LETTER TO THE EDITOR



COVID-19 pandemic: vaccine and new monoclonal antibodies, point of view

Antonio Vitiello¹ · Raffaele La Porta² · Laura Pianesi³ · Francesco Ferrara⁴

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Dear Editor,

The COVID-19 pandemic is the most serious health emergency of the twenty-first century, to date causing approximately 106 million people to be infected and 2.32 million deaths worldwide [1]. Despite the strict measures conducted in all countries, the pandemic seems not to stop, causing health, economic, and social problems [2, 3]. Recently, some SARS-CoV-2 variants of potential concern have been highlighted, such as VOC 202012/01 discovered in the UK, the 501.V2 variant identified in South Africa, and the variant known as P.1 identified in Brazil [4]. A few months ago, the first COVID-19 vaccines were authorized. Mass vaccination seems to be the winning way to defeat the pandemic; however, the interest of the scientific world must continue in the search for therapeutic agents able to reduce the severity of the disease and avoid death in case of contagion. Recently, the first monoclonal antibodies against SARS-CoV-2 have been authorized. Experimental therapeutic treatments used so far for the management of COVID-19-positive patients have been mostly directed to avoid serious complications of the infection, anti-inflammatory drugs, antivirals [5, 6], and anticoagulants [7, 8]; how-

Francesco Ferrara francesco.ferrara@uslumbria1.it

Antonio Vitiello antonio.vitiello 2@uslumbria1.it

Raffaele La Porta raffaele.laporta@sanita.marche.it

Laura Pianesi laura.pianesi@uslumbria2.it

- Pharmaceutical Department Usl Umbria 1, Perugia, Italy
- Pathology Department ASUR Marche, Area Vasta 1, Urbino, Italy
- ³ Pharmaceutical Department Usl Umbria 2, Foligno, Italy
- ⁴ Pharmaceutical Department Usl Umbria 1, A.Migliorati street, Perugia 06132, Italy

ever, only a massive and important mass vaccination in all countries could be necessary to stop the wave of the pandemic. Vaccines available on the market and those under testing show good efficacy and safety [9, 10]. But are they equally effective against the newly identified variants? We believe that COVID-19 vaccines are likely to show good efficacy against these newly identified viral variants as well. This is for several reasons, in the "English variant," some mutations have been identified involving the "spike protein," the target of the antibodies developed by the main vaccines, but the spike protein is a molecule composed of about 1200 amino acids and the immune system produces dozens of antibodies directed against various parts of this protein [4]. The mutations identified could make one or a few of these antibodies useless, but there would still be dozens of antibodies capable of recognizing the spike protein. Experience with vaccines against influenza viruses suggests that to escape the immune response, viruses must acquire hundreds of mutations, this can only happen over a long period. Probably to date, it is not the genetic mutations of the virus that determine the severity of the disease, but rather some human genetic variants that may make some patients more susceptible to severe forms of COVID-19. Recently, first monoclonal antibodies against SARS-CoV-2 have been authorized [11], but some issues remain to be clarified for the use. Specifically, who can undergo treatment with monoclonal antibodies? Currently, monoclonal antibodies are intended only for patients with newly diagnosed COVID-19 who are not sick enough to be in the hospital, but who have certain risk factors for severe infection. The target population that may benefit has yet to be fully and clearly identified. Also, another aspect to consider, can some SARS-CoV-2 mutations cause changes in the spike protein that could interfere with the efficacy of currently available monoclonal antibodies? To date, we believe that vaccines and monoclonal antibodies are valid therapeutic weapons to stop the global COVID-19 pandemic; however, additional clinical evidence is urgently needed.



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