

Transcatheter arterial embolization for gastrointestinal bleeding

Clinical outcomes and prognostic factors predicting mortality

Shinhaeng Lee, MD^a, Taehwan Kim, MD^b, Seung Chul Han, MD^b, Haeyong Pak, MPH^c, Han Ho Jeon, MD^{a,*} 💿

Abstract

We evaluated clinical outcome and prognostic factors predicting mortality of transcatheter arterial embolization (TAE) for acute gastrointestinal (GI) bleeding. Fifty-nine patients (42 men, 17 women; mean age 66.1 ± 17.0) who underwent 59 TAE procedures for GI bleeding during 2013–2018 were retrospectively evaluated. Clinical outcomes included technical success, adverse events, and rebleeding and mortality rate within 30 days. The technical success rate was 100%. Angiography showed contrast extravasation in 41 (69.5%) patients and indirect signs of bleeding in 16 (27.1%) patients. Two (3.4%) patients underwent prophylactic embolization. TAE-related adverse events occurred in 7 (11.9%) patients; adverse events were more common for mid GI or lower GI bleeding than for upper GI bleeding (22.6% vs 0%, P = 0.007). Rebleeding within 30 days was observed in 22 (37.3%) patients after TAE. Coagulopathy was a prognostic factor for rebleeding (odds ratio [OR] = 3.53, 95% confidence interval 1.07–11.67, P = .038). Mortality within 30 days occurred in 11 (18.6%) patients. Coagulopathy (OR = 24, 95% confidence interval 2.56–225.32, P = .005) was an independent prognostic factor for mortality within 30 days. TAE is an effective, safe, and potentially lifesaving procedure for GI bleeding. If possible, coagulopathy should be corrected before TAE as it may reduce rebleeding and mortality.

Abbreviations: GI = gastrointestinal, INR = international normalized ratio, NBCA = N-butyl cyanoacrylate, PTT = partial thromboplastin time, TAE = transcatether arterial embolization.

Keywords: embolization, gastrointestinal hemorrhage, prognosis, therapeutic

1. Introduction

Acute gastrointestinal (GI) bleeding, which can occur because of various causes, such as GI ulcers, diverticulosis, malignancy, angiodysplasia, and trauma, may have various clinical courses and symptoms depending on the site and cause of bleeding. Endoscopic intervention is the primary diagnostic and treatment method for GI bleeding. However, it is difficult to accurately diagnose or treat GI bleeding if there is food, feces, or a blood clot in the GI tract in an emergency. In addition, evaluation of the small intestine is generally limited. Patients with GI bleeding who are unresponsive to pharmacologic therapy, in whom endoscopic intervention has failed, or who are unable to undergo endoscopy, angiographic intervention, or surgical intervention require measures to control of bleeding.^[1,2] In the case of upper GI bleeding, if bleeding occurs again after successful endoscopic hemostasis, it is recommended to try endoscopic treatment again rather than performing surgery or transcatheter arterial embolization (TAE). However, if endoscopic treatment fails, TAE is a reasonable therapeutic choice in management. Because TAE shows significant reductions in complications

This study was supported by a grant from the National Health Insurance Service Ilsan Hospital, Republic of Korea.

The authors have no conflicts of interests to disclose.

The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

^aDepartment of Internal Medicine, National Health Insurance Service Ilsan Hospital, Goyang, Korea, ^bDepartment of Radiology, National Health Insurance Service Ilsan Hospital, Goyang, Korea, ^cInstitute of Health Insurance & Clinical Research, National Health Insurance Service Ilsan Hospital, Goyang, Korea.

*Correspondence: Han Ho Jeon, Division of Gastroenterology, Department of Internal Medicine, National Health Insurance Service Ilsan Hospital, Goyang, and hospital stay with no difference in mortality compared with surgery.^[3] In the case of lower GI bleeding, TAE should be considered in patients who do not respond adequately to hemodynamic resuscitation treatment and cannot perform bowel preparation and urgent colonoscopy. Computed tomography angiography should be considered when diagnostic tests are required to identify bleeding sites before TAE. In general, surgery for acute lower GI bleeding should be considered only after other treatment options have failed.^[4] However, for a large number of patients with acute GI bleeding, surgical intervention may also be limited due to various comorbidities; the majority are referred for angiography intervention. TAE has been performed since first reported by Rocsh and Dotter in 1972. With the development of embolization technology and embolization materials, TAE has been effective at controlling GI bleeding and decreasing mortality.^[5-7] The efficacy and safety of TAE have been reviewed in several studies of upper GI bleeding, but the results did not show sufficient control of lower GI bleeding.^[8,9] In addition, only a few studies have reported on the clinical outcomes of TAE and prognostic factors predicting mortality in upper and lower GI bleeding.

Korea, 100 llsan-ro, llsan-donggu, Goyang 10444, Korea (e-mail: fortune22c@ nhimc.or.kr).

Copyright © 2022 the Author(s). Published by Wolters Kluwer Health, Inc. This is an open access article distributed under the Creative Commons Attribution License 4.0 (CCBY), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Lee S, Kim T, Han SC, Pak H, Jeon HH. Transcatheter arterial embolization for gastrointestinal bleeding: clinical outcomes and prognostic factors predicting mortality. Medicine. 2022;101:31(e29342).

Received: 7 January 2021 / Received in final form: 19 January 2022 / Accepted: 30 March 2022

http://dx.doi.org/10.1097/MD.00000000029342

This study aimed to evaluate clinical outcomes, including technical success, adverse events, and rebleeding and mortality rate within 30 days of TAE, of patients with acute GI bleeding when endoscopic intervention had failed or was not feasible. We present the following article in accordance with the STROBE reporting checklist.

2. Patients and Methods

2.1. Patients

This was a retrospective study performed at National Health Insurance Ilsan hospital. We reviewed the medical records of patients with acute GI bleeding who underwent TAE from January 2013 to December 2018. Contrast-enhanced abdominal pelvic computed tomography (CT) was performed in most patients to identify bleeding site and cause and perform anatomical analysis. Bleeding site was identified either by endoscopy or CT finding before TAE. GI bleeding was classified into 3 subtypes. Bleeding above the ampulla of Vater was defined as upper GI bleeding, bleeding in the small intestine anywhere from the ampulla of Vater to the terminal ileum was defined as mid-GI bleeding, and colonic bleeding was defined as lower GI bleeding.^[10] Inclusion criteria were

- 1. older than 18 years of age and
- 2. acute non-variceal GI bleeding either refractory to pharmacologic or endoscopic intervention or perceived to be insufficiently controlled by pharmacologic or endoscopic intervention.

Patients with variceal bleeding and bleeding into the abdominal peritoneal or retroperitoneal space were excluded. This retrospective study was approved by the institutional review board at our institution, and informed consent was waived.

2.2. TAE procedure

TAE procedures were performed in the interventional radiology suite. All patients underwent TAE via a puncture to the right or left common femoral artery followed by an angiogram. For patients with upper GI bleeding, the celiac artery and the superior mesenteric artery were selected using a 5 Fr angiographic catheter (COOK, Bloomington, Ind.); then, we confirmed the overall anatomy of the blood vessel and the presence of bleeding. We then coaxially inserted a 2-2.4 Fr microcatheter and performed super-selective angiography on the bleeding site. We assessed the degree of bleeding and corresponding vessels and surrounding anatomical structures through super-selective angiography, which was used to select suitable embolic materials. The superior mesenteric artery and inferior mesenteric artery were selected for patients with lower GI bleeding. The internal iliac artery was additionally examined in patients with rectal and sigmoid colon hemorrhage. Angiography was considered positive when it showed either a direct angiographic sign of active GI bleeding (contrast extravasation) or indirect signs of bleeding.^[9,11] Embolization was performed as selectively as possible. If angiography was negative for active bleeding, prophylactic or empiric embolization was performed based on a referral from a physician. The embolic agent was selected according to the anatomical condition of the bleeding vessel, the degree of bleeding, access and selection of the micro-angiographic conduit, and the preference of the radiologist. Post-embolization angiography was also performed.

2.3. Measured outcomes and definition

Follow-up data were available for all patients. Data on events were collected by review of the electronic medical records of patients. The primary outcomes of our study were procedure technical success and rebleeding rates within the 30 day from the date of TAE. The secondary outcomes were TAE-related adverse events and survival rates. Technical success was defined as an immediate complete angiographic occlusion of all target vessels contributing to the area of hemorrhage.^[5] Coagulopathy was defined as international normalized ratio (INR) greater than 1.5, partial thromboplastin time (PTT) longer than 45 second, or a platelet count less than 80,000/mL.[12,13] Clinical failure of TAE was defined as rebleeding within the 30-day follow-up period. Rebleeding was defined as a subsequent bleeding event with clinical bleeding symptoms such as hematemesis, melena, hematochezia, or a decrease in the hemoglobin level of > 2g/dL. Procedure-related adverse events were classified according to the Society of Interventional Radiology Standards of Practice Committee classification of complication.^[14] Patient survival was analyzed until 30 days from the date of TAE and the mortality cause was categorized as hemorrhage-specific and others, which were not directly attributable to GI bleeding but to other potential causes, such as respiratory failure, acute myocardial infraction, or acute stroke or underlying diseases.

2.4. Statistical analysis

A sample size of 40 achieves 75% powder to detect a difference between the group proportions of 0.4000 using the two-sided T-test. The significance level of the test was targeted at 0.0500. The significance level actually achieved by this design is 0.0502.

Descriptive statistics were used to characterize the demographics of the study populations. Continuous variables were analyzed using *t*-test. Categorical variables were analyzed using Chi-Squared or Fisher exact test. To identify clinical factors related to rebleeding and mortality, logistic regression analysis was performed. Variables with *P* value <.05 in univariate analysis were included in the multivariate logistic analysis (stepwise regression). A *P* value of <.05 was considered statistically significant. All statistical analyses were performed using SPSS software version 23 (IBM Corp., Armonk, New York).

3. Result

3.1. Patient characteristics

Fifty-nine patients underwent 59 angiography and embolization procedures. The mean age of patients was 66.1 ± 17.0 years and 17 (28.8%) were women. A total of 41 patients underwent contrast-enhanced abdominal pelvic CT or CT angiography. The median period between CT and TAE was 7 hours (range, 1-91 hours). Twenty-eight of the 59 (47.5%) patients had upper GI bleeding, while the remaining 31 (52.5%) experienced mid GI or lower GI bleeding (Table 1). More than half of patients had a high surgical risk associated with aging and comorbidities; 38/59 (64.4%) patients were older than 65 years, and 34/59 (57.6%) patients had at least 2 comorbidities. Additionally, 13/59 (22%) patients were taking antiplatelet agents or anticoagulants and 22/59 (37.3%) patients had coagulopathy status before TAE. Patients showed various clinical symptoms related to acute GI bleeding, and hematochezia (52.5%) was the most prevalent symptom. Furthermore, 45/59 (76.3%) patients had shock status before TAE. The mean number of packed red blood cells transfused before embolization was 6.0 ± 4.7 .

3.2. TAE procedure outcomes

Details of the TAE procedures are summarized in Table 2. Thirty-nine of 59 (66.1%) patients underwent emergent TAE (within \leq 24 hours after acute bleeding onset). Embolization was performed in 57 (96.6%) patients based on the angiography results, which were direct contrast extravasation (41/59, 69.5%) or indirect signs of bleeding (16/59, 27.1%). Two (3.4%) patients had no definite evidence of bleeding on

angiography, but the artery supplying the suspected bleeding site was embolized prophylactically. Single-artery embolization was performed in 53 (89.8%) patients, and more 2 arteries were embolized in 6 (10.2%) patients. Multiple embolic agents (15/59, 25.4%) were used. N-butyl cyanoacrylate (NBCA) glue (44/59, 74.6%) was the most frequently used embolic agent, either alone (30/59, 50.9%) or in combination with other embolic agents (14/59, 23.7%).

The patients undergoing TAE procedures were divided into 2 groups, according to the site of bleeding: upper and mid GI or lower GI bleeding groups. Embolization was technically successful in all patients, having a technical success rate of 100% (Table 3). Adverse events occurred in 7 (11.9%) patients, and all these adverse events occurred in patients with mid GI or lower GI bleeding. Two of these patients underwent artery dissection during the procedure. Five patients were confirmed to have developed post-TAE ischemia. Three of these 5 patients developed bowel infarction; the other 2 patients did not develop any further ischemic complications. Outcomes after TAE were compared between the 2 groups. Although technical success, rebleeding rate, and mortality rate were not significantly different between the 2 groups, the proportion of adverse events was significantly higher in the mid GI or lower GI bleeding group (P = .007). Rebleeding occurred in 22 patients (37.3%) after TAE. Patients with recurrent bleeding were treated as follows: 8 patients underwent surgery, and 1 patient underwent endoscopic intervention. Thirteen of these patients received only conservative treatment for bleeding. More active treatment was not desired by these patients or family members. Mortality occurred in 11 patients (18.6%): 6 (54.5%) had a hemorrhage-specific death, and the other deaths (45.5%) were not directly attributable to GI bleeding but other potential causes or underlying diseases.

3.3. Clinical factors of rebleeding and mortality after TAE

The results of univariate analysis of the clinical factors for rebleeding and mortality after TAE are presented in Tables 4 and 5, respectively. In univariate analysis, rebleeding was associated with renal failure (P = .047), coagulopathy (P = .009), and massive transfusion (P = .047). Overall, coagulopathy was more likely to occur with recurrent bleeding (odds ratio [OR] = 3.53; 95% confidence interval: 10.7–11.67; *P* = .038). However, malignant bleeding, embolization emergency, bleeding site, embolization territories, and multiple embolic agents showed no effect on rebleeding outcome. In univariate analysis, mortality within 30 days was associated with liver cirrhosis (P = .013) and coagulopathy (P = .002). Coagulopathy (OR = 24; 95% confidence interval: 2.56-225.32; P = .005)was the only factor that was associated independently with mortality in the multivariate analysis. Rebleeding did not affect the mortality within 30 days. Similarly, malignant bleeding, embolization emergency, bleeding site, embolization territories, and multiple embolic agents showed no effect on mortality outcome.

4. Discussion

In this retrospective analysis of 59 patients, despite most patients having high surgical risk associated with aging and comorbidities, TAE effectively controlled both upper and mid GI or lower GI bleeding with high technical success (100%) rates and clinical success (62.7%) rates. Many previous studies have reported technical success rates as high as 90% to 100%.^[11,15-17] The results of this study are comparable to those of other series and recommended success thresholds. The causes of the technical failure have been reported as vascular complex anatomy, vascular spasm, and stenosis of the bleeding artery. However, the overall success rate of

TAE is very high and TAE has become an excellent approach to control various types of GI bleeding. The most important limitation of TAE is the occurrence of rebleeding. The clinical success rate (no rebleeding within 30 days) in this study was 62.7% (64.3% for upper GI bleeding and 61.3% for mid GI or lower GI bleeding). The rebleeding (37.3%) rate in the present study is comparable to the reported recurrent bleeding rate in other studies.^[9,11,15-17] The low clinical success rate compared to the technical success rate is thought to have been caused by various factors, such as rebleeding caused by incomplete embolization, rebleeding of other lesions in the surrounding vessels other than the embolized vessel, and rebleeding due to ischemia after embolization or coagulopathy, even after immediate treatment of GI bleeding after TAE. Therefore, careful follow-up is necessary even after the technical success of embolization. In addition, we identified that coagulopathy was a significant contributor to an increased risk of rebleeding, consistent with previous other studies.[11,12,15,18] This result highlights the need for detailed correction of coagulopathy in patients with GI bleeding.

Adverse events such as injection site hematoma, arterial dissection, and contrast-related complications can occur in 0% to 10% of TAE procedures. Severe adverse events are known to occur in less than about 2% of patients.^[19] In this study, there were 2 artery dissections during super selection of the bleeding site. The incidence of post-TAE ischemia or infarction, which is a typical adverse event, is reported to be 0% to 25%, and GI perforation occurred in 1.8%.[6,11,12,15,17] The incidence of adverse events of post-TAE in this study was 11.9%, similar to previous studies. All adverse events such as post-TAE ischemia or infraction occurred only in the lower GI bleeding group. There was no post-TAE ischemia in the upper GI tract with sufficient collateral blood supply, but post-TAE ischemia occurred in the lower GI tract with insufficient collateral blood supply, showing a similar result as a previous study.^[20] Due to this lack of collateral blood supply, it is thought that all 3 cases of infarction after TAE confirmed in this study are likely to be linked to the lower GI tract. All three infarctions were embolized with NBCA glue. These infarctions were the result of approximately 5 to 6 NBCA glue castings, which showed a clinical progression of about 2 or 3 days after embolism. Additional surgical treatment was required in all patients, and stable clinical progress was observed in all patients after surgery. However, selection of the best embolic agent is still controversial. A variety of embolic materials can be used successfully by experienced radiologists. Recently, good results were achieved with NBCA glue, indicating that it is a safe and effective embolization material for GI bleedings.^[17,21] This material is especially useful against massive bleeding that requires emergent hemostasis. However, using NBCA glue requires training and considerable experience, due to the risk of post-TAE infarction and glue reflux to other surrounding vessels. Previous studies have reported that more than 3 embolizations of the vasa recta increase the risk of adverse events such as infraction.[22-24] This observation was confirmed in 3 patients with infraction in this study. Therefore, in patients with GI bleeding, especially lower GI bleeding, further research is needed to prevent post-TAE ischemia or infarction by performing super selection of the bleeding vessel and minimizing strait vessel embolization during embolization using NBCA glue.

The overall morality within 30 days in this study was 18.6% among all patients. The mortality rate in our study cohort is consistent with that reported in prior studies.^[11,17,25,26] Many factors have been reported to contribute to post-TAE mortality, including older age, sepsis, recent major surgery, multiple comorbidities, malignancy, massive blood transfusions, coagulopathy, and rebleeding. Our study showed that only coagulopathy was associated with a 24-time increased odds of 30-day

Table 1 Patient demographics (n = 59).

Variable

| Age (years) Sex (male: female) | 66.10±0 17.0 42 (71.2)/ 17 (28.8) |
|---|--------------------------------------|
| In-patient/ ER patient | 23 (39)/ 36 (61) |
| Comorbidities | |
| Diabetes mellitus | 15 (25.4) |
| Hypertension | 35 (59.3) |
| Heart failure | 10 (16.9) |
| Ischemic heart disease | 12 (20.3) |
| Cerebrovascular disease | 7 (11.9) |
| Malignancy | 13 (22) |
| Peptic ulcer disease | 17 (28.8) |
| Coagulopathy* | 22 (37.3) |
| Medication† | 13 (22) |
| Liver cirrhosis | 7 (11.9) |
| Renal failure | 13 (22) |
| Initial presentation | 11 (10.0) |
| Melena | 11 (18.6) |
| Hematemesis Melena + hematemesis | 4 (6.7) |
| | 3 (5.2) |
| Hematochezia | 31 (52.5) |
| Hematochezia + hematemesis | 2 (3.4) |
| Others Shock | 8 (13.6) |
| | 45 (76.3) |
| Hemoglobin0 <0 9.0 Bleeding site | 7 (11.9) |
| UGI | 29 (47 5) |
| Duodenal ulcer | 28 (47.5) 9 (15.3) |
| Gastric ulcer | 7 (11.9) |
| Dieulafoy lesion | 1 (1.7) |
| Malignancy | 4 (6.7) |
| Diverticular disease | 1 (1.7) |
| Esophageal tear | 1 (1.7) |
| Unknown cause | 5 (8.5) |
| MGI | 21 (35.6) |
| Pseudoaneurysm | 5 (8.5) |
| Dieulafoy lesion | 1 (1.7) |
| Malignancy | 2 (3.4) |
| HSP | 1 (1.7) |
| Jejunal ulcer | 1 (1.7) |
| Aneurysm | 1 (1.7) |
| Unknown cause | 10 (16.9) |
| LGI | 10 (16.9) |
| Angiodysplasia | 1 (1.7) |
| Malignancy | 1 (1.7) |
| Diverticular disease | 2 (3.4) |
| Colorectal ulcer | 2 (3.4) |
| Unknown cause | 4 (6.7) |
| PRBC unit total transfusion before embolization | $6.00 \pm 0.4.7$ |

Values are expressed as mean ± SD or n (%).

ER = emergency room, HSP = Henoch Schönlein purpura, LGI = lower gastrointestinal bleeding, MGI = mid gastrointestinal bleeding, PRBC = packed red blood cell, UGI = upper gastrointestinal bleeding.

*Defined as international normalized ratio (INR) greater than 1.5, partial thromboplastin time (PTT) longer than 45 second, or platelet count less than 80,000/ml.

†Antiplatelet agents or anticoagulants.

mortality. Previous studies have also showed a strong correlation between coagulopathy and mortality after TAE.^[11,18,25]

The coagulopathy was a significant risk factor for rebleeding and mortality in this study. In patients with GI bleeding, if hemostasis is achieved after endoscopic treatment, we try to maintain a hemoglobin concentration >7.0 g/dL, platelet count >50,000/mL, and prothrombin time (PT) or PTT < 1.5 times normal. However, if bleeding persists after endoscopic treatment or TAE, we target a hemoglobin concentration >8.0 g/dL for transfusion. If more than 6 units of packed RBCs were transfused, balanced transfusion (a 1:1:1 ratio of

Table 2

Summary of embolization performed on patients with gastrointestinal bleeding.

Variables

| Urgency of embolization | |
|--|-----------|
| Emergent (<24 h) | 39 (66.1) |
| Urgent (>24 h, ≤ 7 d) | 20 (33.9) |
| Rationale for embolization | |
| Contrast extravasation | 41 (69.5) |
| Indirect signs of bleeding | 16 (27.1) |
| Prophylactic or empiric | 2 (3.4) |
| Arteries embolized ≥2 territories embolization | 6 (10.2) |
| Embolic agents | |
| Coil | 10 (16.9) |
| Gelfoam | 4 (6.8) |
| NBCA glue | 30 (50.9) |
| NBCA glue + coil | 10 (16.9) |
| NBCA glue + gelfoam | 2 (3.4) |
| Coil + PVA | 1 (1.7) |
| NBCA glue + PVA | 1 (1.7) |
| NBCA glue + Coil + PVA | 1 (1.7) |

Values are presents as n (%).NBCA = N-butyl cyanoacrylate, PVA = polyvinyl alcohol.

fresh frozen plasma, platelet concentrate, and red blood cells) was performed. The optimal target INR for endoscopic treatment to effective and safe has yet determined. In the previous study, endoscopic treatment was reported to be as effective in patients who taking warfarin (after correction INR level of 1.5-2.5) as in control.^[27] Active treatment like transfusion generally also recommend when bleeding is accompanied by PT or PTT >1.5 times normal and thrombocytopenia with platelet count <50,000-100,000/mL in perioperative bleeding patients.^[28] Conversely, there is no data exist on the safety and efficacy of TAE in GI bleeding patients without previous correction of coagulopathy. In the above-mentioned studies,[11,12,15,18,25] coagulopathy was reported to be a poor clinical outcomes, but in this study, about 40% of patients had coagulopathy status before TAE. Therefore, it is considered that strict coagulopathy correction is needed for patients receiving TAE with acute GI bleeding.

There are several limitations in our study. First, this was a retrospective study over 6 years, which resulted in a lack of consistent strategies for the diagnosis and treatment for patients with acute GI bleeding. Second, we could not compare the efficacy of the different embolic agents because of the relatively small number of patients. Third, since this was a single-center study, further research is needed to generalize the results of this study.

In conclusion, this study reveals that TAE is an effective and potentially life-saving method to manage non-variceal GI bleeding when endoscopic hemostasis therapy is unsuccessful or not feasible. Every effort should be made to correct coagulopathy before TAE because coagulopathy is a significant risk factor for both rebleeding and mortality.

| Table 3 | | |
|-----------|------------------|--|
| Post-embo | lization result. | |

| Variable | All (59) | UGI (28) | MGI or LGI (31) | P value |
|------------------------|-----------|-----------|-----------------|---------|
| Technical success | 59 (100) | 28 (100) | 31 (100) | |
| Adverse events | 7 (11.9) | 0 (0) | 7 (22.6) | .007 |
| Rebleeding (≤30 d) | 22 (37.3) | 10 (35.7) | 12 (38.7) | .812 |
| Mortality rate (≤30 d) | 11 (18.6) | 6 (21.4) | 5 (16.1) | .602 |
| Hemorrhage-specific | 6 (54.5) | 3 (50.0) | 3 (60) | 1.0 |

Values are presents as n (%).LGI = lower gastrointestinal bleeding, MGI = mid gastrointestinal bleeding, UGI = upper gastrointestinal bleeding.

Table 4

Clinical factors of rebleeding within 30 days.

| Variable | Univariate analysis | | | Multivariate analysis | | |
|-----------------------------------|-----------------------------|-----------------------|---------|-----------------------|------------|---------|
| | Clinical success (n0 =0 37) | Rebleeding (n0 =0 22) | P value | Odds ratio | 95% CI | P value |
| Age (years) | 64.50±018.0 | 68.60±015.2 | .371 | | | |
| Male | 26 (70.3) | 16 (72.7) | .840 | | | |
| Liver cirrhosis | 2 (5.4) | 5 (22.7) | .065 | | | |
| Renal failure (CRF or ESRD) | 5 (13.5) | 8 (36.4) | .047 | 2.79 | 0.69-11.21 | .149 |
| Malignant bleeding | 5 (13.5) | 2 (9.1) | .614 | | | |
| Coagulopathy* | 9 (24.3) | 13 (59.1) | .009 | 3.53 | 1.07-11.67 | .038 |
| Medication+ | 8 (21.6) | 5 (22.7) | .921 | | | |
| Shock | 25 (67.6) | 20 (90.9) | .056 | | | |
| Embolization time (>24 h) | 12 (32.4) | 8 (36.4) | .758 | | | |
| Bleeding site (MGI or LGI vs UGI) | 19 (51.4) | 12 (54.5) | .812 | | | |
| ≥2 territories embolization | 2 (5.4) | 4 (18.2) | .137 | | | |
| Multiple embolic agents | 12 (32.4) | 3 (13.6) | .119 | | | |
| Massive transfusion‡ | 5 (13.5) | 8 (36.4) | .047 | 2.36 | 0.58-9.64 | .223 |

Values are expressed as mean ± SD or n (%).Cl = confidence interval, CRF = chronic renal failure, ESRD = end-stage renal failure, LGl = lower gastrointestinal bleeding, MGl = mid gastrointestinal bleeding, UGI = upper gastrointestinal bleeding.

*Defined as international normalized ratio (INR) greater than 1.5, partial thromboplastin time (PTT) longer than 45 second, or platelet count less than 80,000/mL.

+Antiplatelet agents or anticoagulants.

±≥10 packed red blood cell units transfusion before embolization.

Table 5 Clinical factors of mortality within 30 days.

| Variable | Univariate analysis | | | Multivariate analysis | | |
|-----------------------------------|---------------------|----------------------|---------|-----------------------|-------------|---------|
| | Survival (n0 =0 48) | Mortality (n0 =0 11) | P-value | Odds ratio | 95% CI | P-value |
| Age (years) | 66.60±017.2 | 63.80±017.0 | .991 | | | |
| Male | 35 (72.9) | 7 (63.6) | .542 | | | |
| Liver cirrhosis | 3 (6.3) | 4 (36.4) | .013 | 2.00 | 0.32-12.33 | .455 |
| Renal failure (CRF and ESRD) | 11 (22.9) | 2 (18.2) | .747 | | | |
| Malignant bleeding | 5 (10.4) | 2 (18.2) | .478 | | | |
| Coagulopathy* | 12 (25) | 10 (90.9) | .002 | 24.00 | 2.56-225.32 | .005 |
| Medication+ | 12 (25) | 1 (9.1) | .274 | | | |
| Shock | 35 (72.9) | 10 (90.9) | .232 | | | |
| Embolization time (>24 h) | 16 (33.3) | 4 (36.4) | .848 | | | |
| Bleeding site (MGI or LGI vs UGI) | 26 (54.2) | 5 (45.5) | .603 | | | |
| ≥ 2 territories embolization | 3 (6.3) | 3 (27.3) | .056 | | | |
| Multiple embolic agents | 12 (25) | 3 (27.3) | .876 | | | |
| Rebleeding (≤30 days) | 15 (31.3) | 7 (63.6) | .054 | | | |
| Massive transfusion‡ | 9 (18.8) | 4 (36.4) | .213 | | | |

Values are expressed as mean ± SD or n (%).Cl = confidence interval, CRF = chronic renal failure, ESRD = end-stage renal failure, LGl = lower gastrointestinal bleeding, MGl = mid gastrointestinal bleeding, UGI = upper gastrointestinal bleeding.

*Defined as international normalized ratio (INR) greater than 1.5, partial thromboplastin time (PTT) longer than 45 s, or platelet count less than 80,000/mL.

+Antiplatelet agents or anticoagulants.

↓≥ 10 packed red blood cell units transfusion before embolization.

Author contributions

Formal analysis: Haeyong Pak. Supervisions: Taehwan Kim, Seung Chul Han. Writing – original draft: Shinhaeng Lee. Writing – review & editing: Han Ho Jeon.

References

- [1] Imdahl A. Genesis and pathophysiology of lower gastrointestinal bleeding. Langenbecks Arch Surg 2001;386:1-7.
- [2] van Leerdam ME. Epidemiology of acute upper gastrointestinal bleeding. Best Pract Res Clin Gastroenterol 2008;22:209-24.
- [3] Laine L, Barkun AN, Saltzman JR, Martel M, Leontiadis GI. ACG clinical guideline: upper gastrointestinal and ulcer bleeding. Am J Gastroenterol 2021;116:899-917.
- [4] Strate LL, Gralnek IM. ACG clinical guideline: management of patients with acute lower gastrointestinal bleeding. Am J Gastroenterol 2016;111:459-74.

- [5] Angle JF, Siddiqi NH, Wallace MJ, et al. Quality improvement guidelines for percutaneous transcatheter embolization: society of interventional radiology standards of practice committee. J Vasc Interv Radiol 2010;21:1479-86.
- [6] Loffroy R, Guiu B, Cercueil JP, et al. Refractory bleeding from gastroduodenal ulcers: arterial embolization in high-operative-risk patients. J Clin Gastroenterol 2008;42:361-7.
- Zahid A, Young CJ. Making decisions using radiology in lower GI hem-[7] orrhage. Int J Surg 2016;31:100-3.
- [8] Weldon DT, Burke SJ, Sun S, Mimura H, Golzarian J. Interventional management of lower gastrointestinal bleeding. Eur Radiol 2008;18:857-67.
- [9] Loffroy R, Favelier S, Pottecher P, et al. Transcatheter arterial embolization for acute nonvariceal upper gastrointestinal bleeding: Indications, techniques and outcomes. Diagn Interv Imaging 2015;96:731-44.
- [10] Raju GS, Gerson L, Das A, Lewis B. American Gastroenterological Association (AGA) Institute medical position statement on obscure gastrointestinal bleeding. Gastroenterology 2007;133:1694-6.

- [11] Yap FY, Omene BO, Patel MN, et al. Transcatheter embolotherapy for gastrointestinal bleeding: a single center review of safety, efficacy, and clinical outcomes. Dig Dis Sci 2013;58:1976–84.
- [12] Loffroy R, Guiu B, D'Athis P, et al. Arterial embolotherapy for endoscopically unmanageable acute gastroduodenal hemorrhage: predictors of early rebleeding. Clin Gastroenterol Hepatol 2009;7:515–23.
- [13] Shin JH. Recent update of embolization of upper gastrointestinal tract bleeding. Korean J Radiol 2012;13:S31–9.
- [14] Brown DB, Cardella JF, Sacks D, et al. Quality improvement guidelines for transhepatic arterial chemoembolization, embolization, and chemotherapeutic infusion for hepatic malignancy. J Vasc Interv Radiol 2006;17(2 Pt 1):225–32.
- [15] Lee HH, Park JM, Chun HJ, Oh JS, Ahn HJ, Choi MG. Transcatheter arterial embolization for endoscopically unmanageable non-variceal upper gastrointestinal bleeding. Scand J Gastroenterol 2015;50:809–15.
- [16] Shi ZX, Yang J, Liang HW, Cai ZH, Bai B. Emergency transcatheter arterial embolization for massive gastrointestinal arterial hemorrhage. Medicine (Baltimore) 2017;96:52(e9437).
- [17] Kwon JH, Kim MD, Han K, et al. Transcatheter arterial embolisation for acute lower gastrointestinal haemorrhage: a single-centre study. Eur Radiol 2019;29:57–67.
- [18] Aina R, Oliva VL, Therasse E, et al. Arterial embolotherapy for upper gastrointestinal hemorrhage: outcome assessment. J Vasc Interv Radiol 2001;12:195–200.
- [19] Walker TG, Salazar GM, Waltman AC. Angiographic evaluation and management of acute gastrointestinal hemorrhage. World J Gastroenterol 2012;18:1191–201.

- [20] Hongsakul K, Pakdeejit S, Tanutit P. Outcome and predictive factors of successful transarterial embolization for the treatment of acute gastrointestinal hemorrhage. Acta Radiol 2014;55:186–94.
- [21] Kim PH, Tsauo J, Shin JH, Yun SC. Transcatheter arterial embolization of gastrointestinal bleeding with N-Butyl cyanoacrylate: a systematic review and meta-analysis of safety and efficacy. J Vasc Interv Radiol 2017;28:522–31.e525.
- [22] Hur S, Jae HJ, Lee M, Kim HC, Chung JW. Safety and efficacy of transcatheter arterial embolization for lower gastrointestinal bleeding: a single-center experience with 112 patients. J Vasc Interv Radiol 2014;25:10–9.
- [23] Kodani M, Yata S, Ohuchi Y, Ihaya T, Kaminou T, Ogawa T. Safety and risk of superselective transcatheter arterial embolization for acute lower gastrointestinal hemorrhage with N-Butyl cyanoacrylate: angiographic and colonoscopic evaluation. J Vasc Interv Radiol 2016;27:824–30.
- [24] Yata S, Ihaya T, Kaminou T, et al. Transcatheter arterial embolization of acute arterial bleeding in the upper and lower gastrointestinal tract with N-butyl-2-cyanoacrylate. J Vasc Interv Radiol 2013;24:422–31.
- [25] Powerski M, Meyer-Wilmes P, Omari J, et al. Transcatheter arterial embolization of acute bleeding as 24/7 service: predictors of outcome and mortality. Br J Radiol 2018;91:20180516.
- [26] Lee HJ, Shin JH, Yoon HK, et al. Transcatheter arterial embolization in gastric cancer patients with acute bleeding. Eur Radiol 2009;19:960–5.
- [27] Choudari CP, Rajgopal C, Palmer KR. Acute gastrointestinal haemorrhage in anticoagulated patients: diagnoses and response to endoscopic treatment. Gut 1994;35:464–6.
- [28] Steiner ME, Despotis GJ. Transfusion algorithms and how they apply to blood conservation: the high-risk cardiac surgical patient. Hematol Oncol Clin North Am 2007;21:177–84.