

Simvastatin improves cerebrovascular injury caused by ischemia-reperfusion through NF- κ B-mediated apoptosis via MyD88/TRIF signaling

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Abstract. Cerebrovascular injury is the most prevalent human cerebrovascular disease and frequently results in ischemic stroke. Simvastatin may be a potential therapeutic agent for the treatment of patients with cerebrovascular injury. The present study aimed to investigate the efficacy of and the potential mechanisms regulated by simvastatin in a rat model of ischemia-reperfusion (I/R)-induced cerebrovascular injury. Cerebrovascular injury model rats were established and were subsequently treated with simvastatin or a vehicle control following I/R injury. Cell damage, neurological functions and neuronal apoptosis were examined, as well as the nuclear factor (NF)- κ B-mediated myeloid differentiation primary response protein 88 (MyD88)/toll-interleukin-1 receptor domain-containing adapter molecule 1 (TRIF) signaling pathway following simvastatin treatment. The results of the present study demonstrated that simvastatin treatment led to a reduction in cell damage, improvement of neurological functions and decreased neuronal apoptosis compared with vehicle-treated I/R model rats, 14 days post-treatment. In addition, simvastatin treatment reduced cerebral water content and blood-brain barrier disruption in cerebrovascular injury induced by I/R. The results also revealed that simvastatin treatment inhibited neuronal apoptosis via the NF- κ B-mediated MyD88/TRIF signaling pathway. In conclusion, simvastatin treatment may reduce I/R-induced neuronal apoptosis via inhibition of the NF- κ B-mediated MyD88/TRIF signaling pathway.

Introduction

Ischemic cerebrovascular disease is the most common cause of cerebrovascular-related mortality (1). Previous studies have demonstrated that ischemia-reperfusion (I/R)-induced cerebrovascular injury may result in cerebral infarct, neurological dysfunction and neuronal cell apoptosis (2,3). It has been widely recognized that neuronal apoptosis serves important roles in I/R-induced cerebrovascular injury (4-6). Inhibition of nuclear factor (NF)- κ B was reported to increase neuronal apoptosis, which may represent a potential therapeutic target for the treatment of neurodegenerative disorders and diseases (7,8). In addition, previous studies have revealed that the myeloid differentiation primary response protein MyD88 (MyD88) signaling pathway is associated with cellular apoptosis through the regulation of oxidative stress (9,10). Furthermore, previous studies on the mechanisms of the toll-interleukin-1 receptor domain-containing adapter molecule 1 (TRIF)-induced NF- κ B activation and apoptosis pathways have suggested that NF- κ B activation is important in the process of apoptosis (11). Therefore, the present study aimed to investigate whether NF- κ B activation induces neuronal apoptosis via the MyD88/TRIF signaling pathway in a rat model of I/R-induced cerebrovascular injury.

Simvastatin is a statin drug that is used to regulate blood cholesterol levels and to prevent the development of cardiovascular and cerebrovascular diseases, resulting from decreased 3-hydroxy-3-methylglutaryl coenzyme A reductase activity (12,13). It has been demonstrated that when administered for 1 week following cerebral injury, a combination of simvastatin and atorvastatin improves neurological recovery, decreases tissue loss and increases neurogenesis (14). Furthermore, systemic simvastatin was reported to rescue retinal ganglion cells from optic nerve injury by suppressing NF- κ B activation (15). However, it has also been demonstrated that simvastatin may inhibit the mevalonate cascade to induce apoptosis in neuronal cells (16,17). Therefore, the present study investigated the efficacy of simvastatin to reduce neuronal apoptosis in a rat model of I/R-induced cerebrovascular injury, as well as intracellular levels of NF- κ B activation in ischemic tissue. In addition, whether decreased NF- κ B expression attenuated brain damage and sustained

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improvement in neurological outcomes was investigated. The molecular mechanism underlying simvastatin-mediated MyD88/TRIF/NF- κ B signaling were investigated using neurons isolated from cerebrovascular injury model rats.

Materials and methods

Ethics statement. The present study was performed in accordance with the recommendations outlined in the Guide for the Care and Use of Laboratory Animals and in accordance with the National Institutes of Health (Bethesda, MD, USA), and was approved by the Committee on the Ethics of Affiliated Hospital of Jiujiang University (Jiujiang, China; 20160214AHJUN3).

Establishment I/R-induced cerebrovascular injury rat model. Male 6-8 week old Sprague-Dawley rats ($n=20$; weight, 290-320 g) were purchased from Shanghai SLAC Laboratory Animal Co., Ltd. (Shanghai, China). All rats were housed in a temperature-controlled facility at $23\pm 1^\circ\text{C}$, a relative humidity of $50\pm 5\%$ and with a 12-h light/dark cycle, with free access to food and water. The rat model of cerebrovascular injury was established using a modified I/R method (18); rats received right middle cerebral artery occlusion for 90 min and reperfusion by withdrawal of the filament at 37°C during surgery and post-surgery. I/R model rats were randomly divided into 2 groups ($n=6$ /group) and each received an intravenous injection of either simvastatin (I/R + simvastatin group; 10 mg/kg/day; Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) or the same volume of PBS (I/R group) (19). Sham-operated rats received surgery without right middle cerebral artery occlusion and were used as a control (Sham group; $n=6$). The treatments were administered daily for 14 days.

Protein overexpression. Neuronal cells were isolated from mice in the three experimental groups as previously described (20); cells (1×10^5 cells/well) were cultured in 6-well plates until 85% confluence, the medium was removed and plates were washed three times with PBS. Neuronal cells were transfected with 100 pmol pLentivirus-NF- κ B (pNF- κ B), pLentivirus-MyD88 (pMyD88), pLentivirus-TRIF (pTRIF) or pLentivirus empty vector (control; Thermo Fisher Scientific, Inc., Waltham, MA, USA) using Lipofectamine[®] 2000 (Sigma-Aldrich; Merck KGaA) for 48 h at 37°C , according to the manufacturer's protocol. Cells overexpressing NF- κ B, MyD88 or TRIF were treated with simvastatin (2 mg/ml; Sigma-Aldrich; Merck KGaA) for 12 h at 37°C for further analysis. NF- κ B, MyD88 and TRIF mRNA expression levels were detected by polymerase chain reaction (PCR), as previously described (21). PCR was performed using PCR cloning kit (cat. no. K270040; Thermo Fisher Scientific, Inc.). Total RNA was extracted with a RNAeasy Mini kit (Qiagen Sciences, Inc., Gaithersburg, MD, USA). cDNAs were synthesized with ReverTra Ace-a[™] RT kit (Toyobo Life Science, Osaka, Japan) at 42°C for 2 h. The sequences of the primers were as follows: NF- κ B forward, 5'-TAAGTGGGG CATCAAAGGA-3' and reverse, 5'-TGGGAAAAGAGCCAA GAGAA-3'; MyD88 forward, 5'-GACCCAGCATTGGGC-3' and reverse, 5'-TCAGGGCAGGGACAAGGCCTTGGC AAG-3'; TRIF forward, 5'-CTGCTTGGMGACTTCTG

AC-3' and reverse, 5'-GTGGATGGTSCCGTTACTGAG-3'; β -actin forward, 5'-CGGAGTCAACGGATTTGGTC-3' and reverse, 5'-AGCCTTCTCCATGGTCGTGA-3'. The qPCR thermocycling conditions were as follows: 95°C for 2 min, 35 cycles of 95°C for 20 sec, 55.8°C for 20 sec and 72°C for 20 sec, followed by a final extension at 72°C for 5 min. The results were expressed as the fold difference in expression compared with the housekeeping gene (β -actin) (22). Subsequent experiments were performed 72 h following transfection.

Western blot analysis. Neuronal cells were isolated from rats 14 days following I/R-induced cerebrovascular injury (23). Cells and tissues were lysed at 4°C for 10 min in mammalian protein extraction reagent (PER) or tissue PER reagent, respectively (Thermo Fisher Scientific, Inc.). Protein concentration was determined with a bicinchoninic acid protein assay kit (Thermo Fisher Scientific, Inc). Protein samples (20 μg) were separated by 12.5% SDS-PAGE and transferred to nitrocellulose membranes. The membranes were incubated in blocking buffer (5% non-fat milk) at 4°C for 12 h. The primary rabbit antibodies used included: NF- κ Bp65 (1:1,200; cat. no. ab16502), phosphorylated-NF- κ B (1:1,200; cat. no. ab86299), P53 (1:1,200; cat. no. ab26), matrix metalloproteinase-9 (MMP-9; 1:1,000; cat. no. ab54230), caspase-3 (1:1,200; cat. no. ab2171), B-cell lymphoma 2 (Bcl-2; 1:1,000; cat. no. ab692), MyD88 (1:500; cat. no. ab2068), TRIF (1:500; cat. no. ab13810) and β -actin (1:500; cat. no. ab8226; all Abcam, Cambridge, UK). The membranes were subsequently incubated with horseradish peroxidase-conjugated anti-rabbit immunoglobulin G secondary antibody (1:5,000; cat. no. 172-1033-SDS; Bio-Rad Laboratories, Inc., Hercules, CA, USA) for 12 h at 4°C , and protein bands were detected using an Enhanced Chemiluminescence assay system (Roche Diagnostics, Basel, Switzerland). Densitometric quantification of the immunoblot data was performed using the software of Quantity-One version 1.1 (Bio-Rad Laboratories, Inc.) and protein expression was normalized to β -actin.

Terminal deoxynucleotidyl-transferase-mediated dUTP nick end labeling (TUNEL) assay. Apoptotic neuronal cells in the hippocampus of I/R model rats were analyzed using the DeadEnd Colorimetric TUNEL System (Promega Corporation, Madison, WI, USA) according to the manufacturer's instructions. Cells were fixed with 10% paraformaldehyde for 30 min at 37°C . Cells were subsequently washed with PBS and stained with TUNEL reagent for 30 min at 37°C , followed by DAPI staining for 15 min at 37°C . Cell damage was indicated by the TUNEL-positive cell number. The cells were analyzed using an Olympus Bx51 fluorescence microscope (Olympus Corporation, Tokyo, Japan) in six random fields of view.

Behavioral tests. Three different behavioral tests were performed, including neurological deficit, forelimb foot-fault and open-field tests. Neurological deficit score were determined using a scoring system (24). The forelimb foot-fault-placing test was used to examine forelimb function, as described previously (25). Open-field tests (rearing time and locomotor activity) were performed to investigate the efficacy of simvastatin administration on I/R injury, as previously described (26).

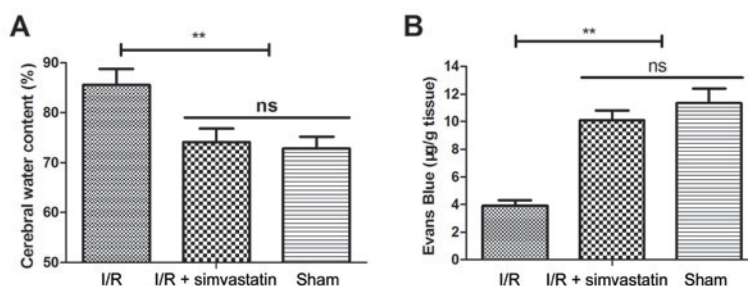


Figure 1. Simvastatin attenuates CWC and BBB disruption in I/R injury rats. (A) Simvastatin treatment significantly decreased the CWC of I/R rats compared with the untreated I/R group. (B) Simvastatin treatment improved BBB disruption in I/R rats. ** $P < 0.01$ vs. I/R group. BBB, blood brain barrier; CWC, cerebral water content; ns, not significant; I/R, ischemia-reperfusion.

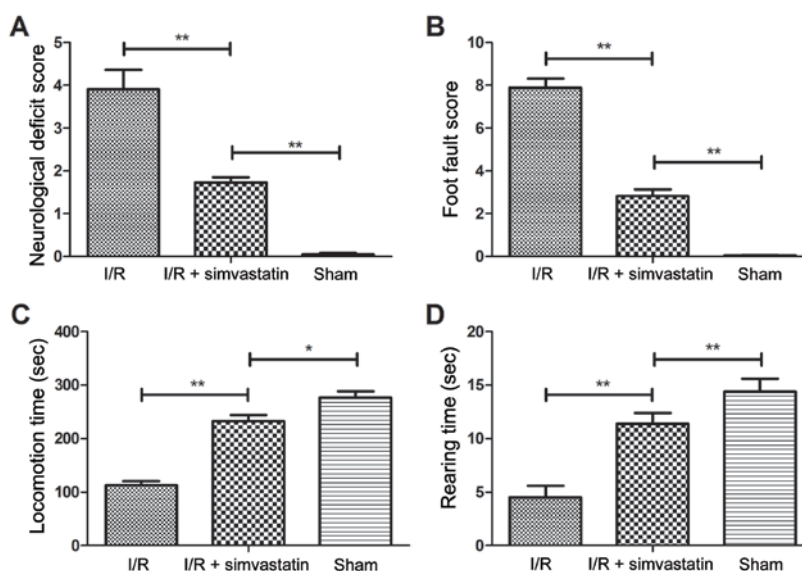


Figure 2. Simvastatin improves cognitive function in I/R rats. (A) Simvastatin treatment significantly decreased neurological deficit scores compared with the vehicle-treated I/R rats. (B) Simvastatin treatment significantly improved functional deficits of the left forelimb compared with the vehicle-treated I/R rats. (C) Simvastatin treatment increased ipsilateral cerebral hemisphere volume. (D) Simvastatin treatment significantly improved motor function in I/R rats. * $P < 0.05$, ** $P < 0.01$. I/R, ischemia-reperfusion.

Analysis of cerebral water content (CWC). Brain tissues were obtained from experimental mice as previously described (27), and the brain water content of I/R model rats was determined following 14 days treatment with simvastatin, as previously described (28). Rat brains were isolated and divided into two hemispheres. The two hemispheres were weighed using an electronic analytical balance to obtain the wet weight. Brain tissues were dried in an electric oven at 100°C for 24 h and weighed to determine the brain water content using the following formula: Water content (%) = [(wet weight - dry weight) / wet weight] $\times 100$.

Quantitative analysis of blood-brain barrier (BBB) permeability. BBB leakage was investigated using previously described protocol (29), with a slight modification. The experimental rats (simvastatin or saline groups; $n = 4$ in each group) were intravenously administered $100\ \mu\text{l}$ 5% Evan's blue 14 days following I/R-induced injury. A total of 2 h following Evan's blue injection, cardiac perfusion was performed using 200 ml of saline under deep anesthesia to clear the cerebral circulation of Evan's blue. The brain was then isolated using a freezing microtome. Following this, the two hemispheres

were homogenized in $750\ \mu\text{l}$ of N,N-dimethylformamide. Quantitative analysis of BBB permeability was determined (620 nm and 680 nm) using ultraviolet spectrophotometer (DR6000; Hach Company, Loveland, CO, USA) via analysis of Evan's blue content.

Statistical analysis. Data were presented as mean \pm standard deviation of at least three replicated experiments. All data were analyzed using SPSS 13.0 software (SPSS, Inc., Chicago, IL, USA). Significant differences were analyzed using one-way analysis of variance followed by Tukey's honest significant difference test. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Simvastatin improves cerebral water content and BBB disruption in I/R model rats. To investigate the effects of simvastatin on I/R injury, a rat model of cerebrovascular injury was established. Rats in the I/R + simvastatin and Sham-operated groups exhibited a significantly lower CWC compared with the untreated I/R rats (Fig. 1A); no significant difference in CWC

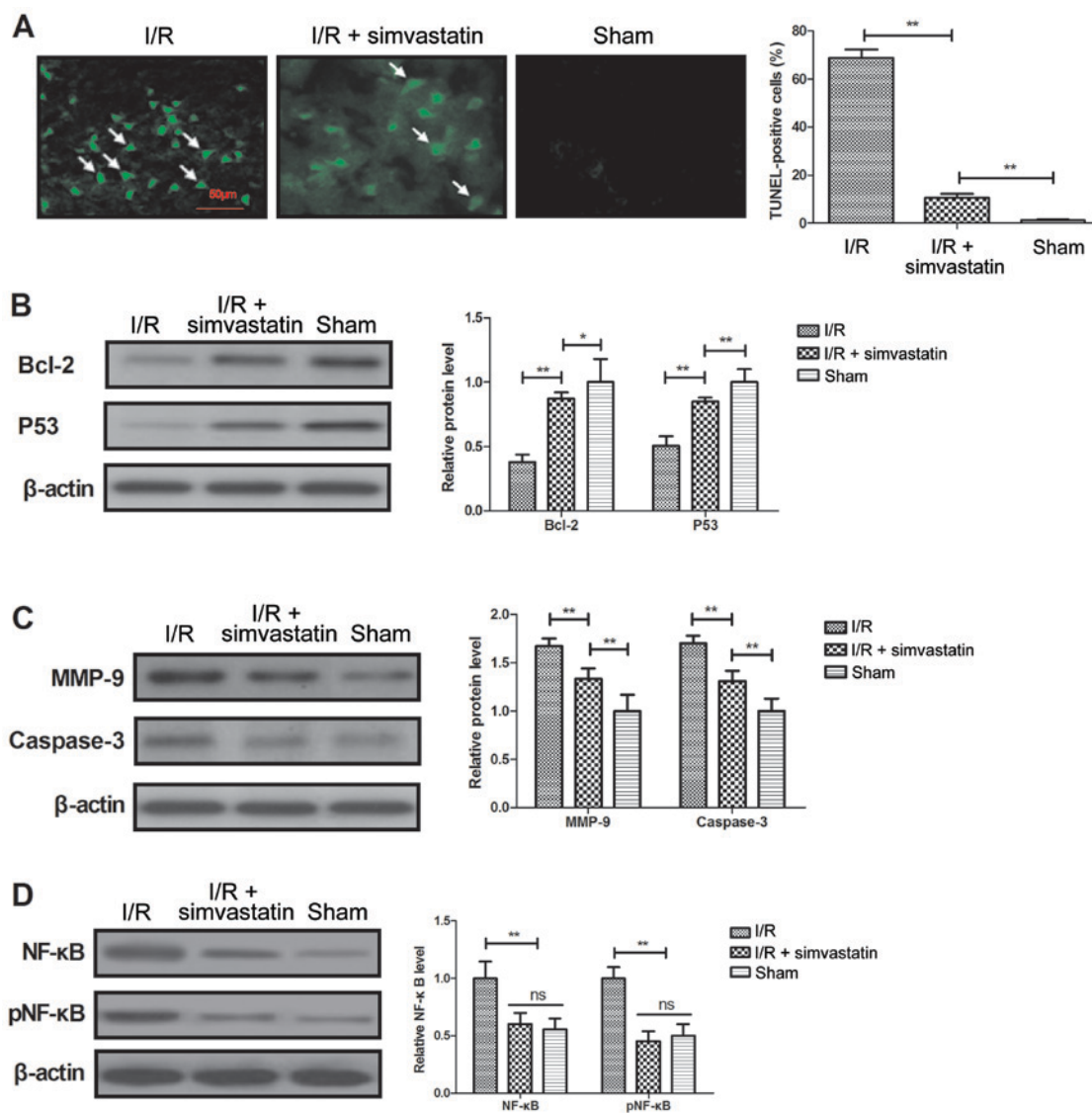


Figure 3. Simvastatin decreases I/R injury-induced neuronal apoptosis. (A) Simvastatin treatment significantly decreased the number of terminal deoxynucleotidyl-transferase-mediated dUTP nick end labeling-positive neuronal cells compared with vehicle-treated I/R injury rats. (B) Simvastatin treatment significantly increased Bcl-2 and P53 expression levels in I/R rat neurons. (C) Simvastatin treatment significantly decreased MMP-9 and caspase-3 level in neurons following I/R injury. (D) Simvastatin treatment decreased I/R-induced NF- κ B expression compared with vehicle-treated I/R rats. * $P < 0.05$, ** $P < 0.01$. Bcl-2, B-cell lymphoma 2; I/R, ischemia-reperfusion; MMP-9, matrix metalloproteinase-9; NF- κ B, nuclear factor- κ B; ns, not significant; p, phosphorylated.

was detected between the I/R + simvastatin rats and the Sham rats. Furthermore, the results demonstrated that simvastatin treatment significantly increased BBB disruption in cerebrovascular injury rats compared with the I/R group (Fig. 1B). These results suggested that simvastatin treatment significantly attenuated CWC and BBB disruption in I/R injury rats.

Simvastatin improves cognitive performance in I/R injury rats. The neurological effects of simvastatin in ischemic rats were also investigated. Treatment with simvastatin significantly decreased neurological deficit scores compared with vehicle-treated I/R model rats (Fig. 2A). The results of the foot-fault-placing test revealed that simvastatin significantly improved functional deficits of the left forelimb in simvastatin-treated I/R rats compared with vehicle-treated I/R rats (Fig. 2B). Furthermore, ipsilateral cerebral hemisphere volume and motor functions were significantly improved in ischemic rats following administration of

simvastatin; I/R + simvastatin rats exhibited significantly enhanced open-field activities, such as locomotion and rearing behavior, compared with the vehicle-treated I/R rats (Fig. 2C and D). These results suggest that simvastatin exhibited beneficial effects regarding I/R injury-induced behavioral dysfunction.

Simvastatin decreases I/R injury-induced neuronal apoptosis. The effects of simvastatin administration on neuronal apoptosis in I/R model rats were investigated. The results demonstrated that the percentage of TUNEL-positive neuronal cells was significantly decreased in I/R + simvastatin rats compared with I/R rats (Fig. 3A). Simvastatin treatment significantly increased Bcl-2 and P53 protein expression levels in I/R rats compared with expression levels in the untreated I/R group (Fig. 3B). MMP-9 and caspase-3 expression levels were significantly decreased in I/R + simvastatin rats compared with untreated I/R rats (Fig. 3C). Furthermore, simvastatin

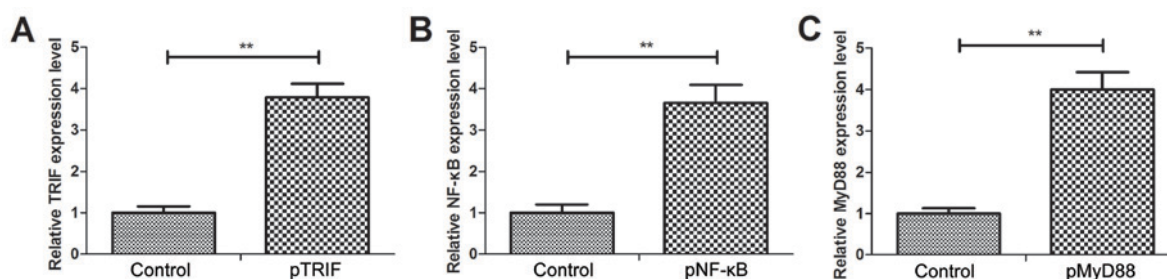


Figure 4. Neuronal cells were successfully transfected with pTRIF, pNF- κ B and pMyD88. (A-C) The mRNA expression levels of TRIF, NF- κ B and MyD88 were significantly increased in neuronal cells transfected with (A) pTRIF, (B) NF- κ B or (C) MyD88, respectively. ** $P < 0.01$. MyD88, myeloid differentiation primary response protein MyD88; NF- κ B, nuclear factor- κ B; TRIF, toll-interleukin-1 receptor domain-containing adapter molecule 1.

treatment significantly lowered the I/R-induced NF- κ B and phosphorylated-NF- κ B protein expression levels compared with vehicle-treated I/R rats (Fig. 3D). These results suggested that simvastatin administration decreased I/R injury-induced neuronal apoptosis.

Simvastatin reduces neuronal apoptosis via suppression of NF- κ B-regulated MyD88/TRIF signaling pathway. To determine the mechanism of simvastatin-inhibited neuronal apoptosis, the NF- κ B signaling pathway induced by MyD88/TRIF in cultured neuronal cells was investigated. Cells transfected with pTRIF, pNF- κ B or pMyD88 were confirmed to exhibit a significant increase in the levels of TRIF, NF- κ B and MyD88 mRNA expression, respectively, compared with the control cells (Fig. 4A-C). In I/R + simvastatin rat neuronal cells, MyD88 and TRIF protein expression levels were significantly reduced compared with untreated I/R rats (Fig. 5A). MyD88 overexpression suppressed pMyD88-simvastatin-inhibited (pMyD88-SV) TRIF and NF- κ B expression in neuronal cells, compared with the control cells (Fig. 5B). TRIF overexpression also suppressed pTRIF-SV NF- κ B expression in neuronal cells (Fig. 5C). MyD88 or TRIF overexpression increased neuronal apoptosis and canceled simvastatin-inhibited neuronal apoptosis compared with control cells (Fig. 5D and E). NF- κ B overexpression also increased neuronal apoptosis and canceled simvastatin-inhibited neuronal apoptosis compared with control cells (Fig. 5F). These results suggested that administration of simvastatin suppresses neuronal apoptosis via NF- κ B activation regulated by the MyD88/TRIF signaling pathway.

Discussion

It has previously been demonstrated that simvastatin exhibits anti-apoptotic effects and increases neuronal excitability in the hippocampus (30,31). Previous studies have revealed that the MyD88/TRIF signaling pathway is involved in NF- κ B activation, which may regulate apoptosis in inflammatory injury in intracerebral hemorrhage-induced neurological deficits (32). In the present study, whether simvastatin exhibited protective effects to neurons against apoptosis through the regulation of MyD88/TRIF/NF- κ B signaling was investigated. The results suggested that simvastatin treatment significantly improved CWC and BBB disruption and attenuated neuronal apoptosis via suppression of the NF- κ B-mediated MyD88/TRIF signaling pathway in I/R model rats.

A previous study demonstrated that simvastatin may be a therapeutic agent for treatment against ischemic brain injury, and the protective effects of simvastatin may be partially due to its ability to improve microvascular reperfusion. (33). The present study demonstrated that simvastatin treatment not only improved neurological deficit, but also improved motor function of I/R rats. HMG CoA reductase inhibitors were previously reported to attenuate ischemic brain injury in Wistar rats through the suppression of neuronal oxidative stress (34). The results of the present study demonstrated that simvastatin administration significantly reduced the levels of I/R-induced neuronal apoptosis. Similarly, Hadi *et al* (35) suggested that administration of simvastatin attenuates myocardial I/R injury in rats via suppression of apoptosis. In the present study, it was demonstrated that simvastatin decreased the number of TUNEL-positive neuronal cells in I/R rats compared with vehicle-treated I/R rats. It was recently reported that a combinatory treatment of simvastatin with tissue-type plasminogen activator is safe for patients with acute ischemic stroke (36). The present study demonstrated that simvastatin reduced neuronal apoptosis through the suppression of the NF- κ B-mediated MyD88/TRIF signaling pathway. Numerous studies have demonstrated that simvastatin is beneficial in the treatment of brain injury via different signaling pathways (37-40). A previous study demonstrated that vascular recovery was enhanced by administration of simvastatin following experimental cerebral injury, as revealed by magnetic resonance imaging and histological investigation (41). The present study revealed that simvastatin exhibited an important neuroprotective role against I/R injury-induced neuronal apoptosis via suppression neuronal apoptosis and attenuation of neurological dysfunctions. Zhao *et al* (42) demonstrated that simvastatin protects human osteosarcoma cells from oxidative stress-induced apoptosis by downregulating caspase-3 and caspase-9 activation, as well as upregulating of Bcl-2 expression. Suppression of MMP-9 expression was also reported to reduce neuronal apoptosis following I/R injury (43). In the present study, it was revealed that simvastatin treatment may have suppressed neuronal apoptosis via a NF- κ B-mediated decrease in MMP-9 and caspase-3 expression in I/R rats. The results suggested that simvastatin may inhibit I/R injury-induced NF- κ B expression, which may contribute to the suppression of neuronal apoptosis.

Inhibition of NF- κ B signaling may suppress apoptosis and promote neuronal differentiation of medulloblastoma

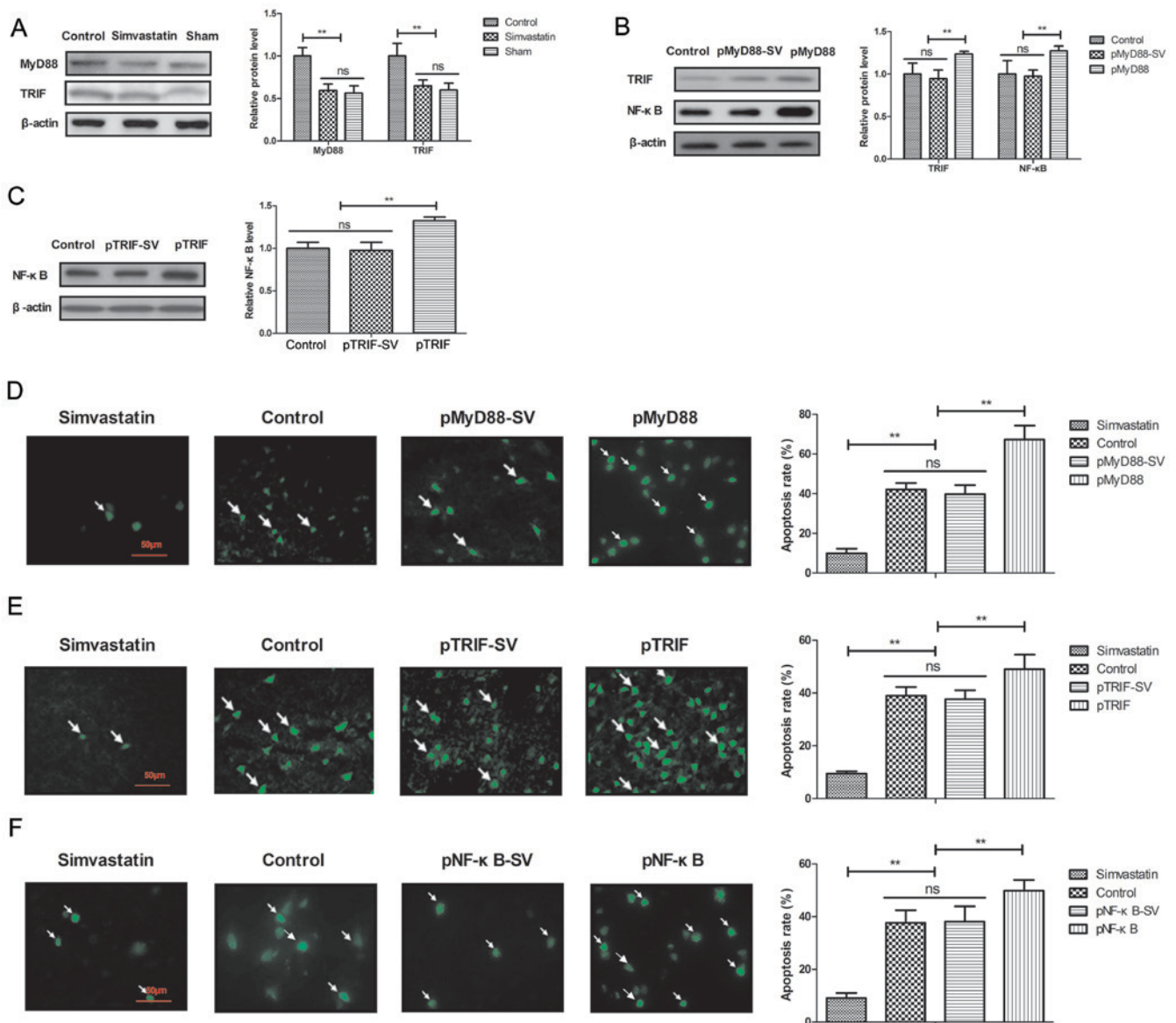


Figure 5. Simvastatin reduces neuronal apoptosis by suppressing NF- κ B-regulated MyD88/TRIF signaling pathway. (A) Simvastatin treatment downregulated MyD88 and TRIF NF- κ B protein expression levels in neuronal cells compared with neuronal cells obtained from untreated I/R rats. (B) MyD88 overexpression canceled pMyD88-SV TRIF and NF- κ B expression in neuronal cells. (C) TRIF overexpression canceled simvastatin-inhibited (pTRIF-SV) NF- κ B expression in neuronal cells. (D) MyD88 or (E) TRIF overexpression increases neuronal apoptosis and cancels simvastatin-inhibited neuronal apoptosis of neural cells. (F) NF- κ B overexpression increases neuronal apoptosis and cancels simvastatin-inhibited neuronal apoptosis of neural cells. ** $P < 0.01$. MyD88, myeloid differentiation primary response protein MyD88; NF- κ B, nuclear factor- κ B; ns, not significant; p, pLentivirus; SV, simvastatin; TRIF, toll-interleukin-1 receptor domain-containing adapter molecule 1; I/R, ischemia-reperfusion.

cells (44). Cates *et al* (45) demonstrated that MyD88 overexpression stimulates NF- κ B activation and apoptosis. Results of the present study demonstrated that simvastatin downregulated NF- κ B and MyD88 expression in neurons isolated from I/R model rats. TRIF-induced apoptosis is dependent on NF- κ B activity (46). The present study results demonstrated that simvastatin treatment may suppress I/R-induced neuronal apoptosis through inhibition of the NF- κ B-mediated MyD88/TRIF signaling pathway, which may have led to the improvements in neurological assessment performance and motor function. These effects were sustained for 14 days post-I/R.

In conclusion, administration of simvastatin exhibited neuroprotective effects by disrupting the MyD88/TRIF-mediated NF- κ B pathway following I/R-induced cerebrovascular injury.

Therefore, the NF- κ B-mediated MyD88/TRIF signaling pathway may represent a potential therapeutic target for the treatment of cerebrovascular injury. These results suggested that simvastatin may represent a novel therapeutic agent for the prevention and treatment of I/R-induced cerebrovascular injury.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

ZC performed the experiments. YX, BB, XW, ZX, JY and HN analyzed the data. HN designed the study. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The present study was performed in accordance with the recommendations outlined in the Guide for the Care and Use of Laboratory Animals and in accordance with the National Institutes of Health, and was approved by the Committee on the Ethics of Affiliated Hospital of Jiujiang University (20160214AHJUN3).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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