

7T VS 3T BRAIN MORPHOMETRICS WITH AGE

1 Brain morphometrics correlations with age among 2 352 participants imaged with both 3T and 7T MRI: 3 7T improves statistical power and reduces required 4 sample size

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34 **Abstract**

35 *Introduction*

36 Magnetic resonance imaging (MRI) at 7 Telsa (7T) has superior signal-to-noise ratio to 3 Telsa
37 (3T) but also presents higher signal inhomogeneities and geometric distortions. A key knowledge
38 gap is to robustly investigate the sensitivity and accuracy of 3T and 7T MRI in assessing brain
39 morphometrics. This study aims to (a) aggregate a large number of paired 3T and 7T scans to
40 evaluate their differences in quantitative brain morphological assessment using a widely
41 available brain segmentation tool, FreeSurfer, as well as to (b) examine the impact of
42 normalization methods for subject variability and smaller sample sizes on data analysis.

43 *Methods*

44 A total of 452 healthy participants aged 29 to 68 were imaged at both 3T and 7T. Structural T1-
45 weighted magnetization-prepared rapid gradient-echo (MPRAGE) images were processed and
46 segmented using FreeSurfer. To account for head size variability, the brain volumes underwent
47 intracranial volume (ICV) correction using the Residual (regression model) and Proportional
48 (simple division to ICV) methods. The resulting volumes and thicknesses were correlated with
49 age using Pearson correlation and false discovery rate correction. The correlations were also
50 calculated in increasing sample size from 3 to the whole sample to estimate the sample size
51 required to detect aging-related brain variation.

52 *Results*

53 352 subjects (210 females) passed the image quality control with 100 subjects excluded due to
54 excessive motion artifacts on 3T, 7T, or both. 7T MRI showed an overall stronger correlation
55 between morphometrics and age and a larger number of significantly correlated brain volumes
56 and cortical thicknesses. While the ICV is consistent between both field strengths, the Residual
57 normalization method shows markedly higher correlation with age for 3T when compared with
58 the Proportional normalization method. The 7T results are consistent regardless of the
59 normalization method used.

60 *Conclusion*

61 In a large cohort of healthy participants with paired 3T and 7T scans, we compared the statistical
62 performance in assessing age-related brain morphological changes. Our study reaffirmed the
63 inverse correlation between brain volumes and cortical thicknesses and age and highlighted
64 varying correlations in different brain regions and normalization methods at 3T and 7T. 7T
65 imaging significantly improves statistical power and thus reduces required sample size.

66 **Keywords**

67 Magnetic resonance imaging, 3T, 7T, brain morphometrics, aging

68 **Key points**

- 69 1. Compared to 3T, 7T has stronger inverse correlations of total grey matter, subcortical
70 grey matter, and white matter volumes, and mean cortical thickness with age.

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- 71 2. Compared to 3T, 7T shows a greater number of brain volumes and cortical thicknesses
72 that have statistically significant correlations with age.
- 73 3. For comparable statistical power at 3T, the required sample size for 7T is reduced for
74 cortical and subcortical volumes, and substantially reduced for cortical thicknesses.

75 **Introduction**

76 Magnetic Resonance Imaging (MRI) provides optimal *in vivo* soft tissue contrast and is
77 the method of choice to investigate many cerebral abnormalities such as tumors, atrophy,
78 vascular diseases, demyelinating diseases, trauma, infection, and developmental anomalies
79 (Barisano et al., 2019). The current state of the art clinical usage of MRI could shift from
80 scanners with a static magnetic field of 3 Tesla (T) to the recently FDA-cleared 7T MRI (US
81 FDA, 2024). However, this change is not merely a rescaling of the system but a major
82 engineering challenge.

83 The 7T MRI offers a higher signal-to-noise ratio (SNR) due to its inherently higher spin
84 signal, as well as improved tissue contrast due to longer T1 and shorter T2 and T2* relaxation
85 times, which help to enhance image and angiography contrasts (Okada et al., 2022; Perera
86 Molligoda Arachchige & Garner, 2023). Moreover, its higher sensitivity to susceptibility
87 differences enhances BOLD contrast (Okada et al., 2022; Perera Molligoda Arachchige &
88 Garner, 2023), which is often used in functional imaging. However, the shorter wavelength of the
89 electromagnetic excitation at 7T increases image inhomogeneity (Ibrahim et al., 2007) and
90 average/local power deposition (Ibrahim & Tang, 2007) for neuroimaging. Both increased
91 average and local power deposition limits the maximum allowed power to be used during the
92 scans (Fiedler et al., 2018). Moreover, the increased sensitivity to susceptibility can cause
93 distortions and artifacts in regions with thin air-brain interfaces, such as the sinus (Truong et al.,
94 2006), depending on the subject's anatomy. Structural images can also be contaminated with
95 angiography signals, making it difficult for automated segmentation tools to determine brain
96 volumes in specific regions (Choi et al., 2020; Viviani et al., 2017)

97 Given these trade-offs, there is a need to investigate the sensitivity and specificity of
98 using 3T and 7T MRI to brain morphometrics in a large data set where the same subjects
99 undergo scans at both field strengths. With no clear ground truth in whole brain morphometrics,
100 prior studies have shown that after the human brain reaches its maximum volume between the
101 ages of 25-30 (Fjell et al., 2014; Fjell, 2010), a subject-specific loss of cerebral volume is
102 expected over time. Therefore, MR studies have typically investigated the morphological
103 characteristics and atrophy of brain regions in relation to aging. Studies have found that total
104 grey matter volumes decrease consistently over age, while individual regions showed specificity
105 in their rate of decrease (Fjell et al., 2014; Fjell, 2010). Cortical thicknesses have also been
106 observed to negatively correlate with age (Fjell et al., 2014; Fjell, 2010). White matter volume,
107 on the other hand, differed from grey matter such that it shows modest changes until 40-50 years
108 before a rapid decrease in volume (Fjell et al., 2014; Fjell, 2010).

109 Compared to 3T, 7T MRI has been shown to provide improved spatial resolution for the
110 same acquisition times (Okada et al., 2022; Perera Molligoda Arachchige & Garner, 2023).
111 However, due to field inhomogeneities, 7T structural images provided restricted performance
112 improvement regarding clinical diagnosis (Springer et al., 2016) and morphometric assessment
113 (Lusebrink et al., 2013; Seiger et al., 2015). These studies, however, were limited by their small

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114 sample size of paired 3T and 7T images and by the hardware limitations such as commercial
115 radiofrequency (RF) coils. Our study aims to analyze a large number of same-subject 3T and 7T
116 scans (> 400) to investigate their performance difference in quantitative brain morphological
117 assessment using a widely available brain segmentation tool, FreeSurfer, in addition to
118 homogeneous RF coils that largely eliminate field inhomogeneities and signal voids at 7T
119 (Andrea N Sajewski, 2023; Kim et al., 2016; Krishnamurthy et al., 2019; Santini et al., 2021;
120 Santini et al., 2018). Specifically, we investigated how different statistical analysis and
121 normalization methods may affect the resulting statistical power including correlation strength
122 and sample size. Finally, provide regression models of the expected regional brain volumes and
123 cortical thicknesses by age.

124 **Methods**

125 *Participants*

126 The dataset was pooled from multiple studies (NIH RF1AG053504, R01AG053504,
127 P01HL040962, and R01DK110041) recruiting healthy participants under the Institutional
128 Review Board of The University of Pittsburgh, Pittsburgh, USA. Prior to their initial visit,
129 participants underwent a comprehensive informed consent process, which included a detailed
130 review of the study's objectives. Participants were eligible if they were between the ages of 18
131 and 80 and had no contraindication to an MRI scan. Additionally, screening for pre-existing
132 dementia was conducted using both the Informant Questionnaire on Cognitive Decline in the
133 Elderly and the Clinical Dementia Rating scale for exclusions.

134 *Data Collection*

135 Before quality control, in total, 452 subjects had completed paired 3T and 7T MPRAGE
136 sequence with an average (SD) interval of 4.96 (4.16) year. The 7T scans were acquired using a
137 7T Magnetom system in the sTx mode (single channel) with either the first (16 - combined into
138 one - transmit and 32 receive channels) or second (60 transmit - combined into one - transmit
139 and 32 receive channel) generation of in-house-designed Tic-Tac-Toe RF coil systems. These RF
140 coil systems are known for producing homogeneous images (Andrea N Sajewski, 2023; Kim et
141 al., 2016; Krishnamurthy et al., 2019; Santini et al., 2021; Santini et al., 2018). The 3T scans
142 were acquired with either a Trio or PRISMA systems and utilized an integrated whole-body RF
143 coil for excitation and a commercial 32-ch coil for reception. Description of the acquisition
144 parameters and type of sequences are provided in **Table 1**.

145 *Image Processing*

146 Both 3T and 7T scans were processed using the same pipeline. The images were
147 corrected for gradient distortion [<https://github.com/Washington-University/gradunwarp>] and
148 then underwent intensity bias correction using SPM12 (*Statistical Parametric Mapping: The*
149 *Analysis of Functional Brain Images*, 2006). Brain stripping was performed using SynthStrip
150 (Hoopes et al., 2022) followed by a 6 DOF rigid registration to MNI space with their respective
151 resolution using Greedy (<https://github.com/pyushkevich/greedy>). Finally, brain volumes and
152 cortical thicknesses were extracted using FreeSurfer version 7.1.1 (Fischl, 2012) and using the
153 “highres” flag. Intracranial volumes were calculated from the brain mask output of SynthStrip.

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154 The quality control process of the FreeSurfer segmentation output began with classifying
155 the scans into three grades: 1) pass, 2) re-run, and 3) fail. For grade 2 scans, control points were
156 placed on white matter regions that failed to be identified by FreeSurfer. After the re-run with
157 control points, scans were reclassified into either pass or fail. If a subject had either 3T or 7T
158 segmentation classified as failed, both 3T and 7T scans were excluded from the analysis. We also
159 identified and excluded regions that are not consistently segmented due to the presence of dura,
160 or due to the presence of arteries on the 7T images but not on the 3T images. Both issues impact
161 the accuracy as well as the consistency of the FreeSurfer segmentation of the excluded cortical
162 regions on both the 3T and 7T images.

163 *Statistical Analysis*

164 The volume of the brain regions underwent intracranial volume (ICV) correction using
165 two methods (Wang et al., 2024): In the Residual method, the regions along with ICV and sex
166 were entered into a multiple regression. We extracted the residuals which represented the
167 morphometric information without the effect of ICV and sex. In the Proportional method: the
168 volume regions were divided by their respective ICV and then corrected for sex using regression.
169 Cortical thicknesses were only corrected by sex.

170 Each region was then correlated with age using Pearson correlations in MATLAB
171 (version R2022a) (MathWorks, Natick MA). Multiple comparison corrections using Benjamini–
172 Hochberg method for False Discovery Rate (FDR) (Benjamini & Hochberg, 1995) were then
173 performed on the p-values within groups separated by cortical volumes, cortical thicknesses, and
174 subcortical volumes. Regions with FDR corrected p-values lower than 10% FDR threshold were
175 considered significantly correlated with age. Linear regression was used to calculate the slope of
176 the correlation. The regions were also fitted with a second order polynomial to estimate the effect
177 of aging on the rate of volume or thickness change. When comparing the correlation coefficient
178 between 3T and 7T data, z-test was performed on the R values undergoing Fisher’s z
179 transformation. The correlation coefficient was statistically stronger than one another when the
180 resulting one-tailed p value was less than 0.05.

181 To evaluate the effects of the sample size in the number of regions significantly
182 correlated with age, the correlations were calculated in increasing sample size (n = 3 to full
183 sample) for 3T and 7T scans. Each subsample was randomly selected 1000 times without
184 repeating to estimate the error range.

185 For cortical grey matter volume regions, we also calculated the annual rate of change.
186 The linear regression equation was used to calculate the volume at the median age of the
187 population and the change of volume in one year.

188 **Results**

189 *Demographics and quality control outcomes*

190 352 subjects out of 452 (female = 210) ranged between 29 and 68 years passed the
191 quality control and were included in the analysis. 100 subjects were excluded due to motion
192 artifacts. Demographics, including sex, race, and years of education, as well as the medical
193 history of the dataset included in the analysis are shown in **Table 2**. Of the participants imaged,

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194 59.7% are female, 87.5% are white, and received 17.3 years of education (16 = college graduate;
195 18 = master's degree). Less than 5% of them have high blood pressure, heart murmur, and
196 anxiety disorders. Participants completed their 3T scan at a mean age of 45.7 years,
197 approximately five years prior to the 7T scan (50.9 years).

198 The quality control process also identified 6 cortical regions (entorhinal,
199 parahippocampal, rostral anterior cingulate, caudal anterior cingulate, insula, and transverse
200 temporal) where FreeSurfer was not able to generate accurate and consistent segmentations due
201 to the presence of blood vessels and dura. Examples can be found in **Supplementary Figure S1**.
202 We therefore removed these regions when comparing the correlation results between 3T and 7T.
203 Statistics of the removed regions are still included in **Supplementary Table S1**. The correlation
204 results therefore included 50 cortical volumes and 50 cortical thicknesses, and 38 subcortical
205 volumes.

206 *Correlations of brain volumes and cortical thicknesses with age*

207 Correlation between regional brain morphometrics and age from 352 pairs of 3T and 7T
208 scans were calculated. **Figure 1** provides an overview of the results by categorizing the regions
209 into total cortical grey matter volumes, total subcortical grey matter volumes, cerebral white
210 matter volumes, and mean cortical thickness. For cortical and subcortical grey matter volumes,
211 we saw both types of ICV corrections improved the correlation coefficient with age at 7T while
212 weakening it at 3T. Pearson's R values at 7T were significantly higher than at 3T using both the
213 Residual and Proportional methods for both the cortical ($p_{\text{Residual}} < 1e-4$, $p_{\text{Proportional}} < 1e-7$) and
214 subcortical ($p_{\text{Residual}} < 1e-5$, $p_{\text{Proportional}} < 1e-3$) grey matter volumes. While not notably changing
215 the outcomes at 7T, the Residual method showed better R values at 3T when compared to the
216 Proportional method. These results were independent of the ICV estimations, since they were
217 almost identical at 3T and 7T ($R=0.98$, Figure 4). White matter volume showed weaker
218 correlation with age than grey matter and had failed to show significance at 3T with both ICV
219 correction methods. Mean cortical thickness which included sex only correction also failed to
220 show significance at 3T while showing strong significance ($p < 1e-10$) and R value (-0.34) at 7T.

221 Pearson's R values mapped into individual cortical regions are illustrated in **Figure 2**.
222 The regions in the frontal and occipital lobe showed a generally stronger correlation than the
223 temporal and parietal lobe. Regions with a strong correlation such as the superior frontal gyrus
224 can be found significant at both 3T and 7T. **Supplementary Table S1** lists the correlation results
225 of all regional brain volumes and cortical thicknesses after FDR correction (using the residual
226 methods for ICV correction), as well as the respective linear regression slope and second-degree
227 coefficient of the polynomial fit. When using the Residual method, 48 (50) out of 54 cortical
228 volumes, 12 (40) out of 54 cortical thicknesses, and 25 (27) out of 38 sub-cortical volumes were
229 found significantly correlated with age at 3T (7T). When using the Proportional method, 32 (53)
230 out of 54 cortical volumes, 12 (40) out of 54 cortical thicknesses, and 21 (24) out of 38 sub-
231 cortical volumes were found significant at 3T (7T).

232 The relationship between number of significant regions and sample size (N from 3 to
233 352) at 3T and 7T considering the different methods of ICV corrections is shown in **Figure 3**.
234 For all brain volumes and cortical thicknesses combined, 32% ($n = 111$) of the 7T sample size
235 were required to reach 85 significant regions found from the full 3T sample size ($n = 352$),
236 corrected for ICV using the Residual method which achieves better correlation than the

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237 Proportional method most especially at 3T. When considering only cortical volumes
238 (thicknesses), 73% (12%) of the 7T sample size were required to reach the same number of
239 significant regions when compared with the full sample of 3T. For all 74 regions that were
240 significant at both 3T and 7T, we compared the correlation coefficients and found that 20 (1,
241 Optic Chiasm) regions had statistically stronger R value at 7T (3T) than the other field strength.
242 **Supplementary Table S1** lists the p value for comparison between all regions.

243 **Figure 4** first affirmed the consistent ICV calculation between 3T and 7T, with a
244 Pearson's $R=0.98$. It then displayed the effect of ICV correction by showing the linear regression
245 between corrected total cortical grey matter volume and ICV. Despite the fact that the Residual
246 method proved to be effective at both 3T and 7T, interestingly we saw that the 7T images are less
247 sensitive to the method of ICV correction.

248 We also mapped the cortical volume annual rate of change onto a brain atlas in **Figure 5**.
249 The mean rate of change among regions with significant correlation with age was 0.32% for both
250 3T and 7T. We saw the frontal and occipital lobe, along with part of the temporal lobe volume
251 decrease faster in general. The Residual method was used for this analysis.

252 Discussion

253 In this study, we analyzed a large dataset of paired 3T and 7T MR images acquired on
254 normal aging adults from 29 to 68 years of age, which allowed us to characterize the difference
255 in their statistical performance when assessing cross-sectionally the brain morphometrics
256 correlations as we age. We showed a heterogeneous negative correlation between brain volume
257 and age while providing an overview of how correlation of individual brain regions may be
258 observed differently at either 3T or 7T. When subjected to a feasible scan time, less subjects
259 would be necessary by scanning at 7T, providing studies with more flexibility to acquire
260 additional sequences and/or save costs. When considering cortical thicknesses, which is required
261 for AD cortical signature detection (Dickerson et al., 2009), only 7T provides sufficient brain
262 coverage and sensitivity to aging effects.

263 The innovative radiofrequency coil developments (Andrea N Sajewski, 2023; Kim et al.,
264 2016; Krishnamurthy et al., 2019; Santini et al., 2021; Santini et al., 2018) mitigated the
265 excitation inhomogeneity traditionally observed at 7T MRI, potentially allowing more brain
266 regions to be reliably quantified. Tailored preprocessing steps along with manual quality
267 assurance and correction could further refine the automatic cortex parcellation by FreeSurfer.

268 The method of ICV correction greatly affects the results of correlation analysis, most
269 notably in the 3T dataset. Previous studies (Wang et al., 2024) had investigated such effect on the
270 correlation between brain volumetric measurements and cognitive performance at 3T, in which
271 they showed that the regression based method was preferable in relation to the proportional
272 method, which generated results that were biologically implausible. In our analysis, limited to
273 morphometric variables alone, both correction methods were able to deliver plausible results,
274 i.e., negative correlation between age and brain regional volumes. However, we noted that after
275 correction using the Proportional method, the 3T dataset maintained a strong correlation between
276 brain volumes and ICV, which could be interacting with the effect of age and thus reducing
277 Pearson's R values. The 7T dataset, on the other hand, showed little sensitivity as to which

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278 correction method was used. The Residual method seems to be the preferable one, since it gives
279 its universal applicability.

280 Previous longitudinal studies (Fjell et al., 2013; Otsuka et al., 2022) on the relationship
281 between grey matter volume and age reported an annual rate of change around 0.4% across brain
282 regions. In our cross-sectional linear regression analysis, we derived a mean annual rate of
283 change of 0.32% at both 3T and 7T at the study median age. The demographics as well as the
284 image acquisition methods varied between our dataset and those of the published data. The Fjell
285 study was using 1.5T MRI while the cohort lacked control for cognitive performance. The cross-
286 sectional nature of our dataset may also play a role in the difference.

287 The white matter volume showed stability over aging at 3T and a small effect size, but
288 significant, at 7T after adjusting for ICV. Studies have shown that white matter volume
289 progresses differently with age compared to grey matter volume. Previous studies also showed
290 modest changes in white matter volume until 40-50 years old before an accelerated decline (Fjell
291 et al., 2014; Fjell, 2010). Hence a simple linear regression may not be enough to fully
292 characterize the change of white matter volume with age. Further efforts shall be made to model
293 the white matter volume by separating the age range while controlling other factors affecting
294 white matter such as white matter hyperintensities and perivascular spaces (Fjell et al., 2014;
295 Fjell, 2010).

296 As we gathered this large dataset of same-subject 3T and 7T scans, there was an average
297 scan interval of 5.2 ± 4.5 years (after quality control). While the lack of field strength specific
298 harmonization methods limited our ability to perform longitudinal analysis, the distance between
299 the 3T and 7T scan resulted in different age distribution between groups. Fortunately, the
300 quadratic terms are minimal in most regions, indicating that the relationship is nearly linear for
301 the age range in this study and the impact of age differences at the scanning is relatively minor.
302 At the moment of this analysis, information regarding comorbidities, lifestyle, cognition, AD risk
303 factors, and other relevant factors presented in Table 2 were not included as covariates in the
304 analysis, which could influence the change trajectory of brain morphometrics and will be subject
305 of future study.

306 Our study also identified some limitations regarding the acquired datasets at both 3T and
307 7T. Firstly, FreeSurfer segmentations could fail when the cortex, occipital lobe specifically, had
308 insufficient grey matter to white matter contrast sometimes observed in the 3T datasets. Control
309 points were placed to aid the re-run of FreeSurfer segmentation. In the case of poor global
310 contrast caused in conjunction with motion artifact, the subject is excluded. Cortical thickness
311 measurements could also be biased due to the inconsistent tissue boundary due to the lack of
312 white to gray matter contrast. Secondly, due to the altered T1 relaxation time, blood vessels,
313 otherwise invisible at 3T, are marked with ultra bright contrast on 7T MPRAGE images. These
314 blood vessels distinguish themselves with the surrounding tissue drastically, creating challenges
315 for FreeSurfer algorithms which are tailored to lower field strengths image contrast. Major blood
316 vessels such as the middle cerebral artery and pericallosal artery, were oftentimes included in the
317 segmentation of their surrounding brain regions such as the anterior cingulate cortex, the
318 parahippocampal cortex, the entorhinal cortex, the insula cortex, and the transverse temporal
319 cortex in the 7T image segmentations. These regions were found to be either insignificant or
320 having a weak and inconsistent correlation with age, which could be explained by inaccurate

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321 segmentation. We have excluded the most effected regions from this analysis. Another tissue that
322 was more visible at 7T was the dura. While deep learning-based brain extraction provided
323 consistent results across magnet strength and scanning procedure for our dataset, the survival rate
324 of dura after brain stripping remained inconsistent, resulting in inconsistent over-classification of
325 surface temporal cortical regions in the 7T segmentations. The effect of dura is manifested in the
326 positive correlation between parahippocampal, entorhinal cortex thickness and age. The
327 worsened susceptibility effects at 7T also gave rise to the air-tissue interface distortion artifact
328 near the sinus in about half of the subjects, mainly presented in the inferior border of the orbital
329 front cortex with extreme hyperintensity, veiling the cortex's true boundary. While the impact to
330 the volume measurement was limited, the susceptibility artifact appeared as an inevitable
331 obstacle in calculating the true morphometrics of the region. Regarding the drawbacks
332 encountered when segmenting the entorhinal and parahippocampal cortex with FreeSurfer,
333 efforts have been made to address this issue: for instance, with the ASHS package and ASHS-
334 PMC-T1 atlas, it is potentially possible to distinguish the complex tissues around the region and
335 to generate more precise cortical/subcortical segmentations of the middle temporal lobe regions
336 (Xie et al., 2016; Yushkevich et al., 2015).

337 **Conclusion**

338 In this cohort of 352 participants with paired 3T and 7T scans, we compared the statistical
339 performance in assessing age-related brain morphological changes. Our study reaffirmed the
340 inverse correlation between brain volumes and cortical thicknesses and age and highlighted
341 varying correlations in different brain regions at 3T and 7T. Compared to 3T, 7T has stronger
342 correlations of total grey matter, subcortical, and white matter volumes, and mean cortical
343 thickness with age, and shows more brain regions in which they volumes and cortical thicknesses
344 have statistically significant correlations with age. For comparable statistical power at 3T, the
345 required sample size for 7T is reduced for cortical and subcortical volumes, and substantially
346 reduced for cortical thickness.

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353 **Conflict of interest statement**

354 The authors declare no conflict of interest.

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467 **Table 1.** T1-weighted Magnetization Prepared RApid Gradient Echo (MPRAGE) sequence
 468 parameters at 3T and 7T.

Scanner	3T			7T	
	Siemens Trio	Siemens Prisma		Siemens Magnetom	
Coil	Transmit: Body Coil			Transmit: 1st generation Tic-Tac-Toe head coil, 16 channels	Transmit: 2nd generation Tic-Tac-Toe head coil, 60 channels
	Receive: 32-channels			Receive: 32-channels	
Resolution	1 mm iso	0.5 x 0.5 x 1 mm	0.8 mm iso	0.75 mm iso	0.75 mm iso
Repetition time (ms)	1500	3650	2400	3000	3000
Echo time (ms)	3.19	2.53	2.22	2.17	1.96
Inversion time (ms)	800	1200	1000	1200	1200
Grappa	0	2	2	2	2
Acquisition time (min)	04:48	09:55	6:35	5:02	5:02
Number of scans after quality control	144	160	48	264	88

469

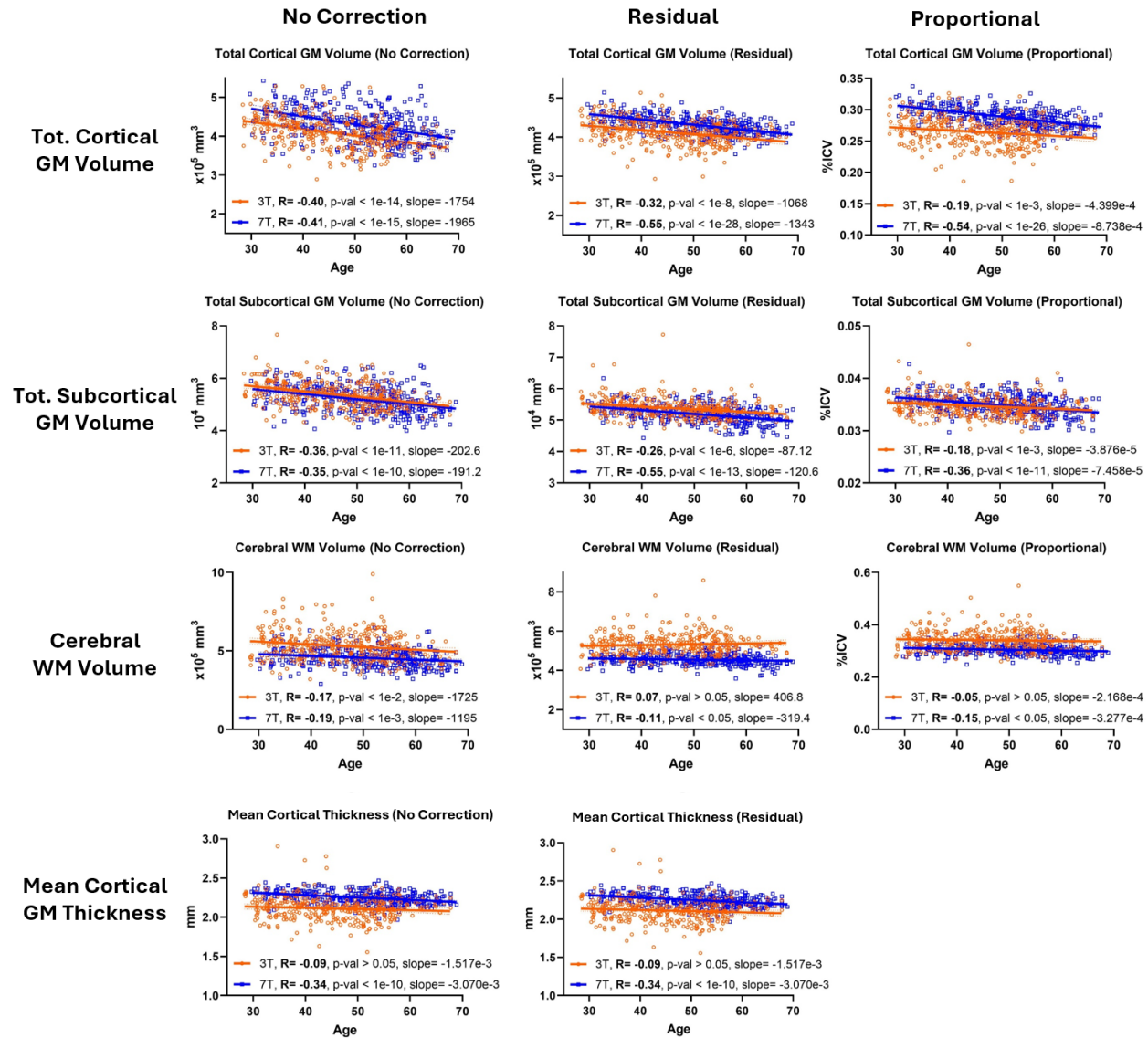
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470 **Table 2.** Demographics and medical history of 352 participants. SD stands for standard
471 deviation.

	3T	7T
Sample size, n	352	
Sex female, n (%)	210 (59.7)	
Race white, n (%)	308 (87.5)	
Years of education, mean (SD)	17.3 (2.7)	
High blood pressure, n (%)	5 (1.4)	
Heart murmur, n (%)	10 (2.8)	
Heart surgery, n (%)	0	
Diabetes, n (%)	2 (0.6)	
Depression, n (%)	1 (0.3)	
Panic attacks, n (%)	3 (0.9)	
Other anxiety disorder, n (%)	12 (3.4)	
Post traumatic disorder, n (%)	0	
Age at scan, mean (SD)	45.7 (9.2)	50.9 (9.3)
Intracranial volume mm ³ , mean (SD)	1.5521e+06 (1.4695e+05)	1.4912e+06 (1.3767e+05)

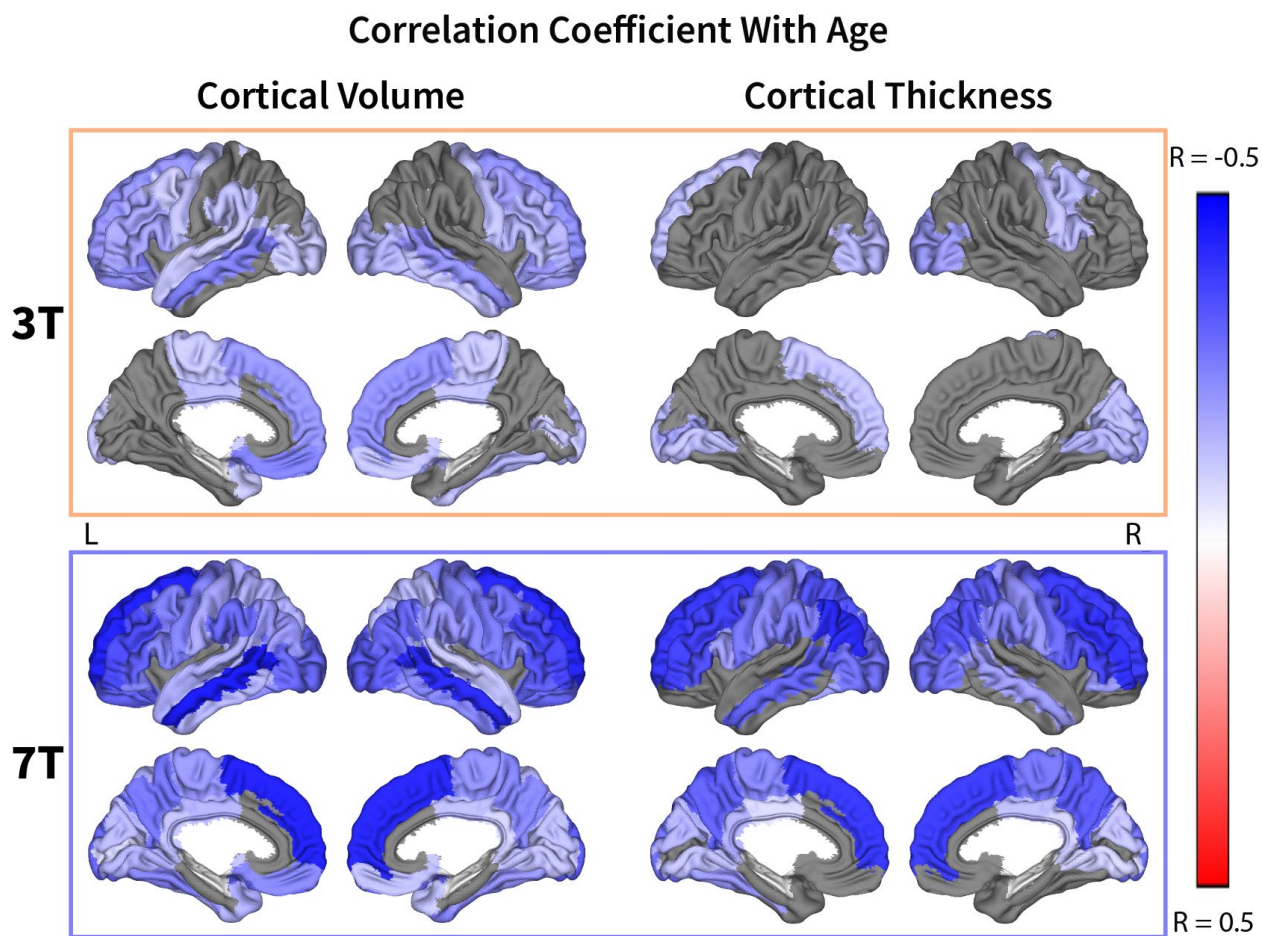
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473
 474 **Figure 1. 7T has a stronger inverse correlation of total cortical grey matter volume, total**
 475 **subcortical grey matter volume, total white matter volume, and mean cortical thickness**
 476 **with age.** Brain morphometric correlations with age using 352 pairs of 3T and 7T MPRAGE
 477 scans, including the raw volumes (No Correction) and corrected for ICV using either residuals
 478 from regression model (Residual method) or division by ICV (Proportional method). Correlation
 479 between the ICV derived from 3T and 7T was shown to demonstrate consistent brain stripping
 480 results.

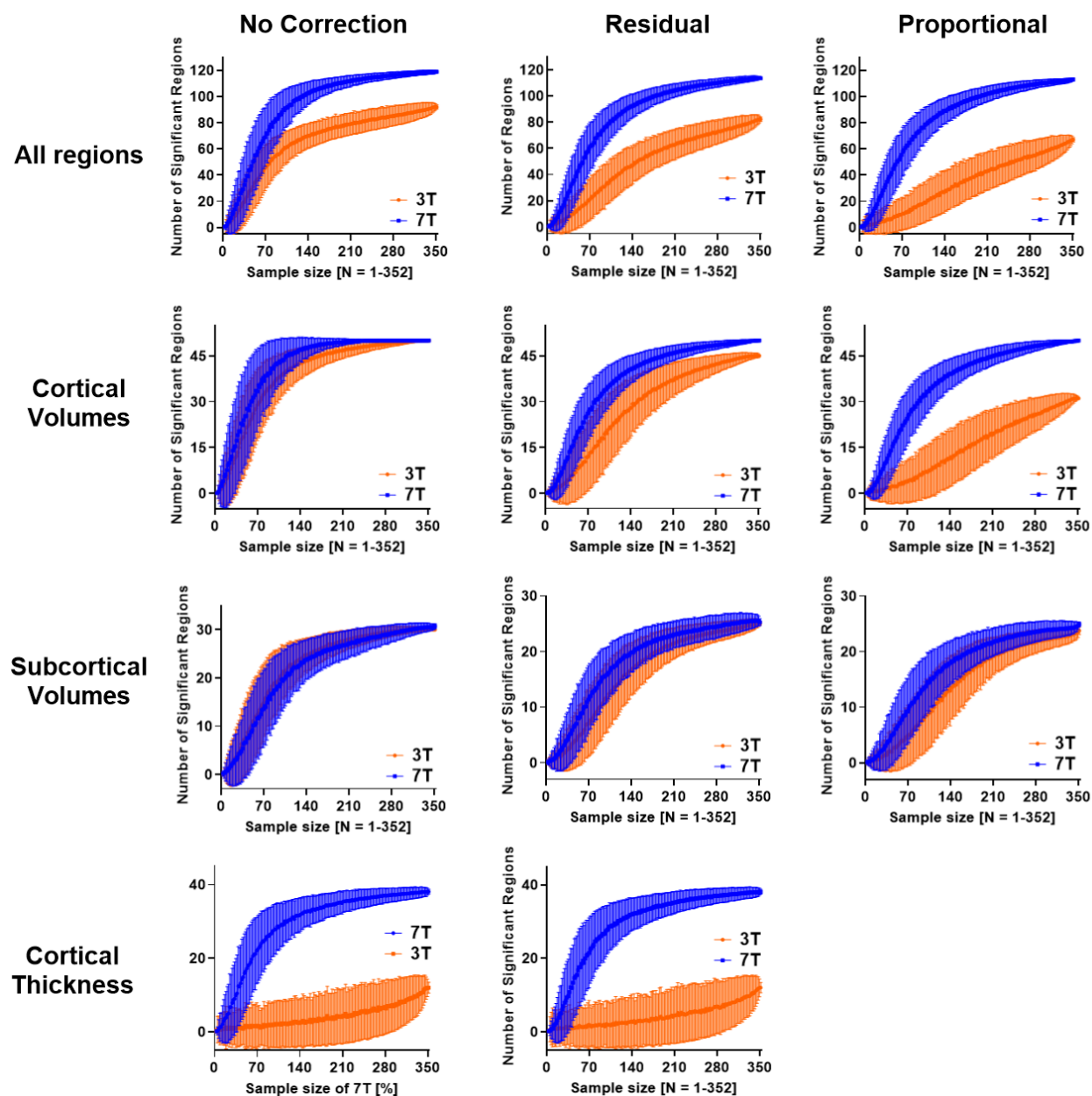
7T VS 3T BRAIN MORPHOMETRICS WITH AGE



481

482 **Figure 2. 7T shows more significant regions in correlation of total grey matter volume or**
483 **mean cortical thickness with age.** Cortical regions corrected for ICV using Residual method
484 and sex and found significant after FDR correction are shown with their respective Pearson
485 correlation coefficient (positive correlation, blue; insignificant, grey; inverse correlation, red).
486 Vessel-affected regions were removed. Cortical thicknesses were only corrected for sex.

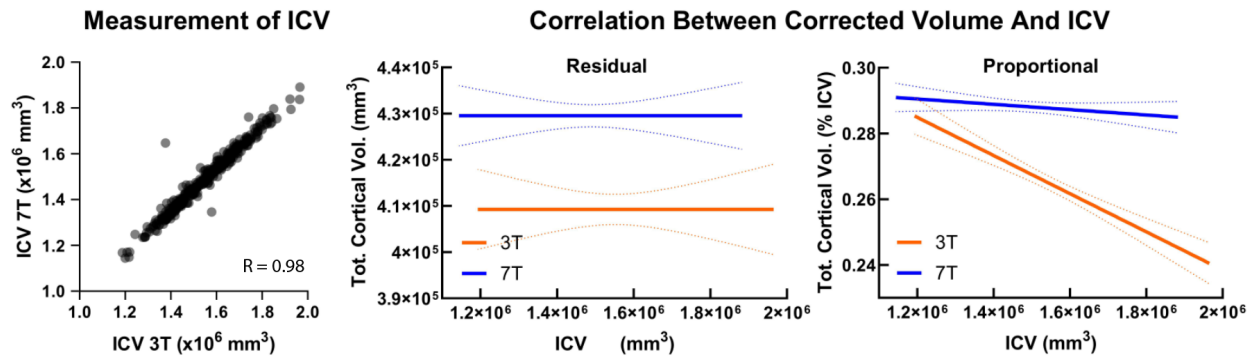
7T VS 3T BRAIN MORPHOMETRICS WITH AGE



487

488 **Figure 3. 7T reduces required sample size in all regions, cortical volumes, subcortical**
489 **volumes, and cortical thickness.** Number of significant regions in raw volumes (no correction)
490 and corrected for ICV using both the Residual and Proportional methods observed with
491 increasing sample size significantly differed between 3T and 7T.

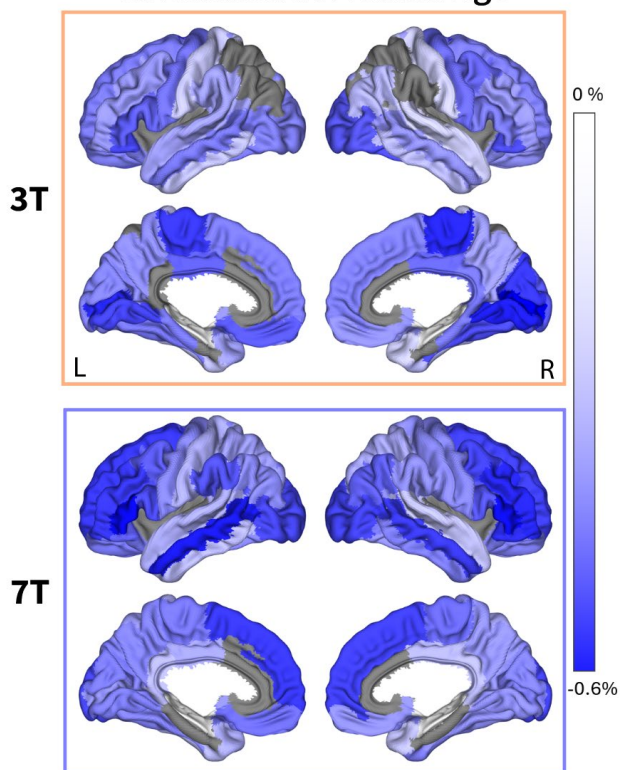
7T VS 3T BRAIN MORPHOMETRICS WITH AGE



492
493 **Figure 4. 7T-derived ICV is consistent with that derived from 3T but more accurate in**
494 **regional volumes.** Comparison between the ICV value calculated at 3T and 7T as well as the
495 effect of different ICV correction (Residual and Proportional) methods. Ideal correction should
496 result in no correlation between total cortical volume and ICV. Dashed lines represent 95%
497 confidence intervals. For the Residual method, both correlations showed no significant non-zero
498 slope. For the Proportional method, 7T data showed no significant non-zero slope ($p = 0.17$)
499 while the 3T data showed non-zero slope ($p < 0.0001$).

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Cortical Volume Annual Rate of Change Calculated at Median Age



500

501 **Figure 5. Mean cortical volume annual rate of change measured at 0.32% for both 3T and**
502 **7T. Cortical volumes were corrected for ICV using the Residual method, and the median age of**
503 **the population used for this analysis is 52 years old.**