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ORIGINAL RESEARCH

Hesperetin-5,7,3'-O-Trimethylether Dually Inhibits Phosphodiesterase 3/4 and Methacholine-Induced Airway Hyperresponsiveness in Sensitized and Challenged Mice

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**Introduction:** Hesperetin-5,7,3'-*O*-trimethylether (HTME), a synthetic liposoluble hesperetin, has been reported to be a dual phosphodiesterase (PDE)3/4 inhibitor. We investigated its inhibitory effects on methacholine (MCh)-induced airway hyperresponsiveness (AHR) and its potential for treating atypical asthma and COPD.

**Methods:** FlexiVent system was used to determine AHR in ovalbumin (OVA) sensitized and challenged mice. Determination of cytokines was performed by using mouse T helper (Th)1/Th2 cytokine CBA kits, and of total immunoglobulin (Ig)E and OVA-specific IgE using ELISA kits. The number of inflammatory cells was counted using a hemocytometer. Xylazine/ketamine-induced anesthesia was to assess nausea, vomiting, and gastric hypersecretion in these mice.

**Results:** HTME dually and competitively inhibited PDE3/4 activities in the Lineweaver– Burk analysis. HTME (30 and 100  $\mu$ mol/kg) dose-dependently and significantly decreased the airway resistance (R<sub>L</sub>) and increased lung dynamic compliance (C<sub>dyn</sub>) values induced by MCh. It significantly suppressed numbers of total inflammatory cells and neutrophils, and levels of cytokines in bronchoalveolar lavage fluid (BALF). HTME dose-dependently and significantly inhibited total and OVA-specific IgE levels in the BALF and serum. However, HTME did not influence xylazine/ketamine-induced anesthesia.

**Conclusion:** HTME exerted anti-inflammatory and bronchodilator effects and may be useful in treating chronic obstructive pulmonary disease and allergic atypical asthma with no gastrointestinal side effects.

**Keywords:** allergic asthma, chronic obstructive pulmonary disease, therapeutic  $PDE4_H/PDE4_L$  ratio, ovalbumin, cytokines, bronchoalveolar lavage fluid, inflammation

## Introduction

Phosphodiesterases (PDEs) comprise 11 distinct enzyme families. PDE3 plays a role in airway dilatation and up-regulates in airway smooth muscle from patients with asthma.<sup>1</sup> PDE3 has two genes identified, known as PDE3A and PDE3B. PDE4 has four genes (A–D) identified, and has high (PDE4<sub>H</sub>) and low (PDE4<sub>L</sub>) affinities for rolipram. The therapeutic (PDE4<sub>H</sub>/PDE4<sub>L</sub>) ratio of selective PDE4 and dual PDE3/4 inhibitors for treating asthma and chronic obstructive pulmonary disease (COPD) has been established.<sup>2,3</sup> However, the real therapeutic ratio of dual PDE3/4 inhibitors should be greater than that reported,<sup>3</sup> because they are reported to have additive or synergistic effects compared to PDE3 or PDE4 inhibitors alone.<sup>4</sup>

© 2020 Shih et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.php). Synthetic hesperetin-5,7,3'-O-trimethylether (HTME) dually inhibited PDE3/4 with a therapeutic (PDE4<sub>H</sub>/PDE4<sub>L</sub>) ratio of 18.3<sup>3</sup> which is greater than that (3) of roflumilast, an orally administered selective PDE4 inhibitor.<sup>5</sup> Roflumilast was approved by the European Commission<sup>6</sup> and the US Food and Drug Administration<sup>3</sup> as a bronchodilator for severe COPD and recently reported to reverse xylazine/ketamine-induced anesthesia in mice at orally effective dose, suggesting that roflumilast may have gastrointestinal (GI) side effects.<sup>7</sup> Thus, selective PDE4 inhibitors were limited their development and wider use.<sup>4</sup> We investigated the inhibiting effects of HTME on methacholine (MCh)-induced airway hyperresponsiveness (AHR), and clarified its potential for treating atypical asthma and COPD with few or no GI side effects.

## **Materials and Methods**

#### **Reagents and Animals**

HTME (M.W., 344.28) was synthesized according to the previous method.<sup>8</sup> The purity of HTME was 98% and the

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structure was determined by spectral methods [m.p. 158-160°C which was consistent with literature, IR: 1669 cm<sup>-1</sup> (C=O), <sup>1</sup>H NMR  $\delta$  (Figure 1): 2.65 (1H, dd, J=17.2 Hz, H-3), 2.94 (1H, dd, J=17.2, H-3), 3.71 (3H, s, -OCH<sub>3</sub>), 3.78–3.82 (9H, s, 3×-OCH<sub>3</sub>), 5.23 (1H, dd, J=2.5, H-2), 5.98 (1H, dd, H-6), 6.04 (1H, dd, H-8), 6.79 (1H, d, J=8.3, H-5'), 6.88 (1H, dd, J=8.3, H-6'), 6.90 (1H, d, J=2.51, H-2')].<sup>3</sup> Aluminum sulfate, MCh, ovalbumin (OVA), ketamine, and xylazine were purchased from Sigma-Aldrich (St. Louis, MO, USA). Milrinone and Ro 20-1724 were purchased from Biomol (Plymouth Meeting, PA, USA). Freund's adjuvant (Mycobacterium butyricum) was purchased from Pierce Biotechnology (Rockford, IL, USA). Mouse T helper (Th)1/Th2 cytokine CBA kits, and mouse immunoglobulin (Ig)E enzyme-linked immunosorbent assay (ELISA) sets were purchased from Pharmingen (San Diego, CA, USA). Ethyl alcohol and polyethylene glycol (PEG) 400 were purchased from Merck (Darmstadt, Germany).  $[^{3}H]$ cAMP was purchased from Amersham Pharmacia Biotech (Buckinghamshire, UK). HTME and Ro 20-1724 were dissolved in a mixture of ethyl alcohol





and DMSO (1:1). Other reagents were dissolved in distilled water.

Female BABL/c mice at 8–12 weeks' old were purchased from Animal Center of the Ministry of Science and Technology (Taipei, Taiwan), and housed in ordinary cages at  $22 \pm 1^{\circ}$ C with a humidity of 50%–60% under a constant 12/12-h light/dark cycle and provided with food and water ad libitum.

## **Ethical Statement**

According to the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health and approved by the Institutional Animal Care and Use Committee of Taipei Medical University, the following in vivo experiments were performed.

## Competitive Inhibition of PDE3 and PDE4 Activities by HTME

According to the previous method,<sup>9</sup> the Lineweaver–Burk analyses for HTME, milrinone,<sup>10</sup> and Ro 20–1724<sup>11</sup> at various concentrations including its vehicle (0  $\mu$ M, control) were performed. The total protein was assayed according to the previous method.<sup>12</sup> PDE activities are reported as nmol/mg/min.

### AHR in vivo

In accordance with the previous method and schedule,<sup>13</sup> the AHR of female BABL/c mice was assessed by measuring changes in the airway resistance ( $R_L$ , cmH<sub>2</sub>O/mL/sec) and lung dynamic compliance ( $C_{dyn}$ , mL/cmH<sub>2</sub>O) after challenge with aerosolized methacholine (MCh, 0.78~25 mg/mL) using the FlexiVent system (SCIREQ, Montreal, Quebec, Canada). Anesthetized (urethane 600 mg/kg and chloralose 120 mg/kg, i.p.), tracheostomized (stainless-steel cannula, 18 G) mice were mechanically ventilated (at 150 breaths/min, with a tidal volume of 10 mL/kg, positive end-expiratory pressure of 3 cmH<sub>2</sub>O).

Unrestrained mice were placed into the main chamber of a whole-body plethysmograph and nebulized with phosphate-buffered saline (PBS). Subsequently, nebulized with MCh 6.25–50 mg/mL for 3 min at each increasing concentration. Twenty-four hours later, bronchoalveolar lavage fluid (BALF) and blood of mice under anesthesia (pentobarbital 50 mg/kg, i.p.) were collected. Cytokines in the BALF were determined using mouse T helper (Th)1/Th2 cytokine CBA kits (Pharmingen, San Diego, CA, USA).<sup>13</sup> Total and OVA-specific immunoglobulin (Ig)E in the BALF and serum were determined using ELISA kits (Pharmingen, San Diego, CA, USA).<sup>13,14</sup> The number of inflammatory cells in the BALF and differentiation were performed as the previous method.<sup>13</sup> All undetectable data (<1 pg/mL) of cytokines were taken as 0.5 pg/mL.

## Xylazine/Ketamine-Induced Anesthesia

According to the previous methods,<sup>13,15</sup> the ability of reversing xylazine/ketamine-induced anesthesia, a surrogate for determining GI side effects, by HTME, Ro 20–1724, or their vehicle was, respectively, determined in normal female BALB/c mice.

## Statistical Analysis

All values are given as the median (min, max) and n is the number of experiments. The difference between two values was determined by using the Wilcoxon Rank-Sum Test (Mann–Whitney U). Differences among values were calculated by Kruskal–Wallis one-way analysis of variance on rank and then determined by Dunnett's test by using SigmaPlot 10 (St. Louis, MO, USA). Significance was accepted when P < 0.05.

## Results

## Competitive Inhibition of PDE3 and PDE4 Activities by HTME

HTME (10–100  $\mu$ M) and milrinone (0.3–3  $\mu$ M) competitively inhibited PDE3 activity (Figure 2), as 1/V<sub>max</sub> values were not significantly influenced by various concentrations of HTME (a) or milrinone (b) in the Lineweaver–Burk analysis. Their dissociation constants for inhibitory binding (K<sub>i</sub>) values were, respectively, calculated to be 21.1 (10.2, 42.2) (n=5) and 6.5 (3.2, 11.0) (n=4)  $\mu$ M (Figure 2 inset). Similarly, HTME (3–30  $\mu$ M) and Ro 20–1724 (1–10  $\mu$ M) competitively inhibited PDE4 activity (Figure 3A and B), with calculated K<sub>i</sub> values of 10.1 (2.6, 15.1) (n=4) and 8.5 (1.9, 20.1) (n=4)  $\mu$ M, respectively (Figure 3 inset). The K<sub>i</sub> value of HTME for PDE4 inhibition did not significantly differ from that for PDE3 inhibition, suggesting that the affinities of HTME for PDE3 and PDE4 were similar.

## Suppression of AHR in vivo

Methacholine (6.25–25 mg/mL) concentration-dependently and significantly enhanced airway resistance ( $R_L$ ) values (Figure 4A), and reduced lung dynamic compliance ( $C_{dyn}$ ) values (Figure 4B) in the sensitized and challenged mice compared to the non-challenged mice. HTME (100 µmol/kg, p.o.) significantly reversed these changes (Figure 4).



Figure 2 Inhibition of PDE3-induced cAMP hydrolysis by HTME (**A**) and milrinone (**B**). Activities of PDE3 in the presence of various concentrations of HTME or milrinone, and the substrate (cAMP) were plotted according to a Lineweaver–Burk analysis. K<sub>i</sub> was determined from the equation of the apparent K<sub>m</sub> as a function of the inhibitor concentration (inset).

Moreover, HTME (30  $\mu$ mol/kg, p.o.) significantly suppressed airway resistance (R<sub>L</sub>) values at MCh 12.5 and 25 mg/mL (Figure 4A), and enhanced lung dynamic compliance (C<sub>dvn</sub>) values at MCh 25 mg/mL (Figure 4B).

## Suppression of Inflammatory Cells in BALF

The number of total inflammatory cells from the BALF of sensitized and challenged mice significantly enhanced compared to that of non-challenged mice (Figure 5A). HTME (10, 30, and 100  $\mu$ mol/kg, p.o.) also significantly attenuated the enhancement in the number of total inflammatory cells. HTME (30 and 100  $\mu$ mol/kg, p.o.) also significantly attenuated the enhancements of neutrophils, but not macrophages, lymphocytes, and eosinophils, with an exception of the highest dose on lymphocytes (Figure 5A).



**Figure 3** Inhibition of PDE4 induced cAMP hydrolysis by HTME (**A**) and Ro 20–1724 (**B**). Activities of PDE4 in the presence of various concentrations of HTME or Ro 20–1724, and the substrate (cAMP) were plotted according to a Lineweaver–Burk analysis. K<sub>1</sub> was determined from the equation of the apparent K<sub>m</sub> as a function of the inhibitor concentration (inset).

### Suppression of Cytokines in BALF

Compared with those in non-challenged mice, levels of cytokines, such as interleukin (IL)-2, IL-4, IL-5, tumor necrosis factor (TNF)- $\alpha$ , and interferon (IFN)- $\gamma$ , in the BALF of sensitized and challenged mice significantly enhanced (Figure 5B). HTME (10~100 µmol/kg, p.o.) also significantly suppressed the enhancement in levels of IL-2 and IL-4, but not IFN- $\gamma$ . However, HTME at the highest dose did those of IL-5 and TNF- $\alpha$  (Figure 5B).

# IgE Levels Suppressed in the Serum and BALF

Total and OVA-specific IgE levels in the BALF (Figure 6A and B) and serum (Figure 6C and D) of sensitized and challenged mice were significantly increased compared to



**Figure 4** Effects of HTME (10–100 µmol/kg, p.o.) on airway resistance (R<sub>L</sub>, **A**) and lung dynamic compliance ( $C_{dyn}$ , **B**) in sensitized and challenged mice which received aerosolized methacholine (6.25–50 mg/mL) 2 days after allergen challenge. <sup>#</sup> P< 0.05 compared to the non-challenged group. \* P< 0.05 compared to the sensitized and challenged group administered (p.o.) vehicle alone. The number of mice in each group was 10. PBS, phosphate-buffered saline.

those of non-challenged mice (Figure 6). HTME (10–100  $\mu$ mol/kg, p.o.) dose-dependently and significantly attenuated these enhancements with the exception that HTME at 10  $\mu$ mol/kg did not significantly decrease the total IgE level in the serum (Figure 6C).

## No or Few GI Side Effects

The durations of xylazine/ketamine-induced anesthesia in vehicle (control) of Ro 20-1724- and HTME-treated mice were 18.5 (14.3, 36.7) and 18.5 (12.1, 36.7) min, respectively, which do not differ from each other. Ro 20–1724 at 0.1 and 1  $\mu$ mol/kg (s.c.) significantly reversed the duration (Figure 7A). On the opposite, the duration was not significantly affected by HTME (10~100  $\mu$ mol/kg, s.c.) (Figure 7B).



**Figure 5** Effects of HTME (10–100 µmol/kg, p.o.) on the inflammatory cells (**A**), and cytokines (**B**) in sensitized and challenged mice which received aerosolized methacholine (6.25–50 mg/mL) 2 days after allergen challenge.  ${}^{\#}P < 0.05$  compared to the non-challenged group.  ${}^{*}P < 0.05$  compared to the sensitized and challenged group administered (p.o.) vehicle alone. The number of mice in each group was 10. Total, total cells; Mac, macrophages; Lym, lymphocytes; Neu, neutrophils; Eos, eosinophils; IL, interfevon; TNF, tumor necrosis factor. NS: Not significantly different from those of sensitized and challenged group.

## Discussion

This animal model was suggested for studying drug effects on the allergic atypical asthma and COPD.<sup>13</sup> Neutrophilic inflammation is a hallmark of atypical asthma and COPD which is characterized by airway obstruction and worsening lung function, associated with enhanced airway inflammation. In the present results, HTME (30 and 100 µmol/kg, p.o.) significantly decreased R<sub>L</sub> (Figure 4A) and increased C<sub>dyn</sub> (Figure 4B) at 6.25-25 mg/mL methacholine with some exceptions at lower dose. Also, the numbers of total inflammatory cells and neutrophils detected were almost reduced in the BALF of HTMEtreated mice. These suggest that HTME may have beneficial effects for treating COPD and allergic atypical asthma. Cytokines released from Th2 cells are IL-4 and IL-5, and those from Th1 cells are IL-2, IFN- $\gamma$ , and TNF- $\alpha$ .<sup>16</sup> HTME (10-100 µmol/kg, p.o.) significantly inhibited the levels of IL-2 and IL-4, but not IFN-y. However, HTME at the highest dose also did those of IL-5 and TNF- $\alpha$  (Figure 5B). Thus, HTME inhibits both Th1 and Th2 cells which have been implicated in autoimmune and atopic diseases, respectively.<sup>17</sup> HTME 10-100 µmol/kg (p.o.) dose-dependently and significantly inhibited total and OVA-specific IgE levels in the BALF



Figure 6 Effects of HTME (10–100  $\mu$ mol/kg, p.o.) on total IgE (**A**, **C**) and ovalbumin (OVA)-specific IgE (**B**, **D**) levels in bronchial alveolar lavage fluid (**A**, **B**) and serum (**C**, **D**) of sensitized and challenged mice which received aerosolized methacholine (6.25–50 mg/mL) 2 days after allergen challenge. <sup>#</sup> P< 0.05 compared to the non-challenged group. \* P< 0.05 compared to the sensitized and challenged group administered (p.o.) vehicle alone. The number of mice in each group was 10.

and serum of sensitized and challenged mice although with an exception of HTME at the lowest dose (Figure 6C), suggesting that HTME has immunoregulatory and anti-allergic asthmatic effects.

HTME dually and competitively inhibited PDE3/4 activities, although HTME was also reported to inhibit PDE1 activity.<sup>3</sup> However, the IC<sub>50</sub> value for PDE1 inhibition was significantly greater than that for PDE4 inhibition.<sup>3</sup> Combined inhibition of PDE3 and PDE4 can have synergistic anti-inflammatory effects in CD4<sup>+</sup> and CD8<sup>+</sup> human T-lymphocytes<sup>18</sup> and have a synergistic inhibitory effect on vascular cell adhesion molecule (VCAM)-1 expression and eosinophil adhesion to activated human lung microvascular endothelial cells.<sup>19</sup> Furthermore, combined inhibition of PDE3 and PDE4 has synergistic inhibitory effects on allergen or leukotriene (LT) C<sub>4</sub>-induced contraction of human airway smooth muscle, but PDE3 or PDE4 inhibition alone has no effect on these contractions.<sup>20</sup> Recently RPL 554, a dual PDE3/4 inhibitor, has been reported to effectively relax human bronchial smooth muscle precontracted by a number of contractile agents.<sup>4</sup> Combined inhibition of PDE3 and PDE4 also stimulates mucociliary clearance in patients with COPD.<sup>4</sup> Accordingly, the inhaled route of administration would be a clever strategy to take with PDE3/4 inhibitors to maximize the therapeutic ratio and reduce the side effects.<sup>4</sup> However, inhaled administration of zardaverine, a PDE3/4 inhibitor, has been reported to elicit GI side effects, suggesting that the inhaled route is not sufficient alone to reduce these effects.<sup>4</sup> RPL 554 should be carefully monitored these GI side effects in patients with asthma and COPD in clinical trials.

In the present results, HTME (10-100 µmol/kg, s.c.) did not affect xylazine/ketamine-induced anesthesia suggesting that HTME may have few or no GI adverse effects. In contrast, Ro 20-1724, a selective PDE4 inhibitor, reversed the anesthesia. The reversing effect has been suggested to occur through presynaptic  $\alpha_2$ -adrenoceptor inhibition,<sup>21</sup> because MK-912, an  $\alpha_2$ -adrenoceptor antagonist, was reported to reverse xylazine/ketamine-induced anesthesia in rats<sup>22</sup> and trigger vomiting in ferrets.<sup>21</sup> In contrast, clonidine, an  $\alpha_2$ -adrenoceptor agonist, prevented emesis induced by PDE4 inhibitors in ferrets.<sup>21</sup> The availability of an inhaled dual PDE3/4 inhibitor, RPL 554, is rapidly cleared from systemic circulation may provide a novel approach to treat COPD and other inflammatory airway disease.<sup>4</sup> RPL 554 is in Phase 2 clinical trials with no significant cardiovascular side effects reported up today.<sup>23</sup> It needs to further investigate whether HTME has cardiovascular side effects and how to competitively inhibit PDE3/4 activities.



**Figure 7** Effects of subcutaneously administered Ro 20–1724 (**A**) and HTME (**B**) on the duration of xylazine (10 mg/kg, i.p.)/ketamine (70 mg/kg, i.p.)-induced anesthesia in mice. Ro 20–1724 was administered 0.25 hr and HTME I hr before anesthesia. \* P< 0.05 compared to the vehicle (control). The number of mice in each group was 10.

## Conclusions

HTME showed anti-inflammatory and bronchodilator actions in this murine model, including suppression of AHR, and attenuation of inflammatory cells and cytokines. Moreover, HTME did not reverse xylazine/ketamineinduced anesthesia, suggesting HTME has few or no GI adverse effects. Thus, HTME may be useful in treating COPD and allergic atypical asthma.

## Abbreviations

AHR, airway hyperresponsiveness; BALF, bronchoalveolar lavage fluid;  $C_{dyn}$ , lung dynamic compliance; COPD, chronic obstructive pulmonary disease; ELISA, enzyme-linked immunosorbent assay; GI, gastrointestinal;  $[{}^{3}H]$ cAMP,  $[{}^{3}H]$ adenosine 3',5' cyclic monophosphate; HTME, hesperetin-5,7, 3'-O-trimethylether; IFN- $\gamma$ , interferon- $\gamma$ ; IL, interleukin; Ig, immunoglobulin; LT, leukotriene; MCh, methacholine; OVA,

ovalbumin; PDE, phosphodiesterase;  $R_L$ , airway resistance; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ .

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## Disclosure

The authors report no conflicts of interest in this work.

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