

1 **PLK-1 regulates MEX-1 polarization in the *C. elegans* zygote**

2 Amelia J. Kim¹, Stephanie I. Miller¹, Elora C. Greiner^{2,3}, Arminja N. Kettenbach^{2,3} and Erik E.
3 Griffin^{1,4}

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5 ¹ Department of Biological Sciences, Dartmouth College, Hanover NH 03755

6 ² Department of Biochemistry and Cell Biology, Geisel School of Medicine at Dartmouth
7 College, Hanover NH 03755

8 ³ Dartmouth Cancer Center, Lebanon NH 03755

9 ⁴ School of Life Sciences, University of Warwick, Coventry UK

10 Corresponding author: Erik E. Griffin erik.e.griffin@dartmouth.edu, erik.griffin@warwick.ac.uk

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12 ORCID ID:

13 0000-0002-4178-699X (A.J.K.)

14 0000-0001-9958-2466 (E.E.G.)

15 **Abstract**

16 The one-cell *C. elegans* embryo undergoes an asymmetric cell division during which germline
17 factors such as the RNA-binding proteins POS-1 and MEX-1 segregate to the posterior
18 cytoplasm, leading to their asymmetric inheritance to the posterior germline daughter cell.
19 Previous studies found that the RNA-binding protein MEX-5 recruits polo-like kinase PLK-1 to
20 the anterior cytoplasm where PLK-1 inhibits the retention of its substrate POS-1, leading to
21 POS-1 segregation to the posterior. In this study, we tested whether PLK-1 similarly regulates
22 MEX-1 polarization. We find that both the retention of MEX-1 in the anterior and the
23 segregation of MEX-1 to the posterior depend on PLK kinase activity and on the interaction
24 between MEX-5 and PLK-1. Human PLK1 directly phosphorylates recombinant MEX-1 on 9
25 predicted PLK-1 sites in vitro, four of which were identified in previous phosphoproteomic
26 analysis of *C. elegans* embryos. The introduction of alanine substitutions at these four PLK-1
27 phosphorylation sites (MEX-1(4A)) significantly weakened the inhibition of MEX-1 retention in
28 the anterior, thereby weakening MEX-1 segregation to the posterior. In contrast, mutation of a
29 predicted CDK1 phosphorylation site had no effect on MEX-1 retention or on MEX-1
30 segregation. MEX-1(4A) mutants are viable and fertile but display significant sterility and
31 fecundity defects at elevated temperatures. Taken together with our previous findings, these
32 findings suggest PLK-1 phosphorylation drives both MEX-1 and POS-1 polarization during the
33 asymmetric division of the zygote.

34 INTRODUCTION

35 Asymmetric cell divisions generate daughter cells that differ in size, fate and/or function
36 and are important for cell diversification during embryonic development (Li, 2013). During
37 many asymmetric divisions, the polarization of the mother cell leads to the segregation of fate
38 determinants to one pole, resulting in their asymmetric inheritance to one daughter cell at cell
39 division (Sunchu and Cabernard, 2020). Because the polarization of fate determinants must be
40 coordinated with the progression to cytokinesis, characterizing the interplay between cell cycle
41 and cell polarity mechanisms is central to understanding how cells divide asymmetrically.

42 The asymmetric division of the *C. elegans* embryo gives rise to a somatic daughter cell
43 and a germline daughter cell. As the newly fertilized embryo progresses through meiosis, a
44 collection of maternally deposited RNA-binding proteins remain symmetrically distributed in the
45 cytoplasm. Following the completion of meiosis, the embryo begins to polarize along the
46 anterior/posterior axis, leading to the segregation of somatic factors to the anterior cytoplasm and
47 germline factors to the posterior cytoplasm (Griffin, 2015; Lang and Munro, 2017; Peglion and
48 Goehring, 2019). When the zygote divides ~20 minutes after the completion of meiosis, these
49 cytoplasmic factors are inherited asymmetrically, giving rise to an anterior somatic daughter AB
50 and a posterior germline daughter cell P1. Three subsequent asymmetric divisions in the
51 descendants of P1 each generate a somatic and a germline daughter (Rose and Gonczy, 2014;
52 Wang and Seydoux, 2013). As a result of these asymmetries, the translation of maternal mRNAs
53 encoding key signaling molecules and transcription factors is restricted to a subset of cells in the
54 early embryo (Hwang and Rose, 2010).

55 The polarization of the zygote is orchestrated by the PAR proteins, which form distinct
56 anterior and posterior PAR domains at the cell cortex (Lang and Munro, 2017). The posterior

57 PAR kinase PAR-1 drives the redistribution of the redundant RNA-binding proteins MEX-5 and
58 MEX-6 (MEX-5/6 hereafter) to the anterior cytoplasm by inhibiting their retention in the
59 posterior cytoplasm (Daniels et al., 2010; Griffin et al., 2011; Schubert et al., 2000; Tenlen et al.,
60 2008; Wu et al., 2018). As the embryo initiates polarization, MBK-2 kinase is activated and
61 phosphorylates a polo-docking site on MEX-5/6, leading to the association of the polo-like
62 kinase PLK-1 with MEX-5/6 (Nishi et al., 2008). This association results in the formation of an
63 anterior-rich PLK-1 gradient that mirrors the MEX-5/6 gradient (Barbieri et al., 2022;
64 Budirahardja et al., 2008; Chase et al., 2000; Nishi et al., 2008; Rivers et al., 2008).

65 As the MEX-5/6 and PLK-1 gradients form, the tandem CCCH zinc finger RNA-binding
66 proteins POS-1, MEX-1 and PIE-1 segregate to the posterior cytoplasm, leading to their
67 preferential inheritance by P1 (Guedes and Priess, 1997; Mello et al., 1996; Tabara et al., 1999).
68 The low levels of POS-1, MEX-1 and PIE-1 inherited by AB are degraded in somatic cells,
69 reinforcing their enrichment in the germline lineage (DeRenzo et al., 2003). During polarization,
70 POS-1, MEX-1 and PIE-1 are retained in slow-diffusing complexes in the posterior cytoplasm,
71 which underlies their segregation to the posterior (Daniels et al., 2009; Han et al., 2018; Wu et
72 al., 2018; Wu et al., 2015). POS-1 and PIE-1 retention depend on their ability to bind RNA,
73 suggesting they are retained in slow-diffusing RNA complexes in the posterior (Han et al., 2018;
74 Wu et al., 2018). PLK-1 phosphorylation inhibits POS-1 retention in the anterior (Han et al.,
75 2018). Mutation of the polo-docking site on MEX-5 renders PLK-1 incapable of inhibiting of
76 POS-1 retention, suggesting it is PLK-1 in complex with MEX-5/6 that acts on POS-1 (Han et
77 al., 2018). MEX-5/6 also control the segregation of PIE-1 and MEX-1 by inhibiting their
78 retention in the anterior (Schubert et al., 2000; Wu et al., 2018; Wu et al., 2015), but the
79 underlying mechanisms have not been established.

80 This study focuses on the mechanisms underlying MEX-1 segregation. MEX-1 is an
81 essential, maternally contributed protein that contributes to the lineage-restricted localization of
82 SKN-1, ZIF-1 and MOM-2 (Bowerman et al., 1993; Guedes and Priess, 1997; Mello et al., 1992;
83 Oldenbroek et al., 2012; Oldenbroek et al., 2013). MEX-1 is also required for the segregation of
84 P granules to the germline cell during the asymmetric divisions of P1 and its descendants (Mello
85 et al., 1992; Schnabel et al., 1996). In *mex-1* mutant embryos, the fates of both somatic and
86 germline founder cells are altered and embryos arrest at morphogenesis (Mello et al., 1992;
87 Schnabel et al., 1996). Like PIE-1 and POS-1, MEX-1 is both associated with P granules in the
88 posterior and forms a posterior-rich gradient in the cytoplasm surrounding P granules (Guedes
89 and Priess, 1997). Here, we provide evidence that MEX-1 is a PLK-1 substrate and that PLK-1
90 phosphorylation inhibits MEX-1 retention in the anterior cytoplasm, leading to MEX-1
91 segregation to the posterior cytoplasm. These findings suggest that similar mechanisms underlie
92 the polarization of POS-1 and MEX-1 during the asymmetric division of the zygote.

93

94 RESULTS

95 *PLK-1 inhibits MEX-1 retention in the anterior*

96 To begin to dissect the mechanisms that control MEX-1 segregation, we first characterized the
97 dynamics of endogenously tagged MEX-1::GFP (Gauvin et al., 2018). MEX-1::GFP localizes to
98 P granules and is enriched in the posterior cytoplasm outside of P granules (Guedes and Priess,
99 1997), forming a roughly 2-fold posterior-rich gradient (Figure 1A and 1B). We used FRAP
100 (Fluorescence Recovery After Photobleaching) assays to monitor MEX-1::GFP mobility in the
101 anterior and posterior cytoplasm at nuclear envelope breakdown (NEBD). The FRAP recovery of
102 MEX-1::GFP is slower in the posterior than in the anterior cytoplasm, indicating that MEX-
103 1::GFP is preferentially retained in the posterior (Figure 1C). The anterior-rich RNA-binding
104 proteins MEX-5/6 are required for MEX-1 segregation (Schubert et al., 2000). In *mex-5/6(RNAi)*
105 embryos, MEX-1::GFP is symmetrically distributed and its mobility in both the anterior and
106 posterior cytoplasm is similar to its mobility in the posterior of wildtype embryos. Therefore,
107 MEX-5/6 inhibits MEX-1::GFP retention in the anterior, driving its accumulation in the posterior
108 (Figure 1A – 1C). These data are consistent with a previous study that used fluorescence
109 correlation spectroscopy to characterize the dynamics of transgenic GFP::MEX-1 in the zygote
110 (Wu et al., 2015).

111 The interaction between MEX-5/6 and PLK-1 kinase leads to the enrichment of PLK-1 in
112 the anterior cytoplasm of the polarized zygote (Barbieri et al., 2022; Nishi et al., 2008). To test
113 whether the interaction between MEX-5 and PLK-1 is required for MEX-1 segregation, we
114 analyzed MEX-1::GFP dynamics in *mex-5(T186A);mex-6(RNAi)* embryos. T186A disrupts the
115 interaction between PLK-1 and MEX-5 by preventing phosphorylation on the MEX-5 polo-
116 docking site by MBK-2 kinase (Nishi et al., 2008). MEX-5 and MEX-6 are partially redundant

117 (Schubert et al., 2000) and MEX-1::GFP segregates to the posterior in both *mex-6(RNAi)* and
118 *mex-5(T186A)* embryos (Figure S1A). However, in *mex-5(T186A);mex-6(RNAi)* embryos, MEX-
119 1::GFP fails to segregate and displays slow mobility in both the anterior and posterior cytoplasm,
120 similar to *mex-5/6(RNAi)* embryos (Figure 1A, 1B and 1D). To test whether PLK kinase activity
121 is required for MEX-1 segregation, we treated *perm-1(RNAi)* permeabilized one-cell embryos
122 (Carvalho et al., 2011) with BI2536, which inhibits PLK kinase (Steehmaier et al., 2007). We
123 find that MEX-1::GFP is symmetrically distributed in BI2536-treated embryos (Figure 1E). We
124 conclude that PLK-1 acts in association with MEX-5/6 to regulate MEX-1 segregation.

125

126 *MEX-1 is a PLK-1 substrate*

127 A previous phospho-proteomics analysis of *C. elegans* embryos identified five phosphorylation
128 sites on MEX-1 (Offenburger et al., 2017). Four of these sites (S98, T235, S240, S248) are
129 within the PLK consensus motif (D/E)-X-(S/T)-Φ-X-(D/E) (Elia et al., 2003; Nakajima et al.,
130 2003) (Figure 2A). The fifth residue, S227, is within a CDK consensus motif (S/T-P-X-K/R)
131 (Moreno and Nurse, 1990; Nigg, 1993; Songyang et al., 1994). Consistent with the possibility
132 that PLK-1 might phosphorylate MEX-1, MEX-1 was detected in a PLK-1 proximity-labeling
133 interactome study (Holzer et al., 2022). To test whether PLK1 can directly phosphorylate MEX-
134 1, we performed *in vitro* kinase assays using human PLK1. Because we were unable to purify
135 sufficient full-length MBP:MEX-1:6xHis following bacterial expression, we used an N-terminal
136 fragment (aa1- 299) that contains the 5 phosphorylation sites detected in embryos. PLK1
137 phosphorylated MBP:MEX-1(aa1-299):6xHis but not MBP *in vitro* (Figure 2A-C). Mutation of
138 the 5 residues detected *in vivo* to alanine (“5A” mutant hereafter) significantly reduced *in vitro*
139 phosphorylation of MEX-1 by PLK1, suggesting that the primary phosphorylation sites *in vitro*

140 are among these residues. Phosphorylation was mapped to 9 sites by phospho-MS, including 6 of
141 7 predicted to be PLK-1 phosphorylation sites by the prediction program GPS-POLO 3.0 (Liu et
142 al., 2013), or the Eukaryotic Linear Motif (ELM) (Kumar et al., 2022) and not including the
143 predicted CDK site S227 (Figure 2A).

144 We next introduced alanine substitutions at the 5 phosphorylation sites detected by
145 Offenburger et al. (2017) using CRISPR/Cas9 gene editing. These mutations were first
146 introduced into a MEX-1::OLLAS strain so that we could characterize MEX-1 localization by
147 immunofluorescence using an OLLAS antibody. Strikingly, the segregation of MEX-
148 1(5A)::OLLAS to the posterior cytoplasm before cell division and to the P1 daughter cell after
149 cell division was significantly weaker than wild-type MEX-1::OLLAS (Figure 2D and 2E).
150 Mutation of four predicted PLK-1 phosphorylation sites at the C-terminus (MEX-1(4A-C-
151 term)::OLLAS) weakened MEX-1 segregation to the posterior before cell division and the
152 enrichment in P1 after cell division (Figure 2D, 2E), indicating these residues also contribute to
153 MEX-1 segregation. However, because the staining intensity of MEX-1(4A C-term)::OLLAS
154 was lower than MEX-1::OLLAS (Figure 2F), because previous phosphoproteomic studies did
155 not detect phosphorylation at these residues and because the MEX-1 fragment we used in our *in*
156 *vitro* kinase assay did not include these residues, we did not consider them in our subsequent
157 analysis.

158

159 *MEX-1 phosphorylation inhibits its retention in the anterior*

160 To characterize the role of MEX-1 phosphorylation in the regulation of MEX-1
161 dynamics, we generated a series of alanine-substitution MEX-1::GFP alleles (Figure 2A). Similar
162 to our findings with MEX-1(5A)::OLLAS, the segregation of MEX-1(5A)::GFP in the one-cell

163 embryo was significantly weaker than MEX-1::GFP (Figure 3A and 3B). In the course of making
164 MEX-1(5A)::GFP, we isolated strains with alanine substitutions at one (S98), three (S98, S240,
165 S248; “3A”) or four (S98, T235, S240, S248; “4A”) PLK-1 phosphorylation sites, which caused
166 progressively weaker MEX-1 segregation (Figure 3A and 3B). In contrast, mutation of S227,
167 which lies within a CDK consensus sequence, did not disrupt MEX-1::GFP segregation (Figure
168 3A and 3B). We again used FRAP to monitor MEX-1::GFP retention in the anterior and posterior
169 cytoplasm. We observed a significant increase in the retention of both MEX-5(5A)::GFP and
170 MEX-1(4A)::GFP in the anterior cytoplasm relative to wildtype MEX-1::GFP (Figure 3C and
171 3D). In contrast, the retention of MEX-1(S227A)::GFP in the anterior and posterior is similar to
172 MEX-1::GFP, indicating that S227 is not required for the regulation of MEX-1 retention (Figure
173 3A, 3B, and 3D). We conclude that PLK-1 phosphorylation of MEX-1 is required to inhibit
174 MEX-1 retention in the anterior cytoplasm, thereby driving MEX-1 segregation to the posterior.

175

176 *Mutation of MEX-1 phosphorylation sites causes sterility and reduced fecundity at elevated*
177 *temperatures.*

178 The data above suggest that PLK-1 phosphorylation controls MEX-1 segregation similar
179 to its control of POS-1 segregation (Han et al., 2018). To test the functional importance of the
180 PLK-1 phosphorylation of MEX-1 and POS-1, we sought to introduce alanine substitutions at the
181 PLK-1 phosphorylation sites on MEX-1 (S98, T235, S240 and S248) and POS-1 (S199 and
182 S216) (Han et al., 2018). We injected wildtype (N2) worms to avoid potential complications due
183 to epitope tags on POS-1 or MEX-1. Homozygous *mex-1(S98A, T235A, S240A, S248A)* mutants
184 (*mex-1(4A)* hereafter) could be readily maintained at 15°C, 20°C or 25°C and had similar
185 embryonic viability, sterility and brood sizes as wildtype worms at 25°C (Figure 4A – 4C). At the

186 elevated temperature of 25.5°C, *mex-1(4A)* mutants displayed reduced embryonic viability,
187 increased sterility and had smaller brood sizes than wildtype worms (Figure 4A – 4C). In our
188 multiple attempts to isolate *pos-1(S199A;S216A)* mutants, we were only able to independently
189 isolate two *pos-1(S199A;S216A)* heterozygous mutants, both of which gave rise to very few
190 homozygous mutant progeny (3 and 6 progeny total), all of which either died during
191 embryogenesis (2/3 and 5/6 embryos) or were sterile (1/3 and 1/6 adults). As a result, we were
192 unable to maintain either *pos-1(S199A;S216A)* lines. We were able to isolate and maintain
193 homozygous *pos-1(S199A)* mutants, indicating that worms can tolerate mutation of one but not
194 both PLK-1 phosphorylation sites on POS-1. We conclude that PLK-1 phosphorylation is
195 essential for POS-1 function and contributes to MEX-1 function, particularly at elevated
196 temperatures.

197 In addition to the formation of the posterior-rich MEX-1 gradient, ZIF-1-mediated
198 degradation of MEX-1 in somatic cells contributes to the restriction of MEX-1 to the germline
199 lineage (DeRenzo et al., 2003). We wondered whether the degradation of MEX-1 in somatic cells
200 was important for the viability of *mex-1(4A)* embryos. Depletion of ZIF-1 did not affect the
201 segregation of either MEX-1::GFP or MEX-1(4A)::GFP to the posterior of the zygote, but did
202 prevent their degradation in somatic cells, as expected (Figure 5A-C). At the 4-cell stage, the
203 stabilization of MEX-1 in somatic cells in *zif-1(RNAi)* embryos decreased the ratio of MEX-
204 1::GFP in P2 relative to ABa from 10.8 in control RNAi embryos to 4.0 in *zif-1(RNAi)* embryos
205 and decreased the ratio of MEX-1(4A)::GFP concentration in P2 relative to ABa from 4.4 in
206 control RNAi embryos to 2.7 in *zif-1(RNAi)* embryos (Figure 5D). Nonetheless, *zif-1(RNAi)* did
207 not increase the lethality of either MEX-1::GFP or MEX-1(4A)::GFP embryos (Figure 5E). In
208 addition, we find that reducing the number of P granules by depleting GLH-1, GLH-4, PGL-1

209 and PGL-3 (“quad RNAi”) (Updike et al., 2014), did not alter the MEX-1::GFP segregation or
210 embryonic viability of MEX-1::GFP or MEX-1(4A)::GFP (Figure 5A-E) embryos.

211

212 **DISCUSSION**

213 Asymmetric cell division requires coordination between cell cycle and cell polarity
214 mechanisms to ensure that the partitioning of factors is coordinated with cell division. During the
215 asymmetric cell division of *Drosophila* neuroblasts, Polo regulates both PAR polarity through
216 phosphorylation of PAR6 (Wirtz-Peitz et al., 2008) and the segregation of basal determinants
217 through phosphorylation of PON (Wang et al., 2007). During the asymmetric division of the
218 worm zygote, the mitotic kinases PLK-1 and/or Aurora-A coordinate the timing of polarization
219 before and during symmetry breaking (Kapoor and Kotak, 2019; Klinkert et al., 2019; Manzi et
220 al., 2023; Reich et al., 2019; Zhao et al., 2019) and during polarization (Dickinson et al., 2017;
221 Han et al., 2018). In this study, we provide evidence that PLK-1 additionally acts during
222 polarization to control MEX-1 segregation in the *C. elegans* zygote. PLK-1 phosphorylation
223 inhibits MEX-1 retention in the anterior, thereby stimulating MEX-1 accumulation in the
224 posterior cytoplasm. Our findings presented here are similar to our previous findings related to
225 PLK-1 regulation of POS-1 segregation (Han et al., 2018), suggesting similar mechanisms may
226 underlie the segregation of both proteins.

227 MEX-1 is one of several essential cell fate regulators that localize to a subset of cells
228 during the asymmetric divisions of the early embryo. Although the localization of MEX-1 to
229 posterior cells was significantly weakened by mutation of the PLK-1 phosphorylation sites
230 combined with disruption of P granules or depletion of ZIF-1, we did not observe high levels of
231 embryonic lethality. One possibility is that low levels of MEX-1 asymmetry, for example in *mex-*

232 *I(4A);zif-1(RNAi)* embryos, is functionally important and that complete disruption of MEX-1
233 asymmetry would cause embryonic lethality. Alternately, MEX-1 asymmetry may not be
234 required for MEX-1 function. Indeed, the RNA-binding protein MEX-3 retains asymmetric
235 activity even when its asymmetric localization in the early embryo is disrupted (Huang and
236 Hunter, 2015). Additionally, the dramatic enrichment of P granules in the P lineage is not
237 required for the specification of germline (Gallo et al., 2010). In contrast to MEX-1, we were
238 unable to maintain strains in which the PLK-1 phosphorylation sites on POS-1 were mutated,
239 suggesting the asymmetric inheritance of POS-1 may be essential. Taken together, these findings
240 suggest localization to specific lineages may only be important for some fate regulators and
241 highlight the importance of characterizing and disrupting the localization mechanisms of
242 individual proteins in assessing which asymmetries are essential.

243 Does PLK-1 regulate the segregation of other germplasm components? Both the RNA-
244 binding protein PIE-1 and P granules and are partitioned to the posterior cytoplasm at the same
245 time as MEX-1 and POS-1. The segregation of both PIE-1 and P granules depends on MEX-5/6,
246 PLK-1 and PLK-2 and MBK-2 kinase, which primes the interaction between MEX-5/6 and PLK-
247 1 (Nishi et al., 2008; Pang et al., 2004; Pellettieri et al., 2003; Quintin et al., 2003; Schubert et
248 al., 2000). Because neither MEX-1 nor POS-1 is required for P granule or PIE-1 segregation in
249 the one-cell embryo (Mello et al., 1992; Schnabel et al., 1996; Tabara et al., 1999; Tenenhaus et
250 al., 1998), these observations raise the possibility that phosphorylation by the MEX-5/6/PLK-1
251 complex may contribute to PIE-1 and/or P granule segregation. Consistent with the possibility
252 that PIE-1 could be a PLK substrate, there are eleven predicted PLK phosphorylation on PIE-1,
253 including two predicted PLK-1 phosphorylation sites (T220 and T308) within the C-terminal
254 region (amino acids 173-335) required for PIE-1 segregation (Reese et al., 2000). However, to

255 our knowledge, phosphorylation of predicted PLK sites on either PIE-1 or P granule proteins has
256 not been reported. Testing whether PLK-1 has a direct role in regulation of PIE-1 and/or P
257 granule segregation will be an interesting avenue for future studies.

258 **Materials and Methods**

259 *C. elegans* strains and maintenance

260 All strains were derived from the Bristol N2 strain and were maintained on Nematode Growth
261 Medium (NGM) plates containing 3 g/L NaCl, 2.5 g/L peptone and 20 g/L agar supplemented
262 with 1 mM CaCl₂, 1 mM MgSO₄, 25 mM KPO₄ and 5 mg/L Cholesterol with *E. coli* OP50 as a
263 source of food (Brenner, 1974). All RNAi experiments were conducted using the feeding
264 protocol (Timmons and Fire, 1998). *mex-5/6 (RNAi)*, *zif-1(RNAi)* and *quad(RNAi)* were
265 performed by placing L4 animals on RNAi plates (NGM plates supplemented with 1 mM IPTG
266 and 1.64 mM carbenicillin) for 24 hours at room temperature. Strains used in this study are listed
267 in Table 3.

268

269 *Gene editing*

270 CRISPR/Cas9 gene editing was performed similar to the method described in Ghanta et
271 al., 2021 (Ghanta et al., 2021). Briefly, injection mixtures containing 400 ng pRF4::*rol-*
272 *6(su1006)* plasmid, 30 pmol Cas9 (IDT, Cat#1081058), 90 pmol tracrRNA (IDT, Cat#1072532)
273 95 pmol crRNA, 1100 ng ssDNA oligo donor and nuclease free water (Bio Basic) were injected
274 into L4 hermaphrodites. Injected worms were singled onto individual plates. F1 Rollers were
275 singled, allowed to lay embryos, and genotyped by PCR. Homozygous F2s animals were
276 identified by PCR genotyping and validated by sequencing. pRF4::*rol-6(su1006)* plasmid was
277 purified using PureLink HiPure plasmid miniprep kit (Invitrogen, Cat#K210003). Single worm
278 PCR was performed by picking individual worms into PCR tubes containing 1X Taq reaction
279 buffer (NEB, Cat#B9014S), Proteinase K (Roche; Cat#03115828001) and nuclease free water,
280 freezing at -80°C for at least 15 min, and lysing at 60°C for 1 hr, following by 95°C for 15 min.

281 PCR reaction mixes containing 1X *Taq* reaction buffer, 10 μ M primers (IDT), 10 mM dNTPs
282 (NEB; Cat#N0447S), *Taq* DNA polymerase (NEB; Cat#M0273X) and nuclease free water were
283 added to 5 μ L lysate. DNA oligonucleotides and cRNAs used for gene editing are listed in Tables
284 1 and 2.

285

286 *BI2536 treatment*

287 For small molecule inhibitor treatment, embryo eggshells were permeabilized using *perm-1*
288 RNAi (Carvalho et al., 2011). A *perm-1*(RNAi) bacterial culture was diluted 1:4 with L4440
289 bacterial culture and seeded on a RNAi plate overnight. MEX-1::GFP L4 animals were fed on
290 RNAi for 18 hours. Permeabilization of the eggshell by *perm-1* RNAi was confirmed using
291 BioTracker 640 Red C2 (FM4-64) dye (Sigma-Aldrich). Embryos were hand-dissected in simple
292 embryonic culture buffer (0.5 μ g/ μ L Inulin, 50mM pH 7.4 HEPES, 20% FCS, 50% L-15
293 medium) containing 20 μ m-diameter polystyrene microspheres (Bangs Laboratories, Inc. Cat#
294 NT30N), 33 μ M BioTracker 640 Red C2 (FM4-64) dye and either DMSO (Control) or 20 μ M
295 BI2536 small molecule inhibitor (Axon MedChem). Embryos were incubated for 5-7 minutes
296 before imaging.

297

298 *Protein purification*

299 DNA encoding amino acids 1-299 of MEX-1 and MEX-1(5A) were synthesized (IDT gBlocks),
300 cloned into the protein expression vector pHMTc (Ryder et al., 2004), and transformed into
301 *E.coli* strain BL21(DE3). Bacteria were grown in TB buffer and induced with 0.5mM IPTG and
302 cultured overnight at 16°C. 100 μ M Zn(OAc)₂ was added at the time of induction. Bacterial
303 pellets were lysed in 50 mM Tris-HCl, pH 8.0, 1 M NaCl, 20 mM imidazole, 5 mM BME, and

304 cOmplete EDTA-free Protease Inhibitor cocktail (Sigma-Aldrich) using a microfluidizer and
305 clarified by centrifugation at 3000 rpm for 20 min at 4°C. Lysates were bound in batch to Ni-
306 NTA beads (G biosciences), washed in 4 column volumes with wash buffer (50 mM Tris-HCl pH
307 8.0, 250 mM NaCl, 100 µM Zn(OAc)₂, 5 mM BME and 20 mM imidazole) and eluted in elution
308 buffer (wash buffer containing 300 mM imidazole). Elution fractions containing MBP:MEX-1(1-
309 299):6XHis were bound in batch to amylose beads (NEB; Cat#E8021S), washed in 4 column
310 volumes with wash buffer (50 mM Tris-HCl pH 8.0, 250 mM NaCl, 100 µM Zn(OAc)₂, 5 mM
311 BME) and eluted in wash buffer containing 10 mM maltose. Elution fractions containing
312 MBP:MEX-1(1-299):6XHis were pooled, aliquoted, frozen and used for *in vitro* kinase assays.
313

314 *In vitro kinase assay and mass spectrometry*

315 Kinase assays were performed at 37°C by diluting 0.2µg of substrate protein into kinase reaction
316 buffer (8 mM MOPS, pH 7.0, 100 µM Zn(OAc)₂, 10 mM MgCl₂ and protease cocktail (K1010,
317 APExBIO, Houston, TX, USA) containing 2 mM ATP-γS (Abcam) and 375 ng of hPLK1 (EMD
318 Millipore). Samples were collected at the at the indicated time points and quenched with 20 mM
319 EDTA. To alkylate ATP-γS, final concentration of 2.5 mM P-nitrobenzyl mesylate (Abcam) was
320 added to samples and incubated for 2 hours at room temperature. Kinase reactions were analyzed
321 by Western Blot using 1:5000 thiophosphate ester specific primary antibody (Abcam) and
322 1:10,000 peroxidase-conjugated AffiniPure Goat anti-rabbit IgG secondary antibody (Jackson
323 ImmunoResearch). Blots were developed with the Clarity Western ECL Substrate (Bio-Rad) and
324 imaged with the ChemiDoc XRS system (Bio-Rad) with auto exposure setting. Reaction samples
325 were also run on SDS-PAGE gels and stained with Coomassie Brilliant Blue to quantify
326 substrate levels.

327 For phospho-mass spectrometry analysis, kinase assays were performed as described
328 above except that protease cocktail, 2 mM ATP- γ S and P-nitrobenzyl mesylate are not added in
329 the reaction buffer. Samples were run on SDS-PAGE gels and stained with Coomassie Brilliant
330 Blue in a clean petri dish. MEX-1 was excised from the gel and stored in sterile water. For mass
331 spectrometry analysis, gel slices were destained, digested with trypsin, and peptides extracted.
332 Peptides were analyzed on an Orbitrap Fusion Lumos mass spectrometer (Thermo Fisher
333 Scientific) equipped with an Easy-nLC (Thermo Fisher Scientific). Raw data were searched
334 using Comet (Eng et al., 2013) against a custom database containing the MEX1 and MEX1-5A
335 sequences and phosphorylation on S/T/Y as a dynamic modification.

336

337 *Embryonic viability, brood size and sterility assay*

338 Figure 4: MEX-1(4A) and N2 worms were passaged and synchronized at 25°C prior to the
339 experiment. For the experiments performed at 25.5°C, L4 worms at 25°C were transferred to
340 fresh plates and incubated at 25°C or 25.5°C and allowed to lay progeny. When F1s reached the
341 L4 stage, 10 individual worms were singled to NGM plates (IPM; Cat#11006-518) seeded with
342 OP50 and incubated at the indicated temperatures. The animals were transferred to fresh plates
343 every 24 hours until the animals died. Embryos laid and the number of surviving L1s were. F1
344 animals that did not lay embryos were counted as sterile. On plates with non-sterile F1s, the
345 number of F2 embryos and surviving L1s were counted to determine embryonic lethality.

346

347 Figure 5: To determine the embryonic viability MEX-1::GFP and MEX-1(4A)::GFP following
348 RNAi, L4 worms were transferred to *quad*(RNAi) and *zif-1*(RNAi) plates and incubated for 24
349 hours at 23°C. 4 young adult animals were moved to 20°C and allowed to lay embryos on fresh

350 RNAi plates for three 2-hour intervals. and then transferred to fresh corresponding RNAi plates
351 for 6 hours at 20°C. Embryonic viability was calculated as the percentage of embryos laid that
352 hatched.

353

354 *Microscopy*

355 Images were collected on a Marianas spinning disk confocal microscope controlled by the
356 Slidebook software package (Intelligent Imaging Innovations, Denver, CO) and built around a
357 Zeiss Axio Observer Z.1 equipped with a Zeiss Plan-Apochromat 63×/1.4NA oil immersion
358 objective, a CSU-X1 spinning disk (Yokogawa, Tokyo, Japan), an Evolve 512X512 EMCCD
359 camera (Photometrics, Tucson, AZ) and a 50mW 488nm solid state laser.

360 FRAP experiments were performed using a Phasor photomanipulation unit (Intelligent Imaging
361 Innovations), which delivered 488nm light simultaneously to two 5 µm diameter circular ROIs,
362 one in the anterior and one in the posterior cytoplasm during NEBD in one-cell embryo.
363 Photobleaching lasted for 90 msec and images were collected at 93.1 msec per frame for 300
364 frames.

365

366 *Quantification and statistical analysis*

367 To quantify *in vitro* kinase assays, pixel intensities of blot images were inverted using ImageJ.
368 Identically sized regions of interest (ROIs) were used to measure the pixel intensities of the
369 protein bands and background. Net values of protein bands were defined by deducting the
370 inverted background from the inverted band value. The final relative quantification values are
371 defined as the ratio of a net band value to the final MBP:MEX-1(aa1-299):His time point value.

372

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383

384 **Competing Interests**

385 The authors declare no competing or financial interests.

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Table 1. DNA oligonucleotides used in this study.

Name	Description	Sequence
AK012	Homology repair template (mex-1 98A)	TTGAATTATTA AATTC AAAAAATATAAAAAATCTAATATTTTT CAGGCATTCAACA ACATGCATCGATCCTCTTCCTCATCGCAATATCGCCGTC A
AK116	Homology repair template (mex-1 98A)	AAATTC AAAAAATATAAAAAATCTAATATTTTT CAGGCATTTAATAATATGCACCG ATCCTCTTCCTCATCGCAATATCGCCGTCATTCCGC
AK013	Homology repair template (strain EGD805) (mex-1 3A)	CTCGCGACGACGAGATC ACCAATCCC GACGAAGCATCATCTCAAGTGGAGGATC TGGCTGAGCTTACCATCGACAACATCAGCAGCAG
AK105	Homology repair template (mex-1 4A)	AAGGCGAGATCTC ACCGGCTCGCGACGACGAGATCGCCAACCCAGACGAAGCAT CATCTTAAGTAGAAGACCTGGCTGAGCTTCACCATCGACAACATCAGCAGCAG
AK070	Homology repair template (strain EGD903, EGD891) (mex-1 5A)	GCGAGTACAACCGTGCTCTTCAAGAAGGCGAGATCGCACCAGCAGCATGATGATG AAATTGCAAATCCC GACGAAGCATCATCTCAAGTGGAGGATCT
AK100	Homology repair template (strain EGD900) (mex-1 227A)	GCGAGTACAACCGTGCTCTTCAAGAAGGCGAGATCGCACCAGCAGCATGACGACG AGATCACCAATCCC GACGAATCATCATCCAAGTGGAGGATCT
AK112	Homology repair template (mex-1 418A,425A)	GGTCCCCCTCCATACAAATTTTGTTCAGGATCTTGCACTAATCCGGGAAGAAGA CGCACTGCTCGTCGACGGTTCATCTGAATATGACGTCA
AK113	Homology repair template (mex-1 478A,479A)	CAGCCGTGGTACGAGAAGATTTTCGGGAAAATGACAATGATCCAAGAAGAGGC AGCGATGGGCGGTGAAGACGACGATGCTCACGAAGAT
AK104	Homology repair template (mex- 1::OLLAS)	ATGCTCACGAAGATCATTATTTCGAGATCCGGATTCGCCAACGAGCTCGGACCAC GTCTCATGGGAAAGTAATCTAGATTCTCCGTCACCCCCCTACCTA
AK118	Homology repair template (pos-1 199A)	AAATTC AAAAAATATAAAAAATCTAATATTTTT CAGGCATTTAATAATATGCACCG ATCCTCTTCCTCATCGCAATATCGCCGTCATTCCGC
AK123	Homology repair template (pos-1 199A,216A)	AGGGGTGACAGATCGAAGCATGGATCTCAATCAGGCTCTGCCTATCCGTCAAT CAGATCTCGTTCTGCTGCTTTGCTCGTGC
AK015	Forward PCR primer for screening mex-1 S98	CGATTC CCGAAATGGATAAGC
AK016	Reverse PCR primer for screening mex-1 S98	CACAGCTGCGTCTGTACTTT
AK018	Forward PCR primer for screening mex-1 S227, S235, S240,S248	TCAGCGCAGATTTCCTAATT
AK019	Reverse PCR primer for screening mex-1 S227, S235, S240,S248	GCCATTTCAATATTGACA ACT
AK110	Forward PCR primer for screening mex- 1 4A C-term	CCCCATTCTCGCTGTTCTT
AK111	Reverse PCR primer for screening mex-1 4A C-term	GGTAGGTAGGTAGGGGTGG
AK124	Forward PCR primer for screening pos-1 199A;216A	GCAAATACGGAACCAGATGCC
AK125	Reverse PCR primer for screening pos-1 199A;S216A	CTGAATCCGCTGGAATTGGC
AK102	Forward PCR primer for screening mex- 1::OLLAS	AACAGCCGTGGTACGAGAAG
AK103	Reverse PCR primer for screening mex- 1::OLLAS	GGGGGTGGGACACAAAAATAC
BH0289	Forward PCR primer for screening mex-5 186A	CCGTATCTTATATGGCTCAACC
BH0290	Reverse PCR primer for screening mex-5 186A	GTAGCTCTGAGCTCTTTGAG

Table 2. crRNAs used in this study.

Name	Used to make edits at:	Sequence
crAK001	MEX-1 S98	5'-AGUCAUUAACAACAUGCAU-3'
crAK002	MEX-1 S227	5'-UCAAGAAGGCGAGAUCUCAC-3'
crAK003	MEX-1 S235	5'-GGAUGAUGAUUCGUCGGGAU-3'
crAK004	MEX-1 S240, S248	5'-CUCACUCAGAUCUCCACUU-3'
crAK005	MEX-1 S418, T425	5'-GGAUCUUUCACUGAUUCGCG-3'
crAK006	MEX-1 S478, S479	5'-GAAAAUGACAAUGAUCCAAG-3'
crAK007	MEX-1 C-terminus	5'-GAUCAUUAUUCGAGAUAAUC-3'
crAK008	POS-1 S199	5'-GAAGAGUGAAUGAUUGUGUG-3'
crAK012	POS-1 S216	5'-ACGAGAUCUGAUUGACGGAU-3'

Table 3. Strains used in this study

Strain	Genotype	Construction	Reference:
EGD135 mex-1::gfp	mex-1(egx9[mex-1::gfp]) II		Gauvin (2018)
EGD799 mex-1(S98A)	mex-1(egx116[mex-1(S98A)]) II	HR template: AK116 crRNA: crAK001 Injected N2	This study
EGD800 mex-1(S98A)::gfp	mex-1(egx117[mex-1(S98A)::gfp]) II	HR template: AK012 crRNA: crAK001 Injected EGD135	This study
EGD805 mex-1(3A)::gfp	mex-1(egx122[mex-1(S98A, S240A, S248A)::gfp])	HR template: AK071 crRNA: crAK004 Injected EGD799	This study
EGD1012 mex-1(4A)::gfp	mex-1(egx242[mex-1(S98A, T235A, S240A, S248A)::gfp]) II	HR template: AK013 crRNA: crAK004 Injected EGD800	This study
EGD1013 mex-1(4A)	mex-1(egx243[mex-1(S98A, T235A, S240A, S248A)]) II	HR template: AK105 crRNA: crAK003, crAK004 Injected EGD799	This study
EGD903 mex-1(5A)::gfp	mex-1(egx124[mex-1(S98A, S227A, S235A, S240A, S248A)::gfp]) II	HR template: AK070 crRNA: crAK002, crAK003 Injected EGD805	This study
EGD891 mex-1(5A)	mex-1(egx181[mex-1(S98A, S227A, S235A, S240A, S248A)]) II	HR template: AK070 crRNA: crAK002, crAK003 Injected EGD889	This study
EGD906 mex-1(5A)::OLLAS	mex-1(egx190[mex-1::ollas(S98A, S227A, T235A, S240A, S248A)]) II	HR template: AK104 crRNA: crAK007 Injected EGD886	This study
EGD900 mex-1(S277A)::gfp	mex-1(egx187[mex-1::gfp(S277A)]) II	HR template: AK100 crRNA: crAK002 Injected EGD135	This study
EGD913 mex-1::ollas	mex-1(egx197[mex-1::ollas]) II	HR template: AK104 crRNA: crAK007 Injected N2	This study
EGD1011	mex-1(egx9[mex-1::gfp]) II; (mex-5(T186A)) V	Crossed EGD135 to EGD298	This study
EGD1017 mex-1(4A-C)	mex-1(egx247[mex-1(S418A, S425A, S478A, S479A)]) II	Rnd 1:HR: AK113, crRNA: crAK006 Rnd2: HR: AK112 crRNA: crAK005 Injected N2	This study
EGD1019 mex-1(4A-C)::ollas	mex-1(egx247[mex-1(S418A, S425A, S478A, S479A)::ollas]) II	HR template AK104 crRNA: AK007 Injected EGD1017	This study
EGD921	pos-1(egx202[pos-1(S199A)]) V	HR template: AK118 crRNA: crAK008 Injected N2	This study

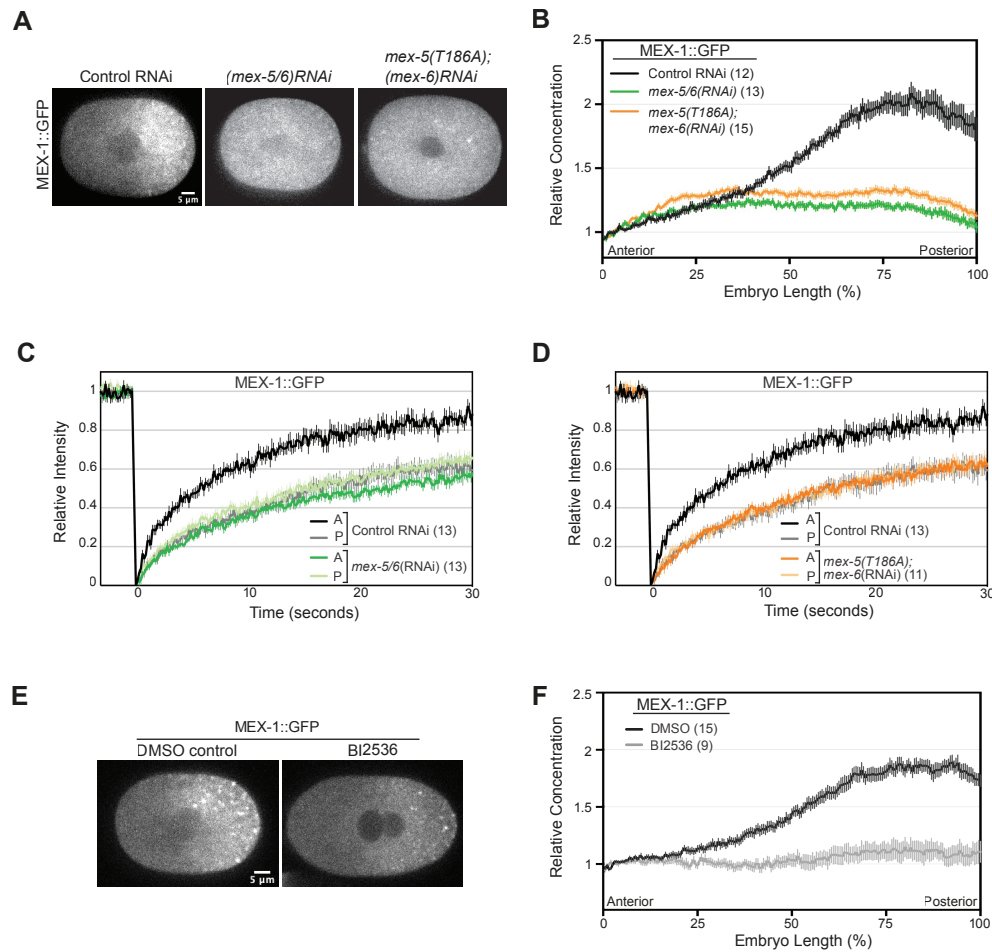


Figure 1. PLK-1 and MEX-5/6 control MEX-1 segregation in the *C. elegans* zygote. **A.** Fluorescence micrographs of MEX-1::GFP zygotes at nuclear envelope breakdown (NEBD). **B.** Average MEX-1::GFP fluorescence intensity along the anterior/posterior axis at NEBD. Intensities from the indicated number of embryos were normalized to the anterior end and averaged. **C, D.** Normalized FRAP (fluorescence recovery after photobleaching) curves following photobleaching in the anterior (labeled A) or posterior (labeled P) cytoplasm of zygotes at NEBD. The FRAP curves for the indicated number of embryos were normalized and averaged. **E.** Fluorescence micrographs of permeabilized zygotes treated with DMSO or BI2536, which inhibits polo-like kinases. **F.** Average MEX-1::GFP fluorescence intensity along the anterior/posterior axis following treatment with DMSO or BI2536. Intensities from the indicated number of embryos were normalized to the anterior end and averaged. For E and F, *perm-1*(RNAi) was used to permeabilize embryos. For all graphs, error bars indicate SEM and the number of embryos analyzed is in parentheses.

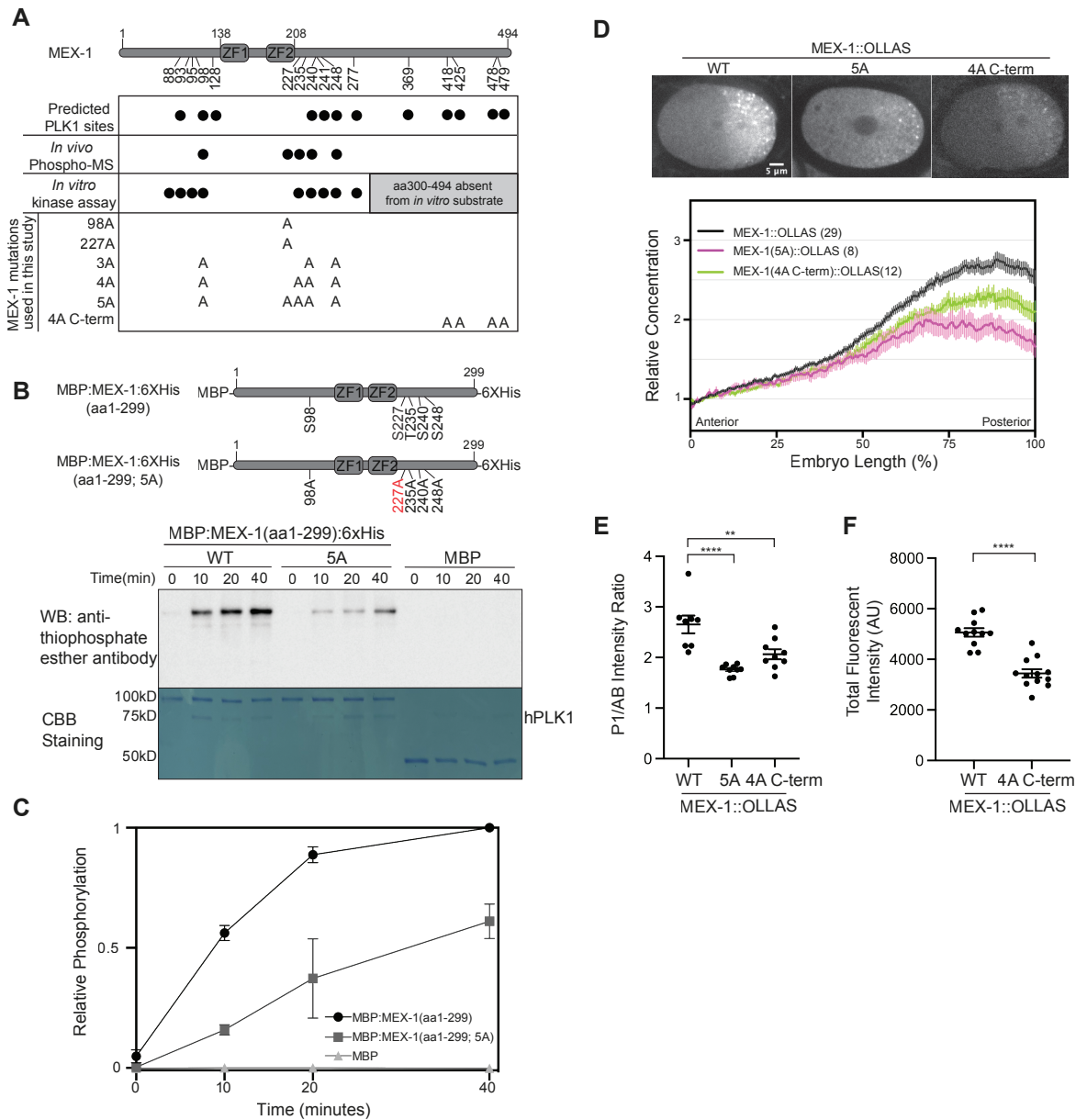


Figure 2. MEX-1 is a PLK1 substrate. **A.** Schematic of MEX-1 including the position of the RNA-binding zinc finger domains ZF1 and ZF2. Black circles in the panel below shows the position of predicted PLK1 phosphorylation sites and phosphorylated residues detected by phospho-mass spectrometry of embryo lysates (*in vivo*; Offenburger 2017) or following *in vitro* kinase assays (as in panel B). The position of alanine substitutions in MEX-1 alleles used in this study are shown. Note that alleles in the N2, MEX-1::OLLAS and MEX-1::GFP backgrounds were made independently. **B.** *In vitro* kinase assay with hPLK1 and the indicated substrates. Top panel: Phosphorylation was detected by western blot using an anti-thiophosphate ester antibody, which recognizes alkylated ATP- γ S. Bottom panel: total protein was detected by Coomassie Brilliant Blue (CBB) staining. The position of human hPLK1 is indicated to the right and the position of molecular weight markers (not shown) is indicated to the left. Schematic of the recombinant MEX-1 constructs used are shown above. **C.** Quantification hPLK1 phosphorylation of over time. Three replicates were normalized to the background (equals 0) the final MBP:MEX-1(aa1-299):6XHis value (equals 1) within each experiment and averaged. **D.** Top: Fluorescence micrographs of one-cell embryos immunostained using an anti-OLLAS antibody. Bottom: Average fluorescence intensity along the anterior/posterior axis of immunostained embryos. Intensities from the indicated number of embryos were normalized to the anterior end and averaged. **E.** Ratio of P1/AB fluorescence intensity in 2-cell embryos stained for MEX-1::OLLAS. Each dot indicates an individual embryo. The mean and SEM are shown. **F.** Total fluorescence intensity of immunostained MEX-1::OLLAS and MEX-1(4A C-term)::OLLAS zygotes. In this and subsequent figures, **** = $p < 0.0001$; *** = $p < 0.001$, ** = $p < 0.01$, * = $p < 0.05$, n.s. = not significant.

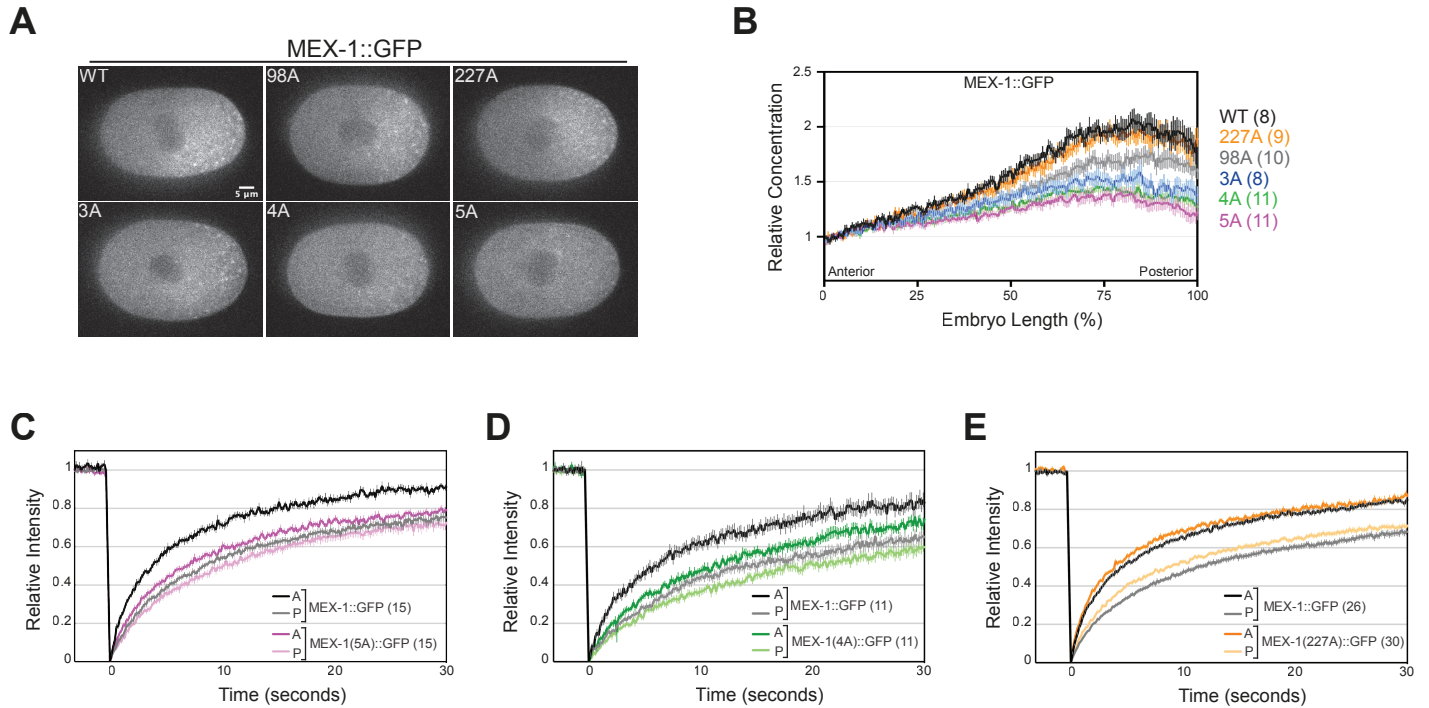


Figure 3. PLK-1 phosphorylation sites are required for MEX-1 segregation. **A.** Fluorescence micrographs of indicated MEX-1::GFP alleles at NEBD. **B.** Average MEX-1::GFP fluorescence intensity along the anterior/posterior axis at NEBD. Intensities from the indicated number of embryos were normalized to the anterior end and averaged. **C-E.** FRAP (fluorescence recovery after photobleaching) curves following photobleaching in the anterior (labeled A) or posterior (labeled P) cytoplasm of one-cell embryos at NEBD. The FRAP curves for the indicated number of embryos were normalized and averaged.

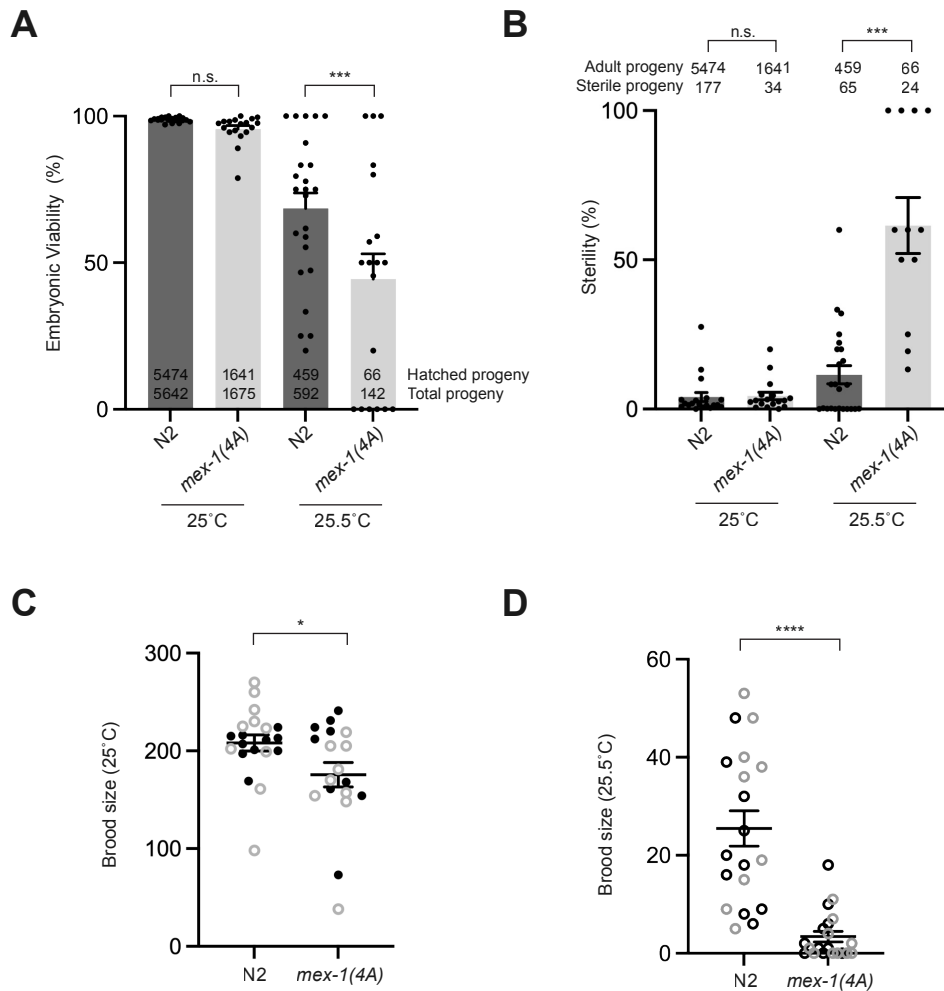


Figure 4. *mex-1(4A)* causes sterility and reduced fecundity at elevated temperatures. **A.** Embryonic viability of N2 (wildtype) and *mex-1(4A)* at the indicated temperatures. Each dot indicates the percentage of viable progeny of an individual hermaphrodite. The total number of hatched embryos (upper) and the total number of embryos laid (lower) is indicated within the graph. **B.** Sterility of N2 and *mex-1(4A)* hermaphrodites at the indicated temperatures. Percentage of sterile progeny from individual hermaphrodites are indicated by black dots. The number of adult and sterile progeny is indicated within the graph. **C,D.** Brood size of N2 and *mex-1(4A)* worms at 25°C and 25.5°C. Each circle indicates the brood size of an individual hermaphrodite. Dark and grey circles indicate technical replicates. Statistical significance for A and B were determined by ANOVA analysis with pairwise post-hoc analysis. Statistical significance for C and D were determined by t-test with Welch's correction.

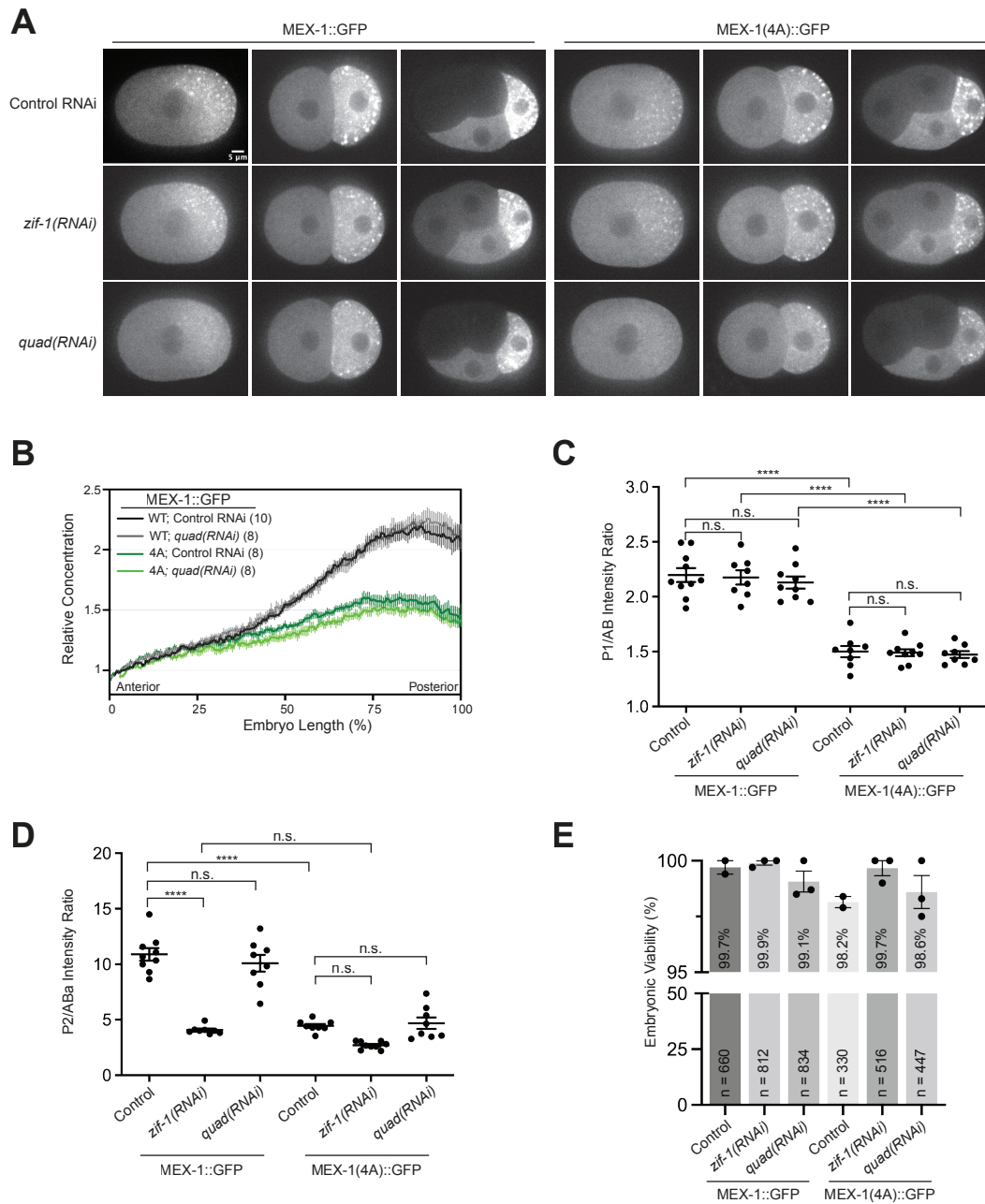
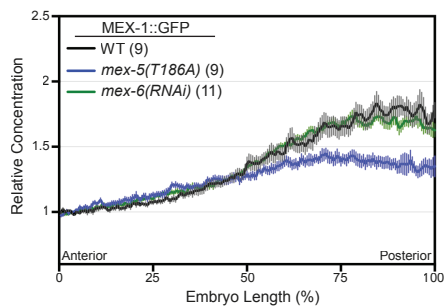


Figure 5. Weakened MEX-1 segregation does not cause embryonic lethality. A. Fluorescence micrographs of MEX-1::GFP in 1, 2 and 4-cell embryos following the indicated RNAi depletion. *quad(RNAi)* indicates a combined RNAi targeting the P granule proteins PGL-1, PGL-3, GLH-1 and GLH-4 (Updike et al, 2014). **B.** Average MEX-1::GFP fluorescence intensity along the anterior/posterior axis at NEBD. Intensities from the indicated number of embryos were normalized to the anterior end and averaged. **C.** Ratio of P1/AB fluorescence intensity of MEX-1::GFP in 2-cell embryos. **D.** Ratio of P2/ABa fluorescence intensity of MEX-1::GFP in 4-cell embryos. For C and D, each dot is the ratio in an individual embryo. **E.** Embryonic viability of indicated MEX-1::GFP alleles in the given RNAi condition. The percentage of viable embryos and the total number of embryos analyzed (n) are indicated within the graph. Each black dot indicates the average viability from independent replicates. For all graphs, error bars indicate SEM. Statistical significance in panels C and D was determined by ANOVA analysis with pairwise post-hoc analysis. **** p < 0.0001; n.s. = not significant (> 0.05).

A



Supplemental Figure 1. Average MEX-1::GFP fluorescence intensity along the anterior/posterior axis *mex-5(T186A)* and *mex-6(RNAi)* embryos at NEBD. Intensities from the indicated number of embryos were normalized to the anterior end and averaged.