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Ameliorative effect of BIO-MOS® as a dietary supplementation on growth performance, physiological response, oxidative status, and immunity-linked gene expression in Nile tilapia (*Oreochromis niloticus*) fingerlings challenged with *Aeromonas hydrophila*

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ABSTRACT

Background: Mannan oligosaccharides (MOS) usage in fish production has drawn more attention because of their positive benefits on disease resistance and fish performance.

Aim: The ongoing research was executed to assess the potential advantages of Bio-Mos® dietary supplementation regarding the growth outcomes, physiological response, oxidative biomarkers, and immunity-linked gene expression in Nile tilapia (*Oreochromis niloticus*) fingerlings exposed to bacterial infection with *Aeromonas hydrophila*.

Methods: Four experimental diets were developed using a 30% protein baseline diet, with Bio-Mos® added at variable levels; 0.0, 0.5, 1, and 2 g/kg, respectively. 240 healthy Nile tilapia fingerlings were split into 4 groups at random and assigned to 12 glass aquariums (three replicates of 20 fish/treatment). Diets were admitted at a 3% rate of fish biomass/aquarium for 8 weeks. Following the feeding trial, fish from every treatment were intraperitoneally injected with pathogenic *A. hydrophila*, and then observed for 15 days to record the survival rate percent (SR%) post challenge.

Results: Results revealed significant improvement in growth performance, physiological response, immunological parameters (phagocytic index, phagocytic activity, and lysozyme), and antioxidant parameters [catalase, malondialdehyde, glutathione peroxidase (GSH-Px), and superoxide dismutase (SOD)] among Bio-Mos® treated groups. Moreover, Bio-Mos® increased the expression of tumor necrosis factor alpha and Interleukin 1β, genes linked to the liver immune system. Growth-related genes (*GHR*), antioxidant-related genes (SOD and GSH-Px). In fish subjected to pathogens, dietary MOS supplementation could significantly lower oxidative stress, showing promise as a preventative supplement for Nile tilapia in place of antibiotics. On the other hand, Bio-Mos® considerably improved each of the three intestinal morphological measures (villus width, villus length, and crypt depth), showing the best overall intestinal structure-improving impact. The challenge with *A. hydrophila* caused marked degenerative alterations in the intestine, hepatopancreas, spleen, and posterior kidney of Nile tilapia, in the control group. However, lesion severity was greatly decreased and showed marked amelioration with an increased concentration of Bio-Mos®. The *A. hydrophila*-challenged groups revealed a 100% SR% mainly among the Bio-Mos® supplemented groups.

Conclusion: It is recommended to enrich the Nile tilapia fingerlings diets with 2 g.kg⁻¹ of MOS for better results on the growth rate, physiological response, immunological response, and intestinal absorptive capacity.

Keywords: *Aeromonas hydrophila*, Immunity linked gene expression, Mannan oligosaccharide, Nile tilapia, Oxidative status.

Introduction

In respect to Egypt, aquaculture serves as the fundamental origin of fish yield. The majority of fish produced in Egypt is produced through aquaculture (Adeleke *et al.*, 2021). It accounts for 77% of the entire production of fish, with pond-based aquaculture

in the Nile Delta lakes providing 85% of this supply (Mehrim and Refaey, 2023). According to Al-Wakeel *et al.* (2019), Egypt produces roughly 73.8% of fish raised in Africa and ranks tenth globally in terms of overall cultured fish production with about a million tons produced annually (FAO, 2022).

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As a result of the expanded element of escalation and cultivated regions (Nguyen, 2008), tilapia is the dominant fish population in these ponds and records around 65% of complete aquaculture production (Dickson *et al.*, 2016). *Oreochromis niloticus*, often known as Nile tilapia, continues to be a very important extensively cultivated fish species globally (Prabu *et al.*, 2019) because of their ease of reproduction, resilience to a variety of conditions and illness, quick development, and substantial consumer demand (Elumalai *et al.*, 2019).

Merrifield *et al.* (2010) investigated that nutrition plays a critical part in fish growth, development, and maintenance of fish welfare. Prior recently, the primary protein source in tilapia diets was fish meal. Numerous experiments were compelled to enhance the flourishing exhibition and lower the costs related to the production of cultivated tilapia due to the rising cost and unstable supply of this element. This was accomplished by using probiotics or prebiotics as secure supplements that do not affect consumers or leave residues in farmed fish (Welker and Lim, 2011).

Prebiotics are dietary carbohydrates that cannot be digested and bypass the upper gastrointestinal tract. Prebiotics favorably affect the host by increasing the growth and/or initiating the metabolic process of favorable bacteria residing in the alimentary tract (Manning and Gibson, 2004). Another way they modify the composition of gut bacteria is by altering the substrate type that is available to the existing gut microbiome (FAO, 2007).

Bio-Mos[®], a feed element generated from yeast cell walls (*Saccharomyces cerevisiae*), is mannanoligosaccharides (MOS) where the primary constituents of yeast cell walls are mannans, glucans as well as chitin (Hady *et al.*, 2012). It improves digestion and gut health in animals by lessening local colonization of pathogenic microorganisms in the alimentary tract. As a prebiotic, MOS promotes healthy bacteria development in the gut, prevents harmful bacteria from conforming to and colonizing in the gut tract, and lessens the negative effects of commensal microflora metabolites which may be attributed to its binding affinity to the intestinal microorganisms through the gastrointestinal tract where the microorganisms are eliminated with excreta and the undigested MOS (Gainza and Romero, 2020).

The aquaculture sector still deals with a number of disease-related issues these days, most of which are brought on by bacteria, parasites, and viruses (Rigos *et al.*, 2021). The maintenance of fish immune competence and disease resistance while contending with rising feed prices and treatment constraints is one of the industry's most significant concerns (Yassien *et al.*, 2022). Because MOS improve fish health and disease resistance, their application in fish farming has drawn great attention in the prior 10 years (Wang *et al.*, 2022).

The goal of the ongoing research was to assess the potential advantages of Bio-Mos[®] nutritional

supplementation on the state of oxidative stress, physiological response, development performance, and immunity-linked gene expression in Nile tilapia (*O. niloticus*) fingerlings rescued by bacterial infection with *Aeromonas hydrophila*.

Materials and Methods

The ongoing investigation was executed at the fish diseases laboratory, Fac. Vet. Med., Kafrelsheikh Univ., Egypt, for 12 weeks during 2021.

Preparation of the experimental diet

A baseline (control) diet comprising fish meal, yellow maize, soybean meal, wheat bran, minerals mix, vitamins, and fish oil was prepared using commercial items (Table 1). The diet was designed to be both isonitrogenous and isocaloric, with 300 g/kg of crude protein and 12.6 MJ/kg of digestible energy. Using a feed processor, the dry materials were ground into small particles. In the case of the second, third, and fourth diets, Bio-Mos[®] was incorporated in the baseline diet at 0.5, 1, and 2 g/kg, respectively, utilizing rice bran as a filler (Bio-Mos[®] (Alltech Inc., Nicholasville, KY)). After thoroughly combining all components with a mixture of oil, water, dicalcium phosphate, minerals, and vitamins, the dough was extruded through a 2 to 3 mm die using a pelleting apparatus. The pellets were placed in a refrigerator set to 4°C after air drying. To verify the nutritional profile of the test diets, a conventional procedure was employed (AOAC, 2012). The commercial prebiotic product, Bio-Mos[®] (Alltech Inc., Nicholasville, KY), is retrieved from *S. cerevisiae* outer cell wall and contains MOS. *Saccharomyces cerevisiae* as an entire yeast cell (Probiotic), its extract (MOS-prebiotic), and its pre-probiotic mixture (Synbiotic) act as immune modulators and engines of growth in farmed *O. niloticus* (Dawson and Pirvulescu, 1999).

Experimental design

Healthy 240 Nile tilapia (*O. niloticus*) fingerlings (beginning body weight, 19.00 ± 3.00 g), got from a local private fish farm in Kafr El-Sheikh governorate, Egypt and transferred to Fish Diseases Laboratory, Faculty of Veterinary Medicine, Kafrelsheikh University. All gathered fish were housed in a fiberglass tank. Fish were acclimated to their basic food before the trial [having a level of 30% dietary protein (CP)] for 2 weeks.

Following the period of acclimatization, the fingerlings were split into 4 groups of 60, with each group being divided into 3 sets of 20 fingerlings a pond. The fingerlings were held in glass aquariums of 60 × 30 × 40 cm, that can hold 20 fish each, 70 liters of water, and a functional aeration system. First, Groups 1 (the control group) were given a commercial basal meal, while Groups 2 through 4 were given diets enriched with 0.5, 1, and 2 g/kg of Bio-Mos[®].

Feeding rates for the experimental diets were 3% of the total stocking biomass in each aquarium for a total of 8

Table 1. Composition and chemical analysis of experimental diets (on a dry matter basis).

Components	Diets			
	T1	T2	T3	T4
Fish meal (72% CP)	110	110	110	110
Soybean meal (45% CP)	360	360	360	360
Wheat bran	200	200	200	200
Yellow corn	60	60	60	60
Rice bran	200	200	199	198
Bio-Mos®	0	0.5	1	2
Fish oil	15	15	15	15
Soybean oil	15	15	15	15
Dicalcium phosphate	10	10	10	10
Vitamins mixture ^a	10	10	10	10
Minerals mixture ^b	10	10	10	10
Carboxymethyl cellulose	10	10	10	10
Total	1,000	1,000	1,000	1,000
Chemical analysis				
Dry matter	91.5	91.3	91.8	91.2
Crude protein	31.3	31.3	31.3	31.3
Ether extract	8.1	8.1	8.1	8.1
Total ash	7.33	7.37	7.3	7.31
Crude fiber	6.6	6.68	6.65	6.62
Nitrogen-free extract	46.7	46.4	46.7	46.5
Gross energy (kcal/g) ^c	4.71	4.72	4.74	4.7

(^a): Vitamin premix (per kg of premix): thiamine, 2.5 g, pyridoxine, 2.0 g, riboflavin, 2.5 g, biotin, 0.3 g, inositol, 100.0 g, folic acid, 0.75 g, pantothenic acid, 100.0 g, para-aminobenzoic acid, 2.5 g, nicotinic acid, 10.0 g, choline, 200.0 g, cyanocobalamin, 0.005 g, a-tocopherol acetate, 20.1 g, menadione, 2.0 g, retinol palmitate, 100,000 IU, cholecalciferol, 500,000 IU. (^b): Mineral premix (g/kg of premix): CaHPO₄·2H₂O, 727.2, MgCO₃·7H₂O, 127.5, KCl 50.0, NaCl, 60.0, FeC₆H₅O₇·3H₂O, 25.0, ZnCO₃, 5.5, MnCl₂·4H₂O, 2.5, Cu(OAc)₂·H₂O, 0.785, CoCl₃·6H₂O, 0.477, CaIO₃·6H₂O, 0.295, CrCl₃·6H₂O, 0.128, AlCl₃·6H₂O, 0.54, Na₂SeO₃, 0.03. (^c): Gross energy (GE) was calculated from NRC (2011) as 5.65, 9.45, and 4.11 kcal/g for protein, lipid, and carbohydrates, respectively.

weeks. Over the trial course, fish were weighed every fortnight, and the alteration in live body mass was used to adjust the feed levels. Fish wastes and excreta were removed by siphoning, and each aquarium's water was gradually refilled with fresh, dechlorinated water to make up about half of its total volume.

Two times a week, water quality attributes were checked utilizing a water analysis instrument (Lamotte device, USA). Temperature varied between (24°C–27°C), dissolved oxygen 6.5 ± 0.5 mg l⁻¹, pH 7.1 ± 0.8 , EC 219 ± 2 µ mho/cm, ammonia amended to the standard allowable limits (<0.1 mg total ammonia) and during the experimental period, the day and night photoperiods were 12:12 hours. Water quality assessments were conducted in accordance with APHA (1989) (Table 2).

Determination of fish growth parameters

After 8 weeks, an electronic balance was used to weigh each fish (20 fish per replicate).

All growth parameters; average daily gain (ADG), specific growth rate (SGR), total weight gain, protein efficiency ratio, feed conversion ratio (FCR), and survival rate percent (SR%) were computed utilizing techniques stated by Magouz *et al.* (2019).

Hematological and biochemical parameters

All fish were starved 24 hours before the final sampling. For hematological examination, a dose of 100 mg/l of tricaine methane sulfonate was used to anesthetize fish to avoid stress during sampling (Dawood *et al.*, 2020). Nine fishes were randomly sampled and weighed from every group (3 fishes/every replicate). Blood was collected, utilizing syringes with a 5 ml gauge,

Table 2. Water quality parameters measured in the current study.

Parameters	T1	T2	T3	T4
	Control	Bio-Mos® 0.5% (0.5 g/kg Feed)	Bio-Mos® 1% (1 g/kg Feed)	Bio-Mos® 2% (2 g/kg Feed)
Salinity (ppt)	10	10	10	10
Temperature (°C)	24.3 ± 0.32 ^b	25.9 ± 0.09 ^a	26.3 ± 0.03 ^a	26.9 ± 0.02 ^a
pH	7.8 ± 0.01 ^a	7.9 ± 0.62 ^a	8.02 ± 0.31 ^a	8.02 ± 0.48 ^a
Dissolved oxygen (mg/l)	6.5 ± 0.81 ^a	6.4 ± 0.33 ^a	6.8 ± 0.32 ^a	7.1 ± 0.23 ^a
NH3 (mg/l)	0.01 ± 0.01	0.01 ± 0.01	0.01 ± 0.02	0.01 ± 0.01
NH4	0.25 ± 0.32 ^b	0.38 ± 0.48 ^a	0.39 ± 0.81 ^a	0.41 ± 0.73 ^a
NO ₂	0.042 ± 0.43 ^a	0.037 ± 0.22 ^a	0.040 ± 0.52 ^a	0.046 ± 0.62 ^a

(T1): control with non-prebiotic diet; (T2): 0.5 % Bio-Mos® diet; (T3): 1% Bio-Mos® diet; (T4): 2% Bio-Mos® diet.

from the caudal blood vessels. Blood samples were split in half. Half of the blood was used right away for differential leukocyte count and hematological analysis after being stored in tubes that had been EDTA-heparinized. According to Urbinate and Carneiro (2006), blood samples taken from three to four fish were combined due to the tiny size of the fish. White blood cells (WBCs × 10³/mm), red blood cells (RBCs × 10⁶/mm), hemoglobin concentration (Hb g/dl), packed cell volume (PCV%), mean corpuscular hemoglobin concentration (MCHC), and mean corpuscular volume (MCV) were determined as stated by Magouz *et al.* (2019).

To obtain serum, the leftover blood was stored in non-heparinized tubes. Taken samples underwent centrifugation (SCIOGEX, Model: DM0412, USA) at 1,008 × g/15 minutes at 4°C after 2 hours. The serum was then separated and stored at -20°C for additional analysis. A thin blood film was created, let to air dry, fixed for 3–5 minutes with methanol, and then stained for 8–10 minutes with Giemsa stain. It was then scrubbed utilizing distilled water and let to dry. Differential WBC counts were done in accordance with Thrall *et al.* (2012). Albumins, total serum proteins, serum alanine aminotransferase (ALT), serum aspartate aminotransferase (AST), urea, uric acid, and creatinine analyses were estimated as previously stated (Moustafa *et al.*, 2019).

Determination of immune parameters

a- Phagocytic index (PI) and phagocytic activity (PA): The PI was estimated following Moustafa *et al.* (2019). However, PA was estimated with reference to Kawahara *et al.* (1991).

b- Serum lysozyme activity:

Serum Lysozyme activity was investigated in light of the Gram-positive lysozyme delicate lyophilized bacterium, *Micrococcus lysodeikticus*, (Sigma, St. Louis, MO) using the method outlined by Demers and Bayne (1997).

- c- Superoxide dismutase (SOD) was colorimetrically determined following Nishikimi *et al.* (1972).
- d- Catalase (CAT) activity was carried out by spectrophotometric verification of hydrogen peroxide (H₂O₂), as previously prescribed (Aebi, 1984).
- e- Glutathione peroxidase (GSH-Px) was ascertained utilizing the technique performed by Prieto *et al.* (1999).
- f- Lipid peroxide (Malondialdehyde) (MDA): was colorimetrically detected following Satoh (1978) and Ohkawa *et al.* (1979).

Challenge with *A. hydrophila*

The purpose of the experimental infection was to ascertain how Bio-Mos® feed supplementation affected the fingerlings of *O. niloticus*' ability to fend off *Aeromonas hydrophila* bacterial infection. According to Li *et al.* (2011), an intraperitoneal injection containing 0.2 ml of fresh culture suspension of *A. hydrophila* (3 × 10⁷ CFU) was used for the experimental infection. Daily mortalities have been documented for 15 days after infection.

The concentration of *A. hydrophila* strain per 1 ml and the dosage for the experimental investigations were estimated using the drop plate method (Cruickshank, 1975). For plate counts on TSA, a 24-hour colony culture of the *A. hydrophila* strain was employed. After being lifted up and suspended in sterile saline through a 10-fold serial dilution, the colonies were incubated for 24 hours at 28°C. The dilutions (10² to 10⁷ CFU) were only used. Every group received an intraperitoneal injection of 0.5 ml per fish for every bacterial dilution. For 2 weeks following injection, every fish was housed for observation. Ibrahim *et al.* (2011) stated that the fatalities were documented twice a day. The recently deceased fish were relocated for a more thorough investigation. Per Reed and Muench (1938), the LD₅₀ (the dosage that kills 50% of the inoculated fish) was determined.

Table 3. Primers sequences of genes analyzed in real-time PCR.

Target genes	Forward primer	Reverse primer	Accession No.
<i>β. Actin</i>	CAGCAAGCAGGAGTACGATGAG	TGTGTGGTGTGTGGTTGTTTTG	EU887951.1
<i>IL-1B</i>	CAAGGATGACGACAAGCCAACC	AGCGGACAGACATGAGAGTGC	XM_003460625.2
<i>TNF-α</i>	GGAAGCAGCTCCACTCTGATGA	CACAGCGTGTCTCCTTCGTTCA	JF957373.1
<i>SOD</i>	CCCTACGTCAGTGCAGAGAT	GTCACGTCTCCCTTTGCAAG	JF801727.1
<i>GPX</i>	CGCCGAAGGTCTCGTTATTT	TCCCTGGACGGACATACTT	NM_001279711.1
<i>GHR</i>	CAGACTTCTACGCTCAGGTC	CTGGATTCTGAGTTGCTGTC	AY973232.1

Gene expression analysis

Following the guidelines provided by the manufacturer, the process of extracting total RNA was carried out utilizing the TRIzol reagent (Life Technologies, Gaithersburg, MD). Using the MultiScribe RT enzyme kit (Applied Biosystems, Foster City, CA), the cDNA was generated right away. Three separate real-time PCR analyses were performed on the resulting cDNA. Power SYBR Green PCR Master Mix (Applied Biosystems, Life Technologies, CA) was used to conduct real-time PCR studies using a 7,500 real-time PCR System (Applied Biosystems, Foster City, CA). Comparing the various genes' relative fold changes in mRNA expression to the control was done. β -actin, a standard house-keeping gene, expression was utilized to standardize the fold change in mRNA expression of the assessed genes. Table 3 provides the accession codes and primer sequences for genes.

Histopathological examinations

Following deep anesthesia with 40% ethyl alcohol, tissue samples were collected from the anterior section of the intestine, the hepatopancreas, the kidney, and the spleen from five randomly chosen fish from each treatment (0%, 0.05%, 0.10%, and 0.20% of Bio-Mos®) both before and after the fish were infected with *A. hydrophila*. Ethyl alcohol was provided in ascending levels of concentrations (70% to 100% alcohol) for dehydration after being fixed for 24 to 48 hours in a 10% neutral buffer formaldehyde solution. After being cleaned in xylene, the dehydrated samples were embedded in paraffin wax. Following Bancroft and Gamble (2007), sections of 4–5 μ m thickness were stained with hematoxylin and eosin (HandE), and inspected under a light microscope for histopathological and morphometric examination.

Morphometry of intestinal villi

With the aid of image analysis software (NIH, Bethesda, MD), the intestinal villi's width, length, and crypt depth, along with their surface area, were assessed. A total of ten villi and villus-associated crypts were randomly selected from each of the five intestinal cross-sections. A one-way analysis of variance (ANOVA) was performed on the gathered data using SPSS version 22, SPSS Inc., Chicago, IL. At p 0.05, the accepted level of significance was established. All data are displayed in the form of means \pm standard error (SE).

Statistical analysis

The effects of dietary MOS, challenge, and their interactions were tested using two-way ANOVA. Once the interaction between the two factors was identified, one-way ANOVA was used to examine each of the four groups for every level of the two factors combined. Tukey-Kramer was used to compare each group's data to that of the control group, as well as to examine variations within the same group and between sampling periods for every parameter. One-way ANOVA tests (SPSS version 22, SPSS Inc., Chicago, IL) were used to evaluate all statistical differences, and the Duncan *post-hoc* test was used where there were differences across experimental groups. At $p < 0.05$, the significance level was deemed acceptable. The presentation of all data is as means \pm SE.

Ethical approval

The ongoing research complied with all relevant laws and guidelines of the Animal Ethics Committee of Kafrelsheikh University, Egypt (KFS-IACUC/137/2023) with regard to techniques, animal care, and experimental protocol.

Results

In the present research, Nile tilapia fingerlings physiological responses to Bio-Mos® were investigated through assurance of fish growth, and hematological, biochemical, and immune parameters.

Growth performance

In the ongoing research, the impact of the utilized prebiotic on *O. niloticus* growth responses to Bio-Mos® was evaluated. It was found that all treated groups showed increased ADG, SGR, fish final weight, weight gain %, and feed intake with the T4 group showing the highest values in comparison to the control group (T1) ($p < 0.05$), as shown in Table 4. In addition, the impact of Bio-Mos® on food conversion rate (FCR) was summarized. It was found that, in comparison to the control group (T1), the T3 and T4 groups had the best food conversion rate values ($p < 0.05$) (Table 4). SR% was 100% in all groups.

Hematological parameters

RBCs showed no appreciable difference in hematological features across the groups. PCV was noticeably lowered in groups (T2 and T3) as opposed to the control group ($p < 0.05$), with the exception of

Table 4. The effect of Bio-Mos® on growth performance of *O. niloticus*.

Growth performance	T1	T2	T3	T4
Initial fish weight(g)	20.13 ± 0.22 ^a	19.97 ± 0.18 ^a	20.10 ± 0.06 ^a	19.93 ± 0.09 ^a
Final fish weight (g)	32.77 ± 0.25 ^c	39.85 ± 0.85 ^b	41.17 ± 0.19 ^{ab}	41.90 ± 0.42 ^a
Weight gain (g)	12.63 ± 0.34 ^c	19.88 ± 0.74 ^b	21.07 ± 0.25 ^{ab}	21.97 ± 0.48 ^a
Weight gain %	62.79 ± 2.24 ^c	99.56 ± 3.33 ^b	104.82 ± 1.53 ^{ab}	110.24 ± 2.79 ^a
SGR, %/fish/day	1.08 ± 0.03 ^c	1.53 ± 0.04 ^b	1.59 ± 0.08 ^{ab}	1.65 ± 0.03 ^a
Feed intake	27.14 ± 0.20 ^c	28.17 ± 0.46 ^b	29.34 ± 0.05 ^a	29.43 ± 0.11 ^a
FCR	2.15 ± 0.07 ^a	1.42 ± 0.04 ^b	1.39 ± 0.01 ^b	1.34 ± 0.02 ^b
ADG	28.33 ± 0.67 ^c	44.33 ± 1.76 ^b	47.00 ± 0.58 ^{ab}	49.00 ± 1.00 ^a
Fish biomass (g)	655.33 ± 4.91 ^c	797.00 ± 17.04 ^b	823.33 ± 3.84 ^{ab}	838.07 ± 8.45 ^a
Initial number	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00
Final number	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00
Fish survival (%)	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®); (SGR): Specific growth rate; (ADG): Average daily gain; (FCR): Feed conversion rate.

Table 5. Effect of Bio-Mos® on hematological parameters of *O. niloticus*.

Parameters	T1	T2	T3	T4
RBCs ($\times 10^6/\text{mm}^3$)	2.28 ± 0.01 ^a	2.17 ± 0.01 ^a	2.20 ± 0.02 ^a	2.22 ± 0.06 ^a
Hb (g/100 ml)	6.37 ± 0.40 ^b	6.52 ± 0.31 ^b	6.11 ± 0.25 ^b	7.11 ± 0.04 ^a
PCV (%)	21.33 ± 0.88 ^a	19.33 ± 0.33 ^b	20.00 ± 0.58 ^b	21.67 ± 0.33 ^a
MCV	92.65 ± 0.05 ^b	90.21 ± 1.84 ^c	92.29 ± 2.37 ^b	97.37 ± 1.24 ^a
MCH	27.98 ± 0.48 ^c	29.72 ± 1.62 ^b	28.02 ± 1.24 ^b	31.90 ± 0.75 ^a
MCHC	30.36 ± 0.46 ^b	33.03 ± 1.14 ^a	31.87 ± 2.15 ^a	33.18 ± 0.28 ^a

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®); (RBCs): Red Blood Cells; (HB): Haemoglobin; (PCV): Packed Cell Volume; (MCV): Mean corpuscular volume; (MCH): Mean corpuscular hemoglobin; (MCHC): Mean corpuscular hemoglobin concentration.

the T4 group, where there were no obvious differences. The T4 group experienced a large rise in Hb, MCV, and MHC as opposed to the control group, while in MCHC all treatment groups exhibited a noticeable increase ($p < 0.05$) (Table 5).

Concerning differential leukocytic count, the findings showed no noticeable change between the T2 and T3 groups and a considerable elevation ($p < 0.05$) in the heterophil%. In comparison to the T2 and T3 groups, T4 exhibited a substantial ($p < 0.05$) decline. Lymphocyte% was significantly decreased ($p < 0.05$) in T2 and T3 groups as opposed to the T1 and there were no noticeable differences between T2 and T3 groups, and no noticeable variation between T4 and T1 was obvious. The results for monocyte and eosinophil% did not reveal any appreciable variations among the treated groups. While there were no significant changes between T3 and T1, basophil% was noticeably greater

($p < 0.05$) in the T2 group as opposed to T1 while it was noticeably lower ($p < 0.05$) in the T4 group (Table 6).

Biochemical analysis

According to data presented in Table 7, globulin levels and total protein in the T4 group exhibited a noticeable increase as opposed to the other treatment groups and the control group ($p < 0.05$), whereas albumin levels in all groups showed no appreciable changes. In contrast to other treated groups, the T4 group showed a noticeable decrease in ALT level ($p < 0.05$), while there were no changes in AST levels across all groups. When opposed to other treatment groups, the outcomes for urea and uric acid revealed a considerable drop ($p < 0.05$), especially in the T4 group, and the levels of creatinine in all groups remained unchanged.

Immunological and antioxidant parameters

Regarding immunological measures, there was a slight increase in the T4 group as opposed to the control group,

Table 6. Effect of Bio-Mos® on the differential leukocytic count of *O. niloticus*.

Parameters	T1	T2	T3	T4
Heterophil (%)	13.67 ± 2.03 ^b	15.67 ± 0.33 ^a	16.67 ± 0.33 ^a	12.00 ± 1.73 ^c
Lymphocyte (%)	77.67 ± 3.18 ^a	75.00 ± 0.00 ^b	75.67 ± 0.33 ^b	78.11 ± 2.03 ^a
Monocyte (%)	6.60 ± 0.00 ^a	6.67 ± 0.33 ^a	6.67 ± 0.33 ^a	6.67 ± 0.33 ^a
Eosinophil (%)	1.67 ± 0.88 ^a	1.60 ± 0.00 ^a	1.65 ± 0.58 ^a	1.67 ± 0.33 ^a
Basophil (%)	1.67 ± 0.33 ^b	2.00 ± 0.00 ^a	1.67 ± 0.33 ^b	0.67 ± 0.33 ^c
Heterophil	1.71 ± 0.13 ^a	1.59 ± 0.02 ^{ab}	1.73 ± 0.01 ^a	1.43 ± 0.13 ^{abc}
Lymphocyte	10.26 ± 1.11 ^a	7.71 ± 0.03 ^b	7.90 ± 0.06 ^b	9.75 ± 0.80 ^{ab}
Monocyte	0.79 ± 0.06 ^{cd}	0.67 ± 0.03 ^{dc}	0.58 ± 0.03 ^c	0.80 ± 0.08 ^{cd}
Eosinophil	0.17 ± 0.01 ^a	0.10 ± 0.00 ^{ab}	0.11 ± 0.06 ^{ab}	0.18 ± 0.03 ^a
Basophil	0.19 ± 0.02 ^{ab}	0.21 ± 0.00 ^a	0.16 ± 0.03 ^{abc}	0.06 ± 0.03 ^{cd}

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®).

Table 7. Effect of Bio-Mos® on biochemical analysis of *O. niloticus*.

Parameters	T1	T2	T3	T4
ALT (U/l)	7.22 ± 0.15 ^a	7.32 ± 0.02 ^a	7.28 ± 0.01 ^a	7.11 ± 0.14 ^b
AST (U/l)	70.37 ± 2.92 ^a	68.37 ± 0.30 ^a	66.12 ± 2.31 ^a	70.39 ± 0.54 ^a
Total protein (g/dl)	2.76 ± 0.03 ^b	2.77 ± 0.04 ^b	2.76 ± 0.03 ^b	2.95 ± 0.09 ^a
Albumin (g/dl)	1.15 ± 0.03 ^a	1.17 ± 0.03 ^a	1.15 ± 0.01 ^a	1.17 ± 0.01 ^a
Globulin (g/dl)	1.72 ± 0.05 ^{bc}	1.60 ± 0.01 ^c	1.61 ± 0.01 ^c	1.78 ± 0.08 ^{ab}
Urea (mg/dl)	4.06 ± 0.02 ^{abc}	4.11 ± 0.01 ^a	4.12 ± 0.01 ^{ab}	4.07 ± 0.04 ^{abc}
Creatinine (mg/dl)	0.32 ± 0.01 ^a	0.32 ± 0.02 ^a	0.30 ± 0.03 ^a	0.29 ± 0.03 ^a
Uric acid (mg/dl)	1.87 ± 0.06 ^a	1.83 ± 0.03 ^b	1.82 ± 0.05 ^b	1.79 ± 0.06 ^c

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®); (ALT): Alanine aminotransferase; (AST): Aspartate aminotransferase.

although PA was dramatically lessened in the T2 and T3 groups as opposed to the control group ($p < 0.05$). The PI failed to detect any difference between the groups. As shown in Table 8, lysozyme activity noticeably decreased in the T2 and T3 groups in contrast to the T4 group as opposed to the control group ($p < 0.05$). The antioxidant activity revealed that CAT, GSH-Px, and SOD activities were raised in all treatment groups, with the T4 group having the greatest value when opposed to the control group ($p < 0.05$). MDA activity increased in the T2 and T3 groups, but it dramatically lessened in the T4 group ($p < 0.05$).

Antioxidant activity after experimental challenge with *A. hydrophila*

SOD activity was noticeably higher in the T4 group as opposed to the control group, while CAT and GSH-Px activities were up in all treatment groups, with the T4 group having the highest value ($p < 0.05$). MDA did not differ noticeably between the T2 and T3 groups and the control group; however, the T4 group experienced a sharp decline ($p < 0.05$). The *A. hydrophila* challenged

groups indicated a 100% SR% mainly among the Bio-Mos® supplemented groups (Table 9).

Relative gene expression

Liver showed upregulation of mRNA expression of growth hormone receptor (GHR), GSH-Px and SOD in T2 and T3 groups supplemented with 0.5 and 1 mg/kg Bio-Mos® in relation to other treated groups ($p < 0.05$), while there is no noticeable differences among T2 and T3 groups supplemented with 0.5 and 1 mg/kg Bio-Mos®, (Figs. 1–3).

Liver showed upregulation of mRNA expression of tumor necrosis factor alpha (TNF- α) in T2 and T3 groups supplemented with 0.5 and 1 mg/kg Bio-Mos® in relation to other treated groups ($p < 0.05$), while there is no noticeable variations between T2 and T3 groups supplemented with 0.5 and 1 mg/kg Bio-Mos®, post challenge with *A. hydrophila*, while there is no noticeable differences between the all treated groups fed with Bio-Mos® and the control group, before the challenge with *A. hydrophila* (Fig. 4). Interleukin 1 β (IL-1 β) was noticeably upregulated in fish of T2 and T3 groups supplemented

Table 8. Effect of Bio-Mos® on immunity and oxidative status of *O. niloticus*.

Parameters	T1	T2	T3	T4
PA	8.73 ± 0.33 ^b	8.17 ± 0.04 ^c	8.16 ± 0.02 ^c	8.77 ± 0.32 ^a
PI	1.23 ± 0.13 ^b	1.07 ± 0.02 ^b	1.05 ± 0.00 ^b	1.20 ± 0.06 ^b
lysozyme (u/ml)	8.59 ± 0.25 ^b	8.12 ± 0.01 ^c	8.27 ± 0.00 ^c	8.68 ± 0.21 ^a
SOD (IU/l)	12.30 ± 0.03 ^c	12.88 ± 0.08 ^b	12.90 ± 0.05 ^b	13.37 ± 0.18 ^a
CAT (IU/l)	20.22 ± 0.07 ^c	20.78 ± 0.11 ^b	20.80 ± 0.08 ^b	21.43 ± 0.16 ^a
GSH-Px (IU/l)	24.29 ± 0.07 ^c	25.25 ± 0.15 ^b	25.02 ± 0.11 ^b	25.75 ± 0.06 ^a
MDA (IU/l)	31.39 ± 0.10 ^b	32.45 ± 0.04 ^a	32.36 ± 0.05 ^a	30.31 ± 0.07 ^c

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®); (SOD):Superoxide dismutase; (CAT): Catalase; (GSH-Px): Glutathione peroxidase; (MDA): Malondialdehyde.

Table 9. Effect of Bio-Mos® on oxidative status of *O. niloticus* after challenge with *A. hydrophila*.

Parameters	T1	T2	T3	T4
SOD (IU/l)	12.75 ± 0.27 ^b	12.46 ± 0.13 ^b	12.69 ± 0.16 ^b	14.01 ± 0.19 ^a
CAT (IU/l)	20.19 ± 0.06 ^c	20.60 ± 0.14 ^b	20.80 ± 0.14 ^b	22.18 ± 0.25 ^a
GSH-Px (IU/l)	25.14 ± 0.05 ^d	25.58 ± 0.02 ^d	25.29 ± 0.14 ^d	26.85 ± 0.22 ^b
MDA (IU/l)	33.57 ± 0.05 ^a	33.64 ± 0.06 ^a	33.25 ± 0.04 ^a	29.39 ± 0.31 ^b
SR%	50%	100%	100%	100%

The data represent the mean ± SE. The values with an alternative superscript on the same row denote notable variations ($p < 0.05$). (T1): (control group); (T2): (0.5% Bio-Mos®); (T3): (1% Bio-Mos®); (T4): (2% Bio-Mos®); (SOD): Superoxide dismutase; (CAT): Catalase; (GSH-Px): Glutathione peroxidase; (MDA): Malondialdehyde.

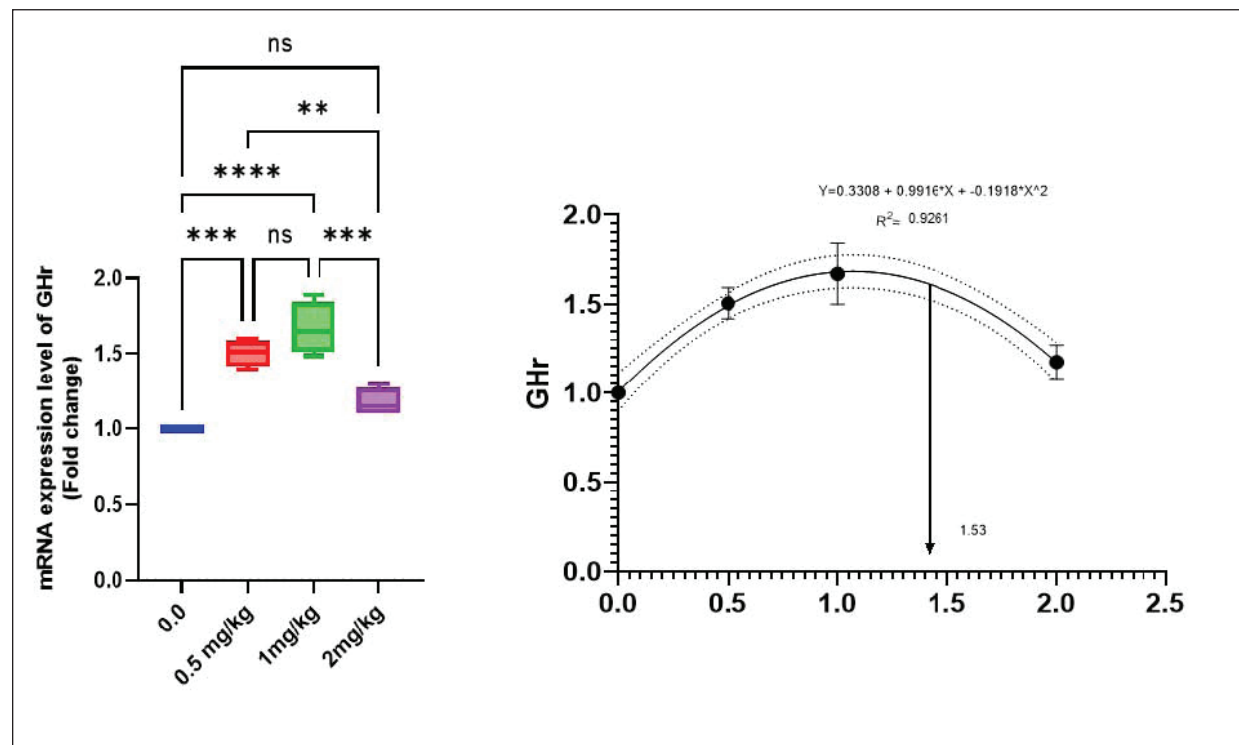


Fig. 1. Gene expression of the liver (GHR) of Nile tilapia in different groups fed diets with different doses of Bio-Mos® for 8 weeks. * indicate significant differences between groups ($p < 0.05$), ns = indicate no significant differences between groups.

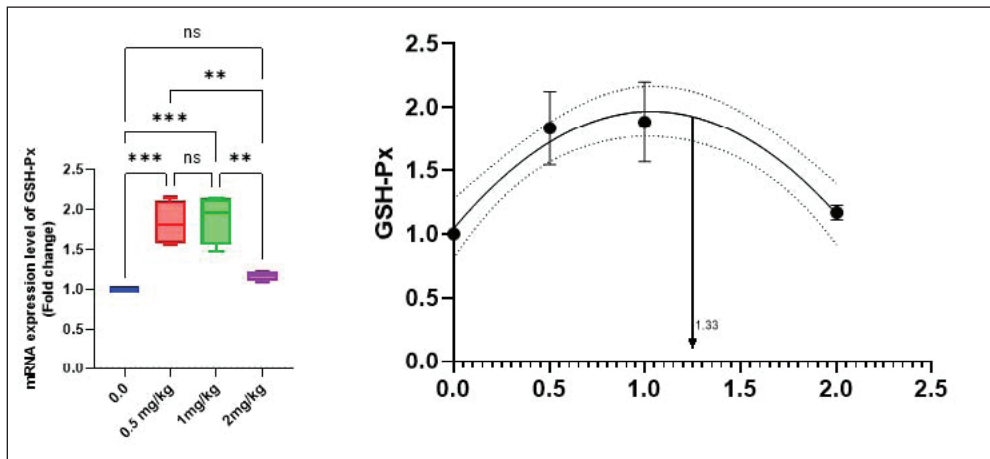


Fig. 2. Gene expression of the liver (SOD) of Nile tilapia in different groups fed diets with different doses of Bio-Mos® for 8 weeks. * indicate significant differences between groups ($p < 0.05$), ns = indicate no significant differences between groups.

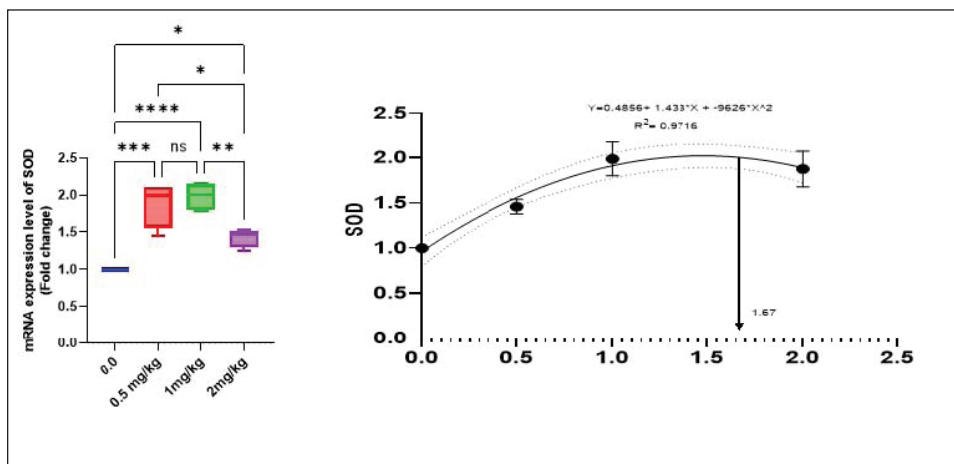


Fig. 3. Gene expression of liver GSH-Px of Nile tilapia in different groups fed diets with different doses of Bio-Mos® for 8 weeks. * indicate significant differences between groups ($p < 0.05$), ns = indicate no significant differences between groups.

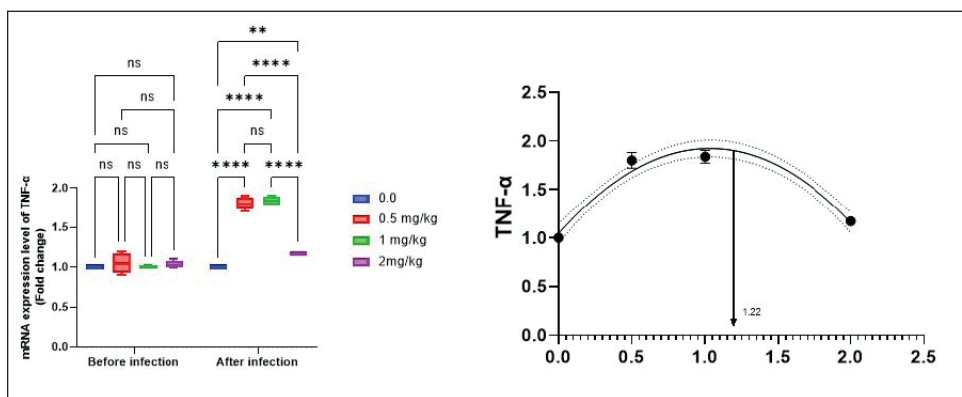


Fig. 4. Gene expression of liver (TNF- α) of Nile tilapia pre and post challenge with *A. hydrophila* in different groups fed diets with different doses of Bio-Mos® for 8 weeks. * indicate significant differences between groups ($p < 0.05$), ns = indicate no significant differences between groups.

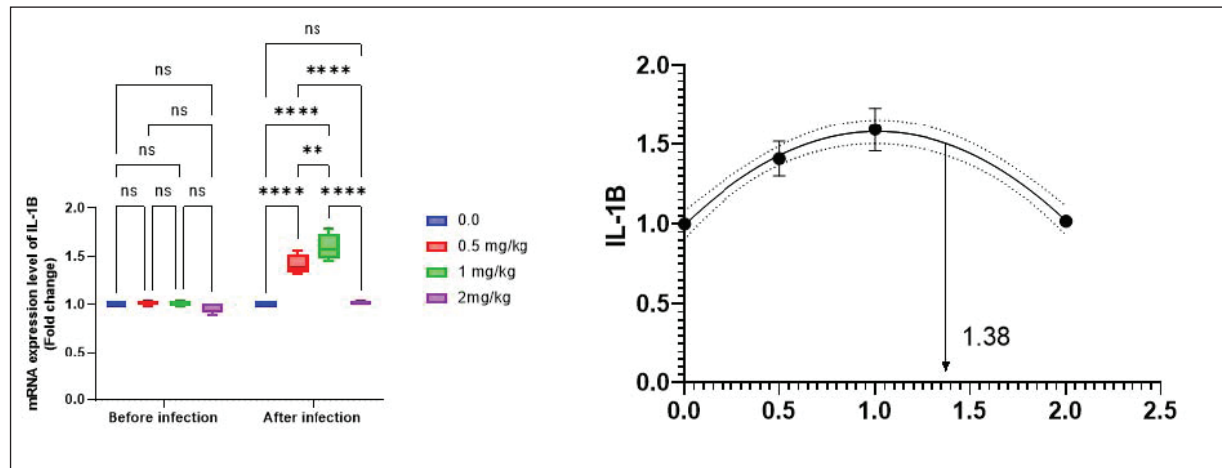


Fig. 5. Gene expression of liver (IL-1 β) of Nile tilapia pre and post challenge with *A. hydrophila* in different groups fed diets with different doses of Bio-Mos[®] for 8 weeks. * indicate significant differences between groups ($p < 0.05$), ns = indicate no significant differences between groups.

Table 10. Morphometric analysis of the intestine of *O. niloticus* fed on diets containing different levels Bio-Mos[®].

Groups	Bio-Mos [®] 0.00%	Bio-Mos [®] 0.05%	Bio-Mos [®] 0.10%	Bio-Mos [®] 0.20%	<i>p. value</i>
Parameters					
Villi length (μm)	167.0 \pm 9.09 ^c	216.0 \pm 9.80 ^c	392.6 \pm 24.69 ^a	273.0 \pm 8.80 ^b	<0.0001
Crypt depth (μm)	24.20 \pm 2.26 ^b	21.83 \pm 1.99 ^b	41.51 \pm 3.26 ^a	22.91 \pm 1.98 ^b	<0.0001
villi width (μm)	52.62 \pm 2.86 ^c	65.67 \pm 3.77 ^{bc}	87.44 \pm 5.48 ^a	76.32 \pm 4.10 ^{ab}	<0.0001
Villi length/crypt depth	6.91 \pm 0.71 ^c	9.19 \pm 0.52 ^{ab}	11.14 \pm 0.56 ^a	10.26 \pm 0.41 ^{ab}	<0.0001
Villi surface area (μm^2)	9,583 \pm 639.7 ^c	10,861 \pm 820.3 ^c	29,499 \pm 1770 ^a	17,707 \pm 819.5 ^b	<0.0001

The presented data represent the mean \pm SE. The values with different superscripts in the same row indicate significant differences ($p < 0.05$).

with 0.5 and 1 mg/kg Bio-Mos[®], post challenge with *A. hydrophila* in relation to other treated groups, with the highest level of (IL-1 β) in T3 group supplemented with 1 mg/kg Bio-Mos[®] ($p < 0.05$), while there are no noticeable changes among the all treated groups supplemented with Bio-Mos[®] and the control group, before the challenge with *A. hydrophila* (Fig. 5).

Histopathological findings

Intestinal morphometric analysis of pre-challenged groups revealed a noticeable increase in villi length, width, crypt depth, villi length/crypt depth, and villi surface area in a dose-dependent pattern especially 0.10% Bio-Mos[®] group than the other treated groups as illustrated in Table 10. Moreover, the 0.10% and 0.20% Bio-Mos[®] groups showed increased branching of intestinal villi as opposed to the other groups.

The histopathological examination of the intestine of fish challenged with *A. hydrophila* shows marked degenerative changes and necrosis in the intestinal villi and sloughing of the apical epithelium into the intestinal lumen especially 0.0% Bio-Mos[®] group while the intestine of the other groups shows a marked decrease in the degenerative changes in the

intestinal villi especially in 0.10% and 0.20% Bio-Mos[®] groups compared with 0.05% Bio-Mos[®] group (Fig. 6).

The hepatopancreas of pre-challenged groups shows the normal architecture of the liver with polyhedral-shaped hepatocytes separated by hepatic sinusoids and radiating from a central vein and intact pancreatic acini. On the other hand, the hepatopancreas of the 0.0% Bio-Mos[®] challenged group shows severe vacuolar degeneration and a large focal area of necrosis in hepatic and pancreatic tissue in addition to severe congestion in hepatic and pancreatic blood vessels. The severity of the lesion shows marked amelioration in both hepatic and pancreatic tissue with increased concentration of Bio-Mos[®] (Fig. 7).

The histopathological examinations of the posterior kidney of pre-challenged groups show the normal architecture of the kidney with intact glomeruli and renal tubules with interstitial hematopoietic tissue. The kidney of the 0.0% Bio-Mos[®] challenged group shows severe degenerative changes and necrosis of renal glomeruli and tubular epithelium, interstitial edema, and congestion of renal blood vessels. The

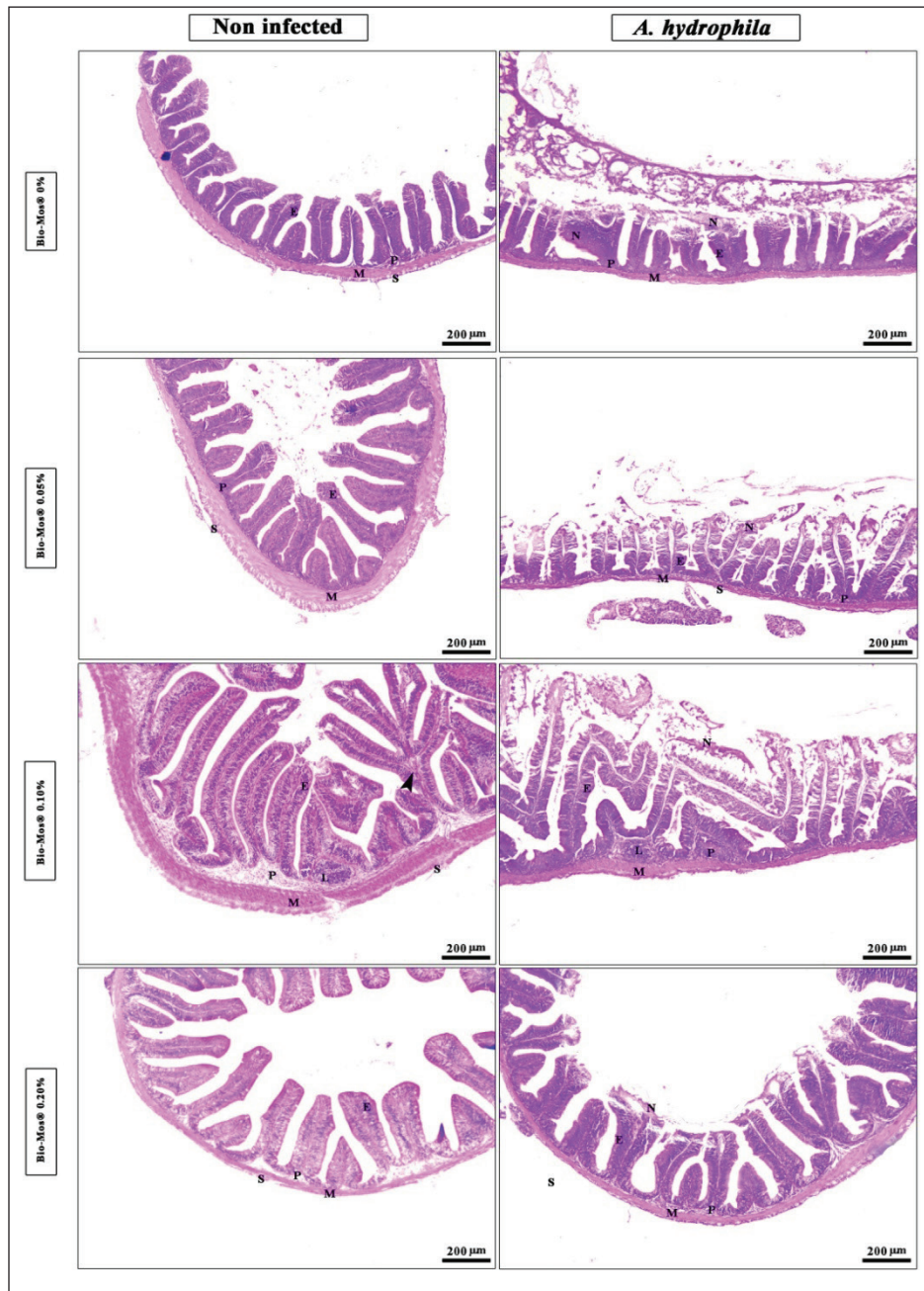


Fig. 6. Photomicrograph of HandE stained panel of anterior part of intestine of *O. niloticus* fed on ration contained 0%, 0.05%, 0.10%, and 0.20% of Bio-Mos® pre and post-challenge with *A. hydrophila* showing intestinal villi lined with simple columnar cells of lamina epithelialis (E), lamina propria (P), muscular layer (M), tunica serosa (S), branched alveoli (arrow head), areas of necrosis and sloughing of intestinal villi (N), in addition to lymphocytic aggregation in the lamina propria (L).

aforementioned lesions gradually decreased with an increased concentration of Bio-Mos® (Fig. 8).

The histopathological examinations of the spleen of pre-challenged groups show the normal architecture of the spleen with mixed red and white pulp, ellipsoids, and melanomacrophage centers. The spleen of the 0.0%

Bio-Mos® challenged group shows severe degenerative changes and necrosis, depletion of white pulp, increase in melanomacrophage centers interstitial edema, and congestion of splenic blood vessels. The previously mentioned degenerative changes were greatly decreased with increased concentration of Bio-Mos® (Fig. 9).

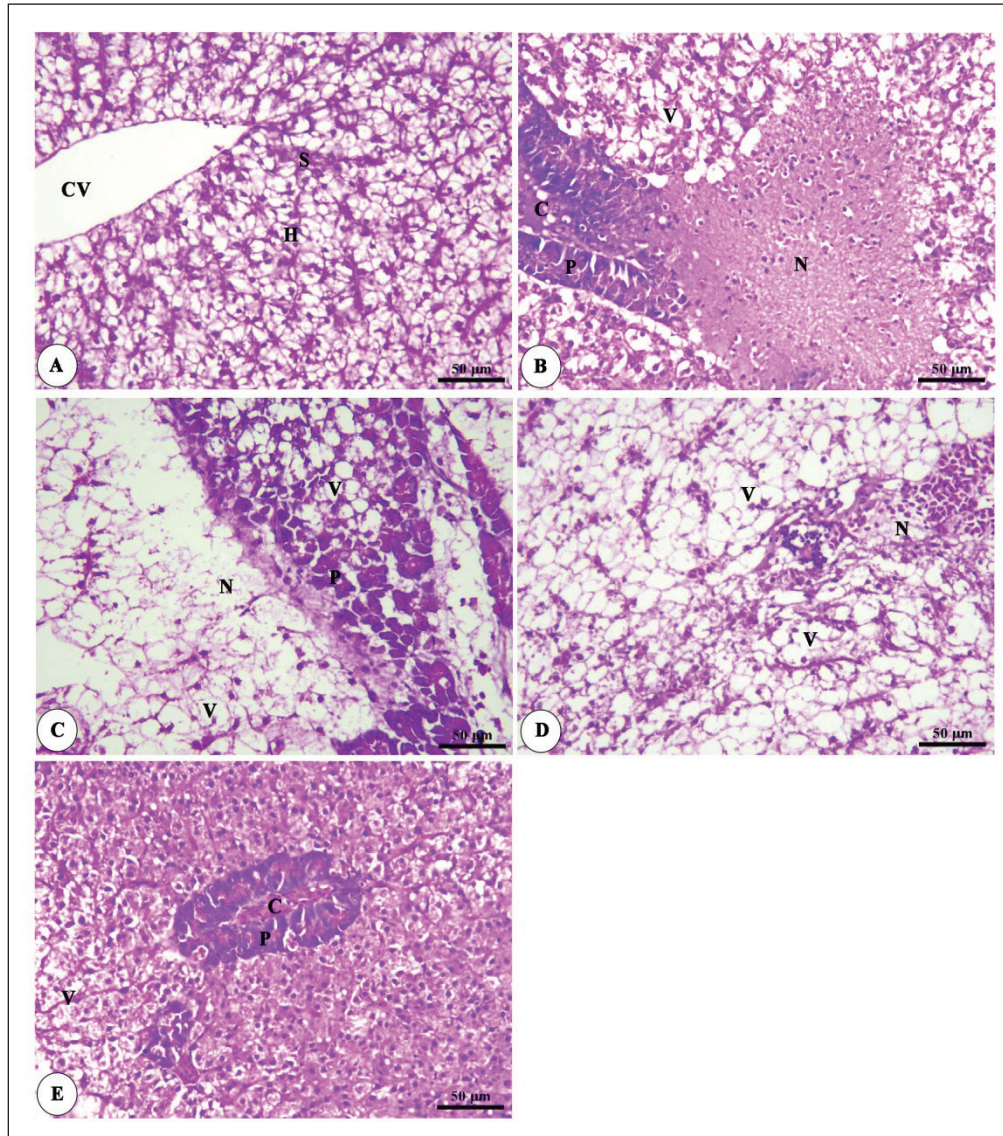


Fig. 7. Photomicrograph of HandE stained panel of hepatopancreas of *O. niloticus* pre-challenge (A) and post-challenge with *A. hydrophila* fed on ration contained 0% (B), 0.05% (C), 0.10% (D) and 0.20% (E) of Bio-Mos® showing central vein (CV), hepatocytes (H), blood sinusoids (S), pancreatic acini (P), focal areas of necrosis (N), vacuolar degeneration (V), and congestion of blood vessels (C).

Discussion

A functional dietary supplement is a key managerial tool for improving the resistance of farmed fish against infectious diseases, as well as improving the overall growth parameters (Dawood *et al.*, 2017). Antibiotic application in aquaculture has raised public concerns due to the increased danger of antibiotic-resistant bacteria emerging in these ecosystems, which is detrimental to aquaculture as well as consumers, terrestrial animals, and the environment (Ghiasi *et al.*, 2021). Inclusion of prebiotics in response to the worldwide need for safe food as natural substitute growth accelerators to be preferential to antibiotic

therapy, which improved fish resistance and reduced mortalities associated with pathogens infection (Ahmad *et al.*, 2015).

Growth performance

In the present research, all evaluated growth parameters were raised in prebiotic-treated groups having the greatest values in the T4 group (fed on Bio-Mos® 2g/kg); these findings may be due to the fish's improved feed utilization. The obtained growth parameters findings are in accordance with those previously investigated (Samuel *et al.*, 2017). However, they conflict with those published by Peterson *et al.* (2010) who revealed that the feed conversion ratio and growth outcomes

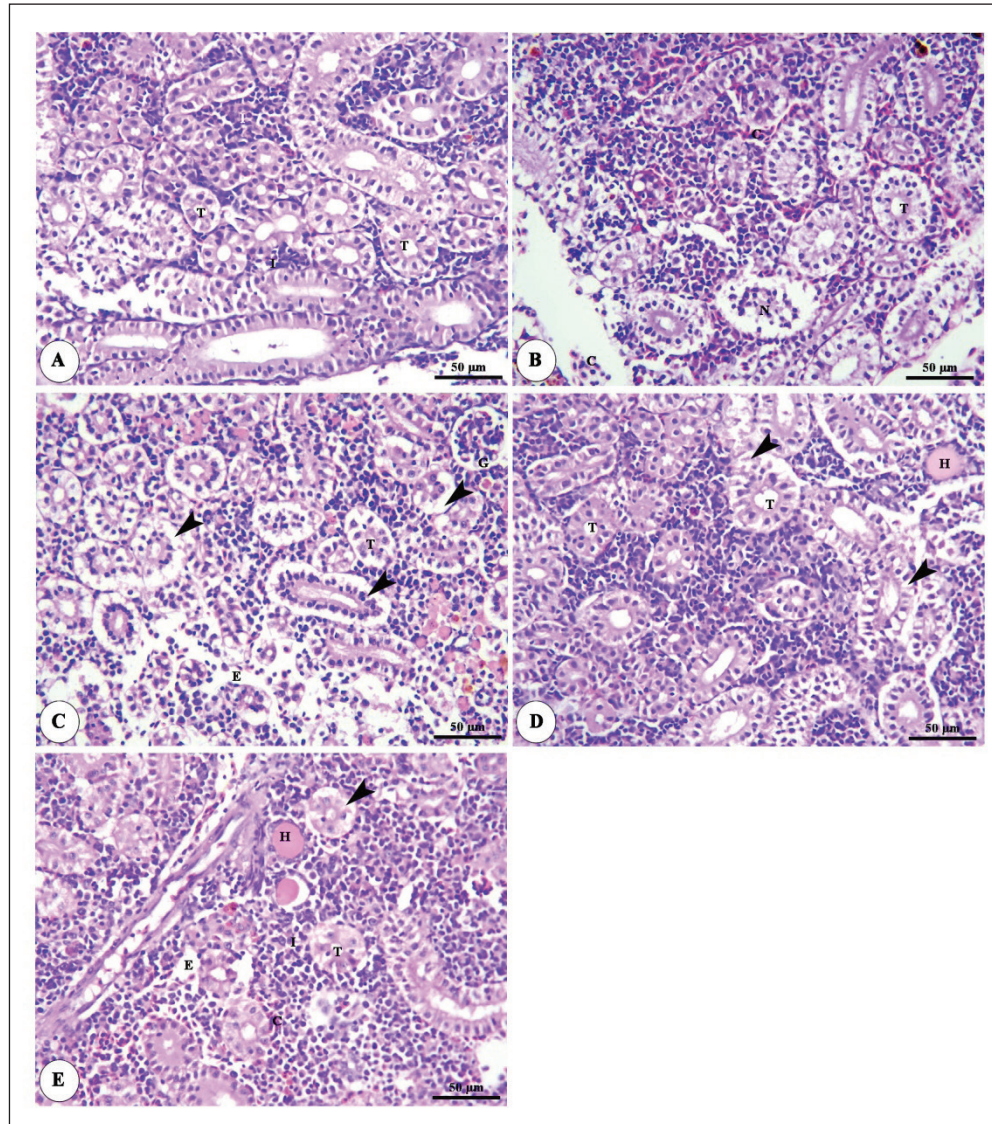


Fig. 8. Photomicrograph of HandE stained panel of kidney of *O. niloticus* pre-challenge (A) and post-challenge with *A. hydrophila* fed on ration contained 0% (B), 0.05% (C), 0.10% (D) and 0.20% (E) of Bio-Mos® showing renal tubules (T), interstitial areas of hematopoietic tissue (I), congestion of blood vessels (C), degeneration and separation of renal tubular epithelium from its basement membrane (arrow heads), necrosis of some renal tubules (N) and edema in the interstitial tissue (E) beside the accumulation of hyaline droplets in the lumen of some renal tubules (H).

of a number of fish species were not improved by the addition of mannan-oligosaccharide.

Improvement in feed conversion rate may be attributed to the effect of the currently used prebiotic which decreased the quantity of feed needed to produce one unit of fish and as a result, lowered production cost. The findings concur with those of certain authors (Zhang *et al.*, 2012). Moreover, Bio-Mos® modulated gut microbiota, improving villus integrity and resistance to harmful bacteria, leading to improved intestine growth and an increase in the region where nutrients are absorbed; the outcomes

are in accordance with previous records (Gómez and Balcázar 2008).

Hematological parameters

When fish consume functional feed additives, blood biochemical measures are typically employed to detect potential changes in the fishes' overall health status (Dawood *et al.*, 2019). Concerning the hematological parameters, no appreciable difference in RBCs across the groups was recorded in this current research. The result is in agreement with Sado *et al.* (2008). While, the T4 group experienced a large rise in Hb, MCV, and MHC. Moreover, a considerable elevation in the

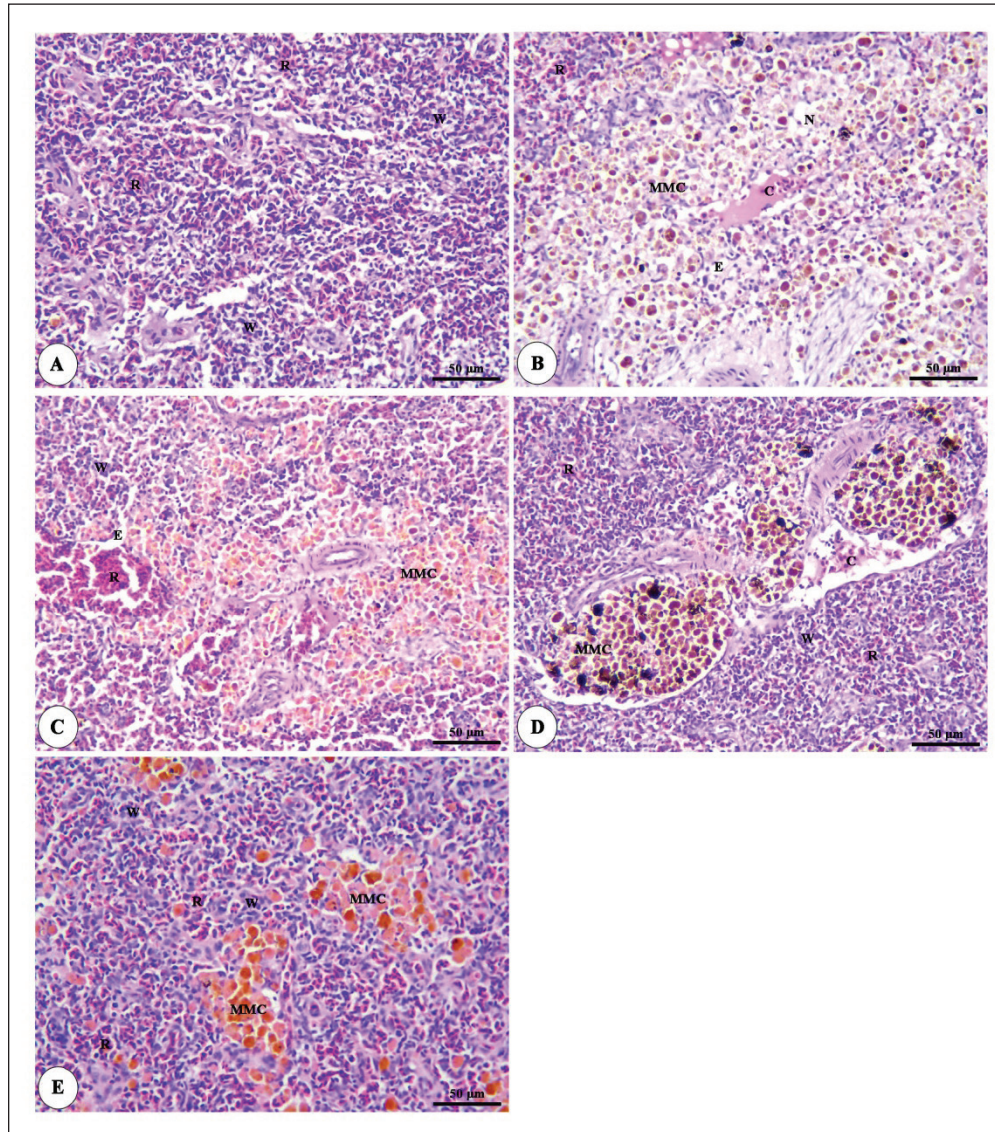


Fig. 9. Photomicrograph of HandE stained panel of spleen of *O. niloticus* pre-challenge (A) and post-challenge with *A. hydrophila* fed on ration contained 0% (B), 0.05% (C), 0.10% (D), and 0.20% (E) of Bio-Mos® showing mixed red (R) and white (W) pulp, melanomacrophage centers (MMC), congestion of splenic blood vessels (C), area of necrosis (N), and edema (E).

heterophil% in Bio-Mos® treated groups; that may be due to the enhanced defense response brought about by Bio-Mos® feed supplementation. The obtained result is similar to Khanjani *et al.* (2022) and in contrast to Ali *et al.* (2017). The kind and dosage of probiotics, fish's physiological state, species, size, age, ecological environments, and feeding schedule may all have an impact on the variance in the results of hematological parameters (Osuigwe *et al.*, 2005).

Biochemical analysis

The noticeable heightened globulin and total protein levels in the T4 prebiotic-treated group might be due to the increased inherited body defense and better innate response of fish in response to prebiotic supplementation

(Sahoo and Mukherjee, 2001). These parameters have been employed as a comprehensive clinical measure of fish health, immunological competence, stress, and nutritional status. The outcomes resemble those reported previously Sahoo and Mukherjee (2001); however, opposite to those reported by Sado *et al.* (2008). Alterations in hematological and serum biochemical variables might be species-related and rely on the amount at which MOS are incorporated into the diet, the components in the diet, and/or the rearing period (Ta'ati *et al.*, 2011).

The noticeable decrease in ALT levels in the T4 prebiotic-treated group is a similar result to that recorded by Yalçinkaya *et al.* (2008). This may be

attributed to that both ALT and AST levels should be increasing in the plasma when liver cells sustain an injury or have their membranes broken, allowing these enzymes to seep out (Rehulka, 1996). However, there was a decrease in uric acid, urea, and AST levels in fish-fed Bio-Mos; the outcomes are in agreement with El Mesallamy *et al.* (2016).

Immunological and antioxidant parameters

The current study investigated that *O. niloticus* fingerlings' immune responses were fundamentally altered and boosted in all groups, with the highest levels in the T4 group.

Fish body defense depends heavily on non specific immunity (Reda *et al.*, 2018). Lysozyme, which can break down the link between N-acetyl intracytoic acid and N-acetyl glucosamine and harm the pathogen microorganisms' cell wall structure, is an essential protective element of the humoral immune response (Han *et al.*, 2015).

This research clarified that one of the most fundamentally safe processes in fish is lysozyme. It comes from macrophages and neutrophils that are released into the mucus and blood to possess bacteriolytic properties, aiding organisms in fighting against bacterial, viral, and parasite illnesses (Yano, 1997). The current findings showed that Bio-Mos[®] supplementation substantially altered the dimensions of lysozyme action. Fish that were encouraged to eat diets with 0.2% Bio-Mos[®] diet expressed the highest serum lysozyme activity. The immune-stimulating properties of dietary Bio-Mos[®] may be the cause of the increased lysozymal action. The outcomes are similar to those reported in hybrid grouper and European eel (*Anguilla anguilla*), channel catfish (*Ictalurus punctatus*), Nile tilapia (*O. niloticus*), and red drum (Ren *et al.*, 2020).

Reactive oxygen species (ROS) are produced in excess, which causes oxidative stress (Sinha *et al.*, 2015). Oxidative stress can be ensured by a variety of poor rearing conditions, including low oxygen levels, overcrowding, and high ammonia nitrogen levels, which can lead to a number of damages, including cell death by apoptosis or necrosis (Klein and Ackerman, 2003). MDA is one of the primary byproducts of lipid peroxidation induced by ROS (Xu *et al.*, 2010). CAT together with GSH-Px and SOD developed the main defensive mechanism for enzymes opposing the harmful effects of ROS (Zhou *et al.*, 2020). The evaluation of these variables can reveal information about the antioxidant capacity of fish.

The dramatic increase in antioxidant activity (CAT, GSH-Px, and SOD activities) in all Bio-Mos[®] treated groups with the highest increase in T4 group clarify the oxidative capability of ROS, which are delivered by phagocytic cells that have been activated and are in charge of eliminating or deteriorating ingested items, including microorganisms (Atencio *et al.*, 2009).

The prebiotic-supplemented T4 groups in the current study showed higher CAT activity levels with decreased MDA. The finding suggested that CAT and MDA were not necessarily inversely associated. These outcomes are in line with numerous research (Danesh *et al.*, 2022). Since CAT is simply one of many antioxidant enzymes that could stop the synthesis of MDA, the explanation is rather simple. In addition to enzymes, other antioxidants that may affect fish's final MDA level include non-enzymatic substances like vitamins C and E as well as specific prebiotics and probiotics (Mishra *et al.*, 2015). The mechanisms of these prebiotics' actions typically included a minimum of one of the subsequent elements: the prebiotic aided in the development of antioxidant bacteria (Cao *et al.*, 2019); the prebiotic itself was a potent antioxidant *in vitro* (Liu and Huang, 2018); and the prebiotic was able to attach itself to intestinal receptors and use receptor-related pathways to provide antioxidant benefits (Torrecillas *et al.*, 2012). MOS could react with ROS (like hydroxyl radical) (Liu and Huang, 2018). However, MOS can also cause fish to express more of the antioxidant enzyme gene by activating the mannose receptor (Zhu *et al.*, 2023). The enhanced lysozyme, bactericidal, and antioxidant activities shown in this study could be linked to the dietary Bio-Mos[®] stimulatory effects on resistance. It implies that the activation of antioxidant defense mechanisms such as CAT, GSH-Px, and SOD takes place in the context of both Bio-Mos[®] (Köhrle *et al.*, 2000).

Antioxidant activity after experimental challenge with *A. hydrophila*

Prebiotics in the diet have been proven in numerous studies to significantly increase fish resistance to harmful microorganisms (Zhao *et al.*, 2011; Poolsawat *et al.*, 2021).

Fish may experience oxidative stress due to *A. hydrophila*, one of the most virulent harmful bacteria connected to aquatic environments (Turutoglu *et al.*, 2012). Based on a recent study, *A. hydrophila* infections are characterized by the activation of strong ROS generation in the host, which causes oxidative damage (Li *et al.*, 2013). MDA and PC are known as signs of ROS-induced cell damage, and the antioxidant system can lessen this damage (Birben *et al.*, 2012). The current findings demonstrated that adding a suitable amount of MOS to a diet suppresses excessive ROS generation and lowers MDA and PC levels. ROS mostly consist of superoxide anions and hydroxyl radicals, which can harm cells through oxidative stress when present in excess (Reczek and Chandel, 2014). In the ongoing research, Nile tilapia fingerlings fed Bio-Mos[®] revealed the highest SOD, CAT, and GSH-Px activities were recorded in the prebiotic supplemented T4 group while, recorded sharp decline in MDA activity after infection with *A. hydrophila*. The outcome is comparable to studies by Ren *et al.* (2020), which found that MOS could increase grouper resistance to *Vibrio harvey*, Zhu

et al. (2023), which found that MOS could increase grouper resistance to *A. hydrophila*, and Lu et al. (2023) increase grass carp resistance to *Aeromonas hydrophila*.

MOS has been shown to increase the scavenging of free radicals (Lu et al., 2021), indicating that it is a superb natural antioxidant with a wide range of free radical-scavenging characteristics. The principal antioxidant enzymes in fish may also be responsible for their excessive capacity to scavenge free radicals (Atli et al., 2016).

Relative gene expression

Immune system health is correlated with TNF- α , IL-1 β , and SOD gene expression levels (Elbahnaswy and Elshopakey, 2020), physiological status (Morano, 2007), and oxidative status (E'cimovi'c et al., 2018) of fish. When comparing the Bio-Mos[®] treated fish groups to the control fish group, the proinflammatory IL-1 β and cytokines TNF- α had higher levels of gene expression. Concurrently, those for GHR, SOD, and GSH-Px were upregulated. In addition, no noticeable variation was observed between T2 and T3 groups supplemented with 0.5 and 1 mg/kg Bio-Mos[®], post challenge with *A. hydrophila*, regarding TNF- α and IL-1 β gene expression in the liver. The outcomes resemble those reported by Jomeh et al. (2021). These findings unequivocally validated Bio-Mos[®]'s potential impact on boosting immunity and reducing inflammation in Nile tilapia infected with *A. hydrophila*.

Histopathological findings

Morphological consistency is fundamental for keeping up with the ordinary elements of the intestine (Gao et al., 2013). Fish with a healthy gut have certain intestinal morphological parameters (Han et al., 2015). An important morphometry indicator to explore when comparing different feeding strategies for aquatic animals is the healthiness of their intestines. This includes their ability to absorb food and digest it, which can be seen by the number of goblet cells, the thickness of the muscular layer, and the height of the intestinal villi (Khojasteh, 2012).

Prebiotics in the diet can help farmed fish consume their feed more effectively and maintain the health of their intestinal mucosal epithelium (Dimitroglou et al., 2009). This was also confirmed through the upregulation of the *GHR*. In the current investigation, MOS considerably improved each of the three intestinal measures (villus width, villus length, and crypt depth), showing the greatest overall effect on enhancing gut structure. The results are consistent with previous research, in which MOS increased the crypt depth of subadult trout (Staykov et al., 2007), and MOS increased the intestinal villi length of redfish (Zhou et al., 2010). The challenge with *A. hydrophila* induced marked degenerative changes in the intestine, hepatopancreas, spleen, and posterior kidney of Nile tilapia, as shown in the histopathological study mainly in the control group, not treated with Bio-Mos[®]. The overexpression of genes

linked to inflammation (TNF- α) and IL-1 β confirms the presence of inflammation. However, the severity of the lesion was greatly decreased and showed marked amelioration with increased concentration of Bio-Mos[®]. An increase in the accessible absorption surface area and/or mucus generated by many goblet cells, which has a bactericidal effect by masking pathogen receptors and maintaining intestinal epithelium integrity, may be the cause of increased intestinal absorptive and defensive activities (Smirnov et al., 2005).

Conclusion

The current study advances our understanding of the functional nutritional strategies of the use of MOS as a prebiotic in the diets of freshwater fish. It could be concluded that prebiotics in addition to *O. niloticus* fingerlings diets boost illness resistance and raise fish's antioxidant capability, which is significant in modern intensive aquaculture. The Dietary MOS supplementation plays a crucial part in moderating the increased oxidative stress caused by *A. hydrophila*; they could effectively reduce fish oxidative stress under pathogen-challenge circumstances, showing promise as a preventative supplement for Nile tilapia in place of antibiotics. It could be recommended to enrich the Nile tilapia fingerlings diets with 2 g.kg⁻¹ of MOS due to the better results on growth rate, physiological response, immunological response, and intestinal absorptive capacity.

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Conflict of interest

The authors acknowledged no conflict of interest.

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Author contributions

All authors took part in the goal and design of the work. Eman Moustafa and Amira Omar designed the study idea and planning. Data collection, analysis, and material preparation were carried out by Eman Moustafa, Amira Omar, and Haguer Salah El-Din. Statistical analyses were performed by Haguer Salah El-Din. Gene expression analysis was performed by Mustafa Shukry. The histological investigation was conducted by Foad Farrag. The manuscript's first draft was written by Haguer Salah El-Din, Amira Omar, and Eman Moustafa. Every author offered feedback on earlier drafts of the work. The final manuscript was then edited and revised by Eman Moustafa. The manuscript was read and approved in its final form by all authors.

Data availability

The current manuscript contains all the information needed to support the study's conclusions of this study. In response to reasonable demand, the corresponding author will provide any further information needed.

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