



Hyaluronidase: An overview of its properties, applications, and side effects

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Hyaluronidase, an enzyme that breaks down hyaluronic acid, has long been used to increase the absorption of drugs into tissue and to reduce tissue damage in cases of extravasation of a drug. With the increasing popularity of hyaluronic acid filler, hyaluronidase has become an essential drug for the correction of complications and unsatisfactory results after filler injection. For this reason, when performing procedures using hyaluronic acid filler, a sufficient knowledge of hyaluronidase is required. In order for hyaluronidase to dissolve a hyaluronic acid filler, it must interact with its binding sites within the hyaluronic acid. The reaction of a filler to hyaluronidase depends on the hyaluronic acid concentration, the number of crosslinks, and the form of the filler. Hyaluronidase is rapidly degraded and deactivated in the body. Therefore, in order to dissolve a hyaluronic acid filler, a sufficient amount of hyaluronidase must be injected close to the filler. If the filler is placed subcutaneously, injection of hyaluronidase into the filler itself may help, but if the filler is placed within a blood vessel, it is sufficient to inject hyaluronidase in the vicinity of the vessel, instead of into the filler itself. Allergic reactions are a common side effect of hyaluronidase. Most allergic reactions to hyaluronidase are local, but systemic reactions may occur in infrequent cases. Since most allergic responses to hyaluronidase are immediate hypersensitivity reactions, skin tests are recommended before use. However, some patients experience delayed allergic reactions, which skin tests may not predict.

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INTRODUCTION

Hyaluronidase, which is an enzyme that breaks down hyaluronic acid, has been used in medical applications for over 60 years. The US Food and Drug Administration has approved hyaluronidase for the following indications: (1) subcutaneous fluid infusion (hypodermoclysis), (2) as an adjuvant to accelerate the absorption and dispersion of drugs in subcutaneous tissue or to manage extravasation, and (3) as an adjunct to promote the ab-

sorption of contrast media in urinary tract angiography (subcutaneous urography) [1]. In addition, it has been approved and used for the purpose of increasing hematoma absorption in Europe [2]. Hyaluronidase has a variety of uses in addition to its approved indications. Its current off-label uses include dissolving hyaluronic acid fillers, treating granulomatous foreign body reactions, and treating skin necrosis associated with filler injections. Although the use of hyaluronidase for these off-label indications has increased significantly, medical practitioners have few op-

HYALURONIDASE IN THE BODY

When hyaluronidase is injected into the body, its activity gradually decreases over time as a result of dilution, diffusion, and deactivation [7]. Deactivation is caused by anti-hyaluronidase activity, which proceeds at different rates in subcutaneous tissue and the plasma. In an experiment using rodents, the half-life of hyaluronidase in subcutaneous tissue was less than 30 minutes [8,9], and its activity was partially maintained until 1 hour depending on the experiment [10]. In plasma, the half-life was 2 to 3 minutes when hyaluronidase was injected intravenously in humans, and even repeated injections did not result in a sustained elevation of serum levels of hyaluronidase [2,5,8]. The reasons for the short half-life of hyaluronidase in human plasma are the presence of numerous hyaluronidase inhibitors in the plasma and the metabolism of hyaluronidase in the kidneys and liver [2].

Hyaluronidase in the body is affected by various drugs. Hyaluronidase antagonists include anti-inflammatory agents (e.g., indomethacin, dexamethasone, and salicylates), numerous plant-based compounds (e.g., flavonoids and antioxidants), antihistamines, mast cell stabilizers, heparin, vitamin C, dicumarene, and radiographic contrast media [2,5].

Levels of hyaluronidase inhibitors may increase depending on an individual's physical condition. In acute-phase responses such as burns, septicemia, and shock, hyaluronidase inhibitor levels increase to prevent circulatory collapse by reducing the turnover rate of hyaluronic acid [11].

HYALURONIC ACID FILLERS AND HYALURONIDASE

In order for hyaluronidase to dissolve a hyaluronic acid filler, it must be able to access the intramolecular bonds within hyaluronic acid. The factors that interfere with access include the number of crosslinks between hyaluronic acid molecules and the concentration of hyaluronic acid. The more cross-linking, the more difficult it is for hyaluronidase to access its binding sites inside the hyaluronic acid filler. For this reason, fillers with extensive cross-linking require a long time to dissolve with hyaluronidase [12]. In addition, the higher the concentration of hyaluronic acid, the slower it will be dissolved by hyaluronidase [13]. Monophasic fillers are less soluble in hyaluronidase because they are less exposed to hyaluronidase than polyphasic fillers [3].

As the side effects of fillers on blood vessels are known, many attempts have been made to effectively dissolve fillers inside blood vessels. DeLorenzi [3] concluded in a 2014 paper that

hyaluronidase could be injected subcutaneously without the need for intravascular injections to treat filler-induced vascular embolism. In an animal experiment, Wang et al. [14] also found that subcutaneous injections of hyaluronidase were more effective than intravascular injections for preventing skin necrosis caused by hyaluronic acid filler embolism. The amount of hyaluronidase is important when injecting hyaluronidase in the vicinity of a blood vessel to dissolve filler inside the vessel. Lee et al. [15] reported that it was effective to inject 30–50 IU or more in one place in an animal test in 2020, and recommended injecting 100 IU or more at each location for a clear effect.

SIDE EFFECTS OF HYALURONIDASE

Local injections of hyaluronidase can cause side effects such as local pruritus and allergic reactions. The incidence of allergic reactions is reported to be 0.05% to 0.69%, and urticaria and angioedema have also been reported to occur at a low frequency (less than 0.1%) [2,16]. Allergic reactions are more likely to occur when the hyaluronidase dose is more than 100,000 IU through an intravenous injection, and the occurrence of allergic complications rises to 31.3% if the dose increases to 200,000 IU [2].

Most allergic reactions of hyaluronidase are immediate hypersensitivity reactions (type I, immunoglobulin E-mediated), but delayed hypersensitivity reactions (type IV, T-cell-mediated) may also occur [17]. Immediate hypersensitivity reactions caused by hyaluronidase manifest as erythematous edema after 1 to 2 hours, and there is no response to antibiotic treatment. In such cases, systemic steroids, antihistamines, and steroid cream application are helpful [17]. Delayed hypersensitivity reactions caused by hyaluronidase can occur even after 24 hours, and in such cases, a skin test will not produce a positive reaction within 20 minutes, resulting in a negative diagnosis [18].

The skin test is performed with 3 IU of hyaluronidase; although it is recommended to perform a skin test before using hyaluronidase, doing so can often be difficult in general clinics [17]. There is usually no link between the patient's history of allergies and the response to hyaluronidase. However, depending on the origin of hyaluronidase, injection of hyaluronidase should be avoided because cross-reactions may occur in patients who are allergic to bovine collagen and bee stings [1].

CONCLUSIONS

Hyaluronidase use has become more diverse and widespread in clinical practice. In particular, it is used to address patients' dissatisfaction after hyaluronic acid filler treatment and to treat side effects. As its use becomes more common, it is increasingly im-

portant for clinicians to have a sufficient knowledge of hyaluronidase. Hyaluronidase can serve as an appropriate treatment in a variety of situations if it is used with a thorough understanding of its mechanism of action, metabolism, and side effects.

NOTES

Conflict of interest

No potential conflict of interest relevant to this article was reported.

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