OPEN

The Relationship Between the Adverse Events and Efficacy of Sorafenib in Patients With Metastatic Renal Cell Carcinoma

A Multicenter Retrospective Study from Northwest China

Yu Zheng, MD, Fuli Wang, MD, PhD, Guojun Wu, MD, PhD, Longlong Zhang, MD, Yangmin Wang, MD, PhD, Zhiping Wang, MD, PhD, Peng Chen, MD, PhD, Qing Wang, MD, Jingyi Lu, MD, Yujie Wang, MD, PhD, Peijun Li, MD, PhD, Jian Wang, MD, Xitao Lu, MD, and Jianlin Yuan, MD, PhD

Abstract: The aim of the study is to evaluate the relationship between the adverse events and efficacy of sorafenib in patients with metastatic renal cell carcinoma (mRCC), with a purpose to guide the judgment of efficacy in sorafenib treatment.

Eighty-three mRCC patients who received sorafenib therapy at northwest China were studied retrospectively. Univariate and multivariate analyses were performed to correlate tumor response, progression-free survival (PFS), and overall survival (OS) with adverse event types and grades.

Among 83 patients who underwent sorafenib therapy, 2 cases (2.4%) had completed response (CR), 14 cases (16.9%) had partial response (PR), 57 cases (68.7%) had stable disease (SD), and 10 cases (12.0%) developed progressive disease (PD). The median PFS and OS were 15.0 and 29.0 months, respectively. The most frequent grade 1 or 2 adverse events included hand-foot syndrome (68.7%), diarrhea (54.2%), and alopecia (51.8%). The most common grade 3 or 4 adverse events were hand-foot syndrome (6.0%), hypertension (4.8%), and diarrhea (3.6%). The frequency and severity of adverse events correlated with tumor response rate (both with P < 0.05). Multivariate analysis showed the

independent predictors of better PFS included rash (OR 0.307, 95%CI 0.148–0.636, P = 0.001) and diarrhea (OR 0.391, 95%CI 0.169–0.783, P = 0.008). Elevated transaminase was the independent predictor of poor PFS (OR 2.606, 95%CI 1.299–5.532, P = 0.012). For OS, rash (OR 0.473, 95%CI 0.253–0.886, P = 0.019) and diarrhea (OR 0.321, 95%CI 0.171–0.605, P = 0.000) correlated with better OS.

Sorafenib-related adverse events are associated with efficacy in patients with mRCC from northwest China. Rash and diarrhea are independent protective factors of both PFS and OS, and elevated transaminase is an independent risk factor of PFS. A large prospective study is warranted.

(Medicine 94(49):e2222)

Abbreviations: CR = complete response, CTCAE = Common Terminology Criteria For Adverse Events, ECOG = Eastern Cooperative Oncology Group, EGFR = epidermal growth factor receptor, mRCC = metastatic renal cell carcinoma, mTOR = mammalian target of rapamycin, NSCLC = nonsmall cell lung cancer, OR = odds ratio, OS = overall survival, PD = progressive disease, PFS = progression-free survival, PR = partial response, RCC = renal cell carcinoma, RECIST = Response Evaluation Criteria In Solid Tumors, SD = stable disease, TKI = tyrosine kinase inhibitor.

INTRODUCTION

R enal cell carcinoma (RCC) is the most common malignant tumor of the kidney. Surgical resection is the best treatment for localized RCC. Approximately one-third of the patients have postoperative metastases or present with metastatic diseases.¹ Targeted therapy has dramatically improved the treatment outcomes and the overall survival.

Sorafenib is one of the first targeted therapies approved for RCC based on clinical evidence of efficacy in several trials recently.^{2–5} It is an oral tyrosine kinase inhibitor (TKI) with small molecular weight. The most common TKI treatment-related adverse events are dermatological toxicity, gastrointestinal toxicity, hypertension, fatigue, serological change, and so on. In general, sorafenib is well tolerated with less adverse events.

Unfortunately, many patients do not benefit from the targeted treatment. A few studies have been performed to identify the influence factors and predict the efficacy of targeted therapies.⁶ We hypothesized that the therapeutic efficacy is dose-dependent. Thus, those patients who achieve high dose would have higher response rate than those with low-dose sorafenib. As the target tyrosine kinases of sorafenib also exist in normal cells, those patients with high-dose sorafenib will more likely develop more frequent and severer toxicity. Several

Editor: Giandomenico Roviello.

Received: August 30, 2015; revised and accepted: November 6, 2015. From the Department of Urology, Xijing Hospital, Fourth Military Medical University, Xi'an, Shaanxi Province (YZ, FW, GW, LZ, JY); Department of Urology, General Hospital of Lanzhou Military Area Command of Chinese PLA (YW); Department of Urology, The Second Affiliated Hospital of Lanzhou University, Lanzhou, Gansu Province (ZW); Department of Urology, Affiliated Tumor Hospital of Xinjang Medical University (PC); Department of Urology, People's Hospital of Xinjiang Uygur Autonomous Region, Urumqi (QW); Department of Urology, Xinjiang karamay Central Hospital, Karamay (JL); Department of Urology, The First Affiliated Hospital of Xinjiang Medical University, Urumqi, Xinjiang Uyghur Autonomous Region (YW); Department of Urology, General Hospital of Ningxia Medical University, Yinchuan, Ningxia Hui Autonomous Region, (L); Department of Urology, Qinghai University Affiliated Hospital, Xining, QingHai Province (JW); and Department of Urology, First People's Hospital of Shizuishan, Shizuishan, Ningxia Hui Autonomous Region, China (XL).

Correspondence: Jianlin Yuan, Department of Urology, Xijing Hospital, Fourth Military Medical University, Xi'an, China (e-mail: jianliny@fmmu.edu.cn).

Supplemental Digital Content is available for this article.

Funding: The authors acknowledge the support from Shaanxi Province technological pooling fund2012KTCL03-03 and Xijing Hospital subject booster plan translational medicine research projects XJZT13Z05 and the linguistic modification of Prof. Chongxian Pan, Prof. Guirong Ding, Prof. Yan Lu, and Prof. Ye Tian.

The authors have no funding and conflicts of interest to disclose.

Copyright © 2015 Wolters Kluwer Health, Inc. All rights reserved.

This is an open access article distributed under the Creative Commons Attribution License 4.0, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. ISSN: 0025-7974

DOI: 10.1097/MD.00000000002222

studies have indicated that adverse events of targeted therapy are associated with the efficacy, such as nonsmall cell lung cancer (NSCLC),⁷ colorectal cancer,⁸ head and neck cancer.⁹ It is also suggested that the appearance of skin toxicity,¹⁰ hypertension,¹¹ hypothyroidism¹² correlated with improved tumor response rates and increased survival time of kidney cancer patients treated with targeted therapy.

Here we conducted a comprehensive retrospective review to determine the landscape of adverse events in metastatic RCC (mRCC) patients from northwest China who received sorafenib, and identified a few adverse events that correlated with tumor response, progression-free survival (PFS), and overall survival (OS).

METHODS

Patients and Treatment

This is a retrospective multicenter study. Data was collected from 279 patients at 10 medical centers in Northwest China since September 2006 to August 2014. All patients were pathologically diagnosed as mRCC. All patients had at least 1 measurable lesion according to the Response Evaluation Criteria In Solid Tumors (RECIST version 1.1).¹³ Among the 279 mRCC patients, 139 treated by sunitinib, 26 treated with cytokines, 12 patients changed TKIs into mammalian target of rapamycin (mTOR), and 6 with incomplete data were excluded. Among the remaining 96 patients who did not receive any systematic antitumor therapy before entering the group, 1 <18 years old, 12 with hepatic insufficiency (Child-Pugh C or above) or renal dysfunction (creatinine clearance < 30 mL/min) and a life expectancy of <12 weeks were also excluded. Thus, a total of 83 patients were included in the study which was supported by ethics committee of Xijing Hospital.

Sorafenib treatment was started 1 to 10 months after surgery or diagnosis, and lasted for at least 2 months to monitor drug-related adverse events. All patients orally received sorafenib 400 mg twice per day. If intolerable adverse events occurred, dose would be reduced to 400 mg daily until withdrawal. Patients would receive appropriate concomitant treatment for adverse events as well, but no antitumor therapy was conducted before disease progression. After treatment started, patients were followed up once a month for 3 months, then changed to once every 2 months until patients were taken off from the study. Tumor response was evaluated by imaging examinations (Computerized Tomography or magnetic resonance imaging) according to RECIST version 1.1.¹³

Toxicity Assessment

Adverse events were recorded based on the types of adverse events, duration, and grades according to the Common Terminology Criteria For Adverse Events version 3.0 (CTCAE v3.0).¹⁴ Adverse events caused dose reduction or treatment discontinuation were also recorded.

Statistical Analysis

Progression-free survival was defined as the time from the beginning of sorafenib treatment to tumor progression or death of patients. Overall survival was defined as the time that a patient was diagnosed with mRCC to death or last follow-up. The Kaplan–Meier method was used to evaluate PFS and OS, and the survival curves were plotted.

The chi square test was applied for the comparison of tumor response from different types and grades of adverse
 TABLE 1. Basic Characteristics of mRCC Patients Treated With

 Sorafenib

Characteristics	Num	Proportion (%)	
Age			
≥ 60 years	29	34.9	
<60 years	54	65.1	
Gender			
Male	61	73.5	
Female	22	26.5	
ECOG score			
0	49	59.0	
1	28	33.7	
2	6	7.2	
Pathological type			
Clear cell carcinoma	76	91.6	
Nonclear cell carcinoma	7	8.4	
Fuhrman grade			
1	16	19.3	
2	47	56.6	
3	18	21.7	
4	2	2.4	
Number of metastatic lesions			
1	45	55.6	
2	15	18.5	
≥ 3	21	25.9	
Metastatic sites			
Lung	42	39.6	
Lymph node	22	20.8	
Liver	14	13.2	
Bone	12	11.3	
Adrenal gland	8	7.5	
Others	8	7.5	

ECOG = Eastern Cooperative Oncology Group, mRCC = metastatic renal cell carcinoma.

events. All the adverse events regarded as different variables and the Log-rank test was used for univariate analysis. Moreover, the multivariable Cox proportional hazards model was used to screen out adverse events associated with efficacy in mRCC by sorafenib therapy. All statistical significance (P < 0.05) were analyzed by SPSS 21.0.

RESULTS

Patient Characteristics and Efficacy

A total of 83 patients of mRCC was included in this study. The mean age was 55.08 ± 13.01 years old (range 19-81). The other characteristics of mRCC patients are shown in Table 1.

Patients were followed up from 14 to 412 weeks, with a median follow-up of 56 weeks. By the time of data collection (at the end of August 2014), 8 patients were still alive, 1 patient died of cardiovascular disease and 5 patients lost follow-up. Radiologically confirmed completed response (CR), partial response (PR), stable disease (SD), and progressive disease (PD) were observed in 2 (2.4%), 14 (16.9%), 57 (68.7%), and 10 (12.0%) patients, respectively. The tumor control rate (CR + PR + SD) was 88.0% (73 / 83). The objective response rate (CR + PR) was 19.3% (16 / 83). The median PFS and OS were 15.0 and 29.0 months, respectively.

Copyright © 2015 Wolters Kluwer Health, Inc. All rights reserved.

	Adv				
Adverse Events	1	2	3	4	Total
Hand-foot syndrome	33	24	4	1	62
Diarrhea	13	32	2	1	48
Hypertension	2	13	3	1	19
Rash	12	26	0	0	38
Pyrexia	7	6	0	0	13
Fatigue	33	8	0	0	41
Anepithymia	25	14	0	0	39
Alopecia	32	11	0	0	43
Oral mucositis	13	7	0	0	20
Weight loss	6	32	0	0	38
Nausea and vomiting	27	12	0	0	39
Leukopenia	0	4	0	0	4
Anemia	10	9	0	0	19
Thrombocytopenia	3	3	0	0	6
Elevated transaminase	3	14	0	0	17
Renal hypofunction	3	1	0	0	4

 TABLE 2.
 Adverse Events in Patients With mRCC Treated With

 Sorafenib
 Sorafenib

mRCC = metastatic renal cell carcinoma.

Adverse Events

A total of 16 types of adverse events were recorded, and at least 1 adverse event occurred in each patient. The most frequent grade 1 or 2 adverse events were hand-foot syndrome 57 cases (68.7%), diarrhea 45 cases (54.2%), alopecia 43 cases (51.8%), fatigue 41 cases (49.3%), anepithymia 39 cases (47.0%), nausea and vomiting 39 cases (47.0%), weight loss 38 cases (45.8%), and rash 38 cases (45.8%) (Table 2). Patients with grade 1 or 2 adverse events did not undergo sorafenib suspension or dose reduction after symptomatic treatment of the adverse events. Grade 3 or 4 adverse events included 5 cases (6%) of hand-foot syndrome, 4 cases (4.8%) of hypertension,

and 3 cases (3.6%) of diarrhea. After dose reduction or suspension, patients who had grade 3 or 4 adverse events returned to grade 1 or 2. No patients had recurrence of grade 3 or 4 adverse events after that.

According to the types of adverse events, the patients were divided into 3 groups: 1 to 3, 4 to 6, and 7 or more types of adverse events. There was a positive correlation between the number of adverse event types and tumor response ($\chi^2 = 19.358$, P = 0.004). The more the types of adverse events were, the higher the tumor control rate was. Both patients with CR belonged to the group with 7 or more types of adverse events. Among the 10 cases of PD, 7 of them had ≤ 3 types of adverse events (Table 3). In addition, according to the highest levels of the adverse events, the patients were classified into 3 groups: grade 1, grade 2, and grade 3 or 4. The tumor response rates in patients with different grades of adverse events were also different ($\chi^2 = 18.361$, P = 0.005) and there were no adverse events higher than grade 1 in all 10 of patients with PD (Table 4).

Univariate Analysis

The data described above suggested that the numbers and the severity of adverse events positively correlated with tumor response. We next performed univariate analysis to determine what adverse events were related to tumor response. The following adverse events were associated with PFS: diarrhea, rash, fatigue, alopecia, weight loss, anemia, thrombocytopenia, and elevated transaminase (P < 0.05 for all these adverse events). The adverse events associated with OS included diarrhea, rash, fatigue, nausea and vomiting, and anemia (P < 0.05for all these events, Table 5).

Multivariate Analysis

Multivariable Cox proportional hazards model was used to identify adverse events, which are significantly associated with PFS or OS. In order to address potential sources of bias, 23 clinical and pathological variables were included in univariate analysis too. The positive results were also subjected to

Adverse Events Types	CR	PR	SD	PD	Total	χ^2	P Value
1-3	0 (0.0%)	2 (9.5%)	12 (57.1%)	7 (33.3%)	21 (100%)	19.358	0.004
4-6	0 (0.0%)	3 (10.0%)	25 (83.3%)	2 (6.7%)	30 (100%)		
≥ 7	2 (6.3%)	9 (28.1%)	20 (62.5%)	1 (3.1%)	32 (100%)		
Total	2 (2.4%)	14 (16.9%)	57 (68.7%)	10 (12.0%)	83 (100%)		

TABLE 4. Comparison of Tumor Response Rate Among Different Adverse Events	Grades
--	--------

Adverse Events Grades	CR	PR	SD	PD	Total	χ^2	P Value
1	0 (0.0%)	3 (8.1%)	24 (64.9%)	10 (27.0%)	37 (100%)	18.361	0.005
2	1 (2.6%)	8 (26.3%)	25 (71.1%)	0 (0.0%)	34 (100%)		
3-4	1 (8.3%)	3 (25.0%)	8 (66.7%)	0 (0.0%)	12 (100%)		
Total	2 (2.4%)	14 (16.9%)	57 (68.7%)	10 (12.0%)	83 (100%)		

Adverse Events	\mathbf{N}^{*}	Median PFS (95%CI)	P Value	Median OS (95%CI)	P Value
Hand foot syndrome			0.094		0.125
Yes	53	17.0 (13.069-20.931)		30.0 (27.059-32.941)	
No	16	9.0 (5.330-12.670)		26.0 (12.793-39.207)	
Diarrhea		× , , ,	0.001	· · · · · · · · · · · · · · · · · · ·	0.019
Yes	39	19.0 (12.965-25.038)		32.0 (27.916-36.084)	
No	30	9.0 (7.970-10.030)		26.0 (22.379–29.621)	
Hypertension		· · · · · · · · · · · · · · · · · · ·	0.080	× , , , , , , , , , , , , , , , , , , ,	0.057
Yes	19	15.0 (0.000-33.887)		40.0 (31.416-48.584)	
No	64	14.0 (8.822-19.178)		28.0 (24.734-31.266)	
Rash			0.000		0.002
Yes	31	23.0 (15.060-30.940)		37.0 (27.926-46.074)	
No	38	9.0 (8.022-9.978)		26.0 (21.524-30.476)	
Pvrexia			0.673		0.498
Yes	12	13.0(10.708 - 15.292)		29.0 (21.954-36.064)	
No	57	15.0(11.019 - 18.981)		29.0 (25.198 - 32.802)	
Fatigue			0.048		0.001
Yes	30	17.0(10.946 - 23.054)	01010	35.0 (29.646-40.354)	01001
No	39	10.0(4.564 - 15.036)		26.0(23.974-28.026)	
Anepithymia	0.9	1010 (1001 101000)	0.184	2010 (2010) 1 201020)	0.385
Yes	31	15.0(10.943 - 19.057)	01101	31.0 (24 133-37.867)	01000
No	38	13.0(7.145 - 10.855)		27.0(23.000-31.000)	
Alopecia	50	15.0 (7.115 10.055)	0.002	27.0 (23.000 51.000)	0.071
Yes	38	20.0(10.291 - 21.790)	01002	33.0 (26.055-39.945)	01071
No	31	11.0(4.429 - 17.571)		26.0(22.196-29.804)	
Oral mucositis	01		0.143	2010 (2211)0 23100 1)	0 401
Yes	15	21.0(6.772 - 35.228)	011 10	35.0 (26.190-43.810)	01101
No	54	13.0(8.693 - 17.370)		28.0 (24.762–31.238)	
Weight loss	0.		0.007	2010 (211/02 011200)	0 240
Yes	32	17.0 (6.947-27.053)	0.007	32.0(26.612 - 37.388)	0.210
No	37	90(5427-12573)		26.0(22.545-29.455)	
Nausea & vomiting	51	5.0 (5.127 12.575)	0.111	20.0 (22.5 15 25.155)	0.035
Yes	34	15.0(10.390 - 19.604)	01111	35.0 (27.151-42.849)	01022
No	45	14.0(5.767-22.233)		25.0(21.329 - 28.671)	
Leukopenia	15	11.0 (5.767 22.255)	0.188	25.0 (21.52) 20.0(1)	0 447
Yes	4	11.0(9.040 - 12.960)	01100	18.0(5.260-30.740)	01117
No	65	15.0(10.701 - 19.299)		29.0(26.060 - 31.940)	
Anemia	00		0.002	2010 (2010000 011010)	0.014
Yes	19	10.0(5.782 - 14.218)	0.002	26.0(17.564 - 34.436)	0.011
No	50	18.0(13.285-21.715)		31.0(27.065 - 34.935)	
Thrombocytopenia	50	10.0 (10.205 21.715)	0.045	51.0 (27.005 51.955)	0.459
Yes	5	7.0 (1.784–12.261)	0.015	28.0(25.600 - 30.400)	0.159
No	64	15.0(10.698 - 19.302)		29.0(25.000-30.100)	
Elevated transaminase	01	15.0 (10.090 19.502)	0.000	29.0 (23.020 - 32.974)	0 793
Ves	14	7.0.(4.693 - 9.307)	0.000	25.0(22.521 - 27.479)	0.755
No	55	17.0(13.459-20.541)		30.0(26.835 - 33.165)	
Renal hypofunction	55	17.0 (15.757-20.571)	0.711	50.0 (20.055 - 55.105)	0.833
Ves	3	3.0.(0.000-36.320)	0./11	23.0(-)	0.055
No	66	15.0(10.750-10.220)		25.0(-) 29.0(26.260-31.740)	
110	00	13.0(10.737 - 17.241)		27.0 (20.200-51.740)	

TABLE 5. The Log-Rank Test Univariate Analysis for Progression-Free Survival and Overall Survival of mRCC Patients Treated With Sorafenib

CI = confidence interval, OS = overall survival, PFS = progression-free survival.

* 14 patients have been censored.

multivariate analysis. Results are shown in Supplementary Table S1 and Table S2, http://links.lww.com/MD/A547. Rash and diarrhea were both independent predictive factors of better median PFS after sorafenib treatment with the odds ratio (OR) of 0.307(95%CI 0.148-0.636, P=0.001) and 0.391(95%CI 0.169-0.783, P=0.008), respectively (Table 6). However, elevated transaminase was the

independent predictor of worse PFS with the OR of 2.606 (95%CI 1.299–5.532, P = 0.012). The Kaplan–Meier survival curves are showed in Figure 1. For OS, the independent predictive factors included rash (OR 0.473, 95%CI 0.253–0.886, P = 0.019) and diarrhea (OR 0.321, 95%CI 0.171–0.605, P = 0.000, Table 6). The Kaplan–Meier survival curves are showed in Figure 2.

Adverse Events	Grouping	OR(95%CI) for PFS	P Value	OR (95%CI) for OS	P Value
Hand-foot syndrome	Yes/no	0.490 (0.238-1.008)	0.053	_	_
Diarrhea	Yes/no	0.391 (0.196-0.783)	0.008	0.321 (0.171-0.605)	0.000
Hypertension	Yes/no	0.484 (0.216-1.081)	0.077	0.702 (0.319-1.545)	0.379
Rash	Yes/no	0.307 (0.148-0.636)	0.001	0.473 (0.253-0.886)	0.019
Fatigue	Yes/no	0.890 (0.496-1.597)	0.697	0.558 (0.307-1.012)	0.055
Alopecia	Yes/no	0.778 (0.378-1.600)	0.495	1.006 (0.534-1.896)	0.984
Weight loss	Yes/no	0.816 (0.407-1.635)	0.566	_	_
Nausea and vomiting	Yes/no	_	_	0.848 (0.463-1.552)	0.592
Anemia	Yes/no	1.975 (0.927-4.209)	0.078	1.502 (0.729-3.094)	0.271
Thrombocytopenia	Yes/no	0.323 (0.093-1.121)	0.075	_	_
Elevated transaminase	Yes/no	2.606 (1.229-5.532)	0.012	_	_

TABLE 6. The Cox Proportional Hazards Multivariate Analysis for Progression Free Survival and Overall Survival of mRCC Patients Treated With Sorafenib

DISCUSSION

Although targeted therapies for mRCC have been widely used in the world, many patients do not benefit from it and this treatment is still expensive. Therefore screening out the factors associated with efficacy to guide clinical use of targeted drugs is particularly important. A study has reported that some of the factors including pathological classification, sarcomatoid differentiation, and disease progression are associated with long-term survival of mRCC patients receiving targeted therapy.⁶ However, ideal predictive factors should be available before treatment which were easily obtained and inexpensive. Although adverse events are the predictive factors that occur after treatment starts, they are easily obtained and inexpensive. This multicenter retrospective study from Northwest China was aimed to identify predictive factors of the adverse events associated with PFS and OS to sorafenib therapy in mRCC.

Our data suggests that the severity and the number of the types of adverse events positively associated with the response of sorafenib treatment. The multivariate analysis suggested that different adverse events had different predictive values. Rash indicated better PFS and OS in mRCC patients treated with sorafenib, the OR values were 0.307 (95%CI 0.148-0.636, P = 0.001) and 0.473 (95%CI 0.253-0.886, P = 0.019), respectively. These results are similar to Poprach et al¹⁰ in which they reported an association of borderline significance between improved PFS and skin toxicity during sorafenib treatment, and the presence of cutaneous toxicity was related to improved OS and PFS in sunitinib therapy. As for other targeted therapies using TKIs in different kinds of tumors, an association of dermatologic toxicity with better treatment out-comes was commonly observed.^{7–10,15–18} It is not fully understood why the occurrence of the skin lesions could improve the efficacy. Because sorafenib is an inhibitor of the epidermal growth factor receptor (EGFR) that is highly expressed in the tumor tissue as well as in normal tissues, especially in the base layer of the epidermis,¹⁹ the expression of EGFR and dosedependent toxicity at least partly explain the association of skin toxicity with treatment outcomes. There are several factors that could affect the development of skin toxicity as well. Tsuchiya et al²⁰ suggested that female, high-dose sorafenib therapy (include dose per body weight and dose per body surface area), and ABCC-24CC or HLA-A*24 carriers, are more prone to high-grade treatment-related rash.

Diarrhea is also an independent protective factor for both PFS and OS in mRCC patients treated with sorafenib; the OR values were 0.391 (95%CI 0.169-0.783, P = 0.008) and 0.321 (95%CI 0.171-0.605, P=0.000), respectively. Strumberg et al²¹ found that patients who developed diarrhea during sorafenib treatment in phase II/III trials had a significantly longer time to progression compared to those without diarrhea. Koschny et al²² reported that during sorafenib therapy in patients with hepatocellular carcinoma, occurrence of grade 2 or 3 diarrhea was a good prognostic factor for OS. It is possible that the mechanism of skin toxicity and diarrhea is similar because gastrointestinal epithelium also highly expresses EGFR.²³ As the diarrhea occurs less frequently with EGFR monoclonal antibodies treatment,²⁴ some diarrhea may be related to the gastrointestinal tract irritation induced by the drug itself, it is the inflammatory reaction of the gut. These kinds of diarrhea could be alleviated by glucocorticoid,25 but the diarrhea caused by EGFR blockage could not. Hence, glucocorticoid therapy may become a marker for screening diarrhea as a prognostic factor.

Although the adverse events may not be fatal, they can lower the quality of life and make patients less compliance with the therapy and decrease efficacy. As these adverse events are predictive factors, it is important to explain to patients that dermatologic toxicity and diarrhea is associated with improved efficacy of the targeted therapy, at the same time, aggressive symptomatic treatment of adverse events could alleviate the toxicity, improve compliance, and enhance the efficacy.

Some patients are less likely to develop these toxicity as a result of the interaction between the pharmacokinetics²⁶ and the genetic polymorphisms.^{27,28} They need higher dosage to induce the development of adverse events associated with efficacy. However, increasing the dosage of the drug is undoubtedly a double-edged sword because it can elevate transaminase that is an independent risk factor to worse PFS; the OR value is 2.606 (95%CI 1.299–5.532, P = 0.012). The elevated transaminase in high-dose sorafenib treatment may be simply because sorafenib is mainly metabolized in the hepatocyte.²⁹

The adverse events can be divided into 3 categories: those associated with improved efficacy, those not related to efficacy, and those predicting worse treatment outcomes. For the adverse events associated with improved efficacy which include rash and diarrhea, aggressive supportive care should be taken to



FIGURE 1. The Kaplan–Miller method cumulative PFS curves associated with adverse events: (A) rash, (B) diarrhea, (C) elevated transaminase. PFS = progression-free survival.

mitigate the toxicity, increase the compliance, and minimize the dose reduction or treatment interruption. As regards the adverse events not related to or associated with worse treatment outcomes, lower threshold should be set for dose reduction or drug holiday in addition to aggressive supportive care.



FIGURE 2. The Kaplan–Miller method cumulative OS curves associated with adverse events: (A) rash, (B) diarrhea. OS = overall overall survival.

There are shortcomings of this study. This is the first such report focusing on Asian mRCC patients treated with sorefenib. All patients in this study were from the northwest of China. However, it is not clear whether the findings in this study can be applied to other Asian populations. With its relatively small size of 83 patients, some association between adverse events and treatment outcomes might not be found. There are many other prognostic factors affecting survival, such as primary tumor resection, Fuhrman grade, and so on (Supplementary Table S2, http://links.lww.com/MD/A547). Unfortunately, due to the limited sample size, we could not conduct a subgroup analysis. With the continued expansion of the sample size, we will further strengthen this part in future studies.

CONCLUSION

In conclusion, this study shows that some drug-related adverse events are associated with efficacy in mRCC treated with sorafenib. Rash and diarrhea are independent protective factors of both PFS and OS, whereas elevated transaminase is an independent risk factor of PFS. These findings remain to be validated by large prospective studies.

Copyright © 2015 Wolters Kluwer Health, Inc. All rights reserved.

REFERENCES

- Lee J, Park I, Park K, et al. Efficacy and safety of vascular endothelial growth factor receptor tyrosine kinase inhibitors in patients with metastatic renal cell carcinoma and poor risk features. *J Cancer Res Clin.* 2012;138:687–693.
- Escudier B, Desai AA, Rolland F, et al. Sorafenib in advanced clearcell renal-cell carcinoma. N Engl J Med. 2007;356:125–134.
- Zhang H, Dong B, Lu JJ, et al. Efficacy of sorafenib on metastatic renal cell carcinoma in Asian patients: results from a multicenter study. *Bmc Cancer.* 2009;9:249.
- Jäger D, Ma JH, Mardiak J, et al. Sorafenib treatment of advanced renal cell carcinoma patients in daily practice: the Large International PREDICT Study. *Clin Genitourinary Cancer*. 2015;13:156–164.
- Fishman MN, Tomshine J, Fulp WJ, et al. A systematic review of the efficacy and safety experience reported for sorafenib in advanced renal cell carcinoma (RCC) in the post-approval setting. *PLoS ONE*. 2015;10:e120877.
- Yu X, Guo G, Li X, et al. Retrospective analysis of the efficacy and safety of sorafenib in Chinese patients with metastatic renal cell carcinoma and prognostic factors related to overall survival. *Medicine*. 2015;94:e1361.
- Liu H, Wu Y, Lv T, et al. Skin rash could predict the response to EGFR tyrosine kinase inhibitor and the prognosis for patients with non-small cell lung cancer: a systematic review and meta-analysis. *PLoS ONE.* 2013;8:e55128.
- Petrelli F, Borgonovo K, Barni S. The predictive role of skin rash with cetuximab and panitumumab in colorectal cancer patients: a systematic review and meta-analysis of published trials. *Targeted Oncol.* 2013;8:173–181.
- Bonner JA, Harari PM, Giralt J, et al. Radiotherapy plus cetuximab for locoregionally advanced head and neck cancer: 5-year survival data from a phase 3 randomised trial, and relation between cetuximab-induced rash and survival. *Lancet Oncol.* 2010;11: 21–28.
- Poprach A, Pavlik T, Melichar B, et al. Skin toxicity and efficacy of sunitinib and sorafenib in metastatic renal cell carcinoma: a national registry-based study. *Ann Oncol.* 2012;23:3137–3143.
- Rini BI, Cohen DP, Lu DR, et al. Hypertension as a biomarker of efficacy in patients with metastatic renal cell carcinoma treated with sunitinib. J Nat Cancer Inst. 2011;103:763–773.
- 12. Schmidinger M, Vogl UM, Bojic M, et al. Hypothyroidism in patients with renal cell carcinoma. *Cancer.* 2011;117:534–544.
- Eisenhauer EA, Therasse P, Bogaerts J, et al. New response evaluation criteria in solid tumours: revised RECIST guideline (version 1.1). Eur J Cancer. 2009;45:228–247.
- Trotti A, Colevas A, Setser A, et al. CTCAE v3.0: development of a comprehensive grading system for the adverse effects of cancer treatment. *Semin Radiat Oncol.* 2003;13:176–181.
- 15. Petrelli F, Borgonovo K, Cabiddu M, et al. Relationship between skin rash and outcome in non-small-cell lung cancer patients treated

with anti-EGFR tyrosine kinase inhibitors: a literature-based metaanalysis of 24 trials. *Lung Cancer*. 2012;78:8–15.

- Perez-Soler R, Chachoua A, Hammond LA, et al. Determinants of tumor response and survival with erlotinib in patients with nonsmall-cell lung cancer. J Clin Oncol. 2004;22:3238–3247.
- Orditura M, De Vita F, Galizia G, et al. Correlation between efficacy and skin rash occurrence following treatment with the epidermal growth factor receptor inhibitor cetuximab: a single institution retrospective analysis. *Oncol Rep.* 2009;21:1023–1028.
- Perez-Soler R. Can rash associated with HER1/EGFR inhibition be used as a marker of treatment outcome? *Oncology*. 2003;17:23–28.
- Li T, Perez-Soler R. Skin toxicities associated with epidermal growth factor receptor inhibitors. *Targeted Oncol.* 2009;4:107–119.
- Tsuchiya N, Narita S, Inoue T, et al. Risk factors for sorafenibinduced high-grade skin rash in Japanese patients with advanced renal cell carcinoma. *Anti-Cancer Drug.* 2013;24:310–314.
- Strumberg D, Awada A, Hirte H, et al. Pooled safety analysis of BAY 43-9006 (sorafenib) monotherapy in patients with advanced solid tumours: is rash associated with treatment outcome? *Eur J Cancer.* 2006;42:548–556.
- Koschny R, Gotthardt D, Koehler C, et al. Diarrhea is a positive outcome predictor for sorafenib treatment of advanced hepatocellular carcinoma. *Oncology*. 2013;84:6–13.
- Rudin CM, Liu W, Desai A, et al. Pharmacogenomic and pharmacokinetic determinants of erlotinib toxicity. J Clin Oncol. 2008;26:1119–1127.
- 24. Vermorken JB, Trigo J, Hitt R, et al. Open-label, uncontrolled, multicenter phase II study to evaluate the efficacy and toxicity of cetuximab as a single agent in patients with recurrent and/or metastatic squamous cell carcinoma of the head and neck who failed to respond to platinum-based therapy. J Clin Oncol. 2007;25:2171–2177.
- 25. Karthaus M, Ballo H, Abenhardt W, et al. Prospective, double-blind, placebo-controlled, multicenter, randomized phase III study with orally administered budesonide for prevention of irinotecan (CPT-11)-induced diarrhea in patients with advanced colorectal cancer. *Oncology.* 2005;68:326–332.
- Gridelli C, Maione P, Amoroso D, et al. Clinical significance and treatment of skin rash from erlotinib in non-small cell lung cancer patients: results of an experts panel meeting. *Crit Rev Oncol/ Hematol.* 2008;66:155–162.
- Kim JJ, Vaziri SAJ, Rini BI, et al. Association of VEGF and VEGFR2 single nucleotide polymorphisms with hypertension and clinical outcome in metastatic clear cell renal cell carcinoma patients treated with sunitinib. *Cancer.* 2012;118:1946–1954.
- Liu S, Kurzrock R. Toxicity of targeted therapy: implications for response and impact of genetic polymorphisms. *Cancer Treat Rev.* 2014;40:883–891.
- 29. Ye L, Yang X, Guo E, et al. Sorafenib metabolism is significantly altered in the liver tumor tissue of hepatocellular carcinoma patient. *PLoS ONE.* 2014;9:e96664.