Multi-drug resistant Burkholderia cepacia keratitis following laser in situ keratomileusis complicated by interface fluid syndrome

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Key words: *Burkholderia cepacia,* interface fluid syndrome, post LASIK microbial keratitis

A 26-year-old female was referred to us with left eye microbial keratitis following laser in-situ keratomileusis (LASIK) done a month ago. The vision was 20/1200. The left eye had a central infiltrate involving the flap and beyond [Fig. 1]. Corneal scrapings revealed short gram-negative bacilli. Hourly topical

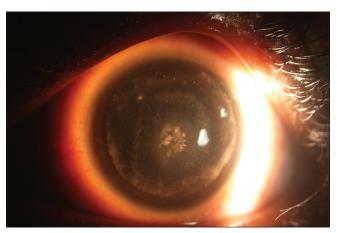


Figure 1: Image of the left eye with sclerotic scatter, showing a central epithelial defect, underlying patchy infiltrate $(2.8 \times 2.5 \text{ mm})$ involving flap and interface, dense cellular reaction in the interface in the form of an incomplete ring with dense cellularity at the flap margins involving the flap as well as the interface

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Received: 05-Sep-2019 Revision: 27-Oct-2019 Accepted: 20-Feb-2020 Published: 25-Jun-2020 fortified cefuroxime sodium (5%) and ofloxacin (0.3%) were commenced. *Burkholderia cepacia* cultures were sensitive to imipenem and amikacin, intermediate sensitivity to ceftazidime, and resistant to all other antibiotics using the VITEK 2 system (bioMerieux, USA). Therapy was switched to fortified amikacin sulfate (2.5%) eye drops, ceftazidime sodium (5%) eye drops hourly, and betamethasone sodium phosphate (0.1%) eye drops 4 times daily. Two weeks later, her vision deteriorated with the appearance of interface fluid [Fig. 2]. Digital tension was elevated. Interface fluid disappeared following steroid discontinuation. The complete resolution took 3 months [Fig. 3] with a vision of 20/50.

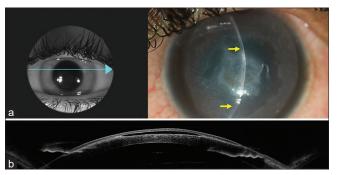


Figure 2: (a) (upper right corner): Slit lamp image of the left eye showing interface fluid causing separation of the flap superiorly and inferiorly (arrow) and patchy infiltrate involving the flap and interface with anterior stromal scarring and diffuse cellularity in the interface extending till the flap edge without increase in congestion or anterior chamber reaction. (b) Anterior segment OCT (DRI OCT Triton, Topcon, Tokyo, Japan) of the cornea showing an elevated flap with fluid in the interface, and interface haze

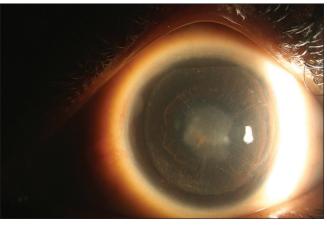


Figure 3: Image of the left eye with sclerotic scatter, 4 months later, showing a central scar, with interface haze

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Discussion

B. cepacia is a notorious multidrug resistant organism and a significant cause of morbidity and mortality.[1] Keratitis due to Burkholderia species is uncommon. The risk factors include corneal transplants, [2,3] prior herpes simplex virus (HSV) keratitis,[4] orthokeratology lens wear[5], and cataract surgery.[6] Microbial keratitis post LASIK is about 0-1.5%.[7] Burkolderia pickettii was responsible for diffuse lamellar keratitis following LASIK.[8] However, B. cepacia keratitis following LASIK is extremely rare with only one case reported prior. [9] Our patient had a patchy central infiltrate with a dense cellular reaction in the interface similar to an immune ring, hence topical steroids were started. This led to interface fluid syndrome (IFS), which resolved on discontinuation of steroids. IFS can occur following a steroid response, toxic anterior segment syndrome, herpetic keratouveitis, or dysfunctional endothelium[10] but has not been reported with microbial keratitis. Fluid accumulates in the potential space in the interface. Topical steroids or intraocular inflammation could have precipitated a rise in intraocular pressure and IFS in our case.

B. cepacia in our patient was multidrug resistant similar to a previous report. ^[9] However, a relapse was noted in the latter 3 weeks after treatment initiation. Our patient recovered completely over 3 months with a combination of ceftazidime and amikacin.

Multidrug resistant *B. cepacia* keratitis following LASIK is extremely rare necessitating prompt microbiological work-up with combination drug therapy for resolution of infection. IFS may occur due to topical steroids or intraocular inflammation and hence concomitant inflammation requires judicious use of steroids.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published

and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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Conflicts of interest

There are no conflicts of interest.

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