Update on von Willebrand factor multimers: focus on highmolecular-weight multimers and their role in hemostasis

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Normal hemostasis requires von Willebrand factor (VWF) to support platelet adhesion and aggregation at sites of vascular injury. VWF is a multimeric glycoprotein built from identical subunits that contain binding sites for both platelet glycoprotein receptors and collagen. The adhesive activity of VWF depends on the size of its multimers, which range from 500 to over 10 000 kDa. There is good evidence that the high-molecular-weight multimers (HMWM), which are 5000-10000 kDa, are the most effective in supporting interaction with collagen and platelet receptors and in facilitating wound healing under conditions of shear stress. Thus, these HMWM of VWF are of particular clinical interest. The unusually large multimers of VWF are, under normal conditions, cleaved by the plasma metalloproteinase ADAMTS13 to smaller, less adhesive multimers. A reduction or lack of HMWM, owing to a multimerization defect of VWF or to an increased susceptibility of VWF for ADAMTS13, leads to a functionally impaired VWF and the particular type 2A of von Willebrand disease. This review considers the biology and function of VWF multimers with a particular focus on the characterization of HMWM - their production,

Introduction

Under physiological conditions, hemostatic balance is maintained through a complex interplay of procoagulant, anticoagulant, and fibrinolytic factors. A key constituent of the hemostatic system is von Willebrand factor (VWF). Extensive research in recent years has increased our understanding of the structure and function of VWF and the mechanisms underlying its involvement in normal hemostasis and pathological conditions associated with altered coagulation or thrombosis [1].

VWF is a large, highly adhesive, multimeric glycoprotein that is found predominantly in plasma and produced in endothelial cells and megakaryocytes, the precursors of platelets [2–4]. VWF is critical for hemostasis and thrombus formation; it acts as a bridging molecule for normal platelet adhesion and aggregation at sites of vascular injury [1,5]. In addition, VWF is a carrier molecule for procoagulant factor VIII (FVIII), thereby protecting FVIII from rapid clearance, and thus increasing its plasma half-life [6–9]. In this way, VWF is essential to both primary (platelet-mediated) and secondary (coagulation factor-mediated) hemostasis.

VWF is synthesized as a single pre-pro-polypeptide chain. After removal of the signal peptide in the endoplasmic reticulum, VWF is dimerized. VWF then undergoes further maturation in the trans Golgi apparatus and storage, release, degradation, and role in normal physiology. Evidence from basic research and the study of clinical diseases and their management highlight a pivotal role for the HMWM of VWF in hemostasis. *Blood Coagul Fibrinolysis* 25:206–216 © 2014 Wolters Kluwer Health | Lippincott Williams & Wilkins.

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post-Golgi compartments where it is multimerized. The VWF newly synthesized in endothelial cells is either released directly into plasma via the constitutive pathway, or stored in the Weibel-Palade bodies with its propeptide in a 1:1 ratio [10]. Only VWF, and not its propeptide, has a role in platelet adhesion at the endothelial cell surface [11]. In contrast, VWF synthesized in megakaryocytes is stored in platelet α -granules until platelet activation and its subsequent release. This platelet-stored VWF has a high component of high-molecularweight multimer (HMWM) forms [12]. The relative contribution of VWF from endothelial cells or platelets to hemostasis is currently a subject of investigation [13,14]. It is postulated that platelet-derived VWF can mediate hemostasis but is not required to do so under normal circumstances [12,14]. Indeed, recent evidence suggests that platelet-derived VWF might aggravate thromboinflammatory diseases such as stroke [14].

VWF exists in various sizes, referred to as VWF multimers, and include low (L), intermediate (I), high (H), and ultra-large (UL) molecular-weight forms. VWF stored in the Weibel–Palade bodies of endothelial cells or in the α -granules of megakaryocytes is rich in VWF multimers that are extremely large, and are called UL-VWF multimers, whereas the constitutively secreted VWF multimers are shorter, but still of high molecular weight

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[15–19]. The UL-VWF multimers do not typically circulate in the plasma because of rapid proteolysis that reduces them into smaller multimers soon after their secretion.

Of all the VWF multimers, the HMWM have the greatest activity in terms of hemostasis [binding capacity for collagen and the platelet receptors glycoprotein (GP) Ib and IIb/IIIa, and platelet aggregation under conditions of high fluid shear] [20–25]. Any abnormalities in either the quantity or quality of VWF multimers, particularly of the hemostatically highly active HMWM, can result in defective hemostasis. This article provides a contemporary review of the biology and function of VWF multimers, with a particular focus on the role of HMWM in the physiology of hemostasis.

Biology of von Willebrand factor: synthesis and size distribution of multimers

VWF is a large multimeric glycoprotein present in human plasma as a series of polymers called multimers, consisting of a variable number of subunits linked by disulfide bonds. The number of subunits in each multimer varies, with molecular weights ranging from around 500 kDa for the dimer to over 10 000 kDa for the HMWM (Table 1; Fig. 1) [26,27], thus forming the largest known protein present in human plasma [18]. Each multimeric subunit of VWF has binding sites for the receptor GPIb on nonactivated platelets and the receptor GPIIb/IIIa on activated platelets; this facilitates platelet adhesion and platelet aggregation, respectively, making the VWF HMWM important for normal platelet function.

The human VWF gene is located at the tip of the short arm of chromosome 12 and consists of 178–180 kilobases and 52 exons [28–32]. The VWF gene encodes a large (240–260 kDa) precursor polypeptide (pre-pro-VWF) made up of a 22-amino-acid signal peptide, a 741-amino acid propeptide (also known as VWF antigen II), and a mature subunit (basic monomer) of 2050 amino acids, and up to 22 carbohydrate side chains [33].

Following its synthesis, precursor VWF is processed to a mature 220-kDa VWF subunit, or monomer. These VWF monomers undergo posttranslational modifications such as glycosylation, dimerization, and subsequently multimerization and propeptide cleavage, resulting in VWF peptides composed of up to 40 identical subunits, which make up the population of circulating VWF multimers, to over 10 000 kDa (ultra-large multimers) for the stored multimers (Fig. 1; Table 1) [26,27].

After synthesis, about 95% of endothelial VWF multimers (L, I, and HMWM) are constitutively secreted into the plasma, and the remainder (ultra-large multimers) are stored in cytoplasmic granules (Weibel–Palade bodies) or in the α -granules of megakaryocytes, as discussed above [15,17]. Understanding of the formation and function of Weibel–Palade bodies of endothelial cells and the controlled release of VWF have been recently reviewed elsewhere [34]. Dimers and the lower molecular-weight multimers of endothelial-derived VWF are not very efficient in initiating platelet adhesion to thrombogenic surfaces under physiological conditions. However, the HMWM are more effective in promoting platelet adhesion, particularly following vessel damage and subsequent high fluid shear stress [35–37].

The largest multimeric forms of stored VWF (ultra-large multimers) can be secreted into the plasma via a regulated pathway following stimulation by specific secretagogues [15,18]. Various stimuli for release of these UL-VWF multimers have been identified through the study of cultured cells and platelets, and include exposure to physiological and pharmacological agents such as adrenaline, adenosine diphosphate, collagen, fibrin, histamine, thrombin, complement proteins, and the vasopressin analog desmopressin (DDAVP) [38–42].

UL-VWF multimers released from Weibel-Palade bodies form the strongest bonds to platelets and the extracellular matrix [15,35] (Fig. 1). After release of VWF from storage, some endothelial derived VWF multimers remain anchored to the surface of endothelial cells, forming string-like structures, which, under normal flow, elongate the VWF multimers from a globular to a stringlike form, thereby exposing the cleavage site in the A2 domain to the metalloproteinase ADAMTS13 (a disintegrin and metalloproteinase with a thrombospondin type 1 motif, member 13) [37,43,44]. Under conditions of high fluid shear stress, endothelial bound UL-VWF strings are cleaved multiple times by ADAMTS13 to shorter multimers that are still ultra-large in size, suggesting that VWF undergoes further ADAMTS13-mediated proteolysis in circulation [44–46]. This further downstream processing of UL-VWF multimers by ADAMTS13 results in VWF

Table 1	Multimers of von	Willebrand factor	and their phy	vsiological	characteristics

Multimer	Number of multimers (dimers)	Size (kDa)	Primary distribution	Hemostatic function
Low [22]	1-5	500-2500	Circulating plasma	FVIII carrier only
Intermediate [22]	6-10	3000-5000	Circulating plasma	Low platelet binding affinity; FVIII carrier
High (large) [22]	11-20	5500-10000	Circulating plasma	High platelet adhesion and aggregation; FVIII carrier
Ultra-large [21]	>20	>10 000	Uncleaved form of VWF stored in Weibel-Palade bodies and α-granules; rapidly cleaved once released from storage	Cleavage to smaller multimers that are characteristic of the circulating pool of VWF

VWF, von Willebrand factor. Data from [26,27].



This figure represents the multimeric features of endothelial derived and platelet-derived von Willebrand factor (VWF). VWF newly synthesized in endothelial cells is either released directly into plasma via the constitutive pathway, where it circulates as low, intermediate, or high molecular-weight VWF multimers; or it is stored in the Weibel – Palade bodies, primarily as ultra-large (UL) molecular-weight VWF multimers. The UL molecular-weight VWF multimers are stored in endothelial cells and do not usually circulate in the plasma, where they appear only after regulated release by agonists. Platelet-derived VWF is rich in VWF multimers that are extremely large, and are called UL-VWF multimers. VWF activity is dependent on the extent and pattern of multimerization, as indicated by the schematic: indicating the strength (from low to high: '+' to '++++') of primary hemostatic activity of multimer types, in terms of VWF binding affinity for collagen and platelet glycoproteins.

multimers of different sizes that are characteristic of the circulating pool of VWF, ranging from a single dimer to up to 20 dimers (\sim 10000 kDa) (Fig. 2) [47–50].

The cleavage of VWF by ADAMTS13 is accelerated not only by high shear stress but also by FVIII, platelets, and GPIba [44,51–53]. Furthermore, the size of multimeric VWF may be regulated by the trimeric glycoprotein thrombospondin-1 (TSP-1), which reduces the average multimer size [54], or by self-association of VWF, either with immobilized VWF or under fluid shear [55,56] or a static condition (interaction with biotinylated VWF in an ELISA system) [57], to form larger fibrillar VWF multimers. Recent evidence shows that, under very high shear stress, plasma VWF multimers undergo a conformational change from a native, inactive state, to a metastable, active state with an increased unfolding barrier, and hence, are harder to cleave by ADAMTS13 [58]. This change in conformation is possibly due to the lateral association of shear-induced VWF multimers into a fibrillar form [58]. In addition, the formation and elongation of UL-VWF multimers under flow conditions have been shown to involve the covalent lateral association of plasma VWF with endothelial-bound UL-VWF, an association that appears to rely on the thiol-disulfide state of UL-VWF [59]. Interestingly, some evidence suggests that ADAMTS13 reduces disulfide bond activity, thereby preventing the covalent lateral association and increased platelet adherence of plasma VWF multimers under high shear stress [60]. However, more recent research demonstrates that reduction of disulfide interactions is not sufficient to alter the hemostatic function of VWF [61]. In that study, increasing concentrations of ADAMTS13 reduced VWF multimer size, resulting in a significant loss of VWF hemostatic function and a rapid clearance of VWF from the circulation. Thus, VWF activity is regulated by ADAMTS13, which cleaves VWF into smaller, less functional VWF molecules [61].

An alternative mechanism for the elongation of UL-VWF multimers has been proposed [46]. Prior to cleavage by ADAMTS13, VWF strings undergo local elongation between adhered platelets on the endothelial surface [46]. The elongation occurs at different sites along the VWF strings and is independent of ADAMTS13, suggesting that this is a general characteristic of most VWF strings under fluid shear flow [46]. Some evidence from patients with subtypes of von Willebrand disease (VWD) suggests that platelet-derived VWF has the potential to play a role in hemostasis [62-64]. For example, patients with type 1 VWD show an inverse relationship between bleeding time and platelet VWF (P < 0.001) [62]. Furthermore, a subgroup of patients with type 1 VWD and normal levels of platelet VWF were shown to have almost normal bleeding times in contrast to the prolonged bleeding times found in patients with low platelet VWF concentrations [63]. Normal collagen adhesion ex vivo of platelets derived from 'platelet normal' type 1 VWD patients has been observed, thus leading to a suggestion that platelet VWF may contribute to platelet adhesion when plasma VWF is low [64]. Finally, in patients with type 3 VWD, normal bleeding

Fig. 1



Cleavage of ultra-large (UL) von Willebrand factor (VWF). ULVWF is secreted as an ultra-long chain that is composed of several hundreds of VWF monomers. ULVWF, because of its large size, experiences higher shear forces than shorter VWF polymers. These high shear stresses stretch and unfold the A2 domain in the VWF monomers. The A2 domain is the site at which the metalloproteinase ADAMTS13 cuts ULVWF to smaller VWF multimers, which can then be stretched (activated) under shear flow conditions found at sites of injury, but do not cause thrombosis through premature stretching under normal blood flow conditions. Thus, mechanical shear forces regulate both the activation and degradation of VWF chains. Reproduced with permission from [47].

is not always restored following VWF replacement therapy, and thus platelet transfusion may be beneficial in such circumstance; further evidence pointing to a role for platelet-derived VWF in hemostasis [65].

The latest preclinical research also suggests that VWF produced in megakaryocytes/platelets can contribute to hemostasis [13]. Mice expressing VWF only in endothelial cells or only in platelets have been generated to explore this interesting aspect of the biology of VWF [13]. Mice with VWF only of platelet origin showed partially corrected bleeding times, although mice with VWF of endothelial cell origin showed normal duration of bleeding. This study demonstrates the potential ability of VWF released from platelets to contribute to hemostasis, at least in the absence of any endothelial cell-derived VWF [13].

Physiology of von Willebrand factor highmolecular-weight multimers: role in hemostasis and importance of multimer size

The sites of VWF synthesis and its storage offer clues to the role of this glycoprotein in primary hemostasis – a role

closely linked to that of platelets [20]. Under normal physiological conditions, circulating multimeric VWF flows through the blood as a loosely coiled protein that does not interact with platelets or with endothelial cell lining, as the GPIb binding domain of VWF is concealed [37,66,67]. However, in response to vascular injury or high shear stress, VWF unwinds, exposing its binding sites within the VWF A1 domain responsible for interaction with platelet GPIbα [67,68].

The hemostatic potential of VWF multimers is governed by the multimer size [69]. Studies have shown that as the size of VWF multimers progressively decreases, there is a concomitant loss of VWF function [70]. Specifically, the VWF collagen-binding capacity (VWF:CB) and the functional ability of VWF to bind platelets (the ristocetin cofactor activity; VWF:RCo) decrease as the multimer size of VWF decreases (Fig. 3) [27]. More recently, multimer analysis of a recombinant VWF suggests that there is also a grading of VWF:FVIII binding capacity (FVIIIB) according to multimer size, with a gradual decrease in FVIIIB demonstrated with

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Dimerization and multimerization of circulating von Willebrand factor (VWF) and the corresponding bands, as determined by sodium dodecyl sulfate agarose gel electrophoresis. Multimers vary in size from the smallest detectable dimer (~500 kDa) to the largest multimers that exceed 10 000 kDa. An increase in multimer size (vertical dashed line) parallels an increase of VWF binding affinity for collagen and platelet glycoproteins lb (GPlb), Ilb/Illa (Gpllb/Illa). CB, collagen binding; FVIIIB, factor VIII binding; RCo, ristocetin cofactor. Reproduced with permission from [27].

lower molecular-weight multimers [71]. These effects may be because of fewer binding sites of the smaller multimers, and lower binding affinity between low VWF multimers and platelets, reducing both platelet adhesion and aggregation [72]. Conversely, the VWF HMWM are conformationally more responsive to shear stress, making it easier to unfold the long multimer string and expose their many GPIb binding sites.

It should also be noted that a recent cross-laboratory evaluation has been conducted to compare the sensitivity of VWF activity-based assays by exploring their results following progressive depletion of the VWF HMWM [73]. This study showed differences in the sensitivities of the respective tests used: VWF:CB and VWF:RCo assays had higher sensitivity to the loss of VWF HMWM than did the VWF:Act (activity) assay [73].

The regulation of VWF multimer size by ADAMTS13 is essential for normal hemostatic function, as evidenced by the pathological states that occur when proteolysis of VWF is defective (Fig. 4): in cases of excessive proteolysis of VWF by ADAMTS13, hemostasis is severely compromised because of the absence of VWF HMWM, resulting in the classical VWD type 2A; conversely, a deficiency of ADAMTS13 results in an abnormal accumulation of the multimers with the largest molecular weight, the UL-VWF multimers, which can cause spontaneous platelet aggregation, leading to the critical condition of thrombotic thrombocytopenic purpura (TTP) [74].

In addition to its role in primary hemostasis, VWF also has a role in secondary hemostasis, acting as a carrier protein for FVIII in the plasma. Formation of a VWF/ FVIII complex both stabilizes and protects the coagulant activity of FVIII. For more detailed information on VWF/FVIII and its relevance to FVIII activity, readers are referred elsewhere [75,76].

Consequences of reduced or absent von Willebrand factor high-molecular-weight multimers

The importance of VWF HMWM in primary hemostasis is underlined by evidence of a bleeding diathesis when these larger multimers are lacking [5,77–80] (Fig. 4).

Pathophysiological conditions Congenital von Willebrand disease

In the majority of cases, VWD is a congenital disease that is inherited in an autosomal dominant fashion, affecting men and women with almost the same frequency. The disease results from a qualitative or quantitative deficiency in VWF – with concentration, structure, or function of the larger VWF multimers being affected and is characterized by an increased risk for bleeding [81,82]. Moreover, the absence of VWF leads to a secondary deficiency of FVIII, causing defects in platelet-plug and fibrin formation. Overall, these defects are reflected by the clinical manifestations of VWD, including excessive and prolonged bleeding following surgery or traumatic injury, mucosal tract hemorrhages such as epistaxis and menorrhagia, and, in more severe forms of the disease, hemophilia-like symptoms such as joint and muscle bleeding [83,84].

VWD has been classified into three major categories (Table 2) [85]: type 1, which is characterized by a partial quantitative deficiency of VWF and accordingly its functional properties; type 2 disease subtypes in which there are qualitative defects affecting VWF function; and type 3 disease in which VWF is totally deficient (Fig. 5) [86]. The distinction between the primary categories of VWF can usually be made by plasma assays for functional activity of VWF, namely, measurement of VWF:RCo/VWF-GPIbbinding and VWF:CB; quantitative assay of VWF antigen (VWF:Ag) and FVIII levels; and qualitative assays of multimers. Specifically, laboratory testing for VWF seeks to distinguish between the disease types with normal or only subtly abnormal multimer distributions (types 1, 2M, and 2N), those characterized by a significant decrease in the proportion of HMWM (types 2A and 2B), and those characterized by a loss of all multimers (type 3) [81,87].

This article, with its focus on the VWF HMWM, reviews the VWD types that are characterized by abnormal VWF multimer profiles, specifically a reduction or absence of the HMWM of VWF, which impact the ability of VWF to bind to platelet GPIb [81,88].

Type 2 von Willebrand disease: qualitative von Willebrand factor defects

In most cases of type 2A VWD, there is a significant relative deficiency of VWF HMWM, which predisposes



Release of hyperactive ultra-large (UL) von Willebrand factor (VWF) multimers from endothelial cells (ECs) and cleavage by the metalloproteinase ADAMTS13 under physiological conditions, which lead to the production of the full range of circulating VWF multimers, including the hemostatically highly active high-molecular-weight multimers (HMWM), which are required for normal hemostasis following vascular injury; and under abnormal conditions, in which ADAMATS13 activity is either reduced or absent, leading to the accumulation of hyperactive UL-VWF multimers in the plasma, causing spontaneous platelet agglutination and aggregation, resulting in conditions characterized by thrombosis, such as thrombotic thrombocytopenic purpura (TTP). A reduction or lack of HMWM, owing to a multimerization defect of VWF or to an increased susceptibility of VWF for ADAMTS13 cleavage, leads to a functionally impaired VWF and the von Willebrand disease (VWD) types 2A, 2B and 3, and a form of acquired von Willebrand syndrome (AVWS).

individuals to bleed. This deficiency of VWF HMWM may be because of impaired biosynthesis of large VWF multimers or an increased sensitivity of plasma VWF multimers to ADAMTS13 cleavage [89,90]. Recent evidence from a combination of molecular dynamic simulations and cleavage experiments suggests that type 2A mutations result from a destabilization of a region in the VWF A2 domain [91]. Such destabilization facilitates exposure of the cleavage site and increases susceptibility to ADAMTS13 cleavage. Type 2A can also be caused by a defective posttranslational processing that includes defects in VWF dimerization or defects in further polymerization of VWF dimers into multimers. The bleeding diathesis may persist even when plasma levels of endogenous VWF are raised by treatment with DDAVP, particularly in those with defects in VWF dimerization or multimerization [42]. Thus, the correction to normal levels of VWF protein is insufficient to support platelet adhesion and aggregation if the level of VWF HMWM is not restored. For these patients, replacement concentrates containing high quantities of VWF HMWM are the treatment of choice [27,87,92,93].

Recently, Haberichter *et al.* [94] have identified a potential novel pathogenic mechanism for type 2 VWD that involves a defective regulated storage and transportation of the larger multimers of VWF. A resulting loss of large multimers is reflected by decreased VWF-platelet interactions (low VWF:RCo) or low VWF-connective tissue interactions (low VWF:CB) relative to VWF:Ag (<0.6) [83,95].

The clinical expression of type 2A disease is mild-tomoderate mucocutaneous bleeding, which may manifest as easy bruising, epistaxis, prolonged bleeding after injury, during dental surgery, prolonged menses and menorrhagia in women and, in some cases, bleeding from gastrointestinal sites or in the central nervous system, which can be life-threatening [78]. In VWD characterized by reduced VWF HMWM, gastrointestinal bleeding due to angiodysplasia is well recognized, and indeed, such bleeding may relate to a form of acquired von Willebrand syndrome (AVWS) (see below) secondary to cardiovascular disease in some patients [96–99].

Type 2B VWD is characterized by a lack of VWF HMWM due to enhanced affinity of VWF for the GPIb receptor complex on platelets [100]. This enhanced affinity is caused by the presence of mutations in the A1 domain of VWF, resulting in pathological increases in platelet-VWF binding that lead to accelerated,

Туре	Description	Bleeding propensity	
Type 1	Partial quantitative deficiency of VWF (structure and distribution of plasma VWF multimers indistinguishable from normal)	Mild-to-moderate	
Type 2	Qualitative defects	Variable (usually moderate	
2A	Decreased VWF-dependent platelet adhesion with selective deficiency of HMWM (either from defective multimer assembly or increased sensitivity to ADAMTS13 cleavage)	· · ·	
2B	Increased affinity for platelet GPIb (due to enhanced interaction of mutant VWF with platelet GPIb)		
2M	Decreased VWF-dependent platelet adhesion without selective deficiency of HMWM, despite normal VWF multimer assembly (results from mutations that disrupt VWF binding to platelets or subendothelium)		
2N	Markedly decreased binding affinity for FVIII (due to mutations that impair FVIII binding capacity)		
Type 3	Virtually complete deficiency of VWF	High (severe bleeding)	

Table 2 Classification of von Willebrand disease

FVIII, factor VIII; HMWM, high-molecular-weight multimer; VWF, von Willebrand factor. Data from [26,81,85].

proteolytic degradation by ADAMTS13 of large functional VWF multimers. Some, but not all patients with type 2B disease have a hallmark of thrombocytopenia, at least if it is exacerbated by surgery, pregnancy, or other stress factors such as severe infection [101]. VWF-containing FVIII concentrates are the treatment of choice for patients with type 2B disease, as DDAVP can induce transient thrombocytopenia [102].

Type 3 von Willebrand disease: complete deficiency of von Willebrand factor

In the most severe and rarest form of VWD, all VWF multimers are deficient, and FVIII levels are usually very low. The treatment of choice for this form of VWD is replacement by concentrates containing FVIII with high quantities of the functionally active VWF HMWM [27,87,89,90].

Type 3 VWD is characterized by prolonged and spontaneous bleeding from the nasal, oral, gastrointestinal, and genitourinary mucosa, hypermenorrhagia, and also by joint and muscle bleeding. Experimental studies in murine models of severe VWD clearly illustrate the functional importance of the higher molecular-weight VWF multimers in normal hemostasis [103,104]. In VWF-deficient mice, defects in hemostasis, including prolonged bleeding time and spontaneous bleeding events, are observed. In one study, treatment of VWF-/mice by gene transfer of wild-type VWF cDNA was able to transiently correct the bleeding diathesis, coupled with a normalization of FVIII levels and the appearance of fully multimerized VWF [103]. In another study, in which the effect of liver-specific gene therapy was examined in a mouse model of severe VWD, treatment with transgenic murine VWF, which contained more than 47% of HMWM of normal murine plasma, restored in-vivo platelet adhesion and aggregation following vascular injury [104]. Moreover, liver-expressed VWF showed the full range of VWF multimers, including the HMWM, and restored FVIII plasma levels [104]. This study is purely a proof-of-concept study showing that VWF can be artificially synthesized in the liver; however, it does raise interesting questions about VWF and its relationship to the liver. Moreover, in the murine gene transfer models,

an environment is created in which the liver hepatocytes are stimulated to synthesize VWF, an effect that is not reflective of the normal physiology. Further studies are, therefore, required to explore whether such an approach can be used to induce permanent VWF expression by the liver.

VWF is not synthesized or stored in the liver [105], yet reports have appeared of reversal or alteration of VWD following liver transplantation. For example, one woman experienced a modification of her VWD from type 3 to a moderately severe type 1 following liver transplantation [106]. The authors of that report suggested that the endothelium of the vascular tree transplanted with the liver may be producing sufficient levels of VWF to maintain a normal level of FVIII by protecting it from proteolysis, thereby reducing spontaneous bleeding and the need for replacement therapy. Liver transplantation may, therefore, confer secondary benefits to both hemophilia and VWD type 3 patients [106].

Acquired von Willebrand syndrome

AVWS is a rare bleeding disorder similar to VWD that occurs when there are deficiencies in VWF concentration, structure, or function as a result of acquired conditions, typically lymphoproliferative (e.g. chronic lymphocytic leukemia), myeloproliferative (e.g. thrombocythemia), cardiovascular (e.g. aortic stenosis), immunological (e.g. hypothyroidism) and, rarely autoimmune or neoplastic diseases (e.g. Wilms tumors), or with the use of certain treatments for disease (e.g. anticonvulsants) [98,107,108]. As such, AVWS occurs in patients with no relevant familial history of bleeding [109]. Because of the wide spectrum of underlying conditions that may cause AVWS, it has a heterogeneous clinical presentation, and the syndrome is often not recognized until patients are exposed to major trauma or surgery [103]. Multiple mechanisms have been proposed to explain the pathophysiology of this hemorrhagic condition among individuals with previously normal coagulation [109]. AVWS is characterized by a reduced pool of plasma VWF, where most, although not all forms of AVWS are associated with particular reduction in the HMWM of VWF [109]. Thus, in some forms of AVWS, the multimeric pattern of VWF



Multimeric composition and structural correlation of von Willebrand factor in normal plasma (NP) and from patients with von Willebrand disease (VWD) variants: type 1, 2A, 2B, 2M, and 2N. A normal distribution shows a mixture of small, intermediate, and large multimers in equal proportions (~33% each) [27]. Direction of multimer migration from high-molecular-weight (HMW) to low-molecular-weight (LMW) is shown. Type 1 VWD shows decreased staining intensity with the presence of all multimer bands. Type 2A (phenotypes IIA, C, E, and D) displays a lack of high-molecular-weight and intermediate-molecular-weight multimers with a relative increase in the number of small multimers and an abnormal presence of satellite bands. In type 2B, only the largest multimers are missing. In types 2M and 2N, VWF multimer distribution and structure are normal, and in type 3 disease, all multimers are missing. Orange arrows indicate mutation clusters due to defects of dimerization or multimerization (type 2A). Blue arrow indicates FVIII-binding defects (type 2N). Light green arrows indicate WWF:CB defects in the A3 domain. All green arrows indicate multimers with a 'smeary' appearance: designated either as type 2M or type 1 depending on the mutant VWF functional properties. Adapted from [86].

resembles that of type 2A VWD with an absence or decreased proportion of larger VWF multimers [98,107].

In patients with AVWS and no cure for the underlying disease, treatment with DDAVP or factor concentrates rich in VWF HMWM can be considered a preferred option [110]. However, owing to the diversity of AVWS, different therapeutic options may need to be explored to determine which will provide the best response in individual cases: in many patients with lymphoproliferative disorders, VWF can be normalized for at least 1 week by infusion of high-dose immunoglobulins [111], and in others, by plasma exchange or immunoadsorption.

Consequences of elevated levels of ultralarge von Willebrand factor multimers

Accumulation of UL-VWF multimers, both in the plasma and on the surface of endothelial cells as a result of a deficiency or abnormality in ADAMTS13, can induce platelet aggregation and adhesion to the vascular endothelium. Such accumulation of UL-VWF multimers occurs in association with several conditions, such as thrombotic microangiopathies [74], inflammation and inflammatory responses [112–119], and severe malarial infection [120–122]. There is evidence that some clinical conditions involving microcirculatory thrombosis such as acute myocardial infarction [123], sepsis-induced disseminated intravascular coagulation [124], and diabetic nephropathy [125], may also be associated with increased levels of UL-VWF multimers, possibly related to a deficiency in ADAMTS13 activity.

Conclusion

VWF is an adhesive multimeric glycoprotein with an essential role in normal hemostasis. The multimeric structure of VWF is important, as the HMWM are most effective in supporting platelet adhesion and aggregation at sites of vascular injury and high shear stress, and the presence of these multimers and their hemostatic potential is closely controlled by processes governing the storage, release, and degradation of VWF. VWF has a key role in both physiological and pathophysiological conditions. Acquired or hereditary defects in the synthesis or processing of VWF HMWM result in a hemorrhagic diathesis, as seen in AVWS and type 2A VWD. In contrast, the persistence of UL-VWF due to hereditary or acquired deficiency of the VWF protease ADAMTS13

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gives rise to conditions characterized by thromboembolic complications. In conditions in which VWF HMWM are deficient or lacking, replacement concentrates containing high quantities of these hemostatically active multimers are the most effective in restoring hemostasis and in protecting patients against bleeding risks associated with surgical intervention and injury.

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Conflicts of interest

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