

**Research Paper** 





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## Loss of Yes-associated Protein Represents an Aggressive Subtype of Colorectal Cancer

Sheng Zhang<sup>1,2#</sup>, Qing Wei<sup>3#</sup>, Yongzhi Yang<sup>1,2</sup>, Huanlong Qin<sup>4</sup>, Xinxiang Li<sup>1,2™</sup>, Sanjun Cai<sup>1,2™</sup>, Yanlei Ma<sup>1,2™</sup>

- 1. Department of Colorectal Surgery, Fudan University Shanghai Cancer Center, Shanghai, 200032, China
- 2. Department of Oncology, Shanghai Medical College, Fudan University, Shanghai, 200032, China
- 3. Department of Pathology, Shanghai Tenth People's Hospital, Tongji University, Shanghai, 200072, China.
- 4. Department of GI Surgery, Shanghai Tenth People's Hospital, Tongji University, Shanghai 200072, China.

# Sheng Zhang and Qing Wei contributed equally to this work.

Corresponding authors: Yanlei Ma, MD, PhD, Sanjun Cai, MD, PhD and Xinxiang Li, MD, PhD, Department of Colorectal Surgery, Fudan University Shanghai Cancer Center; Department of Oncology, Shanghai Medical College, Fudan University, 270 Dong'an Road, Shanghai, 200032, China. Email: yanleima@fudan.edu.cn; sanjuncai@hotmail.com; li\_xinxiang@hotmail.com

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#### Abstract

**Background:** Yes-associated protein (YAP) is a downstream effecter of Hippo signaling pathway, and has been linked to the initiation and development of colorectal cancer (CRC). However, the clinical significance of YAP in CRC remains controversial. This study was designed to investigate the clinical significance of YAP in CRC.

**Methods:** We selected 206 eligible patients diagnosed with CRC from 2003 to 2007. Tissue microarray (TMA) blocks were made from 206 formalin-fixed paraffin-embedded CRC tissues and 158 corresponding normal colonic tissues. Using the TMA blocks, we performed immunohistochemical staining of YAP and assessed its expression status in different subcellular locations. The patients were divided into four groups according to the expression status of YAP in the cytoplasm and nucleus. Statistical analysis was performed to explore the correlation between YAP expression and clinicopathological features and overall survival (OS) in CRC patients.

**Results:** Our results showed that both cytoplasmic YAP and nuclear YAP were overexpressed in CRC tissues compared to normal colonic tissues. Complete loss of YAP expression in CRC was significantly correlated with larger tumor size (p=0.023), proximal tumor location (p=0.038), higher tumor grade (p=0.022) and worse OS (p<0.001). Univariate and multivariate Cox regression analyses revealed that complete loss of YAP expression was an independent indicator of poor prognosis in CRC (p<0.001).

**Conclusions:** Loss of YAP expression correlates with poor prognosis and may represent a subgroup with more aggressive biological features in CRC.

Key words: Yes-associated protein, colorectal cancer, prognosis

### Background

Colorectal cancer (CRC) is one of the most common malignant tumors worldwide [1]. In 2015, there were approximately 1.4 million new cases diagnosed with CRC, leading to 0.69 million deaths in China [2]. In mammals, the Hippo pathway is an important signaling pathway that regulates the cell regeneration, proliferation and apoptosis, and dysfunction of the Hippo pathway often contributes to the initiation and progression of many malignancies including CRC [3-6]. Yes-associated protein (YAP) is a critical component of the Hippo signaling pathway. Through a kinase cascade, the Hippo pathway targets YAP for phosphorylation, preventing its translocation to the nucleus, where it plays a role as a transcriptional co-activator [6-9]. YAP has been confirmed to be highly overexpressed and to participate in tumorigenesis in many human cancers, including CRC [10-12]. The oncogenic mechanism of YAP activity remains unclear. Some studies demonstrated that YAP suppresses the nuclear translocation of  $\beta$ -catenin by directly binding to it in the cytoplasm and inhibiting it [9, 11]. In addition, YAP can also function as a stem cell regulator and play essential roles in maintaining stemness and tissue homeostasis [13, 14]. However, the role of YAP in tumors remains controversial [15, 16]. Some investigations showed that the overexpression of YAP was related to poor prognosis in a variety of cancers, including CRC [10, 17]. In contrast, the other studies held the opposite viewpoint that YAP served as a tumor suppressor through effects on cell growth, apoptosis, maintenance stemness, of and inflammatory responses, and that the of loss of YAP expression correlated with poor prognosis[18-20]. To uncover the clinical significance of YAP expression in CRC, we performed immunohistochemistry (IHC) using tissue microarrays (TMAs) with more than 200 human CRC samples. We also studied the different expression levels of YAP between 158 pairs of CRC and non-tumor tissues using TMAs. This study may contribute to a better understanding of the dual role of YAP in malignancies.

### Methods

### Patients and sample collection

As the main purpose of this study was to investigate the clinical significance of YAP expression in CRC, we used the following exclusion criteria: 1) the presence of neoadjuvant chemo/radio-therapy; 2) the presence of hereditary or inflammation-associated CRC; 3) the pathological type was non-adenocarcinoma; 4) the follow-up information was unclear; 5) the cause of death was not related with CRC. Based on exclusion criteria, formalin-fixed these 206 paraffin-embedded tissue (FFPE) blocks from patients with CRC were obtained from the pathology department of Shanghai Tenth People's Hospital of Tongji University. All patients were of the same race, and underwent surgical resections from 2003 to 2007. Written informed consent was obtained from the patients, and the study was approved by the ethic committee of the hospital. Hematoxylin and eosin (H&E) stained tissue sections from all cases were reviewed by two pathologists who were blinded to other data.

# TMA construction and clinicopathological features

The construction of this TMA has been previously described in detail [21]. Briefly, a representative area was selected based on the H&E stained results. Using a punch machine, tissue cores with a 0.4 mm diameter were punched from each tumor tissue and paired normal tissue, and then placed into a 10mm×8mm recipient block. Each tissue core was assigned a unique tissue microarray location. Clinicopathological parameters included were age, sex, tumor size, tumor location, pathological grade, status of lymphatic invasion and TNM stage according to the 8<sup>th</sup> edition of the AJCC classification. The survival data were collected from the hospital medical records and follow-up system.

### Immunohistochemistry

For YAP immunohistochemistry staining, paraffin-embedded samples were cut into 4um sections and placed on polylysine-coated slides. The staining process was performed as previously described with minor modifications [22]. Briefly, slides were baked at 60 °C for 30 min, deparaffinized in xylene, and rehydrated through a graded alcohol series. Antigen retrieval was achieved by microwaving in 10 mM sodium citrate buffer (pH= 6.0) for approximately 10 min. Endogenous peroxidase activity was blocked with 3% hydrogen peroxide in methanol at 37 °C for 15 min, and nonspecific protein binding was blocked with 5% goat serum. The samples were incubated with a primary antibody against YAP (1:40 dilution; Cell Signaling Tech, #14074) overnight in a humidity chamber at 4 °C. The sections were washed three times with phosphate-buffered saline then, the samples were incubated with secondary antibody for 30 min at room temperature. Streptavidin was added, and the samples were incubated for 30 min at room temperature. Visualization was performed using DAB chromogen for 5-10 mins. All runs included a control with no primary antibody. Preimmune rabbit serum without any primary antibodies was used as a negative control. Positive control tissue was used according to the manufacturer's recommendation. Slides were counterstained with hematoxylin and mounted in a non-aqueous mounting medium.

# Interpretation of immunohistochemical staining

All sample slides were scored separately by two pathologists blinded to the clinicopathological data. Five views were examined per slide, and 100 epithelial cells were observed per view at ×400 magnification. Cytoplasmic YAP and nuclear YAP were scored according to the distribution, intensity, and percentage of positive cells as described previously with minor modifications [10]. Briefly, the staining intensity was scored as 0 (negative), 1 (weak), 2 (medium) or 3 (strong). The extent of staining was scored as 0 (<5 %), 1(5–25 %), 2 (26–50 %), 3 (51–75 %) and 4 (>75 %), according to the percentages of the positive staining areas in relation to the effective area. The score of intensity and extent were multiplied to generate the staining score for each sample. Final staining scores 0–4 and 5–12 were considered negative and positive, respectively.

### Statistical analysis

SPSS 22.0 (SPSS Inc., Chicago, IL, USA) and GraphPad Prism v.7 (La Jolla, CA, USA) was used for all statistical analyses. Chi-square tests were used to examine possible correlations between YAP expression and clinicopathologic factors. Survival analysis was performed using the Kaplan-Meier method, and the differences in survival between the subgroups were compared using the log-rank test. A multivariate analysis was performed using the Cox regression model to assess the association of different variables with colorectal cancer-specific mortality. All P-values were based on two- sided statistical analysis, and a P-value <0.05 was considered statistically significant.

### Results

### **Overexpression of YAP is common in CRC**

In the assessment of the status of nuclear and cytoplasmic YAP expression, 158 paired CRC tissues and normal tissues were analyzed. Our results showed that positive YAP staining was present in both the nuclear and cytoplasmic compartments (Figure 1). The rate of positive cytoplasmic YAP was 77.8% ((25+98)/158) in CRC tissues compared to 17.1% ((25+2)/158) in paired normal colonic tissue. The rate of positive nuclear YAP is 80.4% ((30+97)/158) in CRC tissues compared to 20.9% ((30+3)/158) in paired normal colonic tissues. The difference in YAP expression between CRC tissues and paired normal colonic tissues were statistically significant (p<0.001) (Table 1).

 Table 1. YAP staining status according to subcellular location in

 158 paired CRC and normal tissues

	VAP staining status (n = 159)			Develop		
	TAF Sta	innig status (n	1 = 158)	r value		
Tumor	+	+	-	-		
Normal	+	-	+	-		
Cytoplasm	25	98	2	33	< 0.001	
Nucleus	30	97	3	28	< 0.001	

McNemar test

Notes : "+" means positive while "-" means negative.

### Correlation between YAP expression and clinicopathologic parameters in CRC

The median age of the 206 CRC patients was 69 years, ranging from 37 to 87 years old. In total, 118 (57.3%) were male, and 88 (42.7%) were female. The tumor location was divided into the proximal colon (cecum to transverse colon), the distal colon (splenic flexure to sigmoid colon), and the rectum based on clinical, pathological, and epidemiological studies

[23-25]. Tumor grade was categorized as low vs. high (>50% vs. ≤50% gland formation). The maximum diameter of the tumor was defined as the tumor size. The median tumor size was 4.5 cm, which was set as the cut-off point. All patients were divided into the following four groups according to the expression status of YAP in the cytoplasm and the nucleus: cytoplasmic positive and nuclear positive (C(+)N(+)), cytoplasmic positive and nuclear negative (C(+)N(-)), cytoplasmic negative and nuclear positive (C(-)N(+)), and cytoplasmic negative and nuclear negative (C(-)N(-)) (Figure 1). The correlations between YAP staining status and the clinicopathologic parameters were analyzed. As described in Table 2, there were significant differences in tumor size (p=0.023), tumor location (p=0.038) and tumor grade (p=0.022), but no significant differences in age, sex, lymphatic invasion, and TNM staging among these four groups.

Table 2.	Characteristics	of CRC cases	according to	YAP staining
status				

Characteristics	All cases	YAP staining status				Р
	(n=206)	<u> </u>			value	
		C(+)N(+)	C(+)N(-)	C(-)N(+)	C(-)N(-)	
		(n=135)	(n=18)	(n=22)	(n=31)	
Age (years)						
≥60	145 (70.4%)	101 (74.8%)	12 (66.7%)	16 (72.7%)	16 (51.6%)	0.082
<60	61 (29.6%)	34 (25.2%)	6 (33.3%)	6 (27.3%)	15 (48.4%)	
Sex						
Men	118 (57.2%)	80 (59.3%)	9 (50.0%)	10 (45.5%)	19 (61.3%)	0.559
Women	88 (42.8%)	55 (40.7%)	9 (50.0%)	12 (54.5%)	12 (38.7%)	
Tumor size		```	. ,	, ,	` '	
<4.5cm	101 (49%)	74 (54.8%)	7 (38.9%)	12 (55.5%)	8 (25.8%)	0.023
≥4.5cm	105 (51%)	61 (45.2%)	11 (61.1%)	10 (45.5%)	23 (74.2%)	
Tumor location						
Proximal colon	71 (34.4%)	36 (26.7%)	8 (44.4%)	9 (40.9%)	18 (58.1%)	0.038
Distal colon	66 (29.2%)	50 (37.0%)	4 (22.2%)	7 (31.8%)	5 (16.1%)	
Rectum	69 (30.4%)	49 (36.3%)	6 (33.3%)	6 (27.3%)	8 (25.8%)	
Grade						
Low	150 (72.8%)	106 (78.5%)	12 (66.7%)	16 (72.7%)	16 (51.6%)	0.022
High	56 (27.2%)	29 (21.5%)	6 (33.3%)	6 (27.3%)	15 (48.4%)	
Lymphatic invasion						
Negative	133 (64.5%)	92 (68.1%)	13 (72.2%)	13 (59.1%)	15 (48.4%)	0.168
Positive	73 (35.5%)	43 (31.9%)	5 (27.8%)	9 (40.9%)	16 (51.6%)	
Disease stage		. ,	. ,	. ,	. ,	
I/II	129 (62.6%)	89	12	13	15	0.314
	. /	(65.9%)	(66.7%)	(59.1%)	(48.4%)	
III/IV	77 (37.4%)	46 (34.1%)	6 (33.3%)	9 (40.9%)	16 (51.6%)	

Pearson's chi-square test.

Abbreviation : C(+)N(+):Cytoplasmic positive and nuclear positive; C(+)N(-): Cytoplasmic positive and nuclear negative;

C(-)N(+): Cytoplasmic negative and nuclear positive; C(-)N(-): Cytoplasmic negative and nuclear negative.

The group with complete loss of YAP expression (C(-)N(-)) had a higher proportion of large tumor size (74.2%), tumors in the proximal location (58.1%), and tumors with high grade (48.4%) than the other three groups.

## Prognostic significance of YAP staining status in CRC

To determine the prognostic significance of YAP expression in CRC, we attempted to relate YAP expression to the clinical outcomes. The median follow-up time was 129 months, ranging from 5 to 174

months. Seventy (34.0%) patients died during follow-up. Seventy-two patients (35.0%) received 5-fluorouracil-based adjuvant chemotherapy after surgery. The patients were divided into four groups according to their specific YAP staining status correlating with the subcellular localization as mentioned before. The association between YAP expression and the OS of CRC patients was analyzed using the Kaplan-Meier method and the log-rank test for significance estimates.



Figure 1. Representative image for YAP staining status in normal colonic tissue (a-b) and CRC tissue (c-f). a. Negative YAP expression in normal colonic tissue. b. Positive YAP expression in normal colonic tissue. c. C(+)N(+): positive YAP expression in both the cytoplasm and nucleus in CRC tissues. d. C(+)N(-): positive YAP expression only in cytoplasm in CRC tissues. e. C(-)N(+): positive YAP expression only in the nucleus in CRC tissues. f. C(-)N(-): Complete loss of YAP expression in CRC tissues.

b







Figure 2. Kaplan-Meier survival curves for CRC patients categorized by YAP staining status. a. C+N+: cytoplasmic positive and nuclear positive; C+N-: cytoplasmic positive and nuclear negative; C-N+: cytoplasmic negative and nuclear positive; c-N-: complete loss of YAP expression. b. C+: cytoplasmic positive regardless of nuclear staining status; C-: cytoplasmic negative regardless of nuclear staining status. c. N+: nuclear positive regardless of cytoplasmic status.

Statistically significant differences in OS were observed among these four groups of patients. The group with complete loss of YAP expression (C(-)N(-)) had the worst prognosis in terms of OS compared to the other three groups (P<0.001) (Figure 2a). If the whole population was divided into two subgroups according to the expression state of YAP in the cytoplasm or nucleus, the survival analysis results also showed that the loss of YAP was associated with poor prognosis whether it was lost in the cytoplasm or in the nucleus (Figure 2b-2c). Furthermore, univariate Cox regression model analysis revealed that tumor size (p=0.03), proximal colon location (p=0.04), advanced TNM stage (p<0.001), high grade (p<0.001), and complete loss of YAP expression (p<0.001) were higher risks associated with of colorectal cancer-specific mortality (Table 3). These five factors were included in the multivariate Cox regression model and the results demonstrated that advanced TNM stage (HR=2.90; 95% CI=1.78-4.75; p<0.001), high tumor grade (HR=1.88; 95%CI=1.14-3.11; p=0.014), and complete loss of YAP expression (HR=3.93; 95%CI=2.18-7.07; p<0.001) were independent poor prognostic factors for CRC (Table 3).

 Table 3. Cox regression analyses for colorectal cancer-specific mortality

Characteristics	Univariate analysis		Multivariate analysis#		
	HR (95% CI)	P value	HR (95% CI)	P value	
Age<60 (vs. Age≥60)	1.59 (0.99 to 2.58)	0.060			
Male (vs. female)	1.00 (0.62 to 1.60)	0.100			
Tumor size≥4.5cm ( vs. size<4.5cm)	1.70 (1.05 to 2.75)	0.030	1.151(0.674 to 1.966)	0.606	
Tumor location					
Distal colon vs. Proximal colon	0.50 (0.26 to 0.98)	0.040	0.661(0.332 to 1.313)	0.237	
Rectum vs. Proximal colon	1.39 (0.82 to 2.35)	0.220	,		
Tumor stage III-IV (vs. stage I, II)	3.24 (2.01 to 5.24)	0.000	2.90 (1.78 to 4.75)	0.000	
Grade (high vs. low )	2.69 (1.67 to 4.31)	0.000	1.88 (1.14 to 3.11)	0.014	
Chemotherapy(yes vs. no)	1.23 (0.76 to 1.99)	0.400			
YAP staining status					
C(+)N(+)	1 (reference)				
C(+)N(-)	1.13 (0.44 to 2.89)	0.800	1.02 (0.40 to 2.63)	0.960	
C(-)N(+)	1.21 (0.51 to 2.87)	0.670	1.26 (0.53 to 3.01)	0.604	
C(-)N(-)	5.85 (3.48 to 9.85)	0.000	3.93 (2.18 to 7.07)	0.000	
Abbrariation, HP, bazard ration, Cl. Confidence interval					

Abbreviation: HR: hazard ration; CI: Confidence interval.

#Tumor size, tumor location, tumor stage, tumor grade, and YAP staining status were included into multivariate Cox regression model.

#### Discussion

First, we detected the expression of YAP in colorectal adenocarcinoma and paired normal colonic mucosa by TMAs. The results demonstrated that YAP was significantly overexpressed in cancer tissues in comparison to normal colonic tissues, whether in the cytoplasm or in the nucleus. We rarely observed positive staining of YAP in the cytoplasm without nuclear expression. This finding was consistent with the results of several previous studies [11, 22, 26-28], which further confirmed the viewpoint that enhanced YAP expression might be a common event in the carcinogenesis of CRC.

Then, we analyzed the clinical significance of YAP in CRC. It is widely accepted that dysfunction of Hippo signaling pathway leads to abnormal accumulation of YAP within the cytoplasm and translocation of cytoplasmic YAP to the nucleus, where it functions as a transcriptional co-activator [5, 29]. Barry et al. [18] found that YAP nuclear localization was correlated with activation of the Wnt signaling pathway, whereas YAP cytoplasmic localization inhibited the Wnt signaling pathway which played an essential role in colorectal carcinogenesis [30]. This suggests that different subcellular localization of YAP may produce different biological effects. Based on this, the study population was divided into four subgroups according to the expression status of the YAP protein in the cytoplasm and nucleus. Results showed that complete loss of YAP expression correlated with proximal colon location, high tumor grade, and larger tumor size. Accumulating evidence shows that there are differences in the molecular pathological mechanism, prognosis and epidemiology between clinical proximal colon cancer and distal colon cancer [23-25]. Our study shows that the loss of YAP expression is more frequent in the proximal colon, which may suggest that loss of YAP is a molecular epidemiological characteristic of proximal colon cancer. In addition, the loss of YAP was also correlated with high tumor grade and larger tumor size, which was consistent with the results of another study [18].

However, there was a disagreement with the prognostic value of YAP in various types of cancers including CRC. A meta-analysis including 2067 patients from 21 studies showed that positive YAP expression contributes to poor OS in patients with various malignancies [31]. It is well documented that YAP expression is positively correlated with poor OS in CRC [10,17, 32-34], hepatocellular carcinoma [35], non-small cell lung carcinoma [36], and gastric cancer [37]. In contrast, some studies observed a contradictory result in CRC [18] and breast cancer [20, 38]. Our results showed that complete deletion of YAP significantly increased the risk of colorectal cancer-specific mortality and served as an independent poor prognostic factor, which was in line with the result of a previous report [18]. The reason

for this lack of consensus may be related to some confounding factors such as different sample size and races included, different enrollment and exclusion criteria, and different lengths of follow-up periods. To accurately investigate the clinical significance of YAP expression in CRC, we established strict enrollment criteria to exclude possible confounding factors. These exclusion criteria included the presence of rare pathological types, the presence of preoperative treatment, hereditary or inflammation-associated CRC, unclear prognostic data, and non-tumor related deaths. It is worth mentioning that the median follow-up period of this study was more than 10 years. Under these conditions, the prognostic value of YAP observed in this study seems to be more reliable, although limitations still exist due to the lack of validation from multi-center cohorts. Currently, most studies consider YAP to be an oncogene that promotes development, and cancer these cancer-promoting mechanisms are associated with anti-apoptosis, epithelia-mesenchymal transition, cancer stem cells, and drug resistance [10, 11, 39-43]. In contrast, some studies have reported that YAP can act as a tumor suppressor in various cancers, such as breast cancer [20], hematological cancers [19] and CRC [44]. Barry et al. [18] noted that overexpression of YAP led to inhibition of the Wnt signaling pathway and intestinal stem cell expansion, which suggests a tumor suppressor role of YAP. In addition, YAP was described as an inducer of apoptosis in response to DNA damage by enhancing the ability of p73 in CRC, indicating that YAP might play a critical role in tumor suppression [45-48]. Therefore, it is impossible to simply categorize YAP as either a tumor promoter or a tumor suppressor [15, 16]. The development of CRC is a complex process involving multiple factors, and the cross-talk between Hippo signaling pathway and the other pathways in tumors may affect the conversion of the role of YAP in different stages and different biological environments. Further investigation into the mechanisms responsible for the dual role of YAP may provide us with a new perspective on the prevention, early diagnosis, prediction of prognosis and treatment of CRC.

### Conclusions

In conclusion, overexpression of YAP is a common event in the carcinogenesis of CRC. Complete loss of YAP expression correlates with proximal tumor location, larger tumor size, high tumor grade, and poor prognosis in terms of OS in CRC. We may infer a dual role of YAP in the development of CRC, and the deletion of YAP in CRC represents a subtype with more aggressive biological features.

### Abbreviations

CRC: colorectal cancer; OS: overall survival; YAP: Yes-associated protein; FFPE: formalin-fixed paraffin-embedded tissue; IHC: immunohistochemistry. TMA: Tissue microarray; H&E: Hematoxylin and eosin; C(+)N(+): cytoplasmic positive and nuclear positive; C(+)N(-): cytoplasmic positive and nuclear negative; C(-)N(+): cytoplasmic negative and nuclear positive; C(-)N(-): cytoplasmic negative and nuclear negative; HR: hazard ration; CI: Confidence interval.

### **Supplementary Material**

Supplementary figure. http://www.jcancer.org/v10p0689s1.pdf

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#### **Authors' contributions**

SZ, QW, and YM designed the experiments, analyzed data and prepared the manuscript. HL and QW provided the CRC clinical samples. YM, SC, YY and XL designed and were the overseers of the entire study. All authors read and approved the final manuscript for publication.

### Ethics approval and consent to participate

The study was conducted in accordance with the Declaration of Helsinki principles. It was approved by the Human Research Ethics Committee of related medical center. Written informed consent for the use of tissues for research was taken from patients at the time of procurement of tumor specimens.

### **Competing Interests**

The authors have declared that no competing interest exists.

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