

## Review Article

## Charting a quarter-century of commercial cartilage regeneration products

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## ABSTRACT

Functional cartilage regeneration remains difficult to achieve despite decades of research. Dozens of commercial products have been proposed, with each targeting different facets of successful cartilage engineering, including mechanical properties, integration, lubrication and inflammation; however, there remains a lack of breakthroughs in meaningful clinical outcomes. Prior research categorized commercial products based on their components and elucidated challenges faced during the market approval process. This paper, for the first time, comprehensively reviews the properties of commercial products covering the last 25 years, including design trends in components, compatibility with minimally invasive surgery, indications for cartilage defects, long-term follow-up, as well as active sponsorship support of the International Cartilage Regeneration and Joint Preservation Society (ICRS). We aim to summarize the key factors for potentially successful commercial products and elucidate overarching trends in technology development in this field. Given that no revolutionary products have yielded significantly improved clinical results, emerging products compete with one another on user-friendliness and cost-efficiency. Other relevant characteristics include compatibility with minimally invasive surgery, extensiveness of required surgery (one-stage vs. two-stage), use of versatile artificial polymers and application of cells and biomaterials. Specific products continue to lead the market due to their cost-efficiency or indications for larger cartilage defects. However, they have been shown to result in no significant improvement upon clinical follow-up. Thus, there is a need for products that surpass current commercial products and show clinical effectiveness.

**Translation potential of this article:** This review analyzes product components, compatibility with minimally invasive surgery, indication for cartilage defect areas, clinical performance as well as sponsorship for the World Conference of International Cartilage Regeneration & Joint Preservation Society, based on information about cartilage regeneration products from 1997 to 2023. It shines a light on future development of design and commercialization of cartilage products.

## 1. Introduction

Functional cartilage regeneration remains elusive despite significant research and product development efforts [1]. Various strategies have been proposed in efforts to enhance cartilage regeneration, including but not limited to reconstructing the collagen framework and other mechanical properties [2], fine-tuning the immunological response [3] and improving the differentiation potential of implanted stem cells [4]. Approaches for such strategies have included the elimination of senescent cells [5], use of the small molecule kartogenin [3], piezoelectric stimulation [6], fibrocartilage hyalinization with microtubule

stabilization [7] and decellularized extracellular matrix (dECM) rejuvenation [8], all of which have demonstrated effective cartilage regeneration, at least in preclinical models. However, there remain challenges that impede clinical translation [6]. Multiple commercial products and technologies have been developed, received regulatory approval and been used in clinical applications [7,9]; however, none of these products have achieved clinically significant long-term improvement. With the challenges currently facing this field, we endeavored to investigate potential reasons underlying these subpar clinical outcomes by tracking developing trends to provide rationale and guidance for future improvement of commercial products and technology.

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Cartilage regeneration is a complex and technically challenging process. Viewed from its material properties, cartilage is not only composed of a balanced ratio of collagen/glycosaminoglycan and subtypes of collagens, but also a fine-tuned assembly of collagen fibrils, fibers, bundles and crosslinks [10]. In regenerative biology, chondrocytes and progenitor cells are responsible for the production and maintenance of cartilage extracellular matrix, which accounts for its dynamic physiological function. These functions are highly sensitive to the surrounding cellular microenvironment; any changes in osmosis, pH value, ions, cytokines and growth factors can often be detrimental after cartilage injury [2]. As articular cartilage develops and functions in hypoxic conditions, the presence of air (in open joint injury) or blood in the joint (either from surrounding tissues or subchondral bone and cartilage fissure) would inevitably alter this microenvironment. Furthermore, the successful integration of regenerated cartilage is of great importance but also is challenging to carry out and often ignored during product engineering. Quite often, existing products regenerate type II collagen-containing “cartilage” instead of type II collagen-dominant hyaline cartilage, which contains two to three percent types I/III collagen [2]. The complex therapeutic mechanisms of these tissue-engineered products remain unknown, so it is not surprising that they lead to suboptimal functional regeneration of cartilage. Achieving favorable long-term clinical results hinges on the intricate interplay of various factors, instead of a breakthrough in any individual aspect.

Over the past thirty years, the advantages and disadvantages of tissue-engineered technologies for cartilage repair have been reviewed in depth [9]; chemical, physical and mechanical characteristics of scaffolds are designed to influence the product performance in clinical applications [11]. As such, the main barriers to clinical translation of articular cartilage regenerative products are attributed to the regulatory structure of the Food and Drug Administration (FDA) with respect to the review of cartilage repair products, as well as limitations to their use in large animal models [6]. On the other hand, different regulatory agencies have approved a relatively large number of commercial cartilage regeneration products with similar concepts and focus [12].

Prior literature categorizing components of products or technologies have failed to provide a comprehensive and quantitative overview. Furthermore, novel commercial products have been emerging, including CartiLife® (Biosolution), Agili-C® (CartiHeal) and Prochondrix® (Stryker), which consist of small beads, two-phase scaffolds or laser-etched allografts, highlighting commercial trends in the field. Commercial cartilage regeneration products approved by the FDA or other agencies from 1995 to present are investigated and scrutinized for possible changes in their product composition, ease of use, clinical outcomes, as well as sponsorship by a professional society, in the hopes of assisting in the development of newer technologies with better clinical outcomes.

### 1.1. Search strategy for commercial products

A PubMed search was performed in May 2023 using the keywords ‘cartilage AND (regeneration or repair)’. Inclusion criteria consisted of the following: (1) review articles on commercial products for articular cartilage repair or regeneration published from 2020 to 2023; and (2) product use for chondral or osteochondral repair. Articles were excluded if no commercial products for articular cartilage regeneration were mentioned, if the products mentioned lacked approval for clinical use by a regulatory agency or if the products were not studied under clinical trials. We collected data from literature articles, search engines (Google, Bing) and related content on social media (Facebook, Twitter, LinkedIn) regarding whether a company was still in business and market approval time of the product (defined as the first time the company received approval from an official agency). Given these criteria, a total of 39 products were included (Table 1) [13–24].

A search of PubMed was performed in July 2023. The following

search terms were applied: ‘MACI OR (Spherex or Chondrosphere) OR (DenovoNT or particulated articular cartilage or minced cartilage) OR (Agili-C OR Aragonite-based Scaffold) OR BioCartilage’. The inclusion criteria captured research articles, published from 2018 to 2023, studying the results following articular cartilage treatment with a minimum mean/median follow-up of two years. Studies were excluded if the mean/median follow-up was less than two years, if they lacked post-operative results or if there was no information about knee lesions. Editorials/letters to the editor or publications in non-English were excluded.

### 1.2. Trends in key components of commercial products

The materials and cells used in commercial products have continually evolved over the past few decades. Autologous chondrocyte implantation (ACI) was first used to regenerate “hyaline cartilage” (type II collagen-containing cartilage) in the 1990s, outperforming the commonly employed technique of marrow stimulation with fibrocartilage formation [25]. At that time, marrow stimulation, microfracture and osteochondral grafts were the primary procedures performed for cartilage regeneration [26]. In our study, 25 out of the 39 commercial products are cell-based, and 34 of them are biomaterials-based (Fig. 1a). Commercial products for cartilage regeneration could be categorized into cell-scaffold constructs, biomaterials or cell products. Biomaterial components are further classified into natural and synthetic materials.

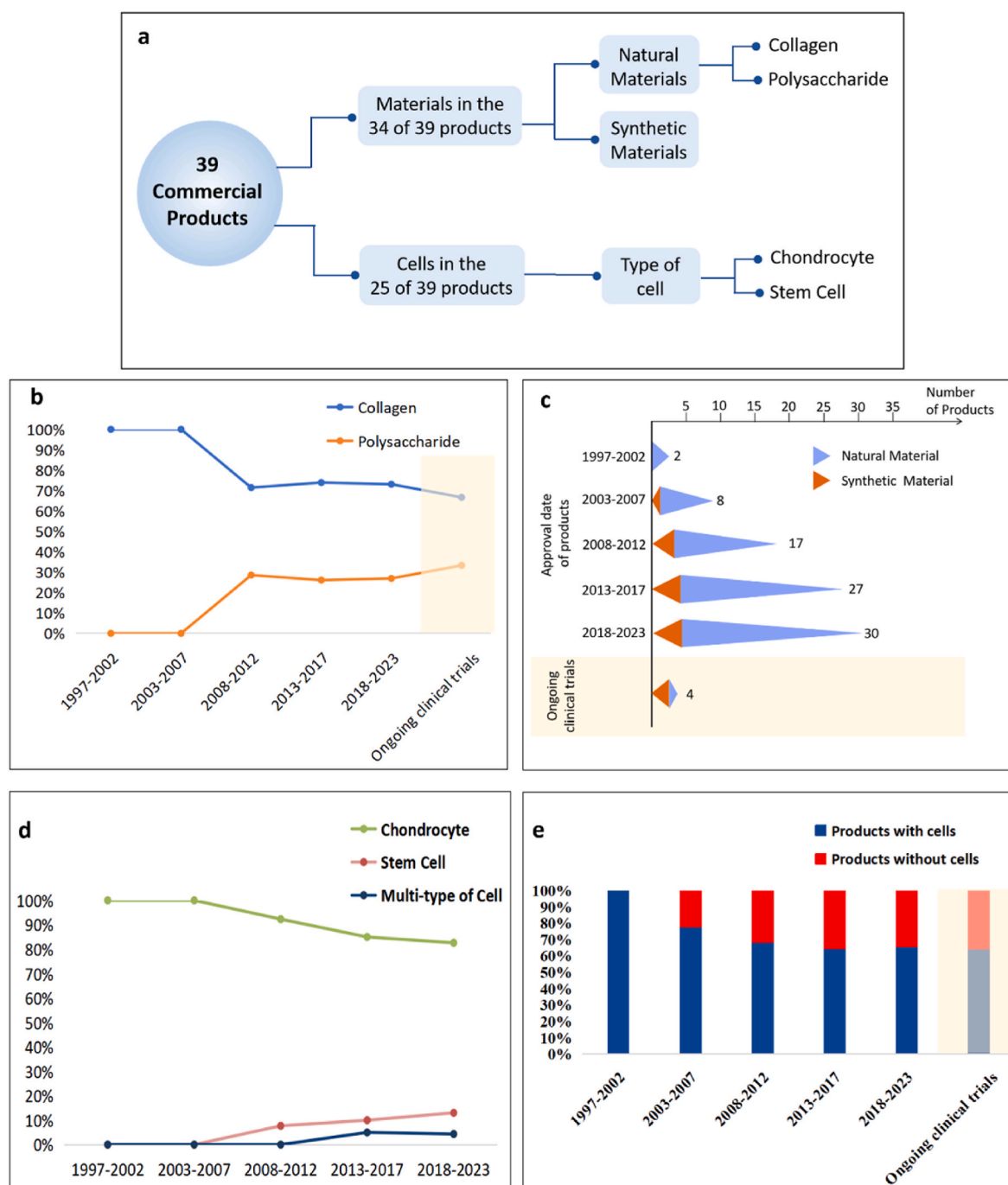
Naturally-derived polymers, collagen and polysaccharides have all been broadly used in commercial products designed for cartilage regeneration. Of these, collagen, the primary molecule in the extracellular matrix, is the most commonly used material (Fig. 1b). The sources of collagen products and techniques used to engineer commercial products have become increasingly diverse. Collagen sources include porcine types I/III collagen, rat tail-derived type I collagen and atelocollagen, which is known to have reduced immunogenicity [27]. The first collagen scaffold, Chondro-Gide® (Geistlich Pharma AG) received approval in 1999 [28], four years after the first ACI product CartiCel®. Receiving FDA approval in 2016, MACI® (Vericel) was designed to take advantage of the benefits of both collagen scaffolds and chondrocytes. dECM is the second most common collagen scaffold, providing a biomimetic microenvironment with low immunogenicity that promotes cell proliferation and chondrogenic differentiation. An example is BioCartilage® (Arthrex), a scaffold used to augment microfracture procedures [29].

Despite a lack of bioactivity, polysaccharide polymers have been used to augment microfracture or facilitate cell transplantation. In 2008, polysaccharide products, such as chitosan, agarose-alginate and hyaluronic acid (hyaluronan, HA), were approved by the FDA and European Medicines Agency (EMA) for commercial use. BST-CarGel® (Smith & Nephew) used a chitosan scaffold to stabilize the microfracture-based blood clot, and the mixture was implanted into marrow holes within the cartilage lesion [22]. A product studied in clinical trials, Cartipatch® (TBF Genie Tissulaire), is an agarose-alginate hydrogel scaffold to facilitate ACI [30]. HYALOFAST® (Anika Therapeutics) scaffolds, derived by the total esterification with benzyl alcohol of the carboxyl groups along the polymeric backbone of sodium hyaluronate, are used in combination with microfracture or bone marrow aspirate concentrate to repair chondral and osteochondral lesions [31].

Synthetic materials account for an increasing portion of commercial products from 2007 to 2012. Four products [Bioseed-C® (BioTissue), TruFit CB® (Smith & Nephew), INSTRUCT® (CellCoTec), CAIS® (DePuy Mitek)] made of synthetic polymer received market approval, and one product (ChondroTissue®) was undergoing clinical trials. Since then, the percentage of synthetic polymer-based products has remained stable (Fig. 1c). Bioseed-C®, the first product with synthetic materials, is a polyglycolic/polylactic acid (PGA/PLA) and polydioxanone (PDS) textile combined with autologous chondrocytes; it received Certificate

**Table 1**  
Information on the 39 commercial products.

Name of Product	Approval Date	Company	Ingredients	Reference
Carticel®	1995, FDA	Genzyme	Autologous chondrocytes	[10]
Chondro-Gide®	1999, CE certificate	Geistlich Pharma AG	Porcine type I/III collagen membrane and autologous chondrocytes	<a href="https://www.geistlich-pharma.com/orthopedic/cartilage-regeneration/general-information/chondro-gide">https://www.geistlich-pharma.com/orthopedic/cartilage-regeneration/general-information/chondro-gide</a> .
Chondron™	2001, MFDS	Sewon Cellontech	Fibrin glue mixed autologous chondrocytes	[11]
CaReS®	2003, CE certificate	Arthro Biotechnology	Rat tail-derived type I collagen and autologous chondrocytes	<a href="https://arsarthro.com.tr/en/products/cares/introduction/">https://arsarthro.com.tr/en/products/cares/introduction/</a>
NovoCart 3D®	2003, EMA	TETEC AG	3D collagen-based matrix with autologous chondrocytes and FGF-2 factors	<a href="https://www.aesculapbiologics.com/en/patients/novocart-3d.html">https://www.aesculapbiologics.com/en/patients/novocart-3d.html</a>
AMIC Chondro-Gide®	2004, CE certificate	Geistlich Pharma AG	Porcine type I/III collagen membrane	<a href="https://www.geistlich-pharma.com/orthopedic/cartilage-regeneration/amic-chondro-gide">https://www.geistlich-pharma.com/orthopedic/cartilage-regeneration/amic-chondro-gide</a>
Bioseed-C®	2007, CE certificate	BioTissue	Autologous chondrocytes and PGA-PLA scaffold	<a href="https://biotissue.ch/bioseed-cell-therapy-technology-platform/">https://biotissue.ch/bioseed-cell-therapy-technology-platform/</a>
DeNovo NT®	2007, did not need FDA premarketing approval	ZIMMER	Particulated juvenile articular cartilage graft	<a href="https://www.zimmerbiomet.com/en/products-and-solutions/specialties/biologics/denovo-nt-natural-tissue.html">https://www.zimmerbiomet.com/en/products-and-solutions/specialties/biologics/denovo-nt-natural-tissue.html</a>
CartiFill®	2007, CE certificate	Sewon Cellontech	Liquid porcine-derived type 1 collagen	[12]
NovoCart Inject®	2008, EMA	TETEC AG	Autologous chondrocyte and sodium hyaluronate, human serum and cell culture medium	[13]
ChondroCelect®	2009, EMA	TiGenix	Autologous chondrocytes	[14]
TruFit CB®	2010, FDA	Smith & Nephew	Porous bilayer PLGA scaffold reinforced with PGA and calcium sulfate mineral	[15]
Chondromimetic®	2010, CE certificate	TiGenix	Collagen, GAG and calcium phosphate	[16]
CAIS®	2011, CE certificate	DePuy Mitek	Mined cartilage and a biodegradable PCL/PGA scaffold reinforced with PDO	[17]
BioCartilage®	2012, did not need FDA premarketing approval	Arthrex	The extracellular matrix developed from allograft cartilage and PRP	<a href="https://www.arthrex.com/orthobiologics/biocartilage-extracellular-matrix">https://www.arthrex.com/orthobiologics/biocartilage-extracellular-matrix</a>
JAAC®	2012, MHLW-PMDA	Japan Tissue Engineering Co., Ltd.	Atelocollagen solution (3 % Type 1 collagen)	<a href="https://www.jpte.co.jp/en/business/regenerative/cultured-cartilage/index.html">https://www.jpte.co.jp/en/business/regenerative/cultured-cartilage/index.html</a>
BioCart II®	2012, available in Italy, Greece and Israel	Histogenics Corporation	Fibrin, hyaluronan and autologous chondrocytes	[18]
BST-Cargel®	2012, approved in Australia, Canada and most of Europe	Smith & Nephew	Chitosan	[19]
CARTISTEM®	2012, MFDS	Medipost	Allogeneic umbilical cord blood-derived MSCs and hyaluronate	<a href="https://en.medi-post.co.kr/cartistem/">https://en.medi-post.co.kr/cartistem/</a>
ChondroFiller®	2013, CE certificate	Meidrix Biomedicals GmbH	Type I collagen gel extracted from rat tail tendons	<a href="https://meidrix.de/en/chondrofiller/">https://meidrix.de/en/chondrofiller/</a>
MACI®	2013, EMA	Vericel	Porcine type I/III collagen membrane and autologous chondrocytes	<a href="https://www.maci.com/patients/benefits-of-maci/about-maci/">https://www.maci.com/patients/benefits-of-maci/about-maci/</a>
HYALOFAST®	2013, EMA	Anika Therapeutics	Sodium hyaluronate	<a href="https://anika.com/medical/products/hyalofast/">https://anika.com/medical/products/hyalofast/</a>
JointRep®	2013, CE certificate	Oligo Medic Inc.	Chitosan-based hydrogel liquid	<a href="https://www.oligomedic.com/jointrep">https://www.oligomedic.com/jointrep</a>
HiQCell®	2014, AFL	Regeneus Ltd	Autologous adipose mesenchymal stem cells	<a href="https://regeneus.com.au/wp-content/uploads/131030-regeneus-hiqcell-stem-cell-therapy-available-in-melbourne-announcement.pdf">https://regeneus.com.au/wp-content/uploads/131030-regeneus-hiqcell-stem-cell-therapy-available-in-melbourne-announcement.pdf</a>
INSTRUCT®	2015, FDA	CellCoTec	PEOT/PBT scaffold	[20]
COLTRIX®	2015, KFDA	Ubiosis Co., Ltd	Type 1 atelo-collagen	<a href="https://ubiosis.com/PRODUCTS">https://ubiosis.com/PRODUCTS</a>
MaioRegen®	2016, FDA	Finceramica	Equine collagen and hydroxyapatite enriched with magnesium	<a href="https://jri-ltd.com/our-products/orthobiologics/maioregen">https://jri-ltd.com/our-products/orthobiologics/maioregen</a>
Ortho-ACI®	2017, ARTG	Orthocell	Autologous chondrocytes and collagen	<a href="https://orthocell.com/orthoaci/">https://orthocell.com/orthoaci/</a>
Cartiform®	2017, FDA	Arthrex	Osteochondral allografts	<a href="https://www.arthrex.com/orthobiologics/cartiform">https://www.arthrex.com/orthobiologics/cartiform</a>
Spherex®	2017, EMA	Co.don AG	(Spheroid) autologous chondrocytes	<a href="https://www.ema.europa.eu/en/medicines/human/EPAR/spherex">https://www.ema.europa.eu/en/medicines/human/EPAR/spherex</a>
Cartigrow®	2017, FDA	Regrow Ins	Fibrin glue and autologous chondrocytes	<a href="https://www.regrow.in/cartigrow-for-cartilage-damage">https://www.regrow.in/cartigrow-for-cartilage-damage</a>
Cellistem-OA	2018, FDA	Cells for Cells	Allogeneic umbilical cord MSCs incorporated within a PPP scaffold	<a href="https://c4c.cl/portfolio/stem-cell-therapy-for-osteoarthritis/">https://c4c.cl/portfolio/stem-cell-therapy-for-osteoarthritis/</a>
CartiLife®	2019, MFDS	Biosolution Co.Ltd	A small bead formed by autologous costal chondrocytes	<a href="https://ubiosis.com/PRODUCTS">https://ubiosis.com/PRODUCTS</a>
Agili-C®	2022, FDA	CartiHeal	Osteochondral phase: coralline aragonite. Chondral phase: coralline aragonite and HA	<a href="https://www.cartiheal.com/agili-c/">https://www.cartiheal.com/agili-c/</a>
Prochondrix®	2022, FDA	Stryker	A laser-etched, cryopreserved osteochondral allograft	<a href="https://www.jointoperations.co.uk/prochondrix/">https://www.jointoperations.co.uk/prochondrix/</a>
ChondroTissue®	Ongoing Phase I/II clinical trials	BioTissue	Textile PGA–HA implant with PRP	<a href="https://biotissue.ch/chondrotissue-patients/">https://biotissue.ch/chondrotissue-patients/</a>
Cartipatch®	Ongoing Phase III clinical trials	TBF Genie Tissulaire	Agarose-alginate hydrogel scaffold	<a href="http://www.xizia.com/product.html">http://www.xizia.com/product.html</a>
NeoCart®	Ongoing Phase III clinical trials	OCUGEN.Inc	3D bovine collagen honeycomb scaffold	<a href="https://ocugen.com/clinical-study/neocart/">https://ocugen.com/clinical-study/neocart/</a>
RevaFlex®	Ongoing Phase III clinical trials	Isto Technologies	ECM produced by cells from juvenile tissue	[21]



**Fig. 1. Classification of 39 cartilage regeneration products.**

The proportion of three types of cells and two types of materials every five years from 1997 to 2023 are depicted. The five products in ongoing clinical trials (listed in Table 1) are also analyzed.

(a) Classification of materials and cells used in the 39 products.

(b) The proportion of natural and synthetic materials is analyzed.

(c) The proportion of polysaccharides are increasing at the expense of collagen in products using natural materials from 2008.

(d) The proportion of products with cells gradually increases.

(e) Stem cells or combination of stem cells and chondrocytes account for an increased portion of the 25 products with time.

European (CE) approval in 2007 [32]. Textile matrix structures facilitate cell ingrowth and retain autologous serum within the defect, enabling the secure fixation of the implant in the defect through cartilage suturing, trans-osseous suturing or by using resorbable pins [33]. Based on Bioseed-C®, the BioTissue company developed a modified version named ChondroTissue®, which consists of a PGA-HA scaffold utilizing the same textile technology, with added platelet-rich plasma (PRP)

during surgery to enhance microfracture. HA used in this product is intended to induce chondrogenic differentiation of mesenchymal stem cells (MSCs). At this time, ChondroTissue® is in phase I/II clinical trials. There are no current relevant reports on the comparative impact of artificially manufactured polymeric materials and natural materials on regenerative success. While collagen is thought to release active polypeptide during degradation, released HA is thought to lubricate the



articular surface and activate MSCs via CD44 receptors [34]. There have been no updates about the other three products (TruFit CB®, INSTRUCT®, CAIS®), which indicates possible market failure. The reasons for market withdrawal may be similar to those seen with TruFit CB®. TruFit CB® was authorized in the United States by the FDA [35]. Its clinical use initially showed satisfactory short-term results; however, low MOCART (magnetic resonance observation of cartilage repair tissue) scores and poor MRI (magnetic resonance imaging) images are proof of its failure. MRI evaluations of cartilage repaired with TruFit CB® revealed lesions in the subchondral layer, which contributed to lower MOCART scores and were associated with the subchondral bone and subchondral plate. The cartilage layer also exhibited some degree of fibrosis and only partially filled the defect, with incomplete integration at the edges with the host cartilage [36,37]. On the other hand, synthetic materials have been used in multiple medical devices, mostly in fixation devices, such as sutures, screws or meshes [38]. Lack of bioactivity, uncontrolled degradation and relatively weak mechanical properties are major challenges for synthetic material-based devices, while cost-efficiency and good quality control are advantages.

Metal ion-containing inorganic materials, such as calcium sulfate, calcium phosphate, coralline aragonite and magnesium, are frequently used for osteochondral regeneration. Nine of the 39 products can treat osteochondral damage; four of these nine products [Agili-C®, Chondromimetic® (TiGenix), MaioRegen® (Fincermica), TruFit CB®], contain metal ions. Agili-C® is partially constructed with sodium hyaluronate within the chondral phase of the implant, and also partially constructed with calcium phosphate within the bone phase to induce bone formation [39]. Metal ion-containing materials are not essential for osteochondral repair. The other five out of nine products use collagen, polysaccharose or allograft tissue as the scaffolds (CaReS®, NOVOCART® 3D, HYALOFAST®, Cartiform®, Prochondrix®).

Comprehensive exploration of cell phenotype during cartilage regeneration remains elusive, as current research focuses on achieving good outcomes from animal studies and clinical therapy. Due to recent progress in the investigation of biomaterials for cell-based tissue regeneration [40,41], commercial products based on certain biomaterial combinations show promise for improvements in cell proliferation, lineage-specific differentiation and matrix production. Despite the fact that chondrocytes are the most used option for cell seeding, strict guidelines and equipment requirements in Good Manufacturing Practices (GMP) and Good Clinical Practice (GCP), the long procedure length for *in vitro* cell culture, batch-to-batch variations, phenotype dedifferentiation, two-stage surgical procedure and high cost all impede broad adoption of chondrocyte-based products [42,43]. Uncultured chondrocytes have been used to achieve one-stage surgery, such as in the use of CAIS®, which extracts autologous cartilage and cuts it into fragments during surgery. The cartilage tissue fragments are then uniformly dispersed into a biodegradable scaffold made of 35 % polycaprolactone (PCL) and 65 % PGA reinforced with a PDS mesh [44]. In the period between 1997 and 2023, the proportion of products that use chondrocytes gradually decreased from 100 % to 83 % (Fig. 1d). For example, INSTRUCT® used autologous cultured chondrocytes and bone marrow cells extracted from the subchondral bone by drilling holes. It is worth noting that 14 of the 39 commercial products were cell-free until 2023; these products were often used to augment or facilitate microfracture (Fig. 1e). Bioactivity of the materials used in commercial products at least partially compensates for loss of bioactivity of cells; however, cell-free commercial products are usually limited to use in relatively small cartilage defects (less than 4 cm<sup>2</sup>).

## 2. Increasing percentage of easy-to-use products

### 2.1. Product compatibility with minimally invasive surgery

When applied to knee joints, minimally invasive surgery typically involves arthroscopy and injection. To date, 29 of the 39 products use

minimally invasive surgery methods. Of these products, eight are injectable, and 21 are compatible with arthroscopy (Fig. 2a). All of them are cell-free except CartiCel®.

**Product compatibility with arthroscopy.** Approved in 1997 as the first commercial product for cartilage regeneration, CartiCel® required a two-stage, open surgery for use [45]. As such, CartiCel® was almost immediately replaced by the introduction of matrix-enhanced ACI (MACI®), a product requiring a two-stage surgery compatible with arthroscopy, which received EMA approval in 2013 and FDA approval in 2016 [46]. Other products, such as Chondro-Gide® and ChondroTissue®, used cell-free scaffolds in combination with microfracture and could be performed arthroscopically. Denovo NT®, a product consisting of particle minced cartilage smaller than the diameter of the endoscopic syringe, allowed surgeons to use minimally invasive techniques [47] (Fig. 2a). Currently, along with the advent of these new product advancements, the decision for open surgery or arthroscopy usually depends on the location of the injury, size of the lesion and preference of the surgeon [48].

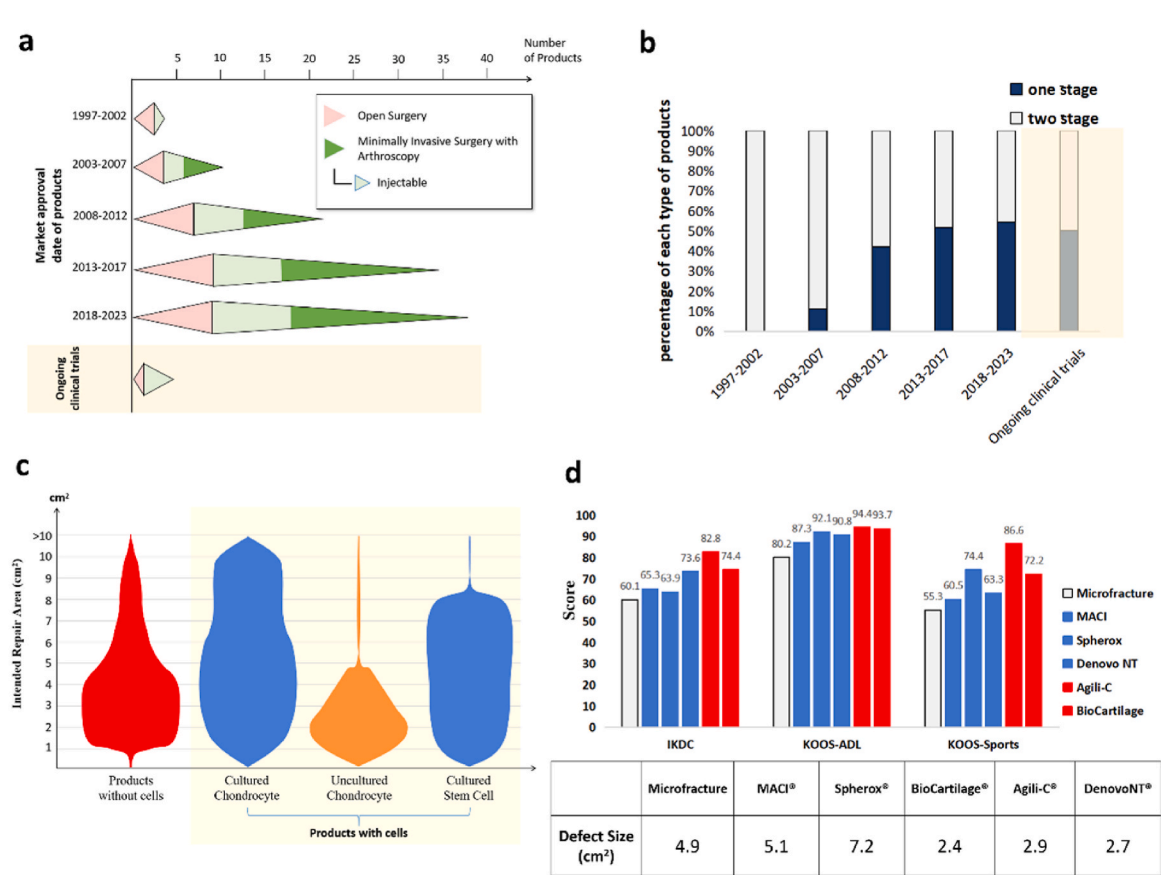
**Injectable commercial products for cartilage regeneration.** Injectable commercial products significantly enhance the ease of use. Quite often, an *in vivo* hydrogel forms when solutions from the two chambers of a syringe mix. Chondron™ (Sewon Cellontech) and Carti-grow® (Regrow Ins), fibrin glue-enhanced ACI, are upgraded versions of CartiCel®. Chondron™, the first injectable product, received approval from Korea's Ministry of Food and Drug Safety in 2001 [14]. ChondroFiller® is a biological, cell-free collagen (type I) matrix derived from rats. The liquid components of ChondroFiller® are preloaded in a two-chamber syringe. BST-CarGel®, a chitosan-based medical device, is used in combination with microfracture by filling marrow access holes in a cartilage lesion, stabilizing the blood clot and then enhancing marrow-derived repair. NOVOCART® Inject is an injectable commercial product approved six years after its previous open-surgery model NOVOCART® 3D. NOVOCART® Inject is composed of a two-component injection system, one with autologous chondrocytes and sodium hyaluronate and another one with cross-linker reagent [16]. Advantages of these products include user-friendliness, relatively low requirements for Good Laboratory Practice and cost-efficiency.

### 2.2. One-stage protocols are overtaking two-stage protocols

Led by CartiCel® and MACI®, two-stage surgical procedures have traditionally been the mainstay for administering chondrocyte-loaded commercial products. However, stringent requirements for GMP, batch-to-batch variations, an additional surgical procedure, prolonged *in vitro* cell culture time and high cost limit their broad clinical application. The first one-stage product, NOVOCART® Inject was approval in 2008 and since then has rapidly increased in popularity. Twenty-one out of the 39 (54 %) commercial products use a one-stage procedure (Fig. 2b). Use of uncultured autologous chondrocytes, autologous bone marrow-derived MSCs, allogenic cells, as well as cell-free commercial products (often in combination with microfracture or bone marrow stimulation) significantly facilitates the development of one-stage commercial products. INSTRUCT® consists of poly (ethylene oxide-terephthalate)/poly (butylene terephthalate) (PEOT/PBT) scaffold and autologous bone marrow cells and chondrocytes, which are acquired from the patient's tissue during the procedure, mixed and immediately introduced into a bio-degradable, load-bearing polymer scaffold [23]. Used in combination with microfracture, AMIC (Autologous Matrix-Induced Chondrogenesis) Chondro-Gide® is a collagen scaffold that functions as the roof of a biological chamber that forms over the defect [49].

### 2.3. Products with cultured cells are irreplaceable, especially when treating large defects

Various commercial products are indicated for a range of different



**Fig. 2. Analysis of clinical usability and therapeutic efficacy of the product.** (a) More products compatible with minimally invasive surgery (with injection mode included) than products that need open surgery procedures in new products. (b) Products with one-stage procedures account for an increasing percentage at the expense of two-stage procedures. (c) The cartilage defect area that products with or without cells can treat is described. The products with cells have potential to deal with larger cartilage defects, compared with products without cells. (d) Two-year follow-up outcomes of five typical products and microfracture. Their mean defect areas are listed in the table below. The products with cells are labeled in blue and without cells are labeled in red. The red columns are slightly higher than the others, but not noticeable. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

cartilage defects. Microfracture is broadly used to treat cartilage damage less than 2 cm<sup>2</sup> in patients younger than 50 years, with or without use of commercial products [9]. At present, all of the products available on the market can be used to treat lesions greater than 2 cm<sup>2</sup>, and many products have dosage requirements for different sizes of defects. Commercial products without cells are indicated to treat 1–5 cm<sup>2</sup> cartilage defects, while commercial products with cells can treat cartilage defects with a size of 5 cm<sup>2</sup> or above (Fig. 2c). Cell-free products combined with microfracture result in poor distribution within the niche. Furthermore, during microfracture surgery, MSCs are limited in their migratory ability within the scaffold, rendering them unable to address extensive damage. Of the products containing cultured cells, chondrocytes can be applied in a larger defect area. When a cartilage lesion becomes larger, it is theorized that trauma and subsequent combined injury and inflammation exponentially expand, which may necessitate eventual joint replacement.

2.4. Clinical follow-up as reported from clinical trials

We selected representative products for each category mainly based on when the products appeared on the market and which had steady sales; for example, MACI® (collagen + chondrocytes), Spherox® (chondrocyte spheroid), BioCartilage® (dECM + PRP), Agili-C® (Coralline + HA) and DenovoNT® (particulated cartilage); their clinical

outcomes were compared with that of microfracture [50–78]. Microfracture is a common clinical method and is indicated in patients younger than 50 years with a chondropathy of less than 2 cm<sup>2</sup> of cartilage defects and 3rd or 4th degree. The method of collection for follow-up outcomes was described previously. Briefly, a total of 1069 cases were included across these studies. Evaluation included International Knee Documentation Committee (IKDC) Subjective Knee Evaluation Form, Knee Injury and Osteoarthritis Outcome Score (KOOS) of activities of daily living (ADL) and sports [79]. IKDC assesses changes in symptoms, function and sports activities attributed to knee impairment, and the resultant score is related to concurrent measures of physical function [80]. KOOS-ADL and KOOS-Sports scores assess ADL functions and sports and recreation functions through patient questionnaires [81]. The three assessment methods not only showcase the overall outcomes of postoperative recovery but also present the functional status at two distinct activity levels (Fig. 2d). Spherox® requires an open surgery method, while the other five products are compatible with minimally invasive surgery. All five products achieved higher scores than microfracture surgery. Interestingly, there is no significant difference between the two surgery methods.

Porcine or rat tail-derived collagen is not advantageous over dECM scaffolds. In fact, its clinical performance has been found to be inferior [79]. KOOS-ADL and KOOS-Sports scores for MACI®, containing porcine types I/III collagen membrane, are lower than those for

BioCartilage® and DenovoNT®, which consist of dECM scaffold. Meanwhile, the clinical follow-up scores for Agili-C®, which contains polysaccharides, are the highest among the five products. HA or other polysaccharides contained within it may play a beneficial role.

**The cell-free products show higher scores than products with seeded cells.** Both MACI® and Spherex® are commercial products with chondrocytes that are intended to improve clinical results; however, studies have shown no significant difference in IKDC scores between microfracture vs. the other four cell-free products. The quality and quantity of cells during the storage and transportation of the product may affect the therapeutic efficacy [82]. Similar results were reported before; one article reported 42 studies, including 1311 knees and 1309 patellofemoral defects, at a mean follow-up of 59.2 months. Cell-free products and products with dECM scaffold using the osteochondral autograft transfer procedure and AMIC techniques showed superior improvements relative to ACI as evidenced by IKDC, KOOS and Lysholm scores, while ACI was reported to have a lower rate of failure [83,84].

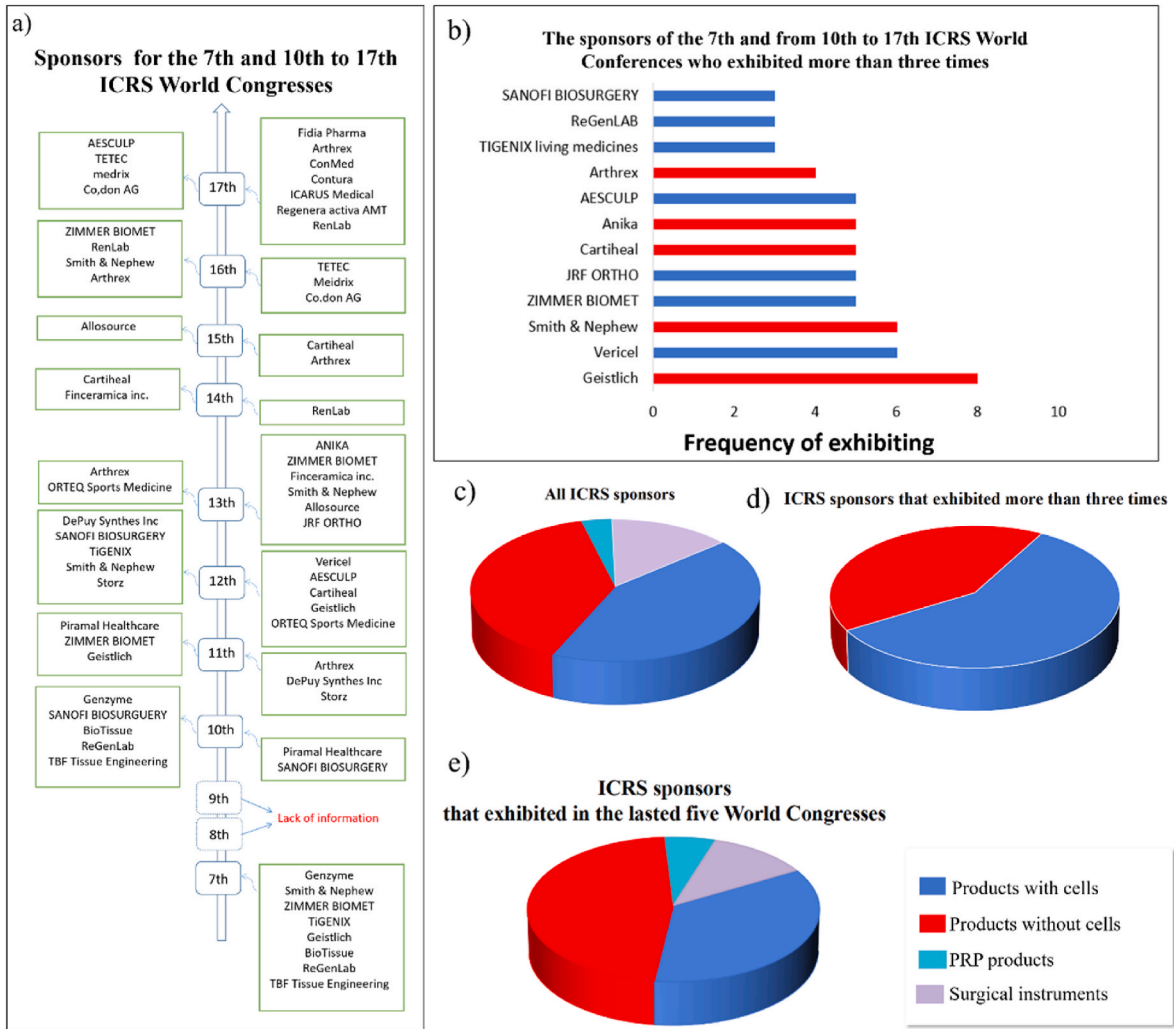
In summary, the clinical outcomes of different types of commercial products are superior to those of microfracture, and the outcomes of products that combined microfracture and allograft products are

superior to those of autologous chondrocyte products. However, it is not possible to draw solid conclusions given the variation in cell types, cell numbers, defect areas, components and forms of biomaterials as well as clinical situations.

2.5. View from ICRS sponsor and their products

The World Congress of International Cartilage Regeneration and Joint Preservation Society (ICRS) is the most influential forum in this field; the society's meeting is held every 18 months. As many elite clinicians, researchers and companies regularly attend, we assumed that companies with good products and clinical coverage, or those that have the potential to achieve it, would exhibit at the Congress. In determining which companies exhibit at the meeting and how often they have exhibited, we expected to determine the market value of the commercial products (Fig. 3a).

From the 7th to 17th ICRS World Conferences (excluding conferences 8 and 9), 12 companies exhibited more than three times; Geistlich, Vericel, and Smith & Nephew were the most active with six or more exhibits (Fig. 3b). Related products are Chondro-Gide®, MACI®



**Fig. 3.** The analysis of sponsors of ICRS World Congress. (a) Sponsor affiliations and withdrawals for the 7th and from 10th to 17th ICRS World Congresses. (b) The sponsors that have supported ICRS World Conferences more than three times. (c,d,e) Categorization of sponsors by appearance timing and frequency, and analysis of the proportions of types of products that they produce. (c) The proportion of products with and without cells manufactured by all sponsors. (d) The proportion of products with and without cells manufactured by companies that exhibited more than three times. (e) The proportion of products with and without cells manufactured by sponsors that exhibited in the last five World Congresses.

and BST-CarGel®. Over 75 % of the products from all sponsors either included cultured chondrocytes or were cell-free (Fig. 3c). The rest consisted of surgical instruments and platelet-rich plasma (PRP) products. Similarly, the common products were manufactured by the companies that exhibited most frequently (Fig. 3d). It seems that these two types of products, with cultured chondrocytes or cell-free, are not only popular but lead the market. In the last five years, the ratio of products without cells increased (Fig. 3e). This product type started to dominate the market; given that it was the preferred option of many patients and surgeons, the companies exhibited more often at the ICRS World Congress. Products with cultured chondrocytes are relatively mature and, in recent years, they have been gradually replaced. Cell-free products have a solid market share and are becoming more and more popular. Dimensional acellular scaffolds, one type of cell-free product, have almost the same market share. Cartilage grafts, although they have a lower market share, are still available and have not been replaced. PRP was studied over the last five years but did not demonstrate clinical success.

On the other hand, the cost-effectiveness of the products was analyzed in some of the literature. Often, the one-stage products were more cost-effective than the two-stage products (which include cell culture and transportation), while one-stage and two-stage products were considered equally effective clinically [85]. Cost-effectiveness is also influenced by prices of the components of each product.

## 2.6. Perspectives

Strengthening cells, biomaterials, growth factors or their combination could efficiently develop commercial products through a “bottom-up” strategy. Cartilage progenitor cells from various sources [86,87], primed MSCs with higher chondrogenic potentials via electric field treatment [88–90] and dECM expansion [91,92], and growth factors engineered with high affinity for extracellular matrix or biomaterials [93,94] all significantly promote cartilage regeneration. Biomaterials have long been vital components of commercial products, though there is lack of consensus regarding roles and optimal components and structures of biomaterials used to date. Though sponge scaffolds have been broadly adopted, such as collagen sponges used in Chondro-Gide® and MACI®, hydrogels, such as HYALOFSAT®, have gained more popularity due to ease of use and technical advances. Though hydrogels can be made durable (with a high Young’s Modulus) [95] and versatile, hydrogels used in commercial products usually lack mechanical properties and other special properties. Hydrogels help to maintain chondrocyte phenotypes and promote chondrogenic differentiation of MSCs, while sponges facilitate cell aggregation and proliferation, which are critical for cartilage regeneration [96,97].

An alternative strategy for optimizing commercial products is to prioritize the need for specific design properties using a sort of “top-down” strategy. However, limited knowledge on the biology of cartilage regeneration restricts our efforts to develop and optimize commercial products. Collagen and polysaccharides could facilitate the integration of cells and extracellular matrix, support survival in the initial stage of regeneration, enhance collagen content and promote proteoglycan production. However, every material affects cell behavior through different mechanisms. Scant and obscure understanding about the relationship between biomaterials and regenerated cartilage limits our efforts to establish “design principles” for biomaterials, both by themselves and in combination with cells and growth factors. Monitoring the regeneration process is important, which includes assessing degradation of biomaterials, fate of transplanted cells and bioactive molecules, as well as subsequent changes in microenvironment.

Precise medicine or personalized treatment could also be used in combination with universally adopted commercial products. Personalized treatment protocols should be based on location, area and depth of cartilage defects, as well as age, comorbidities, immune status and metabolic state. It is challenging to establish personalized treatment

protocols without a solid understanding of fundamental mechanisms; however, empirical attempts may be used in combination with mechanism-based design principles. Besides histological scoring systems and MRI scan evaluation, subjective scoring systems from patients should be integrated. In this case, supervised deep learning with multi-modality data could be helpful.

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## Declaration of competing interest

A conflict of interest occurs when an individual’s objectivity is potentially compromised by a desire for financial gain, prominence, professional advancement or a successful outcome. The Editors of the *Journal of Orthopaedic Translation* strive to ensure that what is published in the Journal is as balanced, objective and evidence-based as possible. Since it can be difficult to distinguish between an actual conflict of interest and a perceived conflict of interest, the Journal requires authors to disclose all and any potential conflicts of interest.

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## Glossary

FDA: Food and Drug Administration  
 CE: Conformité Européenne  
 MFDS: Ministry of Food and Drug Safety  
 EMA: European Medicines Agency  
 MHLW: Ministry of Health, Labour and Welfare  
 PMDA: Pharmaceuticals Medical Device Administration  
 KFSA: Ministry of Food and Drug Safety  
 AFL: Australian Football League  
 ARTG: Australian Register of Therapeutic Goods  
 3D: three-dimensional  
 FGF-2: fibroblast growth factor 2  
 PGA: polyglycolic acid  
 PLA: polylactic acid  
 PDS: poly(ester-ether) polydioxanone  
 PLGA: poly lactic-co-glycolic acid  
 PEOT: poly ethylene oxide-terephthalate  
 PBT: poly butylene terephthalate  
 PCL: polycaprolactone  
 ECM: extracellular matrix  
 PRP: platelet rich plasma  
 MSCs: mesenchymal stem cells  
 PPP: platelet poor plasma  
 HA: hyaluronic acid