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WE report the regulation of type 1 receptor mRNA in Y-79 human retinoblastoma cells, grown in the absence or presence of pharmacological levels of phorbol esters, forskolin, glucocorticoids and their combinations. To control for inducibility and for assessing the sensitivity of the Y-79 system to glucocorticoids, corticotropin releasing hormone mRNA levels were measured in parallel. All treatments stimulated corticotropin releasing hormone receptor type 1 gene expression relative to baseline. A weak suppression of corticotropin releasing hormone mRNA level was observed during dexamethasone treatment. The cell line expressed ten-fold excess of receptor to ligand mRNA under basal conditions. The findings predict the presence of functional phorbol ester, cyclic AMP and glucocorticoid response elements in the promoter region of corticotropin releasing hormone receptor type 1 gene and support a potential role for its product during chronic stress and immune/inflammatory reaction.

Key words: Forskolin, Glucocorticoids, Homeostasis, Human corticotropin releasing hormone receptor, Hypothalamic-pituitary-adrenal axis, Immune/inflammatory reaction, Messenger RNA induction, Phorbol esters, Stress response, Y-79 human retinoblastoma cells

Regulation of corticotropin releasing hormone receptor type 1 messenger RNA level in Y-79 retinoblastoma cells: potential implications for human stress response and immune/inflammatory reaction

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in the brain,¹² and type 2^{13-15} with its two splice variant isoforms; α expressed in limited

areas of the brain¹⁴ and β expressed in periph-

eral tissues including the duodenum, skeletal

muscle, epididymis and perivascular cells of the

heart.^{13,16} and the binding protein (CRHBP),¹⁷ is

central coordinator of HPA axis activity and acts

in concert with glucocorticoids to maintain

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Introduction

Stress response (the organism's ability for adaptive homeostasis) is a major survival resource and an important permissive factor of primal life properties such as growth, reproduction, evolution and adaptation. In mammals, unexpected stimulation or stress, activates the heat shock protein (hsp) system at the cellular level, and the hypothalamic-pituitary-adrenal (HPA) axis at the level of the whole organism.¹ At the molecular level, these two systems communicate through the functional interaction between and glucocorticoid receptor (GR).² hsp90 Glucocorticoids are final effectors of the axis, that bind and activate GRs to exert negative feedback regulation at multiple levels of the axis including the proopiomelanocortin (POMC)³ and corticotropin releasing hormone receptor (CRHR) type 1 genes⁴ in the anterior pituitary corticotroph, and the corticotropin releasing hormone (CRH) gene in the paraventricular nucleus (PVN) of the hypothalamus.⁵ The CRH system, including the hormone⁶ and urocortin⁷ ligands, their two receptor types: type 1^{8-11} expressed primarily

al (HPA) Animal studies revealed highly complex regulation and tissue-specific expression patterns of CRH system components, using a variety of molecular probes. $^{5,12,16,18-21}$ To this end, studies with cell lines expressing components of the CRH system, either naturally or following transfection, provide valuable alternatives to the multiparametric complexity inherent in the ani-

whole body homeostasis.

mal model systems approach and complement molecular analyses of critical regulatory as pects.^{22–25} The human retinoblastoma cell line Y-79, expresses functional CRHRs.²⁶ We report the effect of forskolin, phorbol esters, dexamethasone and their combinations, on CRHR type 1 mRNA levels in Y-79 cells, using CRH mRNA

coexpression as induction control.

Materials and Methods

Cell line and culture conditions

Y79 is a suspension culture distributed by American Type Culture Collection. The cell line was adopted to growth in steroid-free synthetic media containing antibiotics (CHO-S-SFM, Gibco -BRL Inc.). We assessed that growth under these conditions, does not impair the expression of CRHR. For that, we reacted biotinylated CRH tracer to protein homogenates immobilized onto nitrocellulose filters. Tracer binding was competed with excess CRH but not with dynorphin or growth hormone releasing hormone competitors (data not shown). Binding of biotinvlated tracer was recorded on X-ray film by means of a chemiluminescent based detection system (New England Biolabs Inc.). Concentrated cell suspensions were added to 100 imesexcess of fresh media, and induced by phorbol esters (T; to 100 ng/ml), forskolin (F; to 25 µM), dexamethasone (D; to 10^{-6} M) and their combinations to the indicated final concentrations. Following addition of the appropriate inducers, the cell suspensions were incubated at 37°C in 95% CO₂-5% air for 3 days. Inductions and controls were performed in triplicate. By analogy to other cell lines,^{24,27} these treatments had no toxic effect to the cultured Y-79 cells.

Preparation of DNA probes

The probe used for CRHR type 1 mRNA hybridization was a 371 bp long fragment of the 3' non-coding region of the human CRHR type 1 gene that was prepared by direct polymerase chain reaction (PCR) amplification of total human genomic DNA template as described.²⁸ We used a 785 bp long fragment of CRH cDNA spanning from position 1 (A of the initiator AUG codon) to 785 (in the 3' non-coding region) according to the numbering system of Shibahara et $al.^{29}$ as a hybridization probe for CRH mRNA. This fragment was amplified by PCR in a 50 µl reaction containing 50 ng clone 11 DNA template (human genomic CRH plasmid),³⁰ 50 nmol of each primer (hCRH_{f(1-22)}: 5'-ATGCGGCTGCCGCTGCTTGTGT-3' and hCRH_{r(754-785)}: 5'-GTGTTGCTGCTGCACGTGAA-TACACTTTGTCG-3') and Stratagene's DNA polymerase and buffer system, for 30 cycles (denaturation at 94°C for 1 min, annealing at 58°C for 30 s, and extension at 72°C for 1 min). The PCR reaction products were fractionated on agarose gels and the 371 bp CRHR and 785 bp CRH cDNA fragments were gel purified, quantitated, and P³²-labelled by nick translation, as described.²⁷ Both probes were labelled to similar specific activities. Preparation and use of human β actin cDNA probe for normalization of Northern data, was as previously described.²⁷

Northern blot analysis

Preparation of total cytoplasmic RNA, was performed as previously described.²⁷ Signal strength was assessed by direct counting wet filters by means of a horizontal radioactivity counting device (Betascope 603 blot analyser, Betagen, Waltham, MA), as described.²⁷ All analyses were performed in triplicate and the fold inductions obtained were within 10% from the mean. Representative mean total RNA preparations for every experimental condition, were prepared by combining equal (spectrophotometrically) amounts of RNA from each triplicate point, and this report summarizes the Northern data generated by these pooled samples.

Materials

The sources of the various reagents used in this study, were as follows: Cells (ATTC, Rockville, MD), α -³²P-dCTP (3000 Ci/mmol, ICN, Costa Mesa, CA, USA), random primer nick translation kit (Amersham, Arlington Heights, IL, USA), culture media, antibiotics, ethidium bromide and RNA size standards (Gibco-BRL Life Technologies Inc., Gaithersburg, MD), 12-O-tetradecanovlphorbol 13-acetate (T), forskolin (F) and dexamethasone (D) inducers (Sigma, St Louis, MO), DNA polymerases for PCR amplification (Stratagene, La Jolla, CA and Perkin Elmer-Cetus, Foster City, CA), peptides (Peninsula Labs Inc., Belmont, CA), ϕ X-174 HaeIII digested DNA size standards and chemiluminescent based detection system (New England Biolabs, Beverly, MA), Kodak XR X-ray film and intensifying screens (Eastman Kodak, Rochester, NY).

Results

Induction of CRHR type 1 mRNA

Equal portions of a concentrated suspension of Y-79 cells were diluted $100 \times$ with fresh media, the indicated amounts of inducer(s) T, F, D, T + F, T + D, F + D, T + F + D were added, and incubated at 37° C for 3 days. Each induction was performed in triplicate. Following treatment, the cells were collected, washed in PBS, and total RNA was extracted as described.²⁷ For each condition, triplicate total RNA quantitations were made, yielding minor variations by about 10% from the mean, and equal portions were combined to yield a pooled

total RNA sample per condition. Northern analyses of these pooled samples are shown in Figs 1 and 2.

The quality of pooled total RNA from each treatment group, was assessed by pilot agarose gel electrophoresis using $1 \mu g$ RNA per lane, along with RNA size standards. A representative preparation is shown in Fig. 1A. The ethidium bromide staining pattern of the eight different RNAs, suggested that the preparations contained primarily intact material.

The degree of induction of CRHR type 1 gene expression, was determined by hybridization of the Northern blotted gel containing 20 μ g of total RNA per lane, to a 371 bp long fragment of the 3' non-coding region of CRHR type 1 DNA that was prepared by direct PCR amplification of human total genomic DNA template.²⁸ The results are shown in Fig. 1B. All the inducers elevated CRHR type 1 mRNA relative to control. Dexamethasone was the most potent single stimulant, producing a maximal 4.5-fold increase in CRHR type 1 mRNA level alone or in combination with F, and a 3.5-fold increase in CRHR type 1 mRNA when D induction was made in the presence of T and T + F, Fig. 1B.

Induction of CRH mRNA

The induction of CRH mRNA by forskolin/PKA, phorbol esters/PKC and glucocorticoid path-

ways has been reviewed.³¹ The Y-79 cell system expresses detectable amounts of CRH mRNA by Northern blotting (novel finding of this study). We therefore measured CRH mRNA levels in order to assess the responsiveness of the Y-79 cells to the various treatments as well as the relative levels of receptor and ligand and their responses to common inducers.

CRH mRNA detection, was made on a duplicate blot to that used for CRHR type 1 mRNA analysis. The probe used for hybridization, was a 785 bp DNA segment of the CRH gene including all the protein coding region and a small portion of the 3' non-coding region of exon 2, that was amplified from clone 11, a genomic clone containing the human CRH gene and its flanking regions,³⁰ as detailed in the Methods section.

Ethidium bromide staining of the electrophoretic pattern of the PCR reaction product, is shown in Fig. 2A. Co-induction of CRH mRNA level, is shown in Fig. 2B. Long exposures (8 days) were used to detect CRH mRNA signals. A five-fold excess of receptor to ligand cpm was detected in non induced Y-79 cells, by means of the betascope. This difference might be closer to tenfold taking into account the nearly twofold size difference between CRHR type 1 and CRH cDNA probes used for Northern blotting detection. The effect of inducers and particularly dexamethasone on CRH mRNA levels,



FIG. 1. Induction of CRHR type 1 mRNA. (A) Pilot fractionation of 1 µg total cytoplasmic RNA per lane stained with ethidium bromide. The cells were induced by T (phorbol esters); F (forskolin); D (dexamethasone), and their combinations as indicated on each lane. (B) Northern blot containing 20 µg per lane total cytoplasmic RNA from Y-79 cells treated as indicated, was hybridized to the 371 bp hCRHR-specific DNA type 1 probe that had been prepared by PCR.²⁸ The blot was stripped and reprobed with an actin probe, and the normalized induction-fold values measured by direct quantitation are shown below each lane.



FIG. 2. Induction of CRH mRNA. (A) Electrophoretic pattern of the 785 bp CRH cDNA PCR fragment that was used as a probe, along ϕ X-174 *Hae*III DNA size standards. (B) Northern blot containing 20 µg per lane total cytoplasmic RNA from Y-79 cells treated as indicated, was hybridized to the 785 bp long hCRH-specific DNA probe that had been prepared by PCR. The blot was stripped and reprobed with an actin probe. Signal strengths were measured by direct horizontal quantitation of the filters, as described.²⁷ The normalized induction-fold values are shown below each lane.

suggests that Y-79 cells are of hypothalamic PVN type and not of placental or central nucleus of the amygdala type, tissues where glucocorticoids upregulate CRH gene expression.^{5,18–19} This is also supported by the common glucocorticoid upregulation of CRHR type 1 mRNA in rat hypothalami^{4,20} and Y-79 cells.

Discussion

We studied the regulation of CRHR type 1 mRNA in Y-79 human retinoblastoma cells by phorbol esters, forskolin, glucocorticoids and their combinations, using CRH gene coexpression as internal control. Given the comparable processing of the filters shown in Figs 1 and 2, the observed background of the Northern blot of Fig. 1, suggests most probably the detection of additional transcripts with homology to CRHR type 1 mRNA (i.e. CRHR type 2 mRNA with 70% homology,⁸ etc.). Although it could be argued that the background may affect the accuracy of the calculated induction values, the observed direction of CRHR type 1 mRNA induction trends remains informative. In the absence of regulatory interference by vasopressin, oxytocin and other neuroendocrine factors, glucocorticoids, suppressed CRH, and stimu-

lated CRHR type 1 gene expression, in the Y-79 environment. In line with HPA axis regulation, glucorticoids, appear to suppress CRH and stimulate CRHR type 1 gene expression in the PVN of rat hypothalamus.^{4,19-20} This correlation weakens the possibility of potential cell line dependent regulatory artifacts and predicts that glucocorticoids may also stimulate human hypothalamic CRHR type 1 gene expression. We cannot exclude the possibility that dexamethasone, a well-known apoptotic factor, may have triggered apoptosis in our system, causing induction of gene expression, not necessarily in line with the HPA regulatory system. However, apoptosis of human lymphocytes, known for their enhanced sensitivity to glucocorticoids, was not seen at the level of the hsp90 system under similar culture conditions,²⁷ excluding indirectly this possibility in the present Y-79 cellular suspension culture system.

In addition to glucocorticoids, forskolin and phorbol esters stimulated both receptor and ligand gene expression, suggesting the presence of functional protein kinase A (PKA) and c(PKC) signal transduction pathways in Y-79 cells, as well as the presence of functional phorbol ester (TRE), cyclic AMP (CRE) and glucocorticoid response elements (GRE) in the promoter region of CRHR type 1 gene. Combined treatments were used to sustain and confirm the overall primary response trends of CRHR type 1-ligand genes in the Y-79 cell system. Maximal induction for the CRHR type 1 gene was five-fold and for the CRH gene two-fold. These differences may reflect either the relative potencies of the response elements between the two genes, or the presence of novel receptor-specific response element(s). Basally, Y-79 express ten-fold excess of receptor to ligand mRNA, suggesting a potentially inverse autonomous regulation of ligand expression by the receptor.³² We have not determined whether ligand may also regulate receptor expression in this system.

Our finding of CRHR type 1 mRNA upregulation with concomitant CRH mRNA downregulation by dexamethasone in the Y-79 human retinoblastoma cell line, underscores the regulatory plasticity of the CRH system for the maintenance and/or restoration of homeostasis. The potential biological significance of this observation may be that during classical hypercortisolaemic states such as pregnancy, depres-sion or Cushing's disease,³³ the selective elevation of CRHR type 1 (i.e. in the hypothalamus,^{4,20} or other sites) may increase the sensitivity of the CRH system and prime the organisms homeostatic rebound response.³⁴ By analogy to immune CRH,31 local elevation of immune CRHR type 1 in inflammatory sites, such as the arthritic joints of patients with rheumatoid arthritis, may increase the sensitivity of the immune CRH system and prime homeostatic rebound response at the local level. This mechanism, may also account for the beneficial effect of local glucocorticoid administration to inflammatory sites. Further studies on the regulation of CRHR type 2 gene expression by dexamethasone will be needed to support such correlational generalizations.

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