



Nrf2 Regulates Granuloma Formation and Macrophage Activation during *Mycobacterium avium* Infection via Mediating Nramp1 and HO-1 Expressions

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ABSTRACT Nrf2 is a redox-sensitive transcription factor that is thought to be important in protection against intracellular pathogens. To determine the protective role of Nrf2 in the host defense against Mycobacterium avium complex (MAC), both wild-type and Nrf2-deficient mice were intranasally infected with MAC bacteria. Nrf2deficient mice were highly susceptible to MAC bacteria compared with wild-type mice. There were no significant changes in the levels of oxidative stress and Th1 cytokine production between genotypes. Comprehensive transcriptome analysis showed that the expressions of Nramp1 and HO-1 were much lower in the infected lungs, and the expression of Nramp1 was especially lower in alveolar macrophages of Nrf2-deficient mice than of wild-type mice. Electron microscopy showed that many infected alveolar macrophages from Nrf2-deficient mice contained a large number of intracellular MAC bacteria with little formation of phagolysosomes, compared with those from wild-type mice. Treatment with sulforaphane, an activator of Nrf2, increased resistance to MAC with increased lung expression of Nramp1 and HO-1 in wild-type mice. These results indicate that Nramp1 and HO-1, regulated by Nrf2, are essential in defending against MAC infection due to the promotion of phagolysosome fusion and granuloma formation, respectively. Thus, Nrf2 is thought to be a critical determinant of host resistance to MAC infection.

IMPORTANCE Nontuberculous mycobacteria (NTM) are an important cause of morbidity and mortality in pulmonary infections. Among them, *Mycobacterium avium* complex (MAC) is the most common cause of pulmonary NTM disease worldwide. It is thought that both environmental exposure and host susceptibility are required for the establishment of pulmonary MAC disease, because pulmonary MAC diseases are most commonly observed in slender, postmenopausal women without a clearly recognized immunodeficiency. However, host factors that regulate MAC susceptibility have not been elucidated until now. This study shows that Nrf2 is a critical regulator of host susceptibility to pulmonary MAC disease by promoting phagolysosome fusion and granuloma formation via activating Nramp1 and HO-1 genes, respectively. The Nrf2 system is activated in alveolar macrophages, the most important cells during MAC infection, as both the main reservoir of infection and bacillus-killing cells. Thus, augmentation of Nrf2 might be a useful therapeutic approach for protection against pulmonary MAC disease.

KEYWORDS granuloma, HO-1, Nramp1, Nrf2, macrophages, nontuberculous mycobacteria

ontuberculous mycobacteria (NTM) are ubiquitous bacteria that live in the natural environment, such as soil and water. Some NTM are able to cause human disease,

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and among them, Mycobacterium avium complex (MAC) is the most common causative organism of human NTM disease. MAC diseases are classified into disseminated and pulmonary diseases based on their clinical features. Disseminated MAC disease occurs in patients with impaired systemic immunity, such as AIDS (1, 2). Th1 immune responses, particularly the interleukin 12 (IL-12)/gamma interferon (IFN- γ) axis, are thought to be pivotal host factors in protection against disseminated MAC disease, because patients who have insufficient immune responses involving the IL-12/IFN-γ axis or patients who have IFN-y autoantibodies often develop disseminated and extrapulmonary MAC disease (2-4).

MAC is also the most common cause of pulmonary NTM (PNTM) disease, and the incidence and prevalence of pulmonary MAC disease are increasing worldwide (5, 6). Pulmonary MAC disease often occurs in patients with a preexisting pulmonary disease. However, it is also frequently seen in otherwise healthy patients, with a predilection for slender, postmenopausal women. Furthermore, aging is related to PNTM disease regardless of sex (7). These findings suggest that host factors are associated with the development and progression of pulmonary MAC disease. However, unlike the IL-12/ IFN-γ axis in disseminated MAC disease, host susceptibility factors have not been explained in pulmonary MAC disease.

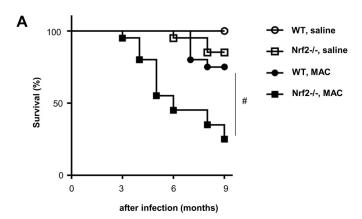
Nuclear erythroid 2 p45-related factor (Nrf2) is a redox-sensitive transcription factor that regulates the expression of antioxidant and detoxification genes (8, 9). A defect of Nrf2 in mice enhances susceptibility to severe airway inflammation, chronic obstructive pulmonary disease, pulmonary fibrosis, asthma, and infection (10, 11). Thus, Nrf2 is associated with host defense against many kinds of stimuli, including infection. In the case of infection with intracellular bacteria, Nrf2 also plays an important role enhancing host resistance to these infections, such as Salmonella enterica serovar Typhimurium infection and tuberculosis (12-14). However, the role of Nrf2 in the pathogenesis of MAC diseases remains unclear.

In the present study, the role of Nrf2 in the development of MAC infection was elucidated by performing comprehensive transcriptome analysis using Nrf2-deficient (Nrf2^{-/-}) mice. Interestingly, Nramp1 and HO-1 were found to be the key determinants of susceptibility and of inflammatory responses to MAC bacteria as downstream molecules of Nrf2.

RESULTS

Susceptibility to MAC is enhanced in mice lacking Nrf2. To assess the effects of Nrf2 on susceptibility to MAC, survival of wild-type and Nrf2^{-/-} mice following MAC infection was evaluated. The survival rate following infection was significantly lower in Nrf2^{-/-} mice than in wild-type mice (Fig. 1A). Mycobacterial burden was then evaluated in wild-type and Nrf2^{-/-} lungs following MAC infection. Acid-fast bacilli were most prominently observed in macrophages and granulomatous lesions of Nrf2-/lungs but rarely observed in wild-type lungs 2, 4, and 8 months after infection (Fig. 1B). Organ CFU measurement showed elevated mycobacterial counts in lungs, livers, and spleens of Nrf2-/- mice relative to those in wild-type mice 2 months after MAC infection (Fig. 1C). These results indicate that mice lacking Nrf2 are highly susceptible to MAC infection.

Granuloma formation after MAC infection regulated by Nrf2. Pulmonary inflammation and granuloma formation are the characteristic pathological findings of mycobacterial infection. Therefore, the degree of pulmonary inflammation and granuloma formation after MAC infection was investigated in both genotypes of mice. Inflammatory cell infiltration was observed in peribronchial and perivascular regions in both wild-type and Nrf2^{-/-} mice 2 months after MAC infection. However, the degree of the inflammation was not different between genotypes at that time point (Fig. 2A). No abnormal findings were observed in saline-administered controls (Fig. 2A). Correspondingly, the number of inflammatory cells in bronchoalveolar lavage (BAL) fluid was not significantly different between wild-type and Nrf2^{-/-} mice 2 months after MAC infection, although



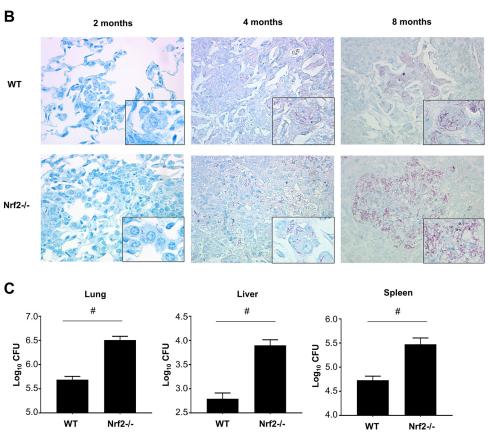


FIG 1 Susceptibility to MAC is regulated by Nrf2. (A) Survival of wild-type and $Nrf2^{-/-}$ mice after intranasal inoculation of 1×10^7 CFU of MAC bacteria or saline ($n\!=\!20$ in each group). (B) Representative photographs of the lungs from wild-type and $Nrf2^{-/-}$ mice 2, 4, and 8 months after intranasal inoculation of 1×10^7 CFU of MAC. Ziehl-Neelsen staining was used. Magnification, $\times400$. (Insets) Acid-fast bacilli at higher magnifications. (C) Mycobacterial outgrowth in the lungs, spleens, and livers of wild-type and $Nrf2^{-/-}$ mice 2 months after intranasal inoculation of 1×10^7 CFU of MAC. The results are expressed as CFU per organ. The experiments were performed in duplicate with eight mice in each group. Differences between $Nrf2^{-/-}$ mice and wild-type mice after MAC infection were significant (#, P<0.05). Data are means and SEM.

the number of BAL-recovered inflammatory cells, particularly neutrophils, increased in both genotypes at that time point (see Fig. S1 in the supplemental material).

Small-granuloma formation was observed in the lungs of both wild-type and $Nrf2^{-/-}$ mice 2 months after MAC infection (Fig. 2A). Granulomas were mature and organized in the lungs of wild-type mice 4 and 8 months after MAC infection (Fig. 2A). However, granulomas were disorganized, and inflammatory cells were dispersed around the



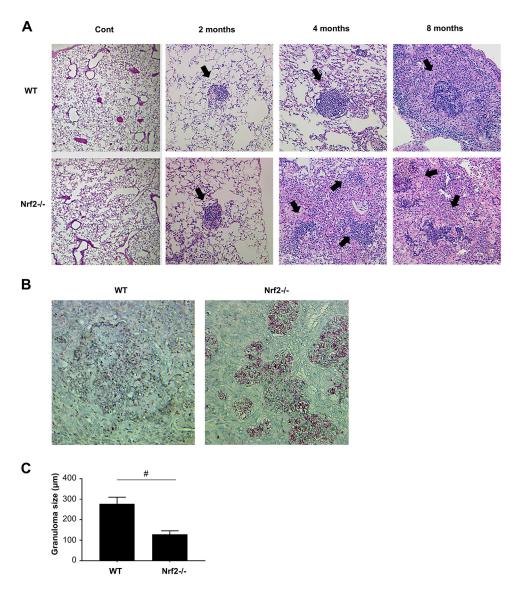


FIG 2 Granuloma formation after MAC infection is regulated by Nrf2. (A) Representative microphotographs of the lungs from wild-type and $Nrf2^{-/-}$ mice 2, 4, and 8 months after intranasal inoculation of 1×10^7 CFU of MAC or saline (Cont). The organized granulomas are indicated by closed arrows. Hematoxylin-and-eosin staining was used. Magnification, ×200. (B) The relationship between MAC bacteria and granulomas in the lungs of wild-type and $Nrf2^{-/-}$ mice 8 months after MAC infection. Ziehl-Neelsen staining was used. Magnification, $\times 400$. (C) The size of granulomas in the lungs of wild-type and Nrf2-/- mice 8 months after MAC infection. All experiments were performed in duplicate with four mice in each group. The difference between Nrf2^{-/-} mice and wild-type mice after MAC infection was significant (#, P < 0.05). Data are means and SEM.

granulomas in the lungs of Nrf2^{-/-} mice at that time point (Fig. 2A). Ziehl-Neelsen staining showed that mycobacteria were located within the granuloma in wild-type mice, whereas the mycobacteria were spread outside the granuloma to the inflammatory lesions in Nrf2^{-/-} mice 8 months after MAC infection (Fig. 2B). The granulomas in the lungs of wild-type mice were significantly larger than those in Nrf2-/mice 8 months after MAC infection (Fig. 2C). These results indicate that formation and maturation of granulomas following MAC infection are regulated by Nrf2.

Th1 immunity was not altered between genotypes following MAC infection. Th1 immunity plays a central role in protection against intracellular pathogens. Therefore, lung Th1 cytokine expression was assessed in wild-type and Nrf2^{-/-} mice 2 months after MAC infection. Lung IFN- γ , IL-12, and tumor necrosis factor alpha (TNF- α) expression levels



increased in all MAC-infected mice, but there was no significant difference between genotypes (Fig. S2A). Next, the production of IFN-y was assessed in CD4-positive T cells obtained from lungs of wild-type and Nrf2-/- mice to evaluate the contribution of CD4positive T cells to Th1 cytokine production. IFN-y-producing CD4-positive T cells increased in the lungs of all mice after MAC infection (Fig. S2B). However, there was no significant difference between genotypes. These results show that Th1 cytokines and production of Th1 cytokines by CD4-positive T cells are induced in both genotypes, regardless of expression of Nrf2 in MAC-infected lungs.

Oxidative stress levels were not different between genotypes following MAC infection. To evaluate whether oxidative stress is related to the susceptibility to MAC infection in $Nrf2^{-/-}$ mice, the levels of 8-hydroxy-2'-deoxyguanosine (8-OHdG), a DNA oxidative stress marker, were measured in the lungs of wild-type and $Nrf2^{-/-}$ mice that were infected or with MAC bacteria or uninfected. Although 8-OHdG-positive cells were increased 2 months after MAC infection, there was no difference between genotypes (Fig. S3A). Approximately 80% of cells were positive for 8-OHdG in infected lung tissues from both strains of mice (Fig. S3B). Oxidative stress was also assessed using the TBARS (thiobarbituric acid-reactive substances) assay, a commonly used screening assay for lipid peroxidation (malondialdehyde), in the lungs of both genotypes 2 months after infection. Although the levels of TBARS were increased by infection, there was no significant difference between wild-type and Nrf2^{-/-} mice lungs (Fig. S3C). These findings suggest that oxidative stress is not likely to account for the increased susceptibility observed in Nrf2^{-/-} mice during pulmonary MAC infection.

RNA-seq analyses showed several differentially expressed genes between genotypes following MAC infection. To understand the detailed mechanisms explaining why Nrf2^{-/-}mice have high susceptibilities to MAC infection, transcriptome sequencing (RNA-seg) of lungs was performed using wild-type and Nrf2^{-/-} mice with or without MAC infection. There were 79 differentially expressed (DE) genes between the lungs of wild-type mice and those of Nrf2^{-/-}mice infected with MAC bacteria, with significant differences (false discovery rate [FDR]-adjusted P < 0.01) and with >2-fold changes (n=3 each); 36 and 43 mRNAs were significantly up- and downregulated, respectively, in the MAC-infected lungs of Nrf2^{-/-} mice compared with those of wildtype mice (Table S1).

To visualize gene expression under various conditions, a heat map was created using these 79 genes (Fig. 3). Expression of Nrf2 (Nfe2I2) in the lungs was induced by MAC infection in wild-type mice, although it was not induced by infection in Nrf2^{-/-}mice. MAC induced genes related to oxidative stress, including heme oxygenase 1 (Hmox1 and HO-1) and peroxiredoxin 1 (Prdx1) in the lungs of wild-type mice. In contrast, expression of these genes was much less in the infected lungs of Nrf2-/-mice than in wild-type mice. Interestingly, expression of Slc11a1, which is also called natural resistance-associated macrophage protein 1 (Nramp1) and known to be a susceptibility gene for PNTM disease, was induced by infection in the lungs of wild-type mice, though expression of this gene was much lower in the infected lungs of Nrf2^{-/-}mice than of wild-type mice.

Functional categorization of these 79 differentially expressed genes was performed using ToppGene Suite (http://toppgene.cchmc.org) to identify enriched Gene Ontology (GO) terms, including those from biological processes, molecular functions, and cellular components. Table 1 shows the top 15 significantly enriched GO terms for either upregulated or downregulated genes between the lungs of wild-type mice infected with MAC bacteria and those of Nrf2-/-mice infected with MAC bacteria (all significantly enriched GO terms are shown in Table S2). Upregulated DE genes in the infected lungs of Nrf2^{-/-}mice, compared with the infected lungs of wild-type mice, were significantly enriched in GO categories related to muscle, such as muscle contraction, actin-mediated cell contraction, and muscle system processes (Table 1). However, these genes were also upregulated in uninfected lungs of both genotypes of mice, suggesting that these genes related to muscle were not very important in infection (Fig. 3). In contrast, the downregulated genes from the infected lungs of Nrf2^{-/-}mice, compared with the infected lungs of wild-type mice, were predominantly enriched in GO categories related to oxidative stress, heme metabolism, and



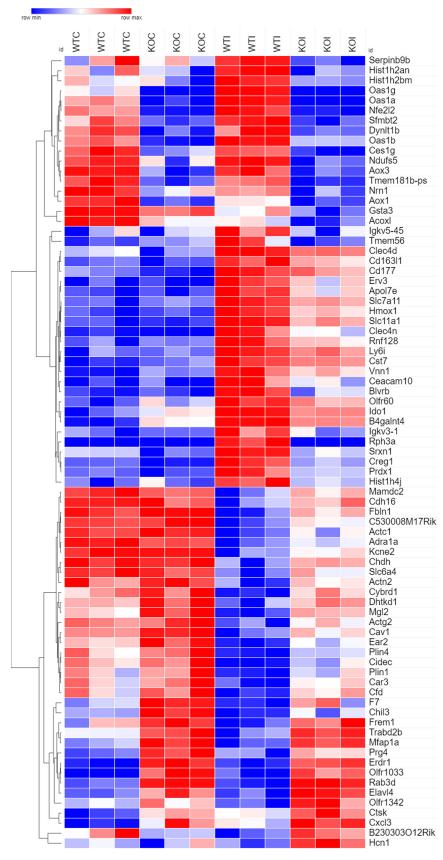


FIG 3 Genes related to oxidative stress and heme metabolism, such as Nrf2 (Nfe2l2), HO-1 (Hmox1), and Nramp1 (Slc11a1), are highly altered in the lungs of $Nrf2^{-/-}$ mice following MAC infection. At (Continued on next page)



TABLE 1 The top 15 significantly enriched GO terms for upregulated or downregulated genes in the lungs of Nrf2-deficient mice compared with those of wild-type mice, 2 months after MAC infection^a

Category	GO name	Gene name(s)	
Downregulated			
Response to oxidative	Oxidoreductase activity	BLVRB, SRXN1, HMOX1, IDO1, CREG1, NDUFS5, ACOXL, PRDX1, AOX1	
stress	Oxidation-reduction process	BLVRB, SRXN1, HMOX1, IDO1, CREG1, NDUFS5, ACOXL, PRDX1, AOX1	
	Defense response	OAS1, HMOX1, CLEC6A, SLC11A1, IDO1, CLEC4D, NFE2L2, VNN1, CD163L1, PRDX1, AOX1	
	Response to oxidative stress	SRXN1, HMOX1, SLC7A11, NFE2L2, VNN1, PRDX1	
	Regulation of transcription from RNA polymerase II promoter in response to oxidative stress	HMOX1, NFE2L2	
Heme metabolism	Tetrapyrrole catabolic process	BLVRB, HMOX1	
	Porphyrin-containing compound catabolic process	BLVRB, HMOX1	
	Heme catabolic process	BLVRB, HMOX1	
	Heme binding	HMOX1, IDO1, PRDX1	
	Tetrapyrrole binding	HMOX1, IDO1, PRDX1	
	Metal ion-proton antiporter activity	SLC11A1	
Membrane transport	Pigment catabolic process	BLVRB, HMOX1	
protein	Electron transfer activity	IDO1, ACOXL, AOX1	
	Protein dimerization activity	HIST1H2AG, HIST1H2BM, HMOX1, SLC11A1, NRN1, HIST1H4J, NFE2L2, PRDX1	
	Protein-DNA complex	HIST1H2AG, HIST1H2BM, HIST1H4J, NFE2L2	
Upregulated			
Muscle	Muscle contraction	ACTC1, ACTG2, KCNE2, ADRA1A, ACTN2, CAV1	
	Actin-mediated cell contraction	ACTC1, KCNE2, ACTN2, CAV1	
	Cardiac muscle contraction	ACTC1, KCNE2, ADRA1A, CAV1	
	Muscle system process	ACTC1, ACTG2, KCNE2, ADRA1A, ACTN2, CAV1	
	Actin filament-based movement	ACTC1, KCNE2, ACTN2, CAV1	
	Regulation of action potential	ADRA1A, CAV1, HCN1	
	Action potential	KCNE2, ADRA1A, CAV1, HCN1	
lon transport	Negative regulation of potassium ion transmembrane transport	KCNE2, ACTN2, CAV1	
	Regulation of inward rectifier potassium channel activity	KCNE2, CAV1	
	Regulation of cation channel activity	KCNE2, ACTN2, CAV1, HCN1	
	Negative regulation of potassium ion transport	KCNE2, ACTN2, CAV1	
	Positive regulation of cation channel activity	KCNE2, ACTN2, HCN1	
	Regulation of potassium ion transmembrane transporter activity	KCNE2, ACTN2, CAV1	
Cellular component	Lipid droplet	PLIN4, CAV1, PLIN1, CIDEC	
	Mesenchyme migration	ACTC1, ACTG2	

The top 15 significantly enriched GO terms for upregulated and downregulated genes in the infected lungs of Nrf2-deficient mice compared with those of wild-type mice were classified into related functional categories.

membrane transport, including oxidoreductase activity, response to oxidative stress, heme catabolic processes, heme binding, and metal ion-proton antiporter activity (Table 1). Taken together, these results suggest that gene expression related to heme metabolism is downregulated, and gene expression related to muscle is upregulated in the MAC-infected lungs of *Nrf2*^{-/-} mice compared with those of wild-type mice.

Ingenuity Pathway Analysis (IPA) was also used to identify the canonical pathways that were enriched for differentially expressed genes between the lungs of wild-type mice infected with MAC bacteria and those of Nrf2^{-/-}mice infected with MAC bacteria. Table 2 shows the top 15 significantly enriched canonical pathways (all significantly enriched IPA canonical pathways are shown in Table S3). The pathway "NRF2-mediated Oxidative Stress Response" was significantly enriched in the infected lungs of Nrf2^{-/-}

FIG 3 Legend (Continued)

2 months after MAC infection, hierarchical clustering based on the 79 differentially expressed genes between the lungs of wild-type mice infected with MAC bacteria and those of Nff2^{-/-}mice infected with MAC bacteria was done, with statistically significant differences (FDR-adjusted P < 0.01) and with more than 2-fold changes. WTC, uninfected lungs from wild-type mice; KOC, uninfected lungs from Nrf2^{-/-}mice; WTI, infected lungs from wild-type mice; KOI, infected lungs from Nrf2^{-/-}mice.



TABLE 2 The top 15 significantly enriched canonical pathways in the lungs of Nrf2-deficient mice compared with those of wild-type mice, 2 months after MAC infection

Ingenuity canonical pathway	P value	Gene name(s)
NRF2-mediated Oxidative Stress Response	4.5E-06	GSTA3, ACTC1, AOX1, PRDX1, HMOX1, ACTG2, NFE2L2
Heme Degradation	6.0E-05	BLVRB, HMOX1
Remodeling of Epithelial Adherens Junctions	1.4E-03	ACTC1, ACTN2, ACTG2
Caveolar-mediated Endocytosis Signaling	1.5E-03	CAV1, ACTC1, ACTG2
Fcγ Receptor-mediated Phagocytosis in Macrophages and Monocytes	3.5E-03	ACTC1, HMOX1, ACTG2
VEGF Signaling	5.9E-03	ACTC1, ACTN2, ACTG2
Integrin Signaling	6.3E-03	CAV1, ACTC1, ACTN2, ACTG2
Choline Degradation I	6.5E-03	CHDH
Virus Entry via Endocytic Pathways	6.9E-03	CAV1, ACTC1, ACTG2
Paxillin Signaling	7.4E-03	ACTC1, ACTN2, ACTG2
Mechanisms of Viral Exit from Host Cells	7.8E-03	ACTC1, ACTG2
Iron Homeostasis Signaling	9.8E-03	CYBRD1, SLC11A1, HMOX1
Phagosome Maturation	1.2E-02	DYNLT1, CTSK, PRDX1
Epithelial Adherens Junction Signaling	1.3E-02	ACTC1, ACTN2, ACTG2
Nicotine Degradation III	1.4E-02	AOX1, Aox3

mice compared to those of wild-type mice. In addition, pathways related to macrophage function, such as "Fcy Receptor-mediated Phagocytosis in Macrophages and Monocytes" and "Phagosome Maturation," were significantly enriched in the infected lungs of Nrf2^{-/-} mice. Beyond macrophage functions, pathways related to heme metabolism, such as "Heme Degradation" and "Iron homeostasis signaling pathway", were also significantly enriched in the infected lungs of Nrf2-/- mice compared to those of wild-type mice. These RNA-seq data show that Nrf2 deficiency was associated with a weaker oxidative stress response by Nrf2 and less heme metabolism regulated by Nramp1 or HO-1.

Nrf2-regulated gene expression after MAC infection. To validate RNA-seq data, the expression levels of Nrf2, Nramp1, and HO-1 were assessed by quantitative PCR (qPCR) in lung tissues of wild-type and Nrf2^{-/-} mice infected with MAC bacteria. Expression of Nrf2 was not induced in the lungs of wild-type mice 2 or 4 months after MAC infection, and it was not detected in Nrf2-/- mice, regardless of infection (Fig. S4). The expression of Nramp1 and HO-1 was increased in the lungs of both types of mice 2 months and 4 months after MAC infection; however, the expression levels were significantly lower in the lungs of Nrf2^{-/-} mice than in those of wild-type mice. Thus, it was confirmed that the expression of Nramp1 and HO-1 was regulated by Nrf2 in vivo during MAC infection. By homology analysis using a mouse gene database, it was also confirmed that antioxidant responsive elements, Nrf2 binding sites, are located in the promoter regions of both Nramp1 and HO-1 genes (data not shown).

Nrf2-regulated gene expression occurred in alveolar macrophages after MAC infection. Alveolar macrophages are known to be the most important cells during MAC infection, both as the main reservoir of infection and as bacillus-killing cells. Therefore, the expression levels of Nrf2, HO-1, and Nramp1 were assessed by qPCR in alveolar macrophages obtained from lungs of wild-type and Nrf2^{-/-} mice. The expression of Nrf2 was induced in alveolar macrophages from the lungs of wild-type mice 2 months after MAC infection, but it was not detected in Nrf2^{-/-} mice, regardless of infection (Fig. 4A). The expression of Nramp1 was increased in alveolar macrophages from the lungs of all mice after MAC infection; however, the expression level was significantly lower in Nrf2^{-/-} alveolar macrophages than in wild-type macrophages (Fig. 4A). The expression of HO-1 was significantly lower in alveolar macrophages from the lungs of $Nrf2^{-/-}$ mice than in those of wild-type mice, regardless of infection. These results show that Nrf2-regulated upregulation of Nramp1 expression after MAC occurs mainly in alveolar macrophages.

Next, whether nuclear translocation of Nrf2 occurs in alveolar macrophages after MAC infection was examined. Western blot analysis showed increased Nrf2 protein in the nuclear fraction of whole lungs from wild-type mice 2 months after infection

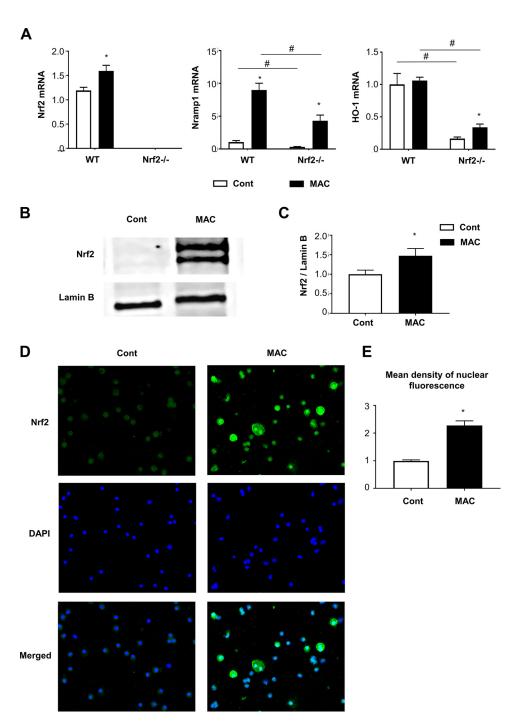


FIG 4 Alveolar macrophages from infected lungs are responsible for the expression of Nramp1 regulated by Nrf2. Alveolar macrophages were obtained from BAL fluids of wild-type and Nrf2-/- mice 2 months after intranasal inoculation of 1 × 10⁷ CFU of MAC bacteria or saline (Cont). (A) Expression of Nrf2, Nramp1, and HO-1 in alveolar macrophages from infected lungs of wild-type and Nrf2^{-/-}mice. (B and C) Representative Western blots of Nrf2 expression (B) and its semiquantitative analysis (C) in lung nuclear extracts from wild-type mice that were infected with MAC bacteria or uninfected. Values were normalized to lamin B. (D) Representative fluorescence images of Nrf2 immunoreactivity (green) and nuclear staining with DAPI (blue) in BAL-recovered cells of MAC infected wild-type mice (magnification, $\times 200$). (E) Semiquantitative analysis of the mean fluorescence density of Nrf2 staining in the nuclei of alveolar macrophages from each group of mice. The fold changes between MAC-infected alveolar macrophages and control alveolar macrophages (saline) are shown. Experiments were performed in duplicate with four mice in each group. Significant differences between infected mice and noninfected mice (*, P < 0.05) and between $Nrf2^{-/-}$ mice and wild-type mice (#, P < 0.05) are shown. Data are means and SEM.



(Fig. 4B and C). Immunofluorescence analysis showed that Nrf2 was abundantly expressed in wild-type alveolar macrophages, and MAC infection clearly increased the translocation of Nrf2 to the nuclei of these macrophages (Fig. 4D and E). Moreover, it was confirmed that Nramp1 was actually induced in alveolar macrophages from uninfected wild-type mice when Nrf2 was stimulated with sulforaphane (SFN), an activator of Nrf2, in vitro (Fig. S5). Altogether, it was presumed that Nrf2 was activated in alveolar macrophages from wild-type mice in response to MAC infection, and Nramp1 was subsequently induced in the alveolar macrophages.

Bacterial growth was assessed in alveolar macrophages obtained from wild-type and Nrf2^{-/-} mice 2 months after infection. The engulfment of MAC bacteria by macrophages was observed in both genotypes of mice (Fig. 5A). However, the numbers of macrophages containing MAC bacteria were higher in Nrf2-/- mice than in wild-type mice (Fig. 5A). The numbers of bacteria per cell were also significantly higher in Nrf2^{-/-} macrophages than in wild-type macrophages (Fig. 5B).

The cytoplasmic structure of alveolar macrophages obtained from the lungs of both genotypes 2 months after MAC infection was further assessed by electron microscopy. In wild-type macrophages, there are lysosomes, MAC-engulfed phagosomes, and many phagolysosomes formed by fusion of lysosomes with MAC-engulfed phagosomes. MAC was digested in phagolysosomes (Fig. 5C). On the other hand, phagolysosomes were rarely seen, and relatively long bacilli were abundantly located in large vacuole-like lysosomes in Nrf2^{-/-} macrophages (Fig. 5C). Phagolysosome formation was also analyzed by confocal microscopy. Colocalization of MAC bacteria and lysosome contents, which indicates the formation of phagolysosomes, was clearly seen in alveolar macrophages of wild-type mice but not of Nrf2-/- mice (Fig. 5D). Quantitative analysis showed that the proportion of phagolysosomes was significantly lower in alveolar macrophages of $Nrf2^{-/-}$ mice than in those of wild-type mice (Fig. 5E). These results suggest that intracellular bacterial killing is suppressed due to reduced phagolysosome formation in Nrf2-deficient macrophages.

To determine the direct effect of Nramp1 on MAC bacteria, the Nramp1 gene was transfected in Nrf2^{-/-} alveolar macrophages during MAC infection. These transfected alveolar macrophages had increased Nramp1 protein expression (Fig. S6). Electron microscopy showed that several phagolysosomes were observed in Nramp1-transfected macrophages, whereas phagolysosomes were rarely formed in mock-transfected macrophages (Fig. 5F). Thus, it was confirmed that Nramp1 supplementation enhances the formation of phagolysosomes in Nrf2^{-/-} macrophages.

Activation of Nrf2 increases resistance to MAC infection. To confirm whether activation of Nrf2 induces Nramp1 and HO-1 expression and reduces the growth of MAC bacteria in vivo, wild-type mice were administered SFN during MAC infection. The mycobacterial counts in the lung, liver, and spleen were reduced after SFN treatment (Fig. 6A). SFN treatment also increased the expression levels of Nramp1 and HO-1 (Fig. 6B). Thus, it was confirmed in vivo that activation of Nrf2 by SFN suppresses the growth of MAC by upregulating lung expression of Nramp1 and HO-1.

DISCUSSION

The present study demonstrates that Nrf2 plays an important role in protection against pulmonary MAC infection. Nrf2 is known to be a major regulator of expression of various antioxidant response element (ARE)-driven cytoprotective genes, and its protective role has been demonstrated in infections with intracellular pathogens, such as Salmonella Typhimurium infection and tuberculosis (12-14). This study is the first to show that Nrf2 is a host factor that regulates susceptibility to pulmonary MAC infection. The mechanisms of Nrf2 activation by oxidative stress have been elucidated at a molecular level. Under resting conditions in normal cells, Nrf2 is retained in the cytoplasm by binding with Kelch-like ECH-associated protein-1 (Keap1), a cellular stress sensor protein, and it is maintained at a reduced level by the Keap1-dependent ubiquitination and proteasomal degradation systems (15, 16). In the presence of reactive

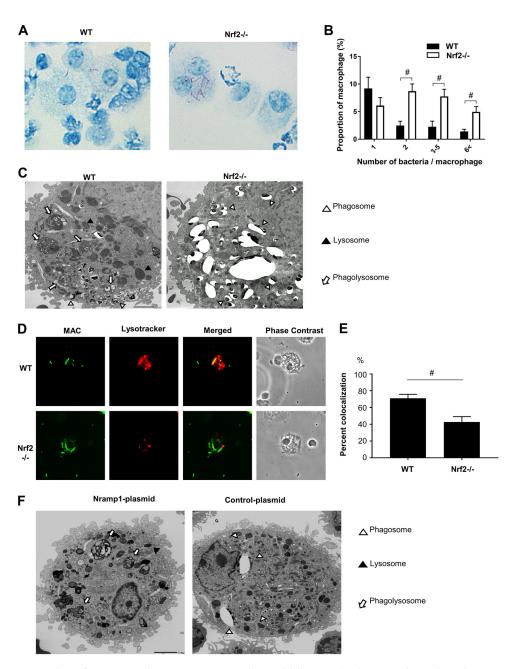


FIG 5 The Nrf2-Nramp1 pathway promotes MAC bacterial killing in alveolar macrophages by enhancing phagolysosome formation. (A) Representative images of intracellular MAC bacteria in alveolar macrophages from infected lungs of wild-type (WT) and Nrf2^{-/-}mice. Kinyoun staining was used. Magnification, ×200. (B) Number of bacteria per alveolar macrophage. (C) Electron micrographs of alveolar macrophages from wild-type and $\mathit{Nrf2}^{-/-}$ mice 2 months after MAC infection. Phagosomes, lysosomes, and phagolysosomes are indicated by open arrowheads, closed arrowheads, and arrows, respectively. Bar = 2.0 μ m. (D) Fluorescent staining to detect the formation of phagolysosomes in alveolar macrophages obtained from MAC-infected wild-type mice (top) and Nrf2^{-/-} mice (bottom). MAC bacteria were labeled with auramine (green), and lysosomes were stained with Lysotracker Red. Magnification, ×200. (E) Percentage of vesicles costained with MAC bacteria and lysosomes in macrophages obtained from MAC-infected wild-type mice (WT) and $Nrf2^{-/-}$ mice. A minimum of 100 cells were analyzed. (F) Electron micrographs of MAC-infected alveolar macrophages transfected with Nramp1 or mock infected (control). Phagosomes, lysosomes, and phagolysosomes are indicated by open arrowheads, closed arrowheads, and arrows, respectively. Bar = $2.0 \,\mu m$. Experiments were performed in duplicate with four mice in each group. Significant differences between $Nrf2^{-/-}$ mice and wild-type mice after MAC infection are shown (#, P < 0.05). Data are means and SEM.



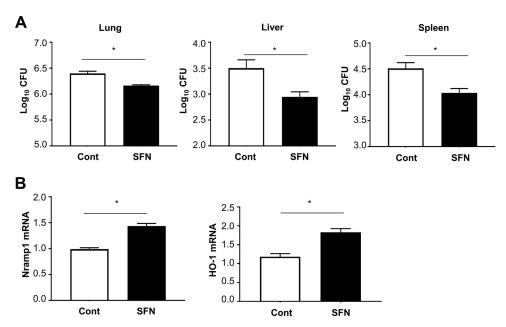


FIG 6 Treatment with sulforaphane (SFN) decreases Mycobacterium growth by upregulating the expression of Nramp1 and HO-1. (A) Mycobacterial outgrowths in the lung, liver, and spleen of wild-type mice 1 month after intranasal inoculation of 1×10^7 CFU of MAC with or without treatment with sulforaphane. The results are expressed as CFU per organ. (B) Expression of Nramp1 and HO-1 in the lungs of wild-type mice 1 month after intranasal inoculation of 1×10^7 CFU of MAC (solid bars). Control mice were administered saline intranasally and the same amount of dimethyl sulfoxide (DMSO) with PBS intraperitoneally (open bars). Experiments were performed in duplicate with four mice in each group. Differences between SFN-treated Nrf2^{-/-} control Nrf2 $^{-/-}$ mice after MAC infection were significant (*, P < 0.05). Data are means and SEM.

oxygen species (ROS), Keap1-dependent ubiquitin ligase activity is inhibited, and Nrf2 can translocate to the nucleus, where it forms a heterodimer with small Maf proteins and binds to the ARE consensus sequence (17). Previous studies demonstrated that Nrf2 dysfunction leads to deterioration of oxidative stress during acute infection, which amplifies inflammation and induces tissue injury (18-20). We therefore presumed that the susceptibility to pulmonary MAC infection in Nrf2^{-/-} mice is caused by excessive oxidative stress. However, the findings in the present study indicate that oxidative stress is not likely to account for the increased susceptibility observed in Nrf2-/- mice during pulmonary MAC infection. The oxidative stress response might be saturated due to persistent infection regardless of mouse genotype in this model. In keeping with this, it was reported that the oxidative stress level in the lungs was not different between wild-type and Nrf2-/- mice following Streptococcus pneumoniae infection (20).

Th1 immune responses are thought to be important in protection against intracellular pathogens (21). The Th1 cytokine IFN-yactivates nitric oxide production in macrophages, which subsequently enhances mycobactericidal activities (22). IL-12 acts as a linker of innate and acquired immunities by inducing Th1 cell differentiation, releasing IFN-γ from Th1 cells, and activating macrophages (22, 23). Nrf2 can modify Th1/Th2 balance by regulating oxidative stress. Previous studies demonstrated that expression of Th2 cytokines was significantly increased in $Nrf2^{-/-}$ mice in response to several stimuli, such as antigens, particulate matter, and bleomycin (24-26). However, in the present study, the level of Th1 immunity did not differ between wild-type mice and Nrf2^{-/-} mice after MAC infection, suggesting the presence of other mechanisms to explain Nrf2-associated protection against MAC infection.

Surprisingly, RNA-seg analysis showed that Nramp1 and HO-1 were strong candidates as differentially expressed genes under the regulation of Nrf2. In a previous study, Harada et al. showed that Nrf2 activation induced the expression of Nramp1



in wild-type bone marrow-derived macrophages (BMDMs) but not in BMDMs from Nrf2^{-/-} mice (27). Therefore, Nramp1 is one of the important downstream targets of Nrf2 (27-29). Consistent with this, the expression of Nramp1 was lower in the lungs and alveolar macrophages from Nrf2^{-/-} mice after MAC infection than in those from wild-type mice in the present study. Moreover, it was also confirmed that Nramp1 was actually induced in alveolar macrophages from uninfected wild-type mice when Nrf2 was stimulated with SFN, an activator of Nrf2. Nramp1 is one of the important disease susceptibility genes of PNTM disease in humans (30). The Nramp1 (SLC11A1) protein functions as a divalent transition metal transporter, but its precise biochemical function remains unclear (31, 32). In mice, loss-of-function mutations in the Nramp1 gene cause susceptibility to infections with several bacteria, such as Leishmania, Salmonella, and Mycobacteria (33, 34). In addition, analysis of Nramp1 function using Nramp1-deficient mice showed that M. avium prevented phagosome maturation and fusion with lysosomes in Nramp1-deficient macrophages (35). Consistent with this, in the present study, electron microscopy and confocal microscopy showed that phagolysosome formation was impaired in alveolar macrophages from Nrf2^{-/-} mice, as in Nramp1-deficient macrophages, after MAC infection. Moreover, supplementation of Nramp1 to Nrf2-/- mice enhanced maturation of phagolysosomes. Thus, the Nrf2-Nramp1 pathway is important for protection against MAC infection in this model.

The results of the present study demonstrated that the Nrf2-Nramp1 pathway acts in alveolar macrophages. Alveolar macrophages provide the first line of defense against microorganisms in the lower airways. During MAC infection, alveolar macrophages are the most important cells, as both the main reservoir of infection and bacillus-killing cells. Beside killing bacilli, macrophages play an important role in granuloma formation during mycobacterial infection. HO-1 is an inducible, cytoprotective protein that can be transactivated by Nrf2 in many inflammatory conditions, including mycobacterial infection (36-39). It was demonstrated that HO-1 plays an important role in granuloma formation and maturation and in prevention of dissemination of MAC infection in a mouse model by regulating MCP-1 and CCR2 expression in monocytes/macrophages (37). A significant reduction of granuloma formation was observed in the lungs of Nrf2-/- mice 27 weeks after infection with M. tuberculosis (14). Similarly, in our model, poor and disorganized granuloma formation was observed in the lungs of Nrf2-/- mice at the late stage of MAC infection, with reduced expression of HO-1. Therefore, induction of HO-1, regulated by Nrf2, might be involved in granuloma formation in our model. The elucidation of detailed mechanisms of Nrf2-mediated granuloma formation is needed.

Production of ROS in macrophages is crucial for killing mycobacteria. However, excessive ROS production can damage host cells and organs. The Nrf2/Keap1 system may regulate the level of ROS in macrophages during mycobacterial infection. Indeed, Awuh et al. showed that Keap1 suppressed the inflammatory response, thereby allowing the growth of MAC in macrophages (40). These findings suggest that, although antioxidant defenses are important in avoiding overwhelming inflammation, they provide an opportunity to develop resistance mechanisms. However, in the present study, the growth of MAC was significantly higher in the lungs of *Nrf2*^{-/-} mice. A possible explanation for the discrepancy between these experimental results is that Keap1 may regulate not only Nrf2 activation but also several inflammatory signaling molecules as part of an E3 ubiquitin ligase complex.

In conclusion, it was demonstrated that Nrf2 regulates susceptibility to pulmonary MAC disease. *Nrf2*^{-/-} mice showed diminished Nramp1 expression in alveolar macrophages in which poor digestion of MAC bacteria was observed. In addition, *Nrf2*^{-/-} mice showed decreased HO-1 expression in lung tissues in which poor granuloma formation was detected. Reduced Nramp1 and HO-1 responses increased susceptibility to systemic MAC infection. The putative mechanisms of Nrf2-regulated host responses to MAC bacteria are summarized in Fig. 7. In this respect, the Nrf2-Nramp1 and Nrf2-HO-1 pathways are essential in defining the outcome of MAC infection. Several Nrf2 activators



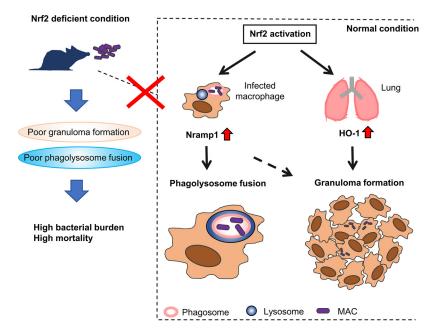


FIG 7 Schematic presentation of the role of Nrf2 in MAC infection. In Nrf2-competent animals, infection with MAC bacteria activates Nrf2 to induce the expression of Nramp1 and HO-1 genes in the lung tissue. Nramp1 is especially induced by Nrf2 in infected alveolar macrophages. HO-1 is associated with organized granuloma formation, whereas Nramp1 is involved in promoting phagosome-lysosome fusion in alveolar macrophages and eventually in organized granuloma formation as well. If Nrf2 is not activated in alveolar macrophages or lungs in response to MAC infection, the phagosome-lysosome fusion and granuloma formation are inhibited. Consequently, MAC bacteria can survive in alveolar macrophages and granulomatous lesions. Thus, the expression of Nramp1 and HO-1 regulated by Nrf2 is among the important host factors in MAC infection.

have been discovered so far. Thus, activation of Nrf2 in alveolar macrophages might be a useful therapeutic approach for protection against pulmonary MAC disease.

MATERIALS AND METHODS

Mycobacteria. Mycobacterium avium subsp. hominissuis, the clinical isolate used in a previous study (21), was used as an M. avium complex (MAC) bacterium. The bacterium was grown to mid-log phase in Middlebrook 7H9 liquid medium (Difco/Becton Dickinson), aliquoted, and frozen at -80°C until use. Bacterial counts in each organ were determined by plating serial dilutions of organ homogenates of individual mice onto Middlebrook 7H10 agar plates and counting bacterial colonies 2 weeks after plating.

Mice and infection. Wild-type BALB/c mice were purchased from Charles River (Yokohama, Japan). Nrf2^{-/-} mice were generated as described (41) and backcrossed with BALB/c mice for nine generations. Female mice (8 to 12 weeks old) were infected with MAC via intranasal inoculation at a dose of 1×10^7 CFU in $50\,\mu l$ of saline. Control mice were treated with $50\,\mu l$ of saline. All animal studies were approved by the Institutional Review Board.

Histology. Lung sections were stained with hematoxylin and eosin. Ziehl-Neelsen stain was used to detect bacilli. A quantitative method was used to evaluate the size of granulomas on light microscopy. A total of 10 granulomas were randomly selected in each group consisting of 4 mice 8 months after MAC infection and measured with a micrometer.

Immunohistochemistry. Paraffin-embedded sections of lung tissues were immunostained with an antibody against 8-OHdG (JalCA, Shizuoka, Japan) using the universal immuno-enzyme polymer method (Histofine Simple Stain; Nichirei, Tokyo, Japan). The anti-8-OHdG antibody was used at a concentration of $100 \,\mu\text{g/ml}$, and nonimmune mouse lgG was used as a negative control. 3,3'-Diaminobenzidine tetrahydrochloride was used as a chromogen for color development, and Myer's hematoxylin was used as a counterstain

Bronchoalveolar lavage. Lungs were lavaged with six sequential 1-ml aliquots of saline. Cells were counted using a hemocytometer, and differential cell counts were obtained by staining with Diff-Quick (Polysciences, Inc.) after cytospins. The distributions of the numbers of bacteria per alveolar macrophage were evaluated by Kinyoun staining.

Reverse transcription-PCR. Total RNA was extracted from lungs and alveolar macrophages from BAL fluids. Real-time quantitative reverse transcription-PCR (RT-PCR) was performed using QuantStudio 5 (Applied Biosystems). The PCR primers used in this study are listed in Table S4 in the supplemental



material. The target gene expression levels were calculated using the $\Delta\Delta C_{\tau}$ method and normalized against glyceraldehyde 3-phosphate dehydrogenase mRNA.

Flow cytometry. Lungs were digested with 75 U/ml collagenase (type 1; Sigma) at 37° C for 90 min, and isolated cells were filtered through a $20-\mu$ m nylon mesh. The cells were then stained with anti-CD4 and anti-T cell receptor β (TCR- β) antibodies (BioLegend) to detect T cells and analyzed by flow cytometry. T cell production of intracellular IFN- γ was determined by flow cytometry using allophycocyanin (APC)-conjugated anti-mouse IFN- γ (BioLegend), as described previously (21).

Isolation of alveolar macrophages. BAL fluids were cultured in wells of a 96-well plate at 37°C for 60 min. Nonadherent cells were removed by washing wells with PBS, and adherent cells were regarded as alveolar macrophages.

SFN treatment. *R*,*S*-Sulforaphane (SFN; LKT Laboratories Inc., St. Paul, MN) was used in this study. A stock solution of SFN (1 M) was prepared using dimethyl sulfoxide as a solvent and stored at -20° C in the dark. The stock SFN solution was diluted with phosphate-buffered saline (PBS) just before use. Adherent alveolar macrophages were incubated in medium containing SFN (10 μ M) for 24 h. Then, RNA was extracted for quantitative RT-PCR experiments. SFN was intraperitoneally injected into wild-type mice at a dose of 5 mg/kg 5 days/week for 4 weeks just after intranasal inoculation of MAC.

Nramp1 DNA transfection to alveolar macrophages. Mouse Nramp1 cDNA open reading frame (ORF) clones (MR227222) were purchased from OriGene. Twenty-five micrograms of plasmid Nramp1 DNA (pCMV-Nramp1) was dissolved in a 5% glucose solution and added to cationic polymer polyethyleneimine ($in\ vivo$ -jetPEl-Man; Polyplus, NY) solution to an N/P ratio of 7. A total of 50 μ l of the Nramp1 DNA-jetPEl complex was administered intranasally to $Nrf2^{-/-}$ mice once a week for 2 months starting from 1 week before MAC infection. Control mice were treated with pCMV vector intranasally at the same time points.

Immunofluorescence microscopy. Cells from BAL fluids were prepared using cytospin, then fixed in 4% paraformaldehyde, permeabilized in 0.5% Triton X-100, and immunostained with an anti-Nrf2 rabbit polyclonal antibody (H-300; Santa Cruz Biotechnology) or anti-Nramp1 mouse monoclonal antibody (E2; Santa Cruz Biotechnology) overnight at 4°C. Cells were then stained with a secondary antibody, DyLight 488-conjugated goat anti-rabbit IgG (Abcam, Cambridge, England) or fluorescein isothiocyanate (FITC)-conjugated goat-anti-mouse IgG (Jackson ImmunoResearch), and mounted on slides with 4′,6-diamidino-2-phenylindole (DAPI) mounting medium (Thermo Fisher Scientific). Immunofluorescence images were obtained and analyzed using a BZX710 fluorescence microscope and a BZ-X analyzer (Keyence, Osaka, Japan). Nrf2 expression was quantified in fluorescence images by calculating the mean Nrf2 density in alveolar macrophage nuclei in 5 to 10 randomly chosen areas (50 to 100 cells/area). Nramp1 expression was quantified in fluorescence images by calculating the mean Nramp1 density in alveolar macrophages in 5 to 10 randomly chosen areas (50 to 100 cells/area).

Detection of phagolysosomes. To detect phagolysosomes, BAL-recovered macrophages were stained with lysosomotropic agent LysoTracker Red DND-99 (Thermo Fisher Scientific) to recognize lysosomes following the manufacturer's instructions. MAC bacteria were stained with auramine. Images were captured and analyzed using a BZX710 fluorescence microscope and a BZ-X analyzer.

Electron microscopy. Glutaraldehyde-fixed cells were washed with cacodylate buffer and postfixed for 1 h at room temperature with 1% osmium tetroxide in the same buffer. They were scraped off the dishes, concentrated in 2% agar in cacodylate buffer, and treated for 1 h at room temperature with 1% uranyl acetate in Veronal buffer. Samples were dehydrated in a graded series of acetone (or alcohol when they contained latex beads) and embedded in Epon. Thin sections were stained with 2% uranyl acetate in distilled water and then with lead citrate.

Western blot analysis. Nuclear extracts were prepared from lung tissues using a nuclear extraction kit (Invent Biotechnologies, Inc., Plymouth City, MN), according to the manufacturer's instructions. The total cellular extracts were prepared from BAL-recovered cells using a mammalian cell lysis reagent (Merck), according to the manufacturer's instructions. Ten to twenty micrograms of nuclear extracts was separated with 10% SDS-PAGE gels and transferred onto polyvinylidene difluoride (PVDF) membranes. After the blocking of nonspecific sites, the PVDF membranes were incubated with anti-Nrf2 antibodies (H-300) or anti-Nramp1 antibodies (E-2), followed by incubation with horseradish peroxidase-conjugated secondary antibody. Immunoreactive bands were visualized by image scanning using a LAS-4000 Imager (GE Healthcare). Lamin B or β -actin was used as an internal control. Values were normalized to lamin B to evaluate expression of Nrf2. Values were normalized to β -actin to evaluate expression of Nramp1.

RNA extraction from lung tissues and sample preparation for RNA-seq. Total RNA from lung tissues was extracted using TRIzol with a homogenizer. In 12 individual samples (3 from the lungs of the wild-type mice treated with saline, 3 from the lungs of the Nrf2^{-/-} mice treated with saline, 3 from the lungs of the wild-type mice infected with M. avium for 2 months, and 3 from the lungs of the Nrf2^{-/-} mice infected with M. avium for 2 months), the RNA quantity was measured by Nanodrop 2000 (Thermo Fisher Scientific). RNA quality was monitored with the RNA 6000 Pico kit (Agilent). Then, 500 ng of total RNA were used for RNA-sequencing library preparation with the NEBNext rRNA depletion kit and the NEBNext Ultra Directional RNA library prep kit (New England Biolabs). Library size and concentration were verified with a high-sensitivity DNA kit (Agilent). Sequencing was performed with NextSeq500 (Illumina) by Tsukuba i-Laboratory LLP (Tsukuba, Ibaraki, Japan). FASTQ files were analyzed using CLC Genomics Workbench (CLC-GW, version 10.1.1; Qiagen). Reads were mapped to the mouse reference genome (mm10) and quantified for annotated genes. The Empirical Analysis of DGE tool in CLC-GW was used to detect differential expression of genes (false discovery rate of ≤0.01 and fold change of ≥2.0).



Functional enrichment analysis and pathway analysis of differentially expressed genes. GO terms enriched in the differentially expressed (DE) genes were identified using ToppGene Suite (http:// toppgene.cchmc.org) (42). The adjusted (Benjamini-Hochberg FDR method for multiple testing correction) P value of \leq 0.05 was used as the cutoff criterion. Biological pathways enriched in the data were identified using IPA software (Ingenuity Systems) using Fisher's exact test (P value threshold, ≤0.05).

Statistical analysis. Data are expressed as means and standard errors of the means (SEM). Data comparisons among the experimental groups were performed using one-way analysis of variance (ANOVA) followed by post hoc tests. Survival data were analyzed by the Kaplan-Meier method and the log-rank test. P values of \leq 0.05 were considered significant.

GraphPad Prism version 7 (Graph Pad Software Inc.) was used for statistical analysis.

Data availability. The data are available under GEO series accession number GSE144268.

SUPPLEMENTAL MATERIAL

Supplemental material is available online only.

FIG S1, TIF file, 1.1 MB.

FIG S2, TIF file, 2.5 MB.

FIG S3, TIF file, 2.9 MB.

FIG S4, TIF file, 1.1 MB.

FIG S5, TIF file, 2.9 MB.

FIG S6, TIF file, 2.7 MB.

TABLE S1, XLSX file, 0.01 MB.

TABLE S2, XLSX file, 0.02 MB.

TABLE S3, XLSX file, 0.01 MB.

TABLE S4, DOCX file, 0.02 MB.

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We declare that no conflict of interest exists.

M.N. designed and conducted experiments and acquired and analyzed data. M.M. designed experiments and drafted the manuscript. M.K., T.K., Y. Matsuno, Y. Morishima, K. Yoshida, M.S., K. Yazaki, and H.O. supported and conducted experiments. M.M. performed RNA-seq and analyzed the data. Y.I. and N.H. revised the manuscript.

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