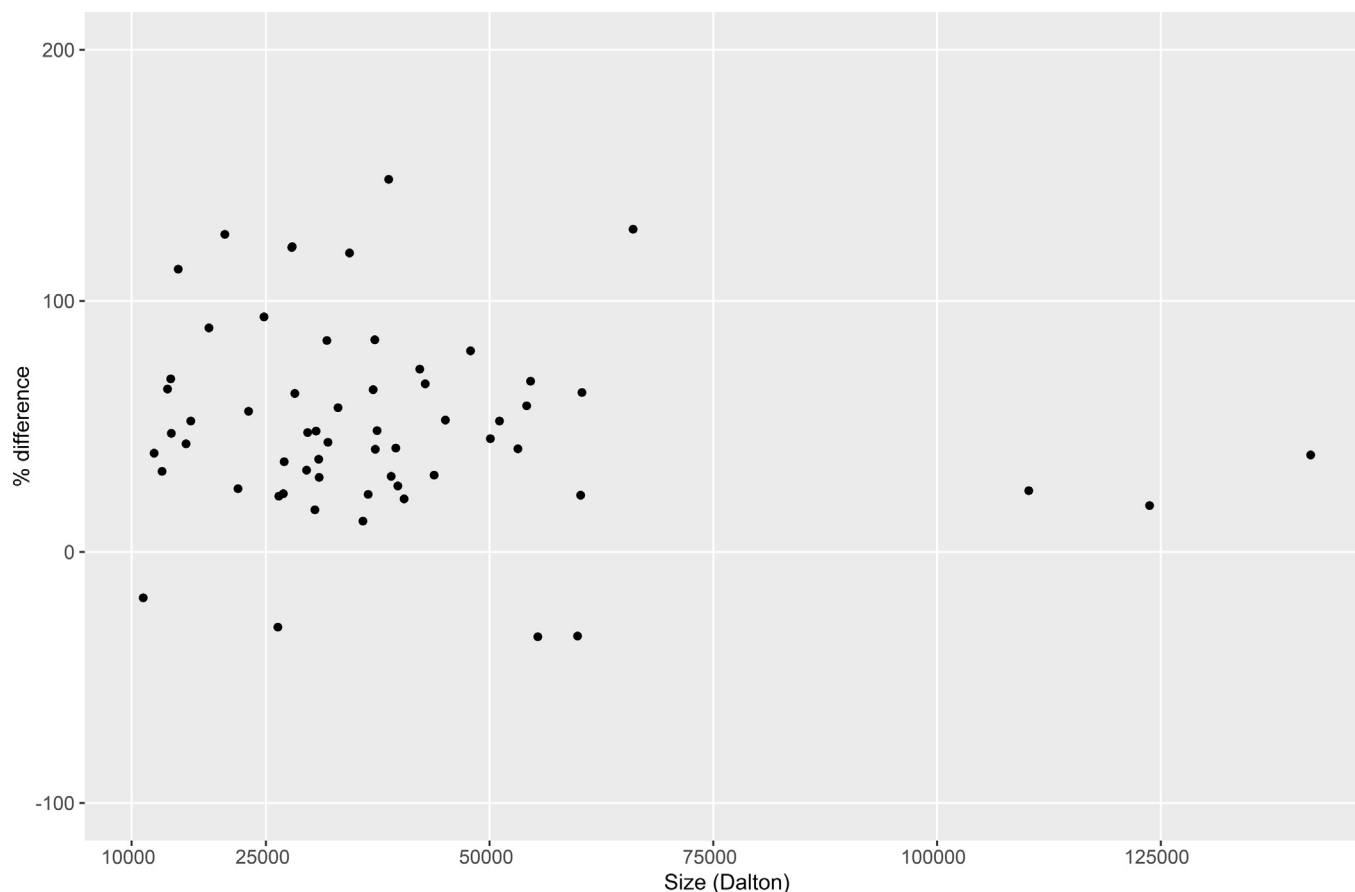
**Figure 4.** Correlation ( $P < 0.05$ ) between protein concentration change in patients with shrunken pore syndrome and protein size approximated as molecular mass in Daltons. Protein concentration changes were estimated from the coefficients of a full linear model ( $n = 154/151$ ; see [Supplementary Table S1](#) for each assay). Only proteins with significant concentration changes were included in the analysis.

in patients, with large increases in the levels of C-reactive protein and other inflammatory markers, but without any increase in the level of cystatin C.<sup>30</sup> The relationship between raised levels of C-reactive protein and cystatin C is therefore not a causal one.

Cystatin C is a much larger molecule than creatinine (13.3kDa vs. 0.113 kDa), and this has been suggested to underlie the superiority of cystatin C as a risk factor, as kidney disease might affect the filtration of molecules differently depending on their size.<sup>4,5</sup> The glomerular sieving coefficient for very small molecules such as creatinine (0.113 kDa) is close to 1, but the coefficient for small proteins, for example,  $\beta$ -2-microglobulin (11.6 kDa), has also been described to be close to 1.<sup>31</sup> The sieving coefficient for proteins with a size of  $\sim 40$  kDa is still more than 0.001,<sup>31</sup> whereas very low sieving coefficients ( $< 0.0001$ ) have been described for proteins larger than albumin (66 kDa).<sup>31</sup> This means that if the sieving coefficients are selectively lowered for molecules between 5 and 40 kDa, for example, increased levels of plasma proteins between 5 and 40 kDa would occur, whereas the plasma levels of molecules less than 5 kDa and more than 40 kDa would essentially be unaffected. The plasma level of a protein is determined

by its production and catabolic rate, and the lower the molecular size of a protein is, the higher its catabolism by glomerular filtration will be. This means that in SPS, proteins with a molecular size like that of  $\beta$ -2-microglobulin or cystatin C will generally display a greater decrease in filtration, and thus in catabolism, than proteins above 40 kDa and will consequently display a higher increase in plasma level. This mechanism might explain the significant inverse correlation found in SPS (but not in reduced mGFR without SPS) between concentration change and protein size, with higher increases in the levels of smaller proteins ([Figure 4](#)). Because GFR generally is measured using molecules less than 5 kDa, measured GFR could be normal in the situation described above with selectively lowered sieving coefficients for molecules between 5 and 40 kDa, even in the presence of an abnormal ultrafiltrate and specific changes in the plasma levels of certain proteins indicating impaired filtration quality. As SPS is connected to a strong increase in mortality and morbidity, even in the absence of reduced GFR,<sup>6–9</sup> it may be important to measure “filtration quality”<sup>32</sup> in addition to GFR when screening for kidney disease. Present screening for CKD





**Figure 5.** No correlation ( $P = 0.29$ ) could be seen between protein concentration change in patients with reduced glomerular filtration rate (GFR) and protein size approximated as molecular mass in Daltons. Protein concentration changes were estimated from the coefficients of a full linear model ( $n = 154/151$ ; see [Supplementary Table S1](#) for each assay). Only proteins with significant concentration changes were included in the analysis.

includes eGFR, based on creatinine, cystatin C, or both, as well as the urinary albumin-to-creatinine ratio. However, this screening may be improved in the future by identifying a low  $eGFR_{\text{cystatin c}}/eGFR_{\text{creatinine}}$  ratio,<sup>4-6,9</sup> which could signal increased risks of cardiovascular disease, end-stage renal disease, and mortality. Proteins other than cystatin C can be used to estimate GFR,<sup>21</sup> and as they differ in molecular mass from cystatin C,<sup>21</sup> it might be possible to characterize impaired filtration quality and its clinical consequences more carefully by using additional measurements of plasma levels of these proteins. In fact, the correlation between inflammation (raised levels of C-reactive protein) and cystatin C might reflect that inflammation generally promotes development of atherosclerosis, including in the kidneys, which might produce impaired filtration quality before it produces impaired filtration of very small molecules such as creatinine and molecules used in the measurement of GFR.

There are several previous indications that, even when mGFR is normal, abnormal glomerular filtration occurs in the third trimester of pregnancy, especially in preeclampsia. This is based not only on studies of the

levels of plasma proteins,<sup>32-36</sup> but also on clearance studies of dextrans of different sizes.<sup>37</sup> Analysis of the plasma levels of proteins of different sizes in 1349 patients consecutively referred to our laboratory and with known  $eGFR_{\text{cystatin c}}$  and  $eGFR_{\text{creatinine}}$  revealed that those with an  $eGFR_{\text{cystatin c}}/eGFR_{\text{creatinine}}$  ratio  $\leq 0.60$  had an increase in the plasma levels of low-molecular-mass proteins similar to that observed in patients with preeclampsia.<sup>5</sup> These results were interpreted as pointing to a common pathophysiological state of abnormal filtration quality in many types of patients other than just those with preeclampsia, and the syndrome was tentatively called “shrunken pore syndrome” to suggest a possible cause for the abnormal composition of the glomerular filtrate and the corresponding changes in the plasma levels of certain proteins.<sup>5</sup>

Although the pathophysiological mechanism in SPS might be the one discussed here, it does not directly explain the increase in mortality and morbidity connected to SPS. It is possible, however, that changes in the levels of plasma proteins resulting from impaired filtration quality might at least partly explain the increase in mortality and morbidity associated with

SPS. As can be seen from the present proteomic studies, a large proportion of the changes in plasma levels of proteins in SPS or reduced GFR concerns proteins with signaling functions. A survey of the literature suggests that of the 30 changes specific for SPS, 18 promote, or are associated with, atherosclerosis<sup>38–59</sup> (Table 2). The same is true for 12 of the 31 changes occurring in patients with both SPS and reduced GFR<sup>60–71</sup> and for 10 of the 27 changes specific for reduced mGFR<sup>72–84</sup> (Table 2). These results are compatible with the observations that the majority of the causes of morbidity and death in both patients with SPS and/or reduced GFR represent manifestations of cardiovascular disorders.<sup>6–9,14</sup> However, the selected Olink panels used to measure protein concentrations are enriched in cardiovascular and inflammation-associated proteins. The elucidation of the exact relationships between the changes in the levels of signaling proteins and cardiovascular manifestations therefore requires extensive further studies, but our study might suggest interesting possibilities for future treatment strategies. Those proteins that play a causal role in atherosclerosis, rather than simply acting as markers for the process, might represent potential targets for therapeutic interventions to reduce the risk of cardiovascular complications, not only in SPS patients but also in all patients with reduced mGFR.

As noted in Table 1, all-cause mortality was markedly higher in patients with SPS, both in patients with normal and in patients with reduced GFR. Differences between the groups with respect to age, gender, and BMI were small and could not explain the association between SPS and mortality. We thus hypothesize that the difference in mortality is due to SPS, but we cannot rule out the possibility that the difference is confounded by other CV risk factors that were not available for the present investigation. In ongoing work, we plan to synthesize and analyze more detailed register data for the full LCS cohort of 2805 patients,<sup>11</sup> also with respect to cause-specific mortality.

## DISCLOSURE

MSA, ASV, ÖL and GF are employed at Olink Proteomics AB, Uppsala, Sweden, as of May 2018. All the other authors declared no competing interests.

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## SUPPLEMENTARY MATERIAL

**Table S1.** Statistical analysis of the concentration changes of 177 plasma proteins in samples from 156 patients without or with shrunken pore syndrome (SPS) and with measured normal or reduced glomerular filtration rate (rGFR) to establish changes specific for SPS and rGFR. Supplementary material is linked to the online version of the paper at [www.kireports.org](http://www.kireports.org).

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