

Systematic analysis of factors that cause loss of preload in dental implants

S. Nithyapriya, A. S. Ramesh, A. Kirubakaran, Jeevitha Mani, J. Raghunathan

Department of Prosthodontics, Adhiparasakthi Dental College, Melmaruvathur, Tamil Nadu, India

Abstract

Screw loosening is the most common factor associated with dental implant failure. One of the major cause for screw loosening is the “loss of preload”. Several factors including screw geometry, material properties particularly stiffness, surface texture and condition of mating surfaces, degree of lubrication, rate of tightening, integrity of joint etc.

Objective: This review analyses the factors that are responsible for the loss of preload.

Material and Methods: Screw geometry, Implant- Abutment Connection type (external hexagon platform, morse taper), Material properties viz Stiffness, Resilience, Materials viz gold, titanium, titanium alloy, Surface texture of the abutment screw, Condition of mating surfaces, Lubrication, Torque value, Rate of tightening (10, 20, 35N and retorque after 10mins) are taken into consideration in this study. The MEDLINE-PubMed database was searched from September 2016 to 10 years previously. Several journals were hand searched and from cross references. The outcome analysed are the factors that are responsible for loss of preload.

Results: The search yielded 84 articles. After excluding duplicated abstracts and applying the inclusion and exclusion criteria, 36 studies were eligible for analysis. The result shows that loss of preload can occurs depending upon the type of material used, torque method, torque sequences, abutment connection type, influence of lubrication, abutment collar length. However we detected some potential limitations in the studies selected, mainly a minimum number of samples used for the study. Hence we suggest further studies to guarantee an excellence in methodological quality.

Conclusion: Based on the available data it can be summarized that the knowledge of preload loss must be known for the clinicians to avoid such screw loosening and subsequent implant failure.

Keywords: Abutment screw, dental implant, preload

Address for correspondence: Dr. S. Nithyapriya, Department of Prosthodontics, Adhiparasakthi Dental College, Melmaruvathur, Tamil Nadu, India.


E-mail: nithul219@gmail.com

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INTRODUCTION

The most common failure associated with dental implant is screw loosening and fracture of implant.^[1] One of the

major causes for screw loosening is the “loss of preload.” Preload is the axial force in the neck of the screw, which is between the first mating thread and head of the abutment screw.^[2] The tensile force clamps the abutment

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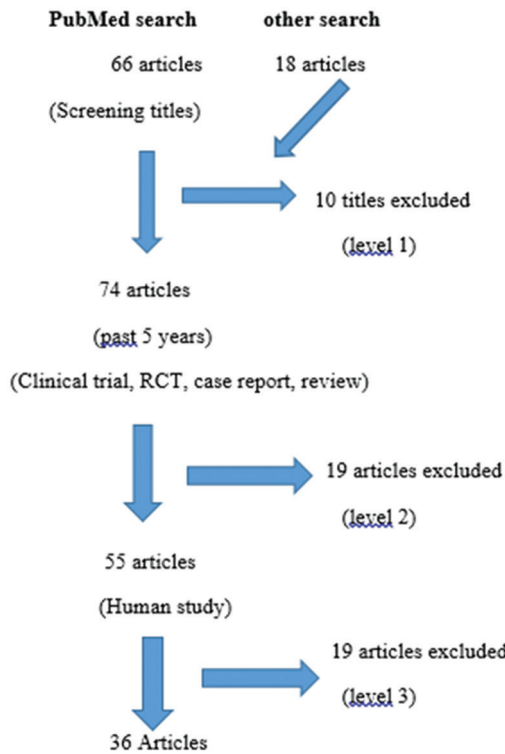


Figure 1: Flowchart of the search process

to the implant.^[3] The relationship between applied torque and preload depends on several factors including screw geometry, material properties, surface texture, degree of lubrication, rate of tightening, and integrity of joint.^[2] This study aim at determining the factors which causes loss of preload in dental implants. This systematic review is focused on the factors which cause loss of preload that leads to dental implant failure.^[4-6]

METHODOLOGY

Search strategies

The following analysis was performed according to the guidelines and the principles of the PRISMA statement for a systematic review.

Focused question (Patients, Intervention, Comparison, and Outcomes)

The review is focused on: “what are the factors causing loss of preload which eventually leads to dental implant failure?”

The following medical subjects headings terms: “abutment screw,” “preload,” “dental implants,” and their related entry terms were used in different combinations using the Boolean Operators “AND” and “OR” for the research. In addition, manual search was made [Figure 2].

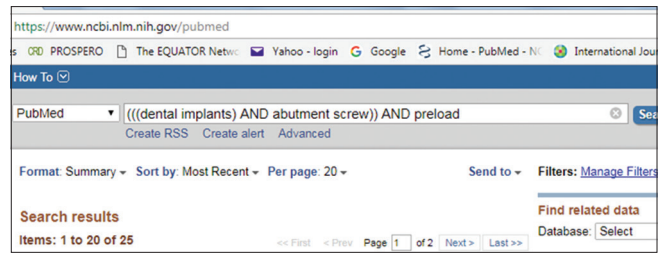


Figure 2: Pudmed search

(((dental implants] AND abutment screw]) AND preload.

Inclusion criteria

Loss of preload, screw loosening, screw fracture, screw geometry, implant-abutment connection type (external hexagon platform, Morse taper), material properties, namely, stiffness, resilience, and materials, namely, gold, titanium (Ti), Ti alloy, surface texture of the abutment screw, condition of mating surfaces, lubrication, torque value, rate of tightening (10, 20, 35N, and retorque after 10 min), and integrity of joint.

Exclusion criteria

Functional habits such as bruxism, clinical syndromes (such as epilepsy, psychological disorders, and osteoporosis) implant fracture.

Filters

Other inclusion criteria are as follows (a) articles published in English language; (b) human studies; (c) studies which have the relationship between dental implants and loss of preload; (d) animal studies; (e) systematic reviews; (f) cohort studies; and (g) randomized controlled trial (RCT).

Other exclusion criteria are as follows (a) articles published in another language other than English; (b) studies that does not have the relation between dental implants and loss of preload; (c) full text articles that were not available on the database searched; (d) duplicated articles; (e) letters to editor; and (f) commentaries. Studies other than RCT, systematic reviews and cohort studies were eliminated to reduce bias.

Data extraction

All studies which met the inclusion and exclusion criteria for review were obtained and screened independently and were analyzed using PRISMA guidelines [Figure 1]. The following data were extracted from the studies included for review reference, study design, number of implants, group specification of the study, initial torque, preload, and loss of preload. The quality of the various studies was not considered in the final analysis; therefore, no quality assessment has been done.

Table 1: Torque sequence

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation	
Georgios Siamos	RCT	40	I. Torqued, stand for 3 h and then loosened II. Retorqued after 10 min with same torque values and allowed to stand for 3 h III. Torqued, retorqued after 10 min, load applied for 3 hours before loosening	25,30,35,40 Ncm		26%-29% 17%-19% 23%-32%	To overcome the settling effect, investigators recommended to retorque the abutment screw 10 min after the first torque application	
Hanen Nejer Al-Otaibi	RCT	4	A. torquing screws to 35 Ncm B. Torquing screws to 35 Ncm and retorquing to the same value C. Torquing the same screws to 35 Ncm for three times	35 Ncm	A. 27.9±0.7 Ncm B. 29.5±1.5 Ncm C. 27.2±1.6 Ncm		Retorquing once has highest preload value than torqued group and retorqued twice group	
Dandan Xia	RCT	30	A. 24 Ncm B. 30 Ncm C. 36 Ncm			A. 9.42% torque loss B. 8.40% torque loss C. 29.73% torque loss	Group C exhibited 11.44% torque loss without loading and 22.94% after loading	
Keith L.Guzaitis		41	Primary screw cycles 1-9 Reference screw cycle 10 1-19 1-29 1-39 40 After 10 min retorqued to the same torque value. After 5 min the preload reverse torque value was measured	25 Ncm		PS9>PS19>PS29 or 39	Significant differences in mean reverse torque were observed with greater number of screw insertion cycles. After 10 screw insertion cycles, a new prosthetic screw should be used	
Haddad Arabi Bulaqi			15 rpm 30rpm		15 rpm 574 489 377 312	30 rpm 593 504 393 320	By increasing the tightening speed, the length of required time for junction deformation was reduced. As tightening speed increases, the preload also increases	
Maha M.Al-Sahan	RCT	4	One step (0 Ncm- 15 Ncm) Three step (0-5-10-15) 6 sequences, 2 methods, 5 replications		181.3 311.5 245.9 309.8 100.1	285.5 127.5 176.4 189.6 763.4 349.7	Preload was achieved when the tightening sequence began with the implant tat exhibit largest misfit	
Atais Bacchi		40	I. Torque with 32 Ncm II- Torque with 32 Ncm holding it for 20 s III. Torque with 32 Ncm and retorque after 10 min IV. torque (32 Ncm) and holding it for 20 s and retorque after 10 min			Conventional 25.3 25.2 28 26.3	DLC 22.7 23.3 23 20.8	The use of conventional Ti screws for fixation provides higher loosening torque values than DLC screws after cyclic loading

DLC: Diamond like carbon coated screw, RCT: Randomized controlled trial

DISCUSSION

Preload is the initial load when a torque is applied to the screw. The preload is a contributing factor for the

stability of screw connection parts, is affected by various mechanical factors.^[5] One of which is the settling effect or embedment relaxation. The settling effect occurs due to microroughness on the two contact surfaces so that

Table 2: Type of material

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation	
Rafael Augusto STUKER	RCT	30	A. Gold screws B. Ti screws C-surface treated Ti	30.07±0.28 Ncm	A. 117.71 N-140.48 N B. 25.30 N-4.68 N C. 90.28 N-104.09 N		Gold has the highest preload value than Ti and surface treated Ti	
R Doolabh	RCT	2	1- 10Ti 2- 10Au	20Ncm, 32Ncm, 40Ncm	1-43.686 2-29.313		Au screws generate higher preload values than Ti	
Jae-Kyoung Park	RCT	6	Ti and Ti with tungsten carbide carbon coating	30 Ncm+30Ncm			Tungsten carbide coating alloy provides higher preload than noncoating alloy screws.	
Burak Yilmaz		9	Ti Zr	30Ncm		p<0.0144	Atlantis Ti abtment displaced more than custom Zr	
Jae-Young Jo		15	T3-Grade 3 Ti T4-Grade 4Ti TA-Ti-6Al-4V	T3-823.1N T4-865.4N TA-912.3N			TA exhibited higher preload values than T3 and T4.	
Atais Bacchi		40	Conventional Ti screw, diamond like coated screw			Conventional 25.3 25.2 28 26.3	DLC 22.7 23.3 23 20.8	The use of conventional Ti screws for fixation provides higher loosening torque values than DLC screws after cyclic loading

DLC: Diamond like carbon coated screw, RCT: Randomized controlled trial

when initial torquing of the screw is applied, the rough areas collapse and leads to screw loosening. Hence, preload must be maintained to prevent joints from separating.^[1,5,6,10]

The present review is investigated to determine the factors that are responsible for loss of preload and screw loosening.

TYPE OF MATERIAL

Six articles, which includes 102 implants the preload values of different types of materials were evaluated. In comparison between gold, Ti, Ti alloys and surface treated Ti, gold exhibits higher preload value than other elements. It is then followed by Ti alloys, surface-treated Ti, and pure Ti type of material [Table 2].^[14,16,28,31,37,38,40-42,44]

TORQUE METHOD

Two articles, compared the efficacy of manual torque with that of the digital torque meter, out of which one article is a systematic review. By the result, researchers found that calibrated torquing devices are mandatory as the abutment should not be over tightened or under tightened to avoid misfitting of the implant abutment complex [Table 4].^[2,3,21,25,34,45]

TORQUE SEQUENCE

Seven articles evaluated the torquing sequence for the maintenance of preload values and found that retorquing after 10 min of initial torque is efficient to maintain the preload value [Table 1].^[1,6,12,18,23,27,30,32,33,37,43]

ABUTMENT CONNECTION TYPE

Of the seven articles, two articles were concluded by doing a study in about 56 implants and found the result that design of joint was not significant in affecting the preload values. And also, other articles which includes 51 implants, showed that internal hexagon type exhibits greater preload than external hexagonal type [Table 3].^[8,11,15-17,19,20,22,24,26]

INFLUENCE OF LUBRICATION

Dry lubricant coatings such as 60–80 nm Ti nanoparticles, Vaseline, and human saliva were used as a lubricating agent in about three studies. Eighty-five implants were evaluated for this influence of lubrication on preload values. Results found that lubricants decreases the friction and thereby helps in maintenance of preload by regulating the settling effect [Table 5].^[7,9,13,29,39]

ABUTMENT COLLAR LENGTH

One article evaluated the significance of abutment collar length in a total of 15 implants and found that increase in the height of abutment collar length has a significant influence on the torque loss of abutment-implant screw after cyclic loading [Table 6].^[35,36]

SUMMARY

As per the results of the studies include we can summarize the following.

Table 3: Abutment connection type

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation
Jack Piermatti	RCT	40	Internal connection	32 Ncm			Findings suggest that the design of the joint was not significant in torque loss. But screw design appears to be important factor External butt joint was more advantageous than the internal connection in terms of postload removal torque loss
Hyon-Mo Shin		35	External hex			1. 5.4±3.4%	
			External hex butt joint	1. 26±0.8		2. 9.3±7.8%	
			Morse taper	2. 28.3±1.4		3. 8.3±4.0%	
				3. 26.5±1.4		4. 17.2±4.8%	
Jae-Kyoung Park	RCT	6	1. External hex butt joint	30 Ncm+30 Ncm		5. 27.0±10.5%	Internal conical connections were more effective than external-hex butt joint connections
			2. Internal conical connection with 8° taper				
			3. Internal conical connection with 11° taper				
Sergio Rocha Bernardes		10	External hexagon (5)	32 Ncm	P=0.947		External hexagon showed the lowest preload values then the internal hexagonal type
			Morse taper (5)	32 Ncm	P=0.996		
				20 Ncm	P=0.999		
				20 Ncm	P=0.999		
Giovanna Murmura	RCT	70	35. Internal hexagon connection	I. 25 Ncm			Implant abutment connection did not have an effect
			35. Internal octagon connection	II. 35 Ncm			
Takuma TSUGE	RCT	16	Internal and external hexagonal type	20 Ncm		Initial preload RTV 10.4 18.3 12.8 18.9	Internal hexagon type showed markedly higher settling for all instances of tightening than the external group
						Postloading RTV 11 20.1 13.8 20.4	

DLC: Diamond like carbon coated screw, RVT: Reverse torque value, RCT: Randomized controlled trial

Table 4: Torque method

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation
Kelvin L.Goheen			Manual torque devices	10 Ncm	0.7 Ncm-18.1 Ncm		Calibrated torquing devices are mandatory
			Electronic torque controller	20 Ncm	1.4 Ncm-33.7 Ncm		
				32 Ncm	8.2 Ncm-36.2 Ncm		
Richard L.Burguete	Review		A. Hand torque wrench, power nut runner B. Torque wrench, power nutrunner			A. 23%-28% error B. 17%-23% error	There are significant potential advantages in the use of torque/angle control to tighten the screws both in terms of tightening operation and sensing misfits in the implant system

- Gold fixation screws provides higher preload values than Ti and Ti alloy screws
- Calibrated torquing device is mandatory to get adequate preload
- Retorquing of abutment screws after 10 min of the initial torque should be performed during implant abutment connection
- Abutments with more extensive contact areas with

Table 5: Influence of lubricant

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation
Geogr K. Tzenkis		15	Human saliva	11, 33.809 g	168-200 187-218 204-236	1. -18.267 2. -17.667 3. -35.933	Higher preload was achieved after repeated use of a saliva-Lubricated gold prosthetic retaining screw
Hung Wen Lee		30	I. Without contamination II. 60 nm-80 nm Ti nano particles			I. 5.08% II. 0.07%	Abutment screw contamination decreased preload values because of settling effect
Mariana de Almeida Basilio		40	Vaseline	20 Ncm		P=0.820	Dry lubricant coatings decrease the friction and allow a greater amount of applied torque to be converted into preload

Table 6: Abutment collar size

References	Study design	Number of implants	Groups	Initial torque	Preload	Preload loss	Interpretation
Marzia Alikhasi		15	I. 1.5 mm gingival height II. 3.5 mm gingival height III. 5.5 mm gingival height	35Ncm		I. 10.20 Ncm II. 14.40 Ncm III. 16.20 Ncm	Increase in the height of abutment collar length has significant influence on the torque loss of abutment-implant screw after cyclic loading

implant have been associated with a lower incidence of torque loss

- Internal connection type has higher preload value than external hexagon type
- Results found that lubricants decreases the friction and thereby helps in maintenance of preload by regulating the settling effect.

CONCLUSION

Ideally, the use of lubricated gold screws with internal connection type should be placed with calibrated torquing device and retorquing it after 10 min of the initial torque gives the maximum preload. Since screw loosening is the major reason for implant failure due to embedment relaxation, one should know the reason behind it. The knowledge of preload loss must be known for the clinicians to avoid such screw loosening and subsequent implant failure.

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Conflicts of interest

There are no conflicts of interest.

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