ORIGINAL RESEARCH

Cytotoxic Evaluation, Molecular Docking, Molecular Dynamics, and ADMET Prediction of Isolupalbigenin Isolated from *Erythrina subumbrans* (Hassk). Merr. (Fabaceae) Stem Bark: Unveiling Its Anticancer Efficacy

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Introduction: *Erythrina subumbrans*, a medical plant found in sub-Saharan Africa and the Western Ghats of India, shows promise as a potential source of bioactive compounds to treat cancer. In our ongoing research on folk medical plants, we report the isolation of flavonoid compound from the stem bark of *E. subumbrans* along with its cytotoxic activity against breast cancer (MCF-7 and T47D), and cervical cancer (HeLa) cell lines.

Purpose: This study aimed to isolate secondary metabolite from the stem bark of *E. subumbrans* and evaluate its cytotoxic activity to support the use of folk medicinal plants as alternative therapy against cancer.

Methods: Isolupalbigenin was isolated from the stem bark of *E. subumbrans* by column chromatography. Cytotoxic activity against breast cancer (MCF-7 and T47D) and cervical cancer (HeLa) cell lines was evaluated using the MTT assay, whereas the in silico study was evaluated using molecular docking and molecular dynamics against estrogen receptor alpha (ER α).

Results: The cytotoxic assay showed that isolupalbigenin inhibited the growth of MCF-7 cell with an IC_{50} of 31.62 µg·mL⁻¹, while showing no toxicity against normal human cells (Vero cell line). The molecular docking results suggested that isolupalbigenin can bind to ER α with a lower binding affinity than estradiol, whereas the stability of the isolupalbigenin-ER α complex was confirmed by molecular dynamic simulation with a median Root Mean Square Deviation (RMSD) of 2.80 Å. Toxicity prediction suggested that isolupalbigenin was less likely to cause hepatotoxicity or carcinogenicity, whereas pharmacokinetic prediction suggested that isolupalbigenin has high intestinal absorption with medium Caco2 permeability. In addition, isolupalbigenin was predicted to have a medium volume of distribution (Vd).

Conclusion: Isolupalbigenin isolated from the stem bark of *E. subumbrans* with cytotoxic activity supports further development of plants from the genus *Erythrina* as a medicinal plant for alternative therapy against cancer.

Keywords: Erythrina subumbrans, isolupalbigenin, cytotoxic, in vitro, in silico

Introduction

Cancer is a complex disease that occurs when changes in genes cause cells to grow and proliferate rapidly, leading to a rapid increase in tissue mass in the affected body parts.¹ Its prevalence has surged over the years, making it a leading cause of morbidity and mortality worldwide. The prevalence of cancer varies across regions and countries, with diverse factors contributing to its incidence and impact. The Global Cancer Statistics 2020 report estimated approximately

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Flavonoids are a class of polyphenolic compounds found in various fruits, vegetables, and plant-derived products. They have been the subject of extensive research because of their diverse biological activities, including antioxidant, anti-inflammatory, and anticancer effects.⁵ Epidemiological studies have indicated that dietary intake of flavonoids is associated with a reduced risk of certain types of cancer, suggesting their potential role in cancer prevention.⁶ The potential use of flavonoids as anti-cancer agents is supported by their ability to modulate various cellular processes involved in cancer development and progression. Flavonoids have been shown to exhibit cytotoxic effects on cancer cells, induce apoptosis, and inhibit cancer cell proliferation, thereby impeding tumor growth.⁷

Erythrina is a medicinal plant rich in flavonoids is the plants of genus *Erythrina*.⁸ *Erythrina subumbrans* is a plant species of the genus *Erythrina* with significant ethnomedical use in sub-Saharan Africa and the Western Ghats of India. The plant has been traditionally utilized to treat various ailments, including parasitic and microbial diseases, inflammation, cancer, and wounds, and as an anthelmintic and antioxidant agent.^{9–12} The aqueous ethanolic extract of *E. subumbrans* was reported to have cytotoxic activity against the Human Melanoma cell line (A375) with an IC₅₀ of 82.14 µg/mL,¹³ which further supports the potency of *E. subumbrans* as a source of flavonoids with cytotoxic activity.

Isolupalbigenin is a natural derived flavonoid that exhibited cytotoxic activities against lung cancer, colorectal cancer, leukemia.¹⁴ This particular flavonoid has been identified in *E. poeppigiana*.¹⁵ As part of our continuing investigation on folk medicinal plants, we report the isolation of flavonoid compound, Isolupalbigenin from the stem bark of *E. subumbrans* along with its cytotoxic activity against breast cancer (MCF-7 and T47D), and cervical cancer (HeLa) cell lines.

Materials and Methods

General Experimental Procedures

UV spectra were measured using a UV-1800 Shimadzu spectrophotometer. IR spectra (KBr disks, in cm⁻¹) were recorded on a One Perkin Elmer Spectrum FTIR spectrometer. HRTOFMS data were obtained on Waters Xefo QTOF spectrometer. NMR spectra were recorded on a JEOL ECZ-500 spectrometer at 500 MHz for ¹H and 125 MHz for ¹³C, using tetramethylsilane (TMS) as an internal standard. Column chromatography (CC) was performed using silica gel G60 (70–230 mesh, Merck). The fractions were monitored thin-layer chromatography (TLC) on silica gel plates (60 F254 plates, Merck). The spots were visualized under UV light (Vilber Lourmat at $\lambda = 254$ and 365 nm) by spraying with 10% aluminium chloride reagent, followed by heating.

Plant Materials

The stem bark of *E. subumbrans* (Hassk). Merr. were collected in July 2019 from the Subang District, West Java Province, Indonesia. A voucher herbarium specimen of *E. subumbrans* (No. 502/HB/05/2019) was deposited in the Plant Taxonomy Laboratory, Department of Biology, Universitas Padjadjaran, Indonesia and was formally identified by botanist Joko Kusmoro.

Extraction and Isolation

Stem bark powder of *E. subumbrans* (3.0 kg) was extracted with methanol at room temperature, followed by concentration under reduced pressure. The resulting concentrated methanol extract (152.56 g) was partitioned successively with n-hexane and ethyl acetate (EtOAc). The EtOAc extract (10.21 g) was separated by column chromatography (CC) on silica gel, employing a gradient solvent system of n-hexane–EtOAc–MeOH, with increasing proportions of polar solvent. This process yielded ten fractions (A–J). Fraction E (1.19 g) was further subjected to CC using an isocratic system of n-hexane: methylene chloride: acetone (2.5:7:0.5), resulting in 10 fractions (E.1–10), which were monitored by thin-layer chromatography (TLC). Fraction E3 was further separated by CC, eluted using a gradient system of n-hexane: chloroform, and purified using an octadecylsilane (ODS) system with MeOH: H_2O (99:1). This process yielded compound 1 (6.2 mg).

Efficacy Cytotoxic Activity Assay

Cytotoxic activity against MCF-7, T47D breast cancer, and HeLa cervical cancer cell lines was assessed using a 3-[4,5-dimethylthiazole-2-yl]-2,5-diphenyltetrazolium bromide (MTT) assay.¹⁶ The cell lines MCF-7 (ATCC, HTB22), T47D (ATCC, HB133), HeLa (ATCC, CCL-2), and Vero (used as a normal control), were sourced from the Faculty of Medicine Research Center at the Universitas Gajah Mada, Yogyakarta, Indonesia. The treated cell culture $(1\times10^4 \text{ cells})$ was placed in 96-well microplates and incubated in a 5% CO₂ environment at 37°C. After a 24-hour incubation period, varying concentrations of compound 1 (ranging from 15.62–1000 µg/mL) were added to each well and incubated for 48 h. The culture medium served as the negative control, and doxorubicin (DOX) was used as the positive control. After incubation, the supernatant was discarded and the wells were rinsed twice with phosphate-buffered saline (PBS). Subsequently, 100 µL of 0.5 mg/mL MTT was added to each well and incubated for 4–6 h at 37°C in a 5% CO₂ environment. A stopper solution containing 10% sodium dodecyl sulfate (SDS) was added to dissolve formazan crystals. Absorbance was measured at 595 nm using a Bio-Rad Benchmark microplate absorbance reader. The cytotoxic activity was expressed as the IC₅₀ value, which was calculated using a linear regression equation.

Molecular Docking & Molecular Dynamics Simulation

The 3D X-ray crystal structure of the estrogen receptor alpha (ERα) ligand–binding domain was retrieved from the Protein Data Bank (PDB) (<u>https://www.rscb.org</u>, accessed on 09 December 2023) with PDB ID of 3ERT. The protein and co-crystallized ligand were extracted and individually saved as pdb files using the Biovia Discovery Studio (DS) 2021 Client software. Subsequently, the protein and co-crystallized ligand were prepared for re–docking using AutoDockTools 1.5.6. Both the processed protein and ligand structures were saved in the pdbqt format. Protein and ligand structures were docked using AutoDock Vina 1.2.3. The root mean square deviation (RMSD) was calculated by superimposing the docked ligand on the original ligand from the crystal structure.

Using Chemaxon MarvinSketch software, the protonated state of compound 1 was predicted at a physiological pH of 7.4. The three-dimensional (3D) structure of compound 1 was then generated and optimized using the MMFF94 force field with Avogadro software, and saved in the pdb format. This 3D structure was processed for molecular docking using AutoDockTools 1.5.6. and saved in the pdbqt format. Subsequently, the structure underwent molecular docking, adhering to the protocol outlined for the redocking process.

The molecular dynamics simulation was performed using the Particle-Mesh Ewald Molecular Dynamics (PMEMD) module within AMBER20, with GPU acceleration. The initial minimization process involved 1000 steps of the steepest descent method and 2000 steps of the conjugate gradient method, with an applied harmonic force of 5 kcal mol⁻¹ Å⁻². This was followed by 5000 steps of unrestricted conjugate gradient minimization to correct for any spatial overlap. The system's temperature was gradually increased to 300 K in increments of 20 ps (0–100 K; 100–200 K; and 200–300 K), taking a total of 60 ps. A period of equilibration was then carried out to ensure consistent density, pressure, and gradual release of force over 1000 ps. Finally, the production runs were carried out for a duration of 100 ns, with each step taking 2 fs.¹⁷

In silico Toxicity and Pharmacokinetics Prediction

The toxicity and pharmacokinetics of compound 1 were predicted using the pkCSM web server (<u>https://biosig.lab.uq.edu.</u> <u>au/pkcsm/</u> accessed December 27, 2023). The pkCSM is a freely accessible web server that provides an integrated platform to rapidly evaluate pharmacokinetic and toxicity properties using a graph-based signature to represent small molecules and train predictive models.¹⁸

Results

Structure Elucidation of Compound I

Compound 1 was isolated as a pale–yellow amorphous powder. The UV spectrum of compound 1 at acetone solvent (Figure S1) exhibited absorbance peaks of λ_{max} at 325 nm and 287 nm, with log ε values of 3.81 and 2.75, respectively. Both of these absorbances are characteristics of flavonoid compound. Absorbance at λ_{max} of 325 nm indicates the presence of cinnamoyl chromophore system, whereas absorbance at λ_{max} of 287 nm indicates the presence of benzoyl chromophore system. The IR spectrum (Figure S2) revealed characteristic absorption: hydroxyl groups at v_{max} 3368 cm⁻¹, stretching vibrations of C-H bonds

at v_{max} 2968 and 2913 cm⁻¹, a carbonyl group (ketone) at v_{max} 1651 cm⁻¹, stretching vibrations of C=C (sp²) bonds at v_{max} 1505 cm⁻¹, stretching vibrations of C-O (ether) bonds at v_{max} 1267 cm⁻¹, and bending vibrations of C-H (aromatic) bonds at v_{max} 829 cm⁻¹. HRTOF-MS: m/z 407.1803 [M + H]⁺, calculated for C₂₅H₂₆O₅ m/z 407.1858 (Figure S3).

The ¹³C NMR spectrum (Figure S4) reveals 25 carbon signals, comprising: one carbonyl carbon signal at δ C 181.1 ppm, four oxygenated sp2 quaternary carbons at δ C 161.5, 160.5, 155.3, and 155.1 ppm, one oxygenated sp2 methine carbon at δ C 153.4 ppm, six sp2 methine carbons at δ C 130.3, 127.6, 122.8, 122.3, 114.6, and 98.5 ppm, seven sp2 quaternary carbons at δ C 131.5, 131.1, 127.7, 123.0, 122.2, 106.2, and 105.2 ppm, two sp3 methylene carbons at δ C 28.3 and 21.1 ppm, and four sp3 methyl carbons at δ C 25.0, 24.9, 17.0, and 17.0 ppm.

The ¹H-NMR spectrum of compound 1 (Figure S5) reveals four singlet signals corresponding to sp3 methyl protons at δ H 1.66, 1.71, 1.73, and 1.79 ppm (each with a multiplicity of 3H). Additionally, there are two deshielded doublet signals attributed to sp3 methylene protons at δ H 3.36 (2H, d, J = 7 hz) and 3.44 ppm (2H, d, J = 7 hz). Within the spectrum, six signals correspond to sp2 methine protons, with two of them appearing at δH 5.24 (1H, t, J = 7 hz) and 5.38 ppm (1H, t, J = 7 hz), likely associated with protons in the prenyl chain. Four other sp2 methine proton signals occur at δ H 6.39 (1H, s), 6.91 (1H, d, J = 8 hz), 7.28 (1H, dd, J = 8; 2 hz), and 7.35 ppm (1H, d, J = 2 hz), suggesting their presence in an aromatic ring. The proton signals at δ H 3.36 and 3.44; 5.24; and 5.38 ppm, each with a coupling constant (J) of 7 hz, indicate vicinal positions within the hydrocarbon chain-specifically, H-1", H-1", H-2", and H-2". Furthermore, the aromatic ring protons at δH 6.91 and 7.28 ppm, with a J value of 8 hz, correspond to ortho positions (H-5' and H-6'), while those at δ H 7.28 and 7.35 ppm, with a J value of 2 hz, suggest meta positions (H-6' and H-2'). Notably, the spectrum includes one signal for an oxygenated methine proton at $\delta H 8.23$ ppm (1H, s), characteristic of flavonoids. Meanwhile, there are three singlet signals for protons from hydroxyl groups at δH 8.84, 10.31, and 13.02 ppm. The signal at δH 13.02 ppm is characteristic of the H-5 position in ring A because it can form a chelate with the carbonyl group at position C-4. Based on the NMR spectrum and comparison with data available in the literature, compound 1 was elucidated as Isolupalbigenin. The ¹H NMR (500 MHz, (CD₃)₂CO) and ¹³C NMR (125 MHz, $(CD_3)_2CO$ spectra comparison of compound 1 and Isolupalbigenin from the available literature¹⁹ is shown in Table 1.

Cytotoxic Activity of Compound I

The anticancer activity of compound 1 was evaluated against three cancer cell lines: MCF-7, T47D, and HeLa. The results showed that compound 1 exerted different effects in different cell lines. Among the three cancer cell lines, isolupalbigenin exhibited the highest cytotoxic activity against MCF-7 cells with an IC₅₀ of $31.62 \pm 2.86 \ \mu g \cdot m L^{-1}$ (77.79 \pm 7.04 μ M), followed by T47D and Hela with IC₅₀ of $54.17 \pm 2.69 \ \mu g \cdot m L^{-1}$ (133.27 \pm 6.62 μ M), 122.16 \pm 5.17 $\mu g \cdot m L^{-1}$ (300.53 \pm 12.72 μ M) respectively. The cytotoxic assay was performed using doxorubicin (DOX), a commercial anticancer agent, as the positive control. DOX exhibited significant cytotoxic activity against MCF-7, T47D, and HeLa with IC₅₀ of 19.4 \pm 1.67 $\mu g \cdot m L^{-1}$ (35.59 \pm 3.08 μ M), 0.17 \pm 0.03 $\mu g \cdot m L^{-1}$ (0.31 \pm 0.06 μ M), and 3.38 \pm 0.08 $\mu g \cdot m L^{-1}$ (6.22 \pm 0.14 μ M), respectively. Both isolupalbigenin and DOX were also evaluated against the Vero cell line and showed the lowest cytotoxic effect with IC₅₀ of 165 \pm 11.81 $\mu g \cdot m L^{-1}$ (405.92 \pm 29.05 μ M) and 55.35 \pm 3.02 $\mu g \cdot m L^{-1}$ (101.83 \pm 5.56 μ M).

Molecular Docking and Molecular Dynamics Simulation of Compound I Against $ER\alpha$

According to the cytotoxicity assay, compound 1 exhibited the highest cytotoxic activity against MCF-7 cells. MCF 7 is a human breast cancer cell line with estrogen, progesterone, and glucocorticoid receptors²⁰ therefore, molecular docking and molecular dynamic simulation of compound 1 were simulated against estrogen receptor alpha (ER α), which is a crucial marker for the cure and prevention of breast cancer.²¹ The binding energy obtained from molecular docking showed that 4-hydroxytamoxifen has the lowest binding energy of -9.556 kcal/mol, followed by compound 1 and estradiol with binding energy of -9.148 and -8.965 kcal/mol respectively. In the AutoDock Vina docking score, a more negative value corresponded to a stronger interaction between the ligand and enzyme.²² Based on the docking score, the binding affinity of compound 1 was weaker than that of 4-hydroxytamoxifen, but stronger than that of estradiol.

Position	Compound I ^a Isolupalbigenin ^b			
	δH ppm (ΣH, mult, J in Hz)	δC ppm	δH ppm (ΣH, mult, J in Hz)	δ C ppm
2	8.23 (IH, s)	153.4	7.89 (IH, s)	152,7
3	_	123.0	-	123,4
4	_	181.1	_	181,3
5	_	159.7	-	159,7
6	6.39 (1H, s)	98.5	6.29 (1H, s)	98,9
7	_	161.5	-	161,8
8	_	106.2	-	106,7
9	-	155.3	-	155,4
10	-	105.2	-	105,4
1'	-	122.2	-	122,4
2'	7.35 (IH, d, 2)	130.3	7.20 (IH, d, 2)	130,2
3'	-	127.7	-	127,9
4'	-	155.1	-	154,8
5'	6.91 (1H, d, 8)	114.6	6.85 (1H; d; 8)	115,3
6'	7.28 (IH, dd, 8, 2)	127.6	7.23 (1H; dd; 8; 2)	127,8
l"	3.36 (2H, d, 7)	28.3	3.38 (2H; d; 7)	28,8
2"	5.38 (IH, t, 7)	122.3	5.35 (IH; t; 7)	122,0
3"	-	131.5	-	133,5
4"	1.71 (3H, s)	25.0	I.75 (3H; s)	25,7
5"	I.73 (3H, s)	17.0	I.74 (3H; s)	17,7
l'"	3.44 (2H, d, 7)	21.1	3.43 (2H; d; 6.5)	21,4
2'"	5.24 (IH, t, 7)	122.8	5.22 (IH; tm; 7)	122,0
3'"	-	131.1	-	132,2
4'"	1.66 (3H, s)	24.9	1.69 (3H; s)	25,6
5'"	1.79 (3H, s)	17.0	1.80 (3H; s)	17,8
5-OH	13.02 (1H, s)	-	-	-
7-OH	10.31 (1H, s)	-	-	-
4'-OH	8.84 (1H, s)	-	-	-

 Table I
 ¹H and
 ¹³C NMR Data Comparison of Compound I with Isolupalbigenin

Notes: ^aAcetone-d6; ¹H-NMR 500 MHz; ¹³C-NMR 125 MHz. ^bCDCl₃; ¹H-NMR 500 MHz; ¹³C-NMR 125 MHz.

The RMSD parameter derived from molecular dynamics simulations suggested that the binding of certain ligands can induce relative stabilization of the conformation of Estrogen Receptor alpha (ER α). The most notable effect was demonstrated by 4-hydroxytamoxifen, which decreased the RMSD to a median of 2.18 Å. The interquartile range (IQR), which measures statistical dispersion, is 0.53 Å, indicating that most of the RMSD values of 4-hydroxytamoxifen complex lie within this range. Conversely, estradiol binding also diminished protein RMSD values, resulting in a median of 2.20 Å and an IQR of 1.13 Å. Although binding of isoapulbigenin induces conformational changes in ER α , the stability of the protein remains comparable to that of the apo form. Despite a higher IQR (0.55 Å) compared to the apo form (0.41 Å), its binding reduces RMSD values of ER α to a median of 2.80 Å. In addition, In the root mean square fluctuation (RMSF) of ligand–free and ligand–bound ER α , fluctuations were recorded in the amino acid residues of four specific regions: H3 (R331–R342), H9 (R456–R469), and those surrounding the terminal helix H12 (R523–R535 and R542–R551) (Table 2).

In silico ADMET Prediction of Compound I

The toxicity prediction of isoapulbigenin suggested that this compound is not carcinogenic and does not cause hepatotoxicity. Although compound 1 is not an inhibitor of hERG I, it can potentially inhibit hERG II, raising concerns regarding its potential impact on cardiac safety.¹⁷ The pharmacokinetic predictions of isoapulbigenin, including its absorption, distribution, metabolism, and excretion properties, are presented in Table 3.

Table 2 The Average RMSF Values for Specific Region of ER α Apoenzyme, Estradiol-ER α Complex, Isolapulbigenin-ER α Complex, 4-Hydroxytamoxifen-ER α Complex Over100 Ns Time Trajectory

Helices	Residues	Аро	4-hydroxytamoxifen	Estradiol	Isolapulbigenin
Н3	R331–R342	2.16	2.78	2.25	2.19
H9	R456-R469	1.60	1.50	1.75	1.62
HI2	R523–R535	2.02	2.67	1.46	2.14
H12	R542–R551	3.80	4.89	4.03	2.90

Table 3 Pharmacokinetics Prediction of Compound I

Property	Parameter	Predicted Value	Unit
Absorption	Water solubility	-5.246	log mol/L
	Caco2 permeability	0.76	log Papp in 10–6 cm/s
	Intestinal absorption	90.488	% Absorbed
	P-glycoprotein substrate	Yes	-
	P-glycoprotein I inhibitor	Yes	-
	P-glycoprotein II inhibitor	Yes	_
Distribution	VDss	-0.139	log L/kg
	Fraction unbound	0.042	Fu
	BBB permeability	-0.993	log BB
	CNS permeability	-1.843	log PS
Metabolism	CYP2D6 substrate	No	-
	CYP3A4 substrate	Yes	-
	CYPIA2 inhibitor	Yes	-
	CYP2C19 inhibitor	Yes	-
	CYP2C9 inhibitor	Yes	-
	CYP2D6 inhibitor	No	-
	CYP3A4 inhibitor	Yes	-
Excretion	Total Clearance	0.353	log mL/min/kg
	Renal OCT2 substrate	No	–

Discussion

Chemical investigation of the ethyl acetate fraction of *E. subumbrans* led to the isolation of Compound 1. The structure of compound 1 was determined based on physical and spectroscopic comparisons with the published literature, and was identified as isolupalbigenin (Figure 1). Isolupalbigenin is natural prenylated isoflavone that has been previously isolated from other medicinal plants, including the bark of *E. poeppigiana*.¹⁵ In addition, this compound has been reported to possess numerous bioactivities, including gastroprotective,²³ α -glucosidase inhibitory, and cytotoxic activities against lung cancer, colorectal cancer, leukemia,¹⁴ and human glyoxalase I.¹⁵

In our study, the isolated compound, isolupalbigenin, was subjected to a cytotoxic assay against several cancer cell lines, including MCF-7, T47D, and HeLa, as well as a normal cell line. The results showed that isolupalbigenin exhibited the highest activity against the MCF-7 breast cancer cell line, with an IC_{50} value of 31.62 µg·mL⁻¹ and showed no toxicity towards normal cells, with an IC_{50} of > 150 µg·mL⁻¹ against the Vero cell line (Figure 2). These data suggested that isolupalbigenin does not harm normal cells, indicating its high selectivity. MCF-7 cells are a well-known human breast cancer cell line that exhibits responsiveness to estrogen owing to the presence of estrogen receptors.²⁴ Estrogen Receptor (ER) significantly influences the growth, progression, and invasion of ER-expressing breast cancer.²⁵ Estrogen receptor alpha (ER α) is present in approximately 65% of all breast cancer cases. They promote tumor growth when bound to estrogen, and can prevent cell death by increasing Bcl-2 expression.²⁶ Considering the importance of ER α in



Figure I Chemical Structure of Isolupalbigenin.



Figure 2 The IC_{50} values (in μ M) of compound I against several cancer cell lines. Vero cells was used to evaluated the toxicity on normal mammalian cells. DOX was presented as a positive control.

breast cancer cell proliferation, we conducted molecular docking and molecular dynamics simulations to investigate the interaction between isolupalbigenin and ERa.

Molecular docking is a computational technique used to predict the optimal binding conformation and affinity of a small molecule to a protein or receptor. Prior to molecular docking, a redocking procedure was conducted using a complex of Estrogen Receptor alpha (ER α) and 4-hydroxytamoxifen (PDBid 3ERT) to validate the docking protocol. Redocking is a common validation method, in which a known ligand is removed from its receptor and docked back into it. The validity of the docking protocol was assessed by calculating the RMSD between the original and redocked positions of 4-hydroxytamoxifen. RMSD is a measure of the average distance between the atoms of superimposed molecules. If RMSD was < 2 Å (angstroms), the docking protocol was considered valid. The best pose (position and orientation) of 4-hydroxytamoxifen obtained through the redocking procedure had an RMSD of 1.11 Å. This indicated that the molecular docking protocol was valid because this value was less than 2 Å. This successful validation suggests that the protocol is likely to produce reliable results when used to dock other compounds such as isolupalbigenin into

 $ER\alpha$. This process is crucial in the field of drug design as it helps predict the interaction between drugs and their target proteins.

The binding pose (*ie*, the orientation of the ligand when it is bound to the receptor) and binding affinity (*ie*, the strength of the interaction between the ligand and receptor) derived from molecular docking studies provide pivotal information for computer-aided drug design.²⁷ The binding energy obtained from molecular docking showed that 4-hydroxytamoxifen has the lowest binding energy of -9.556 kcal/mol, followed by isolupalbigenin and estradiol with binding energy of -9.148 and -8.965 kcal/mol respectively. In the AutoDock Vina docking score, a more negative value corresponded to a stronger interaction between the ligand and enzyme.²² Based on the docking score, the binding affinity of isolupalbigenin was weaker than that of 4-hydroxytamoxifen, but stronger than that of estradiol.

In terms of binding pose, isolupalbigenin forms a hydrophobic interaction with several amino acid residues within the binding pocket of the ER α ligand-binding domain. Hydrophobic interactions are non-polar interactions that occur between non-polar amino acid residues and non-polar regions of the ligand.²⁸ One of these amino acid residues is leucine 346 (Leu346), which forms an amide- π stacking interaction with the aromatic C ring of isolupalbigenin (Figure 3). Amide- π stacking is a specific type of non-covalent interaction in which the π system of an aromatic ring interacts with the amide group of a protein. This type of interaction is less well understood than aromatic-aromatic stacking, but it plays an important role in protein-ligand binding.²⁸ Leu346 is considered to be an antiestrogenic ligands.³⁰ Antiestrogenic ligands bind to estrogen receptors such as ER, and inhibit their activity.³¹ Therefore, the interaction between Leu346 and isolupalbigenin may potentially influence the anti–estrogenic activity of ER α .

Molecular docking is a widely used technique in the field of drug design and discovery owing to its ability to predict potential interactions between the ligand or drug and the target protein or receptor.³² However, one limitation of molecular docking is that it treats the receptor as rigid, which does not account for the flexibility of the protein–ligand complex.³³ To account for this flexibility, we conducted a 100 nanosecond (ns) molecular dynamics simulation to investigate the conformational aspect and residual flexibility of the protein–ligand complex and the apo-form of ER α .

The RMSD was used to evaluate the degree of constancy of isolupalbigenin, 4-hydroxytamoxifen, and estradiol (Figure 4). The RMSD parameter provides important information about the ligand-protein complex, with a lower RMSD value indicating a greater stability of the complex.³⁴ In this study, we observed that the binding of certain ligands induced the relative stabilization of the conformation of Estrogen Receptor alpha (ER α). The most notable effect was demonstrated by 4-hydroxytamoxifen, which decreased the RMSD to a median of 2.18 Å. The interquartile range (IQR), which



Figure 3 Graphical representation of the interaction between 4-hydroxytamoxifen (a), estradiol (b), and isolupalbigenin (c) with amino acids residue of $ER\alpha$ ligand binding domain.



Figure 4 The RMSD plot of ERa apoenzyme, Estradiol-ERa complex, Isolapulbigenin-ERa complex, Tamoxiven-ERa complex over 100 ns time trajectory.

measures statistical dispersion, is 0.53 Å, indicating that most of the RMSD values of 4-hydroxytamoxifen complex lie within this range. Conversely, estradiol binding also diminished protein RMSD values, resulting in a median of 2.20 Å and an IQR of 1.13 Å. Although the binding of isoapulbigenin induces conformational changes in ER α , the stability of the protein remains comparable to that of the apo form. Despite a higher IQR (0.55 Å) compared to the apo form (0.41 Å), its binding reduces RMSD values of ER α to a median of 2.80 Å.

The RMSD and RMSF are two important metrics used in Molecular Dynamics (MD) simulations, that provide different insights into the behavior of molecular structures. While RMSD provides a broad overview of the structural changes in the entire protein over time, RMSF provides a more detailed view, showing the flexibility of the individual amino acids of the protein during the simulation.¹⁷ Higher RMSF values indicate regions of proteins with lower stability and greater flexibility. These regions exhibit dynamic behavior, with a propensity for more pronounced conformational alterations. Conversely, lower RMSF values demonstrate enhanced stability and restricted flexibility, maintaining a relatively invariant structure throughout the simulation.³⁰

In the RMSF of ligand-free and ligand-bound ER α (Figure 5), fluctuations were recorded in the amino acid residues of four specific regions: H3 (R331–R342), H9 (R456–R469), and those surrounding the terminal helix H12 (R523–R535 and R542– R551) (Table 2). These regions are part of the ER α protein structure and play crucial roles in ER α function.^{35,36} The H12 region is important because it regulates ER α activity by alternating between the active and inactive conformations of this protein.^{37,38} This switching mechanism is a common feature of many proteins and is crucial for their function. Interestingly, the highest fluctuation for all systems for both ligand-free and ligand-bound ER α was observed in the terminal H12 region (R542–R551). This suggests that this region may be particularly sensitive to changes in the presence or absence of ligands. However, at R523–R535 in the H12



Figure 5 The RMSF plot of ERa apoenzyme, Estradiol-ERa complex, Isolapulbigenin-ERa complex, 4-Hydroxytamoxifen -ERa complex over 100 ns time trajectory.

region, the estradiol-ER α complex showed the least fluctuation compared to the Apo system (ligand-free ER α) and both the 4-hydroxytamoxifen and isolapulbigenin complexes. This observation aligns with a previous study, which found that ER α bound to an antagonist showed more significant structural fluctuations than ER α bound to an agonist.³⁹ This could be due to the different ways in which agonists and antagonists interact with ER α , leading to different conformational changes in the protein structure.^{40,41} Taken together, the results of in vitro and in silico studies indicate that isoapulbigenin could be a potential drug for the treatment of breast cancer. Therefore, in this study, we investigated the toxicity and pharmacokinetic properties of isoapulbigenin.

In terms of potential toxicity to human health, isoapulbigenin was predicted to be non-carcinogenic and non-hepatotoxic, indicating a low potential for toxicity to human health. However, it may also inhibit the expression of hERG II. Pharmacokinetic predictions suggested that isoapulbigenin has medium Caco2 permeability and high intestinal absorption. Nevertheless, being a substrate of P-glycoprotein (P-gp) and its poor water solubility potentially affect the amount absorbed into the body. Despite being predicted to be a substrate of P-gp, isoapulbigenin was also predicted to be an inhibitor of both P-glycoprotein I and II, which prevents these proteins from forcing xenobiotic compounds back into the lumen.⁴² In terms of distribution, the prediction suggested that isoapulbigenin was moderately distributed in the tissue than in the plasma, suggesting that lower dosage is required to achieve the desired plasma concentration.⁴³ Nevertheless, isoapulbigenin may cross the central neural system more easily, but has poor permeability to the blood-brain barrier. In terms of metabolism, The PKCSM prediction suggested that isoapulbigenin may undergo modification by CYP3A4; however, isoapulbigenin was also predicted to inhibit several cytochrome P450 (CYP) enzymes, including

CYP1A2, CYP2C19, CYP2C9, and CYP3A4. In terms of the excretion parameter, the PKCSM prediction suggested that isoapulbigenin has medium total clearance and is not substrate of Renal OCT2.

Conclusion

Isolupalbigenin was successfully isolated from stem bark of *E. subumbrans*. Cytotoxic assay demonstrated that isolupalbigenin can inhibit the growth of the MCF-7 cell line with an IC₅₀ of 31.62 μ g·mL-1, while exhibiting no toxicity against the normal human cell line, Vero. Molecular docking results suggest that isolupalbigenin can bind to ER α with a lower binding affinity than estradiol. The stability of the isolupalbigenin-ER α complex was confirmed by molecular dynamic simulation, with a median RMSD of 2.80 Å and IQR of 0.55 Å. Toxicity predictions indicated that isolupalbigenin is less likely to cause hepatotoxicity or carcinogenicity. Pharmacokinetics predictions suggest that isolupalbigenin has high intestinal absorption with medium Caco2 permeability and medium volume of distribution. The isolation of isolupalbigenin from the stem bark of *E. subumbrans* which demonstrated cytotoxic activity supports the further development of plants from the *Erythrina* genus as medicinal plants for alternative cancer therapies.

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Disclosure

The author(s) report no conflicts of interest in this work.

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