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Staphylococcus aureus: Current perspectives on molecular pathogenesis and virulence

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ABSTRACT

Staphylococcus aureus has evolved a sophisticated regulatory system to control its virulence. One of the main roles of this interconnected network is to sense and respond to diverse environmental signals by altering the synthesis of virulence components required for survival in the host, including cell surface adhesins, extracellular enzymes and toxins. The accessory gene regulator (agr), a quorum sensing system that detects the local concentration of a cyclic peptide signaling molecule, is one of the well-studied of these *S. aureus* regulatory mechanisms. By using this system, S. aureus is able to sense its own population density and translate this information into a specific pattern of gene expression. In addition to Agr, this pathogen senses specific stimuli through various two-component systems and synchronizes responses with alternative sigma factors and cytoplasmic regulators of the SarA protein family. These different regulatory mechanisms combine host and environmental information into a network that guarantees the best possible response of pathogens to changing circumstances. In this article, an overview of the most significant and thoroughly studied regulatory systems of *S. aureus* is provided, along with a summary of their roles in host interactions.

1. Background

Staphylococcus aureus (S. aureus) is a gram-positive bacterium belonging to the phylum Firmicutes and class Bacilli. S. aureus colonizes around 30% of the population, with skin and mucous membranes being the primary sites of colonization (Wertheim et al., 2005). Although S. aureus is largely a commensal bacterium, it can cause a variety of diseases that vary greatly in severity. Skin infections are among the most common problems, while necrotizing fasciitis, endocarditis, osteomyelitis and bloodstream infections are among the most serious (Lowy, 1998). S. aureus has evolved a complex regulatory network to temporally and locally regulate the production of virulence factors in order to survive and adapt to different environmental niches (Novick, 2003a). Since the virulence factors and regulatory apparatus are not necessary for normal growth, they are referred to as accessory genes. These accessory factors, which include proteins and cell surface components secreted into the extracellular environment, help S. aureus establish dominance in the host and contribute to its pathogenicity. These molecules have the ability to attach to host cells, evade the host's defenses, break down nutrients and absorb new ones. Both the chromosome and mobile elements such as phages, plasmids, and pathogenicity islands directly encode these complementary genetic components (Jenul and

Horswill, 2019).

The evolution of the bacterial species S. aureus, which has a conserved nuclear genome (Feil et al., 2003), was driven primarily by horizontal gene transfer and mutation. One of the most common causes of strain-to-strain variation in S. aureus is mobile genetic components, such as incorporated bacteriophages (prophages). Due to their low natural competence, bacteriophage transduction is a common method of DNA transfer between S. aureus strains (Xia and Wolz, 2014). Examples of virulence factors on prophages include the immune evasion cluster and Panton-Valentine leukocidin (PVL) (Shallcross et al., 2013); the latter is present on a bacteriophage that has been integrated into the hlb gene (Goerke et al., 2006). Exfoliative toxin A (Holochová et al., 2010), cell wall-anchored virulence factor SasX(Li et al., 2012), staphylococcal complement inhibitor (scn) (Alibayov et al., 2014), staphylokinase (sak), chemotaxis inhibitory protein (CHP) (van Wamel et al., 2006), and the enterotoxins produced by sea (Betley and Mekalanos, 1985), selk2, and selp(Schelin et al., 2011) are important virulence factors encoded by bacteriophages. Another mobile genetic element that can encode pyrogenic toxins toxins, so-called superantigens, are staphylococcal pathogenicity islands (SaPIs). SaPIs encode the superantigen genes for Toxic Shock Toxin (tsst) (Novick, 2003b), Enterotoxin B (seb), and Enterotoxin-like protein Q (selq) (Schelin et al., 2011). Plasmids are

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crucial for the acquisition of antibiotic resistance by *S. aureus*, but there are also some examples showing how important they are for the acquisition of virulence factors. So far, it has been shown that a number of toxins, such as the exfoliative toxin B (Yamaguchi et al., 2001), enterotoxin D (Bayles and Iandolo, 1989), the enterotoxin-like protein SER (Omoe et al., 2003), and enterotoxin-like protein J (Zhang et al., 1998), can be encoded by plasmids. This article focuses on the molecular pathogenesis of *S. aureus*, how it regulates these virulence factors, and the development of antivirulence strategies to address the lack of an anti-*S. aureus* vaccine and the ever-increasing lack of effective antibiotics against this important pathogen.

2. The impact of *S. aureus* on human health and its molecular pathogenesis

S. aureus is a natural flora of the skin and mucosa and takes advantage of the opportunity to cause opportunistic infections, typically ranging from superficial to invasive infections such as skin infections, bacteremia, pneumonia, etc. (Alonso et al., 2022). The emergence of drug-resistant S. aureus, particularly methicillin-resistant S. aureus (MRSA) in the late 1990s (Herold et al., 1998) and vancomvcin-resistant S. aureus (VRSA) in 2002 (Sievert et al., 2008), required careful examination. In 2014, the WHO reported that 86 % of clinical strains of S. aureus were methicillin resistant (Organization, 2014). The establishment of MDR strains was facilitated by the frequent use of certain antibiotics in hospital settings. The development of resistant or persistent subpopulations (persister cells) and the regulation of important virulence factors also increase the risk of invasive and recurrent S. aureus infections (Rowe et al., 2021). Bacterial attachment to the host cell or tissue is facilitated by the cellular production of surface proteins, which leading to deleterious pathogenesis in humans (Cruz et al., 2021). These proteins were specifically designed to promote the attachment of bacteria to the tissues of their hosts (Arunachalam et al., 2023). In S. aureus, a number of structural and secreted virulence components are essential for pathogenesis (Table 1).

3. Genetics of virulence in S. aureus

In contrast to the core genome, which primarily encodes "housekeeping" tasks, the accessory genome of S. aureus often contains virulence factors. Mobile genetic elements (MGEs), such as plasmids, transposons, insertion sequences, prophages and pathogenicity islands, are found in the accessory genome. In addition to virulence factors, these MGEs also carry antibiotic resistance determinants (Malachowa and DeLeo, 2010; Lindsay, 2019). Although transfer mechanisms such as phages or plasmids are missing, the large family of SaPIs relies on helper phages for transduction (Novick, 2019). Also found in the accessory genome are genomic islands (vSA α , vSA β , vSA γ) that encode a number of virulence factors and appear to originate from MGEs but have lost their ability to be transported in species other than non-MGE-specific. Although many subtypes are associated with different lineages, they are so ubiquitous and stable that their content can be considered diagnostic of the entire species (Kläui et al., 2019). This is in contrast to isolate-specific MGEs, which are often associated with specific diseases (so-called "toxinoses") because they encode the corresponding causative toxins, like the toxic shock syndrome toxin-1(TSST-1) or the enterotoxins that cause food poisoning (Malachowa and DeLeo, 2010; Novick, 2019)

Antibiotic resistance genes are commonly found in plasmids and transposons (for instance mecA (encodes PBP2a, resistant to betalactams (Methicillin, Cephalosporins)), vanA (confers resistance to vancomycin) and erm (methylates 23S rRNA, conferring macrolide resistance (Erythromycin, Clindamycin)) genes), but the majority of *S. aureus* toxins and other virulence factors are found on phage and pathogenicity islands (Malachowa and DeLeo, 2010). Panton-Valentine leukocidin (PVL) is a virulence factor produced by certain strains of

Table 1

Important virulence factors and linked genes in the pathogenesis of *S. aureus* (Algharib et al., 2020; Arunachalam et al., 2023).

Virulence steps/ processes	Associated virulence factors	Linked Genes
Attachment	Surface proteins such bone sialoprotein-binding protein, fibronectin-binding protein, clumping factors and fibrinogen- binding protein are involved in the recognition of sticky matrix molecules by microbial surface components.	bbp, fnbA, fnbB, clfA, clfB, sdrD, sasG, fib, and cna
Invasion	Lipids, phospholipids, proteins (elastin), DNA and hyaluronic acid can all be broken down by enzymes.	hysA, nuc, gehB, plc, sepA, sspA, and V8
Evading the immune system of the host	Toxins that cause pores, such as capsular polysaccharides, leukocidins, phenol-soluble modulins, protein A, CHIPS, Eap, staphyloxanthin and staphylococcal complement inhibitor.	lukS-PV, hlg, lukF-PV, crtN spa, psm-a gene cluster, chp, scn, eap, cap5, and 8 gene clusters
Persistence and tolerance	Intracellular polysaccharide adhesions and the development of minute colony variations are examples of factors that contribute to intracellular persistence and biofilm formation.	ica operon, dnaK, and heml mutation
Toxins mediated infections and sepsis	Enterotoxins, exfoliative toxins A and B, α-toxin, lipoteichoic acid and toxic shock syndrome toxin-1	sea, hla, tstH, eta, and etb

CHIPS: chemotaxis inhibitory protein of *Staphylococci*; **Eap:** extracellular adherence protein.

S. aureus, including MRSA. It is a pore-forming toxin that specifically targets and destroys white blood cells (leukocytes), contributing to the severity of infections caused by the bacteria (Alonzo III and Torres, 2014). PVL is a bicomponent toxin consisting of two proteins (LukS-PV (S component) and LukF-PV (F component)). These two subunits work together to form pores in the cell membranes of leukocytes (Spaan et al., 2017). This leads to cell lysis, release of inflammatory mediators, and tissue damage (Shallcross et al., 2013). PVL, the immune evasion proteins chemotaxis-inhibitory protein of Staphylococcus aureus (CHIPS) and staphylococcal complement inhibitor (SCIN), the exfoliative toxins A and B, staphylokinase and a number of enterotoxins are among the major S. aureus toxins encoded on prophages. It is noteworthy that the insertion of the phage carrying CHIPS, SCIN and staphylokinase (Carroll et al., 1993) renders the gene encoding the β -toxin (β -hemolysin), *hlb*, is associated with virulence functions (Huseby et al., 2007), is not functional in many S. aureus strains. This process is commonly referred to as "negative conversion." There is evidence that *hlb* is crucial for the colonization of infections and can be "repaired" by phage excision (Katayama et al., 2013). SaPIs are mostly known for enterotoxins and TSST. α-toxin, phenol-soluble modulin (PSM) peptides, staphylococcal superantigen-like protein 5 (SSL5), the lipoprotein-like toxins (LPLs), the leukocidin LukDE, and several enterotoxins are among the toxins encoded on genomic islands that often differ only in the expression between isolates (Langley et al., 2010; Malachowa and DeLeo, 2010). It is interesting to note that the genomic island vSA β also appears to have a complete biosynthesis cluster for the production of lantibiotics although its expression and possible function in bacterial interference have never been demonstrated (Joo et al., 2011). It should also be emphasized that although many MSCRAMMs (microbial surface components that recognize adhesive matrix molecules) play an important rolein virulence, they are typically not encoded in the accessory genome, most likely because they are present in the commensal of S. aureus serve

different lifestyle purposes.

4. S. aureus virulence regulation

Numerous regulatory factors can influence the expression of *S. aureus* virulence determinants (Fig. 1). These include global regulators that control a number of virulence genes and are often influenced by certain environmental factors (temperature, pH, NaCl), as well as site-specific regulatory factors such as the icaR gene next to the *ica* operon (Jefferson et al., 2003), which is also subject to numerous regulatory effects (Cerca et al., 2008), or the PSM-sensitive PmtR protein, which controls the PSM exporter Pmt operon (Chatterjee et al., 2013; Joo and Otto, 2016). Here, this overview focuses on a few selected, important international regulators (Fig. 1 and Table 2).

agr (accessory gene regulator), a quorum sensing system that upregulates multiple toxins and virulence determinants when cell density reaches a certain threshold, is the most studied staphylococcal virulence regulator (Le and Otto, 2015). This control is thought to delay the expression of virulence determinants during early infection to avoid triggering immunological responses, while simultaneously linking their expression to the state of infection when they are required for immune evasion and nutrition acquisition. Furthermore, agr-controlled virulence factors are expressed within a phagosome, most likely as a result of the restricted environment that activates the quorum sensing system through a process known as "diffusion sensing" (Redfield, 2002). agr was originally thought to downregulate adhesins, whose primary function was thought to be during early infection. However, this has since been refuted and instead, due to the recognition of many additional functions of MSCRAMMs, agr does not regulate the majority of MSCRAMMs in such fashion in clinical strains (Cheung et al., 2011). agr most strictly regulates the PSMs and secreted proteases. PSMs are directly controlled by the response regulator of the agr two-component system, AgrA, while other agr targets are indirectly regulated via the regulatory RNAIII,

which is part of agr and represents its main intracellular effector molecule (Novick et al., 1993; Queck et al., 2008). The currently most important RNAIII-dependent gene regulation is achieved by blocking the DNA-binding repressor of toxins (Rot) (Geisinger et al., 2006). Rot is a regulatory protein and a 15.6kDa member of the SarA-like family. The name is derives from the fact that mutation of the rot locus in an agr-null background restores toxin production and protease activity and consequently restores virulence in a rabbit model of endocarditis (McNamara et al., 2000; Said-Salim et al., 2003). With regard to toxin regulation, Rot acts as a repressor of enterotoxin B (seb), alpha-toxin (hla), proteases encoded by the spl and ssp operons, and lipase (geh). Enterotoxin B is directly repressed by Rot through binding to the seb promoter (Tseng and Stewart, 2005). Rot also acts as a positive regulator of several virulence factors. Protein A (spa) and the SarA family protein SarH1 (Said-Salim et al., 2003) are upregulated by Rot, and through direct binding to its promoter, Rot can positively regulate SSL (Benson et al., 2011). The agr system uses a post-translationally modified short thiolactone-containing autoinducing peptide (AIP) as an extracellular quorum sensing signal (Ji et al., 1995). The sequences of the AIP, its modifying enzyme AgrB and the membrane histidine kinase AgrC, to which it binds and which, when activated, causes the phosphorylation of AgrA, vary in at least four agr subgroups found in S. aureus (Ji et al., 1997). Interbacterial contact in vivo can be influenced by the inhibitory effects of most non-self AIPs, including those from other staphylococcal species (Otto, 2001; Williams et al., 2019). agr mutants exhibit notable abnormalities in a variety of animal infection models, including infective endocarditis (Cheung et al., 1994), skin and soft tissue infections (Cheung et al., 2011), pneumonia (Cheung et al., 2011), septic arthritis (Abdelnour et al., 1993), osteomyelitis (Gillaspy et al., 1995), and atopic dermatitis (Nakamura et al., 2020), as would be expected given the control of multiple toxins and other virulence factors.

agr mutations refer to changes in the agr system, a quorum sensing regulatory mechanism in S. aureus. These mutations can disrupt the

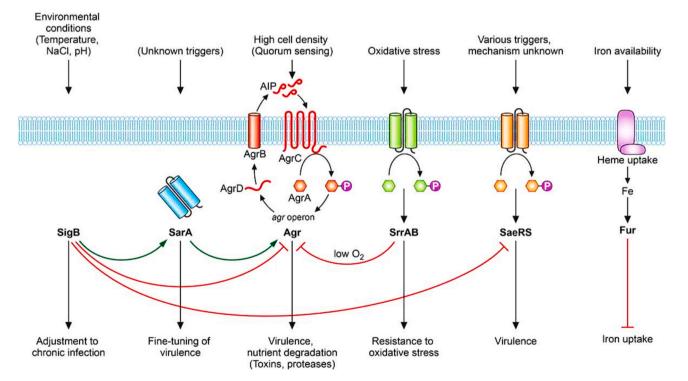


Fig. 1. Regulation of *S. aureus* virulence. Numerous regulatory systems mediate the extremely complex regulation of virulence in *S. aureus* and the most significant are shown. The *agr* quorum sensing system, the Sar family of DNA-binding proteins (of which SarA is indicated), the alternative sigma factor SigB and other regulators such as SaeRS all influence a number of virulence variables. The exact triggering mechanisms of these systems are still largely unknown, with the exception of *agr*. fur is a DNA-binding repressor that controls iron uptake and virulence genes, and SrrAB senses oxygen and plays an important role in ROS resistance (Cheung et al., 2021).

Table 2

Major virulence regulatory systems of S. aureus.

Regulator system	Role	In vivo	References
agr	Cell-to-cell communication (quorum sensing) with AIPs as signal; <i>agr</i> activation leads to expression of <i>exo</i> - toxins and exo-	Required for virulence in animal models of skin infection, pneumonia, and endocarditis	(Cheung et al., 1994; Wardenburg et al., 2007; Paharik et al., 2017)
SaeRS	enzymes Induction of exo- protein production, including many virulence factors	Required for virulence in animal models of skin infection and pneumonia	(Olson et al., 2013; Baroja et al., 2016)
SrrAB	Oxygen-responsive TCS; induction of plc and <i>ica</i> expression; repression of <i>agr</i> , <i>TSST-1</i> , and <i>spa</i>	Required for defense against neutrophils	(Yarwood et al., 2001; Ulrich et al., 2007)
ArlRS	Autolysis and cell surface TCS; induction of MgrA expression and repression of <i>agr</i> and autolysis	Required for virulence in animal models of skin infection and endocarditis	(Fournier et al., 2001; Walker et al., 2013)
SarA	Cytoplasmic regulator; induction of exo- proteins and repression of <i>spa</i>	Required for virulence in animal models of biofilm infection	(Cheung et al., 2004; Zielinska et al., 2012)
Rot	Cytoplasmic regulator of toxins and extracellular proteases; <i>agr</i> activation prevents Rot translation	Mutation of rot restores virulence in <i>agr</i> -null background in rabbit endocarditis model	(McNamara et al., 2000; Said-Salim et al., 2003)
MgrA	Cytoplasmic regulator; induction of efflux pumps and capsule expression; repression of surface proteins	Required for virulence in animal models of skin infection and endocarditis	(Gupta et al., 2013; Crosby et al., 2016)
SigB	Stationary phase sigma factor; inhibits <i>agr</i> activity	Important for the establishment of chronic infection in rat lung model	(Entenza et al., 2005; Tuchscherr et al., 2015)

system's function, affecting the bacteria's ability to regulate virulence factor expression and adapt to various environments (Boles and Horswill, 2008). Mutations can occur in any of four key components (AgrA, AgrB, AgrC, and AgrD), disrupting the function of the agr system. Mutations in AgrA or AgrC often impair signal detection or downstream activation, while mutations in AgrD or AgrB affect AIP synthesis or export, leading to a failure in effective quorum sensing (Geisinger et al., 2012). Mutants in agr arise frequently in a process known as "quorum cheating," which describes the situation that specific members of a population mutate agr to save energy and benefit from the maintained agr function of other cells in the population (Traber et al., 2008; Pollitt et al., 2014; He et al., 2019). agr-dysfunctional cell populations, either exclusively or primarily, are advantageous in biofilm-associated infections because of the larger biofilms formed by agr mutants and the resulting enhanced resistance to neutrophil attacks (He et al., 2019). The higher frequency of agr mutants isolated from bacteremia and chronic infections (Fowler Jr et al., 2004), which typically result from biofilmassociated infection of indwelling medical devices, is thought to be explained by this. Particularly noteworthy is the frequent occurrence of spontaneous mutation in agr in the lab, most likely as a result of the lack of selective pressure for virulence factor expression. This, in conjunction with incomplete genetic analysis, can result in incorrect attribution of regulatory functions to other proteins and systems (Adhikari et al., 2007; Chen and Novick, 2007; Villaruz et al., 2009).

fur, which responds to reduced iron availability (Xiong et al., 2000),

and SrrAB, an oxygen-responsive regulator (Yarwood et al., 2001), are two important global regulators responsible for the triggering environmental signals recognized. In addition to iron consumption, fur controls a number of virulence factors, including toxins and immune evasion proteins (Horsburgh et al., 2001; Torres et al., 2010; Johnson et al., 2011). Because iron restriction signals entry into the body and the resulting need for these substances, fur is thought to have a role in coordinating the pathogen's attack on the host. Accordingly, fur mutants exhibit a marked decrease in pathogenicity in animal infection models (Horsburgh et al., 2001; Torres et al., 2010). To increase resistance to oxidative stress (Kinkel et al., 2013), the oxygen-sensitive two-component system SrrAB relies on redox-sensitive cysteines (Tiwari et al., 2020). Increased resistance to neutrophil attack results from its downregulation of agr and upregulation of intercellular adhesion (ica) expression under anaerobic conditions (Ulrich et al., 2007). Downregulation of agr while upregulation of ica causes S. aureus to transition from a highly virulent, toxin-producing phenotype to a persistent, biofilm-forming state. This compromise supports the development of chronic infections but reduces the severity of acute disease manifestations (Jenul and Horswill, 2019).

A series of small proteins (approximately 120 amino acids) containing helix-turn-helix DNA binding sequences belong to the Sar family (Cheung et al., 2008). They are thought to form dimeric winged helical structures with one or two domains and are all homologous to the SarA prototype (Liu et al., 2006). Sar family proteins interact with numerous different regulatory systems and target a variety of virulence factors (Cheung et al., 2008). The effect of one Sar homologue on a particular virulence factor gene can often be the opposite of the effect of another. SarA is most recognized for its potent influence on the production of proteases, which is partially but not completely achieved through the control of agr (Beenken et al., 2010). As with many other regulators with a strong and significant influence on the expression of S. aureus virulence determinants, such as SaeRS (Liu et al., 2016) and ArlRS (Liang et al., 2005), it is thought that the existence of multiple Sar homologs is to finetune virulence factor expression according to various environmental conditions. However, the molecular or environmental triggers of many Sar family regulators are unknown (Cheung et al., 2008). One notable exception is MgrA (Li et al., 2019), which responds to oxygen and reactive oxygen species (ROS) because of its redox sensitive cysteines, and has many effects on virulence (Chen et al., 2006). SarZ, which likewise uses thiol-based oxidation sensing to function as an oxidation sensor, is comparable to MgrA (Chen et al., 2009).

Like many other bacteria, *S. aureus* has another sigma factor called SigB. Its gene is located in a locus that also contains a number of antisigma factor genes. These genes are thought to work together to respond to a variety of environmental factors, including heat shock and growth phase (Kullik and Giachino, 1997). SigB has a significant influence on the expression of virulence genes and interacts with numerous other regulators, including agr and SarA (Nicholas et al., 1999). It is thought to adapt *S. aureus* physiology to sustained infection (Tuchscherr et al., 2015).

5. Current information on therapeutic strategies against *S. aureus* virulence

Interest in developing alternative treatment techniques for bacterial infections has increased recently, driven by the alarming global spread of antibiotic resistance and, in the case of *S. aureus*, the additional ongoing challenges in discovering a viable vaccine. The translational arm of bacterial pathogenesis research, antivirulence techniques, is often said to be less likely to develop resistance. However, *S. aureus* faces the significant challenge of many, often functionally redundant virulence components (Dickey et al., 2017). Therefore, antivirulence strategies for *S. aureus* either target a virulence determinant that has been shown to have a widespread and highly significant impact on pathogenicity or attempt to eradicate multiple virulence determinants

simultaneously. One or both of these tactics are used in the three primary S. aureus antivirulence techniques examined. The first is the development of monoclonal antibodiessuch as MedImmune's MEDI4893 (suvratoxumab) against α-toxin, which is an important virulence factor in many isolates (Diep et al., 2017; Yu et al., 2017). The second strategy targets all leukocidins of S. aureus, often in combination with the slightly related α -toxin. For example, the Austrian company Arsanis used this strategy when it developed a monoclonal antibody (mAb) that was cross-reactive against all leukocidins and α -toxin (Rouha et al., 2015; Stulik et al., 2019); nonetheless, clinical trials were unsuccessful. Third, numerous researchers have advocated for quorum sensing blockers targeting agr (Khan et al., 2015). They are mainly divided into two classes: those that need to enter the cytoplasm to inhibit the response regulator AgrA and are typically more hydrophobic, such as savirin or apicidin (Sully et al., 2014; Parlet et al., 2019), and those that prevent the binding of AIP to AgrC from the extracellular space, such as AIP analogs (Lyon et al., 2002) and a number of natural substances, including fengycins (Piewngam et al., 2018). Interestingly, agr inhibitors have not yet been thoroughly tested with systemic application in models of systemic disease types that may benefit most from antivirulence medications. Furthermore, they may be ineffective in persistent infections, particularly biofilm infections, and would likely need to be limited to acute infections (Khan et al., 2015). As with all antivirulence compounds, it is also necessary to demonstrate that their in vivo effectiveness is due to their antivirulence properties and not to their bactericidal activity, which many of them-especially the more hydrophobic compounds—only show at slightly higher concentrations.

6. Conclusion

S. aureus is one of the most common infectious agents causing morbidity and mortality worldwide. From mild to catastrophic skin infections to sepsis and pneumonia, this bacteria can cause a variety of illnesses. Antibiotic resistance makes it difficult to treat *S. aureus* infections and there is currently no effective vaccination. The remarkably large number of toxins and other virulence factors produced by *S. aureus* and their effects on disease are the subject of constant attention. To account for the lack of an anti-*S. aureus* vaccine and the increasing shortage of effective antibiotics against this important pathogen, a deeper understanding of the role and contribution of *S. aureus* virulence determinants in *S. aureus* infection will enable the development of antivirulence strategies.

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Declaration of competing interest

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Data availability

No data was used for the research described in the article.

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A. Girma

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