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# ORIGINAL RESEARCH

# Sorafenib-Entrapped, Self-Assembled Pullulan– Stearic Acid Biopolymer-Derived Drug Delivery System to PLC/PRF/5 Hepatocellular Carcinoma Model

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**Purpose:** This study aimed to design a prototypic drug delivery system (DDS) made of an amphiphilic, pullulan (Pull)-derived biodegradable polymer for targeting the asialoglycoprotein receptor (ASGPR) overexpressed in HCC. Stearic acid (SA) was conjugated to increase the hydrophobicity of pullulan (Pull-SA).

**Methods:** Pullulan (Pull) was linked to stearic acid (SA) after functional group modifications via EDC/NHS chemistry and characterized. Sorafenib tosylate (SRFT) was entrapped in pullulan–stearic acid nanoparticles (Pull-SA-SRFT) and its particle size, zeta potential, entrapment efficiency (EE), loading capacity (LC), and release efficiency was measured. The competence of Pull-SA-SRFT over SRFT in vitro was assessed using the ASGPR over-expressing PLC/PRF/5 hepatocellular carcinoma (HCC) cell line. This was done by studying cytotoxicity by MTT assay and chromosome condensation assay, early apoptosis by annexin-Pi staining, and late apoptosis by live–dead assay. The cellular uptake study was performed by incorporating coumarin-6 (C6) fluorophore in place of SRFT in Pull-SA conjugates. A biodistribution study was conducted in Swiss-albino mice to assess the biocompatibility and targeting properties of SRFT and Pull-SA-SRFT to the liver and other organs at 1, 6, 24, and 48 h.

**Results:** The characterization studies of the copolymer confirmed the successful conjugation of Pull-SA. The self-assembled amphiphilic nanocarrier could proficiently entrap the hydrophobic drug SRFT to obtain an entrapment efficiency of 95.6% (Pull-SA-SRFT). Characterization of the synthesized nanoparticles exhibited highly desirable nanoparticle characteristics. In vitro, apoptotic studies urged that Pull-SA-SRFT nanoparticle was delivered more efficiently to HCC than SRFT. The cellular uptake study performed, gave propitious results in 4 hrs. The biodistribution study conducted in immunocompetent mice suggested that Pull-SA-SRFT was delivered more than SRFT to the liver when compared to other organs, and that the system was biocompatible.

**Conclusion:** Pull-SA-SRFT is a promisingly safe, biodegradable, cell-specific nanocarrier and a potential candidate to target hydrophobic drugs to HCC.

Keywords: pullulan stearic acid nanoparticles, hepatocellular carcinoma, drug delivery system

### Introduction

Hepatocellular carcinoma (HCC) is the most prevalent primary liver cancer and the world's second-biggest cause of cancer-related fatalities.<sup>1,2</sup> The incidence of HCC is more prevalent in patients with chronic liver disease, such as chronic hepatitis (B and C), liver cirrhosis, fatty liver disease, exposure to aflatoxin, and excess consumption of alcohol.<sup>3–6</sup> Medical treatments such as chemotherapy, chemoembolization, ablation, and proton beam therapy have been ineffective for these patients and the majority of them show disease recurrence, rapid progression, and metastases.<sup>7,8</sup> Despite various advancements, pharmacological therapy has had a limited therapeutic impact.<sup>9</sup> The majority of anti-cancer medications have high toxicity and low specificity, resulting in systemic toxicity and severe side effects. Due to the lack of effective therapeutic possibilities, the pursuit of alternative pharmaceutical therapies is therefore particularly pressing.

**Graphical Abstract** 

# Sorafenib Tosylate Targeting 5 Pullulan Stearic acid Pullulan-stearic acid copolymer Liver Sorafenib entrapped Pullulanstearic acid nanoparticle Sorafenib entrapped Pullulanstearic acid nanoparticle Nanoparticle targeting ASGPR Intravenous injection of on hepatocyte nanoparticle Asialoglycoprotein receptor Cancerous hepatocyte ASGP receptor mediated Apoptotic cell endocytosis of nanoparticle

Sorafenib tosylate (Nexavar, BAY-43-9006), the currently FDA-approved drug for the standard treatment of HCC is a multikinase inhibitor that blocks the RAF/MEK/ERK pathway in tumor cells.<sup>10</sup> It interferes with cell proliferation and angiogenesis by inhibiting serine/threonine kinases (c-RAF) as well as the receptor tyrosine kinases vascular endothelial growth factor receptor 2 (VEGFR2), VEGFR3, platelet-derived growth factor receptor (PDGFR), FLT3, Ret and c-KIT.<sup>11–13</sup> The recommended dose of Nexavar in adults is 400 mg twice daily (a total daily dose of 800 mg)<sup>14</sup> leading to severe diarrhea resulting in excretion of high amounts of the drug.<sup>13</sup> Regardless of its efficacy, it leads to severe side effects such as nausea, vomiting, high arterial pressure and hand-foot skin reactions.<sup>15</sup>

Polymeric nanoparticles (NPs) have been used as promising anticancer drug carriers,<sup>16</sup> working as long-acting, regulated, and targeted drug delivery systems that boost therapeutic effects while minimising negative effects on normal organs.<sup>17–19</sup> Although nanoparticles can accumulate rapidly in the liver, they do not accumulate in the proper intrahepatic cell type. Therefore, specific targeting to cancerous hepatocytes is essential.<sup>20</sup> The liver harbours several lectin receptors that can bind to carbohydrates. Among these, the asialoglycoprotein receptor (ASGPR) provides an ideal target for hepatocyte-specific delivery. It is expressed in abundance on hepatocytes (500,000 ASGPR/hepatocyte) and minimally present elsewhere in the body and has the ability to internalise large molecules through clathrin-mediated endocytosis.<sup>21,22</sup>

Pullulan is a natural, water-soluble, non-mutagenic, biodegradable polymer produced by the yeast like fungus *Aureobasidium pullulans*.<sup>23,24</sup> It is composed of a linear chain consisting of maltotriose units linked by  $\alpha$ 1,4-glycosidic linkage and the successive maltotriose units are associated by  $\alpha$ 1,6-glycosidic linkage<sup>25,26</sup> Pullulan has a higher affinity to the liver due to the presence of lectin-like receptors on liver cells (hepatocytes and Kupffer cells), which possess biological affinity for sugar residues.<sup>27,28</sup> The orientation of hydroxyl groups on pyranose rings in pullulan structure helps in the proper binding of pullulan to specific ASGPRs which further helps in endocytosis.<sup>29</sup>

Amphiphilic polysaccharides have the ability to self-assemble in an aqueous environment and are employed recently to produce polysaccharide core-shell nanoparticles in which the core is composed of the hydrophobic-modified backbone and the shell is made of the polar carbohydrates.<sup>30</sup> This approach is an attractive platform for drug delivery of hydrophobic drugs since they can be retained in the central core of the NPs and their therapeutic efficiency is improved by increasing their solubility, retention time and stability.<sup>31</sup>

The current study aims to develop a drug delivery system to target ASGPR of HCC cells to induce apoptosis (Figure 1). This was achieved using hydrophobically modified, self-assembled pullulan nanoparticles to entrap sorafenib tosylate (SRFT) that can take advantage of the enhanced permeation and retention (EPR) effect in the tumor environment. Stearic acid, also called octadecanoic acid (18-C), which is an endogenous long-chain saturated fatty acid with low cytotoxicity and high biocompatibility<sup>32</sup> was adopted to increase the hydrophobicity of pullulan. Even though various pullulan derivatives with potential anticancer applications have been studied before to improve the hydrophobicity of

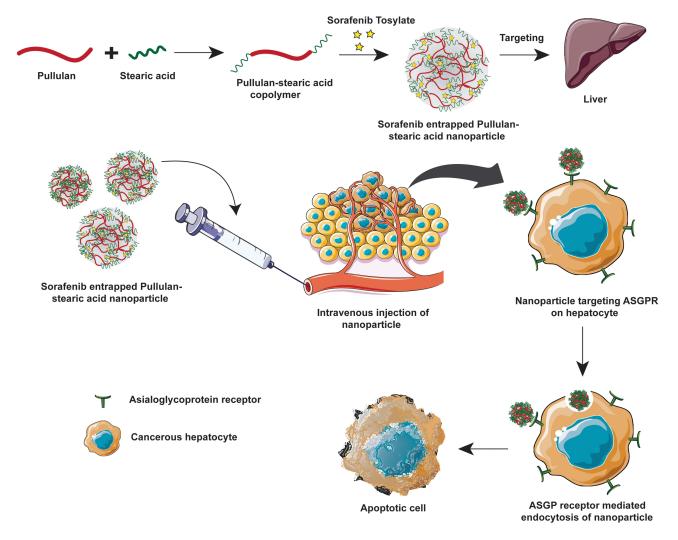


Figure I Schematic representation of the preparation technique for sorafenib tosylate-entrapped pullulan-stearic acid nanoparticles for ASGPR targeting to the liver that leads to apoptosis of HCC cells.

pullulan, this combination of pullulan-stearic acid biopolymer to entrap the hydrophobic drug Sorafenib approved for the treatment of HCC has not been attempted yet.

# **Materials and Methods**

### Cells and Media

Human PLC/PRF/5 (Alexander cells) hepatocellular carcinoma cell line was procured from the cell repository of the National Centre for Cell Science (NCCS), Pune, India. Dulbecco's Modified Eagle Medium (DMEM) was purchased from Hi-media and fetal bovine serum (FBS) was purchased from Gibco. Penicillin–streptomycin, trypsin, Live/Dead-Viability/Cytotoxicity Assay Kit, Annexin-PI staining kit, Cell Mask<sup>TM</sup> (plasma membrane staining kit) and Hoechst were purchased from Invitrogen – Thermofisher Scientific.

# Chemicals

Pullulan from *Aureobasidium pullulans* (molecular weight 574.570 Da) and Sorafenib Tosylate was purchased from Santa Cruz Biotechnology, Inc. (California). Stearic acid, dimethyl sulfoxide (DMSO), and HPLC grade solvents used for the biodistribution study were obtained from Merck (USA). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), 1-(3-dimethyl aminopropyl)-3-3-ethylcarbodiimide hydrochloride (EDC), N-hydroxysuccinimide (NHS) and coumarin-6 were procured from Sigma-Aldrich (Steinheim, Germany). Dialysis tubing was purchased from SERVA (Heidelberg, Germany).

# Synthesis of Pullulan–Stearic Acid Copolymer

### Carboxylation of Pullulan

Four hundred milligrams of pullulan was dissolved in a 10 mL mixture solution of DMSO and pyridine (1/4, v/v). One hundred milligrams of succinic anhydride was then added and the obtained mixture was stirred continuously for 6 h at 50°C. The reaction mixture was then poured into 50 mL of cold dehydrated alcohol, and the produced precipitate was collected by centrifugation. This precipitate was re-dissolved in 20 mL of distilled water and exhaustively dialyzed (Serva, MWCO 12–14 kDa, Germany) against 1L distilled water for 48 h with frequent water changes in the initial hours. Subsequently, the dialyzed solution was then lyophilized to yield the white cotton wool-like carboxylated pullulan product.<sup>33</sup>

#### Amino Conversion of Pullulan

The carboxyl functional group-modified Pullulan was allowed to covalently interact with the amino group – (NH2) of Ethylenediamine using EDC and NHS via coupling chemistry to prepare aminated pullulan. Briefly, 400 mg of COOH-converted pullulan was dissolved in 20 mL of 0.1 M MES buffer to keep the solution pH at 6.5. For activation of the carboxyl group of pullulan, EDC (0.574g) and NHS (0.345g) were added to the solution and allowed to stir for 24 h at room temperature. For the preparation of aminated pullulan, 500  $\mu$ L of EDA was added to the activated pullulan–COOH solution and the reaction proceeded for 48 h at room temperature. The resulting solution was purified by dialysis (MWCO 12–16 kDa) using distilled water and was dried in a freeze drier.<sup>34</sup> After the lyophilized product was obtained, the presence of NH<sub>2</sub> groups was qualitatively tested for the presence of blue colour by a simple Ninhydrin test and confirmed by doing FTIR and NMR analysis.

### Synthesis of Pullulan–Stearic Acid (Pull-SA) Copolymer

Pull-SA copolymer was synthesized by EDC-NHS coupling chemistry in DMSO and dialyzed. Two different ratios of amphiphilic Pull-SA combinations were prepared and characterized, out of which the combination that showed the highest entrapment efficiency and optimum particle size was chosen for further studies (Table 1).

# Characterisation of the Copolymer

### Fourier Transformed Infra-Red Spectroscopy (FT-IR)

The functional group modifications of the pullulan biopolymer and its conjugation to stearic acid were characterized using Fourier transform infrared spectroscopy (FT-IR), (PerkinElmer Spectrum 65FT-IT Spectrometer) by the potassium

Pull-SA Sample	Pull:SA Ratio (w/v)	Mean Diameter (nm)	PDI	Zeta Potential (mV)	EE (%)	LC (%)
I	1:1	740.3 ± 7.10	0.2	-5.56 ± 0.36	67 ± 3.26	3.2 ± 0.32
2	1:10	334.3 ± 5.07	-0.601	-11.06 ± 0.25	95.6 ± 2.05	4.83 ± 0.20

 Table I Characterization of Sorafenib-Entrapped Pullulan–Stearic Acid Nanoparticles

bromide (KBr) pellet method. The dried polymer samples were mixed with KBr and pressed under mechanical pressure. The sample pellets were placed on the KBr cell and subjected to light within the infrared spectrum. Spectra were recorded between the wavenumber range of 4000 and 600 cm<sup>-1</sup>.

#### Proton – Nuclear Magnetic Resonance (<sup>1</sup>H NMR)

The synthesized copolymer was further characterized by <sup>1</sup>H NMR analysis using the Bruker Avance III HD 400 MHz FTNMR Spectrometer. DMSO was used as the solvent for analysis.

#### Differential Scanning Calorimetry (DSC)

The thermal stability and nature of the synthesized biopolymer compared to free pullulan and stearic acid was analyzed by differential scanning calorimeter (Perkin Elmer 6000, USA). A known amount of sample was sealed in an aluminium pan and was compared to an empty reference pan while heating between 0°C and 160°C at an increment rate of  $10^{\circ}C/$ min. Nitrogen was purged at 20mL/min to the system.

### Preparation of Pullulan-Stearic Acid Nanoparticles

Pull-SA nanoparticles were synthesized by the dialysis method. Briefly, 100 mg of pullulan–stearic acid copolymer (1:10 ratio chosen for further studies from Table 1) was dissolved in 10 mL DMSO by stirring overnight. To this, 5 mg of sorafenib tosylate (SRFT) dissolved in 500  $\mu$ L DMSO was added drop-wise under stirring conditions. The resultant solution was allowed to react overnight and was dialyzed against distilled water (MWCO 12–16 kDa) for 24 h. Water was replaced every 2 h for the first 6 h and then every 5 h thereafter. Coumarin-6-loaded Pull-SA (Pull-SA-C6) nanoparticles were synthesized by the same protocol, only with SRFT replaced with 10  $\mu$ g/mL coumarin-6 (10 $\mu$ L from 1mg/mL stock solution in DMSO).

#### Characterisation of Nanoparticles

#### Dynamic Light Scattering (DLS) and Zeta-Potential Analysis

The average size, polydispersity index (PDI) and zeta-potential of Pull-SA-SRFT in two different ratios of the conjugate were evaluated by Delsa<sup>TM</sup> Nanoparticle size analyser (Beckman Coulter, Inc.) A known amount of sample was dispersed in 1mL distilled water, sonicated for 10 mins and analysed.

#### Morphology Analysis

The morphology characteristics of the developed DDS was studied using Transmission Electron Microscopy (TEM, JEOL 1011, Japan) by coating the Pull-SA-SRFT nanoparticles on a formvar-coated copper grid.

#### Drug Entrapment Efficiency

The amount of SRFT entrapped in Pull-SA conjugate was determined by calculating the optical density at 265 nm from a standard curve that was plotted beforehand. Measurements were carried out three times for each batch. The entrapment efficiency and loading content were calculated<sup>35</sup> as follows:

$$EE (\%) = \frac{(Weight of SRFT in the nanoparticles)}{(Weight of initial SRFT taken)} \times 100$$

$$LC (\%) = \frac{(Weight of SRFT in the nanoparticles)}{(Weight of nanoparticles)} \times 100$$

#### In vitro Drug Release Kinetics

The drug releasing pattern of SRFT from Pull-SA nanoparticles was assessed by using the dialysis method, under sink conditions, in phosphate-buffered solution (PBS) at pH 7.2 and 6, to simulate the physiological fluid and tumor environment, respectively. Briefly, a known amount of drug-loaded nanoparticles was dispersed in 2 mL PBS, placed in a dialysis tubing (MWCO 12–16 kDa), immersed in 50 mL PBS and was incubated at 37°C under continuous stirring at 100 rpm in an orbital shaker. Aliquots of the external medium (1mL) were withdrawn from the outside of the dialysis tubing in triplicates at fixed time intervals and replaced with equal amounts of fresh medium. The samples were centrifuged and the OD of the supernatant was measured at 265 nm.<sup>36</sup>

# Cell Culture

PLC/PRF/5 (Alexander cells) Hepatocellular carcinoma cells were cultured in DMEM media containing 10% FBS and 1% of penicillin (100 U/mL)/streptomycin (100 mg/mL). Cell culture was done in an atmosphere of 5%  $CO_2$  and humidity of 95% at 37°C. Media was replaced all alternate days and cells were sub-cultured after reaching optimal confluence.

#### Cytotoxicity Assay

Cells were plated in 96-well microtiter plates at a density of  $7 \times 10^3$  cells/well in triplicates. After 24 h incubation, the media was removed and replaced with fresh medium containing SRFT, dissolved in DMSO stock solution and then diluted in DMEM at the concentration range of 4–12 µM; equivalent amounts of SRFT-loaded Pull-SA and empty Pull-SA nanoparticles (to check biocompatibility) corresponding to the entrapped SRFT concentration in 4–12 µM. Samples were suspended in DMEM in sterile conditions, sonicated for 10 min and treated the cells for 24 h and 48 h. After treatment, 10 µL of MTT (5mg/mL PBS) solution was added to cells and incubated further for 3 h. After removal of the culture medium, the formazan crystals were dissolved in 200 µL IPA (Isopropyl alcohol), mixed well and the absorbance of each well was measured using ELISA plate reader (Bio-Rad) at a wavelength of 570 nm.<sup>37</sup> Untreated cells were taken as control with 100% viability. The drug concentration at which the growth of 50% cells was inhibited (IC<sub>50</sub>) was calculated by curve fitting of the cell viability data. Percentage of death induced by treatment was calculated as follows:

Cytotoxicity % = 
$$\frac{(\text{Average OD of control} - \text{average OD of treated})}{(\text{Average OD of control})} \times 100$$

#### Chromosome Condensation Assay

PLC/PRF/5 cells were plated in an 8-well chamber at 3000 cells/well. After treatment of cells with the formulations of SRFT and Pull-SA SRFT at 8  $\mu$ M concentration after sonication for 10 min, the cells were incubated for 48 h. DNA nuclear morphology was examined with Hoechst dye (0.1 $\mu$ g/mL) staining for 10 min. The cells were washed once with PBS and visualized and analyzed using Leica SP 8 WLL Confocal Laser Scanning Microscope.

#### Cell-Uptake Studies

To visualise the ability of HCC cells to uptake Pull-SA nanoparticles, cells were seeded in an 8-well chamber at a density of  $3 \times 10^3$  cells/well followed by incubation for 24 h for cells to attach. Then, coumarin-6-loaded Pull-SA nanoparticles formulated by the dialysis method, were added to cells (at a concentration of 250 ng/mL)<sup>38</sup> after sonication for 10 min and incubated for 4 h. After incubation, the cells were carefully rinsed twice with PBS to remove any unbound particles. The plasma membrane was stained red with Cell Mask<sup>TM</sup> (plasma membrane staining kit) for 10 min and the nucleus was counterstained blue with Hoechst for another 10 min. The cells were then analysed using Leica SP 8 WLL Confocal Laser Scanning Microscope (CLSM).

#### Early Apoptosis Detection

To detect early apoptosis, cells were seeded in a 6-well plate at a cell density of  $1 \times 10^6$  cells/well for FACS analysis and also in an 8-well chamber at a density of  $3 \times 10^3$  for CLSM imaging and incubated overnight. The next day, cells were

treated with formulations of SRFT and Pull-SA SRFT at 8  $\mu$ M concentration after sonication for 10 min. Untreated cells served as the control group. After incubation for 12 h, the cells were trypsinised and stained with Annexin V-FITC and propidium iodide (PI) in the dark for FACS analysis<sup>39</sup> and the cells were sorted using BD FACS AriaTM III Cell Sorter, USA, and analyzed using BD FACSDiva 7.0 software. In addition, the cells treated for the imaging study were stained according to the kit protocol and visualised using Leica SP 8 WLL Confocal Laser Scanning Microscope (CLSM).

#### Live-Dead Assay

To investigate the activity of the developed DDS to induce apoptosis in the later stages, cells were treated in a similar manner as mentioned above and incubated for 48 h. The cells were sorted after processing them for analysis using the live-dead apoptosis detection kit protocol and imaging was done using CLSM.

#### **Animal Studies**

#### In vivo Biodistribution Study

In vivo biodistribution study was done for sorafenib and sorafenib-entrapped pullulan–stearic acid nanoparticles. The experiment was performed according to the protocols approved (Protocol number- IAEC/752/GSV/2019) by the IAEC, Rajiv Gandhi Centre for Biotechnology, Kerala, India. Briefly, male Swiss albino mice (4–6 weeks) were divided into two groups (n=3), viz. Group I, sorafenib drug alone and Group II, sorafenib-entrapped pullulan–stearic acid nanoparticles. The animals were weighed and formulations equivalent to 5 mg/kg body weight were administered intravenously to mice. The animals were sacrificed at 1 h, 6 h, 24 h, and 48 h, and blood was collected by cardiac puncture. The organs such as the brain, liver, lungs, kidneys and spleen were isolated. The organs were placed in the mobile phase (acetonitrile: water, 82.5:17.5 v/v) in which the calibration curve of the drug was previously prepared and homogenized using a tissue homogenizer. The homogenate was vortexed for 5 minutes, followed by centrifugation at 10,000 rpm for 10 minutes. The supernatant was injected into the HPLC system (Shimadzu, Japan) coupled with a UV detector (SPD-M20A Diode array detector) and the injector was fitted with a 100µL sample loop. Chromatography was performed on the C18 guard column (Waters, 4.6x300mm) at room temperature under isocratic conditions at a flow rate of 1.5 mL/min with UV detection at a  $\lambda_{max}$  of 265 nm. Sorafenib was analyzed by HPLC and compared with calibration curve against appropriate blank.<sup>40</sup>

# **Results and Discussion**

### Characterization of Amphiphilic Pull-SA Copolymer

Amphiphilic pullulan biopolymer was synthesised to increase the hydrophobicity of pullulan thereby improving its potential to harbour hydrophobic drugs. This was achieved by a three-step reaction as represented by the scheme in Figure 2. First, the carboxylation reaction of pullulan was carried out derived from succinic anhydride. Second, the amino group of ethylenediamine was conjugated to the carboxylated pullulan, Finally, the hydrophobic moiety stearic acid was successfully conjugated to the amino-converted pullulan to yield the final Pull-SA copolymer. The reaction was carried out in DMSO, which is a good solvent for most polysaccharides.<sup>41</sup>

FT-IR spectra of free pullulan, carboxylated pullulan, amino-converted pullulan, stearic acid, and pullulan–stearic acid copolymer are presented in Figure 3A. In comparison to the spectrum of free pullulan, the additional signal peak in COOH-modified Pullulan at 1735 cm<sup>-1</sup> was attributed to the stretching vibration of the ester bond.<sup>33</sup> Also, in aminated pullulan, the spectrum peaks at 1416 cm<sup>-1</sup>, 1648 cm<sup>-1</sup> and 3388 cm<sup>-1</sup> indicating the existence of an amino-functional group.<sup>34</sup> Furthermore, the characteristic peaks at around 2926 cm<sup>-1</sup> ascribed to the symmetric or asymmetric stretching vibrations of CH<sub>2</sub> and CH<sub>3</sub> groups of stearic acid, were observed in the spectrum of Pull-SA copolymer. These results suggest the successful conjugation of stearic acid to pullulan.

DSC thermogram is commonly used to differentiate synthetic polymers from their physical mixtures. The thermogram of the physicochemical characteristics of Pull, SA and Pull-SA derivatives Figure 3B indicated an endothermic peak characteristic of pullulan in the range of 80–85°C. The thermal analysis of stearic acid designated an endothermic melting peak within the range of 70–80°C. Interestingly, the DSC curve of Pull-SA copolymer exhibited a mild endothermic peak in the range of 45–50°C and a sharp endothermic peak in the range of 85–95°C, which corresponded

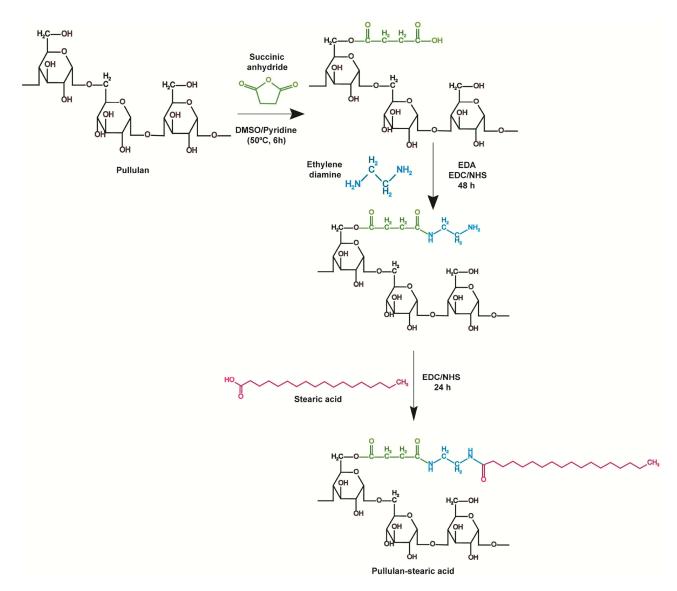


Figure 2 Schematic representation of the carboxylic and amino functional group modifications of pullulan and its conjugation to stearic acid.

to pullulan and stearic acid, respectively. Unlike their physical form, there was a shift in the transition temperature of the Pull-SA conjugates. It could be deduced that the crystallinity of pullulan was decreased by the hydrophobic modification which indicates that the Pull-SA copolymer was formed.

In the <sup>1</sup>H NMR of Pull-SA copolymer presented in Figure 3C, the proton peaks in the range of 5.57–4.47 ppm correspond to the  $(1\rightarrow 6)$  and  $(1\rightarrow 4)$  linkage of pullulan. Also, the significant peaks in the range of 4.0–3.0 ppm are mainly associated with the inner methylidene and methylene protons (CH–O and CH<sub>2</sub>–O) on glucose units of pullulan.<sup>42</sup> Additionally, the proton peaks in the range of 1.3 to 0.84 ppm depict the methyl protons (–CH<sub>3</sub>) and (–CH<sub>2</sub>) characteristic of stearic acid.<sup>43</sup> These results suggest that pullulan–stearic acid copolymer was successfully synthesized.

#### Preparation and Characterisation of Pull-SA Nanoparticles

In aqueous media, amphiphilic block or graft polymers demonstrate self-aggregation potential.<sup>44</sup> The hydrophobicity of pullulan which is a water-soluble, extracellular neutral polysaccharide<sup>45</sup> was increased by conjugating it to COOH of stearic acid, which is an 18-C endogenous long-chain saturated fatty acid with low cytotoxicity and high biocompatibility,<sup>46</sup> after functional group modifications. Pull-SA conjugates formed self-assembled nanoparticles by

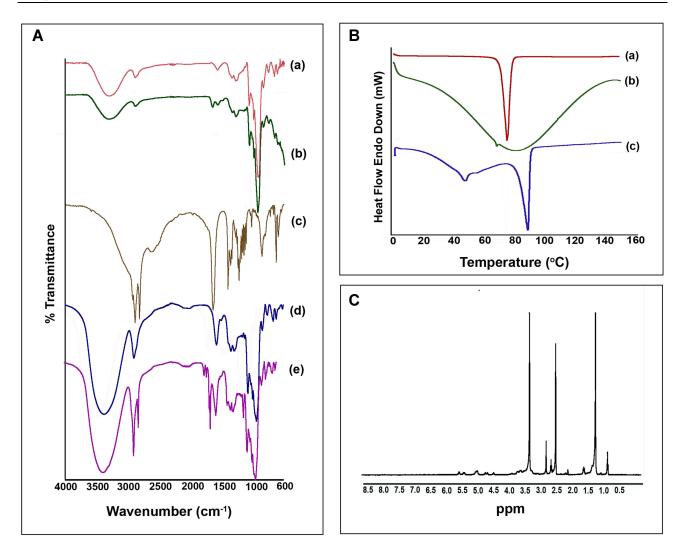


Figure 3 Characterization of Pull-SA conjugates (1:10 ratio). (A) FT-IR spectra of (a) free pullulan, (b) carboxylated pullulan, (c) free stearic acid, (d) amino-converted carboxylated pullulan, (e) Pull-SA copolymer. (B) DSC thermogram of (a) free stearic acid, (b) amino-converted carboxylated pullulan, and (c) Pull-SA copolymer. (C) <sup>1</sup>H NMR spectrum of Pull-SA copolymer.

the dialysis method. The characteristic parameters of the two different ratios of the drug-entrapped conjugates of Pull-SA (1:1 and 1:10) were measured and are presented in Table 1.

As indicated, the size of nanoparticles decreased from 740 (Figure 4A) to 334 nm by increasing Pull:SA ratio from 1:1 to 1:10. This may have resulted from the enhancement of the inner hydrophobicity of Pull-SA nanoparticles as a consequence of SA increment.<sup>46</sup> Enhancement in graft ratio is synchronous with the increase in the percentage of hydrophobic part, which causes the grafted polymers to assemble into significantly smaller micelles in aqueous conditions.<sup>47</sup> The morphology study by TEM analysis indicated that the Pull-SA-SRFT nanoparticles were uniformly dispersed. The particle size measurement by TEM analysis revealed that the actual size of nanoparticles is smaller than the size obtained by DLS. This is because, in the light scattering method, the hydrodynamic size is measured and therefore bigger than the actual dry particle size measured by TEM (Figure 4B).

The PDI of 1:10 ratio Pull-SA nanoparticles was very low compared to 1:1 ratio particle indicating that they were monodispersed. The negative surface charge of the particles increased from -5.56 to -11.06 mV when the ratio was increased (Figure 4C), suggesting that the latter was a more stable and safer formulation. Furthermore, the EE% and LC % increased from 67% to 95.6% and 3.2% to 4.83% respectively. This might be due to the more robust and stable association of the hydrophobic drug with the inner hydrophobic core of the nanoparticles, leading to its proper integrity.

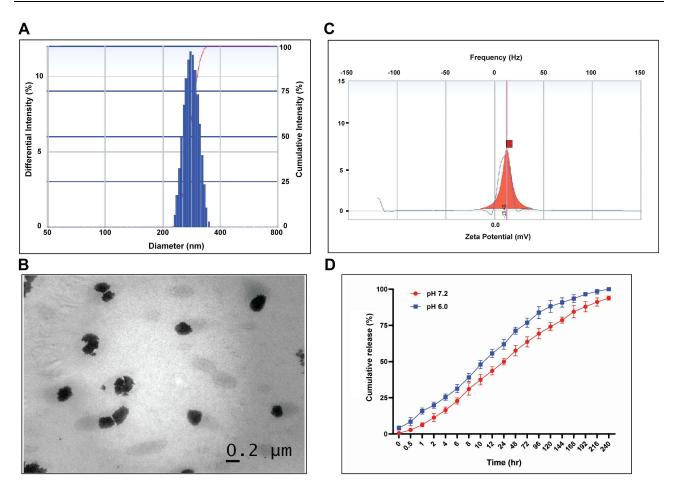


Figure 4 Characterization of Pull-SA-SRFT nanoparticle (1:10 ratio conjugate). (A) DLS (dynamic light scattering) analysis to determine particle size, (B) TEM image of Pull-SA-SRFT nanoparticles, (C) zeta potential to determine the surface charge, and (D) cumulative drug release profile of SRFT from Pull-SA-SRFT nanoparticles.

Higher entrapment efficiency and desirable nanoparticle characteristics were observed for the 1:10 ratio of Pull-SA conjugate. Henceforth, this ratio of copolymer was chosen to entrap the drug for further experiments in this study.

In vitro release studies presented in Figure 4D indicate that Pull-SA-SRFT nanoparticles have a slow and sustained release and 100% cumulative release was observed over a period of 240 h. This finding was because Pull-SA (1:10) had a higher hydrophobicity by virtue of the higher substitution of stearic acid on its polysaccharide backbone, which led to stronger interaction of SRFT and the inner core of nanoparticles. The surface area of the micelle for mass transfer increases as the size of the micelles decreases, which causes an increase in the release of the encapsulated medication to the medium.<sup>48,49</sup> This sustained release is beneficial for longer retention of the drug in the tumor microenvironment. Moreover, the property of delivery materials and the pH of the medium used for drug release from nanoparticles also influenced the drug release profiles.<sup>50</sup> It could be noted that the release of SRFT was accelerated in the acidic pH than in the neutral pH, indicating that the Pull-SA nanoparticles were pH-sensitive to some extent. Previous studies have reported that increased aerobic glycolysis, ie, the Warburg effect, is linked to its lower extracellular pH in the tumor microenvironment.<sup>51,52</sup> Therefore, the pH-dependent release of SRFT from Pull-SA nanoparticles is beneficial for cancer treatment.

#### In vitro Cytotoxicity Studies

The biocompatibility of empty Pull-SA nanoparticles and the cytotoxicity induced by free SRFT and Pull-SA-SRFT nanoparticles were studied by MTT assay. As indicated in Figure 5A and B), after 24 h and 48 h incubation at different concentrations of empty Pull-SA particles, more than 90% cells were viable even at the highest concentration of 12  $\mu$ M. These findings imply that the Pull-SA copolymer exhibited low cytotoxicity, is biocompatible, and can be utilised as a potential drug carrier.

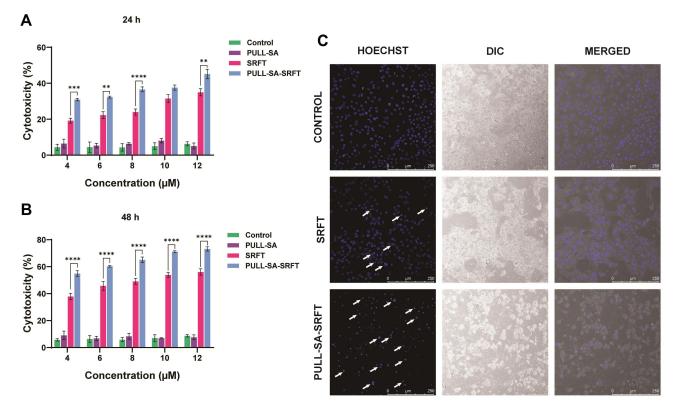


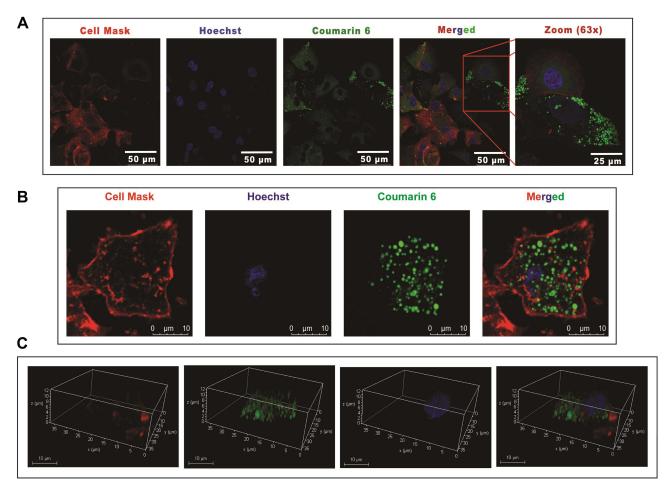
Figure 5 MTT assay showing cell cytotoxicity after (A) 24 h and (B) 48 h treatment at  $37^{\circ}$ C with blank Pull-SA conjugate, free SRFT, and Pull-SA-SRFT on PLC/PRF/5 HCC cell line. Data are presented as  $\pm$  SD (n=3, \*\*p < 0.01, \*\*\*p < 0.001 \*\*\*\*p < 0.0001). (C) CLSM image of Chromosome condensation assay on PLC/PRF/5 cells after treatment with 8  $\mu$ M concentration of free SRFT and Pull-SA-SRFT for 48 h at 37°C. Cell nuclei are stained in blue (Hoechst).

The in vitro anticancer activity of free SRFT and Pull-SA-SRFT nanoparticles displayed a concentration-dependent cytotoxicity against PLC/PRF/5 cells. However, at the same corresponding concentrations, Pull-SA SRFT nanoparticles showed more cytotoxicity than free SRFT. This could be because free SRFT was effluxed out by the transporter proteins expressed by HCC cells. Hepatocytes adopt multiple different ABC transporters to transport organic ions such as bile acids and conjugated bilirubin.<sup>53</sup> Perhaps, these pumps and permeability-glycoproteins (p-glycoproteins)<sup>54</sup> are more likely to be expressed on the surface of HCC cells, leading to chemotherapy resistance. The Pull-SA-SRFT nanoparticles can bypass the effect of these transporters through an endocytic pathway initiated by the binding of hydroxyl groups of pullulan to the ASGPR expressed on HCC cells. This could maintain the intracellular SRFT at a higher concentration than free SRFT. The drug's slow and controlled release profile explains the lesser cytotoxicity of Pull-SA-SRFT at 24 h time point than at 48h time point. The IC<sub>50</sub> of the drug was observed to be in the range of 6–8  $\mu$ M. To conclude, a considerable number of Pull-SA-SRFT particles could be delivered to HCC cells due to greater internalisation by receptor-mediated endocytosis.

In addition, the CLSM images of cells subjected to chromosome condensation assay (Figure 5C, depict a greater extent of nuclear condensation and fragmentation by Pull-SA-SRFT treated cells than that of free SRFT.<sup>55</sup> These results suggest that the developed drug delivery system could effectively target and kill the HCC cells.

#### Cellular Uptake and Receptor-Mediated Endocytosis

Identifying internalisation pathways for nano-drug delivery carriers leading to the efficient uptake of relevant drugs is significant.<sup>56</sup> Therefore, the ability of PLC/PRF/5 cells to uptake the developed drug delivery system was studied by entrapping coumarin-6 fluorophore in Pull-SA conjugate to yield Pull-SA-C6 nanoparticles that were synthesised similarly to Pull-SA-SRFT nanoparticles. Cell nuclei stained with blue Hoechst and the red fluorescence (Cell-mask) on the plasma membrane clearly indicated the localisation of Pull-SA-C6 particles (green). After incubation of cells with the nanoparticles for 4 h, it was observed that cells could proficiently take up the particles (Figure 6A). This result was in



**Figure 6** CLSM images of cellular uptake study after treatment of PLC/PRF/5 cells with coumarin-6-entrapped Pull-SA for 4 h at  $37^{\circ}$ C. Cell nuclei are stained in blue (Hoechst), plasma membrane in red (Cell mask) and Pull-SA-C6 nanoparticles in green (**A**)  $63 \times Zoom$  1 and  $63 \times Zoom$  2, scale bar: 50 µm showing the efficient uptake of Pull-SA-C6 nanoparticles. (**B**)  $63 \times Zoom$  5 image of one cell (Merged) clearly showing the receptor-mediated endocytosis mechanism of Pull-SA-C6 nanoparticles, scale bar: 10µm. (**C**) 3-D images of a cell showing that the particles are taken up inside and not adsorbed on the surface of cells, Scale bar: 10 µm.

line with the higher cytotoxicity of Pull-SA-SRFT, emphasising the importance of nanoparticle binding and internalisation to enhance the cytotoxic effect. Interestingly, the cells exhibited red fluorescence inside the cells after treatment along with the green Pull-SA-C6 particles (Figure 6B Merged). Perhaps, this was the portion of the membrane that was taken inside as result of receptor mediated endocytosis, clearly depicting the internalisation process of the developed drug delivery system. The 3-D images (Figure 6C) proves that the particles have entered inside the cells and are not adsorbed to the surface. These findings of the uptake of Pull-SA-C6 nanoparticles were in accordance with the previously reported studies, that pullulan complexed with the ASGPRs undergo endocytosis and get internalised with high affinity to the hepatocyte cells.<sup>57</sup> As discussed earlier, this affinity is because of the orientation of hydroxyl groups on pyranose rings in pullulan structure that promotes proper binding of pullulan to the specific ASGPRs which further aids in endocytosis.

#### Detection of Early and Late Apoptosis

To investigate the cell death mechanism of free SRFT and Pull-SA-SRFT after treatment, early apoptosis was studied by Annexin V-FITC/PI staining after 12 h. Annexin V-FITC (green) can bind to the phosphatidyl serine flipped to the outer leaflet of the plasma membrane of early apoptotic cells. On the other hand, propidium iodide (red) is a membrane impermeant dye that is generally excluded from viable cells. It can rather intercalate with the double-stranded DNA of dead cells. CLSM images (Figure 7A) show that Pull-SA-SRFT could induce more death than free SRFT. This was confirmed by FACS analysis and the obtained results (Figure 7B and C) were in line with the data achieved by CLSM imaging.

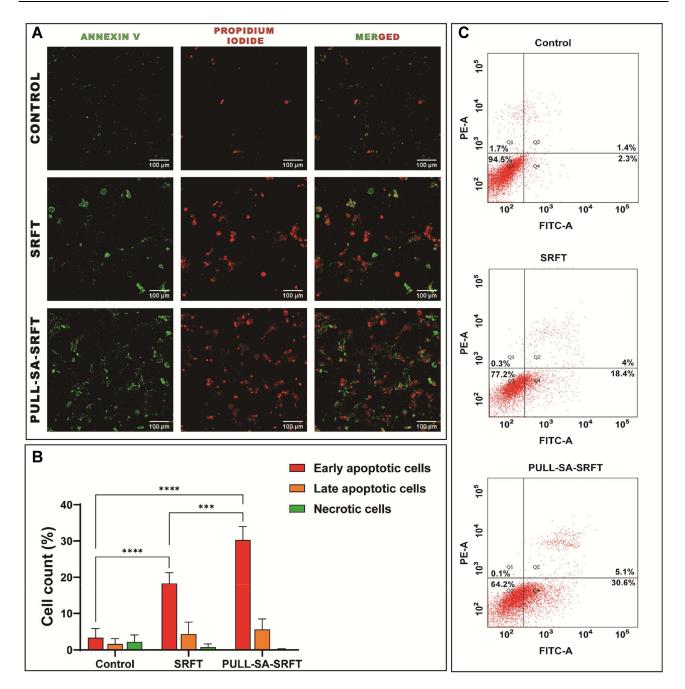


Figure 7 Annexin V-FITC/PI staining to study early apoptosis on PLC/PRF/5 cells after treatment with 8  $\mu$ M concentration of free SRFT and Pull-SA-SRFT for 12 h at 37°C. (A) CLSM image of live cells stained green (annexin-V-FITC) and dead cells in red (propidium iodide). (B) Histogram showing apoptosis of cells induced by the treatments observed by FACS analysis (C) FACS analysis results. Data are presented as  $\pm$  SD (n=3, \*\*\*p < 0.001, \*\*\*\*p < 0.001).

The live-dead assay conveyed the mechanism of late apoptosis after treatment with the formulations for 48h. Analogous results were obtained for this study. Live cells are distinguished by ubiquitous intracellular esterase activity, determined by the enzymatic conversion of the virtually nonfluorescent cell-permeant calcein AM to the intensely fluorescent calcein (green). EthD-1 enters cells with damaged membranes and undergoes a 40-fold enhancement of fluorescence upon binding to nucleic acids, thereby producing a bright red fluorescence in dead cells. The results obtained in Figure 8A–C denote the higher impact of Pull-SA-SRFT particles on cells than free SRFT which is in accordance with early apoptosis. However, it is worth noting that free SRFT and Pull-SA-SRFT could induce apoptosis significantly in the later stages than in the earlier stages and a higher proportion of death was induced by drug-entrapped

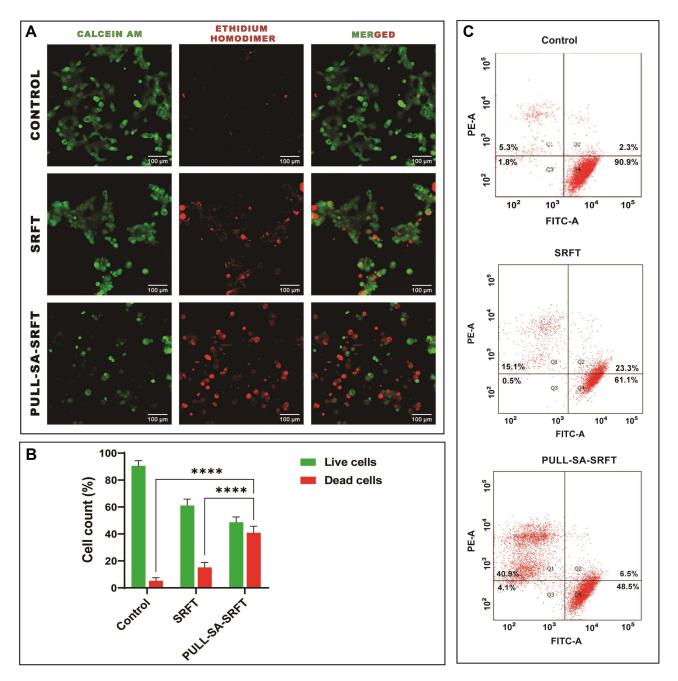


Figure 8 Live-dead assay on PLC/PRF/5 cells after treatment with 8  $\mu$ M concentration of free SRFT and Pull-SA-SRFT for 48 h at 37°C (**A**) CLSM image of live cells stained green (calcein AM) and dead cells in red (ethidium homodimer) (**B**) FACS analysis results (**C**) Histogram showing apoptosis of cells induced by the treatments observed by FACS analysis. Data are presented as ± SD (n=3, \*\*\*\*\*p < 0.0001).

particles. This is once again ascribed to the efficient cellular uptake of Pull-SA-C6 and the sustained release of SRFT from the conjugate.

# **Animal Studies**

#### In vivo Biodistribution

To explore the biodistribution and biocompatibility of the developed drug delivery system in vivo, the formulations of free SRFT and Pull-SA-SRFT were injected into immunocompetent Swiss albino mice. The distribution of Pull-SA-SRFT in several organs, as well as its liver targeting property, were evaluated over the period of 1, 6, 24 and 48 h. The

findings are shown in Figure 9A. Sorafenib was detected via HPLC analysis in blood, brain, kidneys, liver, lungs and spleen after the administration of free SRFT and Pull-SA-SRFT in mice at varying levels at all time points. However, in the first hour of treatment, it was observed that the concentration of free SRFT accumulated in the kidneys was higher compared to liver. In contrast, a significantly high concentration of Pull-SA-SRFT was observed in the liver from the first hour of treatment. This trend was maintained in the liver throughout the 48-hour study period, indicating the specificity of Pull-SA-SRFT to liver (Figure 9B). In the free SRFT treatment group, the concentration of sorafenib in kidneys at 48 h was higher than in the liver, signifying that the drug is being eliminated from the body, whereas, Pull-SA-SRFT was accumulated in the liver at a higher concentration even at 48 h compared to kidneys. This confirms that Pull-SA-SRFT has more affinity and retention capacity in the liver than compared to free drug. Moreover, no adverse effects were observed in the mice due to the presence of Pull-SA-SRFT for 48 hours. Hence, this proves that Pull-SA-SRFT had not caused any acute toxic effects to the mice and is biocompatible.

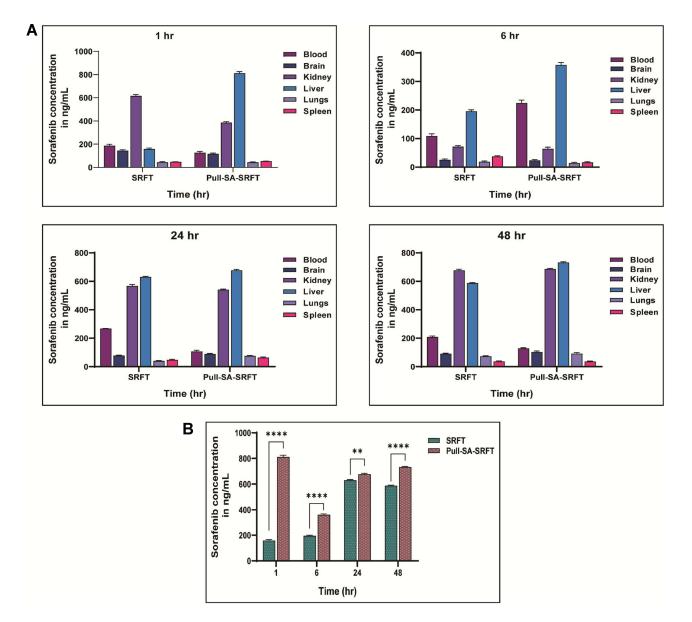


Figure 9 Biodistribution profile of SRFT and Pull-SA SRFT in Swiss albino mice (A) at 1, 6, 24, and 48 h showing sorafenib concentration in ng/ml of tissue homogenate from each organ. (B) Comparison of the amount of drug in the liver at different time points. Data are presented as  $\pm$  SD (n=3, \*\*p < 0.01, \*\*\*\*p < 0.0001).

# Conclusion

This study could develop an efficient drug delivery system to target hydrophobic drugs such as sorafenib tosylate to HCC. An amphiphilic nanocarrier derived from pullulan–stearic biopolymer was successfully synthesized and characterized. The drug-entrapped nanoparticles (Pull-SA-SRFT) had desirable particle size, that effectively entrapped the commercially approved drug with an excellent entrapment efficiency of 95.6%. The nanoparticles also showed a slow and sustained drug release pattern, and an accelerated drug-release in acidic pH. Cytotoxicity assay indicated that blank Pull-SA particles were non-toxic to cells demonstrating the biocompatibility of Pull-SA biopolymer and that Pull-SA-SRFT could induce more death than free SRFT alone in a concentration-dependent manner. This was in accordance with the results obtained by the higher degree of chromosome condensation induced by Pull-SA-SRFT than free SRFT. The cellular uptake study clearly illustrated the efficient uptake of Pull-SA-C6 particles and a thorough understanding of receptor-mediated endocytosis. Early and late apoptosis studies conveyed that SRFT and Pull-SA-SRFT could induce apoptosis significantly in the later stages than in the earlier stages and a higher proportion of death was induced by the drug-entrapped particles. The biodistribution study done in Swiss-albino mice indicates that the system has more affinity and retention capacity to the liver and did not cause any acute toxicity. This is hence a biocompatible, promisingly safe and excellent nanocarrier to deliver hydrophobic drugs to HCC.

# **Abbreviations**

Pull-SA, pullulan-stearic acid copolymer; SRFT, sorafenib tosylate; HCC, hepatocellular carcinoma; DDS, drug delivery system; ASGPR, asialoglycoprotein receptor.

# **Ethics Approval**

We certify that all applicable institutional and governmental regulations concerning the ethical use of animals were followed during the course of this research. The experiments were approved by the Institutional Animal Ethical Committee (IAEC) of Rajiv Gandhi Centre for Biotechnology, Protocol number- IAEC/752/GSV/2019.

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# Disclosure

The authors declare no conflicts of interest in this work.

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