## Review Article

# Targeting Cancer Metabolism to Improve Outcomes with Immune Checkpoint Inhibitors

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## ABSTRACT

Immune checkpoint inhibitors have revolutionized the treatment paradigm of several cancers. However, not all patients respond to treatment. Tumor cells reprogram metabolic pathways to facilitate growth and proliferation. This shift in metabolic pathways creates fierce competition with immune cells for nutrients in the tumor microenvironment and generates by-products harmful for immune cell differentiation and growth. In this review, we discuss these metabolic alterations and the current therapeutic strategies to mitigate these alterations to metabolic pathways that can be used in combination with checkpoint blockade to offer a new path forward in cancer management.

Keywords: immune checkpoint inhibitors, glucose metabolism, amino acid metabolism, lipid metabolism, adenosine pathway

## **INTRODUCTION**

Immune checkpoint inhibitors (ICIs) have significantly changed the treatment landscape of various cancers.<sup>[1]</sup> However, only 20-40% of patients respond to immunotherapy due to complex resistance mechanisms.<sup>[2]</sup> This is because malignant cells continue to evolve and use different strategies to evade the immune system and inhibit the immune response. Metabolic reprogramming is one such strategy adopted by tumor cells to provide for the increased metabolic demand of the rapidly proliferating tumor cells.<sup>[3]</sup> These changes in tumor metabolism not only promote tumor cell growth but also induce immune suppression by competing with cytotoxic T cells and NK cells for metabolic requirements and nutrients in the tumor microenvironment (TME).<sup>[4]</sup> This competition for resources limits the immune protective capabilities of the immune cells. In addition, accumulation of metabolic by-products such as lactate produces an immunosuppressive TME, which facilitates tumor progression and metastasis. As such, metabolic reprogramming is considered to be a hallmark of malignancy.<sup>[3]</sup> An understanding of how these alterations to metabolic pathways in the TME affects tumor and immune cells will shed light on the mechanisms of resistance to ICIs.

In this review, we discuss the metabolic changes in tumor cells that have led to identification of therapeutic targets and development of therapeutic strategies for treatment of cancer that are currently under investigation.

## METABOLIC REPROGRAMMING IN TUMOR CELLS

Tumor cells hijack metabolic pathways (Fig. 1) to meet the energy and nutrient requirements of the rapidly proliferating cells.

#### **Glucose Metabolism**

Glucose is the primary nutrient required for cellular growth and proliferation. In a normal resting state, quiescent cells derive energy through oxidative phosphorylation of glucose (OXPHOS).<sup>[5]</sup> Briefly, glucose undergoes glycolysis in the cytoplasm and is metabolized to pyruvate. Under aerobic conditions, pyruvate is transported into the mitochondria, where it is transformed to acetyl-CoA by pyruvate dehydrogenase complex. Oxidation of acetyl-CoA via the tricarboxylic acid (TCA) cycle releases 36 molecules of adenosine triphosphate (ATP). However, under anaerobic conditions,



Figure 1. Metabolic pathways hijacked by cancer cells.

acetyl-CoA, acetyl coenzyme A; TCA, tricarboxylic acid. Created with BioRender.com.

oxidation of glucose yields only two molecules of ATP as pyruvate is reduced to lactate by lactate dehydrogenase in the cytosol.

In rapidly proliferating cancer cells, energy is primarily derived through aerobic glycolysis.<sup>[6]</sup> Paradoxically, even in the presence of oxygen, only 5% of pyruvate enters the TCA cycle due to inactivation of the pyruvate dehydrogenase complex by pyruvate dehydrogenase kinase (PDK) to produce four molecules of ATP, while most of the pyruvate is converted into large amounts of lactate.<sup>[7]</sup> Although aerobic glycolysis is not as energy efficient as OXPHOS, most cancer cells prefer to metabolize glucose by aerobic glycolysis rather than OXPHOS. This is because aerobic glycolysis not only provides energy but also provides important precursors for the synthesis of amino acids, fatty acids, and nucleotides required for cellular proliferation.<sup>[8]</sup> On the contrary, although OXPHOS provides more energy through complete oxidation of glucose into carbon dioxide and water, it does not provide the building blocks for nucleic acid synthesis required for formation of new cells. Furthermore, glycolytic phenotype, which is believed to be an initial adaptation to hypoxia in the TME, results in emergence of tumor cells with a powerful growth advantage to overcome environmental constraints.<sup>[9]</sup> Additionally, acidity of the TME due to

increased lactate production causes degradation of the extracellular matrix and promotes angiogenesis, facilitating tumor invasion and metastasis. Due to these advantages conferred by aerobic glycolysis, cancer cells prefer to switch from mitochondrial respiration to aerobic glycolysis. This phenomenon is termed the Warburg effect, named after Otto Warburg, who first reported it in the 1920s.<sup>[7]</sup> Thus, glycolysis provides the energy and the carbon required for new cell production.

#### **Amino Acid Metabolism**

Glutamine is the most abundant amino acid in the body. Cancer cells depend on glutamine for several metabolic processes, such as synthesis of nucleotides, lipids and other nonessential amino acids, and maintenance of redox balance.<sup>[10]</sup> As glutamine is indispensable, cancer cells have increased glutamine uptake and are its greatest consumers,<sup>[11]</sup> to the extent that some cancer cells cannot survive without glutamine and are in a sense "addicted" to it. Oxidation of glutamine via glutaminolysis fuels the TCA cycle to generate cellular energy.<sup>[12]</sup> Influx of glutamine into the cell is mediated via the SLC1A5 transporter and is converted to glutamate by glutaminase.<sup>[13]</sup> Glutamate is then converted to  $\alpha$ -ketoglutarate by either glutamate dehydrogenase or aminotransferases. Action of glutamate dehydrogenase

on glutamate releases NADH (reduced form of nicotinamide adenine dinucleotide [NAD]) or NADPH (reduced form of nicotinamide adenine dinucleotide phosphate [NADP]), while action of aminotransferases facilitates synthesis of nonessential amino acids. Thus, glutamine serves as the nitrogen source for amino acid and nucleotide biosynthesis.  $\alpha$ -Ketoglutarate then enters the TCA cycle. The metabolic intermediaries of glutaminolysis, such as malate, aspartate, and citrate are exported to cytoplasm to promote amino acid, nucleotide, and lipid synthesis. Thus, a growing body of evidence suggests that upregulated SLC1A5 expression in many cancers favors glutamine uptake and use by tumor cells,<sup>[14]</sup> and increased expression of glutaminase in hepatocellular carcinoma and colorectal and breast cancer is associated with high-grade tumors.<sup>[10]</sup>

Arginine is another nonessential amino acid, which is primarily synthesized endogenously in healthy adults and is also supplemented in the diet.<sup>[15]</sup> It regulates several immunological processes, including proliferation of effector T cells and natural killer cells,<sup>[16]</sup> and modulates signaling pathways.<sup>[17]</sup> Arginase and isoforms of nitric oxide synthase (NOS) are the main enzymes involved in the metabolism of arginine. However, their effect on normal cells is different from that on tumor cells. Under normal conditions, hydrolysis of arginine by arginase produces urea and ornithine, which is a precursor to several compounds, such as proline and polyamines, that are required for collagen synthesis and cellular proliferation.<sup>[15]</sup> Nitric oxide and citrulline are metabolites derived by the action of NOS. Nitric oxide exhibits a wide range of tumoricidal effects by suppression of cellular respiration and DNA synthesis, upregulation of p53, and expression of apoptosis-associated proteins.<sup>[18]</sup> However, unregulated synthesis of NO is associated with tumor-promoting events as evidenced by expression of NOS in cervical, breast, central nervous system, laryngeal, and head and neck cancers. Similarly, arginase-expressing tumor myeloid cells were found in abundance in lung, gastrointestinal tract, and bladder cancer, causing arginine depletion and inhibition of T-cell function.<sup>[15,16]</sup> Furthermore, 70% of tumors lose their ability to synthesize arginine, making them dependent on exogenous arginine.<sup>[19]</sup> Thus, arginine deprivation is being investigated as a therapeutic strategy.

#### **Lipid Metabolism**

Fatty acid synthesis is heavily dependent on glucose and glutamine metabolism for its precursors.<sup>[8]</sup> The carbon required for fatty acid synthesis is provided by intermediaries released during glucose and glutamine metabolism in the mitochondria. Citrate formed by the condensation of acetyl-CoA and oxaloacetate in the TCA cycle is exported from the mitochondria to the cytosol by mitochondrial citrate transporter SLC25A1.<sup>[20]</sup> In the cytosol, the enzyme ATP citrate lyase breaks down citrate to oxaloacetate and acetyl-CoA, which is then used as the carbon source for the synthesis of palmitate and other fatty acids required for synthesis of new cell membranes of the proliferating cells. Thus, there is increased consumption of citrate by the rapidly proliferating cancer cells.<sup>[21]</sup> At the same time, as cancer cells use aerobic glycolysis for generation of energy due to the Warburg effect,<sup>[7]</sup> mitochondrial production of citrate is reduced. Thus, the reduced citrate production and increased consumption results in low citrate levels in the cytosol, favoring glycolysis and tumor growth.<sup>[21,22]</sup>

#### **Adenosine Pathway**

Adenosine is an immunosuppressive metabolite found in small quantities in extracellular fluid. Large amount of ATP is released into the extracellular fluid in response to inflammation, hypoxia, ischemia, and mechanical stress<sup>[23]</sup> through transport channels, exocytosis, or direct release through cell damage.<sup>[24]</sup> Extracellular ATP triggers an immune response and is subsequently catabolized by ectoenzymes CD39 and CD73. CD39 hydrolyses ATP to adenosine monophosphate (AMP), and AMP is dephosphorylated to adenosine by CD73.<sup>[25]</sup> Extracellular adenosine initially protects cells from excessive inflammatory damage, but a sustained increase in adenosine promotes immune suppression and tissue fibrosis, allowing tumor cells to proliferate.<sup>[26]</sup> Both CD39 and CD73 are upregulated in tumor cells and can be further increased in the hypoxic condition in the TME.<sup>[24]</sup>

Extracellular adenosine can bind to four G-proteincoupled receptors, A1, A2A, A2B, and A3.<sup>[24]</sup> Adenosine receptor signaling via A1 and A3 receptors inhibits adenylyl cyclase, while signaling via A2A and A2B receptors stimulates adenylyl cyclase, which decreases or increases intracellular cyclic AMP levels, respectively.<sup>[23]</sup> Stimulation of A2A and A2B receptors blunts the immune response through several mechanisms,<sup>[25]</sup> such as impaired maturation of dendritic cells and suppression of CD8+ T-cell and NK-cell cytotoxic activity, while promoting the proliferation of other immunosuppressive cells and emergence of immune checkpoints.<sup>[27]</sup> Stimulation of A2AR can result in the development of Treg cells with high levels of CD39 and CD73 expression. CD73 inhibits tumor apoptosis and aids tumor cell invasion by degrading the extracellular matrix. Similarly, A2BR activation results in differentiation of macrophages to M2 phenotype<sup>[28]</sup> and enhanced angiogenesis through vascular endothelial growth factor (VEGF) production by myeloid-derived suppressor cells recruited to the tumor.<sup>[29]</sup> Thus, adenosine pathway inhibitors may be a viable treatment option for the management of cancer.

#### **CROSS TALK BETWEEN MOLECULAR SIGNALING AND METABOLIC PATHWAYS**

Several signaling pathways have been implicated in carcinogenesis. These aberrant signaling pathways in-

duce metabolic reprogramming in cancer cells such that the nutrient uptake and metabolism favor cellular proliferation and confer survival advantage.<sup>[8]</sup> Moreover, this process results in buildup of waste materials, such as lactate, that will dampen the effector functions of tumorinfiltrating lymphocytes and support the differentiation of macrophages to the M2 phenotype that promotes tumor growth and metastasis.<sup>[30]</sup> As factors affecting cellular proliferation and cellular metabolism are interrelated, an understanding of these factors is critical for identification of therapeutic targets.

#### **Hypoxia-Inducible Factors**

Hypoxia-inducible factors (HIFs), HIF-1 $\alpha$  and HIF-2 $\alpha$ , are transcription factors that regulate the cellular responses to hypoxic conditions. Due to rapid proliferation of cancer cells, the tumor outgrows its blood supply. The resultant hypoxia causes stabilization of HIF- $1\alpha$ , which induces expression of glucose transporters and glycolytic enzymes that orchestrates the switching from mitochondrial metabolism to glycolysis.<sup>[30]</sup> HIF-1 also directly activates the genes encoding PDKs, which inhibits the entry of pyruvate into the TCA cycle.<sup>[31]</sup> Thus, HIF-1 initiates the Warburg effect.<sup>[32]</sup> HIF-1 favors neovascularization through upregulation of VEGF. HIF-1 proteins are expressed in several tumors, such as bladder, brain, breast, colon, ovarian, pancreatic, prostate, and renal cell carcinoma (RCC).<sup>[33]</sup> HIF-1 expression can be upregulated by oncogenes such as Myc,<sup>[34]</sup> activation of the phosphatidylinositol-3-kinase (PI3K)/AKT/mamma-lian target of rapamycin (mTOR)<sup>[35]</sup> and RAS pathways,<sup>[36]</sup> loss of tumor suppressers such as Von Hippel-Lindau (VHL),<sup>[37]</sup> or accumulation of lactate. HIF-2 $\alpha$ , which shares the functional characteristics of HIF-1 $\alpha$ , is overexpressed in patients with Von Hippel-Lindau (VHL) disease. In response to chronic hypoxia in cancer cells, HIF-2a promotes angiogenesis through upregulation of VEGF in vascular endothelial cells.<sup>[38]</sup> It further promotes metastasis and invasion contributing to the aggressive nature of the malignant cells.<sup>[39]</sup> Because the HIF pathway plays an important role in metabolic reprogramming in cancer cells and promotes angiogenesis, several therapeutic strategies targeting this pathway are under investigation.

#### **Pyruvate Dehydrogenase Kinase**

PDK is a mitochondrial enzyme that regulates the switch between OXPHOS and aerobic glycolysis. The PDKs limit the action of pyruvate dehydrogenase complexes required for complete oxidation of pyruvate in the mitochondria via the TCA cycle to release 36 molecules of ATP.<sup>[7]</sup> Thus, PDKs prevent pyruvate from entering into the TCA cycle (mitochondrial respiration) but instead promote fermentation of pyruvate to lactate in the cytosol (aerobic glycolysis).<sup>[5]</sup> PDKs are overexpressed in several cancers, such as breast, colon, gastric, head and neck, liver, lung, and renal cancer, and melanoma, myeloma, and glioblastoma. Overexpression

of PDK is associated with aggressive tumors and poor prognosis; therefore, targeting the PDKs is a potential therapeutic strategy.

#### Oncogenes

Oncogenes are known to regulate certain enzymes or metabolic processes that promote glucose and amino acid uptake and metabolism to provide proteins, lipids, and nucleotides for the proliferating new cells.

#### MYC

The MYC oncogene, which encodes for c-Myc, a transcription factor, is considered to be the master regulator as metabolic reprogramming and cellular proliferation is mostly driven by c-Myc-regulated genes.<sup>[40,41]</sup> Myc induces expression of glucose transporters and glycolytic enzymes, favoring increased glucose uptake and glycolysis.<sup>[41]</sup> Like HIF-1, Myc promotes enhanced conversion of pyruvate to lactate by inducing expression of PDK1, which prevents pyruvate from entering the TCA cycle.<sup>[42]</sup> Taken together with HIF-1, Myc also induces VEGF, promoting angiogenesis. MYC also upregulates SLC1A5 expression, promoting glutamine entry into the cell.<sup>[41]</sup> Furthermore, Myc upregulates glutaminase expression leading to increased glutaminolysis, eventually leading to glutamine addiction. Myc also promotes lipid synthesis by its direct action on the enzymes driving the TCA cycle, thereby promoting citrate production required for fatty acid synthesis. Myc also upregulates expression of ATP citrate lyase and fatty acid synthase to facilitate breakdown of cytosolic citrate to the acetyl-CoA required for fatty acid synthesis.<sup>[43]</sup> MYC is upregulated in several cancers, such as colon, breast, prostate, and bladder cancer, and is associated with aggressive tumors.<sup>[44]</sup> Growth factor-responsive signal transduction pathways, such as PI3K/AKT/mTOR signaling, enhances MYC activity.<sup>[34]</sup> As Myc upregulates all pathways contributing to synthesis of substrates required for formation of new cells, it serves as a promising target for development of novel therapeutics.

#### PI3K/AKT/mTOR Pathway

The PI3K pathway is the most dysregulated in human cancers.<sup>[45]</sup> On aberrant activation, downstream AKT signaling augments glucose uptake by increasing the expression of glucose transporters and promotes aerobic glycolysis by upregulating glycolytic enzymes such as hexokinase 2 and PFKB3.<sup>[46–48]</sup> Furthermore, AKT inhibits pyruvate dehydrogenase complex and promotes fermentation of pyruvate to lactate. Additionally, AKT, by its action on downstream transcription factors such as HIF-1, *MYC*, sterol regulatory element-binding protein (SREBP), and Forkhead box O (*FOXO*), regulates the expression of metabolic enzymes that contribute to fatty acid and nucleotide synthesis.<sup>[48]</sup> For example, AKT activates SREBP-1c, which in turn upregulates ATP citrate lyase and fatty acid synthase, promoting break down of citrate in the cytosol to oxaloacetate and acetyl-CoA, the

substrate required for fatty acid synthesis.<sup>[43,49]</sup> AKT, through activation of the mTORC1 pathway, induces glycolysis and promotes lipid and nucleotide synthesis, enabling proliferation of cancer cells.<sup>[41]</sup> Downstream of PI3K, mTOR signaling promotes transcription of HIF-1, which upregulates the expression of glucose transporter GLUT-1 promoting glycolysis<sup>[50]</sup> and expression of SLC1A5, increasing the use of glutamine.<sup>[41]</sup> Thus, activation of the PI3K/AKT/mTOR pathway promotes cellular proliferation and metastasis.<sup>[51]</sup> The PI3K pathway is inhibited by phosphatase and tensin homologue (*PTEN*), a tumor suppression gene. Therefore, *PTEN* loss promotes glycolysis.<sup>[52]</sup> Dysregulation of the PI3K pathway induces metabolic reprogramming of cancer cells at several levels, which could be therapeutically targeted.

#### RAS Pathway

As molecular alterations in the RAS pathway signal through PI3K pathway, most of the metabolic effects such as upregulation of glucose transporters are mediated through the PI3K/AKT/mTOR pathway,<sup>[53]</sup> while others are mediated through Myc and MAPK pathways.<sup>[54]</sup>

#### **Tumor Suppressor Genes**

Tumor suppressor proteins control metabolic pathways by mechanisms similar to oncogenes.

#### **TP53**

*p53*, a commonly mutated gene in cancer, is a key regulatory factor that maintains the balance between use of mitochondrial respiration and aerobic glycolysis for supply of energy.<sup>[55]</sup> *p53* promotes OXPHOS through upregulation of synthesis of cytochrome c oxidase 2 (*SCO2*) and downregulates expression of glucose transporters.<sup>[56]</sup> *p53* inhibits glycolysis through upregulation of hexokinase and TP53-induced glycolysis and apoptosis regulator (TIGAR), both of which negatively regulate glycolysis.<sup>[57]</sup> Furthermore, p53 inhibits glycolysis by upregulation of PTEN, a negative regulator of the PI3K pathway.<sup>[58]</sup>

#### **Other Suppressor Genes**

*LKB1, PTEN,* and *VHL* are other tumor suppressor genes that modulate metabolic pathways by promoting glycolysis, inhibiting OXPHOS, and inhibiting lipid synthesis, along with many other metabolic alterations with the goal to suppress tumor growth.<sup>[37,58–60]</sup>

An understanding of the metabolic pathways and their interactions with oncogenes and tumor suppressor genes sheds light on the ability of tumor cells to propagate proliferation and growth by evading and even suppressing immune cells in the TME. These metabolic pathways are potential targets for therapeutic interventions to overcome resistance to immune checkpoint blockade. Currently, drugs targeting metabolic pathways are being evaluated in combination with ICIs (Table 1). However, their activity may be at the cost of increased and compounded toxicities associated with combination therapies.

### THERAPEUTIC AGENTS USED IN COMBINATION WITH ICIS TO TARGET TUMOR METABOLISM

#### **Drugs Targeting Glucose Metabolism**

Metformin, a safe and inexpensive medication used in the treatment for type II diabetes, has been recognized to have antitumor activity through several mechanisms.<sup>[61]</sup> Increasing evidence suggests that metformin decreases incidence and mortality in several cancer types.<sup>[62]</sup> The anticancer properties of metformin are attributed to its inhibitory action on mTOR, mediated through AMPactivated protein kinase (AMPK).<sup>[63]</sup> Metformin also inhibits mTOR signaling independent of AMPK through Rag GTPases<sup>[64]</sup> and induces cell cycle arrest through increased expression of REDD1 (a negative regulator of mTOR).<sup>[65,66]</sup> Through inhibition of the mTOR pathway, metformin inhibits both protein synthesis and gluconeogenesis, limiting the proliferation of cancer cells.<sup>[67]</sup> Additionally, metformin increases fatty acid oxidation and induces cell cycle arrest and apoptosis.<sup>[68]</sup> Hypoxia in the TME impairs T-cell metabolism and therefore is linked to immunotherapy resistance. Metformin was shown to decrease hypoxia in the TME by reducing the expression of HIF-1 and angiogenesis-associated factors and thus potentiate the anticancer effect of programmed cell death protein 1 (PD-1) inhibitors.<sup>[69]</sup> Immune exhaustion is a common phenomenon after treatment with ICI. Metformin enhances CD8 activity by restoring the functionality of exhausted cytotoxic T cells and protecting them from apoptosis.<sup>[70]</sup> Metformin also reduces the stability and membrane localization of programmed death ligand-1 (PD-L1) through an AMPKdependent mechanism, resulting in reduced PD-L1 expression.<sup>[71]</sup> This reduction in PD-L1 signaling enhances the cytotoxic effector function of T cells. Due to the pleiotropic effects of metformin on the metabolic pathways and the immune system, metformin is currently being studied in combination with different ICIs in different types of cancers, with some showing promising results.<sup>[72–75]</sup> Some of these studies lacked statistical significance, likely due to small sample size, highlighting the need for larger prospective studies.

#### **Drugs Targeting Amino Acid Metabolism**

CB-839 (telaglenastat) is a first in class, oral glutaminase inhibitor that blocks glutamine consumption by the tumor. This blockade elevates glutamine levels in the TME and enhances immune cell activity. In preclinical studies, CB-839 reversed tumor cell-mediated immunosuppression, enhanced T-cell proliferation, and demonstrated antitumor activity in syngeneic mouse models.<sup>[76]</sup> Subsequently, CB-839 was evaluated alone and in combination with nivolumab in patients with advanced or metastatic cancer.<sup>[77]</sup> CB-839 was well tolerated. Among the 16 evaluable patients with melanoma who were progressing on a checkpoint inhibitor at study entry, an objective response rate (ORR) of 19% and

Target and Drug	Combination with ICI	Indication	ClinicalTrials.gov Identifier(s)	Clinical Trial Status*
mTOR inhibitor				
Metformin Metformin	Nivolumab Nivolumab	Non–small cell lung cancer Refractory microsatellite stable	NCT03048500 NCT03800602	Active, not recruiting Active, not recruiting
Metformin	Pembrolizumab	colorectal cancer Head and neck squamous cell	NCT04414540	Recruiting
Metformin	Pembrolizumah	Melanoma	NCT03311308	Recruiting
Metformin	Durvalumab	Head and neck squamous cell cancer	NCT03618654	Active, not recruiting
HIF-2α inhibitor				
Belzutifan	Pembrolizumab	Postnephrectomy clear cell renal cell carcinoma	NCT05239728	Recruiting
Glutaminase inhibitor				
CB-839 (telaglenastat)	Nivolumab	Melanoma Clear cell renal cell carcinoma Non–small cell lung cancer	NCT02771626	Completed
Glutamine antagonist		-		
DRP-104 (sirpiglenastat) Arginase inhibitor	Atezolizumab	Advanced solid tumors	NCT04471415	Recruiting
CB-1158 (INCB001158; numidargistat)	Pembrolizumab	Solid tumors	NCT02903914	Completed
Arginine depletion				
AEB1102 (pegzilarginase) A2AR antagonist	Pembrolizumab	Small cell lung cancer	NCT03371979	Completed
CPI-444 (ciforadenant)	Atezolizumab	Renal cell cancer Metastatic castration-resistant prostate cancer	NCT02655822	Completed
CPI-444 (ciforadenant)	Ipilimumab, nivolumab	Renal cell cancer	NCT05501054	Not yet recruiting
AZD4635 (imaradenant)	Durvalumab	Solid tumors Non–small cell lung cancer Metastatic castration-resistant	NCT02740985	Active, not recruiting
AZD4635 (imaradenant)	Durvalumab, cabazitaxel	Metastatic castration-resistant prostate cancer	NCT04495179	Completed
NIR178 (taminadenant)	Spartalizumab	Solid tumors	NCT03207867	Active, not recruiting
NIR178 (taminadenant)	Spartalizumab	Non-small cell lung cancer	NCT02403193	Completed
EOS100850 (inupadenant)	EOS-448, dostarlimab, Pembrolizumab	Solid tumors	NCT05060432 NCT05054348	Recruiting
A2A and A2B antagonist				
AB928 (etrumadenant) AB928 (etrumadenant)	Atezolizumab, chemotherapy AB122 (zimberelimab), radiotherapy, consolidation chemotherapy	Pancreatic ductal adenocarcinoma Rectal cancer	NCT03193190 NCT05024097	Recruiting Recruiting
AB928 (etrumadenant)	AB122 (zimberelimab), AB154 (domvanalimab)	Non-small cell lung cancer	NCT04791839	Recruiting
AB928 (etrumadenant)	AB122 (zimberelimab), pemetrexed	Methylthioadenosine phosphorylase-deficient urothelial carcinoma	NCT05335941	Not yet recruiting
AB928 (etrumadenant)	AB122 (zimberelimab), SRF617	Metastatic castration-resistant prostate cancer	NCT05177770	Recruiting
AB928 (etrumadenant)	Pembrolizumab, carboplatin/ pemetrexed	Non-small cell lung cancer	NCT03846310	Active, not recruiting
CD73 inhibitor	*			
CPI-006	Pembrolizumab	Solid tumors	NCT03454451	Active, not recruiting
MEDI9447 (oleculmab)	Durvalumab	Solid tumors	NCT02503774	Active, not recruiting
MEDI9447 (oleculmab)	Durvalumab	Sarcoma	NCT04668300	Recruiting
MEDI9447 (oleculmab)	Durvalumab	Bladder cancer	NCT05221840	Completed
MEDI9447 (oleculmab)	Durvalumab paclitaval	Triple pogative breast cancer	NC105221840	Active not recruiting
wiED17447 (Oleculliad)	carboplatin	חוףוכ-ווכצמנויד טולמגו למוולדו	110103010000	Active, not recruiting

## Table 1. Therapeutic agents used in combination with immune checkpoint inhibitors (ICIs) to target metabolic pathways

Table 1 continues on next page

#### Table 1. Continued

Target and Drug	Combination with ICI	Indication	ClinicalTrials.gov Identifier(s)	Clinical Trial Status*
MEDI9447 (oleculmab)	Durvalumab, gemcitabine, nab-paclitaxel	Pancreatic cancer	NCT04940286	Recruiting
BMS-986179	Nivolumab	Solid tumors	NCT02754141	Completed
TJ004309 (uliledlimab)	Atezolizumab	Solid tumors	NCT03835949	Active, not recruiting
TJ004309 (uliledlimab)	Atezolizumab	Ovarian cancer, head and neck cancer, non–small cell lung cancer, gastrointestinal cancer, triple-negative breast cancer	NCT05001347	Recruiting
TJ004309 (uliledlimab)	Toripalimab	Solid tumors	NCT04322006	Recruiting
NZV930	Spartalizumab	Solid tumors	NCT03549000	Active, not recruiting
NZV930	Spartalizumab, NIR178	Solid tumors	NCT03549000	Active, not recruiting
LY3475070	Pembrolizumab	Solid tumors	NCT04148937	Active, not recruiting

\*Status of the clinical trial obtained from ClinicalTrials.gov as of December 6, 2022.

a disease control rate (DCR) of 44% were reported. Stabilization of disease was achieved in 67% of patients with non-small cell lung cancer (NSCLC) and 75% of patients in RCC cohorts, despite prior progression on anti-PD-1/PD-L1 at study entry. These findings suggest that resistance to anti-PD-1/PD-L1 can be overcome by the addition of CB-839. However, mixed results were observed in a phase II randomized study (CANTATA)<sup>[78]</sup> of CB-839 in combination with cabozantinib vs placebo plus cabozantinib in 444 patients with advanced or metastatic clear cell RCC, who had progressed on antiangiogenic therapy or ICIs. CB-839 did not improve the efficacy of cabozantinib. The median progressionfree survival (PFS) was 9.2 months vs 9.3 months, respectively (hazard ratio [HR] = 0.94; 95% CI: 0.74, 1.21). However, in a subgroup analysis in 128 patients who had failed prior ICI therapy, the median PFS was longer in patients treated with CB-839 in combination with cabozantinib vs those with placebo plus cabozantinib (11.1 vs 9.2 months, respectively, HR = 0.77; 95% CI: 0.56, 1.06), suggesting a need for biomarker-driven patient selection.

DRP-104 (sirpiglenastat) is an inactive prodrug of 6-Diazo-5-oxo-l-norleucine (DON), a glutamine antagonist. Although DON inhibited tumor growth markedly by its action on multiple enzymes regulating glutamine metabolism, clinical development of the drug was hampered due to gastrointestinal toxicities, such as intolerable nausea and vomiting.<sup>[79]</sup> DRP-104, a DON prodrug, a tumor-targeted glutamine antagonist, was developed to circumvent DON-related gastrointestinal toxicities.<sup>[80]</sup> In a first-in-human phase 1/2a, multicenter, multicohort study, the safety, tolerability, and antitumor activity of DRP-104 alone and in combination with atezolizumab, a PD-L1 inhibitor, is being evaluated.<sup>[81]</sup>

CB-1158 (numidargistat) is a small-molecule arginase inhibitor that inhibits the immunosuppressive enzyme arginase expressed by myeloid-derived suppressor cells in the TME.<sup>[82]</sup> This restores cellular proliferation and cytotoxic activity of activated T cells. In preclinical studies, CB-1158 reversed MDSC-mediated immunosuppression and inhibited tumor growth, particularly when combined with chemotherapy, ICIs and adoptive T-cell and NK-cell therapy.<sup>[16]</sup> Subsequently, CB-1158 was evaluated alone (n = 107) and in combination with pembrolizumab (n = 138) in patients with advanced or metastatic solid tumors.<sup>[82]</sup> Preliminary data from 245 patients treated in this study indicated that CB-1158 was well tolerated. An ORR of 3% and DCR of 27% was reported in patients with microsatellite stable colorectal cancer, who received monotherapy, and 7% ORR and 30% DCR in patients who received combination therapy with pembrolizumab, thus demonstrating preliminary antitumor activity in a tumor type resistant to PD-L1 treatment.

AEB1102 (pegzilarginase) is a bioengineered human PEGylated arginase 1 enzyme developed for degradation of arginine to ornithine and urea, thus lowering blood arginine levels.<sup>[83]</sup> In tumors dependent on extracellular arginine, due to reduced expression of argininosuccinate synthase required for intracellular synthesis of arginine, depletion of arginine inhibits proliferation and survival of cancer cells. Due to lack of stability of argininedegrading enzymes, bioengineered human PEGylated arginase 1was developed. In preclinical studies, data suggested that small cell lung cancer, melanoma, and Merkel cell carcinoma may be responsive to arginine depletion. Furthermore, pegzilarginase increases CD8+Tcell infiltration and enhances antitumor activity of PD-1 inhibitors. Based on these preclinical findings, pegzilarginase is being investigated in combination with pembrolizumab in patients with small cell carcinoma.<sup>[84]</sup>

#### **Drugs Targeting Adenosine Pathway**

Given the nonredundant signaling through the adenosine pathway, several cancer therapies that target A2AR or CD73 in combination with checkpoint inhibitors are being investigated.

CPI 444 (cifrodenant) is a small molecule that selectively binds to A2AR, inhibiting adenosine signaling. In animal models, it has been shown that treatment with PD-1 inhibitors upregulates A2AR and CD73 expression, conferring PD-1 resistance. Therefore, a first-in-human study was conducted with cifrodenant, either alone or in combination with atezolizumab (PDL-1 inhibitor) in patients with advanced refractory cancers.<sup>[85]</sup> In a study in 68 patients with RCC who were either resistant or refractory to prior PD-1/PD-L1 inhibitors, 3% of patients treated with single-agent and 11% of patients on combination therapy had an objective response. Disease control for at least 6 months was reported in 17% and 39% of those patients, respectively. AZD4635, EOS100850, and NIR178 are other A2AR antagonists under investigation in phase 1 trials.

AZD4635 (imaradenant) is an oral, small-molecule inhibitor of A2AR. In preclinical models, it was shown to increase antigen presentation by dendritic cells and cytotoxic T cells. Subsequently, antitumor activity of imaradenant is being evaluated in combination with durvalumab (Imfinzi) in patients with refractory solid tumors. In a cohort of 43 patients with heavily pretreated, metastatic castrate-resistant prostate cancer, objective response was seen in 16.2% of 37 evaluable patients.<sup>[86]</sup> Additionally, 48.6% of the patients achieved stable disease. The median PFS was 14.9 weeks. Enhanced adenosine gene expression signature<sup>[87]</sup> in peripheral blood was associated with improved PFS.

NIR178 (taminadenant), an oral, small-molecule, selective A2AR antagonist, inhibits A2AR that mediates immune suppression in the TME.<sup>[88]</sup> In murine models and in human ex vivo models, taminadenant significantly reduced tumor growth.<sup>[89]</sup> Based on the demonstrated synergistic activity of A2AR blockade in combination with ICIs,<sup>[90]</sup> a first-in-human phase I/Ib study of taminadenant in combination with spartalizumab, a PD-1 inhibitor, was conducted in patients with advanced cancer. In the study conducted in NSCLC patients,<sup>[88]</sup> 24/25 patients were evaluable for response. One patient had complete response (CR), 1 had partial response, and 14 additional patients had stable disease, providing an ORR of 8.3% and DCR of 66.7%. The median PFS and overall survival were 2.8 months and 5.4 months, respectively.

EOS100850 is an oral, potent, and highly selective A2AR antagonist that inhibits A2AR expressed on T-lymphocytes, resulting in proliferation and enhanced effector function.<sup>[91]</sup> A unique feature of this compound is the sustained A2AR inhibition even at the high adenosine concentrations found in tumors. In mouse models, EOS100850 combined with PD-L1 inhibitor exhibited enhanced antitumor activity compared to PD-L1 alone. Due to the distinct mechanisms of the two checkpoints, a phase I trial is evaluating the safety and efficacy of the combination in solid tumors.

AB928 (etrumadenant), a small-molecule dual antagonist of A2A and A2B receptors, is being evaluated in combination with chemotherapy and/or anti-PD-1 backbone in patients with advanced cancer.<sup>[92]</sup> Preliminary analyses in 26 patients indicates that the treatment was well tolerated. Four of the 12 evaluable patients had tumor reduction on first restaging. The combination is further evaluated in patients with triple-negative breast, ovarian, colorectal, gastroesophageal, non–small cell lung, renal cell, and castration-resistant prostate cancer.

CPI-006, an IgG1, produces complete inhibition of CD73 enzymatic activity. It inhibits the conversion of ATP to AMP by blocking CD73 on T and B cells, lowering extracellular adenosine levels. In preclinical studies, CPI-006 blocked adenosine production and inhibited tumor growth in syngeneic mouse models. Therefore, CPI-006 as monotherapy and in combination with cifrodenant is being investigated.<sup>[93]</sup> Additionally, CPI-006 in combination with PD-1 inhibitors, tyrosine kinase inhibitors, and chemotherapeutic agents is under evaluation.

MEDI9447 (oleculmab) is a human IgG1 $\lambda$  mAb that inhibits CD73, an enzyme required for synthesis of immunosuppressive adenosine. In preclinical studies, oleculmab reduced adenosine-mediated immune suppression and restricted tumor growth.<sup>[94]</sup> Furthermore, there was significant increase in effector T cells and activated macrophages. In murine models, oleculmab had an additive effect when combined with PD-1 inhibitors.<sup>[95]</sup> It inhibited the growth of epidermal growth factor receptor (EGFR)-mutated NSCLC in a xenograft mouse model when combined with durvalumab because CD73 is upregulated in EGFR-mutant NSCLC.<sup>[96]</sup> Based on these preclinical findings, the combination is being explored in solid tumors. In a phase I study of the combination, promising antitumor activity was reported in EGFR-mutant NSCLC.<sup>[97]</sup> Among 20 patients with microsatellite stable colorectal cancer, one patient had partial response (PR) and two had stable disease (SD).<sup>[98]<sup>1</sup></sup> Of the 21 patients with advanced pancreatic cancer, two patients had PR and three had SD. In a randomized, phase II study in NSCLC, ORR was significantly higher (30%) in 60 patients treated with oleculmab in combination with durvalumab compared to 17.9% in 67 patients treated with durvalumab alone.<sup>[99]</sup> The median PFS was not reached in patients treated with the combination vs 6.3 months in patients treated with durvalumab alone.

BMS-986179 is a high-affinity antibody that inhibits both the expression and the enzymatic activity of CD73. Based on findings from a preclinical study that combination with anti-mouse-CD73 antibody improved treatment outcomes more than with PD-1 blockade alone,<sup>[100]</sup> a first-in-human phase 1/2a study of BMS-986179 in combination with nivolumab was conducted in patients with solid tumors. Preliminary results reported confirmed PR in seven patients with head and neck, pancreatic, prostate, anal, and renal cancers, and disease stabilization in an additional 10 patients.<sup>[101]</sup>

LY3475070 is an oral, small-molecule, selective CD73 inhibitor that promotes internalization of CD73. It thereby reduces the amount of adenosine in the TME, preventing adenosine-mediated immune suppression. It also inhibits migration of cancer cells, thereby preventing metastasis.

TJ004309 (uliledlimab) is a humanized CD73 antibody that adopts a unique intradimer binding mode through the C-terminal domain of CD73.<sup>[102]</sup> This novel action enables complete inhibition of CD73 activity. Based on the antitumor activity of uliledlimab in combination with a PD-L1 inhibitor in several preclinical models, a phase I study of uliledlimab in combination with atezolizumab was conducted in solid tumors. Of the 20 patients enrolled in the study, 13 patients who received  $\geq 10 \text{ mg/kg}$  of uliledlimab were evaluable for response.<sup>[Yo2]</sup> One patient had CR (ovarian clear cell carcinoma), two had PR (both NSCLC), and three additional patients had SD for an ORR of 23% and DCR of 46%. In a phase II study of uliledlimab in combination with toripalimab (PD-1 inhibitor), preliminary antitumor activity was observed in patients with NSCLC. Of the 48 patients evaluable for response, six patients had PR and 21 had SD for an ORR of 12.5% and DCR of 56.4%.<sup>[103]</sup> High CD73 expression was associated with response in both the studies.

NZV930 (SRF373) is a fully human anti-CD73 monoclonal antibody. It inhibits the enzymatic activity of CD73, thereby reducing availability of adenosine, and enhances T-cell proliferation. In preclinical studies, NZV930 in combination with a PD-1 inhibitor was shown to have antitumor activity. In a first-in-human phase I/Ib study of NZV930 alone and in combination with spartalizumab and/or taminadenant in patients with advanced cancer, 105 patients were enrolled in the dose-escalation phase. No objective response was reported. Twelve patients had SD. CD73 target engagement and modulation of adenosine pathway was observed posttreatment in biomarker studies.

## Drugs Targeting Molecular Signaling Pathways

Another approach would be to target molecular signaling pathways that intersect with metabolic pathways. Although several pathway-specific targeted therapies, such as PI3K inhibitors, have undergone extensive clinical investigation, their use in combination with immunotherapeutic agents in treatment of solid tumors is limited. For example, everolimus has been U.S. Food and Drug Administration approved to treat patients with progressive neuroendocrine tumors of pancreatic, gastrointestinal, or lung origin; advanced RCC; subependymal giant cell astrocytoma; and renal angiomyolipomas associated with tuberous sclerosis, and is approved in combination with exemestane in postmenopausal women with advanced hormone receptor-positive (HR+) breast cancer. Alpelisib is another PI3K inhibitor, which has been approved for use in combination with fulvestrant for postmenopausal women and for men with HR+, human epidermal growth factor receptor 2 (HER2)-negative, PIK3CAmutated, advanced or metastatic breast cancer. However, their use in combination with immunotherapeutic agents has been challenging due to off-target toxicities,

lack of optimal bioavailability, drug resistance, and the target of PI3K inhibition (tumor vs T cell).<sup>[104]</sup> Based on the preclinical finding that resistance to ICIs is mediated by myeloid cells, which highly express PI3K $\gamma$ ,<sup>[105]</sup> a phase I study of etrumadenant (dual antagonist of A2A and A2B receptors) and PEGylated liposomal doxorubicin with or without eganelisib (a PI3K $\gamma$  inhibitor), is being conducted in patients with triple-negative breast cancer and ovarian cancer. In the interim analysis, antitumor activity was observed in both the doublet and triplet combination without evidence of additional toxicity.<sup>[106]</sup> Currently, clinical studies are also evaluating etrumadenant in combination with zimberelimab (a PD-1 inhibitor).

Belzutifan is an HIF-2 $\alpha$  inhibitor that was recently approved by FDA for early VHL disease–associated tumors such as RCC, central nervous system hemangioblastomas, or pancreatic neuroendocrine tumors that do not require surgery.<sup>[107]</sup> As inactivating mutations in the *VHL* gene lead to stabilization of HIF $\alpha$  and activation of downstream *VEGF*, HIF2 $\alpha$  inhibitors such as belzutifan were developed for treatment of VHL disease. Antitumor activity (ORR of 25%) has been reported in a phase I study of belzutifan in patients with metastatic clear cell RCC.<sup>[108]</sup> Following the success of pembrolizumab in clear cell RCC in adjuvant setting,<sup>[109]</sup> belzutifan plus pembrolizumab is now being evaluated in a phase III LITESPARK-022 study.

## **SUMMARY**

In summary, metabolic reprogramming contributes to therapeutic resistance of ICIs in the treatment of cancer. An understanding of these metabolic effects on the tumor and immune cells in the TME will guide development of therapeutic strategies to improve treatment outcomes with ICIs. Accumulating evidence suggests that combinatorial approaches that target metabolic pathways in addition to immune checkpoints may reactivate immune function and improve treatment response, justifying further evaluation. However, combination therapies are not without challenge. Enhanced response with combination therapies may be at the expense of increased toxicity, suggesting the need for patient selection. Correlative studies to identify biomarkers of response and target engagement (tumor versus T cell) are much needed.

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