## Temporary mechanical circulatory support for COVID-19 patients: A systematic review of literature

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#### Abstract

**Objective:** Myocardial damage occurs in up to 25% of coronavirus disease 2019 (COVID-19) cases. While veno-venous extracorporeal life support (V-V ECLS) is used as respiratory support, mechanical circulatory support (MCS) may be required for severe cardiac dysfunction. This systematic review summarizes the available literature regarding MCS use rates, disease drivers for MCS initiation, and MCS outcomes in COVID-19 patients.

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**Methods:** PubMed/EMBASE were searched until October 14, 2021. Articles including adults receiving ECLS for COVID-19 were included. The primary outcome was the rate of MCS use. Secondary outcomes included mortality at follow-up, ECLS conversion rate, intubation-to-cannulation time, time on ECLS, cardiac diseases, use of inotropes, and vasopressors.

**Results:** Twenty-eight observational studies (comprising both ECLS-only populations and ECLS patients as part of larger populations) included 4218 COVID-19 patients (females: 28.8%; median age: 54.3 years, 95%CI: 50.7–57.8) of whom 2774 (65.8%) required ECLS with the majority (92.7%) on V-V ECLS, 4.7% on veno-arterial ECLS and/or Impella, and 2.6% on other ECLS. Acute heart failure, cardiogenic shock, and cardiac arrest were reported in 7.8%, 9.7%, and 6.6% of patients, respectively. Vasopressors were used in 37.2%. Overall, 3.1% of patients required an ECLS change from V-V ECLS to MCS for heart failure, myocarditis, or myocardial infarction. The median ECLS duration was 15.9 days (95%CI: 13.9–16.3), with an overall survival of 54.6% and 28.1% in V-V ECLS and MCS patients. One study reported 61.1% survival with oxy-right ventricular assist device.

**Conclusion:** MCS use for cardiocirculatory compromise has been reported in 7.3% of COVID-19 patients requiring ECLS, which is a lower percentage compared to the incidence of any severe cardiocirculatory complication. Based on

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the poor survival rates, further investigations are warranted to establish the most appropriated indications and timing for MCS in COVID-19.

#### K E Y W O R D S

COVID-19, extracorporeal life support, extra-corporeal membrane oxygenation, mechanical circulatory support

## **1** | INTRODUCTION

Coronavirus disease 2019 (COVID-19) was declared a pandemic in March 2020 by the World Health Organization (WHO) and resulted in a globally devastating effect, with over 180 million people being affected and about 6 million deaths.<sup>1</sup> COVID-19 is the clinical manifestation of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection. Although respiratory symptoms have dominated COVID-19 clinical presentation, up to 20%-25% of overall patients show cardiac involvement<sup>2-6</sup> as reflected by increased biomarker levels.<sup>7</sup> The underlying mechanisms for cardiac failure are severe immune system overreaction, the downregulation of the angiotensinconverting enzyme 2, the increased levels of Angiotensin II, the development of hypertension, thrombosis, and direct damage to the cardiomyocytes.<sup>8</sup> Moreover, COVID-19 patients might experience arrhythmias due to underlying comorbidities, polypharmacy, and disease progression.<sup>8</sup> Finally, COVID-19 patients suffering from acute respiratory distress syndrome (ARDS) and severe systemic hypoxia are at risk of type 2 myocardial infarction.<sup>9</sup> All these mechanisms involved in COVID-19-related cardiac damage might adversely affect prognosis.<sup>10</sup>

According to data reported by the Extracorporeal Life Support Organization (ELSO),<sup>11</sup> until April 2022, extracorporeal life support (ECLS) has been used as respiratory and/or circulatory support in over 13000 COVID-19 patients.<sup>12-14</sup> Overall, veno-venous (V-V) ECLS has been the most used configuration in the case of refractory respiratory failure<sup>15,16</sup> primarily due to acute respiratory distress syndrome (ARDS). However, a subset of COVID-19 patients might experience persistent concomitant hemodynamic instability and cardiac dysfunction requiring temporary mechanical circulatory support (MCS).<sup>17,18</sup> Due to both the underlying pulmonary and cardiac pathologies and the complications from interventions, these patients are usually burdened with higher mortality and complication rates.<sup>18</sup> This might especially account for cases of delayed MCS initiation or cases where initial V-V ECLS had undergone a configuration change to veno-arterial (V-A) or veno-venoarterial (V-VA) ECLS for further hemodynamic deterioration. Unfortunately, despite the growing knowledge on cardiac involvement in COVID-19, data on MCS use during or after a SARS-CoV-2 infection are scarce.

Based on the discrepancy between the reported incidence of cardiac damage in COVID-19 and the lack of evidence on MCS use for SARS-CoV-2 infection, we hypothesize the underuse of MCS in COVID-19 patients with consequent high cardiac-related morbidity and mortality. Therefore, this systematic review investigates the rate of MCS use, outcomes, and cardiac disease drivers for MCS initiation and ECLS configuration change in COVID-19 patients supported with ECLS.

## 2 | SPECIFIC AIMS AND METHODS

#### 2.1 Data sources and search strategies

The protocol for this systematic review was completed before the start of the literature screening. The study was undertaken and reported in accordance with the preferred reporting items for systematic review and metaanalyses (PRISMA) guidelines<sup>19</sup> and was registered with PROSPERO (Registration No. CRD42021266433). PubMed/EMBASE databases were searched from inception to October 14, 2021. Details of the search strategy are provided in Supporting Information. After removing duplicates, the remaining titles and abstracts were assessed for inclusion by two independent reviewers (S.M. and J.M.R.) using a free, open-source citation screening program.<sup>20</sup> Full texts of relevant articles were retrieved and independently assessed by three authors (S.M., M.E.D.P., and J.M.R.). Disagreements over article inclusion were resolved by consensus. Reference lists of assessed full texts were screened for further relevant studies.<sup>21</sup>

# 2.2 | Population, intervention, comparison, and outcome (PICO)

We included randomized clinical trials, controlled beforeand-after studies, prospective and retrospective cohort studies, cross-sectional studies, case–control studies, and case series. Conference abstracts, books or gray literature, articles not written in English, reviews, and animal studies were excluded. Studies reporting on adult patients (age  $\geq$  18 years old) diagnosed with COVID-19 and undergoing V-A, V-VA, venoveno-arterial (VV-A) ECLS, or other MCS devices such as Impella (Abiomed, Danvers, USA) and TandemHeart (TandemLife, Pittsburgh, Pennsylvania) were considered eligible.<sup>22</sup> The use of intra-aortic balloon pump was not subject of this review based on the different mechanism and magnitude of circulatory support compared to the abovementioned MCS types. Inclusion required documentation of used MCS type and/or ECLS configuration for all patients. In addition, pediatric patients and patients with no proven diagnosis of COVID-19 were excluded.

Articles analyzing only patients supported with V-V ECLS and not reporting any reference to their MCS use were excluded to minimize the risk of selection and information bias for centers that used but not reported ECLS configurations or MCS other than V-V ECLS. Moreover, studies excluding all V-A ECLS were not considered.<sup>23</sup> Finally, case series reporting less than five patients were excluded.<sup>24</sup> When possible, comparisons were performed between patients supported with V-V ECLS and patients supported with MCS devices. The primary outcome measure was the use rate of cardiac support identified as V-A ECLS, V-VA, VV-A ECLS, or other MCS devices such as Impella (Abiomed, Danvers, USA) or TandemHeart (TandemLife, Pittsburgh, Pennsylvania) in COVID-19 patients requiring ECLS. Secondary outcome measures included mortality at follow-up, ECLS conversion rate, intubation-to-cannulation time, time on ECLS, cardiac-related complications, use of inotropes, and vasopressors.

### 2.3 | Data extraction and risk-ofbias assessment

Using a standardized electronic report form, data were extracted by a first reviewer (A.S.) and independently checked for accuracy by three other reviewers (S.M., M.E.D.P., and J.M.R.). Details of extracted variables are reported in the Supporting Information. In addition, the Newcastle-Ottawa Scale (http://www.ohri.ca/programs/clinical\_epidemiology/oxford.asp) was used for assessing the quality of such studies (Table S1).

### 2.4 | Data synthesis

Available evidence was summarized using systematic review methodology and standard summary statistics overall.<sup>25</sup> An additional analysis was performed to estimate the pooled median values for available continuous -WILEY

variables. The quantile estimation (QE) method for pooling median was based on interquartile ranges and minimum to maximum values. The sampling variance of the effect size for each study was estimated via the QE method. After estimating the sampling variances for all studies, studies were meta-analyzed using the restricted maximum likelihood estimator (REML) in a random-effects model.<sup>26</sup> The analysis was performed with R 3.6.3 (R Foundation for Statistical Computing, Vienna, Austria). Given the significant clinical,<sup>27</sup> methodological, and statistical heterogeneity among published studies, further meta-analytic methods were not applied.

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#### 3 | RESULTS

#### 3.1 | Literature search

A total of 1309 abstracts were identified through PubMed/Medline/EMBASE search (Figure 1), and reference list screening yielded one additional publication. Six duplicates were identified. After title and abstract screening, 841 potentially relevant records were reviewed and evaluated regarding study type. Finally, 83 studies were selected based on the inclusion criteria. Additional four more articles were excluded based on the lack of reported outcomes,28,29 lack of ECLS type definition for all patients,<sup>30,31</sup> or methodological uncertainties.<sup>32</sup> In this last case, the study was based on data reported weekly by the European ELSO and not on an original database including single patient data. Therefore, the data source was considered unreliable. As a possible population overlap was identified in 22 articles<sup>13,31,33–52</sup> (Table S1), only the most recent or complete studies reporting the larger cohorts of patients were included.<sup>13,33,34,36-40,48</sup> As one of the included study reports data from the ELSO registry accounting for 213 contributing centers worldwide (Figure 2), it was not possible to exclude with certainty the presence of a partial overlap with other selected studies published by centers contributing to the ELSO registry. In the case of possible large overlap of a study<sup>12</sup> with the ELSO registry cohort,<sup>13</sup> the latest was considered for inclusion based on the larger data availability at publication time. Finally, 28 articles were considered for the qualitative analysis (Fig ure 1).<sup>13,33,34,36-40,48,53-71</sup> Most of the included studies had a retrospective design.<sup>37,40,47,48,53,54,56,59,62,64,66,69,71</sup> Only four studies reported prospectively collected data<sup>33,38,63,67</sup> and two studies showed data from multicenter registries.<sup>13,34</sup> Randomized trials were not identified (Table 1). According to the Newcastle-Ottawa Scale, the risk of bias assessment of observational studies is presented in Table S2. Eighteen articles reported studies developed on



FIGURE 1 Flowsheet of the included studies

ECLS patients only,<sup>13,33,34,36–40,48,53,54,56,60,62,66,67,70,71</sup> while other 10 reported data on mixed populations including both ECLS and not ECLS patients.<sup>55,57–59,61,63–65,68,69</sup> Studies were performed in Europe (n = 15), North America (n = 8), China (n = 3), Middle East, and India (n = 1) and inclusion criteria were comparable among them (Table S3).<sup>13</sup>

#### 3.2 | Overall COVID-19 patient profiles

A total of 4218 COVID-19 patients, including 2774 patients (65.8%) supported with ECLS, were comprised in the final analysis (Table 1). Even though the literature search included all publications until October 2021, only four studies reported data referred to patients who received ECLS



FIGURE 2 Summary of selected literature. (A) Geographical distribution of reported ECLS patients. (B) Single study contribution to the literature synthesis. SWAAC, Southwest Asia and Africa Chapter [Color figure can be viewed at wileyonlinelibrary.com]

in 2021.<sup>38,39,57,63</sup> However, only Schmidt et al. compared the results of patients receiving ECLS for COVID-19 during the first wave (before July 1, 2020) and the following waves (from July 1 2020 to January 28 2021). Baseline characteristics were available for the overall population and not only for the ECLS subgroup in studies reporting on mixed populations. Females accounted for 28.8% of the overall population (n = 1214) and males for the 71.2% (n = 3004). The reported median age was 54.3 years (95%CI: 50.7-57.8), with one case series reporting on a population of much younger patients (median: 19; IQR: 17-29).<sup>58</sup> Most of the studies (Table 1) reported data on body mass index (BMI) referring a median BMI of 29.7 (95% CI: 27.8-30.3), which indicates an overweight or obese status of the population.<sup>13,36–38,40,53,54,56–58,60,62,63,65–67,70,71</sup> The overall survival was 51.9% (n = 2190). Fourteen studies (50%) reported data on possible cardiac causes of dea th.<sup>33,34,37,40,45,48,53,54,56,58,59,61,62,71</sup> Overall, a group of 71 patients were identified as dead from cardiac-related causes, such as tamponade,<sup>33,40</sup> heart failure,<sup>37,48,62,69</sup> cardiogenic shock,<sup>69</sup> or cardiac arrest<sup>34</sup> (Table 1).

#### COVID-19 patients' cardiac-related 3.3 characteristics

Data depicting patients' cardiac impairment were reported inconsistently, and substantial amount of data were not available (Table 2). Most patients (n = 2884/3214, 89.7%) were clearly identified as suffering from ARDS, with 558 patients (13.9%, data available for 3996 patients) diagnosed with pre-existent cardiac disease. Interestingly, more patients were described as experiencing cardiac complications than septic shock (n = 73/565, 12.9%). Indeed, acute heart failure (n = 139/1789) and/or cardiogenic shock (n = 37/383) were reported in 7.8% and 9.7% of patients, respectively. One case series reporting single patient data described that left ventricular ejection fraction was moderately-to-severely impaired in all cases and this was the only report specifically focused on adult patients diagnosed with myocarditis or multisystem inflammatory syndrome.<sup>58</sup> Only four studies<sup>33,40,56,66</sup> reported data on possible right heart failure, and myocarditis was rarely reported, while it was described as uncommon by Lenka et al.<sup>59</sup> Cardiac arrest was reported in 6.6% of patients (n = 114/1739), occurring before or after ECLS initiation. Vasopressors were used in 37.2% (n = 834/2240), while the use of inotropes was rarely reported (Table 2). Specific cardiac-related characteristics for the ECLS subgroups were not available.

#### 3.4 ECLS strategies and outcomes

The overall median Pa/FiO<sub>2</sub> ratio was 77.5 (95% CI: 62.3-92.7; data available for 2384 patients from 18 studies). Pre-ECLS median APACHE and SOFA scores were rarely reported.

Veno-venous ECLS was used as single organ support in 92.7% of the patients (n = 2571/2774) while

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Jr	Country	Year of publication	Study type (N centers)	Study period	Overall COVID-19 patients (N)	Age (years)	Females (N, %)	Body mass index	Overall survival ( <i>N</i> , %)	Reported possible cardiac cause of death $(N, \%)$	
trand et al. <sup>53</sup>	United States	2021	Retrospective (1)	March 2020-May 2020	22	52 (range: 19–68)	4 (18.2)	28.2 (21.3–55)	12 (54.5)	0	
ur et al. <sup>54</sup>	United Kingdom	2020	Retrospective (1)	March 2020-July 2020	18	47.3 ±9.8	2(11)	$31 \pm 6.6$	14 (78)	0	
ro et al. <sup>13</sup>	International—ELSO Registry	2021	Registry (349)	January 2020–May 2020	1035	49 (41–57)	269 (26)	31 (27–37)	Discharged: 588 (56.8)	Na	
									Hospitalized: 67 (6.5)		
et al. <mark>55</mark>	United States	2021	Retrospective (1)	Mar 2020–July 2020	39	53 (44–61)	20 (51.3)	Na	26 (66.7)	Na	
r et al. <sup>56</sup>	Germany	2021	Retrospective (1)	March 2020-May 2020	16	59 (51–65)	3 (18.7)	27.5 (24.7–32.6)	11 (68.8)	0	O
z et al. <sup>33</sup>	France	2020	Prospective (1)	March 2020–April 2020	17	56 (30-76)	1(6)	Na	11 (64.7)	1 (5.9)	
										Tamponade	
et al. <sup>48</sup>	China	2021	Retrospective (7)	January 2020–June 2020	88	58.5 (47–66.5)	32 (36.4)	Na	23 (26.1)	22 (25)	
										Heart failure	_
er et al. <sup>57</sup>	Germany	2021	Retrospective (1)	March 2020-January 2021	95	66 (55–74)	21 (22.1)	27 (25–33)	59 (62.1)	Na	4 V
nian et al. <sup>58</sup>	France	2021	Case series (1)	February 2020–June 2020	11	19 (17–29)	5 (45.5)	24 (22–32)	10 (90.9)	0	
s et al. <sup>34</sup>	United States	2021	Registry (29)	March 2020-December 2020	200	51 (40–59)	62(31)	Na	90 (45)	6 (3) Cardiac arrest	
t et al. <sup>59</sup>	United States	2020	Retrospective (1)	March 2020-April 2020	32	62.2±11.2	12 (37.5)	Na	Discharged: 11 (34.5)	Na	
									Hospitalized: 16 (50)		
ot al 60	China	0000	Casa sarias (1)	Taning March 2000 Include	×	64 5 (67 3-78)	7(75)	(V VC <sup>-</sup> L CC) VC	Curritore: 2 (27 5)	Na	
ct at.	CIIIIa	0707		January 2020-19441 CH 2020	0	(01-070) C.40	((7))7	24 (22.7-24.4)	Ongoing ECLS: 1 (12.5)	Ma	
:t al. <sup>61</sup>	China	2021	Retrospective (1)	January 2020-March 2020	65	67 (60.5–72)	18 (27.7)	ECLS group: 24.4 (22.5–25.3)	16 (24.6)	6 (12.2) Respiratory/heart failure	
e et al. <sup>62</sup>	Italy	2021	Retrospective (12)	March 2020-September	71	55.4±9.3	10(14)	30.2±6.1	26 (36.6)	2 (2.8)	
				2020						Acute heart failure	
nia et al. <sup>63</sup>	Germany	2021	Retrospective/ prospective (27)	January 2020–May 2021	1186	63 (54–73)	333 (28.1)	28.3 (25.2–32.8)	403 (34)	Na	
ra et al. <sup>64</sup>	United States	2021	Retrospective (9)	March 2020-May 2020	131	61 (49.5–71.5)	85 (64.9)	≤25: 40 (30)	Discharged: 94 (79.4)	Na	
1 65		1000			Ļ	(1) (1) (1)	(00) 0	(c.c) / .04≥	nuspitalizeu. 11 (0.4)		
r et al.	United Kingdom	2021	Retrospective (1)	March 2020–May 2020	15	51 (48–54)	3 (20)	29 (23–32)	8 (53.3)	Na	
eld et al. <sup>66</sup>	Netherlands, Belgium, Sweden, Spain	2021	Retrospective (13)	March 2020–April 2020	12	52 (47–57)	14 (19.7)	29.2 (26.1–32.1)	45 (63.4)	Na	
et al. <sup>36</sup>	Saudi Arabia, Kuwait, Qatar, India, Egypt	2021	Retrospective (19)	March 2020-September 2020	307	43 (37–52)	59 (19)	28.6 (25.4–33.3)	178 (58)	Na	

**TABLE 1** Study characteristics, baseline patient data, and overall survival

IRCULATORY SUPPOR	T FOR COV	/ID-19 PAT	IENTS					
	Reported possible cardiac cause of death (N, %)	0	Na	15 <sup>b</sup> (29.4)	18(16)		Na	
	'al	ar: 13			5 (46)	5 (9)	-day %	

TABLE 1 (Continued)

Author	Country	Year of publication	Study type (N centers)	Study period	Overall COVID-19 patients (N)	Age (years)	Females (N, %)	Body mass index	Overall survival (N, %)	Reported possible cardiac cause of death (N, %)
Rajajee et al. <sup>67</sup>	United States	2021	Prospective (1)	March 2020-July 2020	23	47 (37–52)	18 (35)	33 (27–37)	In-hospital: 15 (65.2); 1 year: 13 (56.5)	0
Ribeiro Queiros et al. <sup>68</sup>	Portugal	2021	Retrospective (1)	March 2020-April 2020	35	$62.6 \pm 6.0$	12 (34.3)	Na	26 (74.3)	Na
Rieg et al. <sup>69</sup>	Germany	2020	Retrospective (1)	February 2020–May 2020	213 <sup>a</sup>	65 (54–79)	84 (39.5)	Na	162(76.1)	15 <sup>b</sup> (29.4)
Saeed et al. <sup>37</sup>	United States	2021	Retrospective (17)	March 2020–September 2020	292	49 (39–57)	81 (28)	32 (29–37)	Discharged: 135 (46) Hospitalized: 25 (9)	18 (16)
Schmidt et al. <sup>38</sup>	France	2021	Prospective (1)	March 2020-January 2021	71	54 (49–60)	21 (29.6)	31.0 (27.2–37.0)	Estimates of 90-day survival: 52%	Na
Shih et al. <sup>70</sup>	United States	2021	Retrospective (2)	February 2013–May 2020	53	50 (41–56)	17 (32.1)	33.6 (30.6–37.9)	33 (62.3)	Na
Sromicki et al. <sup>71</sup>	Switzerland	2021	Retrospective (1)	March 2020-May 2020	6	59 (46–69)	2 (22)	27.2 (24-37.9)	7 (77.8)	0
Suwalski et al. <sup>39</sup>	Poland	2021	Retrospective (1)	March 2020-May 2021	78	$47 \pm 11.3$	18 (23.1)	$31.3 \pm 9.5$	19 (24.4)	Na
Zayat et al. <sup>40</sup>	Germany	2020	Retrospective (1)	March 2020-April 2020	17	57 (53–62)	6 (35)	28.2(24.7–31.1)	9 (52.9)	1 (5.9)
										Tamponade
<i>Note</i> : Data are prese	so the as $n$ (%), mean $\pm$ st	andard deviati	on, or median (inter-	quartile range) as appropris	ate and reported	by the original art	icle.			

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Abbreviations: ECLS, extracorporeal life support; ELSO, extracorporeal life support organization; Na, not available.

<sup>a</sup>Overall reported patients: n = 213; ICU patients: n = 70.

<sup>b</sup>Data reported only for patients who died (n = 51), possible cause of death.

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	Use of vasopressors (N, %)	22 (100)	Na	561 (55)/1015 <sup>a</sup>	Na	Na	Na	8	Na	6 (54.5)	Na	12 (36.3)	Na	40 (61.5)	55 (77.5)	Na	95 (72.5)		Na	Na	179(58.3)	Norepinephrine: 23 (100)	Vasopressin: 16 (70)	31 (88.6)	Na	176(64)	Na	24 (45.3)
	Use of inotropes (N, %)	Na	Na	Na	Na	Na	Na	26 (30)	Na	6 (54.5)	Na	Na	Na	Na	14 (19.7)	Na	Na		Na	Na	Na	3 (13)		2 (5.7)	Na	Na	Na	Na
	ECPR (N, %)	Na	0	11 (1)	Na	Na	Na	Na	Na	Na	0	Na	1 (12.5)	1(1.5)	Na	Na	Na		Na	Na	Na	Na		Na	Na	Na	Na	3 (5.7)
	Cardiac arrest (N, %)	4 (18.2)	0	$48(5)/1019^{a}$	Na	Na	Na	Na	Na	1 (9)	6 <sup>c</sup> (5.5)/110	Na	1 (12.5)	1 (1.5)	Na	Na	Na		Na	Na	Na	Na		Na	6 <sup>b</sup> (9)	34 (12)	Pre-ECLS: 2 (3); during ECLS: 8 (11)	3 (5.7)
	l Possible myocarditis (N, %)	Na	5 (28)	22 (2)	Na	Na	Na	Na	Na	6 (54.5)	Na	Uncommon	Na	0	2(3)	Na	Na		Na	Na	Na	Na		Na	Na	Na	Na	Na
	Myocardial infarction (N, %)	1 (4.5)	0	Na	Na	Na	Na	Na	Na	0	Na	1(3.1)	Na	0	Na	Na	Na		Na	Na	Na	Na		Na	Na	Na	Na	Na
	Right HF (N, %)	Na	Na	Na	Na	1 (6.3)	1 (5.9)	Na	Na	0	Na	Na	0	0	Na	Na	Na		Na	4 (5.6)	Na	Na		Na	Na	Na	Na	Na
	Cardiogenic shock (N, %)	7 (31.8)	5 (28)	Na	Na	Na	1 (5.9)	7 (8)	Na	Na	Na	Na	0	1 (1.5)	Na	Na	Na		Na	Na	Na	3 (13)		2 (5.7)	13 <sup>b</sup> (19)	Na	Na	Na
ed patients	Acute HF (N, %)	7 (31.8)	Na	50 (5)	Na	1 (6.3)	1 (5.9)	22/65 <sup>a</sup> (33.8)	Na	$11\ (100\%)$	Na	Na	0	4 (6.2)	3 (4)	Na	Na		Na	4 (5.6)	Na	Na		Na	15 <sup>c</sup> (29.4)/51	18 (16)	Na	Na
istics of include	Troponin (ng/ml)	Na	Na	Na	Na	Na	Na	cTnI: 0.033 (0.013–0.239)	Na	0.81 (0.17–2.55)	Na	0.03(0.01-0.15)	Na	Na	Na	Na	0.01 (0.01–0.02)		0.031 (0.010-0.105)	Na	Na	Na		TnT: 0.112	TnT: 0.016 (0.007-0.039)	Na	Na	Na
nostic character	Preexistent cardiac disease (N, %)	1 (4.5)	0	24 (2)	CAD: 3 (7.7)	Na	Na	8 (9.1)	32 (33.7)	1 (9.1)	22 (11)	14 (43.7)	1 (12.5)	3 (4.6)	15 (21.1)	311 (26.2)	CAD: 21 (16)	HF: 12 (9.2)	0	1 (2)	CAD: 8 (2.6)	Na		CAD: 1 (2.9) HF: 4 (11.4)	45 (21)	12 (4)	Na	Na
l and diagr	Septic shock (N, %)	Na	Na	Na	Na	Na	Na	Na	Na	0	Na	Na	Na	10 (15.4)	Na	Na	Na		Na	Na	Na	1 (4.3)		Na	43 <sup>b</sup> (61.4)	9 (8)	Na	Na
rdiac-relatec	ARDS (N, %)	21 (95.4)	Na	819 (79)	39 (100)	16(100)	17 (100)	88 (100)	92 (96.8)	3 (27.3)	Na	28 (87.5)	8 (100)	65 (100)	71 (100)	1098(92.6)	131 (100)		11 (73.3)	71 (100)	Na	23 (100)		Na	64 <sup>b</sup> (91.4)	Na	71 (100)	53 (100)
TABLE 2 Ca	Author	Agerstrand et al. <sup>53</sup>	Akhtar et al. <sup>54</sup>	Barbaro et al. <sup>13</sup>	Cain et al. <sup>55</sup>	Dreier et al. <sup>56</sup>	Falcoz et al. <sup>33</sup>	Fang et al. <sup>48</sup>	Gresser et al. <sup>57</sup>	Hekimian et al. <sup>58</sup>	Jacobs et al. <sup>34</sup>	Lenka et al. <sup>59</sup>	Li X. et al. <sup>60</sup>	Li S. et al. <sup>61</sup>	Loforte et al. <sup>62</sup>	Magunia et al. <sup>63</sup>	Oliveira et al. <sup>64</sup>		Paisey et al. <sup>65</sup>	Raasveld et al. <sup>66</sup>	Rabie et al. <sup>36</sup>	Rajajee et al. <sup>67</sup>		Ribeiro Queiros et al. <sup>68</sup>	Rieg et al. <sup>69</sup>	Saeed et al. <sup>37</sup>	Schmidt et al. <sup>38</sup>	Shih et al. <sup>70</sup>

TABLE 2 (L	onutitueu												
Author	ARDS (N, %)	Septic shock (N, %)	Preexistent cardiac disease (N, %)	Troponin (ng/ml)	Acute HF (N, %)	Cardiogenic shock (N, %)	Right HF (N, %)	Myocardial infarction (N, %)	Possible myocarditis (N, %)	Cardiac arrest (N, %)	ECPR (N, %)	Use of inotropes (N, %)	Use of vasopressors (N, %)
Sromicki et al. <sup>71</sup>	Na	3 (33.3)	Na	Na	3 (33.3)	Na	Na	Na	Na	Na	Na	Na	Na
Suwalski et al. <sup>39</sup>	78 (100)	1 (1.3)	CAD: 1 (1.3); Previous MI: 3 (3.8); HF: 3 (3.8)	Tni: 0.060 (0.025–0.203)	Na	2 (2.6)	Na	1 (1.3)	Na	Na	Na	Dobutamine: 12 (15.4); Adrenaline: 13 (16.7); Dopamine: 3 (3.8); Levosimendan: 1 (1.3)	Noreadrenaline: 74 (94.9)
Zayat et al. <sup>40</sup>	17 (100)	10 (59)	12 (70.5)	TnT: 0.022 (0.012-0.052)	1 (6)	1 (6)	7 (41.2)	1(6)	Na	Na	Na	12 (70.6)	15 (88.2)
<i>Note</i> : Data are pre: Abbreviations: AR	sented as $n$ (% 'DS, acute res	<ol> <li>mean±sti piratory disti</li> </ol>	andard deviation, ress syndrome; CA	or median (interqu vD, coronary artery	artile range) as disease; ECLS,	appropriate and extracorporeal li	reported b ife support;	y the original ; ; ECPR, extrac	article. orporeal cardio	opulmonary resus	scitation; ]	HF, heart failure; Na	i, not available;

Artificial Organs

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4.7% (n = 130/2774) of cases required V-A ECLS as single or subsequent support (Figure 3). Among these patients, Rieg et al. described the included population as undergoing V-A ECLS or left ventricular unloading with Impella.<sup>69</sup> While large series reporting on the use of Impella in COVID-19 patients are not available, few case reports have been identified.<sup>72-78</sup> V-VA ECLS was chosen in 1.6% of cases (n = 43/2774). Only 1% of patients (n = 30/2774) required another type of ECLS. From their initial ECLS configuration, 3.1% of the patients (n = 54/2774) underwent a configuration change during ECLS. Of these 54 patients, 33.3% (n = 18) were converted from V-V to V-A, 18.5% (n = 10) from V-V to V-VA, and 9.3% (n = 5) were converted from V-V to VV-V. Details of the configuration change were unknown in the 21 remaining patients (38.9%). Among patients who underwent configuration change, five patients were temporarily weaned from V-V ECLS and required a second run with V-A ECLS due to refractory hemodynamic instability and recurrent respiratory failure.<sup>62</sup> The main reported reasons for configuration change were the presence of heart failure, myocarditis, or myocardial infarction. Furthermore, the timing between cannulation and conversion was rarely reported. The median times from intubation to ECLS start (3.8 days; 95% CI: 3.1-4.5) and the overall ECLS duration (15.9 days; 95% CI: 13.9-16.3) are reported in Figures S1 and S2. An awake ECLS strategy was reported in only one patient, described as patient receiving ECLS while awake and without mechanical ventilation.<sup>48</sup> Survival according to specific configuration groups was rarely provided. However, 54.6% (n = 677/1241) and 28.1% (n = 16/57) of patients survived in the V-V and the V-A/V-VA ECLS group, respectively (Table 3). Cain et al. reported a 61.1% (n = 11/18) survival rate with the use of a right ventricular support (RVAD) including a membrane lung (OxyRVAD).

#### 4 | DISCUSSION

<sup>a</sup>Data reported for a subgroup of patients indicated as the denominator.

TnT, troponin T.

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<sup>b</sup>Data reported only for ICU patients (n =

<sup>2</sup>Data reported only for patients who died, possible cause of death.

This systematic review summarizes the results of 28 published studies reporting on the use of extracorporeal respiratory and circulatory support to manage COVID-19 patients. V-V ECLS was the most common support (92.7%) compared to V-A ECLS or other ECLS configurations, which were used in 4.7% and 2.6% of patients, respectively. Among both V-V and V-A ECLS patients, 3.1% of them required conversion to a different ECLS configuration, mainly to provide full cardiorespiratory support. Impella use was rarely reported. ECLS was initiated on a median time of 3.8 days after intubation, and the median ECLS duration was 15.9 days. A considerable number of patients experienced acute heart failure (7.8%),



FIGURE 3 Distribution of extracorporeal life support (ECLS) types use among studies. (A), Veno-venous ECLS (V-V ECLS). (B), Venoarterial ECLS (V-A ECLS) and Veno-venoarterial ECLS (V-VA ECLS); \*Five V-V ECLS-weaned patients required a second course of ECLS with a V-A ECLS. \*\*V-A ECLS or left ventricular unloading (Impella, Abiomed, Danvers, USA). (C), Rate of conversions from V-V ECLS to V-A or V-A ECLS [Color figure can be viewed at wileyonlinelibrary.com]

cardiogenic shock (9.7%), and cardiac arrest (6.6%) over the COVID-19 patients with the availability of these data. Vasopressors (36.7%) were often used. Survival for ECLS patients was inconsistently reported and, overall, was ranging from 28.1% for V-A/V-VA ECLS patients to 54.6%

for V-V ECLS patients and 61.1% for patients supported with OxyRVAD, respectively.

Severe COVID-19 illness defined based on the American Thoracic Society guidelines for community-acquired pneumonia<sup>79</sup> may occur in up to 16% of SARS-CoV-2

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	Still ongo (N, %)	0	0	31 (3)	5	0	0	0	Na	0	Na	1(12.5)	1 (2.9)	0	Na	0	0	0	0	0	0	Na	19 (6.5)
omes	Survival V-V (N, %)	8 (53.3)	Na	483 (62) /779 <sup>a</sup>	11 (61)	11 (73.3)	Na	Na		87 (46.3)	Na	3 (37.5)	13 (43.3)	25 (40.3)		7 (87.5)	6 (54.5%)	Na		14 (70)		9 (47.4)	Na
ECLS outc	Survival V-A/V-VA (N, %)	4 (57.1)	Na	Na		0	Na	Na	2 (14.3)	3 (25)	Na	0	1 (33)	2 (22.2)	92 (35.3)	1(100)	0	Na	178 (58)	1 (33.3)	1(100)	0	Na
	Median duration (days)	24.5 (7–74)	$17.7 \pm 9.4$	13.9 (7.8–23.3)	Na	Non-survivors: 24 (5–74) Survivors: 28	9 (0-16)	13 (5.8–24.3)	Na	15 (9–28)	Na	35 (19–45)	15 (5.8–22.8)	15 (8–23)	16 (9–26)	Na	40 (5-96)	13 (7–20)	15 (9.5–24)	16 (8-32)	Na	11 (7-21)	Non-survivors: 19(9-37)
	Awake ECLS (N, %)	Na	Na	Na	Na	Na	Na	1 (1.1)	Na	Na	Na	0	1 (2.9)	Na	Na	Na	Na	Na	Na	Na	Na	Na	Na
	Reason for conversion		Myocarditis			Biventricular heart failure		Na					Hemodynamic instability	Heart failure <sup>b</sup>	Na								Na
	Conversion (N, %)	0	2 (11)	Na	0	1 (6.3)	0	2 (2.3)	0	0	0	0	1 (2.9)	5 (7)	8 (3)	0	0	0	0	0	0	0	19 (7)
acteristics	Intubation-to- cannulation time (days)	3.5 (range: 1–10)	2.3±2	4 (1.8–6.4)	Na	8 (5–18)	4 (1-17)	3 (1-7)	1.4(0.2-4)	4 (1-6)	Na	7.5 (4.3–12.8)	5 (2-12.2)	5.5(1.6-7.1)	Na	Na	Na	5 (3-10)	2.5(1-5)	7 (4-10)	Na	Na	3 (1–6)
ECLS char	Overall ECLS (N, %)	22 (100)	18(100)	1035(100)	18 (49.2)	16 (100)	17 (100)	88 (100)	14 (14.7)	200 (100)	3 (13)	8 (100)	34 (52.3)	71 (100)	261 (22)	6 (1)	11 (73)	71 (100)	307 (100)	23 (100)	1 (2.9)	23 (33)	292 (100)
	SOFA	Na	Na	Na	Na	10 (9-12)	8 (3-15)	8 (6–10)	12 (10-14)	Na	1(0-1)	Na	Na	Na	Overall: 5 (3-8)	3 (2-5)	Na	9 (7-12)	12 (9–14)	12(10-14)	Na	Na	Na
	APACHE II	31 (20–36)	12.2±4	Na	Na	Na	Na	Na	Na	Na	Na	Na	Na	Na	Na	SOFA IVB: 50.5 (37-66)	14 (7-30)	Na	Na	Na	Na	Na	Na
ata	Pa/Fi02	63 (49–100)	Na	72 (59–94) /868 <sup>a</sup>	71.9 (62–85)	83 (60–109)	71 (52–134)	88.8 (66–128)	Na	$69.5 \pm 27$	Na	66.5 (59–74)	$69.6 \pm 30.1$	$78.7 \pm 39.3$	Na	195 (174–231)	Na	58 (46–76)	60 (52–68)	69 (57–79)	Na	Na	77 (63–101)
Pre-ECLS da	Proning (N, %)	8 (36.4)	16 (89)	612 (60) /1019 <sup>a</sup>	37 (97.4)	15 (93.8)	16 (94.1)	35 (39.8)	8 (57.1)	126 (63.3)	Na	Na	9 (72.7)/33 <sup>a</sup>	60 (85)	Na	51 (46.8)	Na	56 (79)	160(52.1)	23 (100)	Na	Na	220 (77)
	Author	Agerstrand et al. <sup>53</sup>	Akhtar et al. <sup>54</sup>	Barbaro et al. <sup>13</sup>	Cain et al. <sup>55</sup>	Dreier et al <sup>56</sup>	Falcoz et al. <sup>33</sup>	Fang et al. <sup>48</sup>	Gresser et al. <sup>57</sup>	Jacobs et al. <sup>34</sup>	Lenka et al. <sup>59</sup>	Li X. et al. <sup>60</sup>	Li S. et al. <sup>61</sup>	Loforte et al. <sup>62</sup>	Magunia et al. <sup>63</sup>	Oliveira et al. <sup>64</sup>	Paisey et al. <sup>65</sup>	Raasveld et al. <sup>66</sup>	Rabie et al. <sup>36</sup>	Rajajee et al. <sup>67</sup>	Ribeiro Queiros et al. <sup>68</sup>	Rieg et al. <sup>69</sup>	Saeed et al. <sup>37</sup>

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TABLE 3 (Continued)

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	Still ongoing (N, %)	1% (0.2%–8%)	Shih et al. <sup>70</sup>	0	0	0	
omes	Survival V-V (N, %)	f 90-day : 52%	0	6(100)	20 (31.3)	8 (50)	
ECLS outco	Survival V-A/V-VA (N, %)	Estimates or survival	33 (62.3)	1(33.3)	o	1 (100)	
	Median duration (days)	18 (5–35)	14 (9–30)	7 (5–13.5)	$16.5 \pm 10.0$	16 (11–21)	
	Awake ECLS (N, %)	Na	Na	Na	Na	Na	
	Reason for conversion				Inadequate drainage (35.7%), inadequate perfusion (14.3%), acute myocardial infarction (7.1%), hypovolemic shock (14.3%), cardiogenic shock (14.3%) septic shock (7.1%)	MI, RHF	ed by the original article.
	Conversion (N, %)	0	0	0	14 (18)	1 (6)	priate and report
acteristics	Intubation-to- cannulation time (days)	3 (1-7)	Na	15 (6-22.5)	Aa	3 (3–15)	e range) as approl
ECLS char	Overall ECLS (N, %)	71 (100)	53 (100)	9 (100)	78 (100)	17 (100)	(interquartil
	I SOFA	11 (8–13)	Na	Na	8.5±3.2	$11.9 \pm 9.4$	a, or median
	APACHE II	Na	Na	Na	14.4±6.6	Na	dard deviatio
lata	Pa/Fi02	60 (54–74)	Na	Na	64.1±22.8	<100 (range: 53-75)	(%), mean±stan
Pre-ECLS o	Proning (N, %)	64 (90)	35 (66)	Na	Na	17 (100)	resented as n
	Author	Schmidt et al. <sup>38</sup>	Shih et al. <sup>70</sup>	Sromicki et al. <sup>71</sup>	Suwalski et al. <sup>39</sup>	Zayat et al. <sup>40</sup>	<i>Note</i> : Values are p

Abbreviations: A, arterial; APACHE, acute physiology and chronic health evaluation; ECLS, extracorporeal life support; MI, myocardial infarction; Na, not available; RHF, right heart failure; SOFA, Sequential Organ

<sup>a</sup>Data reported for a subgroup of patients indicated as the denominator. Failure Assessment; V, venous.

<sup>b</sup>Five V-V ECLS-weaned patients required a second course of ECLS with a V-A ECLS.

	Survival	Yes	Yes	Yes	Yes	Yes	No	Yes	
	Duration (days)	Impella: 19; V-V ECLS: still ongoing	4	21	-1	14	14	°,	
	Third ECLS	V-V ECLS + Impella CP	No	No	No	No	Impella 5.0	No	e; V, venous.
	Second ECLS	V-A ECLS + Impella CP	No	No	V-A ECLS + Impella CP	No	V-A ECLS + Impella 5.0	V-A ECLS + Impella CP	o; Na, not availabl
	First ECLS	Impella CP	Impella RP	Impella 5.5	Impella CP	Bi-V Impella	V-A ECLS	Impella CP + Impella RP	c balloon pum
	Use of vasopressors	Yes	Na	Yes	Yes	Yes	Yes	Na	ABP, intra-aorti
	Use of inotropes	Yes	Na	Yes	Yes	Yes	Yes	Na	life support; I/
	Troponin (ng/ml)	Na	0.21	Na	0.59	0.28	18.509	Okt 65	tracorporeal
	Cardiac disease	Cardiogenic shock	Cardiogenic shock, pulmonary embolism	Cardiogenic shock	Cardiogenic shock, myocarditis	Cardiogenic shock, myocarditis	Cardiac arrest, myocardial infarction	Cardiogenic shock, myocarditis	cular; ECLS, ex
	Cardiac arrest	No	No	No	No	Yes	Yes	No	V, biventri
	ARDS	Yes	No	No	No	No	Yes	No	lrome; Bi-
	Sex	Male	Female	Male	Male	Female	Male	Female	istress synu
	Age (years)	52	57	65	43	35	43	25	piratory di
- (	Year of publication	2020	2020	2021	2021	2020	2020	2020	tDS, acute resl
	Country	Germany	United States	United States	Sweden	United States	United Kingdom	United States	A, arterial; AF
	Author	Bemtgen et al. <sup>72</sup>	Kaki et al. <sup>73</sup>	Mahrokhian et al. <sup>74</sup>	Papageorgiou et al. <sup>75</sup>	Ruiz et al. <sup>76</sup>	Valchanov et al. <sup>77</sup>	Yeleti et al. <sup>78</sup>	Abbreviations:

TABLE 4 MCS case report study and patient characteristics

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cases,<sup>80</sup> leading to an overall mortality rate estimated at 2.2% of the total cases in the WHO reports (accessed on June 13, 2021). The first wave of the COVID-19 pandemic was characterized by an ICU admission rate of 21%, and 69% of cases needed invasive mechanical ventilation (IMV).<sup>81</sup> ICU and IMV mortality were 28.3% and 43%, respectively.<sup>81</sup> This highlights the pivotal role of lung involvement in COVID-19. Indeed, the typical presentation of COVID-19 patients requiring intensive care is bilateral pneumonia and acute hypoxemic respiratory failure.<sup>18</sup> Despite this, up to 20%–25% of patients can manifest a concomitant cardiac involvement.<sup>2</sup>

It has been described that 22.6% of COVID-19 patients have elevated troponin values at presentation and median B-natriuretic peptide (BNP) above the reference range.<sup>2,5,82</sup> Moreover, cardiac involvement is more frequent in ICU patients<sup>83</sup> and impacts the prognosis dramatically, with over 50% mortality rate when the myocardial damage occurs.<sup>84,85</sup> The broad spectrum of COVID-19 cardiac involvement includes multiple mechanisms such as the ability of the virus to enter cardiomyocytes and to indirectly damage the heart through systemic hyperactivation of inflammatory and coagulation patterns, such as in the case of the multisystem inflammatory syndrome, heparin resistance and thrombosis, endothelial injury of the coronary arteries, and hypoxemia causing pulmonary hypertension.<sup>85-90</sup> The right heart might be particularly affected by increased pulmonary afterload and loss of right ventricular radial function.91 Furthermore, many drugs applied in COVID-19 and concomitant infections might have direct but intercurrent cardiac adverse events, such as hydroxychloroquine and azithromycin.

The role of ECLS for patients with cardiorespiratory failure due to COVID-19 has evolved over time, as described by the ELSO guidelines,<sup>92</sup> but the specific role of MCS in COVID-19 patients has yet to be established. Data shared through the EuroELSO COVID-19 dashboard, accessed on November 1, 2021, suggest that 4547 (92.4%) adults have received V-V ECLS for respiratory insufficiency and 216 (4.4%) underwent V-A ECLS during a COVID-19 infection. Data from this literature review match the percentages reported by the online ELSO dashboards and, thus, reflect real-world scenarios. Even though the majority of included studies reported data only on the first wave of COVID-19 infections, we assume that these results are still applicable to the current situation, as the online ELSO dashboards report a constant V-V/V-A ratio over time.

Between the first and second wave, clinicians and researchers have increased awareness of the significant cardiac involvement in COVID-19 but without changing the balance between the use of V-V and V-A ECLS. Furthermore, Barbaro et al. demonstrated that 90-day in-hospital mortality in ECMO COVID-19 patients increased by about 15% between the first phase of the pandemic (before May 2020) and a later phase (between May and December 2020).<sup>31</sup> This large ELSO registry report showed that cardiac arrest before starting ECMO and initial mode (V-A or V-VA vs. V-V) were associated with an increased relative risk of mortality but further analyses on this specific aspect are lacking.<sup>31</sup> This review highlights the significant number of patients experiencing acute heart failure, cardiogenic shock, or cardiac arrest before or after initiation of ECLS. Moreover, a cardiacrelated cause of death has been described in several ECLS cases, and Saeed et al. identified the need for cardiopulmonary resuscitation before ECLS placement as a risk factor for in-hospital mortality (hazard ratio: 1.87; 95% CI: 1.01-3.46). Nevertheless, a particular discrepancy still exists between the numbers of ECLS patients experiencing severe cardiac and hemodynamic compromise and those receiving MCS. Indeed, most patients received isolated respiratory support but, despite several authors reporting cardiac causes of death in their patients, it is difficult to understand if a combined respiratory and circulatory support could have prevented many deaths in the V-V ECLS population. Factors such as healthcare system strain, the timing of the cardiocirculatory complication, and patient's response to non-MCS interventions could play an important role in answering this question.<sup>93</sup> Therefore, special attention in future reports on COVID-19 patients and ECLS should focus on this open topic whose solution might significantly impact the ECLS selection and indication process for future non-COVID-19 patients. An important hint to better understand the interplay between the lungs and heart is provided by Cain et al. and Mustafa et al. who approached COVID-19 patients with the use of an OxyRVAD to provide lung and right ventricular heart support.<sup>51,52,55</sup> These authors reported higher survival rates ranging 61-75% and good outcomes compared to standard invasive mechanical ventilation. Nevertheless, a direct comparison between the use of an OxyRVAD and a V-V ECMO is still not available.

Within the MCS field, not only V-A ECLS devices have been used in COVID-19 patients. Indeed, the cardiac Society of Australia and New Zealand<sup>94</sup> and the American Society for Artificial Internal Organs<sup>95</sup> suggested that Impella could be considered for a selected subgroup of COVID-19 patients suffering acute cardiac failure without severe respiratory failure (Table 4). However, few clinical reports are now emerging regarding the use of this device, and they indicate that Impella alone might not be enough to support these patients often affected by biventricular failure and hypoxia.<sup>72,75,78</sup> Contrarily, it seems more effective as left ventricular unloading combined with V-A ECLS<sup>72,75,77,78</sup> or circulatory support associated with V-V ECLS.<sup>72</sup>

Finally, the conversion from a V-V ECLS to V-A or V-VA ECLS in several patients indicates two possible scenarios: a delayed recognition of a cardiac condition already existing at cannulation or a subsequent deterioration of the patient's status with consequent cardiac involvement. Unfortunately, the timing of conversion was rarely reported, but Loforte et al. reported the cases of five patients weaned from V-V ECLS and requiring a second V-A ECLS run due to refractory hemodynamic instability. This observation highlights again the fundamental concept of missed, delayed, or rescue use of MCS in COVID-19 patients, which might have negatively influenced outcomes and survival.

The initial difficulties in recognizing COVID-19-related cardiac involvement, the need for advanced hybrid configurations<sup>96</sup> which are rarely available in less experienced centers, and the increased risk of bleeding and thrombosis related to complex ECLS settings might explain the underuse of V-A and hybrid ECLS in COVID-19 patients. Indeed, these patients are affected by a severely impaired coagulation homeostasis, altered response to anticoagulation agents, and complex monitoring of the coagulation status, which can further complicate the ECLS management.<sup>86</sup> Furthermore, the ethical circumstances surrounding the allocation of scarce resources during the first wave of the COVID-19 pandemic tended to favor a utilitarian approach, minimizing the use of ECMO, to maximize collective benefit. Important ethical considerations have been outlined by Emanuel et al.<sup>97</sup> for allocating medical resources: maximize benefits; prioritize healthcare workers; avoid allocation on a first-come, first-served basis; be responsive to evidence; recognize research participation; and apply the same principles to all COVID-19 and non-COVID-19 patients. ELSO has published guidance<sup>92</sup> regarding the use of ECLS during this pandemic that aligns with these principles: the highest priority should be given to younger patients, those with minor/no medical comorbidities, and only if a center had the resources and expertise to afford this challenge. Unfortunately, it was not possible to extrapolate data regarding ICU capacity from the articles included in this review. Indeed, data such as the minimum and maximum length of ECLS run, useful to evaluate bed availability in each ICU during the pandemic, were not routinely reported.

Predictive factors for cardiac involvement and hemodynamic instability during ECLS for COVID-19 might be identified to help clinicians to decide on the best mechanical support for each patient. Unfortunately, most of the studies included in this review lacked data on baseline cardiac markers such as troponin, pro-BNP, or echocardiographic data and reported only indirect markers of hemodynamic instability such as the need for vasopressors. Moreover, data on the pre-ECLS median APACHE and SOFA scores as well as the use of inotropes were rarely reported. A call for more attention in reporting and describing ECLS patients' data is needed, especially in COVID-19 patients. It is advised to screen critically ill COVID-19 patients for acute heart failure in the early and late phases of the disease. Appropriate nomenclature, measurement instruments, and a core outcome set are recommended to standardize research efforts internationally and provide good evidence-based guidelines.<sup>22,98</sup>

This is the first systematic review analyzing the use of MCS in COVID-19 patients requiring ECLS. Strengths of this study include a comprehensive review of the literature performed according to the PRISMA guidelines,<sup>19</sup> robust inclusion criteria, and relevant exclusion criteria. Inclusion required documentation of ECLS type for all patients, and articles analyzing only patients supported with V-V ECLS were excluded to minimize the risk of selection and information bias. Duplicated and overlapping populations were excluded (Table S1). We assessed study quality using a validated tool and identified and discussed reporting limitations and knowledge gaps.

The main limitation of this systematic review is the lack of published randomized controlled trials and the high heterogeneity of included studies. Indeed, the high variability in reported data, the small sample size of the population undergoing MCS, and the inconsistency in reported variables precluded a comparative meta-analysis. For example, some studies have a small sample size and do not detect differences in clinical outcomes, while most of the patients are provided by a large international registry.<sup>13</sup> Despite the methods adopted to prevent overlapping populations, it is not possible to completely exclude partial overlapping. In addition, heterogeneous variable reports and a significant lack of data on outcomes, such as renal failure and hemodialysis, prevented a meaningful comparative meta-analysis on these data. Moreover, there is great variability among patient management, and none of the studies reported a clear management strategy for patients requiring ECLS. Furthermore, no study directly compared V-V ECLS patients and patients requiring MCS with a consequent lack of evidence regarding differences in outcomes. Finally, several articles reporting on ECLS outcomes were excluded based on the lack of details on ECLS types and configurations or reporting only V-V ECLS cases without any reference to their policy for MCS use. Notably, the large ELSO Registry report by Barbaro et al. describing 4812 COVID-19 patients supported with ECLS could not be included for a lack of details on ECLS configurations.<sup>31</sup>

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V-A ECLS or hybrid ECLS configurations have been used in 7.3% of COVID-19 cases requiring ECLS. As the number of patients with severe cardiac involvement is higher and the outcome in these patients is poor, a possible underuse of this support might negatively affect patients' outcomes. Furthermore, based on the emerging literature, it can be assumed that the rate of cardiocirculatory complications in ECLS patients has been so far underreported, leaving an open question on the severity of the cardiocirculatory complications, their timing in the COVID-disease course, and the subsequent importance of MCS. Indeed, based also on the high mortality of these patients, further investigations are warranted to establish the correct indications and timing for MCS use in COVID-19 patients.

### **CONFLICT OF INTEREST**

RL is a consultant for Medtronic, Getinge, and LivaNova and Advisory Board Member of Eurosets: all honoraria are paid to the University for research support.

#### AUTHOR CONTRIBUTIONS

Silvia Mariani conceptualized and designed the study and was involved in data collection, data analysis/interpretation, statistics, drafting the article, and manuscript revision, approval, and submission. Maria Elena De Piero was involved in data analysis/interpretation, statistics, drafting the article, and manuscript revision and approval. Justine M. Ravaux conceptualized and designed the study and was involved in data collection, data analysis/interpretation, statistics, drafting the article, and manuscript revision and approval. Alexander Saelmans was involved in data collection, data analysis/interpretation, drafting the article, and manuscript revision and approval. Michal J. Kawczynski, Michele Di Mauro, and Tong Li were involved in statistics and manuscript revision and approval. Bas C. T. van Bussel was involved in data analysis/interpretation and manuscript revision and approval. Anne Willers, Justyna Swol, Mariusz Kowalewski, Thijs S. R. Delnoij, Iwan C. C. van der Horst, and Jos Massen were involved in manuscript revision and approval. Roberto Lorusso conceptualized and designed the study and was involved in data analysis/interpretation and manuscript revision and approval.

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#### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of the article at the publisher's website.

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