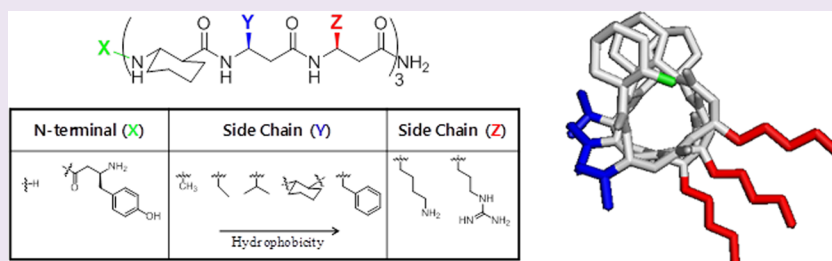


Hydrophobicity and Helicity Regulate the Antifungal Activity of 14-Helical β -Peptides

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S Supporting Information



ABSTRACT: *Candida albicans* is one of the most prevalent fungal pathogens, causing both mucosal candidiasis and invasive candidemia. Antimicrobial peptides (AMPs), part of the human innate immune system, have been shown to exhibit antifungal activity but have not been effective as pharmaceuticals because of low activity and selectivity in physiologically relevant environments. Nevertheless, studies on α -peptide AMPs have revealed key features that can be designed into more stable structures, such as the 14-helix of β -peptide-based oligomers. Here, we report on the ways in which two of those features, hydrophobicity and helicity, govern the activity and selectivity of 14-helical β -peptides against *C. albicans* and human red blood cells. Our results reveal both antifungal activity and hemolysis to correlate to hydrophobicity, with intermediate levels of hydrophobicity leading to high antifungal activity and high selectivity toward *C. albicans*. Helical structure-forming propensity further influenced this window of selective antifungal activity, with more stable helical structures eliciting specificity for *C. albicans* over a broader range of hydrophobicity. Our findings also reveal cooperativity between hydrophobicity and helicity in regulating antifungal activity and specificity. The results of this study provide critical insight into the ways in which hydrophobicity and helicity govern the activity and specificity of AMPs and identify criteria that may be useful for the design of potent and selective antifungal agents.

Candida albicans is a commensal organism and the most common fungal pathogen in humans, causing both mucosal candidiasis and invasive candidemia.¹ As an opportunistic pathogen, *C. albicans* can cause life-threatening invasive infections in immunocompromised individuals such as organ recipients, cancer patients, and human immunodeficiency virus (HIV)-infected patients.^{1–10} The mortality rate of systemic *Candida* infection is approximately 30–50%.^{11,12} Candidemia, a disease in which *Candida* spp. are detected in the bloodstream, is also often associated with biofilm formation on indwelling medical devices such as central venous or urinary catheters, joint prostheses, dialysis access, cardiovascular devices, and central nervous system devices.¹³ The resistance of *C. albicans* within biofilms to antifungal drugs such as fluconazole, amphotericin B, flucytosine, itraconazole, and ketoconazole has been reported to be 30–2000 times greater than in planktonic cells.¹⁴ Clearly, more active and specific classes of antifungal compounds are needed to reduce the severity of antifungal infection, develop effective treatment protocols, and reduce mortality in affected patients.

Antimicrobial peptides (AMPs) are components of the innate host defense system^{15–17} and possess activity against

bacteria, fungi, viruses, and tumors.^{18–20} More than 2,000 AMPs are listed in the Antimicrobial Peptide Database,²¹ and 35% of these have been reported to possess some degree of antifungal activity. However, AMPs have several limitations as therapeutics, including low stability and activity in physiological media, low specificity toward fungal cells, and susceptibility to proteolysis *in vivo*.^{22–26} While naturally occurring AMPs may not be well suited for use as antifungal therapeutics for these and other reasons, they have nevertheless provided key molecular-level insights into structural features and functional behaviors that confer antimicrobial activity. For example, AMPs have been demonstrated to induce membrane lysis in target cells via carpet or pore formation.^{27–29} As a result, the development of target cell resistance to AMPs, a problem that is understood to occur upon the use of conventional antifungal drugs, has been suggested to be low.^{30–32} Insights and key principles gleaned from studies investigating physicochemical interactions between AMPs and cell targets may facilitate

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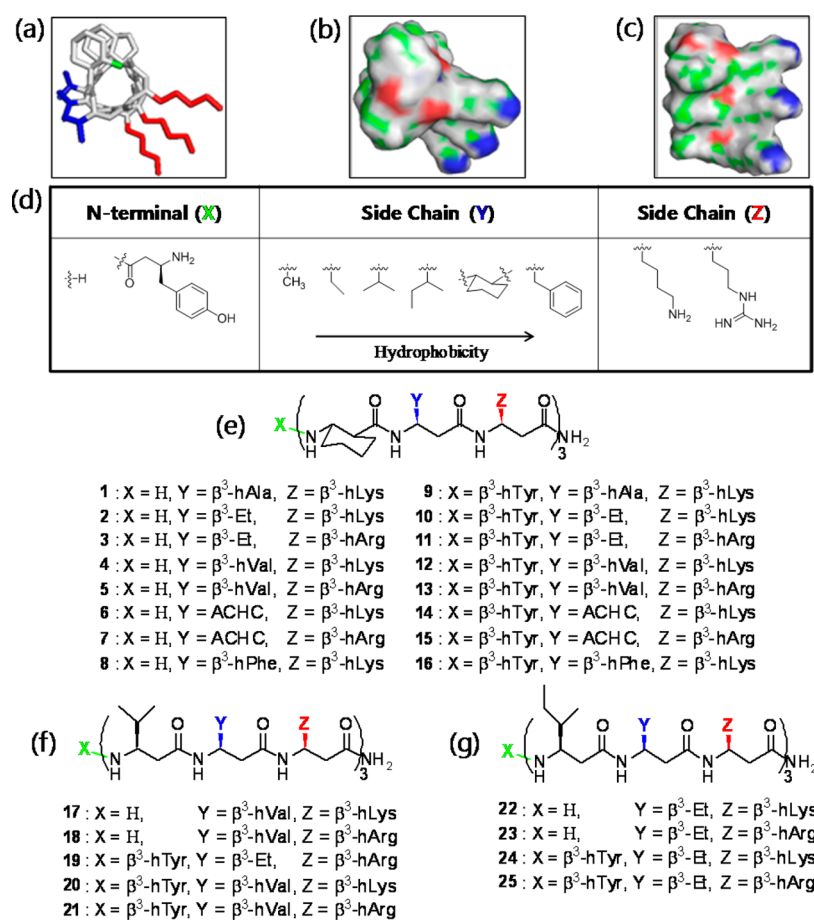


Figure 1. 14-Helical β -peptide design and chemical structures. 3D structures (a–c) were generated on the basis of available crystal structure data⁸⁵ and then geometry was optimized using Gaussian 03 at the B3LYP/6-31G level. (a) Stick view of β -peptide 4. The N-terminus (green), hydrophobic side chains (blue), and cationic side chains (red) are indicated in color. (b and c) Surface views of β -peptide 4. Surface colors represent atom type H (gray), C (green), O (red), and N (blue). (d) N-Terminus (X) and side chains (Y and Z) were altered as indicated to vary peptide hydrophobicity. (e) Chemical structure of β -peptides containing a helix-stabilizing ACHC residue. (f and g) Chemical structures of β -peptides lacking an ACHC residue. β^3 -hVal (f) and β^3 -hIle (g) were incorporated in place of the ACHC residue.

design of chemical compounds that display antifungal activity and may possess more suitable pharmacokinetic and pharmacodynamic properties than AMPs.

Naturally occurring AMPs, also known as host defense peptides, can be categorized into 5 major classes: linear cationic α -helical peptides, anionic peptides, specific amino acid-enriched peptides, anionic and cationic disulfide bond-containing peptides, and peptide fragments of large proteins.³³ These AMPs display direct antimicrobial activity but often lose antimicrobial cytotoxicity at physiological pH and ionic strength. Recent studies have demonstrated AMP host immunomodulatory activity, which complements their antimicrobial activity.³⁴

One of the predominant classes of antimicrobial peptide is linear and α -helical in structure, and key properties that confer antimicrobial activity include hydrophobicity, facial amphiphilicity, and helical propensity.²⁷ These structural features have also proven to be important in conferring antimicrobial activity on peptidomimetic oligomers^{35–41} and polymers,^{42–47} including β -peptide-based structures composed, either entirely or in part, of β -amino acid residues.^{48,49} Owing to their folding principles, structural diversity, secondary structure stability,^{50,51} and resistance to proteolysis,⁵² β -peptides represent a promising class of compounds to elucidate mechanisms of AMP activity and to template development of new antifungal

therapeutics. Antibacterial^{53–56} and antifungal^{57,58} activity of β -peptides adopting 14-helical structures and the antibacterial activity of β -peptides adopting 12-helical^{59–61} and 10/12-helical⁶² structures have been reported. However, the contributions of different β -peptide structural features to biological activity, including antibacterial and antifungal properties, are not well understood. Thus, we sought to determine how hydrophobicity and helicity govern, either alone or in concert, the antifungal activity and specificity of 14-helical β -peptides.

We synthesized 25 globally amphiphilic 14-helical β -peptides that contain approximately three helical turns. In designing these β -peptides, we varied hydrophobicity and helicity by altering side chain composition and the presence or absence of a helix-stabilizing cyclic aminocyclohexane carboxylic acid (ACHC) side chain. To quantify the hydrophobicity of the β -peptides, we characterized retention times using RP-HPLC, a measure that has been used previously to assess the hydrophobicity of peptides.^{63–65} Correlations have been reported between antimicrobial peptide activity and retention time of RP-HPLC.^{66–68} The helicity of β -peptides was characterized using circular dichroism. Circular dichroism titration showed that the helicity differences depended on the presence or absence of a helix-stabilizing cyclic ACHC side chain. Our results also indicate that, at constant helicity, β -

peptide hydrophobicity directly correlates with both antifungal and hemolytic activity, but that a window of hydrophobicity exists over which these structures exhibit both high antifungal activity and high selectivity (i.e., low hemolysis at the antifungal minimum inhibitory concentration, MIC). We also demonstrate that β -peptide helicity governs antifungal activity, with more stable β -peptides possessing antifungal activity at lower concentrations than less stable molecules at the same hydrophobicity. Taken together, these results reveal both hydrophobicity and helicity to regulate antifungal activity and hemolysis, and provide design parameters for constructing active and selective antifungal compounds.

RESULTS AND DISCUSSION

Design and Synthesis of 14-Helical β -Peptides. In order to ascertain the structural features of AMPs that confer antifungal and hemolytic activity, we synthesized a set of 25 14-helical β -peptides (peptides 1–25, Figure 1), each 9 or 10 residues long, having a net charge of +4 and designed to adopt globally amphiphilic structures (see Figure 1a–c). These peptides have approximately three residues per helical turn^{50,51} and were designed to contain two hydrophobic residues and one cationic residue in a repeated trimer, thus generating localized hydrophobic and cationic faces of the helix.

In this study, we systematically investigated the influence of two AMP properties, hydrophobicity and helicity, on the antifungal activity and selectivity of 14-helical β -peptides. To probe the influence of these properties, we synthesized peptides having different structural features that influence hydrophobicity and stability, including (i) the presence (peptides 1–16, Figure 1e) or absence (peptides 17–25, Figure 1f,g) of the helix-stabilizing ACHC residue, (ii) addition of an N-terminal β^3 -hTyr residue (Figure 1d), and (iii) variations in the hydrophobic Y and cationic Z position side chains in the helical repeat (Figure 1d).

β -Peptides were produced by microwave-assisted Fmoc synthesis at 20–40 μ mol scales and purified by RP-HPLC using a C18 column. MALDI mass spectrometry was used to validate the mass of each peptide (Supplementary Table S1). Retention times determined by C18 RP-HPLC were used as a measure of the relative hydrophobicity of the peptides (Table 1, Supplementary Figure S1). To quantify the helicity of the β -peptides, we characterized CD in solvents containing different fractions of PBS and methanol.

Characterization of Antifungal and Hemolytic Activities. The antifungal activities of the β -peptides were determined by measuring their minimum inhibitory concentrations (MICs) against *C. albicans* *in vitro*. The peptides exhibited a wide range of MIC values, ranging from 4 to >128 μ g/mL. As an example, a plot of the concentration-dependent growth inhibition of one of the most active peptides, peptide 5, is shown in Figure 2a, with the MIC of 8 μ g/mL indicated by the arrow. The MICs of all of the peptides synthesized in this study are provided in Table 1 and the growth inhibition plots used to identify the MICs are shown in Supplementary Figure S2.

To evaluate β -peptide specificity toward fungal cells, we compared their ability to inhibit *C. albicans* growth with their induction of human red blood cell lysis. As an example, the percent hemolysis of peptide 5 as a function of peptide concentration is indicated in Figure 2b, and results for all other peptides tested are provided in Supplementary Figure S3. The specificity of β -peptides against target fungal cells versus

Table 1. β -Peptide Retention Time, Minimum Inhibitory Concentrations (MIC) against *C. albicans*, and % Hemolysis at the Antifungal MIC

β -peptide	t_R^a (min \pm SD)	MIC ^b (μ g/mL)	% hemolysis at MIC ^c \pm SD
1	19.3 \pm 0.1	>128	2.6 \pm 0.9*
2	22.5 \pm 0.2	64	3.0 \pm 2.4
3	23.2 \pm 0.1	32	1.1 \pm 2.7
4	24.5 \pm 0.2	8	2.3 \pm 0.7
5	25.4 \pm 0.1	8	1.6 \pm 0.3
6	23.1 \pm 0.2	16	0.3 \pm 1.7
7	23.8 \pm 0.1	16	3.0 \pm 2.3
8	26.2 \pm 0.2	8	36.4 \pm 6.0
9	20.4 \pm 0.2	128	1.4 \pm 0.6
10	23.5 \pm 0.1	16	9.4 \pm 9.3
11	24.2 \pm 0.1	16	7.5 \pm 5.2
12	25.7 \pm 0.1	8	37 \pm 15
13	26.5 \pm 0.2	8	39.8 \pm 2.7
14	24.0 \pm 0.2	16	9.5 \pm 2.2
15	24.6 \pm 0.2	16	11.6 \pm 2.1
16	27.4 \pm 0.2	4	72 \pm 14
17	22.5 \pm 0.1	128	2.8 \pm 0.1
18	23.5 \pm 0.1	64	0.9 \pm 1.9
19	22.7 \pm 0.2	128	3.2 \pm 2.9
20	24.3 \pm 0.2	32	8.8 \pm 3.6
21	25.2 \pm 0.2	16	4.2 \pm 2.0
22	22.8 \pm 0.2	>128	3.1 \pm 4.4*
23	23.8 \pm 0.1	128	4.5 \pm 3.2
24	24.6 \pm 0.1	32	7.2 \pm 5.0
25	25.7 \pm 0.2	16	7.2 \pm 3.4

^aThe average value obtained from three independent analytical RP-HPLC measurements. ^bThe value obtained from an average of three independent experiments with triplicate measurements. ^cThe average value obtained from three independent experiments with duplicate measurements. *Hemolysis at MIC measured at 128 μ g/mL β -peptide. Active (MIC \leq 16 μ g/mL) and selective (hemolysis at MIC \leq 20%) β -peptides are in bold font.

mammalian cells is of particular interest. To provide a measure of this specificity, we also compared percent hemolysis at the MIC for each peptide (Table 1). The percent hemolysis at the MIC ranged from <1% to ~72% for the various peptides investigated in this study. The most active and selective β -peptides were peptides 4 and 5, each of which had an MIC of 8 μ g/mL and less than 5% hemolysis at the MIC.

β -Peptide Hydrophobicity Directly Correlates to Antifungal and Hemolytic Activity. To explore the relationship between β -peptide hydrophobicity and antifungal activity and selectivity in compounds with similar helicity, we varied (i) the N-terminal residue (Figure 1a, green; Figure 1d, X), (ii) the composition of the hydrophobic side groups in the repeating unit (Figure 1a, blue; Figure 1d, Y), and (iii) the composition of the cationic residue in the repeating unit (Figure 1a, red; Figure 1d, Z). All of the β -peptides used in these studies (peptides 1–16) contained an ACHC residue as one of the hydrophobic residues in the repeating unit.

We also added a β^3 -hTyr residue to the N-terminus, (Figure 1a and 1d, X) to increase the hydrophobicity of β -peptides 1–8. Peptides containing the N-terminal β^3 -hTyr (peptides 9–16) exhibited a RP-HPLC retention time that was approximately 1.0 \pm 0.15 min longer, and are thus regarded as more hydrophobic, than those that did not contain the N-terminal β^3 -hTyr (peptides 1–8) (Table 1). We also observed that β -peptides with RP-HPLC retention times of approximately 23

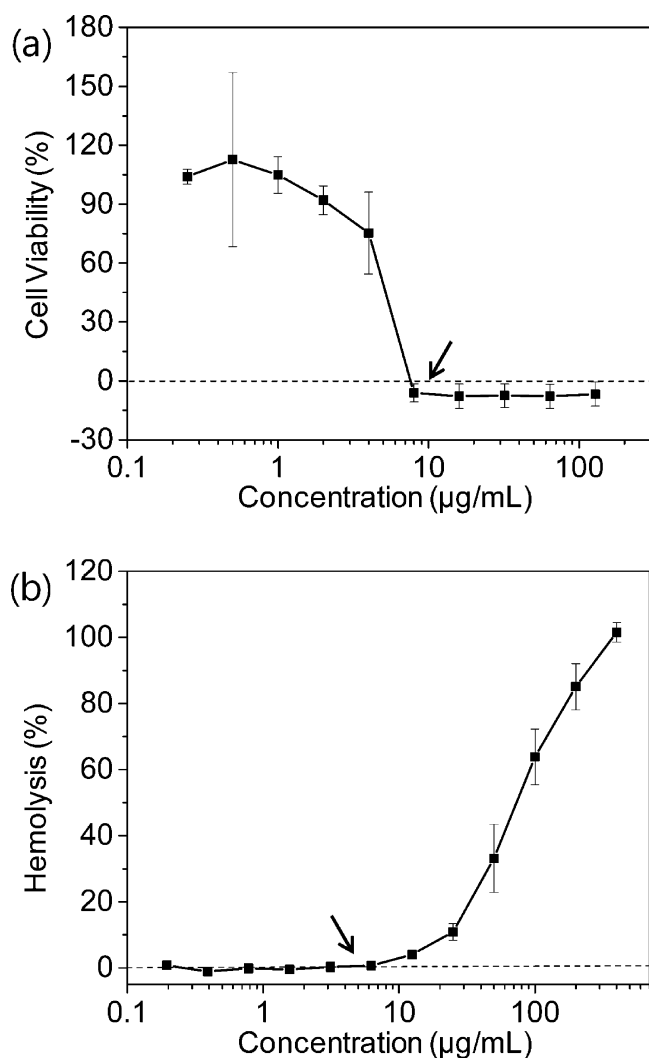


Figure 2. Examples of measurement of antifungal MIC (a) and hemolysis at the MIC (b) of β -peptide 5. (a) *C. albicans* cells (10^3 cells/mL) were incubated with β -peptides for 48 h, and β -peptide susceptibility was assessed using an XTT reduction assay to compare the absorbance at 490 nm for β -peptide-treated samples and untreated samples. Data points are the averages of three independent experiments of three replicates each. (b) β -peptides were incubated with human red blood cells for 1 h, and the absorbance of the supernatant was measured at 405 nm to calculate the percent of red blood cells lysed; 100% hemolysis was determined using a melittin control. Error bars denote standard deviation ($n = 3$).

min or less exhibited a significant decrease in MIC upon addition of an N-terminal β^3 -hTyr, but that the addition of an N-terminal β^3 -hTyr had no effect on the retention times of more hydrophobic β -peptides (Supplementary Figure S4a; Table 1). Addition of an N-terminal β^3 -hTyr to relatively hydrophobic β -peptides with RP-HPLC retention times of 25 min or more increased hemolysis at MIC but had no effect on hemolysis at the MIC of more hydrophilic β -peptides (Supplementary Figure S4b; Table 1).

To broaden the spectrum of hydrophobicity in the β -peptide series, we introduced aliphatic β -amino acids of varying side chain carbon number and also incorporated an aromatic β -amino acid (β^3 -hPhe). The RP-HPLC retention times of 14-helical β -peptides with different residues in the middle position of the repeat exhibited the same trend (β^3 -hPhe > β^3 -hVal >

ACHC > β^3 -Et > β^3 -hAla) in β -peptides both containing and lacking an N-terminal β^3 -hTyr residue (Table 1). The antifungal activity and selectivity upon varying side chain carbon number exhibited the same trends as observed upon N-terminal β^3 -hTyr modification. The antifungal MICs increased as retention times dropped below 23 min (Supplementary Figure S4c), and the percent hemolysis at the MIC generally increased as β -peptide retention time surpassed 25 min (Supplementary Figure S4d). These trends were observed for β -peptides with different N-termini and cationic side chains, including (i) X = H, Z = β^3 -hLys (peptides 1, 2, 4, 6, 8), (ii) X = β^3 -hTyr, Z = β^3 -hLys (peptides 9, 10, 12, 14, 16), (iii) X = H, Z = β^3 -hArg (peptides 3, 5, 7), and (iv) X = β^3 -hTyr, Z = β^3 -hArg (peptides 11, 13, 15) (Supplementary Figure S4c,d).

We also varied β -peptide hydrophobicity by changing the identity of the cationic residue in the repeating trimer. Naturally occurring AMPs, including magainin 2,⁶⁹ cecropin 2,⁷⁰ dermaseptin B2,⁷¹ melittin,⁷² SMAP-29,⁷³ MBP-1,⁷⁴ and melamine⁷⁵ contain lysines and arginines as cationic residues. Thus, we compared the antifungal activity and hemolysis of β -peptides containing β^3 -hLys and β^3 -hArg. Peptides containing β^3 -hArg exhibited RP-HPLC retention times 0.7 ± 0.14 min longer than those of analogous peptides containing β^3 -hLys (Table 1). The changes in antifungal activity upon varying the cationic side chain exhibited similar trends as were observed upon adding an N-terminal β^3 -hTyr and varying the hydrophobic side chain carbon number (discussed above). The MICs increased as β -peptide retention time decreased below 23 min and did not change upon cationic side chain modification for more hydrophobic β -peptides (Supplementary Figure S4e). However, the hemolysis at the MIC did not change upon substitution of β^3 -hArg for β^3 -hLys at any of the retention times. All peptides, regardless of substitution of β^3 -hArg for β^3 -hLys, with retention times greater than 25.5 min exhibited elevated hemolysis at the MIC (Supplementary Figure S4f).

To visualize the relationships between peptide hydrophobicity and antifungal and hemolytic activity, we plotted the MIC and the percent hemolysis at the MIC as a function of peptide retention time for the series of ACHC-containing β -peptides (peptides 1–16). Figure 3a reveals a strong correlation between β -peptide hydrophobicity and β -peptide antifungal and hemolytic activity as the N-terminus, hydrophobic side chain, and cationic side chain residues are varied. The MIC decreased, and hemolysis at the MIC increased, as the retention time increased. β -Peptides with retention times between 23 and 25.5 min, indicated in the box in Figure 3a and in bold text in Table 1, exhibited an MIC of 16 μ g/mL or less and less than 20% hemolysis at the MIC. At retention times below 23 min, antifungal activity was low but specificity was high, while at retention times above 25.5 min antifungal activity was high but specificity was low. These key results reveal a window of hydrophobicity, with a retention time from 23 and 25.5 min under the conditions used in this study, that results in high β -peptide antifungal activity and selectivity, and suggest that variations in the N-terminus, hydrophobic side chain structure, and cationic side chain structure strongly influence MIC and hemolysis through their influence on β -peptide hydrophobicity.

We next investigated the influence of hydrophobicity on the activity and specificity of β -peptides 17–25 lacking the helix-stabilizing ACHC side chain (Figure 1f and 1g). The ACHC-containing β -peptides adopted a helical structure at physiologic pH and ionic strength. However, ACHC-lacking β -peptides

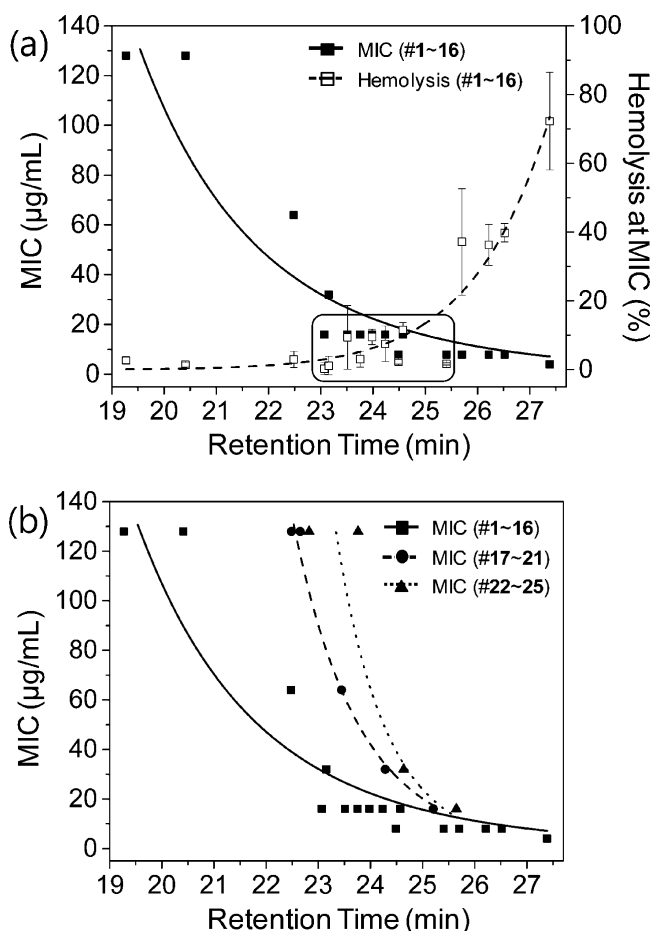


Figure 3. (a) Antifungal and hemolytic activities correlate with β -peptide RP-HPLC retention times in β -peptides containing an ACHC. The active (MIC $\leq 16 \mu\text{g/mL}$) and selective (hemolysis at MIC $\leq 20\%$) β -peptides are indicated in the box. MIC was determined by incubating *C. albicans* cells (10^3 cells/mL) with β -peptides for 48 h, and β -peptide susceptibility was assessed using an XTT reduction assay to compare the absorbance at 490 nm for β -peptide-treated samples and untreated samples. Data points are the averages of three independent experiments of three replicates each. Hemolysis at the MIC was determined by incubating β -peptides with human red blood cells for 1 h, and the absorbance of the supernatant was measured at 405 nm to calculate the percent of red blood cells lysed; 100% hemolysis was determined using a melittin control. (b) The relationships between antifungal activity and RP-HPLC retention time in β -peptides containing (1–16) and lacking (17–25) an ACHC residue. The ACHC was replaced with β^3 -hVal in peptides 17–21 and β^3 -hIle in peptides 22–25. Error bars denote standard deviation ($n = 3$).

exhibited 10–20% helicity at physiological pH and ionic strength (Supplementary Figure S6). To vary the hydrophobicity of β -peptides lacking ACHC residues, we incorporated β^3 -hVal or the less hydrophobic β^3 -Et in the middle (Y) position of each repeating trimer. β -Peptides lacking an ACHC exhibited increased antifungal activity as hydrophobicity increased, similar to β -peptides containing the ACHC residue. However, the β -peptides lacking an ACHC required a greater degree of hydrophobicity to exhibit significant antifungal activity. For example, whereas β -peptides containing an ACHC possessed MICs of $16 \mu\text{g/mL}$ or lower at a retention times above 23 min, the β -peptides lacking an ACHC did not exhibit MICs of $16 \mu\text{g/mL}$ until retention times exceeded 25

min (Figure 3b). These results indicate that hydrophobicity alone does not govern antifungal activity and suggest that helicity also plays a key role. β -Peptides lacking ACHC did not exhibit the increase in hemolysis at retention times greater than 25 min that β -peptides containing an ACHC demonstrated (Supplementary Figure S5). Thus, the hydrophobic ($t_R > 25$ min) β -peptides lacking an ACHC possessed both antifungal activity (MIC of $16 \mu\text{g/mL}$ or lower) and specificity ($< 10\%$ hemolysis at the MIC).

Effect of Cooperativity of Peptide Helicity and Hydrophobicity on Antifungal Activity.

Our results demonstrate a strong correlation between β -peptide hydrophobicity and antifungal activity and hemolysis. To elucidate the relationship between helicity and antifungal activity and selectivity, we replaced ACHC with β^3 -hVal (peptides 17–21, Figure 1f) or β^3 -hIle (peptides 22–25, Figure 1g) in the first residue of the repeating trimer. Figure 3b illustrates the nature of this correlation and the ranges of retention times that provide antifungal activity, namely, that antifungal activity also depends on β -peptide properties other than hydrophobicity, including the presence of an ACHC side chain. We hypothesized that helicity also affects antifungal activity. To investigate this possibility, we compared the helical stabilities of three β -peptides with high antifungal activities (MIC = $16 \mu\text{g/mL}$; β -peptides 11, 21, 25), three β -peptides with intermediate antifungal activities (MIC = $32 \mu\text{g/mL}$; β -peptides 3, 20, 24), and three β -peptides with low antifungal activities (MIC = $128 \mu\text{g/mL}$; β -peptides 9, 17, 23) in solvents containing various ratios of methanol and water. As expected, β -peptides containing the ACHC side chain (3, 9, 11) maintained helicity as the methanol fraction decreased to zero, while the β -peptides lacking an ACHC lost 14-helical structure (Supplementary Figure S6). β -Peptides containing β^3 -hVal in place of ACHC (17, 20, 21) exhibited slightly greater helicity than β -peptides containing β^3 -hIle (23, 24, 25).

Figure 4 illustrates the relationship between the antifungal MIC and β -peptide helicity and hydrophobicity. In comparing β -peptides with the same MIC, greater helicity corresponded to

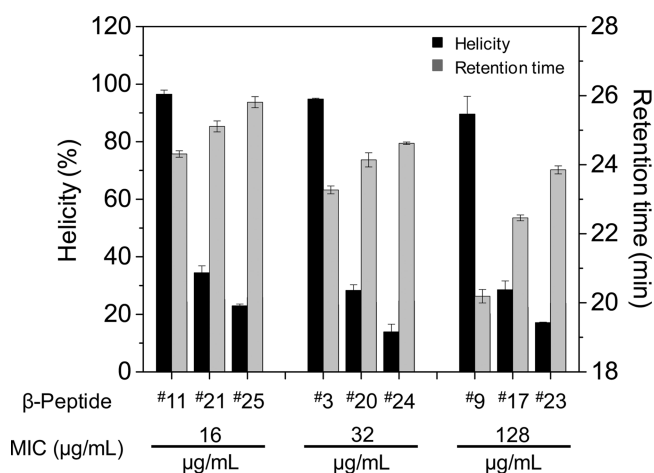


Figure 4. Relationship between helicity and HPLC retention times of β -peptides exhibiting antifungal MICs of 16, 32, and 128 $\mu\text{g/mL}$. β -Peptides 11, 3, and 9 contain an ACHC residue, while β -peptides 21, 20, and 17 contain a β^3 -hVal and β -peptides 25, 24, and 23 contain a β^3 -hIle in place of the ACHC. Percent helicity in 100% PBS normalized to helicity in 100% methanol was determined by circular dichroism. Error bars denote standard deviation ($n = 3$).

$$\text{helicity (\%)} = \frac{([\theta]_{\text{MeOH}} - ([\theta]_{\text{MeOH}} - [\theta]_{\text{PBS}}))}{[\theta]_{\text{MeOH}}} \times 100$$

Characterization of Antifungal Minimum Inhibitory Concentration (MIC). The antifungal activities of the β -peptides against *C. albicans* were assayed in 96-well plates according to the planktonic susceptibility testing guidelines provided by the Clinical and Laboratory Standards Institute (formally, National Committee for Clinical Laboratory Standards) broth microdilution assay⁸⁴ modified to include a quantitative XTT assessment of cell viability. Two-fold serial dilutions (100 μL) of β -peptides in RPMI (pH adjusted to 7.2 with MOPS) were mixed with 100 μL of a *C. albicans* strain SC5314 cell suspension (grown for 24 h at 35 $^{\circ}\text{C}$ and concentration adjusted to $(1-5) \times 10^3$ cells/mL based on absorbance at 600 nm), and the plates were incubated at 35 $^{\circ}\text{C}$ for 48 h. Wells lacking β -peptide (cell controls) and wells lacking both peptide and cells (medium sterility controls) were included in every plate that was assayed. After 48 h, 100 μL of XTT solution (0.5 g L^{-1} in PBS, pH 7.4, containing 3 μM menadione in acetone) was added to all wells, and plates were incubated at 37 $^{\circ}\text{C}$ in the dark for 1.5 h. The supernatants (75 μL) from all wells were transferred to a fresh plate, and absorbance measurements at 490 nm were recorded using a plate reader (EL800 Universal Microplate Reader, Bio-Tek instruments, Inc.). The cell viability was plotted as a function of β -peptide concentration. Percent cell viability was calculated as

$$\text{cell viability (\%)} = \frac{(A_{490} - A_{490}^{\text{background}})}{A_{490}^{\text{cell control}} - A_{490}^{\text{background}}} \times 100$$

where A_{490} , $A_{490}^{\text{cell control}}$, and $A_{490}^{\text{background}}$ are the average absorbance values at 490 nm of the supernatant from wells containing a specific concentration of β -peptide, cell control wells lacking β -peptide, and medium sterility control wells, respectively. Experiments were performed in triplicate and repeated on at least three different days. The lowest assayed concentration of β -peptide that resulted in a decrease in absorbance of at least 90% of the mean was taken as the minimum inhibitory concentration (MIC) of that peptide.

Hemolysis Assays. Hemolysis assays were performed as previously described.⁵⁷ Red blood cells (RBCs) were washed multiple times with Tris-buffered saline (TBS, 10 mM Tris-HCl, 100 mM NaCl, pH 7.5), until a clear supernatant was obtained. In a 96-well plate, 80 μL of RBCs was mixed with 20 μL of 2-fold serial dilutions of β -peptides in TBS and incubated at 37 $^{\circ}\text{C}$ for 1 h. Melittin served as a positive lysis control, and TBS was used as a negative lysis control. Plates were then centrifuged at 3000 rpm for 10 min, 50 μL of the supernatant was diluted with 50 μL of water in a fresh plate, and absorbance was measured at 405 nm using a plate reader. β -Peptide hemolysis was plotted as percent hemolysis as a function of β -peptide concentration. The percent hemolysis was calculated as

$$\text{hemolysis (\%)} = \frac{A_{405} - A_{405}^{\text{negative control}}}{A_{405}^{\text{positive control}} - A_{405}^{\text{negative control}}} \times 100$$

where A_{405} , $A_{405}^{\text{negative control}}$, and $A_{405}^{\text{positive control}}$ are the average absorbance values at 405 nm of the supernatant of RBCs treated with peptides, RBCs in TBS, and RBCs in melittin, respectively. Experiments were performed in duplicate and repeated on at least three different days.

■ ASSOCIATED CONTENT

● Supporting Information

Detailed synthetic procedures of Fmoc- β^3 -Et-OH, HPLC profiles, MIC analyses, hemolysis data, MALDI-TOF data, circular dichroism titration curves, and the plots illustrating relationships between hydrophobicity, helicity, and activity. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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Notes

The authors declare no competing financial interest.

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