

Dietary Long-Chain PUFA Enhance Acute Repair of Ischemia-Injured Intestine of Suckling Pigs^{1–3}

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Abstract

Infant formula companies have been fortifying formulas with long-chain PUFA for 10 y. Long-chain PUFA are precursors of prostanoids, which stimulate recovery of intestinal barrier function. Supplementation of milk with PUFA increases the content of arachidonic acid (ARA) in enterocyte membranes; however, the effect of this enrichment on intestinal repair is not known. The objective of these experiments was to investigate the effect of supplemental ARA on intestinal barrier repair in ischemia-injured porcine ileum. One-day-old pigs (n = 24) were fed a milk-based formula for 10 d. Diets contained no PUFA (0% ARA), 0.5% ARA, 5% ARA, or 5% EPA of total fatty acids. Following dietary enrichment, ilea were subjected to in vivo ischemic injury by clamping the local mesenteric blood supply for 45 min. Following the ischemic period, control (nonischemic) and ischemic loops were mounted on Ussing chambers. Transepithelial electrical resistance (TER) was measured over a 240-min recovery period. Ischemia-injured ileum from piglets fed 5% ARA (61.0 ± 14%) exhibited enhanced recovery compared with 0% ARA (16 ± 14) and 0.5% ARA (22.1 ± 14)-fed pigs. Additionally, ischemia-injured ileum from 5% EPA (51.3 \pm 14)-fed pigs had enhanced recovery compared with 0% ARA-fed pigs (P < 0.05). The enhanced TER recovery response observed with ischemia-injured 5% ARA supplementation was supported by a significant reduction in mucosal-to-serosal flux of ³H-mannitol and ¹⁴C-inulin compared with all other ischemia-injured dietary groups (P < 0.05). A histological evaluation of ischemic ilea from piglets fed the 5% ARA showed reduced histological lesions after ischemia compared with the other dietary groups (P < 0.05). These data demonstrate that feeding elevated levels of long-chain PUFA enhances acute recovery of ischemia-injured porcine ileum. J. Nutr. 142: 1266-1271, 2012.

Introduction

Necrotizing enterocolitis $(NEC)^5$ is a multifaceted, inflammatory, gastrointestinal disease and the most common gastrointestinal emergency facing human infants. The morbidity and mortality rates associated with NEC are high, with a 5% incidence rate for infants born at <36 wk of gestation and an overall mortality rate between 10 and 50% (1,2). Although neonatologists understand the symptoms, the characterization of disease progression and mechanisms still remains vague. The most common risk factors of the disease are premature birth and enteral feeding; however, bacterial colonization, hypoxia, and/or intestinal ischemia also have been associated with the development of NEC.

Dietary lipids are known to play a role as immunomodulators (3). Prostanoids are synthesized from arachidonic acid (ARA) and EPA, which themselves are endogenously synthesized from dietary essential linoleic acid and linolenic acid, respectively. In several studies, dietary PUFA supplementation following damage to the intestine improved recovery (4,5), possibly via PGE₂ (6,7). Moreover, research has shown that PG, which are involved in inflammation and derived from bioactive lipids, play a major role in the recovery of intestinal barrier function in ischemia-injured porcine ileum (8–10). The rate-limiting step in the formation of prostanoids is conversion of ARA or EPA to PGH₂ or PGH₃, respectively, by cyclooxygenase (COX). The importance of ARA and ARA-derived eicosanoids in the intestinal epithelium was recently comprehensively reviewed by Ferrer and Moreno (11), including molecular mechanisms involved in the regulation of ARA release from the membrane

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⁵ Abbreviations used: ARA, arachidonic acid; COX, cyclooxygenase; NEC, necrotizing enterocolitis; PD, potential difference; TER, transepithelial electrical resistance.

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by phospholipase A_2 , activation of the COX enzymes, and production of PGE₂ that seems to be differentially regulated between intestinal epithelial cell proliferation and cellular differentiation pathways (11).

Because these pathways can be considerably affected via dietary manipulation, nutritional intervention could have an important impact on gastrointestinal health, possibly minimizing the use of pharmacological treatments. The nutritional requirements of essential fatty acids (linoleic and linolenic acids) for growth and development are well established. Most recently, progress has been made in the area of long-chain PUFA nutrition and supplementation. Specifically, in 2002, upon FDA approval, infant formula companies began fortifying formulas with ARA and DHA. This decision was predicated on literature describing important accumulation of these fatty acids in retina and brain of developing neonates and recommended supplementation levels were based in part on corresponding concentrations that are common in breast milk (12-16). Therefore, the goal of this study was to investigate whether supraphysiological levels of dietary ARA in suckling pigs had a protective and/or reparative effect on ischemia-injured ileum.

Materials and Methods

Piglets and dietary treatments. All procedures were approved by the Institutional Animal Care and Use Committee of North Carolina State University. Animals and dietary treatments were the same as described previously (17,18). Briefly, colostrum-fed piglets were acquired at 12-24 h of age and individually caged. Piglets were randomly allocated to 0, 0.5, or 5% ARA or 5% EPA diets (percentage of total fatty acids) differing in fatty acid composition. Pigs were subjected to the surgical treatments described below between 10 and 12 d of age (n = 6).

Experimental surgery. Surgeries were performed similar to those previously described (9). Briefly, piglets were anesthetized and the ileum was exposed via a midline incision and the ischemic loops were created 10 cm above the ileal cecal junction by ligating the local mesenteric blood supply. Adjacent 10-cm ileal loops not subjected to ischemia were used as nonischemic control tissues. After 45 min of ischemia, pigs were killed and the ileal loops were promptly removed and placed in oxygenated Ringer solution. Two sets of ileal mucosal samples were taken from the control and ischemic loops immediately following the 45 min of ischemia. These samples were either preserved in 10% buffered formalin for histology or were frozen in liquid nitrogen and stored at -80° C for subsequent mRNA quantification.

Ussing chamber studies. The mucosa was stripped from the seromuscular layer and mounted in 1.14-cm^2 aperture Ussing chambers. The Ussing chamber measurements were made as previously reported by Blikslager et al. (9). The spontaneous potential difference (PD) was measured using Ringer-agar bridges connected to calomel electrodes, and the PD was short-circuited through Ag-AgCl electrodes by means of a voltage clamp that corrected for fluid resistance. Resistance (Ωcm^2) was calculated from the PD and short-circuit current. The short-circuit current and PD were recorded over 240 min.

Isotopic flux studies of epithelial permeability were performed using ³H-mannitol (10 mCi/L) and ¹⁴C-inulin (10 mCi/L) as previously described (8). Isotopically labeled mannitol and inulin flux data (mucosal-to-serosal) were collected in 4 successive 60-min sampling periods (from 0 to 240 min). Samples were collected in scintillation vials and assessed for β emissions (dpm). All chemicals were purchased from Sigma Chemicals.

Intestinal histology. Tissue samples for histological analysis were collected following the 45-min ischemic injury period from both nonischemic (control) and ischemic loops of the ileum from each pig. Samples were fixed in 10% neutral buffered formalin, transferred to

70% ethanol after 24 h, embedded in paraffin, sectioned (5 μ m), and stained with hematoxylin and eosin. Slides were read using an Olympus Vanox-S Microscope and analyzed using SPOT Basic Imaging software (Diagnostic Instruments). For each tissue, an investigator unaware of the treatment groups evaluated 5 different villi from the 2 stained sections. Methods for measurements of villus height, width, crypt depth, and the height of the epithelial covered portion of the villus were conducted as previously described by Moeser et al. (19). In addition, the surface area formula was modified by a factor that accounted for the hemispherical shape of the upper portion of the villus (20). The percentage of the villus surface area of the villus and the surface area of the villus covered by epithelium.

mRNA analysis. Mucosal RNA was extracted, quantified, and cDNA synthesized as previously reported with slight modifications (18). The first-strand synthesis reaction was diluted 2-fold to provide an equivalent of 500 ng of input RNA/mL of cDNA. Quantitative PCR assays were carried out in 25-µL reactions of iQ SYBR Green Supermix (Bio-Rad) with diluted first-strand cDNA equivalent to 300 ng of input RNA. The primers for pig COX-2 and GAPDH were then used to measure mRNA abundance of these genes by qRT-PCR and the $2^{\Delta\Delta CT}$ method of quantification (21) with GAPDH as the reference standard. All samples were run in duplicate and gene of interest and reference gene were all blocked within plate by replicate of experiment. Relative expression ratios were normalized to the nonischemic 0.5% ARA treatment. The porcine-specific sense and anti-sense primer sequences (5'-3'), respectively, were as follows: COX-2 (ATAAGTGTGACTGCACCCGAAC, GGTGGGCTATCAATCAGATGTG) and GAPDH (CATCCATGACA-ACTTCGGCA, GCATGGACTGTGGTCATGAGTC) (18,22).

Data analysis. All data were analyzed using the general linear model procedures of SAS according to an ANOVA for a 2 × 4 factorial design. Differences were analyzed for main effects of diet and treatment and their interaction. When the interaction was not significant, main effects were separated using Tukey's test for post hoc pairwise multiple comparisons. The α -level for significance was set at P < 0.05. Data were reported as means \pm SEM for a given number (*n*) of animals for each experiment.

Results

The initial and final body weights of piglets did not differ among dietary treatments and were 1.73 ± 0.14 and 4.54 ± 0.76 kg, respectively.

Protective effects of dietary ARA on villus epithelium

Histopathology of time 0 tissue. To assess the effects of pigs fed dietary ARA or EPA on ischemia-injured porcine ileum, ileal samples were resected following the 45-min ischemic injury and histologically analyzed for the percentage of denuded villus surface area. Ischemia-injured ileum had a greater percentage of denuded villus surface area compared with villi from nonischemic ileum of all dietary groups (P < 0.05) (Table 1). Diet also affected the percentage of denuded villus surface area. Ischemia-injured ileum from pigs supplemented with 5% ARA had a lower percentage of denuded villus surface area compared with all other ischemia-injured dietary groups (P < 0.05). Histologically, ischemia-injured mucosa was sloughed an average of 63% from the upper villi in the 0% ARA-, 0.5% ARA-, and 5% EPA-fed pigs, which was significantly greater than the 44% denuded villi from the ischemia-injured mucosa of 5% ARA-fed pigs (Table 1). Tissues from the control loops of pigs did not differ from each other in denuded villus surface area. Villus height and crypt depth were not affected by ischemic injury or diet (data not shown).

	0% AF	ßA	0.5% AI	RA	5% AF	łA	5% EI	۸	Pooled SEM		P value	
	Nonischemic	Ischemic	Nonischemic	Ischemic	Nonischemic	Ischemic	Nonischemic	Ischemic		Diet	Treatment	Diet $ imes$ treatment
Denuded villi surface area, %	6.9 ^c	62.8 ^a	7.7 ^c	65.5 ^a	6.9 ^c	43.6 ^b	4.7 ^c	60.0 ^a	3.6	0.13	<0.001	0.001
nitial PGE ₂ ² ng/L	140 ^b	124 ^b	142 ^b	101 ^{bc}	200 ^b	317 ^a	33°	21 ^c	45	<0.001	0.31	0.27
<i>COX-2</i> mRNA, ³ relative	0.78 ^b	1.44 ^b	1.00 ^b	1.30 ^b	1.11 ^b	1.14 ^b	3.68^{a}	2.81 ^a	0.47	<0.001	0.93	0.43
expression ratio												

Denuded villi surface area, initial PGE₂ concentration, and COX-2 mRNA expression in control and ischemic ileum of piglets fed 0, 0.5, or 5%.

EPA¹

ARA or 5%

UUX, cyclooxygenase. acia; arachidonic AHA. . GO. O VI 1 ditter, letter Values are mean \pm SEM, n = 6. Means in a row without a common

² Measured after 30 min on Ussing chamber.

³ Normalized relative to nonischemic, 0.5% ARA treatment

Initial PGE₂ concentration. Following the 30-min equilibration, PGE₂ concentrations did not differ between control and ischemia-injured groups for the 0% ARA, 0.5% ARA, and 5% EPA dietary groups, but ischemia-injured ileum from pigs fed 5% ARA produced 59% more PGE₂ than the corresponding nonischemic group from the same diet (P < 0.05) (Table 1). In addition, ileum from pigs fed 5% ARA with ischemic injury produced higher concentrations of PGE₂ compared with all other ischemia-injured dietary treatments (P < 0.05) (Table 1). And ilea from the 5% EPA-fed pigs had a lower PGE₂ production in both the ischemic and control groups than the 0% ARA-, 0.5% ARA-, and 5% ARA-fed piglets (P < 0.05) (Table 1).

COX-2 mRNA following ischemic injury. Contrary to predictions of ischemia-injured porcine ileum having increased mRNA of COX-2 compared with nonischemic groups, this was not the case (Table 1). In all diet groups, the ischemia-injured ilea did not significantly differ from the control ilea in COX-2 mRNA expression. Interestingly, a 10-fold increase in the dietary ARA concentration did not significantly affect COX-2 mRNA expression. In contrast, the data showed a \sim 2.9-fold increase in COX-2 mRNA expression in ischemia-injured pigs fed 5% EPA diets compared with all other ischemia-injured dietary treatment groups (P < 0.05) (Table 1).

Reparative effects of diet on ischemia-injured porcine ileum

Transepithelial electrical resistance. Transepithelial electrical resistance (TER) data (Fig. 1) are reported as the change from initial to 240 min and thus reflect the reparative properties of diet on ischemia-injured ileum. The TER data support that dietary long-chain PUFA can affect the recovery of TER following ischemic injury. Dietary inclusion of 5% ARA and 5% EPA resulted in 40% greater TER in ischemia-injured porcine ileum compared with the 0% ARA dietary group (P <0.05). Moreover, tissue from piglets fed the diets supplemented with 5% ARA had greater TER than both the 0% and 0.5% ARA-fed pigs, which were 45 and 39% less, respectively (P <0.05). In addition, in the 5% ARA ischemia-injured ileum, this reparative effect was inhibited by the addition of indomethacin, a nonselective COX inhibitor (87% reduction in TER; P <0.01). However, in the 5% EPA-fed pigs, the effect was not altered by inhibition of COX. These differences indicate potentially different mechanisms for (n-6) and (n-3) fatty acids for increased TER following ischemic injury.



FIGURE 1 Electrical responses of ischemia-injured porcine ileum with or without indomethacin. Data are reported as the percent change in TER from 0 to 240 min on Ussing chambers. Values are the percentage change in least square means from initial to final measurements + SEM, n = 6. Bars lacking a common letter differ, P <0.05. ARA, arachidonic acid; TER, transepithelial electrical resistance.

TABLE 1

Flux measurements of H^3 -mannitol and C^{14} -inlulin. To assess the ability of dietary fatty acids to enhance barrier function of ischemia-injured porcine ileum, we measured the flux (Jms) of ³H-mannitol and ¹⁴C-inulin. Consistent with the changes reported in measurements of TER, ileum from the 5% ARA-fed pigs had less J_{ms} of H³-mannitol (Fig. 2A) and C¹⁴inulin (Fig. 2B) compared with ischemia-injured ileum from all other dietary groups (P < 0.05). Mannitol flux was greater by 50, 65, and 78% in the 0% ARA-, 0.5% ARA-, and 5% EPA-fed pigs for ischemia-injured ileum, respectively, compared with the 5% ARA-fed pigs with ischemia-injured ileum (Fig. 2A). Inulin flux was similarly higher in ischemia-injured groups by 50, 58, and 60% for the 0% ARA, 0.5% ARA, and 5% EPA dietary groups, respectively, compared with the 5% ARA dietary group (Fig. 2B). Interestingly, measurements of TER were not a predictor of H³-mannitol and C¹⁴-inulin J_{ms} in ischemia-injured tissues from 5% EPA-fed pigs. The 5% EPA-fed pigs had elevated TER measurements in the recovery but did not have reduced mannitol and inulin flux compared with ischemiainjured groups from all other dietary treatments.

Final PGE₂ concentrations. PGE₂ concentrations were measured initially at 30 min from the Ussing chambers and then again at 240 min. The concentration of the initial 30-min measurements of PGE₂ were increased in the ischemic groups from pigs fed 5% ARA (P < 0.05) (Table 1). The PGE₂ measurements at 240 min showed a greater PGE₂ secretion in all ischemia-injured samples from all diet groups except the ischemia-injured group fed 5% EPA (Fig. 3) (P < 0.05). Additionally, in the 0, 0.5, and 5% ARA-fed pigs, ischemia-injured tissue production of PGE₂ was inhibited by the addition of indomethacin to the chambers (Fig. 3) (P < 0.05).

Discussion

There are 3 phases to recovery of epithelial barrier integrity following ischemic injury: 1) villus contraction to reduce the total



FIGURE 2 Mucosal-to-serosal flux of mannitol (*A*) or inulin (*B*) across ischemia-injured porcine ileum with or without indomethacin from 0 to 240 min. Values are least square means + SEM, n = 6. Bars lacking a common letter differ, P < 0.05. ARA, arachidonic acid.

denuded surface area; 2) migration of epithelial cells to seal the basement membrane; and 3) closure of leaky epithelial intercellular spaces and tight junctions (10). When the physiological repair mechanisms do not occur in a timely manner or are further exacerbated by inflammation in the injured epithelial mucosa, the increased intestinal permeability predicates the onset of acute and chronic intestinal disorders. For infants afflicted with NEC, this may have lifelong implications such as short bowel syndrome or be as severe as sepsis and multiple organ failure, leading causes of morbidity and mortality in these infants (1).

Our previous observations in weanling pigs indicated that PG, in particular PGE₂, stimulate recovery of barrier function in ischemia-injured ileum (8–10). To evaluate if dietary supplementation of long-chain PUFA to the diet could affect ileum barrier function following ischemic injury, we fed formulas to 1-d-old pigs with no long-chain PUFA, 0.5% ARA (current infant formula standard), and 5% ARA or EPA for 10 d to enrich the phospholipid composition of the enterocytes (17).

Our results indicate that ilea from piglets fed supra-physiologic levels of ARA (5% of total fatty acids) in neonatal formula are less susceptible to ischemia-induced epithelial cell sloughing. Additionally, these same ARA-enriched tissues have much greater PGE₂ secretion following ischemic injury. To determine if these changes were related to changes in gene transcription of enzymes involved in the oxidation of ARA to eicosanoids, we measured COX-2 mRNA. If the mechanism for decreased epithelial cell sloughing following ischemic injury is related to PGE₂ secretion from the mucosal epithelium, our results show that it is not mediated via an acute upregulation of COX-2 mRNA. This was somewhat unexpected, because COX is a key enzyme involved in PG synthesis, and insults to the mucosa usually cause an upregulation of COX-2. The explanation may have multiple facets. Takeuchi et al. (23) demonstrated that indomethacininduced lesions to rat small intestine display a 24-h delay from the onset of lesions to the actual upregulation of COX-2 mRNA expression. Additionally, our dietary treatments may have created tissues wherein the substrate (ARA) rather than the COX-2 enzyme dictates the rate of PGE₂ synthesis. This idea is supported by the impact of 5% EPA on COX-2 mRNA. Indeed, although unexpected, a significant and notable finding from this research was the 2.9-fold increase in COX-2 mRNA in intestinal tissue of 5% EPA-fed pigs regardless of ischemic injury compared with all other dietary groups. Others have observed a suppressive effect of (n-3) PUFA on COX-2 mRNA regulation in many cell types but especially in cell lines and mouse models of colon cancer (24,25).



FIGURE 3 PGE₂ production following 240-min repair on Ussing chambers by porcine ischemia-injured ileum with or without indomethacin from piglets fed diets differing in concentrations of long-chain PUFA from the (n-6) and (n-3) series. Values are least square means + SEM, n = 6. Bars lacking a common letter differ, P < 0.05. ARA, arachidonic acid.

However, COX-2 mRNA and protein activity undergo complex positive and negative feedback control from the pathwayproduced PG (26). In particular, the changes in regulation are closely linked to the ARA metabolites, especially increasing concentrations of PGE₂, 15Δ -PGJ₂(a metabolite of PGD₂), and 6-keto $PGF_{1\alpha}$ (a metabolite of PGI_2) (26). Therefore, it seems plausible that dietary alterations causing considerable modification to eicosanoid profiles could significantly affect gene expression, especially given the importance of (n-6)-derived PG in gastrointestinal mucosa maintenance, protection, and repair processes. This mechanism, in conjunction with the protective effects of ARA, needs to be further investigated, but these observations underscore 2 very important points. First, (n-6) PUFA can have beneficial acute physiological impacts (3) and second, the imbalance of (n-6) and (n-3) dietary fatty acid profiles in either direction may have significant physiological effect.

In addition to the prophylactic, protective effects of dietary long-chain PUFA, we also were interested to know if high supplemental levels would accelerate repair of the intestinal epithelium after an ischemic insult. Previous Ussing chamber experiments established that blockade of endogenous PG synthesis with the nonselective, nonsteroidal antiinflammatory drug indomethacin impairs the ability of the intestine to recover barrier function as assessed by TER. Furthermore, application of PG analogs (PGE₂ and PGI₂) to ischemia-injured mucosa resulted in rapid restoration of TER values to uninjured control levels (8,9,27). The results from this study show dietary ARA and EPA included in formula at 5% of total fat acids enhanced recovery of TER following 45 min of ischemic injury in porcine ileum compared with all other ischemia-injured dietary groups. Additionally, the effect was attenuated by indomethacin in 5% ARA-fed pigs. Indomethacin did not significantly block the increase in resistance in the 5% EPA-fed pigs, but there was numerical decrease. Therefore, it is probable the increased recovery of resistance at the 5% level of (n-3) dietary PUFA is not solely due to COX-derived eicosanoids.

The potential for different mechanisms of epithelial barrier function repair for (n-6) and (n-3) fatty acids is further substantiated by the mannitol and inulin flux data, which depicted differences in full closure of tight junctions involved in the regulation of solute and macromolecule diffusion across the barrier. Although ischemia-injured ileum from pigs fed 5% ARA had significantly reduced J_{ms} of mannitol and inulin from 0 to 240 min compared with all other dietary treatments, the J_{ms} for mannitol was highest in injured ileum from the 5% EPA-fed pigs. These differences in paracellular permeability are probably related to altered expression or disorganization of tight junction proteins needed for complete repair of the barrier function. Research has shown altered tight junction protein expression and change in paracellular permeability by changes in trace elements, fatty acids, and flavonoids have a significant impact on paracellular permeability of Caco-2 monolayers (28). Moreover, Usami et al. (29,30) have shown that Caco-2 monolayers cultured with DHA and EPA have greater paracellular permeability of fluorescein sulfonic acid in a concentration-dependent manner. Interestingly, in our study, indomethacin significantly decreased the paracellular flux of ³H-mannitol in the 5% EPAfed pig ileum following ischemic injury. This would suggest that products of the COX pathway are upregulating paracellular solute diffusion in ischemia-injured tissue from suckling piglets supplemented with a high level of dietary EPA. The differential effect of dietary PUFA on resistance and flux of the intestinal mucosa implicate 2 functionally distinct pathways for molecules to traverse the tight junction: first, a high-capacity, charge-selective

pore pathway that allows passage of small ions and uncharged molecules, and second, a low-capacity leak pathway that allows flux of larger ions and molecules regardless of charge (31). Our data suggest that 5% dietary ARA protects both the pore and leak pathways, whereas 5% EPA may protect only the pore pathway.

Mechanistically, the significant changes in TER and 4-h flux of mannitol and inulin are probably not directly related to PGE₂ secretion. PGE₂ secretion did not differ between ischemiainjured tissues for the 0% ARA, 0.5% ARA or 5% ARA diet groups. As expected, the levels of PGE₂ were significantly lower in the ischemia-injured 5% EPA group compared with the ischemia-injured groups from the other dietary treatments, because the product of the pathway would be PGE₃ instead of PGE₂. The mechanism by which high dietary supplementation of (n-6) and (n-3) long-chain PUFA affect recovery of intestinal epithelial barrier function in neonatal pigs needs further investigation.

Altering the fatty acid composition of the diet can produce substantial changes in membrane fatty acid composition in neonatal suckling piglets (17). Differences in eicosanoid synthesis, due to differing precursor pools, could also result in alterations in cell signaling and metabolism. Although this initial study has shown a beneficial impact of supra-physiological dietary ARA in the protection and repair of porcine ischemia-injured ileum, we are not naive to the important impact that inadequacies, imbalances, or excesses of dietary PUFA could have on the nutritional, metabolic, immunologic, and endocrine functions of neonates (32). Although our study supports nutritional interventions of supraphysiological concentrations of long-chain PUFA having significant, positive impacts on reducing villi denudation, accelerating recovery of TER, and decreasing paracellular flux following injury, we also acknowledge the need to further investigate the mechanisms related to chronic physiological effects due to dietary modification.

Acknowledgments

B.A.C. and R.J.H. designed research; A.T.B. designed and conducted research; J.O. designed research and had primary responsibility for final content; S.K.J. conducted research, analyzed data, and wrote the paper; and A.J.M. conducted research. All authors read and approved the final manuscript.

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