

# The clinical surrogate definition of the trigeminocardiac reflex

# Development of an optimized model according to a PRISMA-compliant systematic review

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# Abstract

**Background:** The trigeminocardiac reflex (TCR) is defined as sudden onset of parasympathetic dysrhythmias including hemodynamic irregularities, apnea, and gastric hypermotility during stimulation of sensory branches of the trigeminal nerve. Since the first description of the TCR 1999, there is an ongoing discussion about a more flexible than the existing clinical definition. Aim of this work was to create a clinical surrogate definition through a systematic review of the literature.

**Methods:** In this meta-analysis study, literature about TCR occurrences was, according to the Preferred Reporting Items for Systematic Reviews and Meta-Analysis statement, systematically identified through various search engines including PubMed (Medline), Embase (Ovid SP), and ISI Web of Sciences databases from January 2005 to August 2015. TCR was defined as a drop of heart rate (HR) below 60 bpm or 20% to the baseline. We extracted detailed data about hemodynamic changes and searched for connections between arterial blood pressure (BP) and HR changes during such episodes.

**Results:** Overall 45 studies harboring 57 patients were included in the study but only 32 patients showed sufficient data for final analyze. HR showed a nonlinear behavior with a "tipping point" phenomena that differs in variance from the central/peripheral (20–30% drop) to ganglion (40–49% drop). BP showed a linear behavior with a "central limit" phenomena not differing in variance in the whole subgroup (30–39% drop). An analyzation of the correlation between BP and HR showed a trend to a linear correlation.

**Conclusions:** We can show for the first time that HR is the dominant variable in the TCR and present a new surrogate definition model. This model and the role of BP must be better investigated in further studies.

**Abbreviations:** BP = blood pressure, CSI = cerebral state index, HR = heart rate, IQR = interquartile range, MABP = mean arterial blood pressure, SD = standard deviation, TCR = trigeminocardiac reflex.

Keywords: oculocardiac, reflex, TCR, trigeminocardiac

# 1. Introduction

The trigeminocardiac reflex (TCR) is a phylogenetic old, wellestablished brainstem reflex, that is triggered by the physical

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(traction, pressure) or chemical manipulation of the trigeminal nerve during its course and clinically manifests as changes in hemodynamic parameters such as heart rate (HR) and mean arterial blood pressure (MABP), apnea as well as gastric hypermotility. Clinically first examined by the senior author,<sup>[1]</sup> the reflex gained much interests during the last 2 decades<sup>[2–46]</sup> due to its high prevalence in certain surgical procedures (up to 60% prevalence in surgeries around the orbit and periorbit<sup>[47]</sup>) and due to its consecutive dramatical changes in hemodynamic stability of the patient (up to 30% asystole in light plain anesthesia).<sup>[18]</sup> Although the TCR is well known and daily seen in a clinically setting, there is still an ongoing discussion about its proper definition<sup>[47–58]</sup>; not at least fired by the notoriety of the phenomena. Nowadays, the most accepted definition requires a drop of HR and MABP of 20% as evaluated by Schaller et al in the year 1999.<sup>[1]</sup> Clinical practice suggested that this does not reflect all TCR subtypes that are described since that.

Nevertheless, the TCR is classically divided into the central (proximal) subtype with an intracranial trigger point proximal the Gasserian ganglion; the peripheral (distal) subtype, caused by stimulation upon the extra-cranial course of the trigeminal nerve; and the Gasserian ganglion subtypes.<sup>[49,59]</sup> Latest research implies a different manifestation of the TCR, according to the neuroanatomic/neuroembryolic events leading to a new classification of 5 key trigger points<sup>[47,60]</sup> around the 5th cranial nerve. The new classification model contains a subdivision of the

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peripheral subtype into the very peripheral diving reflex and the already known peripheral TCR, likewise the central TCR is now subdivided into a central and a further brainstem TCR. It has been observed that the main difference in the clinical manifestation is a different presentation of change in MABP whereas the HR decline is always observed.<sup>[49]</sup>

Several retrospective, and few prospective clinical investigations repeatedly showed and statistically proofed a substantial MABP decline of more than 20% during the central subtype of TCR.<sup>[1,3,61-66]</sup> Since most of these clinical studies examined the manifestation of the TCR provoked by an intracranial stimulation-the so-called central subtype of TCR-the nowadays accepted definition is mainly influenced by those results. While this central subtype shows an MABP decline,<sup>[1]</sup> the peripheral subtype (with the diving reflex as a subtype) seems to have less influence on blood pressure (BP) and can even manifest as an increase in MABP.<sup>[51,59]</sup> The ganglion subtype shows, according to previous research, a heterogeneous clinical manifestation with either increase or decrease of MABP.<sup>[47-49,51]</sup> This knowledge leads to a classification model after which the well-established subtypes (peripheral, ganglion, and central) of the TCR should be individually categorized.<sup>[48,49,51]</sup>

Therefore, the aim of this present study is to evaluate the specific changes in HR and MABP parameters according to the "classical" TCR classification,<sup>[1]</sup> which was developed only for the central subtype of the reflex. We choose an approach through a simplified classification with 3 TCR subtypes (central, peripheral, and Ganglion Gasseri)<sup>[56]</sup> to simplify data sampling as the updated categorization is just about to be introduced<sup>[49]</sup> and most of the current articles are still concerning the (older) simplified subdivision. Final goal is to develop a surrogate model of the definition of TCR that fits for every subtype in a clinically setting to ease its detection and therefore allows anesthesia providers to establish an adequate therapeutic management.

# 2. Methods

In this meta-analysis, a retrospective data collection was performed. The study design was thought to provide a complete, exhaustive summary of current literature relevant to our research question. By this objective approach, there can be achieved a synthesis with the aim of minimizing bias.

This systematic review was done in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analysis statement.<sup>[67]</sup> The methodological quality of the included articles was assessed using the Cochrane Collaboration's domain-based evaluation tool for assessing risk of bias.<sup>[68]</sup>

# 2.1. Definition of the TCR

We defined the occurrence of a TCR episode for the nonrestrictive purpose of this study as bradycardia; a drop of HR below of 60/ min or 20% or more from the baseline and/or asystole. Further, a TCR had to occur in a clinical setting during a surgery and fulfill at least one of the major criteria for a TCR as earlier defined by the authors (plausibility or reversibility).<sup>[1,49]</sup> There was a strong need for a detailed description and comprehensible cause–effect relationship, as earlier described,<sup>[1,49]</sup> for every included case. For the open character of this study and to consider the different clinical manifestation of the TCR subtypes, hypotension, thus a drop of BP below 90/60 mm Hg, 70 mm Hg MABP, respectively, was no criterion and not required for inclusion.

# 2.2. Identification of relevant data

For this study, we systematically collected data in a comprehensive literature research through various search engines including PubMed (Medline), Embase (Ovid SP), and the Institute for Scientific Information (ISI Web of Sciences) Database for the terms "Trigeminocardiac reflex," "Trigemino-cardiac reflex," "Trigeminal depressor response," and "Oculocardiac reflex." We included all publications released during January 2005 until August 2015. Also, reference lists of all included articles were reviewed to identify additional relevant articles. Contact was made with experts to identify other potentially relevant published and unpublished studies.

# 2.3. Inclusion and exclusion criteria

For this study, we analyzed all publications released in the recent 10 years (from January 1, 2005 to August 31, 2015) that presented a TCR manifestation as case report or a case series with patients age from 1 to 99 years old and that are published in English, German, or French. We included all case reports that reported a TCR in a clinical setting during surgery as defined above. If there was no link to a full-text version available through the various search engines: we tried to contact the author directly; if not successful, we excluded the article. Papers related to animal experiments were not included. All TCR cases were checked for double publication and if so, not included in this review.

Cases with hypertension during a TCR episode are excluded from this study. First, the few existing cases are ambivalent,<sup>[49]</sup> not clearly differentiating from a simple pain reaction. Second, it might play only a role in Ganglion subtype.

# 2.4. Data extraction

Data were collected and extracted by 2 independent reviewers (CM/BS) who selected all titles/abstracts. Articles that could not be excluded by title and/or abstract were assessed for defined eligibility criteria in full text. If there was no agreement, the article was read and checked for inclusion by a third reviewer (PE) independently, and the decision was made after thorough discussion.

# 2.5. Data synthesis and analysis

Collected data and results in the studies were also checked by 2 reviewers (CM/BS) independently, to find differences in the extracted data, if any. Following parameters were extracted: year of publication, gender, age, location,<sup>[4]</sup> changes in hemodynamic parameters as HR and MABP, calculated cerebral state index (CSI),<sup>[18]</sup> discussed risk factors, premedication, treatment of the TCR (e.g., stop of manipulation, atropine, cardio pulmonal resuscitation). If more than 1 episode of TCR was reported, the episode with the lowest values of HR or asystole was included. If an article showed missing data in 1 or more parameters, the corresponding author was contacted and asked to provide more detailed information. If the author was not reachable or did not respond, the article was rated with the available data and if reached a "well" rating, included in the study. If the case report was rated lower than well (more than 2 required parameters missing), the article was excluded from the analysis.

# 2.6. Parameters

**2.6.1.** Hemodynamic parameters. The definition of bradycardia is described earlier. MABP was calculated as diastolic BP +  $\frac{1}{2}$  (systolic BP – diastolic BP). Hypotension was defined as a systolic BP of 90 mm Hg and a diastolic BP of 60 mm Hg, thus a calculated MABP of 70 or lower.

**2.6.2.** Localization. The cases were sorted, according to the recently published literature,<sup>[47]</sup> into 3 different localizations: craniofacial skin, oral mucosa, orbit and periorbit as peripheral TCR; cavernous sinus plexus as a ganglion TCR; and middle fossa and posterior fossa as central TCR.

# 2.7. Rating of the extracted cases

We rated the cases, extracted from the studies that fulfill the inclusion criteria, by their information provided in the article. The list of necessary information was created according to the CARE<sup>[69]</sup> Guidelines and our inclusion criteria:

- (a) age, gender, and health status (American Society of Anesthesiologists Classification) of the patient
- (b) risk factors and premedication
- (c) manifestation of TCR:
  - (c2) depth of anesthesia<sup>[18]</sup>
  - (c3) change in HR and MABP and possible arrhythmias
  - (c4) treatment of TCR

Out of this list, we defined 7 necessary data parameters: gender, age, localization, a drop of HR, a drop of MABP, CSI, and treatment. Parameters about risk factors and premedication were not included due to insufficient details in the literature available reports.

There was used a 3-level Likert scale for quality evaluation of the case report: a "very well" case report fulfilled the 7 rating criteria, while a "well" rated case report missed 1 or 2 of these 7 criteria. Case reports that showed a lack of more than 2 of our 7 rating criteria were not evaluated and excluded from the study.

# 2.8. Risk of bias

We analyzed the potential for different biases in our study and identified as most relevant biases for our systematic literature review as possible. These data were evaluated for biases using the "Cochrane Handbook for Systematic Reviews of Intervention."<sup>[68]</sup>

#### 2.9. Statistical analysis

Statistical analysis was performed using IBM SPSS 9.5.0.0 software and Microsoft Excel 14.4.2.

Means and standard deviations (SDs) were calculated for the continuous variables. Distributions of all variables were skewed; so, logarithm transformations were applied before further analyses. Unadjusted and partial Pearson correlations were obtained among all the variables. A *P* value of .05 was considered as statistically significant.

The nonlinear optimization problem was defined as a model in which the objective function and all of the constraints are smooth nonlinear functions of the decision variables. This nonconvex nonlinear optimization problem model is due to its multiple locally optimal points in multiple regions not simple to prove its feasibility or its limitlessness nor to find a "global optimum" that matches in all possible regions. Here the used Generalized Reduced Gradient method<sup>[70]</sup> can be seen as a nonlinear extension of the Simplex method, which selects a basis, determines a search direction, and performs a line search on

# Table 1

The patient's characteristics of included TCR cases.

	N (%)
Articles	26
TCR cases	32
Rating	
Very well	13 (22.8)
Well	19 (33.3)
Insufficient	25 (43.9)
Gender	
M	17 (53.1)
F	14 (43.8)
NA	1 (3.1)
Age	
1–18	5 (15.6)
19–35	5 (15.6)
36–65	15 (46.9)
67–99	6 (18.8)
NA	1 (3.1)
Localization	
Craniofacial skin and oral mucosa	6 (18.8)
Orbita and periorbita	10 (31.3)
Cavernous sinus plexus	8 (25.0)
Middle fossa	2 (6.3)
Posterior fossa	6 (18.8)
Asystolia	
У	16 (50)
n	15 (46.9)
NA	1 (3.1)
Treatment	
Anticholinergic drug	13 (40.6)
Cease of manipulation	15 (46.9)
Others	4 (12.5)
CSI	
<40	0 (0.0)
40–60	12 (37.5)
>60	3 (9.4)
NA	17 (53.1)

CSI = cerebral state index, NA = not available, TCR = trigeminocardiac reflex.

each major iteration. This way, this approach solves nonlinear at each step to maintain feasibility.

# 2.10. Ethical statement

Due to the retrospective character of this research that includes only data from already published cases, an ethical approval is not needed. This article does not include potentially identifying characteristics and information.

#### 3. Results

Altogether, 45 published articles, containing data about 57 TCR cases, fulfilled the inclusion criteria (see Table 1; Fig. 1). After rating all the sampled cases, 13 cases (23%) were rated as "very well," 19 (33%) as "well" (see Table 2). Twenty-five cases' (44%) reports did not contain enough data to be rated as "well" or "very well" and therefore excluded from further analyses. Finally, 26 articles, reporting about 32 patients were included for final analyses.

### 3.1. Peripheral-central TCR

Regarding the reported cases, we were able to grade all included cases according to their anatomical location, thus the detailed Included articles for qualitative and quantitave synthesis

(n=45)

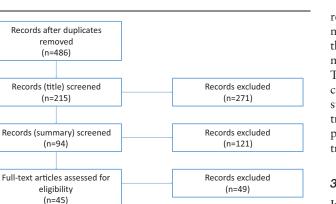


Figure 1. Flowchart of different phases of the review.

position of the trigger points around the course of the trigeminal nerve.<sup>[49]</sup> Craniofacial skin, oral mucosa, as well as orbit and

periorbit are locations of the peripheral course of the 5th cranial

nerve; in our study, 16 (50%) included cases reported about the

peripheral trigger point. The central part of the TCR is

represented in the context of the trigeminal nerve through the middle and posterior fossa; in our study, 8 (25%) cases reported the central stimulation. The cavernous sinus plexus plays a multifaceted role in the occurrence and manifestation of the TCR<sup>[49,59]</sup> due to its various nerve fibers and internerve connections in and around the Gasserian ganglion.<sup>[48]</sup> This subtype has an special position in the classification of the trigemino-cardiac reflex because of its multifaceted clinical presentation; again, in our research, 8 (25%) cases described a trigger point, located around the cavernous sinus plexus.

# 3.2. Results regarding HR

In the peripheral subgroup, we had a mean drop of HR of 72% (SD of 30.01; interquartile range [IQR] of 50). In the ganglion subgroup, we had a mean drop of 66% (SD of 21.20 and an IQR of 12.5). In the central subgroup, we calculated a mean drop of 67% (SD of 36.12 and an IQR of 62).

Further, we analyzed the z-values of the mean drop of every subgroup in relation the mean drop of all included TCR cases. The z-value for the peripheral TCR was 0.054, for the ganglion subgroup -2.474 and for the central subgroup -0.109.

From the above findings, it can be demonstrated that we have a case of a nonlinear behavior (see Fig. 2). We have here a "tipping point" phenomenon<sup>[71]</sup> that differs from central/peripheral (20–30% drop) to Ganglion (40–49% drop).

Table 2

Listed cases included in this meta-analysis study

Patients	Reference no.	Year	Gender	Age	Subtype	Drop HR, %	Drop BP, %	CSI	Rating
1	22	2011	М	28	Peripheral	100	NA	NA	Very wel
2	22	2011	Μ	32	Peripheral	100	NA	NA	Very wel
3	22	2011	Μ	53	Peripheral	100	NA	NA	Very wel
4	22	2011	F	50	Peripheral	100	NA	NA	Very wel
5	23	2007	F	5	Peripheral	50	30	NA	Very wel
6	24	2012	Μ	40	Central	NA	22.5	NA	Very wel
7	25	2013	Μ	61	Ganglion	100	NA	NA	Very wel
8	26	2010	F	74	Peripheral	53	NA	NA	Very wel
9	27	2013	F	53	Peripheral	100	29	40-60	Well
10	28	2010	Μ	41	Peripheral	50	32	40-60	Well
11	29	2009	Μ	18	Peripheral	56	38	NA	Very wel
12	30	2005	F	53	Central	100	NA	NA	Very wel
13	31	2013	F	50	Peripheral	100	55	60	Well
14	32	2006	Μ	13	Peripheral	100	NA	NA	Very wel
15	12	2010	Μ	70	Central	26	86	40-60	Well
16	21	2014	NA	NA	Ganglion	56	NA	40-60	Very wel
17	33	2015	F	54	Ganglion	53	NA	NA	Very wel
18	34	2006	F	61	Central	100	NA	NA	Very wel
19	35	2013	F	68	Ganglion	57	47	40-60	Well
20	36	2010	F	52	Central	100	NA	NA	Very wel
21	37	2011	Μ	67	Central	37	35	40-60	Well
22	38	2011	Μ	65	Peripheral	100	NA	40-60	Very wel
23	39	2008	Μ	29	Peripheral	29	34	40-60	Well
24	40	2014	F	40	Ganglion	100	38	40-60	Well
25	41	2011	Μ	70	Peripheral	36	NA	60	Very wel
26	42	2010	F	10	Peripheral	27	50	60	Well
27	43	2011	F	10	Peripheral	50	NA	NA	Very wel
28	44	2010	Μ	32	Central	100	34	NA	Well
29	45	2013	Μ	71	Ganglion	57	56	40-60	Well
30	45	2013	F	52	Ganglion	48	39	40-60	Well
31	13	2009	Μ	60	Central	41	38	NA	Very wel
32	46	2010	Μ	23	Ganglion	57	0	40-60	Well

Please find more information in the reference section.

BP = blood pressure, CSI = cerebral state index, F=female, HR = heart rate, M=male, NA=not available.

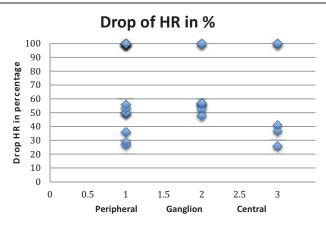


Figure 2. Drop of HR during trigeminocardiac reflex in the 3 main levels. HR = heart rate.

# 3.3. Results regarding MABP

Again, in the peripheral subgroup, we had a mean drop of MABP of 33.5% (SD of 16.5; IQR of 11.25). In the ganglion subgroup, we had a mean drop of 36% (SD of 21.38; IQR of 9). In the central subgroup, we had a mean drop of 43.1% (SD of 24.69; IOR of 4).

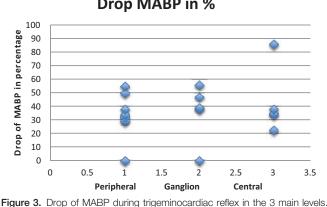
Analyzing the z-values of the mean drop in every subgroup, we can describe for the peripheral subgroup a z-value of -0.172, for the ganglion subgroup -0.044, and for the central group 0.319.

From the above findings, it can be demonstrated that we have a case of a linear behavior (see Fig. 3). We have here a "central limit" phenomenon<sup>[72]</sup> that does not differ from peripheral, ganglion to central (30-39% drop).

### 3.4. Changes in hemodynamic parameters

To further elucidate this "tipping point" (in HR)/central phenomenon (in MABP), we have searched for a connection between the hemodynamic parameters. As shown above, the HR corresponds to a nonlinear behavior while MABP shows a linear behavior related to the drop of the parameter (see Fig. 4).

In our research, we found 16 cases only with properly described parameters such as HR and MABP. A single

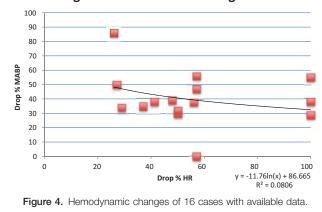




MABP = mean arterial blood pressure

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Changes in HR and MABP during TCR



description of HR (without a description of MABP) was found in 15 cases. An only report about changes in MABP was found in 1 instance.

In this analysis, we found that depended on to the drop of HR, the decline of MABP in 86% is between 30% and 60%. Only 2 cases showed an extreme deviation to that baseline. The trend line underlines this finding with a good coefficient of determination  $(R^2 = 0.080).$ 

If we analyze all available values of HR and MABP separately without considering the anatomical location, we have data about 31 cases for HR with a median drop of HR of 57% (SD of 28.46; IQR of 50). The same with MABP, we have 17 values of MABP with a median drop of MABP of 36.5% (SD of 19.5; IQR of 15).

We have here a complex behavior that is dominated by the nonlinear HR behavior, confirming that our original arbitrary definition of a drop of more than 20% to the baseline is still valuable. However, in contrary to our initial suggestion in 1999,<sup>[1]</sup> the MABP changes seem to be Lyapunov function (constraint problem), for which a definition of % of the drop is not correct.

# 3.5. Optimization of the definition

According to our mathematical optimization model, the TCR definition of the HR should continue to be a decline of more than 20% of the baseline value. There is a strong causal relationship for the HR alone and occurrence of the TCR.

For the MABP it is more complex to find a TCR definition optimization: Mathematically the optimization is still a drop of more than 20%. However, there is no causal relationship (no temporal precedence, no covariation of the cause and effect, but no plausible other explanation) to a drop in MABP alone for the occurrence of the TCR.

Finally, the HR and MABP together show also here causal relations for the occurrence of the TCR as already described earlier.

# 4. Discussion

Our work demonstrates various interesting insights into the cardiovascular physiology and the TCR behavior, confirming the current clinical tendency and multiple studies that have shown the relative magnitudes of bradycardia in vagal reflexes.<sup>[73-77]</sup>

The HR drop is dominant to the MABP drop and is following a nonlinear behavior with a tipping point around 20% drop. Such used definition that is based on an arbitrary definition that goes back to 1999<sup>[1]</sup> is now underlined by our simulation optimization and underlines the most often used definition of 20% (or more) HR drop. We are also able to demonstrate that there is no major difference between the "tipping-point" in the central and peripheral TCR so that it seems that they react similarly regarding HR. Strikingly, the ganglion type of TCR shows an exceptional strong drop in HR in our analyses. From our optimization analysis, there is not a clear cause–effect relationship between HR and MABP in all cases of TCR. This finding means, for the first time, that the MABP is no "conditio sine qua non" for all TCRs. Here is certainly further research needed to find the optimal definition.

The Lyapunov function of the MABP is interesting; as per definition externalities in a reasoning system do not go to equilibrium. Clinically this means, there must be external factors that have an influence on the MABP drop. From the current knowledge, this might be the location (peripheral, ganglion, central, etc.) of the stimulation of the trigeminal nerve. A possible explanation for the different behavior of HR and MABP in the TCR subtypes could be given by a different kinetics of the 2 autonomic divisions differ substantially.<sup>[74]</sup>

The vagal effects develop very rapidly, often within 1 heartbeat, and they decay quickly as well.<sup>[76]</sup> Hence, the vagus nerves can exert beat-by-beat control of cardiac function.<sup>[77]</sup> Conversely, the onset and decay of the sympathetic effects are much more gradual; only small changes are effected within the time of 1 cardiac cycle.<sup>[74]</sup> When both autonomic systems act concomitantly, the effects are not additive algebraically, but complex interactions prevail. Such interactions may be mediated either prejunctionally or postjunctionally with respect to the neuroeffector junction.<sup>[74]</sup>

If other factors, like for example the difference in pressure on the trigeminal nerve, have also influence or the location has an only influence on the power of the HR drop (with consequences on the control of MABP drop) must be the goal of further research.

This research gives, for the first time, interesting on the behavior of the TCR. The HR is the leading variable in the TCR. If such an HR drop of more than 20% does not exist, there is no TCR. The role of MABP in this reflex arc process is not yet clear. There must be external factors besides the HR that influence the MABP drop. It seems that the location of the trigeminal stimulation is this searched external factor, but we do not know yet in which relation it is to TCR occurrence. Another explanation could be that the TCR phenomenon influence more parasympathetic outputs<sup>[49]</sup> or the substantial influence of anesthetic drugs on the autonomous system<sup>[78]</sup> where most anesthetic drugs influence the HR less than MABP.<sup>[79,80]</sup> In addition, there are substantial differences in hemodynamic reaction on anesthetic drugs relating on gender, ages, and origin of the patient.<sup>[79]</sup> These different explanations fact may affect the manifestation of the TCR, but is still not explaining the differences in the subtypes of TCR. So it seems more reasonable that multifactorial reasons influence this phenomenon and that also depth of anesthesia<sup>[18]</sup> and gender<sup>[79]</sup> are associated hemodynamic changes.

In combination with the predefined major (plausibility and reversibility) and minor (repetition and prevention) criteria,<sup>[1,49]</sup> the findings from this research lead us to a new, more differentiated definition model of the TCR: As recommended

before, a TCR should fulfill both major criteria. A strict definition depended on a steady change in the hemodynamic parameter is, according to the actual state of knowledge, only reasonable with a drop of HR. Out of this research, we can develop a definition model that requires the 2 major criteria and a 20% HR drop. A 20% MABP drop is, based on the here presented findings, only an additional criterion in combination with the 20% HR drop. Here the presented model opens the way to a new surrogate definition; that is valid for all TCR subgroups. There is a need for further studies to evaluate and further refine this model.

# 4.1. Limitation of this study

In this study, we worked with case reports only, as case reports offer an excellent possibility to create new insights.<sup>[81]</sup> However, due to the already predefined character of manifestation of TCR (a 20% drop in HR and MABP), there is a publication bias; cases with a drop of <20% could not be published or even not be interpreted as a TCR. This chosen procedure has the (positive) consequence that the TCR is underrepresented in this study, but there were probably no wrong positive cases included. In addition, a language bias exists as the research was only done in English, German, and French, even so all relevant journals publish today at least an abstract in English. Data extraction was performed by multiple reviewers and similar precautions to reduce the risk of reviewer error and bias were taken when assessing the studies for eligibility and validity.

Obviously, this is a descriptive analysis of quantitative data. The included studies were also quite limited in sample size. Given the differences in populations, interventions, and outcomes between the included studies, some narrative synthesis of the review data appeared appropriate. Therefore, detailed causative analysis cannot be done. Descriptive statistics, therefore, enable us to present the data in a more meaningful way, which allows simpler interpretation and commentary of the data.<sup>[82]</sup>

However, as there is a still ongoing discussion about this 20% drop and there are likewise many studies that applied to a definition of 10% or arrhythmia, this bias seems to be relativized and does not appear to be a major bias for our study.

# 5. Conclusion

We could for the first time show that the HR is the dominant variable in the TCR occurrence and presented a new surrogate definition model that includes our findings from our research. The new model is including all TCR subtypes into 1 definition to simplify the recognition of a manifest TCR in clinical setting. It allows an early recognition of an upcoming or manifest TCR and allows anesthesia providers to react promptly to prevent negative consequences caused by a persistent TCR. This model and the role of MABP must be better investigated in further studies.

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