CLINICAL IMAGE

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Pseudoaneurysm of the mitral-aortic intervalvular fibrosa with fistulous communication to the left atrium causing congestive heart failure

Imad Bagh | Thomas M. Marino | Jeffrey J. Silbiger 🕩

Icahn School of Medicine at Mount Sinai, New York, NY, USA

Correspondence

Jeffrey J. Silbiger, Echocardiography Laboratory, Department of Cardiology, Elmhurst Hospital Center, Icahn School of Medicine at Mount Sinai, 79-01 Broadway, Room D3-24C, Elmhurst, NY 11373. Email: jeffrey.silbiger@mssm.edu

Abstract

Pseudoaneurysms of the mitral-aortic intervalvular fibrosa can rupture and form fistulous communications between the left ventricle and left atrium. Pulmonary venous systolic flow reversal in such cases reflects elevated left atrial pressure due to shunting. This finding, particularly in the setting of endocarditis, is not specific for severe mitral regurgitation.

KEYWORDS

fistula, mitral regurgitation, mitral-aortic intervalvular fibrosa, prosthetic valve endocarditis, pseudoaneurysm

1 | CASE PRESENTATION

A 49-year-old man who underwent a Bentall procedure 3 years earlier was admitted with fever and congestive heart failure. Blood cultures grew group B Streptococcus. Transesophageal echocardiography revealed an unremarkable biologic prosthesis and conduit. A pseudoaneurysm was however seen in the mitral-aortic intervalvular fibrosa (MAIF). Color Doppler interrogation revealed flow passing from the left ventricle into the left atrium (LA) through a perforation in the pseudoaneurysm (Figure 1; Movie S1). Massive, anteriorly directed eccentric flow was noted in the atrium which obscured the orifice of the mitral valve. Off-axis imaging however revealed only mild mitral regurgitation (MR). Pulsed-wave pulmonary venous Doppler demonstrated bilateral systolic flow reversal (Figure 2). The patient was treated with diuretics and antibiotics and was referred for surgery.

2 | DISCUSSION

Prosthetic aortic valve endocarditis is complicated by abscess formation within the MAIF in one-third of cases.¹ Dissection of pressurized left ventricular blood into the weakened abscess tissue can result in pseudoaneurysm formation.² Pseudoaneurysms of the MAIF protrude externally between the aortic root and LA. Perforation can result in fistulous communication with either chamber.^{3,4}

There are several notable points in this case. First, eccentric LA flow in endocarditis does not always indicate MR. This case also demonstrates that pulmonary venous systolic flow reversal is not specific for severe MR. In our case, this reflects increased LA pressure due a shunting through a fistula. Both lesions however can cause left ventricular volume overload and congestive heart failure and represent class 1 indications for surgery.⁵

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FIGURE 1 A, Mid-esophageal transesophageal image revealing a perforated pseudoaneurysm of the mitralaortic intervalvular fibrosa. The perforation resulted in fistulous communication between the left ventricle and the left atrium. B, Color flow Doppler shows a large eccentric jet within the atrium coursing above the mitral valve (MV)





FIGURE 2 Pulsed-wave Doppler recording revealing bilateral pulmonary venous systolic flow reversal A, Left upper pulmonary vein (LUPV). B, Right upper pulmonary vein (RUPV)

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CONFLICT OF INTEREST None declared.

None declared.

AUTHOR CONTRIBUTIONS

All authors contributed equally in the conception and writing of this manuscript.

DATA AVAILABILITY STATEMENT

Data sharing not applicable to this article as no datasets were generated or analyzed during the current study.

ORCID

Jeffrey J. Silbiger bhttps://orcid. org/0000-0003-4817-0108

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

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