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A novel composition of two heterozygous *GFM1* mutations in a Chinese child with epilepsy and mental retardation

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Abstract

Introduction: G elongation factor mitochondrial 1 (*GFM1*) encodes one of the mitochondrial translation elongation factors. *GFM1* variants were reported to be associated with neurological diseases and liver diseases in a few cases. Here, we present a novel composition of two heterozygous mutations of *GFM1* in a boy with epilepsy, mental retardation, and other unusual phenotypes.

Methods: The patient was found to be blind and experienced recurrent convulsive seizures such as nodding and hugging at the age of 3 months. After antiepileptic treatment with topiramate, he had no obvious seizures but still had mental retardation. The patient vomited frequently at 16 months old, sometimes accompanied by epileptic seizures. Hematuria metabolic screening, mutation screening of mitochondrial gene, and mitochondrial nuclear gene were negative. Then, he was analyzed by whole-exome sequencing (WES).

Results: Whole-exome sequencing revealed a novel composition of two heterozygous mutations in *GFM*1, the maternal c.679G > A (has not been reported) and the paternal $c.1765-1_1765-2$ del (previously reported). At present, there is no specific and effective treatment for the disease, and the prognosis is very poor.

Conclusion: The discovery of new phenotypes and new genotypes will further enrich the diagnosis information of the disease and provide more experiences for clinicians to quickly diagnose the disease and judge the prognosis.

KEYWORDS

epilepsy, GFM1, GFM1-linked disease, mitochondrial translation

1 | INTRODUCTION

Mitochondria are the energy factories of eukaryotic cells, which contain thousands of proteins that maintain their specific functions. These proteins are encoded by mitochondrial DNA and the nuclear genome. Pathogenic mutations in these mitochondrial genes can cause multiple serious diseases (Scheffer et al., 2017; Thompson et al., 2020). Mitochondrial DNA encodes its own mRNA, rRNA, and tRNA, to synthesize some of the proteins it needs. Proteins encoded by mitochondrial DNA are involved in the composition of oxidative phosphorylation system complexes, so any gene mutation that affects the replication, transcription, and translation of mitochondrial DNA may cause oxidative phosphorylation deficiency (de Laat, Rodenburg, & Smeitink, 2014). Mitochondrial translation is crucial for maintaining

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mitochondrial function. Besides tRNAs and rRNAs encoded by mitochondria, the translation of mitochondrial DNA requires many initiation, extension, and termination factors. For instance, the initiation factors MTIF2 (mitochondrial translational initiation factor 2) and MTIF3 (mitochondrial translational initiation factor 3), and the extension factors TUFM (Tu translation elongation factor), TSFM (mitochondrial elongation factor Ts), GFM1, and GFM2 (G elongation factor mitochondrial 2), are components of the mitochondrial translation system (Kuzmenko et al., 2014). Among these genes, the variants of elongation factors TUFM, TSFM, GFM1, and GFM2 were reported to be associated with mitochondrial diseases, mainly causing oxidative phosphorylation deficiency diseases. Mutations of TUFM had been reported to be associated with combined oxidative phosphorylation deficiency resulting in lactic acidosis, fatal encephalopathy, and cardiomyopathy (Hershkovitz et al., 2019; Valente et al., 2007). Mutations in TSFM were associated with combined oxidative phosphorylation deficiency 3 with symptoms including seizures, ataxia, and tremor (Ahola et al., 2014; Scala et al., 2019). GFM1 mutations were associated with combined oxidative phosphorylation deficiency 1 (Barcia et al., 2020). Diseases associated with GFM2 included combined oxidative phosphorylation deficiency 39 and mitochondrial metabolism disease (Fukumura et al., 2015; Glasgow et al., 2017).

The nuclear gene GFM1, located at 3q25.32, consists of 18 exons and encodes protein mtEFG1 (elongation factor G, mitochondrial). As one of the mitochondrial elongation factors, GFM1 catalyzes the translocation of peptidyl-tRNAs from the ribosomal A site to the P site during the elongation phase of mitochondrial translation (Barcia et al., 2020; Gao et al., 2001). There have been many reports that GFM1 mutations are associated with combined oxidative phosphorylation deficiency disease (Calvo et al., 2012; Simon et al., 2017; Smits et al., 2011). The combined oxidative phosphorylation deficiency caused by GFM1 gene mutation involves multiple systems (brain, liver, eyes, etc.) and has various clinical manifestations (seizure, hepatomegaly, mental retardation, etc.). At present, there is no specific and effective treatment for the disease, and the prognosis is very poor. The relationship between GFM1 gene mutation and clinical phenotype, as well as the effective treatment methods, needs to be further studied. In this case report, we first describe a child with a novel composition of two heterozygous mutations of GFM1 gene, c.679G > A at exon 5 and c.1765-2_1765-1delAG deletion at exon 15 (NM 024996). With the two mutations, the patient exhibited symptoms of epilepsy, mental retardation, lactic acidosis, and other unusual phenotypes. In this paper, we will present the case in detail. Detailed analysis of phenotypes and the new genotype will further enrich our understanding of GFM1-linked disease.

2 | CASE PRESENTATION

2.1 | Subjects

The patient was a 3-year-old boy, who suffered from recurrent seizures for 2 years and 8 months and suffered from recurrent vomiting for 1 year and 7 months. At the age of 3 months, he was found to be blind. At 3 months and 20 days old, he showed a series of seizures during his awakening period. These seizures consisted of nodding, clasping, and squinting to the right, with 2–3 strings a day, 7–8 times a string, and 7–8 strings a day at most. VEEG (video electroencephalogram) result showed highly dysrhythmic brain waves and caught two tonic-clonic seizures. Brain MRI showed no obvious abnormality. Since then, he received antiepileptic treatment. Sodium valproate was ineffective, treatment was switched to topiramate, and the dosage was gradually increased. At 6 months old, he had no obvious seizures but still had mental retardation.

At the age of 1 year and four months, he began to vomit frequently, accompanied by adduction flexion of both upper limbs. trembling of limbs, gaze, and cyanosis around the mouth, which lasted for about half an hour. Because of recurrent vomiting accompanied by focal seizures, he was frequently admitted to the hospital. and each hospitalization examination showed obvious blood acidosis. Urine screening showed hyperlactic acidemia with increased ketonuria, glycosuria, and several organic acids. Blood screening showed that Ala, Phe/Tyr, CO, C2, C3, and C4-OH increased and Gly, Leu/IIe, Trp, Thr, Val, Gly/Ala, and Val/Phe decreased. After that, the patient developed heavy breathing symptoms, exhibited during sleep. Electrolyte levels were checked in the hospital, and CO₂ was found to be 12.3 mmol/L. After the symptomatic treatment of energy, levocarnitine, ambroxol, and so on, he was discharged after improvement. After discharge, the child still had frequent epileptic seizures for a period of time and continued to take topiramate 25 mg q12h orally. Hematuria metabolic screening, mutation screening of mitochondrial gene, and mitochondrial nuclear gene were negative. The respiratory chain enzyme activity of the exceptional blood was normal. At the age of one year and four months, VEEG showed abnormal EEG: highly irregular electroencephalogram, slow background activity, and paroxysmal δ activity in bilateral frontal and occipital regions during sleep. Brain MRI showed an abnormal signal in the left pontine arm, thickening of the cerebral cortex, decrease in the medulla, enlargement of the ventricles, widening of the sulci and fissures, and increase in DWI signal in subcortical white matter.

The patient was the third child, the third delivery, full-term labor, and spontaneous delivery. There was no history of umbilical cord around the neck and postnatal asphyxia. The birthweight was 2.6 kg and healthy in the neonatal period. At present, the patient cannot sit, stand, or walk. The father of the patient was healthy. The mother complained of folic acid deficiency but no clinical manifestations, and recovered after folic acid supplementation. She supplemented folic acid constantly both before and after pregnancy. The folic acid test of the patient was normal. One of his elder sister (G1P1) had almost the same symptoms as him: developmental retardation, epilepsy, recurrent vomiting, strabismus but not blindness, and so on. She died of seizures at the age of 3. Another elder sister (G2P2) was healthy and did not have the genetic detection. His younger brother had a genetic examination on amniotic fluid before delivery after the patient's gene was confirmed. The results showed that his GFM1 gene carried heterozygous c.1765-2-1765-1delAG and did not

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carry c.679G > A (p.G227R) mutation (Figure 1). The study protocol was approved by the ethical committee of Linyi People's Hospital Affiliated to Shandong University (No.13003). The parents signed informed consent forms.

2.2 | Mutation screening and bioinformatics analysis

Total DNA from peripheral blood leukocytes of the patient and his parents was extracted using the Genomic DNA Extraction Kit (Sangon Biotech) and stored at -20°C prior to use. Gene capture and high-throughput screening were performed using whole-exome sequencing (MyGenostics).

Software CASAVA (v1.8.2) was used for base calling of original image data of sequencing results. Short read mapping and alignment with human reference genome (hg19) were performed using BWA software (version 0.7.12, RRID: SCR_010910) (Li & Durbin, 2009). SNV/InDel identification was carried out by using SAMTOOLS software (Li et al., 2009), and the specific sequencing information of each site was analyzed by SAMTOOLS Mpileup module and Bcftools. The detected mutation sites were annotated by ANNOVAR software (RRID: SCR_012821) (Wang, Li, & Hakonarson, 2010). At the same time, we detected the gene package of mitochondrial disease in the patient and his family, and the results were consistent with the sequencing of high-throughput exons.

3 | RESULTS

Mutation screening in the affected patient identified a novel composition of two heterozygous mutations of *GFM1* gene, c.679G > A at exon 5 and c.1765-2_1765-1delAG deletion at exon 15 (NM_024996). C.679G > A caused a missense mutation from glycine to arginine at



FIGURE 1 Pedigree of the family. The father of the patient was healthy. The mother complained of folic acid deficiency (transient). The patient had two sisters, one died of a similar disease and the other was healthy. The younger brother had a genetic examination for amniotic fluid before delivery, and he was healthy. Black symbol represents the affected son and daughter by the GFM1 mutations; the arrow represents to the proband; and oblique stripe symbol represents patient with folate deficiency

position 227 of amino acid sequences. The variation does not belong to polymorphism, and it occurs at a very low frequency in the population. The Human Gene Mutation Database (HGMD) has not reported the mutation. Mutation screening of his parents found a heterozygous mutation in the same site as her mother who was clinically asymptomatic, while no same mutation was found in her father (Figures 2 and 3). C.1765-2_1765-1delAG resulted in 2-bp deletion at the -2 position of exon 15. This variation also does not belong to polymorphism, and it occurs at a very low frequency in the population, and it has been reported to be associated with combined oxidative phosphorylation deficiency in the HGMD. Mutation screening showed that the patient and the father had heterozygous c.1765-2 1765-1deIAG, whereas the mother had a wild-type sequence (Figures 2 and 3). The patient's older sister whose symptoms were the same as the patient has died, and her genotype was unknown. His younger brother was healthy and underwent prenatal diagnosis after the patient's gene was confirmed, and he carried the paternal c.1765-1 1765-2del but not the maternal c.679G > A.

According to the NCBI RefSeq database, there are fourteen known transcripts of GFM1 including four noncoding RNAs. The c.679G > A mutation had an effect on transcript variants 1, 2, 3, 4, 6, 8, 9, 11, and 12, while c.1765-2_1765-1deIAG had an effect on variants 1, 2, 4, 5, 6, 7, 8, 9, 10, 11, and 14. According to the ACMG (American College of Medical Genetics and Genomics) guidelines, we use transcript variant 2 (NM_024996) to analyze the mutations. Transcript variant 2 contains 18 exons and encodes 751 amino acids. C.679G > A resulted in the variation of amino acid 227 of GFM1 from glycine to arginine. Compared to wide type (WT), the amino sequence in human mutants (MT) is highly conserved in GFM1 across different species according to multiple sequence alignment in phylogenetic analysis (Figure 4). We synthesized the 3D protein structure of the two variants (Figure 5). As shown in the figure, the 3D structure of GFM1 protein with the deletion mutation C.1765-2_1765-1deIAG has changed a lot. C.679G > A (Gly227Arg) mutation occurred in the GTP_EFTU domain of EFG1 protein, which is essential for aminoacyl tRNA to enter the A site of the ribosome. Many reported pathogenic GFM1 mutations were located at this domain. However, there is no study on the specific changes in the protein structure caused by the mutation of this position. Although it is difficult to judge the difference between the structural model of the variant and the wild protein, studies have shown that mutations in this domain do lead to oxidative phosphorylation deficiency (Antonicka, Sasarman, Kennaway, & Shoubridge, 2006; Galmiche et al., 2012).

4 | DISCUSSION

The prevalence of *GFM1* mutation-related diseases is unknown. Since the first case of *GFM1*-linked disease was reported, more than 20 patients have been reported to be associated with *GFM1* gene mutations (Barcia et al., 2020; Coenen et al., 2004). Compound heterozygous mutation is a common type of pathogenic *GFM1* mutation.



FIGURE 2 Sequence analysis of the two pathogenic mutations identified in the patient. (a) The wild site c.679G of the father. (b) The novel mutation c.679G > A of the son. (c) The novel mutation c.679G > A of the mother. (d) The deletion mutation C. $1765-2_1765-1$ delAG of the father. (e) The deletion mutation C.1765-2_1765-1deIAG of the son. (f) The wild sites C.1765-2_1765-1AG of the mother



FIGURE 3 Sequence fragments with the two mutation sites of the family and the locations of the mutations on the gene structure of GFM1

In a study concerning nine unrelated patients carrying GFM1 variants (Barcia et al., 2020), eight patients have compound heterozygous GFM1 mutations. The novel composition of two heterozygous mutations of GFM1 gene found in our study was c.679G > A and c.1765-2_1765-1delAG deletion. C.679G > A (Gly227Arg) was not previously reported. C.1765-2_1765-1delAG deletion had been reported in two related patients who also carried another mutation of c.961T > C (Ser321Pro) (Antonicka et al., 2006). The two patients had severe combined oxidative phosphorylation deficiency, one deceased at birth and another suffered from metabolic acidosis, hyperlactatemia, hyperbilirubinemia, and hypoalbuminemia, and deceased at nine days after birth. The clinical features of the two cases were obviously more serious than the case in our study.

Disease caused by GFM1 mutations mainly affects the patient's neurologic central nervous system, presented as spasticity, dystonia, epilepsy, and so on. In a study of nine cases, neurological disease and development retardation (including intrauterine growth retardation) were the most common clinical presentations (Barcia et al., 2020). Meanwhile, metabolic workup generally showed elevated lactic acid, as did the case in this study. Some cases also showed elevated

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FIGURE 4 Orthologues of GFM1 from nine available species show a high degree of conservation of the glycine 227 residue



FIGURE 5 The 3D protein structure of the wild and the variant GFM1. (a) The wild 3D structure of GFM1 protein. (b) The 3D structure of GFM1 protein with c.679G > A of the son. c.679G > A caused a missense mutation from glycine (d) to arginine (e). (c) The 3D structure of GFM1 protein with the deletion mutation C.1765-2_1765-1delAG of the son

cerebrospinal fluid and abnormal pyruvate. Epilepsy was also an important clinical manifestation of *GFM1*-linked disease, about 41% of patients suffered from epilepsy (Barcia et al., 2020; Calvo et al., 2012; Ravn et al., 2015; Simon et al., 2017; Smits et al., 2011). In this study, seizures occurred at three months old. Although the seizures improved after antiepileptic medication, the patient relapsed and worsened one year later. Liver dysfunction (including hepatomegaly, liver failure, hepatic cytolysis) had attracted much attention in *GFM1*-related diseases (Antonicka et al., 2006; Balasubramaniam et al., 2012). By mapping some known missense mutations on the crystal structure of the protein, a study suggested that hepatic failure was associated with mutations located in the central part of the protein (Galmiche et al., 2012). However, Barcia et al. showed that the *GFM1* mutations distributed seemingly randomly throughout the

mtEFG1 polypeptide, so it is difficult to draw firm genotype-phenotype correlations. According to the statistics of Barcia et al. and the data from ClinVar and MalaCards, we also mapped previously reported and novel variants to the mtEFG1 domains (Figure 6). We found that in the reported cases with liver involvement, the mutations were mainly distributed in the GTP_EFTU domain and its adjacent region, and the EFG-IV domain. But not all mutations in these two domains were associated with liver dysfunction. Two mutations in the present study were also in the two domains, while the case in this study showed no obvious abnormality of liver function. Other clinical symptoms associated with GFM-linked disease also include microcephaly (Coenen et al., 2004; Simon et al., 2017), feeding difficulties (Smits et al., 2011; Valente et al., 2007), and pyramidal syndrome (Balasubramaniam et al., 2012; Galmiche et al., 2012). The effects of GFM1 mutations on vision, hearing, kidney, and digestive system have not been reported. Interestingly, the case in our study showed symptoms of blindness and recurrent vomiting, suggesting that GFM1 mutations may also have an effect on the eyes and digestive system. GFM1-linked disease has various clinical manifestations. It was difficult to determine the genotype-phenotype correlations based on the present cases, but all clinical symptoms mainly focused on nervous system diseases with or without liver involvement, growth retardation, and other aspects. We speculate that the differences in phenotype and severity among different cases with GFM1linked disease may not be only related to their GFM1 genotypes, but also related to other genetic factors.

Combined oxidative phosphorylation deficiency was an important reason for the clinical manifestations of *GFM1*-linked disease (Antonicka et al., 2006; Simon et al., 2017). Diseases caused by *GFM1* mutations were generally classified as oxidative phosphorylation deficiency 1. Many studies suggested that *GFM1* mutation blocked mtDNA encoding 13 protein subunits of respiratory chain complexes, resulting in the decrease in the activity of one or more complexes, thus causing oxidative phosphorylation deficiency (Saada, 2014; Smits, Smeitink, & van den Heuvel, 2010; van Waveren & Moraes, 2008). Metabolic workup had detected mitochondrial oxidative phosphorylation (OXPHOS) complexes deficiency in many *GFM1*-linked diseases. However, not all tissues detected the complexes deficiency, and not all the complexes had deficiency. For example, Calvo et al. (2012) Calvo et al. detected complex IV



FIGURE 6 Map of previously reported and novel variant we obtained along the GFM1 protein (transcript variant 2). Circles filled with the same color and the same number represent a set of compound heterozygous mutation. The mutation frequencies of a (c.2011C > T), b (c.1765-2_1765-1del), and c (c.748C > T) are higher. They form different complex heterozygous mutations with other mutations (a1-6, b1, b2, c1, c2). b1(c.679G > A) is the novel mutation we found. Patients with mutations in rectangular boxes had liver involvement

deficiency in muscle and fibroblasts in one case, while detecting combined OXPHOS deficiency in liver. Smits et al. (2011) detected OXPHOS multiple deficiency in fibroblasts, but not in muscle. Brito et al. (2015) detected decreased combined OXPHOS deficiency in muscle in their case. Barcia et al. (2020) detected complex I and complex IV deficiency in liver and detected complex IV and complex V deficiency in fibroblasts, but detected normal OXPHOS complex activity in muscle. It is not known what causes the difference. Some researchers believe that EFG1 protein may have tissue-specific functions, which may be the reason (Coenen et al., 2004). In the present study, the OXPHOS complex activity of the peripheral blood was tested, and the results showed that the activities of the five OXPHOS complexes were all in the normal range. However, this did not mean that OXPHOS complex activity in other tissues was also normal. Besides, the reliability of the measurement of respiratory chain complex activities in blood is not 100%. In a study on the activity of oxidative phosphorylase in peripheral blood leukocytes, 29 of 35 patients with Leigh syndrome (diagnosed with Leigh syndrome based on characteristic brain MRI) were detected with oxidative phosphorylation deficiencies, 20 of which were isolated complex deficiencies (Ma et al., 2011). Based on the clinical phenotype, genotype, and known laboratory data, we believe that there are oxidative phosphorylation defects in other tissues (fibroblasts, muscle, and liver) of the patient.

5 | CONCLUSIONS

In summary, we reported a novel composition of two heterozygous mutations of *GFM1* gene in a child, c.679G > A and c.1765-2_1765-1delAG. Compared with the previously reported *GFM1* mutation related diseases, there are both similarities and differences in the clinical phenotype of this case. The disease caused by *GFM1* gene

mutation can involve multiple systems and has a variety of clinical manifestations. At present, there is no specific and effective treatment, and the prognosis is very poor. The relationship between the *GFM1* gene mutation genotype and clinical phenotype, as well as the effective treatment methods, needs to be further studied.

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CONFLICT OF INTEREST

All authors declare that there is no conflict of interest.

AUTHOR CONTRIBUTION

LY and CPY were responsible for the original concept and the overall design of the research. LY, SYQ, YFL, LYX, and NX analyzed the WES results and diagnosed the patient. XL, CPY, and NX collected the clinical data and sample. LY and CPY carried the experiments and analyzed the sequencing data. LY and CPY wrote and revised the manuscript. All authors read and approved the final manuscript.

PEER REVIEW

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DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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