


# A Review of Publicly Available Automatic Brain Segmentation Methodologies, Machine Learning Models, Recent Advancements, and Their Comparison

Annals of Neurosciences  
28(1-2) 82–93, 2021  
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in.sagepub.com/journals-permissions-india  
DOI: 10.1177/0972753121990175  
journals.sagepub.com/home/aon  


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## Abstract

**Background:** The noninvasive study of the structure and functions of the brain using neuroimaging techniques is increasingly being used for its clinical and research perspective. The morphological and volumetric changes in several regions and structures of brains are associated with the prognosis of neurological disorders such as Alzheimer's disease, epilepsy, schizophrenia, etc. and the early identification of such changes can have huge clinical significance. The accurate segmentation of three-dimensional brain magnetic resonance images into tissue types (i.e., grey matter, white matter, cerebrospinal fluid) and brain structures, thus, has huge importance as they can act as early biomarkers. The manual segmentation though considered the “gold standard” is time-consuming, subjective, and not suitable for bigger neuroimaging studies. Several automatic segmentation tools and algorithms have been developed over the years; the machine learning models particularly those using deep convolutional neural network (CNN) architecture are increasingly being applied to improve the accuracy of automatic methods.

**Purpose:** The purpose of the study is to understand the current and emerging state of automatic segmentation tools, their comparison, machine learning models, their reliability, and shortcomings with an intent to focus on the development of improved methods and algorithms.

**Methods:** The study focuses on the review of publicly available neuroimaging tools, their comparison, and emerging machine learning models particularly those based on CNN architecture developed and published during the last five years.

**Conclusion:** Several software tools developed by various research groups and made publicly available for automatic segmentation of the brain show variability in their results in several comparison studies and have not attained the level of reliability required for clinical studies. The machine learning models particularly three dimensional fully convolutional network models can provide a robust and efficient alternative with relation to publicly available tools but perform poorly on unseen datasets. The challenges related to training, computation cost, reproducibility, and validation across distinct scanning modalities for machine learning models need to be addressed.

## Keywords

Neuroimaging, automatic brain segmentation, FreeSurfer, FSL, SPM, CNN, machine learning

Received 26 August 2020; revised 1 December 2020; accepted 4 January 2021

## Introduction

The advancements in the field of neuroimaging particularly structural magnetic resonance imaging (MRI) had resulted in the availability of high-resolution three-dimensional (3D) imaging data of the human brain. Several large-population studies using MRI datasets have found different morphometric and volumetric changes in normal vs. various neurological conditions such as Alzheimer's disease, mild cognitive impairment, etc.<sup>1,2</sup>

The study of different areas of the brain, cortical and subcortical regions and structures, changes in grey matter

(GM), white matter (WM), hippocampus, thalamus, amygdala, etc., has found greater interest in neuroscience studies for research and clinical intervention. Medical image segmentation is used for addressing a wide range of such

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biomedical research problems.<sup>3</sup> The accurate segmentation of MRI images thus becomes a necessary prerequisite for the quantitative analysis of the study of neurological diseases including their diagnosis, progression, and treatment monitoring in a wide variety of neurological disorders such as Alzheimer's, dementia, focal epilepsy, multiple sclerosis, etc.<sup>4</sup>

Apart from whole-brain segmentation into GM, WM, cerebrospinal fluid (CSF), etc. and parcellation of brain structures, several regions, and structures have received added focus on the account of their association with important cognitive functions. The hippocampus which is a part of the limbic system that is involved in learning and memory is one such important structure. The MRI can be used to monitor morphological changes that occur in the hippocampus in diseases such as Alzheimer's, schizophrenia, epilepsy, depression, etc. and can act as biomarkers for several brain disorders such as Alzheimer's disease, schizophrenia, epilepsy, etc.<sup>5-8</sup> The amygdala is another brain structure of the limbic system that is involved in emotion, learning, memory, attention, etc. It is also associated with negative emotions and fear.<sup>9</sup> The caudate nucleus and putamen also have importance in several neurological disorders and diseases such as Parkinson's disease, Huntington's disease, Alzheimer's disease, depression, schizophrenia, etc.<sup>10-13</sup>

The manual segmentation is considered the "gold standard" for anatomical segmentation. It involves the demarcation of structure, grey and white matter along the anatomical boundaries for each layer of the region of interest (ROI) by experienced anatomic tracers<sup>14</sup> utilizing specific software tools. A single MRI scan can have up to hundreds of layers depending upon the scan resolution, and thus manual segmentation is a time-consuming, subjective, laborious process and is not suitable for large-scale neuroimaging studies.<sup>15,16</sup>

The automatic segmentation techniques attempt to address the above-discussed limitations associated with manual segmentation. The advancement in the algorithms and computation resources over the years has further helped the development of various segmentation techniques. Some of the hugely used publicly available software tools for neuroimaging studies that are used for the automatic segmentation of brain regions and structure are (a) FreeSurfer, (b) FMRIB Software Library (FSL), and (c) Statistical Parametric Mapping (SPM). The machine learning approaches based on CNN architecture are also being increasingly used for automated segmentation.

The remaining portion of the review will discuss the models for automatic segmentation techniques, publicly available neuroimaging tools, and emerging machine learning models for automatic segmentation and their comparison.

## Methods

The study outlines the literature review of different publicly available segmentation methodologies that are extensively used for automatic human brain segmentation along with

comparison studies for segmentation accuracy between different methods during the last five years. The recent machine learning models, particularly those based upon deep learning/CNN architectures that have been proposed by various research groups for efficient and accurate segmentation, have also been covered. The discussion covers the advantages and disadvantages of traditional software tools and deep learning machine models and emphasizes future challenges in the area.

The preprocessing steps which are commonly applied before any segmentation algorithm are detailed as follows.

## Data Samples

The segmentation is performed on MRI scans of individual subjects which are acquired on an MRI scanner, and a single structural acquisition can take up to 10 to 30 min based upon the precision, sequence, nature of studies, scanner characteristics, etc. Most studies for the evaluation of the automatic segmentation methods, however, use datasets from existing available institutional neuroimaging datasets or publicly available neuroimaging repositories. Several huge neuroimaging datasets created as a part of the Human Connectome Project, Alzheimer's Disease Neuroimaging Initiative (ADNI), Open Access Series of Imaging Studies (OASIS), etc. have been extensively used for standardizing segmentation techniques and finding the correlation between morphometric/anatomical and volumetric changes in different regions of the brain. The T1-weighted (T1w) MRI sequence is used for anatomical characterization; however, other sequences like T2w, FLAIR, etc. are also used by certain algorithms. The methods which are discussed and evaluated in this review have greatly benefitted from the availability of such datasets.

## Preprocessing

The acquired MRI images coming from a magnetic resonance (MR) scanner require a series of steps to improve the quality of brain scans for the application of segmentation algorithms. These preprocessing steps are also implemented in several publicly available neuroimaging tools which are often utilized for carrying out the preprocessing. Some of the preprocessing steps are discussed as follows.

### Bias-Field Correction

The bias-field or illumination artifact arises on account of a lack of radio-frequency (RF) homogeneity.<sup>17</sup> Although this is not significantly noticeable on visual examination, but it can seriously degrade the volumetric quantification of MR volume upon applying the automatic segmentation algorithms that use intensity levels.<sup>17</sup> Several methods for bias-field correction during and after acquisition are in use. The phantom-based calibration, multi-coil imaging, and special sequences tend to

improve the acquisition process and can be referred to as prospective methods, whereas retrospective methods and algorithms such as filtering, masking, intensity, gradient, etc. are used postacquisition for bias-field correction.<sup>18</sup>

### Brain Extraction

The brain extraction or “removal of nonbrain tissue” such as skull, neck, muscles, bones, fat, etc. having overlapping intensities is employed before the segmentation processing. The extraction process classifies the image voxels into the brain or nonbrain; the brain regions can then be extracted or a binary mask can be created for the brain region.<sup>19</sup> The commonly used methods make use of probabilistic atlas creating a deformable template registered with the image for the removal of nonbrain tissue using the brain mask<sup>20</sup>. The brain extraction tool which is a part of the FMRIB Software Library and which uses the center of gravity of the brain, inflating a sphere until the brain boundary is found, provides a fast and efficient alternative<sup>21-23</sup>. PinCrani uses an atlas-based label propagation method for brain extraction.<sup>24</sup>

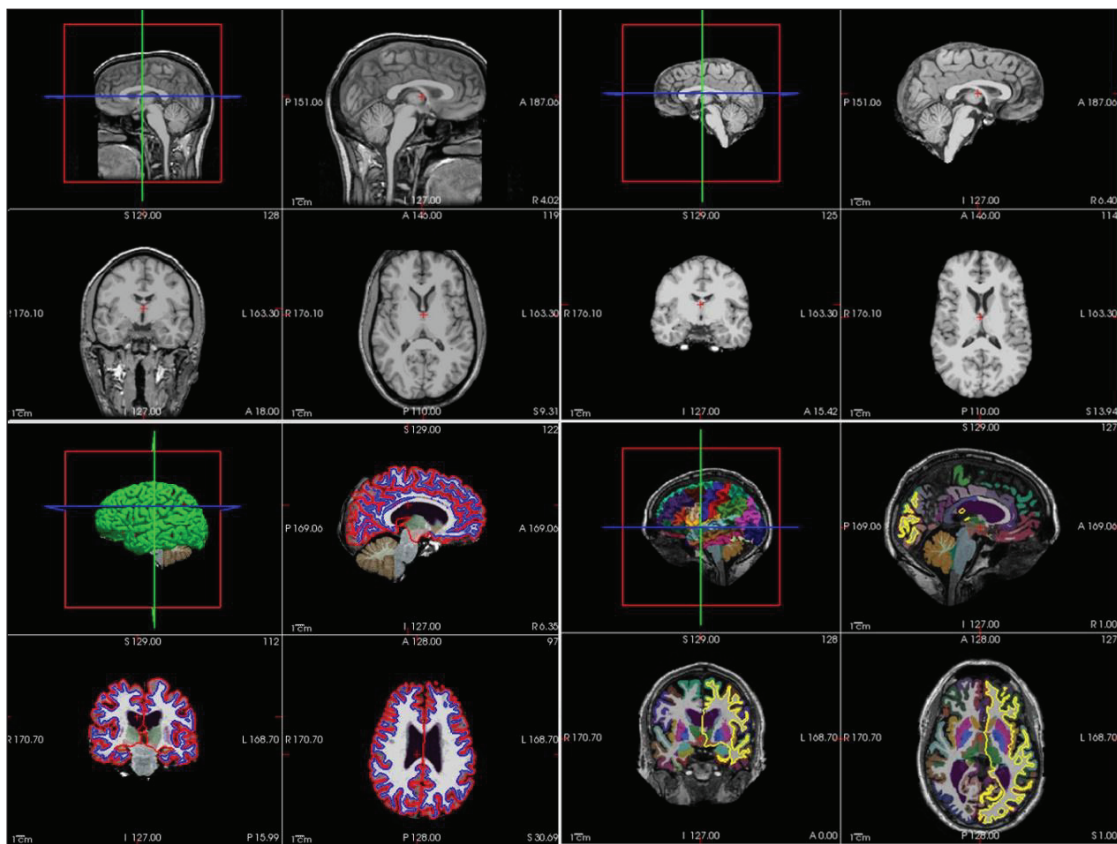
Several software tools, however, do not require separate preprocessing, bias correction, brain extraction, etc. as they are impliedly included in their segmentation processing.

## Automatic Segmentation Approaches

The MRI scan of the brain provides a 3D image of the brain scanned in  $x, y, z$  space at an appropriate slice of thickness usually ranging from 1 to 2 mm (e.g., a slice thickness of  $1 \text{ mm} \times 1 \text{ mm} \times 1 \text{ mm}$  is considered quite good). The slice thickness need not be isometric and will depend upon the MR scanner, gradient coil, channels, scan time, scanning sequence, and protocol. Every point in this 3D image “I” represents a voxel “I ( $x, y, z$ ).” A higher spatial resolution will bring greater precision but require a longer scan time and may not be convenient for the patient/subject apart from the possibilities of the introduction of further noise from head movements during the longer scan session. The 3D brain structure can also be represented as a sequence of 2D images in  $(x, y)$ ,  $(y, z)$ , or  $(x, z)$  planes. Every voxel has an intensity value typically represented in grayscale from 0 to 255. The images may also require to be resampled to a standard space for applying segmentation algorithms.

### Segmentation Algorithms

The segmentation problem requires classifying every voxel into a specific tissue class such as GM, WM, and CSF, and



**Figure 1.** A Schematic Representation of Different Stages of Brain Segmentation as Obtained from FreeSurfer Tutorial Data and Visualized in FreeSurfer-Freeview.

also to identify and describe it into a specific anatomical structure by assigning a label corresponding to each voxel. Several computational algorithms for automatic segmentation have been proposed and used in isolation or conjunction with each other. The basic methods such as thresholding, fuzzy c-means, etc. which are used to segment the brain among different tissue classes (GM, WM, CSF) are not suitable for fine-grain segmentation. The deformation models, multi-atlas segmentation, model-based segmentation, and machine learning models, particularly those based upon CNN, are increasingly being used for fine-grain segmentation of the whole brain or ROIs such as the hippocampus, cerebellum, amygdala, etc.

The theoretical concepts behind various segmentation methodologies have already been detailed in the literature.<sup>19,25,26</sup> The present work focuses on developed models, machine learning methods, and tools which have been applied to address the automatic segmentation problem.

## Major Software Tools and Their Methodology

Several software tools have been developed over the years by different scientific groups applying various algorithms for automatic segmentation. A list of several publicly available neuroimaging software and tools is available in Table 1 with their brief descriptions. The list is not exhaustive. The important ones are discussed as follows.

### FreeSurfer

FreeSurfer<sup>27</sup> is an open-source software suite developed by the Laboratory of Computational Neuroimaging at the Athinoula A. Martinos Center for Biomedical Imaging. The software package is freely available from its website <https://surfer.nmr>.

**Table 1.** Important Publicly Available Software and Tools for Neuroimaging Studies

Software Tools	Features
FreeSurfer <sup>27</sup>	<ul style="list-style-type: none"> <li>Free and open source.</li> <li>Linux and Mac platform.</li> <li>Analysis and visualization of structural and functional neuroimaging data.</li> <li>Segmentation uses image intensity and probabilistic atlas with local spatial relationships (atlas-based segmentation).</li> <li>The current version of FreeSurfer is version 7.0 (May 2020).</li> </ul>
Statistical Parametric Mapping (SPM) <sup>34</sup>	<ul style="list-style-type: none"> <li>Free and open source but requires MATLAB or to use the compiled version.</li> <li>Linux/Unix, Mac, and Windows platform.</li> <li>The current version of SPM is SPM-12 released in January 2020.</li> <li>Uses tissue probability maps, segmentation, and labeling functionality further enhanced with toolboxes such as VBM8, CAT 12, and AAL3.<sup>36</sup></li> </ul>
FMRIB Software Library (FSL) <sup>23</sup>	<ul style="list-style-type: none"> <li>Free and open source.</li> <li>Linux and Mac platform.</li> <li>Analysis tools for FMRI, MRI, and DTI neuroimaging data.</li> <li>Segmentation is done using FSL-FAST for tissue segmentation and FSL-FIRST for subcortical segmentation (model-based).</li> <li>The current version of FSL is version 6.0.</li> </ul>
volBrain <sup>37</sup>	<ul style="list-style-type: none"> <li>Online MRI brain volumetry system.</li> <li>Provides volumes of GM, WM, CSF as well as macroscopic areas, also provides subcortical structure segmentation and related volumes.</li> <li>volBrain web platform also provides additional pipelines like <ul style="list-style-type: none"> <li>CERES (CEREbellum Segmentation) uses multi-atlas nonlocal patch-based label fusion<sup>38</sup></li> <li>HIPS (HIPpocampus subfield Segmentation)<sup>39</sup></li> <li>pBrain (Parkinson related deep nucleus segmentation)<sup>40</sup></li> </ul> </li> </ul>
Multi-atlas propagation with enhanced registration (MAPER) <sup>41</sup>	<ul style="list-style-type: none"> <li>Code is available through GitHub.</li> <li>Uses databases of multiple atlases as the knowledge base.</li> <li>Requires pincran and FSL for brain extraction and tissue class segmentation.</li> </ul>
Multi-atlas-based multi-image segmentation (MABMIS) <sup>42</sup>	<ul style="list-style-type: none"> <li>Uses multi-atlas-based segmentation algorithm.</li> <li>Uses tree-based group-wise registration of atlas and target images.</li> <li>Performs the simultaneous segmentation of all available images.</li> <li>Available at <a href="https://www.nitrc.org/projects/mabmis">https://www.nitrc.org/projects/mabmis</a></li> <li>Last version was released in 2011.</li> </ul>
Automatic segmentation of hippocampus subfield (ASHS) <sup>43</sup>	<ul style="list-style-type: none"> <li>Segmentation of the hippocampus subfield using the included atlas.</li> <li>It also allows building own atlas and training it to be used for segmentation.</li> <li>Can be re-trained and extended to other segmentation.</li> <li>Free and open source, available for Linux and Mac OS.</li> <li>Available at <a href="https://www.nitrc.org/projects/ashs">https://www.nitrc.org/projects/ashs</a> and last version was released in 2017.</li> </ul>

mg.harvard.edu and is used for a complete range of analysis of structural and functional imaging data and its visualization. The latest version of the software is version 7.1.0 (released in May 2020). The segmentation pipeline of FreeSurfer can be run in a fully automatic manner using the “recon-all” script. It uses image intensity and probabilistic atlas with local spatial relationships between subcortical structures for carrying out the segmentation.<sup>28</sup> The default pipeline can segment and assign 40 different labels to corresponding voxels in an automated manner. The segmentation has been extended to further segment 9 amygdala nuclei<sup>29</sup> and 13 hippocampus subfields<sup>30</sup> that have been incorporated in the new statistical atlas based on Bayesian inference build using a postmortem specimen at high resolution and has been added in FreeSurfer version 6.0 onward. This allows the automatic simultaneous segmentation of amygdala nuclei and hippocampus subfields using standard resolution structural MR images. The software is freely available for Linux and Mac platforms, and it provides graphic as well as command line options.

### *FMRIB Software Library (FSL)*

FSL<sup>23,31</sup> is a comprehensive library of neuroimaging tools for structural, functional, and diffusion tensor imaging (DTI) studies. The software has been created and maintained by FMRIB Analysis Group at the University of Oxford and is available at <https://fsl.fmrib.ox.ac.uk/fsl>; the current version of the software is version 6.0. The tissue segmentation is done using FMRIB Automated Segmentation Tool (FAST),<sup>32</sup> which uses Markov random field model along with the expectation-maximization algorithm. FAST can be invoked through the command line or GUI in the brain-extracted image volumes. The segmentation pipeline of FSL can also correct RF inhomogeneity and classify the brain among GM, WM, and CSF tissue types. The probabilistic and partial volume tissue segmentation used for tissue volume calculation can also be calculated. The subcortical segmentation is performed using FMRIB Integrated Registration and Segmentation Tool (FIRST).<sup>33</sup> FIRST provides model-based segmentation using deformation models. The construction of the model was based upon a manually labeled dataset; the labels were parameterized as surface meshes modeled as a point distribution model. It first registers the images to MNI152 space by performing affine registration. The “run\_first\_all” script does the automatic segmentation of subcortical structures into 15 different labels.

### *Statistical Parametric Mapping (SPM)*

SPM<sup>34</sup> is a package developed for the analysis of neuroimaging data coming from several imaging modalities like functional-MRI, positron emission tomography, magnetoencephalography, electroencephalography, etc. This is also a freely available software tool from its website <https://www.fil.ion.ucl.ac.uk/spm/> at Wellcome Centre for Human Neuroimaging but requires MATLAB platform, even though a compiled version of SPM also

exists. The tissue classification methodology in SPM considers the brightness information of voxels along with tissue probability maps and the position of voxel during classification. The latest version is SPM12 and is last updated in January 2020. The segmentation process of SPM can be further extended using SPM toolboxes; the VBM is a toolbox which has been used in several studies and has now been replaced with the CAT12 toolbox. In a recent study, it was noticed that CAT12 can contribute better in volumetric analysis than VBM8; this is also on account of normalization and segmentation improvements in SPM12.<sup>35</sup> The automated anatomical labeling atlas 3 (AAL3) is another toolbox of SPM which is a refinement of its previous versions and can parcellate the brain among 166 labels.<sup>36</sup>

### *volBrain (Online Web Platform)*

volBrain<sup>37</sup> is a web-based pipeline for MRI brain volumetry. The pipeline can be accessed from the <https://volbrain.upv.es/>. The webserver platform allows researchers to submit their MRI scans in NIFTI format and the online pipeline generates the volumetric measurements which are sent on the registered email id after the completion of the job; the same can also be downloaded from the volBrain system. The user is required to register with the volBrain online system and there is a limit on the number of simultaneous jobs that can be submitted. The entire processing remains a black box from the user’s point of view; the theoretical aspects have been described in published papers. The volBrain system is primarily based on a multi-atlas, patch-based segmentation method and utilizes training libraries as implemented in the volBrain online platform. The volBrain web platform has also added several brain structure segmentation methods such as CERES (CEREBellum Segmentation),<sup>38</sup> HIPS (HIPpocampus Segmentation),<sup>39</sup> and pBrain (Parkinson related deep nucleus segmentation),<sup>40</sup> which are all available from the volBrain platform.

### *Multi-Atlas Propagation With Enhanced Registration (MAPER)*

The multi-atlas propagation with enhanced registration (MAPER) is an automatic segmentation tool for structural MRI images into corresponding anatomical sub regions by using a database of multiple atlases as knowledge base.<sup>41</sup> The standard MAPER pipeline requires brain extraction and tissue class segmentation using pinfram and FSL-FAST, respectively.

### *Comparison of Segmentation Accuracy in Automatic Methods*

Several studies have been made to judge the relative comparison of various publicly available software tools and algorithms. The FreeSurfer, SPM, and FSL are among the most used tools for neuroimaging studies and are not limited to segmentation alone. The other software tools are built for specific applications. The comparison studies are generally

performed on specific datasets with default options and provide mixed results which cannot be generalized for all situations. Table 2 summarizes the recent comparison of several publicly available tools for their accuracy in automatic segmentation.

**Table 2.** Comparison of Some Publicly Available Methods for Automatic Segmentation

Research Citation	Automatic Segmentation Tools	Dataset Utilized	Conclusion/Findings
Yaakub et al. <sup>44</sup>	<ul style="list-style-type: none"> <li>MAPER</li> <li>FreeSurfer (5.3)</li> </ul>	<ul style="list-style-type: none"> <li>Hammers_mith brain atlas</li> <li>Mindboggle-101 database (DKT40 atlas database)</li> <li>Atlas created from OASIS database for MICCAI 2012 grand challenge</li> </ul>	<ul style="list-style-type: none"> <li>Methods applied to the three atlas databases of T1-weighted images.</li> <li>Leave-one-out-cross-comparison was done for estimating the segmentation accuracy of methods.</li> <li>Both identified known abnormalities in the patient groups.</li> <li>FreeSurfer performed superiorly in AD and Left-HS, whereas MAPER in the Right-HS dataset.</li> <li>MAPER performed better in healthy controls.</li> </ul>
Palumbo et al. <sup>45</sup>	<ul style="list-style-type: none"> <li>SPM-12</li> <li>FreeSurfer (6.0)</li> </ul>	<ul style="list-style-type: none"> <li>Kirby-21</li> <li>OASIS datasets</li> </ul>	<ul style="list-style-type: none"> <li>GM,WM, subcortical structure segmentation in test-retest MRI data of healthy volunteers.</li> <li>SPM was found more consistent in the evaluation of ROI volume for intra-method repeatability and inter method reproducibility.</li> </ul>
Bartel et al. <sup>46</sup>	<ul style="list-style-type: none"> <li>FASTSURF</li> <li>FSL-FIRST</li> <li>FreeSurfer</li> </ul>	<ul style="list-style-type: none"> <li>Multicentre phase-III trial dataset of SCLC patients</li> <li>ADNI database</li> </ul>	<ul style="list-style-type: none"> <li>FASTSURF is a semi-automatic contouring-based segmentation model for the hippocampus and uses a mesh processing technique.</li> <li>Comparison of hippocampal atrophy rates was made with manual, FreeSurfer, and FSL.</li> <li>Semi-automatic FASTSURF model was found superior to compared automatic models.</li> </ul>
Velasco-Annis et al. <sup>47</sup>	<ul style="list-style-type: none"> <li>FreeSurfer</li> <li>FSL-First</li> <li>PSTAPLE (Local MAP PSTAPLE)</li> </ul>	OASIS dataset <i>n</i> = 20 (scanned twice), 1.5T	<ul style="list-style-type: none"> <li>The comparison was made in terms of reproducibility and accuracy for hippocampus, putamen, thalamus, caudate, pallidum, amygdala, accumbens, and brainstem.</li> <li>PSTAPLE was found to have superior reproducibility.</li> </ul>
Zandifar et al. <sup>48</sup>	<ul style="list-style-type: none"> <li>FreeSurfer 5.3</li> <li>ANIMAL</li> <li>Patch-based methods</li> </ul>	ADNI database	<ul style="list-style-type: none"> <li>Applied on hippocampus volumes.</li> <li>All methods show acceptable conformity with manual segmentation.</li> <li>Patch-based strategies have a good correlation with manual segmentation.</li> </ul>
Perlaki et al. <sup>49</sup>	<ul style="list-style-type: none"> <li>FSL-FIRST</li> <li>FreeSurfer (v4, 5, and 5.3)</li> </ul>	30 healthy young Caucasian subjects <i>n</i> = 30, 3T	<ul style="list-style-type: none"> <li>Study to compare the segmentation accuracy of the caudate nucleus and putamen.</li> <li>FSL was found to be superior for putamen segmentation.</li> </ul>
Naess-Schmidt et al. <sup>50</sup>	<ul style="list-style-type: none"> <li>FreeSurfer (5.3)</li> <li>FSL-FIRST (4.1.9)</li> <li>SPM-12</li> <li>volBrain</li> </ul>	<ul style="list-style-type: none"> <li>22 healthy subjects (age 19–40) <i>n</i> = 22, 3T</li> <li>MP2RAGE, for DTI <i>n</i> = 10</li> </ul>	<ul style="list-style-type: none"> <li>Thalamus and hippocampus automatic segmentation.</li> <li>volBrain (patch-based) provided more accuracy in MP2RAGE images than conventional ones.</li> </ul>
Grimm et al. <sup>51</sup>	<ul style="list-style-type: none"> <li>FreeSurfer</li> <li>VBM</li> </ul>	92 participants in the age range of (18–34, mean:21.64) <i>n</i> = 92, 1.5T	<ul style="list-style-type: none"> <li>Automatic methods are compared with manual segmentation for amygdalar and hippocampus volume.</li> <li>Both methods were found comparable to manual segmentation.</li> </ul>
Fellhauer et al. <sup>52</sup>	<ul style="list-style-type: none"> <li>FreeSurfer (5.1)</li> <li>FSL-FAST (4.1.9)</li> <li>SPM 8 and 12 (with VBM8)</li> </ul>	<i>n</i> = 115, 1.5T, MPRAGE (60 MCI, 34 AD, 32 healthy)	<ul style="list-style-type: none"> <li>All three detected increase in brain atrophy in AD/MCI group.</li> <li>FSL was good with good quality images.</li> <li>SPM was recommended for patient data in difficult measurement situations.</li> </ul>

**Abbreviations:** MCI, mild cognitive impairment

## Evolving Machine Learning Models for Automatic Segmentation

Several machine learning models have been developed over the years for the automatic segmentation of brain tissue and anatomical structures of specific structures like the cerebellum and hippocampus. Fine-grain segmentation of the whole brain has also been implemented in several methods. A summary of some recent machine learning models applied for automatic brain segmentation is given in Table 3.

The regular machine learning models do not generalize well and are not suitable for complex imaging modalities; the deep learning models having multiple layers are increasingly being used to address neuroimaging challenges which have benefitted from the advancements in graphical processing unit (GPU) processing power. The deep learning models like CNN are preferred owing to their application in medical imaging problems. A typical CNN architecture contains several layers and components such as (a) input layers receiving raw image data, (b) convolutional layers applying filter (kernel) and producing feature maps, (c) activation function layer applying the activation function to the output coming from the convolution layer like rectified linear unit, (d) pooling layers for downsampling the output of the preceding layer, and (e) fully connected layer for applying weights to feature analysis to predict the label. The typical CNN models are extended in various CNN architectures such as U-Nets.<sup>53</sup> 3D U-Nets<sup>54</sup> is an extension of traditional U-Net architecture for application in 3D biomedical imaging.

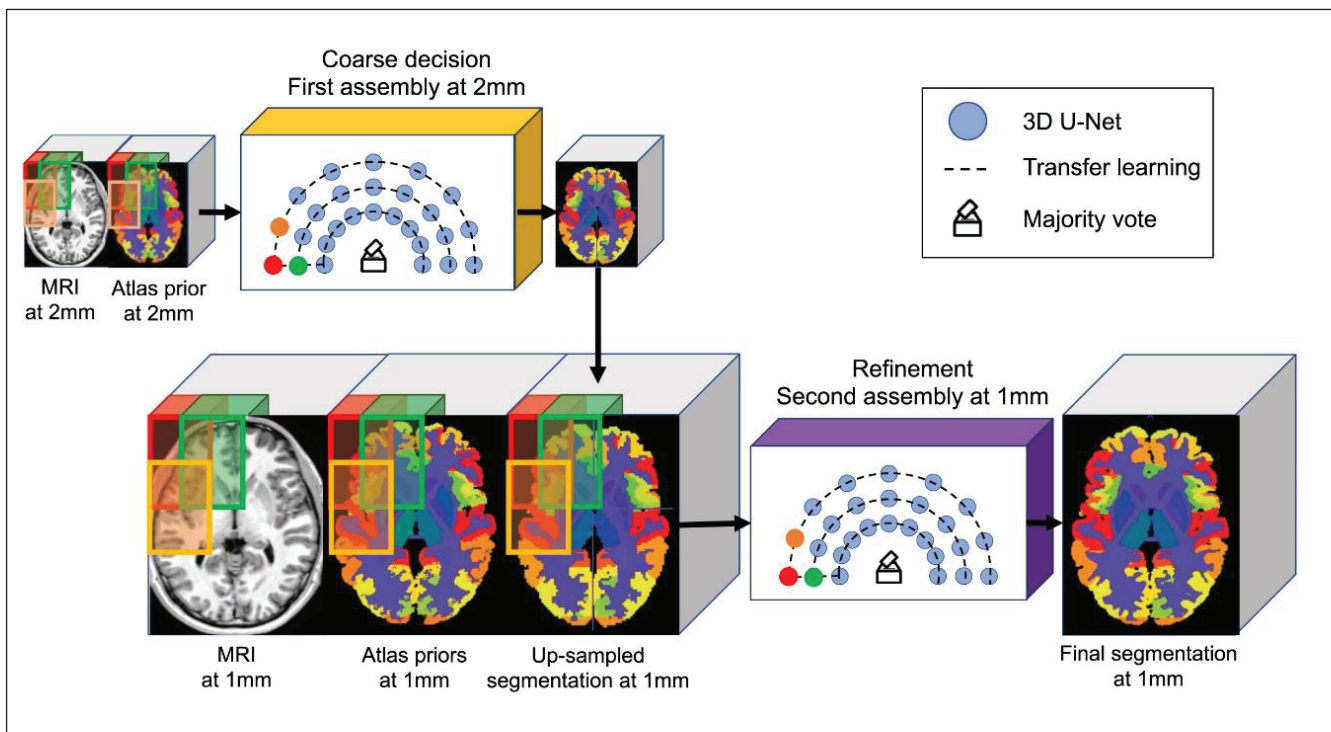
The recent methods of automatic machine learning models of segmentation are discussed as follows.

### AssemblyNet<sup>55</sup>

This model uses a large assembly of CNNs, each processing different overlapping regions. The framework is arranged in the form of two assemblies of U-Nets, each having 125 3D U-Nets (i.e., a total of 250 compact 3D U-Nets). The method showed competitive performance in respect of U-Net, patch-based joint label fusion, and SLANT-27 methods. The segmentation accuracy was improved with the use of nonlinearly registered “Atlas prior” for expected classification, transfer learning to initialize spatially nearest U-Net and multi-scale cascade to communicate between the two assemblies for refinement. The training time was shown to be 7 days in the case of AssemblyNet but the classification time is just 10 min.

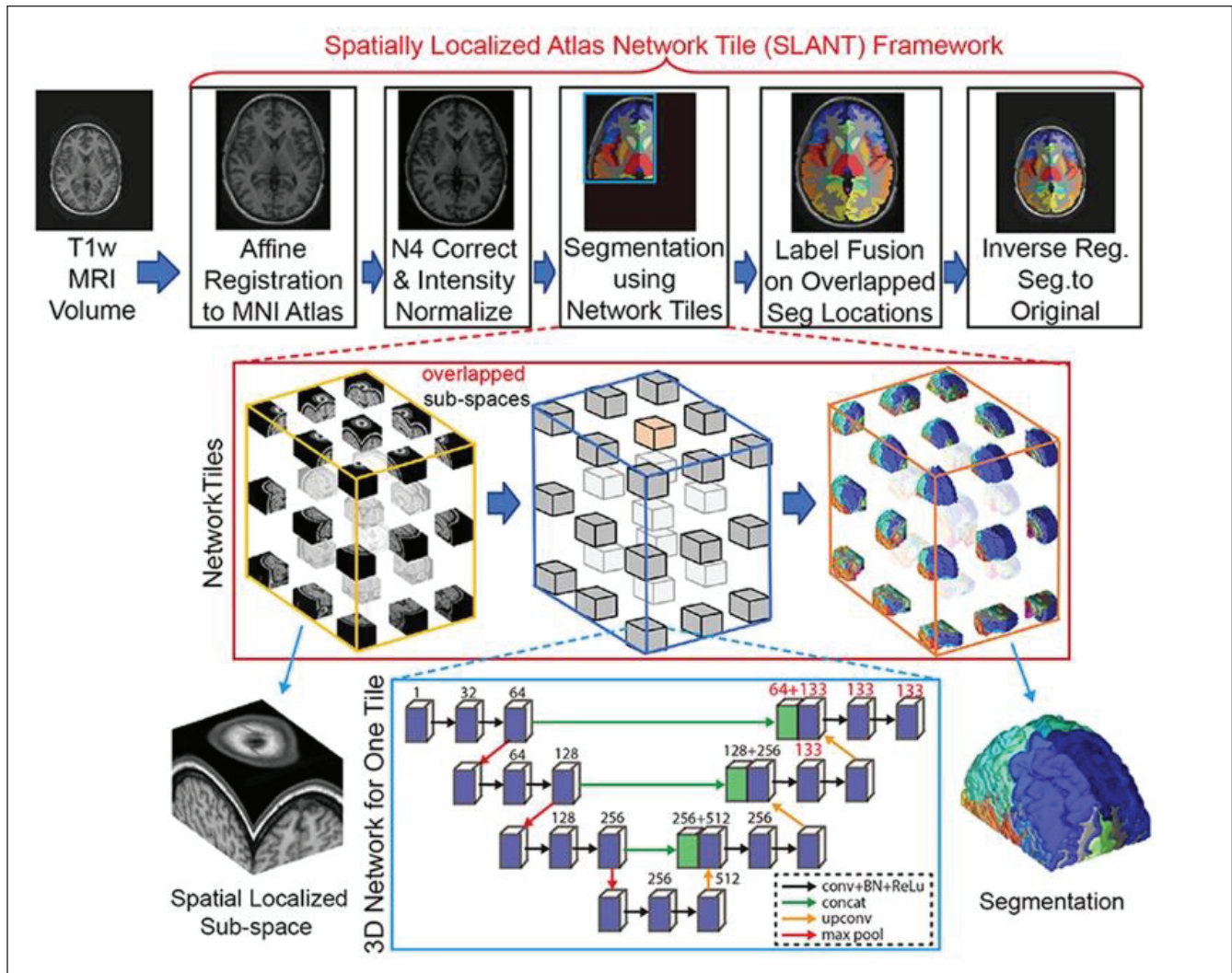
### SLANT<sup>56</sup>

The SLANT pipeline first registers the target image to the MNI305 template using affine registration, and this is followed by bias-field correction and normalization. Since the whole volume cannot fit into the GPU memory using the FCN network, the entire MNI space is divided into  $k$  independent 3D U-Nets. The SLANT-8 divides the volume into eight nonoverlapped subspaces with each subspace of size  $86 \times 110 \times 78$  voxels, whereas SLANT-27 divides the



**Figure 2.** An Illustration of AssemblyNet Model Using U-Net<sup>55</sup>.

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**Figure 3.** An Illustration of SLANT-27 (27-Network Tiles) Model Using U-Net<sup>56</sup>. (Reprinted with permission from Elsevier).

**Source:** Reprinted with permission from Elsevier.

volume into 27 overlapped network tiles with each subspace of  $96 \times 128 \times 88$  voxels. The overlapped SLANT-27 thus requires majority voting for label fusion. The entire pipeline is available as a docker image. It provides fine-grain segmentation of the whole brain in more than 100 ROIs. The training time could be as high as 109 h for SLANT-27 on 5,111 training scans using a single GPU (NVIDIA Titan 12 GB), which can be reduced to 4 h with 27 GPUs, and the testing time is roughly 15 min.

### 3DQ<sup>57</sup>

This is a generalizable method that can be applied to various 3D F-CNN architecture such as 3D U-Nets, MALC, and “V-Net on MALC” for providing model compression of 16 times to address the memory issues, and it incorporates quantization mechanism for integrating the trainable scaling factor and the normalization parameter, which not only maintains compression but also increases the learning

capacity of the model. The model was successfully applied for 3D whole-brain segmentation and achieved comparable performance with up to 16 times model compression.

### QuickNAT<sup>58</sup>

QuickNAT tries to address the limitation of limited manually curated data for training by first utilizing the existing publicly available software tools such as FreeSurfer to segment the data which is then used to train the network; this pretrained network is then further improved by training with limited manually annotated data to achieve high segmentation accuracy. The model does not utilize 3D F-CNN but instead uses three two-dimensional F-CNN, each operating in separate planes (i.e., coronal, axial, and sagittal), followed by aggregation resulting in final segmentation and labels corresponding to 27 brain structures.

The details of other recent methods and architecture have been given in Table 3.



**Table 3.** Summary of Recent Brain Segmentation Methods Utilizing Machine Learning Models

Method	Model/Segmentation Area	Principle	Remarks
<b>A. Whole-Brain Segmentation Models for Classifying Among Different Anatomical Labels</b>			
AssemblyNet <sup>55</sup>	CNN/ Brain automatic segmentation	Utilizes two assemblies of 125 3D U-Nets processing different overlapping brain areas of the whole brain.	Competitive performance in comparison with U-Net, joint label fusion, and SLANT.
SLANT <sup>56</sup>	CNN/ Fine-grain segmentation >100 structures	3D-FCN, addresses memory issues using multiple spatially distributed overlapping network tiles of U-Nets.	Training and testing can be optimized by providing 27 GPUs for SLANT-27 and 8 for SLANT-8.
QuickNAT <sup>58</sup>	CNN/ Brain segmentation (segments 27 structures)	Fully convolutional and densely connected, pretraining using existing segmentation software (FreeSurfer), fine-tuning to rectify errors using manual labels.	Posttraining, the model achieves superior computational performance in comparison with patch-based CNN and atlas-based approaches. Also compared well with FSL and FreeSurfer.
Bayesian QuickNAT <sup>59</sup>	CNN/ Brain segmentation (segments 33 structures)	F-CNN approach (of QuickNAT) with Bayesian inference for segmentation quality.	The model has been compared with QuickNAT and FreeSurfer with manual annotations.
3DQ <sup>57</sup>	CNN/ Brain segmentation (segment 28 structures)	3D F-CNN with model compression up to 16 times without affecting performance. Useful for storage critical applications.	Integrates training scalable factors and normalization parameter. Increases learning while maintaining compression.
DeepNAT <sup>60</sup>	CNN/ Brain segmentation of 25 structures	3D-CNN patch-based model, the first network removes the background, second classifies brain structure.	Uses three CNN layers for pooling, normalization, and nonlinearities. Comparable with other state-of-the-art models.
BrainSegNet <sup>61</sup>	CNN/ Whole-brain segmentation	2D/3D CNN patches	Does not require registration, saving on computational cost.
<b>B. Whole-Brain Segmentation Models for Classification Among GM, WM, and CSF Only</b>			
HyperDense-Net <sup>62</sup>	CNN / Brain segmentation	Fully connected 3D-CNN using multiple modalities.	Successfully participated in iSEG-2017 and MRbrainS-2013 challenge.
VoxResNet <sup>63</sup>	CNN/ Brain segmentation	Voxel-wise residual network with 25 layers utilizing CNN.	Successfully competed in MRbrainS-2015 challenge.
<b>C. Brain Segmentation Models for Specific Brain Structures (Hippocampus, Cerebellum)</b>			
HippMapp3r <sup>64</sup>	CNN/ Hippocampus segmentation	CNN architecture based upon U-Net. Initial training on the whole brain, the output was trained again with reduced FOV on the same network architecture.	Validation is done against FreeSurfer, FSL-First, volBrain, SBHV, and HippoDeep. Algorithm and trained model are made publicly available.
CAST <sup>65</sup>	CNN/Hippocampus subfield segmentation	Multi-scale 3D CNN with T1w and T2w imaging modalities as input.	Hippocampus subfield segmentation.
ACA-PULCO <sup>66</sup>	CNN/ Cerebellum segmentation	Alternative CNN design using U-Net with locally constrained optimization.	Applied on MPRAGE images.
HippoDeep <sup>67</sup>	CNN/ Hippocampus automatic segmentation	Deep learned appearance model based on CNN.	The training utilizes multiple cohorts and label derived from FreeSurfer output along with synthetic data.

## Reliability and Reusability of Automated Segmentation Methods

The automated fine-grain segmentation of the whole brain including specific ROIs has profound usage in neuroscience research. This, however, depends on the quality of MRI acquisitions, preprocessing, choice of analysis pipelines, and many other factors. A retrospective longitudinal study has shown a lack of reproducibility arising at the level of acquisition in the MRI scanner and the amount of variability being different for different scanners,<sup>68</sup> and this is a cause of concern having a direct bearing on subsequent analysis pipelines. The effects of automated pipelines which are often poorly documented and lack standardization have also been analyzed in a recent study in the context of functional neuroimaging analysis where the same data were provided to 70 different research groups, but none of the teams chose identical pipelines, and the results were also variable across groups, thus emphasizing the need of validation and sharing of complex workflows.<sup>69</sup>

## Discussion and Conclusion

The automatic segmentation methods have been quite successful in morphometric and volumetric measurements of brain tissue and structures in finer details. The publicly available methods such as FreeSurfer, FSL, SPM, etc. are sufficiently resilient with respect to noise and artifacts introduced at the acquisition stage and have performed consistently across different datasets and are being extensively used by the neuroimaging community; however, they are still far from being accepted at par with manual segmentation. Several studies have compared the relative performance of various publicly available methods which have provided mixed results and have been discussed in Table 2.

The machine learning methods particularly those based on CNN have been shown to perform better than the publicly available software tools, but their performance directly depends on the amount and type of training data and thus may not be reproducible across different unseen datasets whose acquisition and protocols vary significantly from the training data. The insufficient amount of manually labeled training data also affects the performance of such machine learning models. QuickNAT attempts to improve upon this limitation by first pretraining the network using auxiliary labels generated using FreeSurfer and then refining the pretrained network with the limited manually labeled data.

The 2D F-CNN methods which train the network by using images slice by slice have an inherent disadvantage of failure to fully utilize the contextual information from neighboring slices. The 3D F-CNN, on the other hand, faces the memory limitation of the available GPUs in handling millions of parameters associated with high-resolution clinical MRI

imaging volumes. Several techniques have been developed to address the computational cost and memory limitations; for example, SLANT-27 breaks the original image volume into 27 overlapping network tiles which can be executed in parallel on 27 GPUs or can run sequentially in the available lesser resources; AssemblyNet goes a step further and uses two assemblies of 125 3D U-Nets processing different overlapping regions; 3DQ method attempts to provide around 16 times compression without affecting performance; other methods such as ACA-PULCO and CAST focus on specific regions such as cerebellum and hippocampus, respectively, rather than whole-brain segmentation.

Other issues with the machine learning models are with regard to insufficient documentation in the literature; only some such methods are publicly made available, even then the training modalities of some of them especially those relying on 3D-FCN have a huge computational and memory bottleneck associated with them and cannot be easily reproduced. There is a need to implement such machine learning models through computational web servers in a standardized manner as was the case with volBrain for their effective use and validation.

## Acknowledgments

The authors like to thank Professor Pankaj Seth, National Brain Research Centre for his guidance, support, and help, including proofreading of the manuscript. The support of Dr D. D. Lal, Mr Sukhkir, and DBT e-Library Consortium (DeLCON) in making available the research articles is also duly acknowledged. The work has also benefitted from the infrastructure facilities under DIC project of BTISNet programme and Dementia Science programme, both funded by the Department of Biotechnology, Government of India.

## Author Contributions

MKS conceived the study and was responsible for overall study direction and planning; KKS provided direction, suggestion, and supervision. Both the authors discussed the final manuscript.

## Ethical Statement

Not Applicable.

## Declaration of Conflicting Interests

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## Funding

The authors received no financial support for the research, authorship, and/or publication of this article.

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