

RESEARCH ARTICLE

Early-phase amyloid PET reproduces metabolic signatures of cognitive decline in Parkinson's disease

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Abstract

INTRODUCTION: Recent work suggests that amyloid beta ($A\beta$) positron emission tomography (PET) tracer uptake shortly after injection (“early phase”) reflects brain metabolism and perfusion. We assessed this modality in a predominantly amyloid-negative neurodegenerative condition, Parkinson's disease (PD), and hypothesized that early-phase ¹⁸F-florbetaben (eFBB) uptake would reproduce characteristic hypometabolism and hypoperfusion patterns associated with cognitive decline in PD.

METHODS: One hundred fifteen PD patients across the spectrum of cognitive impairment underwent dual-phase $A\beta$ PET, structural and arterial spin labeling (ASL) magnetic resonance imaging (MRI), and neuropsychological assessments. Multiple linear regression models compared eFBB uptake to cognitive performance and ASL MRI perfusion.

RESULTS: Reduced eFBB uptake was associated with cognitive performance in brain regions previously linked to hypometabolism-associated cognitive decline in PD, independent of amyloid status. Furthermore, eFBB uptake correlated with cerebral perfusion across widespread regions.

DISCUSSION: eFBB uptake is a potential surrogate measure for cerebral perfusion/metabolism. A dual-phase PET imaging approach may serve as a clinical tool for assessing cognitive impairment.

KEYWORDS

arterial spin labeling, cognitive impairment, dementia, early-phase positron emission tomography, magnetic resonance imaging, neurodegenerative disorders, neuroimaging, Parkinson's disease, positron emission tomography

Tracy R. Melzer and Campbell Le Heron contributed equally to this study.

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Highlights

- Images taken at amyloid beta ($A\beta$) positron emission tomography tracer injection may reflect brain perfusion and metabolism.
- Parkinson's disease (PD) is a predominantly amyloid-negative condition.
- Early-phase florbetaben (eFBB) in PD was associated with cognitive performance.
- eFBB uptake reflects hypometabolism-related cognitive decline in PD.
- eFBB correlated with arterial spin labeling magnetic resonance imaging measured cerebral perfusion.
- eFBB distinguished dementia from normal cognition and mild cognitive impairment.
- Findings were independent of late-phase $A\beta$ burden.
- Thus, eFBB may serve as a surrogate measure for brain metabolism/perfusion.

1 | INTRODUCTION

Establishing practical and effective diagnostic pathways for people with cognitive impairment is a crucial international research priority.^{1,2} Providing an early and timely diagnosis is critical for patient-centered outcomes, while delays in diagnosing the cause of cognitive impairment can be detrimental.^{3,4} Furthermore, implementing emerging therapies aiming to modify the course of Alzheimer's disease (AD) will require early identification of AD pathology, meaning tests for molecular markers of AD will need to feature early in any diagnostic pathway.^{2,5,6}

Clinically validated in vivo biomarkers of underlying AD molecular pathology include amyloid beta ($A\beta$) positron emission tomography (PET) imaging and cerebrospinal fluid (CSF) analysis for amyloid species and phosphorylated tau.⁷⁻¹¹ $A\beta$ PET imaging maintains some clear advantages over CSF analysis, including lower interventional and systems requirements. However, limitations remain with this technique beyond access and expense.^{12,13} A negative $A\beta$ PET result effectively excludes AD but provides no further information regarding potential alternative causes of cognitive symptoms, including other neurodegenerative conditions or primarily psychological processes.¹⁴⁻¹⁶ Furthermore, the presence of brain amyloid pathology increases with age and is observed in other neurodegenerative conditions; thus, a clinically positive scan does not always equate to AD as the cause of clinical symptoms.¹⁷⁻¹⁹ Measures of $A\beta$ levels in those who are $A\beta$ positive are also not necessarily predictive of future cognitive trajectories, but measures of brain metabolism (¹⁸F fluorodeoxyglucose [¹⁸F-FDG] PET) and perfusion (single-photo emission computed tomography and arterial spin labeling [ASL] magnetic resonance imaging [MRI]) may provide more information about differential diagnosis and disease trajectories.²⁰⁻²⁶

Such metabolic or perfusion information is not provided by traditional (i.e., late-phase) $A\beta$ PET scans that assess amyloid accumulation (for ¹⁸F-based tracers, generally acquired \approx 90–110 minutes after radiotracer injection). However, recent work indicates that radiotracer uptake in the minutes after injection (i.e., early phase) might provide a surrogate measure of underlying brain metabolism and blood flow—

closely linked measures in the context of neurodegeneration by flow-metabolism coupling.²⁷⁻²⁹ Studies have reported positive correlations ($r > 0.7$) between early-phase $A\beta$ PET (including Pittsburgh compound B [PIB] and multiple ¹⁸F ligands) and FDG PET across the AD spectrum, from healthy, $A\beta$ -negative controls to $A\beta$ -positive individuals with dementia, suggesting that this close association appears to be independent of amyloid status and tracer.³⁰⁻³⁵ Together, these observations suggest that a “dual-phase” approach of $A\beta$ PET imaging, encompassing both early (first few minutes) and late (\approx 90–110 minutes) phase scanning, could provide complementary information about both pathological protein burden and patterns of brain perfusion/metabolism within the same scanning session. However, this hypothesis has not been investigated across a spectrum of cognitive dysfunction in a group in which amyloid pathology is not generally considered a major contributor to the phenotype.^{29-32,36} This latter point is important as the early-phase scan may be of greatest clinical utility when the late-phase scan is amyloid negative.

After AD, Parkinson's disease (PD) is the second most prevalent neurodegenerative disorder worldwide.³⁷ Although motor manifestations traditionally characterize PD, cognitive impairment is common and is distributed across a spectrum from normal cognition (PD-N) to mild cognitive impairment (PD-MCI) to dementia (PDD).^{38,39} Importantly, $A\beta$ does not appear to be the main driver of the processes leading to dementia in PD.⁴⁰ In PD, progressive cognitive decline is consistently associated with reduced brain metabolism and perfusion, with many studies reporting similar patterns of hypometabolism/perfusion in predominantly posterior and prefrontal regions associated with increasing cognitive impairment.^{26,41-44} Thus, PD serves to test the utility of early-phase $A\beta$ PET, as cognitive impairment occurs across a spectrum, is not specifically associated with underlying brain amyloid status, and has clear patterns of altered metabolism and perfusion associated with cognitive decline.

Here, in a group of cognitively well-characterized PD participants ranging from normal cognition to dementia who had undergone dual-phase $A\beta$ PET imaging and ASL MRI perfusion imaging, we investigated the utility of early-phase ¹⁸F-florbetaben $A\beta$ PET (eFBB) uptake as

RESEARCH IN CONTEXT

- 1. Systematic Review:** Early-phase amyloid beta ($A\beta$) positron emission tomography (PET) is an emerging imaging modality with the potential to increase the efficiency of diagnostic tools in neurodegenerative disorders. The authors reviewed the current literature on this modality using traditional databases (PubMed), meeting abstracts, and presentations and hypothesized that early-phase $A\beta$ PET may serve as a surrogate measure for perfusion, irrespective of amyloid pathology.
- 2. Interpretation:** The current study showed that the early-phase PET uptake pattern is consistent with hypometabolic patterns associated with cognitive decline in PD. These patterns are consistent when accounting for late-phase $A\beta$ status. Thus, early-phase PET may assess neurodegeneration associated with cognitive status.
- 3. Future Directions:** Incorporating early-phase $A\beta$ PET into routine clinical use may provide additional and complementary information about the state of the brain, in addition to the late-phase assessment of $A\beta$ burden. The findings also suggest early-phase PET as an indicator of cognitive ability in neurodegenerative disorders and future prospective studies of cognitive decline.

a surrogate marker of cerebral perfusion/metabolism changes associated with cognitive status. We hypothesized that the association between eFBB uptake and cognitive status would mirror patterns of hypometabolism and hypoperfusion previously described in PD literature, irrespective of $A\beta$ status, and eFBB uptake would positively correlate with a direct measure of cerebral perfusion: ASL MRI. Finally, we investigated the utility of eFBB uptake to distinguish PD participants across the cognitive spectrum (PD-N, PD-MCI, PDD).

2 | METHODS

A convenience sample of 118 PD patients meeting the UK Parkinson's Disease Society's criteria for idiopathic PD was recruited from volunteers at the Movement Disorders Clinic at the New Zealand Brain Research Institute, Christchurch, New Zealand.^{45,46} Exclusion criteria included atypical Parkinsonism, prior learning disabilities, and a previous history of neurological conditions including moderate-to-severe head injury, vascular dementia, stroke, and major psychiatric or medical illnesses within the past 6 months. Additional neuroimaging screening (R.J.K.) excluded three participants from the final cohort, two with multifocal infarcts and one with partial extravasation of the bolus injection into soft tissue, leaving 115 participants for analysis. The participants have been previously described in Melzer et al.⁴⁰

Participants completed early- and late-phase ^{18}F -FBB PET imaging, MRI scanning, and neuropsychological assessments. All participants provided written informed consent, with additional consent from a significant other when appropriate. The regional ethics committee of the New Zealand Ministry of Health (No. URB/09/08/037) approved the study.

2.1 | Neuropsychological assessment and cognitive diagnostic criteria

Extensive neuropsychological assessment across five cognitive domains was performed (attention and working memory, executive function, memory, visuospatial/visuoperceptual function, and language), consistent with Movement Disorders Society (MDS) Task Force Level II criteria.^{47,48} For each domain, standardized scores from constituent neuropsychological tests were averaged to provide individual cognitive domain scores. Global cognitive performance for each participant was then expressed as an aggregate z score by averaging four domain scores excluding language (cognitive z score). Participants also completed the Montreal Cognitive Assessment (MoCA). All assessments (neuropsychological and imaging) were performed with patients on their usual dopaminergic medications.

PDD and PD-MCI were defined using established MDS criteria. PDD status required significant cognitive impairments (2 standard deviation [SD] below normative data) in at least two of the five cognitive domains, with evidence of significant impairments in everyday function not attributed to motor impairments.⁴⁵ PD-MCI cases required scores of 1.5 SD or more below normative data on at least two measures within a single cognitive domain, without significant impairments in activities of daily living, as verified by an interview with a significant other.^{47,49} All remaining participants were classified as PD-N.

2.2 | Image data acquisition

2.2.1 | Positron emission tomography

eFBB was manufactured in Melbourne, Australia, by Cyclotek Pty Ltd and transported by airfreight to Christchurch, New Zealand, with sufficient radioactivity for three participant doses (after \approx three half-lives in transit). After receiving an intravenous injection of $300 \text{ MBq} \pm 20\%$ FBB, participants were scanned in "list mode" on a GE Discovery 690 PET/CT scanner (GE Healthcare). Early-phase images were reconstructed from 0 to 10 minutes and late-phase images from 90 to 110 minutes post-injection, using an iterative time-of-flight plus SharpIR algorithm. Standardized uptake value (SUV), the decay-corrected brain radioactivity concentration normalized for injected dose and body weight, was calculated at each voxel. A low-dose computed tomography (CT) scan was acquired immediately prior to PET scanning for attenuation correction. The voxel size in the reconstructed PET image was $1.2 \times 1.2 \times 3.2 \text{ mm}^3$.

2.2.2 | Magnetic resonance imaging

MR images were acquired on a 3T GE HDxt scanner with an eight-channel head coil (GE Healthcare). A volumetric T1-weighted (inversion-prepared spoiled gradient echo [SPGR], echo time/repetition time = 2.8/6.6 ms, inversion time = 400 ms, flip angle 15°, acquisition matrix = 256 × 256 × 170, field of view = 250 mm, slice thickness = 1 mm) scan was acquired to facilitate spatial normalization of FBB PET images. Additional T2-weighted and T2 fluid-attenuated inversion recovery (FLAIR) images were acquired for a clinical read. PET and MRI scans were acquired, on average, 44.2 ± 57 days apart.

2.2.3 | Arterial spin labeling—perfusion MRI

A stack of spiral, fast spin echo acquired images, prepared using pseudo-continuous ASL (PCASL) and background suppression, was used to measure whole-brain quantitative perfusion (repetition time = 6 seconds, echo spacing = 9.2 ms, post-labeling delay = 1.525 seconds, labeling duration = 1.5 seconds, eight interleaved spiral arms with 512 samples at 62.5 kHz bandwidth and 30 phase-encoded 5 mm thick slices, NEX = 5, total scan time = 6 minutes 46 seconds, units: mL/100 g/minute). The images were acquired with the participant at rest with their eyes closed. ASL MRI from 8 of the 115 individuals was not available due to poor signal labeling ($n = 2$), delayed bolus arrival ($n = 4$), spiral artefact ($n = 1$), and ASL not being acquired ($n = 1$). Of these, five were PDD, two PD-MCI, and one PD-N. Thus, eFBB PET and ASL MRI from the remaining 107 participants were used for cross-modality comparisons.

2.3 | Image processing

2.3.1 | Structural MRI data

T1-weighted structural images were processed with CAT12 (r934) in SPM (v6685) via MATLAB 9.0.0 (R2016a). Images were bias-corrected, spatially normalized via DARTEL (using the Montreal Neurological Institute [MNI]-registered template provided in CAT12), modulated to compensate for the effect of spatial normalization, and classified into gray matter (GM), white matter (WM), and CSF, all within the same generative model.⁵⁰

2.3.2 | Early-phase ¹⁸F-FBB data

Early-phase PET images (0–10 minutes) were co-registered to subject T1-weighted images and normalized to MNI space using MRI-derived deformation fields. Individual SUV ratio (SUVr) images were calculated by scaling to the mean signal in the Centiloid project whole cerebellum reference region of interest, and the images were

smoothed using a 8 mm isotropic Gaussian kernel for whole-brain analysis.⁵¹

2.3.3 | Arterial spin labeling data

The scanner-generated quantified cerebral blood flow (CBF) images were co-registered to subject T1-weighted structural images, normalized to MNI space using MRI-derived deformation fields, and smoothed (8 mm). Mean cortical CBF was extracted from the standard Centiloid cortical region.

2.4 | Analysis approaches

2.4.1 | Classification of amyloid status

A neuroradiologist (R.J.K., with both in-person and e-training, and 10 years' experience reporting FBB scans), blinded to cognitive status, rated each late-phase scan as amyloid positive or negative based on the assessment of FBB uptake in GM versus WM in the lateral, temporal, frontal, posterior cingulate/precuneus, and parietal lobes (in accordance with NeuraCeq™ guidelines: https://www.accessdata.fda.gov/drugsatfda_docs/label/2014/204677s000lbl.pdf).⁵²

Measures of A β status and the role of A β in PD cognitive ability from this cohort have been previously reported by Melzer et al.⁴⁰

2.4.2 | Whole-brain voxel-wise analysis

To determine the association between eFBB SUVR and global cognitive ability (cognitive z score), a voxel-wise multiple linear regression using a permutation-based inference tool for non-parametric thresholding was conducted with age, sex, and years of education as covariates (randomise in FSL).⁵³ Additional analyses were conducted (1) with late-phase A β status as a covariate (in addition to age and years of education) and (2) with amyloid-negative-only individuals ($n = 94$) to determine the impact of A β on the relationship between early-phase uptake and cognitive ability. All voxel-wise analyses were corrected for multiple comparisons (family wise error correction using threshold-free cluster enhancement [TFCE], $P < 0.05$).⁵⁴ These regression models were also repeated for ASL MRI CBF images.

2.4.3 | Region of interest analysis across modalities

To compare eFBB to an established cerebral perfusion measure (ASL), we extracted average SUVR and perfusion from all cortical and subcortical ROIs defined by the Automated Anatomical Labeling (AAL3) atlas. Pearson correlation coefficients within each ROI were then calculated to assess the association between eFBB SUVR and ASL-derived CBF. P values were adjusted for multiple comparisons using false discovery rate (FDR) in R (v4.3.0).

2.4.4 | Receiver operating characteristics

We conducted a receiver operating characteristic (ROC) analysis to assess the diagnostic performance of eFBB GM SUVR in distinguishing among different cognitive groups. We used the AAL3 atlas to generate cortical masks of pre-specified brain regions in which a recent meta-analysis identified associations between hypometabolism and cognitive impairment in PD (inferior parietal cortex and the caudate nucleus).⁵⁵ We extracted average eFBB SUVR from these regions and performed a ROC analysis using the pROC package in R (v4.3.0) to provide the area under the curve (AUC), sensitivity, and specificity. Statistical significance was assessed with a non-parametric bootstrap method with 1000 resamples to estimate 95% confidence intervals (CI).

3 | RESULTS

3.1 | Demographics

Table 1 summarizes the demographic and clinical information for the PD participants with group comparisons using analysis of variance. Twenty-one of 115 (18%) were amyloid positive. Table 2 provides group comparisons among the different cognitive groups with post hoc Tukey analysis. While PD-N and PD-MCI showed no group differences in age and Unified Parkinson's Disease Rating Scale (UPDRS) Part III scores, PD-MCI showed statistically significantly lower MoCA, and cognitive z scores than the PD-N cohort. Meanwhile, the PDD group were significantly older, with poorer MoCA, UPDRS Part III, and cognitive z score than the other two groups. The relationship between clinical amyloid status and the individual Centiloid values is presented in Figure S1 in supporting information.

3.2 | Early-phase FBB uptake is associated with cognitive performance in PD

There were significant associations between early-phase FBB SUVR and cognitive z score in several cortical and subcortical areas (TFCE-corrected, $P < 0.05$, Figure 1A), including parieto-occipital regions (precuneus, cuneus, posterior cingulate, inferior parietal cortex, and lateral occipital cortices), middle and inferior temporal gyri, left prefrontal cortex, and bilateral thalami. These regions were largely unchanged and still significant after adding $A\beta$ status (positive/negative—from the late-phase scan) as a covariate (Figure S2 in supporting information). Notably, this pattern of association is strikingly similar to previous work examining the relationship between brain metabolism and cognitive impairment in PD.^{53–55} The results from the amyloid-negative only sample largely mirrored the results produced when including all participants but were more spatially restricted and did not include the thalamus (Figure S3 in supporting information). However, the association between early-phase uptake in the precuneus, parietooccipital, and occipito-temporal regions, and the global cognitive score remained significant. The difference in results between the two analyses may be

attributable to a reduction in power due to a smaller sample size, a limited variance present in the amyloid-negative group, or the association may not be as strong in the amyloid-negative group, among other possibilities.

3.3 | Early-phase FBB uptake is associated with ASL MRI measures of perfusion

Early-phase PET and ASL MRI modalities showed correlations across widespread brain regions (Figure 2). These relationships were evident in both cortical and subcortical regions. These included parietal regions (inferior parietal, angular gyri, supramarginal gyri, and precuneus [$r = 0.27–0.49$, corrected $P < 0.005$]), prefrontal cortical regions ($r = 0.36–0.47$, corrected $P < 0.005$), hippocampus, and subcortical regions including thalamus, caudate, and lentiform nucleus ($r = 0.15–0.41$, corrected $P < 0.005$).

3.4 | Diagnostic value of early-phase FBB uptake

Finally, we investigated the utility of eFBB in distinguishing PD participants with dementia from those with normal cognition. The PDD cohort's mean GM eFBB uptake was significantly lower than the PD-N participants (Figure 3A, Mann-Whitney test, $U = 307$, $P = 0.0003$). ROC analysis using mean GM eFBB uptake showed good discrimination between PDD and PD-N, yielding a specificity of 81.3% and a sensitivity of 74.0% (AUC [95% CI] = 0.83 [0.71, 0.96]; Figure 3C). However, a priori, we used a GM mask derived from regions where FDG-PET metabolism correlated with cognitive ability in PD per a recent meta-analysis.⁵⁵ Using this mask for ROC analysis, eFBB uptake showed strong discriminative ability between PD-N and PDD with a specificity of 90.9% and a sensitivity of 81.8% (AUC [95% CI] = 0.91 [0.80, 100]; Figure 3D). eFBB uptake in this mask also discriminated PDD reasonably from PD-MCI cohorts (Figure 3E, specificity: 67.6%, sensitivity: 81.8%, AUC [95% CI] = 0.78 [0.65, 0.92]) but showed poor ability to discriminate between PD-N and PD-MCI groups (Figure 3F). For comparison, Figure 3B displays the mean GM CBF across cognitive groups.

4 | DISCUSSION

Emerging work has suggested that early-phase $A\beta$ PET imaging may provide complementary information to the clinically established late-phase $A\beta$ PET assessment of amyloid status. In this study, we evaluated the utility of early-phase PET imaging as a metabolism/perfusion surrogate using a large cohort of people with PD spanning a spectrum of cognitive performance from normal to dementia using $A\beta$ PET tracer eFBB. eFBB uptake reproduced the previously well-established patterns of altered perfusion and metabolism associated with cognitive impairment in PD. Importantly, this relationship between uptake and cognitive ability was independent of individual amyloid status.

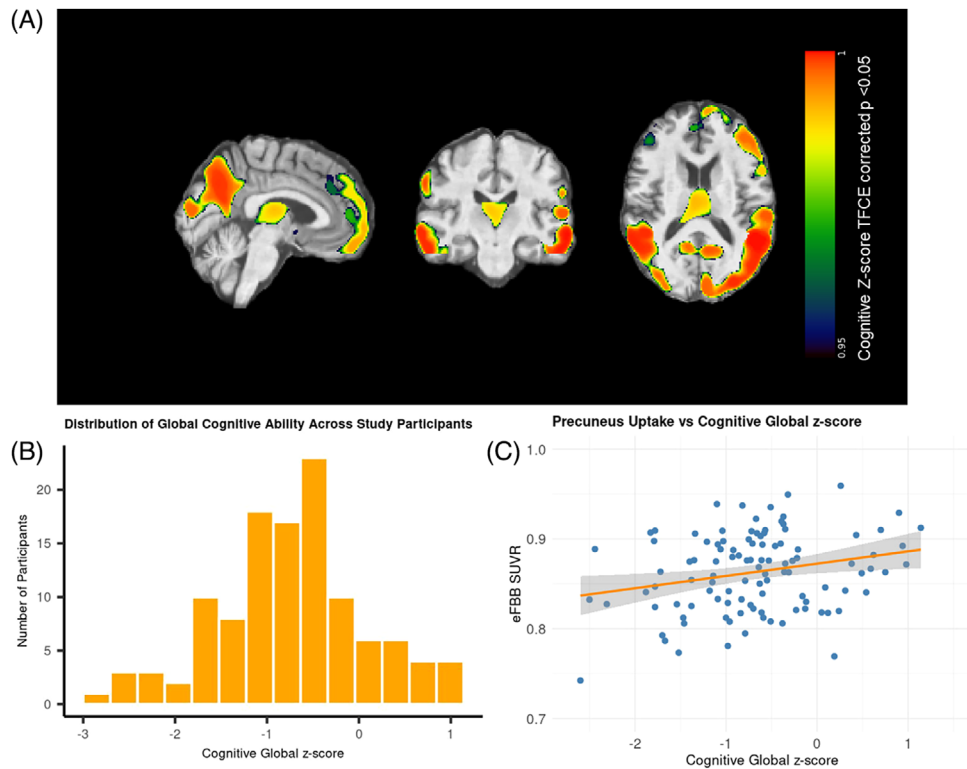


FIGURE 1 Association between eFBB uptake and cognitive impairment in PD; (A) indicates voxels with a significant positive association between early-phase FBB SUVR and global cognitive score (age, sex, and years of education as covariates; color bar corresponding to 1-p, corrected $P < 0.05$). B, The distribution of study participants across a cognitive spectrum, measured by global cognitive z score as described in the Methods section. C, The association between early-phase FBB SUVR and cognitive ability in a representative region (precuneus). CogZ, cognitive z score; eFBB, early-phase florbetaben; PDD, Parkinson's disease dementia; PD-MCI, Parkinson's disease with mild cognitive impairment; PD-N, cognitively normal Parkinson's disease; SUVR, standardized uptake value ratio; TFCE, threshold-free cluster enhancement

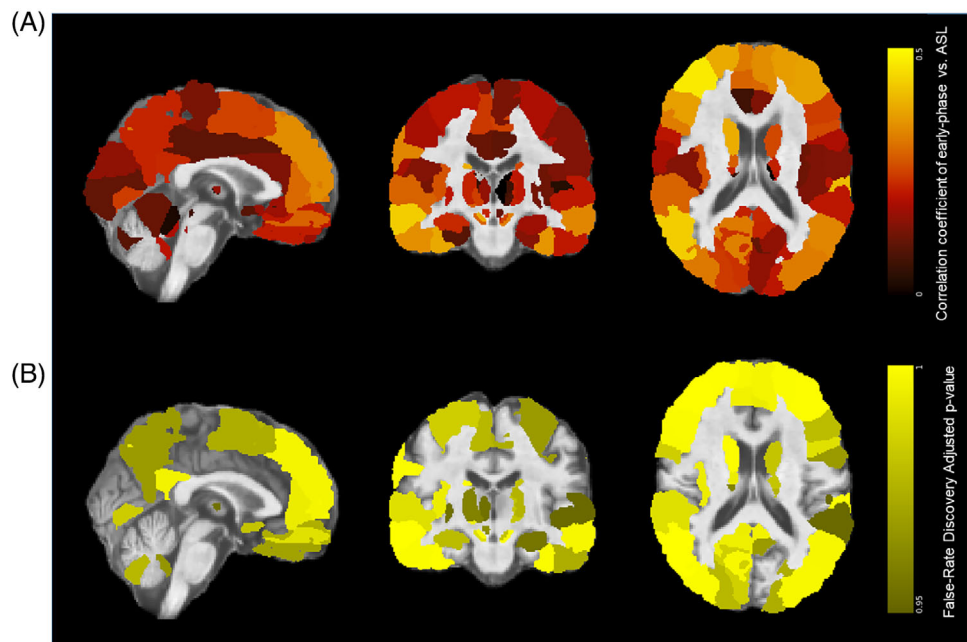


FIGURE 2 Correlation map between early-phase FBB SUVR and ASL MRI measured CBF in regions defined by AAL3. A, The magnitude of the correlation as defined by the Pearson correlation coefficient. B, Significantly correlated regions adjusted for false discovery rate (color bar corresponding to 1-p). AAL, Automated Anatomical labeling; ASL, arterial spin labeling; CBF, cerebral blood flow; FBB, florbetaben; MRI, magnetic resonance imaging; SUVR, standardized uptake value ratio

TABLE 1 Demographics and cognitive and clinical metrics.

Diagnosis	PD-N	PD-MCI	PDD	Group comparison
Total	23	76	16	
Female no. (%)	8 (35)	18 (24)	3 (19)	$\chi^2 = 1.5$ $P = 0.46$
Age (years)	70 (6)	72 (6)	77 (6)	$F(2,112) = 6.6$ $P = 0.002$
Education (years)	12 (2)	13 (3)	12 (2)	$F(2,112) = 0.3$ $P = 0.76$
PD symptom duration (years)	7.4 (5)	7.3 (4)	8.5 (5)	$F(2,112) = 0.3$ $P = 0.76$
UPDRS Part III	38 (15)	39 (13)	53 (8.8)	$F(2,102) = 4.6$ $P = 0.01$
MoCA	26 (2)	23 (3)	16 (5)	$F(2,112) = 45.1$ $P < 0.001$
Cognitive z score	0.28 (0.48)	-0.81 (0.53)	-1.89 (0.57) ^a	$F(2,112) = 83.0$ $P < 0.001$
Attention score	-0.034 (0.51)	-0.89 (0.58)	-1.87 (0.67) ^a	$F(2,106) = 38.7$ $P < 0.001$
Executive function score	0.37 (0.60)	-0.92 (0.73)	-1.85 (0.47) ^a	$F(2,106) = 46.3$ $P < 0.001$
Visuospatial/perception score	0.27 (0.58)	0.61 (0.73)	-1.69 (0.65) ^a	$F(2,106) = 29.0$ $P < 0.001$
Memory domain score	0.52 (0.86)	-0.82 (0.85)	-1.82 (0.67)	$F(2,112) = 40.0$ $P < 0.001$
Language score	0.08 (0.52)	-0.43 (0.60)	-1.17 (0.72) ^a	$F(2,106) = 15.6$ $P < 0.001$
Dose (MBq)	294 (20)	300 (16)	290 (27)	$F(2,112) = 2.4$ $P = 0.09$
A β positivity (%)	4 (17)	11 (14)	6 (38)	$\chi^2 = 4.7$ $P = 0.10$

Note: Values are mean (standard deviation) unless specified. Analysis of variance was used to assess age, education, symptom duration, UDPRS, MoCA, cognitive z score, domains, and injected dose, while χ^2 tests were used to assess sex distribution and A β positivity. Cognitive z scores were calculated as specified in the Methods section.

Abbreviations: A β , amyloid beta; MBq, megabecquerel; MoCA, Montreal Cognitive Assessment; PDD, Parkinson's disease dementia; PD-MCI: Parkinson's disease with mild cognitive impairment; PD-N, cognitively normal Parkinson's disease.

^aCognitive z scores for six PDD participants were imputed from restricted neuropsychological data due to their inability to complete the full cognitive assessment.

Furthermore, eFBB was significantly correlated with a direct measure of cerebral perfusion (measured with ASL MRI) across both cortical and subcortical regions. Finally, early-phase uptake distinguished PD patients with normal cognition from those with dementia with relatively high accuracy. Together, these results provide evidence that eFBB may be a reliable surrogate for cerebral metabolism and perfusion, opening clear opportunities for incorporating it into diagnostic and management pathways for people with cognitive impairment in combination with late-phase amyloid PET imaging.

The current study allowed us to examine the relationship between early-phase uptake and cognitive impairment in PD, providing an informative example of predominantly A β -negative neurodegeneration. The pattern of brain hypometabolism and hypoperfusion associated with cognitive impairment and dementia in PD consistently includes

parieto-occipital and frontal hypometabolism across various ¹⁸F-FDG PET studies, which we were able to reproduce with eFBB, supporting the idea that early-phase A β PET can serve as a surrogate of ¹⁸F-FDG PET in assessing brain metabolism.⁵⁶⁻⁵⁸ Knowledge about underlying brain metabolism, in addition to amyloid status, may also provide important prognostic information in people with cognitive impairment secondary to AD (i.e., in which late-phase amyloid imaging is positive).^{21,59} As such, the additional information provided by dual-phase A β PET imaging holds significant promise for streamlining patient diagnostic and management pathways.

To further assess the real-world potential of eFBB to quantify neurodegeneration through metabolism and/or perfusion, we directly compared eFBB uptake to ASL MRI, an established measure of cerebral perfusion. Like metabolism, a posterior pattern of hypoperfusion is a

TABLE 2 Group comparisons.

Group differences	PD-N versus PD-MCI	PD-N versus PDD	PD-MCI versus PDD
Age (years)	-2.2 ($P = 0.24$)	-6.8 ($P = 0.001$)	-4.6 ($P = 0.013$)
MoCA	3.4 ($P < 0.001$)	9.86 ($P < 0.001$)	6.46 ($P < 0.001$)
UPDRS Part III	-1.3 ($P = 0.92$)	-15.1 ($P = 0.015$)	-13.8 ($P = 0.013$)
Cognitive z score	1.1 ($P < 0.001$)	2.2 ($P < 0.001$)	1.1 ($P < 0.001$)
Attention score	0.86 ($P < 0.001$)	1.8 ($P < 0.001$)	0.98 ($P < 0.001$)
Executive function score	1.3 ($P < 0.001$)	2.2 ($P < 0.001$)	0.93 ($P < 0.001$)
Visuospatial/perception score	0.87 ($P < 0.001$)	2.0 ($P < 0.001$)	1.1 ($P < 0.001$)
Memory domain score	1.3 ($P < 0.001$)	2.3 ($P < 0.001$)	1.0 ($P < 0.001$)
Language score	0.5 ($P = 0.0015$)	1.3 ($P < 0.001$)	0.7 ($P < 0.001$)

Note: Group comparisons from Table 1 were further analyzed using the Tukey test. Statistically significant comparisons are highlighted in bold.

Abbreviations: A β , amyloid beta; MBq, megabecquerel; MoCA, Montreal Cognitive Assessment; PDD, Parkinson's disease dementia; PD-MCI: Parkinson's disease with mild cognitive impairment; PD-N, Cognitively normal Parkinson's disease; UPDRS, Unified Parkinson's Disease Rating Scale.

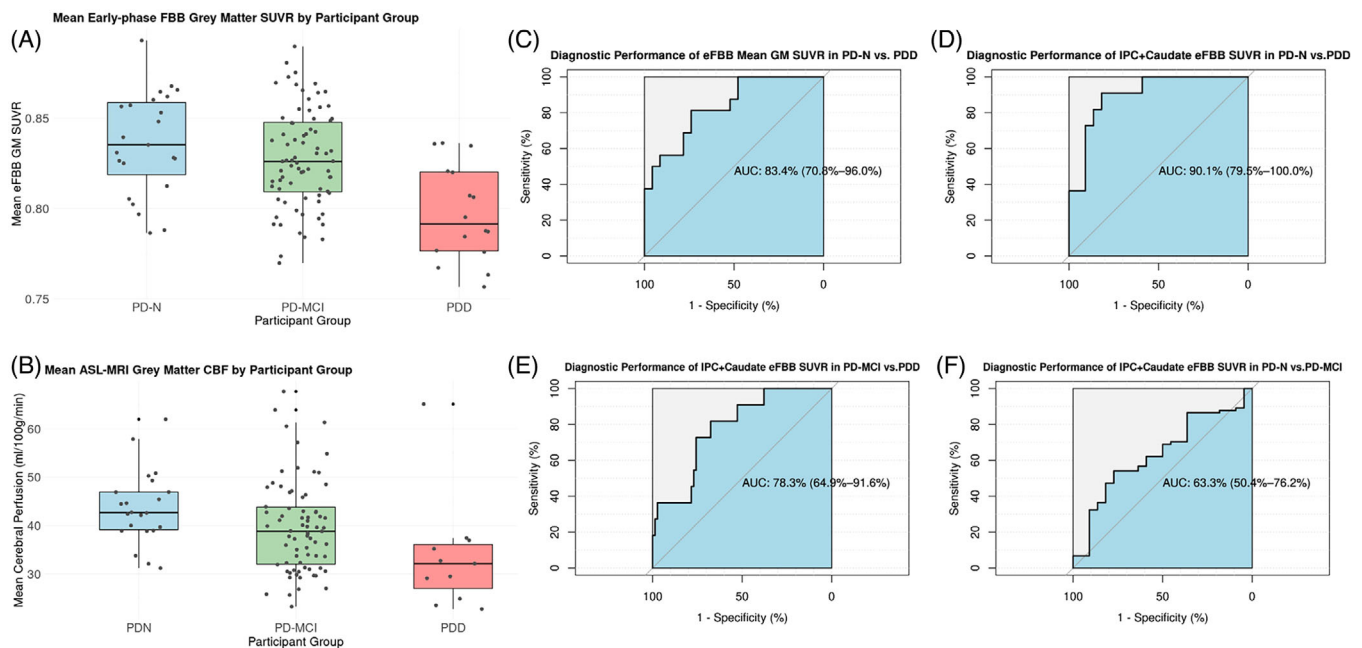


FIGURE 3 The clinical utility of early-phase FBB uptake in distinguishing cognitive groups. A, The mean GM eFBB uptake between cognitive groups. Uptake decreased across the cognitive categories from normal to dementia, with the PD-MCI group showing the biggest within-group variation. B, Mean GM CBF (ASL) across cognitive groups, following the pattern observed with early-phase FBB. C, ROC analysis for eFBB SUVR ability to distinguish dementia presence using Mean GM SUVR. (D)–(F). Meta-analysis-based ROC for distinguishing (D) PDD from PD-N, (E) PDD from PD-MCI and (F) PD-MCI from PD-N.⁵² ASL, arterial spin labeling; AUC, area under the curve (95% confidence interval); CBF, cerebral blood flow; eFBB, early-phase florbetaben; GM, gray matter; IPC, inferior parietal cortex (angular, supramarginal and inferior parietal gyrus); PDD, Parkinson's disease dementia; PD-MCI, Parkinson's disease with mild cognitive impairment; PD-N, cognitively normal Parkinson's disease; ROC, receiver operating characteristic; SUVR, standardized uptake value ratio

well-documented feature of PD, with additional deficits in the dorsolateral prefrontal and temporal cortices and subcortically in the thalamus and the caudate.^{26,60–64} Our findings revealed widespread correlations between eFBB PET uptake and ASL MRI measures of CBF, encompassing both cortical and subcortical regions. The strongest correlations were observed in the dorsolateral prefrontal cortex, parieto-occipital, and temporal regions. Furthermore, we observed a decline in global

mean GM uptake of eFBB and mean GM CBF from ASL MRI across cognitive stages despite a considerable variation in the PD-MCI subgroup, indicating similarities between the two methods. However, the two measures were not perfectly correlated, and some cortical and subcortical regions only showed modest correlations between the two modalities. It is possible that early phase may more closely mirror metabolism than perfusion, as previous early-phase PET comparisons

have shown higher correlations with FDG PET than ASL MRI.^{31,65} In addition, differences in test-retest reliability between the two techniques may contribute to some areas of lower correlations.^{66,67} Although unlikely to be a significant driver of the differences, the PET and MRI scans were acquired on different days (on average, 44.2 ± 57 days apart).

Disease-specific patterns of abnormal metabolism, measured via FDG PET, have been described across neurodegenerative disorders, including idiopathic PD, AD, Huntington's disease, multiple system atrophy, and progressive supranuclear palsy.^{41,68} However, reproducing these patterns derived via early-phase FBB PET is an emerging field. With amyloid tracer AV45, Vanhoutte et al. identified a pattern of early-phase deficits across the AD spectrum (high amyloid with MCI or dementia).³³ Relative to low-amyloid elderly controls, these individuals exhibited lowered uptake in the lateral posterior parietal, precuneus, and posterior cingulate. In a similar study, amnesic MCI exhibited slightly less early-phase PiB uptake in the posterior cingulate, while AD showed significantly lowered uptake in the posterior cingulate, posterior (lateral) parietal cortex, and both medial and lateral temporal lobes compared to healthy controls.³⁰ Our results within a PD cohort showed an association between eFBB and cognitive ability in regions overlapping with AD-related hypoperfusion. However, we also observed associations within the frontal and occipital lobes and a lack of explicit medial temporal lobe hypoperfusion. Thus, the high correlation between early-phase A β PET and FDG PET, the robustness of FDG pattern across conditions, and the current results showing consistencies with PD patterns distinct from AD-defined patterns indicate that early-phase amyloid PET is a promising technique for identifying disease-specific patterns of abnormal perfusion.

There is a clear need for robust biomarkers to facilitate accurate and timely diagnoses in individuals with cognitive impairment. This is exemplified by the emergence of molecular biomarkers for AD, including late-phase amyloid PET imaging.¹² However, in many clinical scenarios, knowledge of a person's amyloid status alone is insufficient to confidently diagnose the cause of their cognitive impairment, and information about the presence and the patterns of neurodegeneration can provide crucial complementary information for improving diagnostic accuracy and patient outcomes.^{21,69} Biomarkers in routine clinical practice should also consider factors such as cost effectiveness, patient burden, time, and radiotracer exposure that—for example, multiple PET imaging scans—would impose. In this setting, the opportunity of dual-phase A β PET imaging has emerged with the potential to acquire information on both A β burden and neurodegeneration within a single procedure. The early-phase PET modality bypasses the need for additional measurements such as an additional ¹⁸F-FDG PET—streamlining diagnostic assessments and costs—and ultimately could translate into a faster, cheaper, and equally accurate diagnostic pathway for people experiencing cognitive difficulties. Recent studies investigating the relationship between early-phase A β PET and ¹⁸F-FDG PET—the gold standard metabolic measurement—in the context of AD have demonstrated early-phase PET's ability to provide a similar (visually and quantitative) assessment of neuronal damage to that of FDG-PET.^{29–32}

The additional information provided by the early-phase A β PET scan may prove most helpful in diagnosing cases in which the late-phase scan is negative. In such scenarios, the neurodegenerative differential diagnosis often includes disorders characterized by well-established patterns of perfusion and metabolism abnormalities (e.g., frontotemporal dementias, dementia with Lewy bodies, corticobasal syndrome).^{70–72} Conversely, a normal early-phase A β PET scan could provide support for a primarily psychological cause of cognitive impairment, which is an important differential in people presenting with memory complaints.⁷³ Additionally, in those who are A β positive, amyloid SUVR shows a limited ability to predict future decline, whereas neurodegeneration measures may provide important information about disease trajectory and consequently inform both patient discussions and disease management strategies.^{21,74} Moreover, early-phase imaging holds significant promise in the realm of therapeutic advancement. With increasing interest and investment in pharmaceutical and therapeutic interventions aimed at diminishing pathological protein levels, PET imaging is at its most prominent as a pivotal tool for confirming the presence of pathological protein burden and assessing the efficacy of treatments.^{5,6} In this context, early-phase A β PET may aid in selecting appropriate patients and serve as an additional outcome measure for clinical trials aimed at disease modification. Finally, the concept of early-phase dynamics also has the potential to expand beyond A β PET imaging to other radiotracers, such as those targeting dopamine transporter or neurofibrillary tau, thus potentially aiding the evaluation of Parkinsonism, tauopathies, and other neurodegenerative disorders.^{75–77}

In interpreting the results of this study, it is important to consider its potential limitations. ¹⁸F-FDG PET imaging, long considered the gold standard for brain metabolism assessment, was not available as a direct comparison. However, we had a strong a priori knowledge about the metabolic patterns associated with cognitive decline in PD and a direct measure of cerebral perfusion (ASL MRI), which is tightly linked to underlying brain metabolism.^{67,78,79} The study did not include a healthy control group, limiting the extension of these findings to those without any brain disorders. However, the inclusion of many people without cognitive impairment shows the utility of early-phase PET across a broad cognitive spectrum, while previous work has examined this modality in healthy individuals.^{29,30} Further work should examine the predictive potential of early-phase PET by tracking cohorts longitudinally—focusing on individuals transitioning to dementia from normal cognition and MCI—to reveal early signs of risk related to regional or global early-phase uptake, as has been conducted in FDG PET studies.⁷³ This would be particularly relevant in those with MCI status—a particularly heterogeneous group in the context of PD.⁷⁹

While the current study used the Centiloid whole cerebellum as the reference region SUVR calculation, reference region selection for neurodegenerative disorders is an ongoing topic of discussion in the PET imaging field. Studies have explored various reference regions for normalizing late- and early-phase uptake (e.g., whole cerebellum, cerebellar cortex, pons, global mean, WM, mixed regions).^{31–33} Of these, the cerebellum has low susceptibility to age-related atrophy, minimal changes in metabolism, and CBF, and, from an amyloid perspective,

demonstrates low or absent amyloid plaque burden. However, studies have reported a lowered or no difference in cerebellar perfusion in PD compared to controls or relative increases in cerebellar metabolism associated with cognitive ability in PD.^{80–82} Systematic decreases or increases in the reference region will lead to artefactual SUVR increases and decreases, respectively.⁸³ While the whole cerebellum was suitable for the current study, future work may evaluate several reference regions, such as a combined cerebellum and pons.³³ We used SUVR for both early- and late-phase acquisitions because of its simplicity and feasibility in PET imaging. In addition to low variability, SUVR offers reduced patient burden compared to quantitative measures, a considerable advantage for our PD cohort due to their motor and cognitive symptoms. However, its accuracy relies on establishing true equilibrium, which remains susceptible to bias due to tracer clearance effects and, for clinical cohorts, may be affected by regional perfusion differences and disruptions in the blood–brain barrier. As such, while the study accounted for the influence of late-phase amyloid on the early-phase SUVR, the inverse of whether perfusion alterations may affect late-phase amyloid quantification was not directly explored in this work; future studies may benefit from investigating this relationship quantitatively.

The current study suggests the ability of early-phase A β PET imaging to provide a clinically relevant surrogate measure of brain metabolism/perfusion in a large cohort of people with PD ranging across the cognitive spectrum, independent of brain amyloid status. It provides evidence for early-phase PET imaging as a surrogate for validated neurodegeneration measures. Overall, it demonstrates the exciting potential of dual-phase (early and late) A β PET imaging to streamline diagnostic pathways for people with cognitive impairment as the field moves into an exciting new area of potential disease modification.

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CONFLICT OF INTEREST STATEMENT

The authors declare no conflicts of interest related to this research. The principal author confirms that all authors have read the manuscript, and the paper has not previously been published or is under consideration at another journal. The authors take full responsibility for the data, analyses, and interpretation, and the conduct of the research, and have full access to all the data and the right to publish it. All authors have agreed to the conditions noted on the authorship agreement form.

CONSENT STATEMENT

All human participants in the current study provided informed consent.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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