



## CKJ REVIEW

# Review of intravitreal VEGF inhibitor toxicity and report of collapsing FSGS with TMA in a patient with age-related macular degeneration

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## ABSTRACT

Intravitreal vascular endothelial growth factor (VEGF) receptor blockade is used for a variety of retinal pathologies. These include age-related macular degeneration (AMD), diabetic macular edema (DME) and central retinal vein obstruction. Reports of absorption of intravitreal agents into systemic circulation have increased in number and confirmation of depletion of VEGF has been confirmed. Increasingly there are studies and case reports showing worsening hypertension, proteinuria, renal dysfunction and glomerular disease. The pathognomonic findings of systemic VEGF blockade, thrombotic microangiopathies (TMAs), are also being increasingly reported. One lesion that occurs in conjunction with TMAs that has been described is collapsing focal segmental glomerulosclerosis (cFSGS). cFSGS has been postulated to occur due to TMA-induced chronic glomerular hypoxia. In this updated review we discuss the mechanistic, pharmacological, epidemiological and clinical evidence of intravitreal VEGF toxicity. We review cases of biopsy-proven toxicity presented by our group and other investigators. We also present the third reported case of cFSGS in the setting of intravitreal VEGF blockade with a chronic TMA component that was crucially found on biopsy. This patient is a 74-year-old nondiabetic male receiving

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aflibercept for AMD. Of the two prior cases of cFSGS in the setting of VEGF blockade, one had AMD and the other had DME. This case solidifies the finding of cFSGS and its association with chronic TMA as a lesion that may be frequently encountered in patients receiving intravitreal VEGF inhibitors.

**Keywords:** aflibercept, age-related macular degeneration, collapsing focal and segmental glomerulosclerosis, diabetic macular edema, diabetic retinopathy, intravitreal VEGF nephrotoxicity, nephrotic syndrome, thrombotic microangiopathy, vascular endothelial growth factor (VEGF) blockade

## INTRODUCTION

Vascular endothelial growth factor (VEGF) inhibition has been used for nearly 30 years in oncologic indications [1]. The sequelae of their use are well known and well documented in that setting. Systemic hypertension (HTN), increased risk of venous thromboembolism, myocardial infarctions (MIs), cardiovascular events, proteinuria exacerbation (or *de novo* proteinuria) and glomerular diseases have been reported [1]. Intravitreal injections of VEGF inhibitors (VEGFis) were thought to not result in significant systemic absorption, with levels estimated as <200-fold the levels achieved with systemic injections [2]. Then pharmacokinetic studies showed that intravitreal injections result in systemic levels of VEGFis  $\geq 50\%$  inhibitory concentration (IC50) of these drugs [3, 4]. Further work demonstrated significant circulating VEGF depletion with the use of the more potent VEGFis [bevacizumab (Bev) and aflibercept (Aflib)] [5]. We aim to provide a systematic review of the data regarding this new class of potentially nephrotoxic drugs, updating significant developments and publications since our last reviews in *Clinical Kidney Journal* and other journals on this subject.

## VEGF SIGNALING AND ONCOLOGIC USES OF VEGF INHIBITION

VEGF signaling is increasingly recognized as a key mediator in cellular proliferation and has been targeted directly via inhibition of cellular receptors, ligands and downstream mediators [6]. VEGF receptors are targeted by ramucirumab, ligand binding is accomplished by Bev, Aflib, ranibizumab (Ran) and pegaptanib [2]. Finally, downstream tyrosine kinase pathways are inhibited by a myriad of different inhibitors used for a variety of oncologic indications [5].

The most common systemic agents in use for the blockade of VEGF are Bev and Aflib. They are typically used in non-small cell lung cancer, renal cell carcinoma, breast cancer, colorectal cancer, glioblastoma and other solid organ malignancies [1]. There is an extensive body of literature, previously reviewed, that shows that VEGF inhibition systemically is known to carry a high risk of worsening HTN due to nitric oxide inhibition [2]. Interestingly, renal injury patterns in systemic VEGF manifestations are varied, but typically fall into thrombotic microangiopathy (TMA), collapsing focal segmental glomerulosclerosis (cFSGS) and nephrotic syndrome due to minimal change disease or other glomerulopathies [5].

## RENAL VEGF SIGNALING AND PATHOPHYSIOLOGY IN ITS BLOCKADE

VEGF signaling is necessary for healthy podocyte function and endothelial function. The signaling mechanism of VEGF is thought to be paracrine in the podocyte and mediated via VEGF ligand binding to VEGF receptor 2 in endothelial cells and podocytes [6]. VEGF signaling controls renin-angiotensin-

aldosterone receptor signaling, podocyte survival through Akt and actin cytoskeletal organization in the podocyte through CD2-associated protein (CD2AP) [6]. In the endothelial cells, nitric oxide signaling, endothelial cell survival and thrombosis via diacylglycerol kinase epsilon expression are subject to VEGF signaling [7–9]. See [Figure 1](#) for a schematic of VEGF signaling in podocytes and endothelial cells.

## VEGF SIGNALING FOR OPHTHALMOLOGIC USES

The uses of VEGFis via the intravitreal route are classically diabetic retinopathy (DR) and associated neovascularization, central retinal vein obstruction and age-related macular degeneration (AMD) [2]. These agents have been valuable tools for stopping the angiogenesis underlying the neovascularization that results in destruction of the retina's ability to sense and record light [10]. The first approved agent for AMD/DR was Bev (Avastin), which is an immunoglobulin G anti-VEGF2 antibody with standard structure [10]. Its manufacturer is Genentech and it is generally used off-label and has no US Food and Drug Administration (FDA) approval [10].

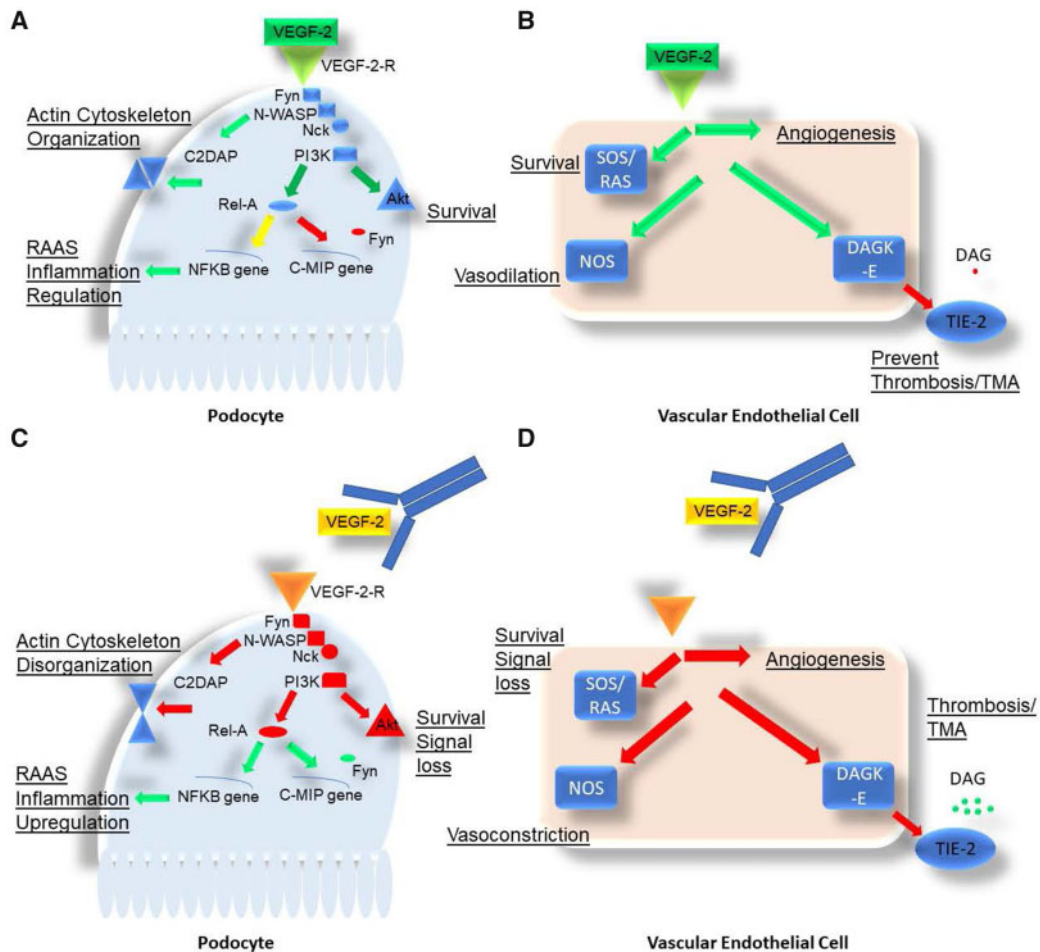
This was followed by the introduction of Aflib (Eylea), which is a dimerized soluble VEGF2 trap with four high-affinity binding sites for VEGF [2, 6, 10]. Its manufacturer is Regeneron and it was approved by the FDA in 2011 for DR/diabetic macular edema (DME) [2]. The latest agent is Ran (Lucentis), which is chemically distinct as a light chain anti-VEGF antibody. It was also introduced by Genentech and was approved by the FDA in 2012 for DR/DME [2].

## PHARMACOKINETICS OF DRUG ABSORPTION AFTER INTRAVITREAL INJECTION

Ophthalmologic pharmacokinetics were not originally obtained when Bev was first introduced for DR/DME and AMD [2]. This began in 2004–10. Thus the first opportunity to explore the pharmacokinetics of these agents on a large scale was during the approval process of Aflib/Ran [2]. There was early concern for patients to develop side effects that were seen with systemic VEGF blockade use and registries were spontaneously created initially [2].

The US FDA in its approvals for Aflib and Ran stated that although some absorption was detected, it was 200-fold lower than the level expected to cause significant blockade of VEGF [11, 12]. The stated IC50 obtained was quite high, and whether the value referenced 50% inhibition of intravascular VEGF versus total somatic VEGF is unclear [11, 12].

Avery *et al.* [3, 4] in 2014 and again in 2017 showed reproducible, consistent evidence that intravitreal injections of VEGFis resulted in significant systemic exposure. The IC50 used to compare these data was the IC50 for 50% inhibition of intravascular VEGF [3, 4]. Supporting animal data showed intravascular levels



**FIGURE 1:** Molecular physiology of VEGF signaling in podocytes and endothelial cells and renal pathophysiology that ensues with VEGF blockade. (A) Molecular physiology and (B) pathophysiology with VEGF blockade. VEGF-A signaling to renal podocytes may be paracrine or mediated through VEGF-2 receptors. Akt, protein kinase B (PKB); C-MIP, C-Maf-inducing protein; DAG, diacyl glycerol; DGKE, diglyceride kinase epsilon; F-Act, F-actin; Fyn, proto-oncogene tyrosine-protein kinase fyn; GN, glomerulonephritis; Nck, NCK tyrosine kinase; NFkB, nuclear factor kappa light chain enhancer of activated B cells; NP1, neuronal pentraxin 1; N-WASP, Neural Wiskott-Aldrich syndrome protein; PI3K, phosphatidylinositol-4,5-bisphosphate 3-kinase; RAS, rat sarcoma protein; Red P, phosphoryl group; RelA, v-rel avian reticuloendotheliosis viral oncogene homolog A; SOS, son of sevenless; sVEGFR2, soluble VEGF receptor 2; VEGF-A, VEGF receptor A; VEGFR2, VEGF receptor 2; Tie2, tyrosine-protein kinase receptor TIE-2. Twin nucleic acid strands = messenger RNA. Adapted from Hanna et al. (open access license) [6].

**Table 1. Pharmacokinetics of intravitreal VEGFi's**

Agent	Oncologic dosing (mg/kg every 2 weeks)	Intravitreal dosing (every 2 weeks)	Serum (drug) post-intravitreal injection (nmol)	IC50 ( nmol)	Half life	Days drug >IC50
Bev	5–15	1.25–2.5 mg	0.37–1.58	0.67	18.7	15–20
Aflib	2–7	2–4 mg	0.04–0.76	0.06	18.7	22–33
Ran	Not applicable	0.3–0.5 mg	0.0015–0.08	0.06	5.8	1–2

of VEGF decreased and that high-potency VEGFis like Aflib were found bound to simian glomeruli 7 days later [13]. The levels of VEGF inhibition were not uniform across agents, with Aflib presenting the most severe VEGF blockade for the longest time [3, 4, 13], Bev presenting moderate VEGF blockade for a prolonged time [3, 4, 13] and Ran presenting the least intravascular VEGF blockade for the shortest period of time postinjection [3, 4, 13]. The systemic concentrations for all three agents were at or greater than the IC50 at the peak systemic concentration after intravitreal injection (see Table 1 for comparison of the intravitreal dosing, range of systemic drug levels and IC50 used in the

pharmacokinetic evaluation) [3, 4, 13]. Multiple studies also confirm depleted VEGF levels intravascularly after intravitreal injection [14–18].

### POPULATION STUDIES REGARDING VEGF BLOCKADE EFFECTS

While systemic VEGF inhibition for solid malignancies has been known to cause worsening HTN, proteinuria and thromboembolism, intravitreal VEGF inhibition has had mixed results on detectable effects on a population level. Hanhart et al. [19–21]

demonstrated an increased all-cause mortality, post-cardiovascular event mortality and post-cerebrovascular event mortality. In addition, Avery *et al.* [22] reported an increased risk of stroke. Dalvin *et al.* [23] and Starr *et al.* [24] did not reproduce these effects. Further research is needed to investigate whether these effects are more prominent in certain subgroups of patients with comorbidities that may predispose to renal dysfunction, HTN, proteinuria, cardiovascular events, cerebrovascular events or other deleterious sequelae.

**CLINICAL STUDIES REGARDING INTRAVITREAL VEGF BLOCKADE EFFECTS**

Clinical studies have been more suggestive in demonstrating systemic effects after intravitreal VEGF injections [2]. There were two negative studies by Lee *et al.* [25] and Risimic *et al.* [26] for worsening HTN risk, but two studies by Bagheri *et al.* [27] and Rasier *et al.* [28] showed worsening HTN risk. Anjali *et al.* [29] demonstrated a link between the need for more intravitreal VEGFis and higher blood pressure.

Most studies have demonstrated no difference in kidney function after intravitreal VEGF injection [30] and Glassman *et al.* [31] demonstrated no change in proteinuria category after

intravitreal VEGF injection. Finally, O'Neill *et al.* [32] found no link between the number of VEGFis given intravitreally and proteinuria worsening, although recently Bagheri *et al.* [27] noted that 45% of patients experienced worsening urine microalbumin:creatinine ratios after intravitreal injections, although not statistically significant. In another observational study, published as an abstract in *Nephrology Dialysis and Transplantation*, Maisarah *et al.* [33] showed a 4% risk of acute kidney injury and increased urine protein:creatinine ratio (UPCR) in patients after intravitreal VEGFis. Although a limited study, it presents an opposite result from Glassman *et al.* [31], O'Neill *et al.* [32] and Kumasaka *et al.* [34]. A more robust study by Chung *et al.* [35] shows worsening proteinuria after intravitreal injections, predominantly in patients with high-grade pre-existing proteinuria.

The general conclusion from the differing results is that the systemic effects of intravitreal VEGF inhibition are more subtle than the systemic side effects of systemic VEGF inhibition [2]. Chung *et al.* [35] established the hypothesis that patients with worse renal disease, proteinuria, HTN and possibly other unknown parameters may be differentially severely affected by VEGF blockade. See Table 2 for studies demonstrating population and systemic effects of intravitreal VEGF blockade.

**Table 2. Review of literature on systemic effects of intravitreal anti-VEGF injection**

Systemic effect, pathology study type, study name, reference

**A. Drug absorption and systemic VEGF inhibition**

- Absorption in AMD, dec. systemic VEGF (Bev, Aflib) > Ran, prospective observational study, Avery *et al.* [3]
- Absorption in AMD/DME/CRVO, dec. systemic VEGF, prospective observational study, Avery *et al.* [4] (Bev, Aflib)>Ran
- Dec. systemic VEGF (Bev, Aflib), prospective non-randomized clinical study, Hirano *et al.* [14]
- Dec. systemic VEGF (Bev, Aflib) > Ran, prospective randomized clinical study, Jampol *et al.* [15]
- Absorption of drug in AMD, dec. systemic VEGF, retrospective study of RCT data, Rogers *et al.* [16]
- Bev > Ran, dec. in systemic VEGF, prospective observational study, Yoon *et al.* [17]
- Dec. systemic VEGF (Bev, Aflib), prospective randomized observational study, Zehetner *et al.* [18]

**B. Animal studies**

- Absorption of drug, binding at glomerulus, animal (simian) study, Tschulakow *et al.* [13]

**C. Effects on HTN after intravitreal injection**

- Limited short-term increase in blood pressure at 1 h, prospective observational study, Lee *et al.* [25]
- No significant change in blood pressure, observational study, Risimic *et al.* [26]
- Long- and short-term increase in systolic blood pressure, observational study, Rasier *et al.* [28]
- Higher blood pressure linked to need for more VEGFi, retrospective study, Anjali *et al.* [29]

**D. Trial data**

- Increased proteinuria 45% of patients (not statistically significant), prospective observational study, Bagheri *et al.* [27]
- Significant increase in diastolic blood pressure
- Significant increase in hemoglobin and platelets
- No change in eGFR 7–30 days after injection (Bev, Aflib and Ran), retrospective observational study, Kameda *et al.* [30]
- No long-term change in HTN or category of albuminuria, planned retrospective analysis of trial, Glassman *et al.* [31]
- No association with number of VEGFi injections and proteinuria, retrospective observational study, O'Neill *et al.* [32]
- 4% of patients with AKI and elevated UPCR after VEGFi, retrospective observational study, Maisarah *et al.* [33]
- Significant increase in UPCR in patients with pre-existing proteinuria, prospective observational study, Chung *et al.* [35]

**E. Population studies showing increased morbidity and mortality**

- Increased all-cause mortality in AMD patients, retrospective observational study<sup>a</sup>, Hanhart *et al.* [19]
- Increased risk of mortality after MI in AMD patients, retrospective observational study<sup>b</sup>, Hanhart *et al.* [20]
- Increased risk of mortality after CVA in AMD patients, retrospective observational study<sup>b</sup>, Hanhart *et al.* [21]
- Increased risk of CVA in DME patients, meta-analysis, Avery and Gordon [22]
- No finding of CVA, MI and AC mortality in AMD patients, retrospective observational study<sup>b</sup>, Dalvin *et al.* [23]
- No finding of increased CVA in DME patients, retrospective observational study<sup>b</sup>, Starr *et al.* [24]

<sup>a</sup>Number of injections.

<sup>b</sup>Age- and gender-matched controls served as a comparator group.

<sup>c</sup>Age- and gender-matched controls with a cardiovascular or cerebrovascular event served as a comparator group.

CRVO, central retinal vein obstruction; CVA, cerebrovascular accident; dec., decreased; eGFR, estimated glomerular filtration rate; RCT, randomized controlled trial. Green lettering = positive result linking VEGFi and renal outcome; orange lettering = equivocal result; red lettering = negative result.



Table 3. Clinical reports of intravitreal VEGFi toxicity.

References	Patients, n	Agent used	Clinical effect(s), renal pathology
Shye et al. [5]	3	Case 1 Bev→Ran Case 2 Bev Case 3 Bev→Ran	All: increased proteinuria, CKD progression, HD Case 1: worsening proteinuria, CKD progression, HD Case 2: DN + FSGS with collapsing features + AIN (biopsy+) Case 3: DN + AIN + low systemic VEGF level (biopsy+)
Hanna et al. [6]	4	Bev and Ran	Case 1: de novo MCD (biopsy+) Cases 2–4: increased proteinuria, CKD progression, HTN worsening
Hanna et al. [10]	1	Bev→Ran	Worsening HTN and proteinuria, lessened with Ran use versus Bev
Cheungpasitporn et al. [36]	2	Bev	Case 1: MGN Case 2: TMA (biopsy+)
Scott et al. [37]	3	Bev	Decreased eGFR
Georgalas et al. [38]	2	Ran and Bev	Decreased eGFR; HD started
Hanna et al. [39]	1	Bev	Case 1: scleroderma renal crisis and TMA induced after intravitreal VEGFi and oral corticosteroids.
Jamroz-Witkowska et al. [41]	1	NR	Decreased eGFR
Kenworthy et al. [42]	1	Bev	Increased proteinuria
Khneizer et al. [43]	1	Bev	MGN (biopsy+)
Miwako et al. [44]	1	Aflib	Case 1: hypertensive hemorrhage with undetectable VEGF plasma levels after intravitreal injection (preprint)
Morales et al. [45]	1	Ran	DN (biopsy+)
Nobakht et al. [46]	1	Bev→Ran→Aflib	cFSGS (biopsy+) + low systemic VEGF level
Pelle et al. [47]	1	Ran	TMA (biopsy+)
Perez-Valdivia et al. [48]	1	Bev	Relapsed MCD (biopsy+)
Hanna et al. [49]	3	Bev (Cases 1,2) Aflib (Case 3)	Cases 1 and 2: DN and chronic TMA (biopsy+) Case 3: FSGS with chronic TMA features (biopsy +)
Sato et al. [50]	1	Bev	Relapsed MCD (biopsy+)
Touzani et al. [51]	1	Bev	Endotheliosis/possible TMA (biopsy+)
Tran et al. [52]	1	Bev	AIN (biopsy+)
Yen and Zhang [53]	1	Bev	TMA (biopsy+)
Phadke-Hanna et al. (this study)	1	Ran→Aflib	cFSGS + chronic TMA (biopsy+) Low serum VEGF level Worsening renal disease and HTN with switch from low potency agent (Ran) to high potency agent (Aflib)

AIN, acute interstitial nephritis; biopsy+, biopsy obtained; CKD, chronic kidney disease; DM, diabetes mellitus; DN, diabetic nephropathy; HD, hemodialysis started; MCD, minimal change disease; MGN, membranous GN; . Biopsy only if biopsy+ stated. Adapted from Shye et al. [15] with permission and updated.

## CASE REPORTS DEMONSTRATING RENAL PATHOLOGY AFTER INTRAVITREAL VEGF INJECTIONS

Currently there are 32 cases documenting worsening HTN, proteinuria exacerbation and glomerular diseases after intravitreal VEGF blockade [2, 5, 6, 10, 36–53]. There is an additional two cases of cFSGS [5, 46], which is a lesion related to hypoxia from chronic renal TMA [54]. Two of the newer cases are noted in this updated review: a case linking cerebral hemorrhage with intravitreal VEGF injection and HTN [44] with evidence of depleted serum VEGF, as well as this current case with both cFSGS and TMA simultaneously present in the same kidney biopsy. This case also features a finding of systemic VEGF depletion, strongly suggesting a role for intravitreal VEGF blockade in the pathology.

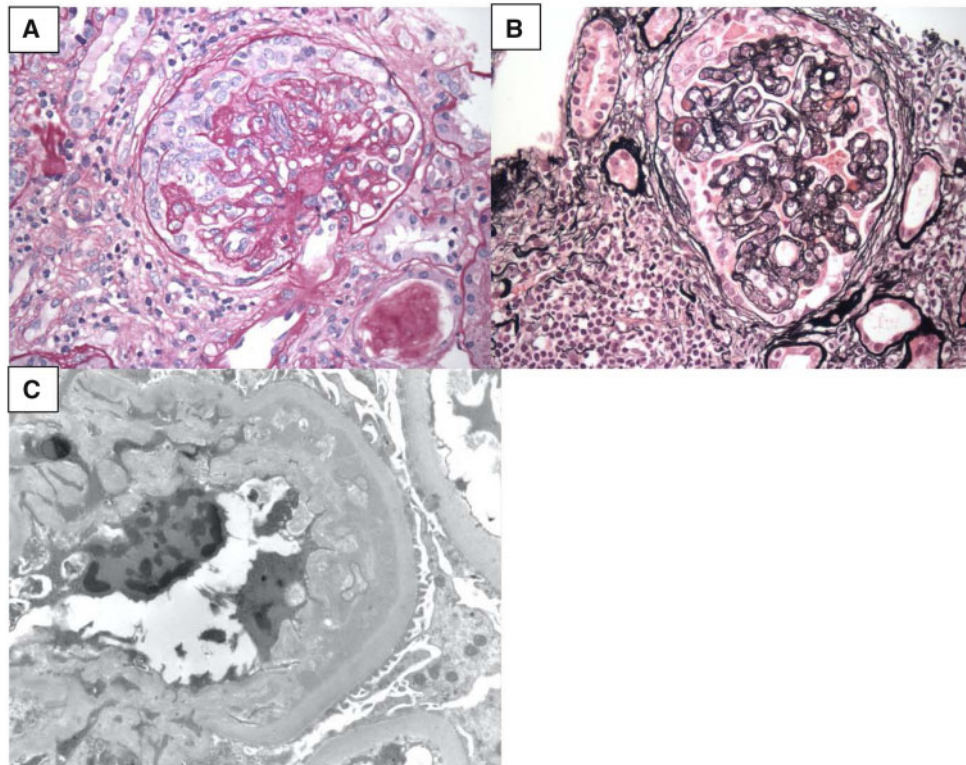
We present the case of this patient who is a nondiabetic man receiving intravitreal Aflib for AMD. The finding of both cFSGS and TMA on biopsy in this setting is instructional, novel and reinforces the link between both pathologies and intravitreal VEGF blockade. See Table 3 for a compilation of the aforementioned clinical cases.

## CASE REPORT

A 74-year-old Caucasian male was evaluated for rapidly worsening creatinine and uncontrolled HTN over a period of 6–8 months.

The patient had a history of HTN for 35 years, was nondiabetic with hemoglobin A1c at 5.1% 2 months prior to presentation and he had never smoked. His blood pressure (8 months prior) was 140–160/70–80 mmHg on nifedipine XL 30 mg/day, losartan 100 mg/day, diltiazem 300 mg/day, hydralazine 100 mg thrice daily and furosemide 40 mg/day. At presentation, his blood pressure was noted to be 220/110 mmHg. The patient's creatinine progressively worsened from 1.4–1.7 mg/dL at baseline to 2.4 mg/dL within 4 months and 5.2 mg/dL at 6 months. Urine protein was 1+ (at baseline) on dipstick, but at presentation showed albuminuria and a spot UPCr of 5.2 without hematuria.

Nine months prior to presentation the patient was diagnosed with bilateral macular degeneration and was started on intravitreal Aflib for 6 months. He was then switched to intravitreal Ran 8 weeks prior to presentation. Extensive serological workup including antinuclear antibodies, anti-double-stranded DNA, anti-myeloperoxidase antibodies, anti-protinase 3 antibodies, anti-glomerular basement membrane antibodies, serum electrophoresis and immunofixation, kappa:lambda light chain ratio, anti-phospholipase A2 receptor antibodies, human immunodeficiency virus and hepatitis B and C were all negative. Renal ultrasound with duplex showed the right kidney was 11.2 cm with peak systemic velocity at 183 cm/s in the right main renal artery and the left kidney was 11.5 cm with peak systemic velocity at 186 cm/s in the left main renal artery,



**FIGURE 2:** Biopsy data showing cFSGS and TMA after intravitreal VEGF injections. (A) Periodic acid-Schiff stain, 40 $\times$ , showing features of collapsing FSGS. (B) Silver stain, 40 $\times$ , showing double contouring of glomerular basement membrane seen in chronic TMA lesions. (C) Electron microscopy showing splitting/double contouring of glomerular basement membrane seen in chronic TMA lesions.

suggesting no evidence of clinically significant renal artery stenosis. Serum aldosterone was 4 ng/dL and plasma renin was undetectable. The plasma VEGF level was 33 pg/mL.

Given the rapidly worsening creatinine, the patient underwent kidney biopsy that revealed glomeruli with early collapsing features, minimal podocyte proliferation and double contouring of the glomerular basement membrane. Interstitial scarring was 20–25% of the biopsy sample. Electron microscopy confirmed extensive foot process effacement. A diagnosis of FSGS was made with features of chronic TMA. We attributed the temporal relationship of uncontrolled blood pressure and worsening creatinine from collapsing FSGS to the use of intravitreal VEGFi. **Figure 2** reviews the renal biopsy slides showing cFSGS and TMA seen in our patient's history.

Ran was discontinued after discussion with the patient's ophthalmologist. Prednisone was started at 60 mg/day with a tapering schedule over 8–10 weeks. At the time of the last clinic visit (3 weeks after stopping the medication), the patient's blood pressure was 130–140/70–80 mmHg and creatinine had improved to 3.2 mg/dL. If the patient does not respond, supportive care will be provided and one consideration will be the use of eculizumab as therapy for the secondary TMA, as systemic VEGF depletion is expected to result in a complement-mediated TMA.

## DISCUSSION

The presented case is valuable as it confirms several prior observations about the results of intravitreal VEGF blockade [55]. The risk of high-potency VEGFi when given intravitreally is observed here [55]. The association of cFSGS and TMA is confirmed and the risk of intravitreal VEGF blockade to induce TMA through VEGF

depletion is also confirmed [54]. TMA (and cFSGS by association with TMA) are further suggested as possible pathognomonic lesions of VEGF blockade [46]. This case supports the hypothesis that these lesions are the result of nephropathy due to VEGF depletion that occurs in patients receiving systemic and intravitreal VEGFi [2].

It is important to note that these lesions of TMA and cFSGS have now been documented in patients with DR [5] and AMD [46]. This strongly suggests that the link between these cases is the intravitreally injected VEGF blockade. For several years, observed systemic VEGF suppression was not linked to known clinical outcomes [2, 30–32].

As this review suggests, these cases, and increasingly large-scale studies, show clinical outcomes and population-based outcomes demonstrating pathophysiological effects after intravitreal VEGF injections [2, 5, 6, 49]. There are other studies that do not demonstrate these outcomes [30–32], and this suggests that there exists a subgroup or subgroups of patients at risk for renal injury from intravitreal VEGF blockade. These/ subgroups could be patients who are exposed to higher doses, experience greater drug absorption or have more severe nephropathy or HTN as comorbidities [10]. It is also possible that mutations that modify the risk of TMA (like alternative complement pathway mutations) may have a role to play in disease causation.

Recommendations were published previously describing monitoring of patients receiving intravitreal VEGF blockade. An increase in blood pressure of  $\geq 20$  mmHg, an increase in serum creatinine of  $\geq 25\%$  and an increase in proteinuria  $\geq 25\%$  are all suggested to trigger further investigation. As more patients undergo renal biopsies, the true scale of risk from intravitreal VEGF inhibition will become clearer.

Further studies are required to confirm the rate of glomerular disease occurrence in these patients, as well as the absolute risk of HTN in patients receiving VEGF inhibition [33]. Studies in diabetics are likely to yield a higher event rate, since they have worse baseline nephropathy [2], although it is likely that some patients receiving these agents for AMD are at risk as well [46]. The use of lower-potency agents like Ran theoretically offers a strategy to limit the risks of worsening renal disease and HTN while preserving vision [10]. Ran, however, also needs to be thoroughly studied to make sure that the risk factor profile it offers is superior to higher-potency VEGF blocking agents [2, 49]. Another important avenue is to determine if detectable serum VEGF depletion (especially VEGF-C) translates into a subgroup of patients receiving intravitreal VEGF blockers who may be predisposed to poorer clinical outcomes [44].

## ACKNOWLEDGEMENTS

Consent was obtained from the patient and documented on the condition that no identifiable data be published. This research work does not contain human subject research material, as it is an individual anonymized case series. The work herein conforms with the Declaration of Istanbul.

## CONFLICT OF INTEREST STATEMENT

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