

## QUESTIONNAIRE

Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Age: \_\_\_\_\_

Weight: \_\_\_\_\_

Height: \_\_\_\_\_

BMI: \_\_\_\_\_

### QUESTION NO 1

#### DEMOGRAPHIC CHARACTERISTICS OF COLLEGE STUDENTS

Q#1	Mothers education	1. Primary School 2. Secondary school 3. High School 4. Academic Degree 5. None
Q#2	Fathers education	1. Primary School 2. Secondary school 3. High School 4. Academic Degree 5. None
Q#3	Do you have an interest in health?	1. Very much 2. Much 3. Average 4. Little 5. Very Little
Q#4	Do you have an interest in weight control?	1. Very much 2. Much 3. Average 4. Little 5. Very Little
Q#5	Who do you usually eat with?	1. Whole family

		<ol style="list-style-type: none"> <li>2. Some members of the family</li> <li>3. Alone</li> <li>4. Friends</li> <li>5. Relatives</li> </ol>
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## QUESTION NO 2

### PATTERNS OF FAST FOOD CONSUMPTION

Q#6	Which of the following food do you consume the most in a week?	<ol style="list-style-type: none"> <li>1. Hamburger</li> <li>2. French Fries</li> <li>3. Pizza</li> <li>4. Fried Chicken</li> <li>5. Doughnuts</li> </ol>
Q#7	Reasons for consuming fast food	<ol style="list-style-type: none"> <li>1. When parents are not at home</li> <li>2. Special days</li> <li>3. Meeting Friends</li> <li>4. When Hungry</li> <li>5. Out of Habit</li> </ol>
Q#8	To whom do you enjoy eating fast food?	<ol style="list-style-type: none"> <li>1. Parents</li> <li>2. Brothers/Sisters</li> <li>3. Friends</li> <li>4. Alone</li> <li>5. Relatives</li> </ol>
Q#9	What do you consume fast food as?	<ol style="list-style-type: none"> <li>1. A meal</li> <li>2. Snack</li> </ol>
Q#10	Place where you eat fast food	<ol style="list-style-type: none"> <li>1. Near Home</li> <li>2. Near School</li> <li>3. Downtown</li> </ol>

		4. Others
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### QUESTION NO 3

#### INTENTION FOR CONSUMING FAST FOOD

Q#11	I am inclined to use hamburgers in a month	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#12	I am inclined to use French fries for a month	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#13	I am inclined to use a pizza in a month	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#14	I am inclined to use fried chicken in a month	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#15	I am inclined to use doughnuts in a month	1. Not at all 2. A little 3. Somewhat 4. Very Much

### QUESTION NO 4

#### ATTITUDE TOWARD FAST FOOD CONSUMPTION

Q#16	Fast food is familiar to me	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#17	I think that fast food is not good for the health	1. Not at all

		2. A little 3. Somewhat 4. Very Much
Q#18	I think that fast food can provide all vital nutrients for us	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#19	I think that fast food is delicious	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#20	I think that fast food stores provide an attractive environments	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#21	I think that fast food stores are clean	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#22	I think that fast food is clean and safe	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#23	I think that fast food portions are large enough to feel full	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#24	I think that fast food has a lot of salt	1. Not at all 2. A little 3. Somewhat 4. Very Much

Q#25	I think that fast food has a lot of fat	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#26	I think that consuming fast food will make me fat	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#27	I think that fast food has a lot of calories	1. Not at all 2. A little 3. Somewhat 4. Very Much

## QUESTION NO 5

### SUBJECTIVE NORM FOR FAST FOOD CONSUMPTION

Q#28	Motivation to comply	1. I follow my family's beliefs 2. I follow the beliefs of teachers 3. I follow the beliefs of my friend	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#29	Normative Belief	1. I think that my family would like my fast food consumption 2. I think that my teachers would like my fast food consumption 3. I think that my friends would like my fast food consumption	1. Not at all 2. A little 3. Somewhat 4. Very Much

Q#30	Motivation to comply × Normative belief	1. Family 2. Teachers 3. Friends	1. Not at all 2. A little 3. Somewhat 4. Very Much
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## QUESTION NO 6

### PERCEIVED BEHAVIORAL CONTROL TOWARD FAST FOOD CONSUMPTION

Q#31	I can eat fast food even if fewer fast-food stores are near	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#32	I think that meeting friends at places other than fast food stores would be difficult	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#33	I can eat fast food even while I am on diet.	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#34	I can eat fast food even if I have to wait for a long time	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#35	I can eat fast food even if the fewer advertisement for fast food is on TV, on the internet, etc.	1. Not at all 2. A little

		3. Somewhat 4. Very Much
Q#36	I can eat fast food even if they offer a few sale promotions	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#37	I think that changing my fast food consumption behaviors for health would be difficult	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#38	I think that using places other than fast food stores for special occasions such as birthdays would be difficult.	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#39	I think that changing my fast food consumption behavior is difficult because I have eaten them from a very young age	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#40	I can eat fast food even if I get nutrition education using multimedia (e.g website, video clip) rather than basic lecture or brochure	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#41	I can eat fast food even if I get continued nutrition education	1. Not at all 2. A little 3. Somewhat 4. Very Much
Q#42	I can eat fast food even if I learn how to quickly prepare a simple meal	1. Not at all 2. A little 3. Somewhat 4. Very Much

Q#43	I can eat fast food even if I get nutrition education about the impact of fast food on health (e.g. calories, nutrient content).	1. Not at all 2. A little 3. Somewhat 4. Very Much
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