## ARTICLE

## Cytochrome P450 Genetic Variation Associated with Tamoxifen Biotransformation in American Indian and Alaska Native People

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Despite evidence that pharmacogenetics can improve tamoxifen pharmacotherapy, there are few studies with American Indian and Alaska Native (AIAN) people. We examined variation in cytochrome P450 (CYP) genes (*CYP2D6*, *CYP3A4*, *CYP3A5*, and *CYP2C9*) and tamoxifen biotransformation in AIAN patients with breast cancer (n = 42) from the Southcentral Foundation in Alaska and the Confederated Salish and Kootenai Tribes in Montana. We tested for associations between *CYP* diplotypes and plasma concentrations of tamoxifen and metabolites. Only the *CYP2D6* variation was significantly associated with concentrations of endoxifen (P = 0.0008) and 4-hydroxytamoxifen (P = 0.0074), tamoxifen's principal active metabolites, as well as key metabolic ratios. The *CYP2D6* was also the most significant predictor of active metabolites and metabolic ratios in a multivariate regression model, including all four genes as predictors, with minor roles for other *CYP* genes. In AIAN populations, *CYP2D6* is the largest contributor to tamoxifen bioactivation, illustrating the importance of validating pharmacogenetic testing for therapy optimization in an understudied population.

Clin Transl Sci (2018) 11, 312–321; doi:10.1111/cts.12542; published online on 13 February 2018.

#### **Study Highlights**

#### WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?

✓ Tamoxifen has been used to reduce the risk of recurrence of estrogen-positive breast cancer for the past 40 years. Tamoxifen undergoes sequential bioactivation to endoxifen, a metabolite that contributes importantly to its anti-estrogenic effect. Previous research has shown that the cytochrome P450 CYP2D6 drug-metabolizing enzyme is critical in tamoxifen bioactivation.

#### WHAT QUESTION DID THIS STUDY ADDRESS?

✓ This tamoxifen pharmacogenetic study asks whether previous results showing a strong association between *CYP2D6* diplotypes and circulating endoxifen concentrations are applicable to diverse populations.

Translation of pharmacogenomics into clinical practice requires genetic research with diverse patient populations to accurately predict drug response and toxicity for all people. Inclusion of under-represented populations, such as American Indian and Alaska Native (AIAN) populations,

#### WHAT DOES THIS STUDY ADD TO OUR KNOWLEDGE?

✓ Our study is the first to focus on bioactivation of tamoxifen with patients with breast cancer from AIAN populations. This study highlights the key role of *CYP2D6*-mediated metabolism in formation of the principal activity metabolite, endoxifen.

#### HOW THIS MIGHT CHANGE DRUG CLINICAL PHARMA-COLOGY OR TRANSLATIONAL SCIENCE

✓ The research contributes to the discourse regarding pharmacogenetic testing for tamoxifen therapy in AIAN women, an under-represented group who bear a disproportionally large burden of breast cancer.

in pharmacogenomics research is crucial for expanding the potential benefits of individualized pharmacotherapy to all patients. Although the body of evidence about pharmacogenomic variation within indigenous populations in North America is growing, AIAN people in the United States

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Received 8 November 2017; accepted 15 January 2017; published online on 13 February 2018. doi:10.1111/cts.12542

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have largely been left out of pharmacogenomic research. In an effort to increase the participation of AIAN people in pharmacogenomic research, we established the Northwest-Alaska Pharmacogenomics Research Network (NWA-PGRN) as a community-academic partnership between several institutions and tribes in the Pacific Northwest and Alaska.<sup>1-4</sup>

Implementation of pharmacogenomics in oncology has enormous potential to guide pharmacotherapy and is a research priority for the communities engaged in NWA-PGRN research. Pharmacogenomics in breast cancer treatment is of particular interest to our community partners due to its disproportional prevalence among AIAN populations.<sup>5–7</sup> Breast cancer is the most common nonskin cancer in the United States, yet high-quality data about incidence and mortality rates in AIAN women are limited due to the geographic remoteness of many AIAN communities.<sup>8</sup>

For the past 40 years, tamoxifen has been used to reduce the risk of recurrence of estrogen-positive breast cancer in premenopausal and postmenopausal women.<sup>9</sup> Tamoxifen is a selective estrogen receptor modulator bioactivated to its active metabolites primarily by cytochrome P450 (CYP) drug-metabolizing enzymes. The CYP2D6 is the key enzyme involved in tamoxifen bioactivation with CYP3A4, CYP3A5, and CYP2C9 also contributing (Figure 1).<sup>10,11</sup> The principal metabolites of tamoxifen are N-desmethyltamoxifen (N-dm-Tam), 4-hydroxytamoxifen (4-OH-Tam), and N-desmethyl-4-hydroxytamoxifen (endoxifen). Tamoxifen and N-dm-Tam have minimal inhibitory potency toward the estrogen receptor, whereas endoxifen and 4-OH-Tam exhibit strong estrogen receptor and human breast cancer cell growth inhibition.<sup>11,12</sup> Endoxifen, however, is believed to be the main contributor to tamoxifen's pharmacological effect, as steadystate endoxifen plasma concentrations of endoxifen are five to eight times greater than 4-OH-Tam concentrations.<sup>11,13,14</sup> As such, genetic variability in the CYP enzymes responsible for tamoxifen metabolism may be a critical determinant of tamoxifen efficacy. In particular, CYP2D6 genetic variation has been strongly associated with formation of active metabolites.11,15

In this study, we report for the first time, a tamoxifen pharmacogenetic study focused on AIAN patients with breast cancer. We examined genetic variability in CYP2D6, CYP3A4, CYP3A5, and CYP2C9 and tested for association with steady-state plasma concentrations of tamoxifen and its principal metabolites in AIAN participants in southcentral Alaska and northwestern Montana. Before initiating the tamoxifen pharmacogenetic study, it was important to characterize the allele frequencies of known and novel variation, particularly for CYP2D6, to inform the selection of variants to screen. The CYP2D6 genetic variation in American Indian (AI) participants in northwestern Montana has been previously published<sup>3</sup> and we added the full characterization of CYP2D6 variation in AIAN populations of southcentral Alaska. Understanding tamoxifen pharmacogenetics in AIAN populations is an important step toward improving medication management and designing dosing regimens in breast cancer pharmacotherapy.

### METHODS

### Settings

The Southcentral Foundation (SCF), a tribal-owned and operated regional health corporation, provides primary health care to 65,000 AIAN people, considered "customer-owners," at clinics on the Alaska Native Medical Center (ANMC) campus. The ANMC is co-owned and managed by the SCF and the Alaska Native Tribal Health Consortium (ANTHC). Patients receiving tamoxifen therapy were managed by oncologists and support staff at the Oncology and Hematology Clinic at the ANMC in Anchorage, Alaska.

The University of Montana and the Confederated Salish and Kootenai Tribes (CSKT) Tribal Health Department (THD) partnered with oncologists and support staff at the Montana Cancer Institute Foundation to identify CSKT patients receiving tamoxifen therapy. The CSKT THD manages seven clinics on the Flathead Indian Reservation in northwestern Montana, providing health care to 8,000 enrolled CSKT members and a large number of descendants.

#### Study participants

The *CYP2D6* genetic variation was characterized in a convenience sample of 380 SCF participants. Complete resequencing of *CYP2D6* was performed in 94 participants from this cohort and all 380 samples were genotyped for specific *CYP2D6* single nucleotide variants (SNVs), as described below. A similarly designed *CYP2D6* resequencing study of 187 CSKT participants was published previously.<sup>3</sup>

Participants for the tamoxifen pharmacogenetic study were recruited from SCF and CSKT populations. AIAN women  $\geq$  18 years old who were receiving tamoxifen for breast cancer therapy were eligible to participate. Participants completed a survey of demographic information (e.g., gender, date of birth, and tribal affiliation/heritage) and medication information (e.g., tamoxifen dose and concurrent medication usage). Participants provided blood samples for DNA isolation and quantitation of plasma levels of tamoxifen and metabolites. The SCF (n = 38) and CSKT (n = 4) participants were recruited by research staff members and oncology clinic staff at the ANMC Oncology and Hematology Clinic and the Montana Cancer Institute Foundation Clinic, respectively.

The Alaska Area Institutional Review Board and SCF and ANTHC tribal review boards approved research protocols and forms for written consent prior to initiating research in Alaska. The CSKT Tribal Council, the CSKT THD, and the University of Montana Institutional Review Board approved research conducted in Montana.

#### **DNA** isolation

Genomic DNA was isolated from buffy coat (SCF) or whole blood (CSKT) using QIAamp DNA Blood kits (Qiagen, Valencia, CA). The DNA concentration and quality were determined using a NanoDrop spectrophotometer (Thermo Fisher Scientific, Wilmington, DE).

# Characterization of novel and known variants in *CYP2D6* in the SCF population

Complete *CYP2D6* resequencing was performed in a cohort of 94 SCF participants using a method reported previously.<sup>3</sup>

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**Figure 1** Partial tamoxifen metabolic scheme. Tamoxifen undergoes bioactivation to its principal active metabolite, endoxifen. These reactions are primarily catalyzed by CYP2D6, CYP3A4, CYP3A5, and CYP2C9. Intermediate metabolites of importance in these pathways are 4-hydroxytamoxifen and *N*-desmethyltamoxifen.

Common haplotypes were identified using fastPHASE version 2.0 (University of Chicago, Chicago, IL). The *CYP2D6* allele assignments were made using the Pharmacogene Variation Consortium<sup>16</sup> with M33388 as the human reference sequence.

The *CYP2D6* genotyping was performed in a cohort of 380 SCF participants using TaqMan SNP Genotyping Assays (Applied Biosystems, Hercules, CA) on a Fluidigm genotyping platform (Fluidigm, South San Francisco, CA), as reported previously,<sup>4</sup> to confirm allele frequencies in a larger cohort. The genotyping included seven *CYP2D6* SNVs. Seventeen samples were excluded from analysis because the call rates were below 95%.

#### CYP genotyping for tamoxifen pharmacogenetic study

Results from *CYP2D6* resequencing, as well as resequencing of other CYPs previously published in CSKT and SCF populations,<sup>3,4</sup> informed the selection of SNVs included in the genotyping for the tamoxifen pharmacogenetic study. The genotyping included 10 *CYP2D6*, 8 *CYP3A4*, 9 *CYP3A5*, and 9 *CYP2C9* SNVs. The Fluidigm genotyping platform was used as reported previously.<sup>4</sup> The *CYP2D6\*5* gene deletion was determine using long-range polymerase chain reaction with the Expand Long Template PCR System (Roche, Basel, Switzerland), as described previously.<sup>17</sup> All samples had call rates above 95%. The *CYP2D6* diplotypes were translated into activity scores as previously described.<sup>18</sup> These activity scores correspond to those utilized in the Clinical Pharmacogenetics Implementation Consortium (CPIC) gene/drug dosing guidelines for *CYP2D6*.<sup>19-24</sup>

#### Quantification of tamoxifen and metabolites

Steady-state plasma concentrations of tamoxifen and metabolites (*N*-dm-Tam, 4-OH-Tam, and endoxifen) were measured using a high-performance liquid chromatographymass spectrometry analytical method. Plasma samples

were mixed with internal standards (1 ng/µL tamoxifend5, 1 ng/µL N-dm-Tam-d5, 0.5 ng/µI endoxifen-d5, and 0.025 ng/µI 4-OH-Tam-d5 in methanol) and proteins were precipitated with acetonitrile. After centrifugation, the supernatant was injected on the high-performance liquid chromatography-mass spectrometry (liquid chromatography: 1200 series, mass spectrometry: G1956B; Agilent Technologies, Santa Clara, CA) on an Agilent Zorbax SB-C8 HPLC column (2.1 mm  $\times$  150 mm  $\times$  3.5  $\mu$ m) at a flow rate of 0.3 mL/min and column temperature of 50°C. The mobile phase consisted of 10 mM ammonium formate pH = 4 (A) and acetonitrile (B) according to the following gradient: initial 55% A and 45% B for 1 min, 70% B at 5 min, hold 70% B until 5.5 min, and return to 45% B at 5.6 min. The total run time was 10 min. The MS detector was operated in the ESI+ mode. Nitrogen was used for the nebulizer and drying gases (35 psi and 10 L/min, respectively), with drying gas temperature at 350°C. Fragmentor voltage was 120 volts and the capillary voltage was 1,400 volts. Standard curves for each analyte were prepared by spiking blank plasma with calibration standards. Control samples were prepared in batches by spiking blank plasma with calibration standards. Limits of detection (LOD) for tamoxifen, N-dm-Tam, endoxifen, and 4-OH-Tam were 12.5 ng/mL, 12.5 ng/mL, 0.125 ng/mL, and 0.625 ng/mL, respectively; and limits of quantitation were 25 ng/mL, 25 ng/mL, 0.25 ng/mL, and 1.25 ng/mL, respectively. Analyte concentrations below the LOD (6.5% of total analytes) were assigned a value half of the LOD.

#### Statistical analysis

All SNVs identified in the resequencing (n = 94), genotyping (n = 380), and tamoxifen (n = 42) cohorts were tested for deviations from Hardy-Weinberg equilibrium (HWE) using a  $\chi^2$  test. Pairwise linkage disequilibrium (LD) was also estimated in these three cohorts. The r<sup>2</sup> LD value was determined between every SNV and calculated using the Haploview version 4.2 software.<sup>25</sup>

In the tamoxifen pharmacogenetic study, we characterized associations between CYP genetic variation and tamoxifen metabolism. Multivariate linear regression analyses were used to assess associations between genetic variation and plasma concentrations of tamoxifen and its principal metabolites (N-dm-Tam, 4-OH-Tam, and endoxifen), as well as key metabolic ratios used to understand metabolite formation and elimination (endoxifen/tamoxifen, 4-OH-Tam/tamoxifen, N-dm-Tam/tamoxifen, endoxifen/4-OH-Tam, and endoxifen/N-dm-Tam). In the primary analysis, we adjusted for age and recruitment site in the regression models. Weight was not adjusted for because it was not correlated with tamoxifen metabolism. Concomitant medication use was not adjusted for because only one patient reported usage of a medication interacting with CYP metabolism, a selective serotonin reuptake inhibitor (SSRI). Genotypephenotype associations were tested with linear regression analyses using RStudio version 3.3.1 (RStudio, Boston, MA). The CYP2D6 diplotypes were coded as activity scores ranging from 0 to 2 as described previously<sup>18</sup>; CYP3A4, CYP3A5, and CYP2C9 diplotypes were coded as having either 0, 1, or 2 copies of their respective reference (\*1) allele. To allow for heterogeneous variances of tamoxifen and its metabolites among the diplotype groups, robust standard errors were used to test for significant genotype-phenotype associations with the multivariate regression models.<sup>26</sup> To account for multiple testing across the four individual genes and nine biomarkers (36 tests), a *P* value of 0.00139 was considered significant after Bonferroni correction (0.05/36). Subsequently, a regression analysis was conducted to assess the combined effects of *CYP2D6*, *CYP3A4*, *CYP3A5*, and *CYP2C9* on the concentrations of tamoxifen, metabolites, and metabolic ratios. In this analysis, all four genes were included as predictors in the multivariate regression model together, along with age and recruitment site.

#### RESULTS

#### CYP2D6 resequencing and genotyping

To characterize CYP2D6 variation in the SCF population. we first resequenced CYP2D6 in 94 participants and then confirmed allele frequencies of the seven most common SNVs in a larger cohort (n = 380). Our group previously characterized CYP2D6 variation in the CSKT population.<sup>3</sup> The CYP2D6 resequencing identified a total of 54 variants (Supplementary Table S1). Seven novel variants were identified in CYP2D6 at low frequencies (<2%), denoted as variants without a reference identification number "rsNA," with the exception of an intronic 254G>T SNV (7.23%). Some SNVs in the resequencing analysis deviated from HWE (Supplementary Table S1); however, because the sequencing was used for the identification of SNVs for the tamoxifen study and not in the statistical analyses, it is not of concern. All of the SNVs in the genotyping analysis were tested for deviations from HWE; only rs28371725, the predictive SNV for CYP2D6\*41, deviated mildly from HWE ( $\chi^2 = 5.31$ ). This deviation is likely due to low frequency of the homozygous variant diplotype.

The CYP2D6 allele frequencies for the SCF population were compared with our previously published frequencies in the CSKT population3 (Table 1). The CYP2D6\*1 and CYP2D6\*2 were the most common alleles identified in the SCF population at 45.21 and 26.60%, respectively. Both of these alleles confer normal CYP2D6 activity as does the CYP2D6\*35 identified at 5.32%. Decreased activity alleles, CYP2D6\*10 and CYP2D6\*41, were both identified at 4.26%. The CYP2D6\*4 was the only null, nonfunctional allele identified in the SCF population with a frequency of 14.36%. The CYP2D6\*3, \*9, \*28, and \*33 were not identified. Frequency of the CYP2D6\*5 deletion variant was not determined in this discovery study. Subtle differences were observed in CYP2D6 allele frequencies between the SCF and CSKT populations. The most common intermediate function allele was CYP2D6\*10 in the SCF population and CYP2D6\*41 in the CSKT population; collectively, intermediate function alleles were less frequent in the SCF (8.52%) than the CSKT (12.57%). The nonfunctional CYP2D6\*4 allele was common in both populations, but found less frequently in the SCF (14.36%) than the CSKT (20.86%).

After resequencing *CYP2D6* in the SCF population, we genotyped select variants in a larger cohort of 380 SCF participants to confirm the allele frequencies (**Supplementary Table S2**). No meaningful differences were found in the *CYP2D6* allele frequencies between the resequencing and

**Table 1** *CYP2D6* allele frequencies by resequencing methods in the SCF population (n = 188 chromosomes) compared with frequencies in the CSKT populations (n = 374 chromosomes)

				Allele fre	quency, %
Allele <sup>a</sup>	Nucleotide changes	Protein effect	Activity	SCF	CSKT <sup>b</sup>
CYP2D6*1	Wild-type	None	Normal	45.21	37.57
CYP2D6*2	2850C>T; 4180G>C	R296C; S486T	Normal	26.60	23.40
CYP2D6*3	2549delA	259 frameshift	No activity	0	0.27
CYP2D6*4	100C>T; 1846G>A; 4180G>C	P34S; splicing defect; S486T	No activity	14.36	20.86
CYP2D6*5	Gene deletion	Gene deletion	No activity	ND <sup>c</sup>	1.34
CYP2D6*9	2615delAAG	K281del	Reduced activity	0	0.80
CYP2D6*10	100C>T; 4180G>C	P34S; S486T	Reduced activity	4.26	1.34
CYP2D6*28	19G>A; 1704C>G; 2850C>T; 4180G>C	V7M; Q151E; R296C; S486T	ND	0	0.27
CYP2D6*33	2483G>T	A237S	Normal	0	0.53
CYP2D6*35	31G>A; 2850C>T; 4180G>C	M11V; R296C; S486T	Normal	5.32	1.07
CYP2D6*41	2850C>T; 2988G>A; 4180G>C	R296C; splicing defect; S486T	Reduced activity	4.26	11.23

CSKT, Confederated Salish and Kootenai Tribes; CYP, cytochrome P450; ND, allele frequency not determined; SCF, Southcentral Foundation.

<sup>a</sup>Nomenclature according to the Pharmacogene Variation Consortium.<sup>16</sup> Detailed information regarding reference identification numbers (rs numbers) and the frequency of individual variants is provided in **Supplementary Table S1**.

<sup>b</sup>CSKT allele frequencies reported previously.<sup>3</sup>

°The presence of CYP2D6\*5 was not evaluated. Therefore, the SNV allelic frequencies reported may be overestimated by the unaccounted for presence of the CYP2D6\*5 allele.

genotyping methods. Frequency of the *CYP2D6\*5* deletion variant was also not determined in this cohort.

Of the 54 SNVs identified through *CYP2D6* resequencing (n = 94), the LD pattern showed several variants are inherited in blocks (**Supplementary Figure S1**). In the larger genotyping cohort (n = 380), rs1065852 (defining *CYP2D6\*10*) and rs3892097 (defining *CYP2D6\*4*) were found in high LD ( $r^2 = 0.79$ ).

# Tamoxifen patient characteristics and diplotype frequencies

Demographics of participants in the tamoxifen pharmacogenetic study and diplotype frequencies for *CYP2D6*, *CYP3A4*, *CYP3A5*, and *CYP2C9* are presented in **Table 2**. Activity scores were assigned to *CYP2D6* diplotypes to designate predicted activity levels.<sup>18</sup> All alleles were in HWE.

## Associations between CYP diplotypes with tamoxifen metabolism

Steady-state plasma concentrations of tamoxifen and metabolites (4-OH-Tam, *N*-dm-Tam, and endoxifen) were quantified. The *N*-dm-Tam plasma concentrations were nearly twofold higher than tamoxifen concentrations (147  $\pm$  92 vs. 85.3  $\pm$  52.6 ng/mL) and endoxifen plasma concentrations were than five times higher than 4-OH-Tam levels (8.22  $\pm$  5.82 vs. 1.53  $\pm$  0.91 ng/mL). Plasma concentrations of tamoxifen and metabolites are presented as a function of CYP2D6 activity scores in **Table 3**. We observed differences between the Alaska and Montana sites across some biomarkers; therefore, we adjusted for recruitment site in the regression analyses. The reported *P* values are calculated after adjusting for covariates (recruitment site and age).

We first performed regression analyses for each gene individually as a predictor of tamoxifen metabolism **(Table 4)**. The *CYP2D6* gene was significantly associated with plasma concentrations of endoxifen (P = 0.0008) and suggestive of significance for 4-OH-Tam (P = 0.0074); individuals with

Characteristic	No. of patients (%)	Activity score
Age, median (range, years)	51 (26–100)	
Recruitment site		
SCF	38 (90.5)	
CSKT	4 (9.5)	
Ethnicity		
AI	6 (14.3)	
AN	36 (85.7)	
Diplotypes		
CYP2D6		
*1/*1	29 (69.05)	2
*1/*10	1 (2.38)	1.5
*1/*41	2 (4.76)	1.5
*1/*4	4 (9.52)	1
*1/*5	3 (7.14)	1
*4/*41	1 (2.38)	0.5
*4/*5	2 (4.76)	0
CYP3A4		
*1/*1	33 (78.57)	
*1/*1G	6 (14.29)	
*1B/*1G	1 (2.38)	
*1G/*22	1 (2.38)	
*1/*22	1 (2.38)	
CYP3A5		
*1/*3	7 (16.67)	
*3/*3	35 (83.33)	
CYP2C9		
*1/*1	36 (85.71)	
*1/*2	1 (2.38)	
*1/*3	2 (4.76)	
*1/N218I	2 (4.76)	
*1/M1L	1 (2.38)	

**Table 2** Participant characteristics (n = 42) and CYP diplotype frequencies

Al, American Indian; AN, Alaska Native; CSKT, Confederated Salish and Kootenai Tribes; CYP, cytochrome P450; SCF, Southcentral Foundation.

**Table 3** Plasma concentrations of tamoxifen and metabolites in AIAN participants (n = 42)

CYP2D6 activity	Mean plasma concentrations, ng/mL $\pm$ SD							
score	Endoxifen	4-OH-Tam	N-dm-Tam	Tamoxifen				
0	$\textbf{0.80} \pm \textbf{0.14}$	$\textbf{0.45} \pm \textbf{0.07}$	$87.5 \pm 3.5$	$\textbf{33.0} \pm \textbf{7.1}$				
0.5 <sup>a</sup>	3.10	2.00	407	165				
1	$\textbf{6.81} \pm \textbf{4.45}$	$1.47\pm0.87$	$179\pm91$	$104\pm61$				
1.5	$5.73\pm 6.04$	$1.03\pm0.80$	$104\pm80$	$54.3\pm46.8$				
2	$9.50\pm5.92$	$1.65\pm0.93$	$139\pm83$	$84.9\pm50.0$				

4-OH-Tam, 4-hydroxytamoxifen; AIAN, American Indian Alaska Native; CYP, cytochrome P450; *N*-dm-Tam, *N*-desmethyltamoxifen.

<sup>a</sup>Only one participant in the cohort had an activity score of 0.5, so the SD was not determined.

higher activity scores had increased circulating endoxifen (Figure 2a) and 4-OH-Tam (Figure 2b) levels. The *CYP2D6* variation was not associated with plasma levels of tamoxifen

or N-dm-Tam. Variants in CYP3A4, CYP3A5, and CYP2C9 were not associated with tamoxifen or any of the metabolites, including endoxifen. The CYP2D6 was significantly associated with the endoxifen/tamoxifen metabolic ratio (P =  $4.0 \times 10^{-7}$ ; Figure 2c), which describes the exposure of the predominant active metabolite to the parent drug and the contributions of CYP2D6 to the formation of endoxifen (tamoxifen-to-4-OH-Tam and N-dm-Tam-to-endoxifen). The CYP2D6 variation was also significantly associated with other metabolic ratios: 4-OH-Tam/tamoxifen (P =  $4.5 \times 10^{-5}$ ; Figure 2d), endoxifen/4-OH-Tam (P = 0.0004; Figure 2e), and endoxifen/N-dm-Tam ( $P = 1.0 \times 10^{-8}$ ; Figure 2f). There was suggestive evidence that CYP3A5 was associated with the 4-OH-Tam/tamoxifen metabolic ratio (P = 0.0096), but this was not considered significant after adjusting for multiple comparisons. Variants in CYP3A4 and CYP2C9 were not significantly associated with any metabolic ratios.

Table 4 Associations between CYP variation and tamoxifen biotransformation in AIAN participants (n = 42)

		P values <sup>a</sup>								
		Plasma concentrations, ng/mL				Metabolic ratios				
	Endoxifen	4-OH-Tam	N-dm-Tam	Tamoxifen	Endoxifen / tamoxifen	4-OH-Tam / tamoxifen	N-dm-Tam / tamoxifen	Endoxifen / 4-OH-Tam	Endoxifen / <i>N-</i> dm-Tam	
CYP2D6	0.0008*	0.0074	0.5916	0.5731	$4.0\times10^{-7^{**}}$	$4.5  imes 10^{-5^{**}}$	0.0238	0.0004*	$1.0  imes 10^{-8^{**}}$	
CYP3A4	0.6818	0.8200	0.9651	0.3876	0.8186	0.0444	0.0431	0.0337	0.5772	
CYP3A5	0.9607	0.5061	0.9713	0.7050	0.1803	0.0096	0.2094	0.4233	0.7375	
CYP2C9	0.4771	0.1983	0.5451	0.4447	0.6031	0.0656	0.4608	0.0497	0.5072	

4-OH-Tam, 4-hydroxytamoxifen; AIAN, American Indian Alaska Native; CYP, cytochrome P450; N-dm-Tam, N-desmethyltamoxifen.

<sup>a</sup>Linear regression analysis using robust standard errors adjusted for age and recruitment site.

Significant genotype-phenotype association after Bonferroni correction (P values of 0.00139 were considered significant):  $P \le 0.001$ ;  $P \le 0.001$ .



**Figure 2** The cytochrome P450 (*CYP*)2*D*6 activity scores associated with tamoxifen metabolites and metabolic ratios. Activity scores for *CYP2D*6 were associated with steady-state plasma concentrations of (**a**) endoxifen and (**b**) 4-hydroxytamoxifen (4-OH-Tam). The *CYP2D*6 activity scores were also associated with metabolic ratios of (**c**) endoxifen/tamoxifen, (**d**) 4-OH-Tam/tamoxifen, (**e**) endoxifen/4-OH-Tam, and (**f**) endoxifen/N-desmethyltamoxifen (*N*-dm-Tam). Genotype-phenotype associations with P < 0.00139 were considered significant after Bonferroni correction.

In subsequent analysis, we included all genes together as predictors in a multivariate regression model (Table 5). Significant associations with genetic variation and tamoxifen metabolism were identified with CYP2D6 acting as the major contributor. The CYP2D6 variation was significantly associated with plasma endoxifen (P = 0.0010) and 4-OH-Tam (P = 0.0088) levels and with the endoxifen/tamoxifen metabolic ratio ( $P = 4.4 \times 10^{-7}$ ). The CYP2D6 variation was also significantly associated with other metabolic ratios: 4-OH-Tam/tamoxifen ( $P = 5.3 \times 10^{-7}$ ), N-dm-Tam/tamoxifen (P = 0.0247), endoxifen/4-OH-Tam (P = 0.0002), and endoxifen/N-dm-Tam ( $P = 3.0 \times 10^{-8}$ ). The CYP3A4 variation was significantly associated with the endoxifen/4-OH-Tam ratio (P = 0.0028), whereas CYP3A5 was significantly associated with both the endoxifen/tamoxifen (P = 0.0020) and 4-OH-Tam/tamoxifen (P = 0.0216) ratios. The CYP2C9 variation was significantly associated the 4-OH-Tam/tamoxifen (P = 0.0318) and endoxifen/4-OH-Tam ratios (P = 0.0034).

#### DISCUSSION

Our research is the first tamoxifen pharmacogenetic study focused on AIAN populations. We identified significant associations between cytochrome P450 genetic variation and tamoxifen metabolism. The *CYP2D6* genetic variation was the largest contributor to interindividual variability in endoxifen levels, the principal active metabolite of tamoxifen. We also found that *CYP2D6* variability was the primary predictor of the key metabolic ratios related to tamoxifen biotransformation. Minor roles for variation in *CYP3A4*, *CYP3A5*, and *CYP2C9* were also identified. In addition, we described the frequencies of genetic variation in the *CYP2D6* gene among AIAN participants in southcentral Alaska and compared the results with our previous research with AI participants in northwestern Montana,<sup>3</sup> contributing important knowledge to the field about pharmacogenetic variation in AIAN people.

The primary goal of the CYP2D6 resequencing (n = 94) and genotyping (n = 380) performed in this study was to inform the selection of SNVs to genotype in the tamoxifen pharmacogenetic study (n = 42) and for potential clinical applications. We observed modest differences between the CYP2D6 allele frequencies identified in SCF participants and those previously reported in CSKT members.<sup>3</sup> The most common loss of function, poor metabolizer, allele identified in both groups was CYP2D6\*4, although the allele frequency was higher in CSKT (20.86%) than SCF (14.36%) participants. The most common intermediate activity allele in SCF participants was CYP2D6\*10 (4.26%), whereas it was CYP2D6\*41 in CSKT participants (11.23%). While CPIC guidelines for tamoxifen are not currently available, CPIC recommends prescribing changes for individuals with ultrarapid, intermediate, and poor CYP2D6 metabolizers in guidelines for other medications.<sup>19-24</sup> As reported previously in the CSKT population, 3.21% and 5.88% of individuals would be classified as intermediate and poor metabolizers, respectively.<sup>3</sup> Based on allele frequencies in the SCF population described here, 1.06% and 3.19% of individuals would be classified as intermediate and poor metabolizers, respectively. Gene deletion (CYP2D6\*5) analysis was not performed in the SCF resequencing and genotyping cohorts, but based on the 6%

Table 5	Multivariate	linear	regression	analysis	for	factors	affecting	tamoxifen
biotrans	formation in	AIAN	participants	s(n = 42)				

Dependent	Independent	$\beta$ -coefficient ± SE	P value <sup>a</sup>
Endoxifen	Intercept	$2.84~\pm~6.07$	0.6422
	CYP2D6 activity	$3.60\pm1.00$	0.0010**
	CYP3A4 activity	-2.08 $\pm$ 2.39	0.3895
	CYP3A5 activity	$-3.15 \pm 3.17$	0.3278
	CYP2C9 activity	$0.60\pm1.42$	0.6745
	Age	$0.05~\pm~0.06$	0.4539
	Recruitment site	-0.74 $\pm$ 2.18	0.7355
4-OH-Tam	Intercept	$0.57~\pm~0.90$	0.5263
	CYP2D6 activity	$0.45~\pm~0.16$	0.0088*
	CYP3A4 activity	$-0.19 \pm 0.35$	0.5879
	CYP3A5 activity	-0.54 $\pm$ 0.43	0.2246
	CYP2C9 activity	$0.22~\pm~0.21$	0.2898
	Age	$2.0\times10^{-3}\pm0.01$	0.8166
	Recruitment site	$1.07~\pm~0.45$	0.0229*
V-dm-Tam	Intercept	$133.64\ \pm\ 95.66$	0.1712
	CYP2D6 activity	$-9.70 \pm 19.03$	0.6134
	CYP3A4 activity	$-5.61 \pm 34.83$	0.8729
	CYP3A5 activity	$-6.78 \pm 49.26$	0.8914
	CYP2C9 activity	-13.37 ± 24.57	0.5897
	Age	$0.91~\pm~0.85$	0.2897
	Recruitment site	171.41 ± 50.89	0.0019*
Tamoxifen	Intercept	$81.30 \pm 64.40$	0.2151
	CYP2D6 activity	$5.08~\pm~9.78$	0.6066
	CYP3A4 activity	-19.84 ± 22.65	0.3869
	CYP3A5 activity	-16.67 ± 33.95	0.6264
	CYP2C9 activity	-10.87 ± 15.26	0.4812
	Age	0.83 ± 0.64	0.2008
	Recruitment site	81.46 ± 28.09	0.0064*
Endoxifen /	Intercept	$0.08\pm0.05$	0.1328
tamoxifen	CYP2D6 activity	$0.04~\pm~0.01$	$4.4 \times 10^{-7***}$
	CYP3A4 activity	-0.02 $\pm$ 0.01	0.0874
	CYP3A5 activity	$-0.05 \pm 0.01$	0.0020*
	CYP2C9 activity	$4.8  \times  10^{-3}  \pm  0.02$	0.7599
	Age	$\text{-3.1} \times 10^{-4} \ \pm \ 4.3 \times 10^{-4}$	0.4857
	Recruitment site	$-0.05 \pm 0.01$	0.0001**
4-OH-Tam /	Intercept	$0.01~\pm~0.01$	0.1944
tamoxifen	CYP2D6 activity	$4.6 \times 10^{-3} ~\pm~ 7.4 \times 10^{-4}$	$5.3  imes 10^{-7^{***}}$
	CYP3A4 activity	$5.7  \times  10^{-4}  \pm  1.1  \times  10^{-3}$	0.6167
	CYP3A5 activity	-4.5 $\times$ 10^{-3} $\pm$ 1.9 $\times$ 10^{-3}	0.0216*
	CYP2C9 activity	$4.5\times10^{3}~\pm~2.0\times10^{3}$	0.0318*
	Age	$\text{-1.1} \times 10^{-4} \ \pm \ 6.5 \times 10^{-5}$	0.1010
	Recruitment site	-2.9 $\times$ 10^{-3} $\pm$ 1.5 $\times$ 10^{-3}	0.0699
N-dm-Tam /	Intercept	$2.08~\pm~0.58$	0.0010**
tamoxifen	CYP2D6 activity	$-0.32~\pm~0.13$	0.0247*
	CYP3A4 activity	$0.15~\pm~0.16$	0.3435
	CYP3A5 activity	$\textbf{-0.04}~\pm~\textbf{0.36}$	0.9048
	CYP2C9 activity	$0.14~\pm~0.10$	0.1882
	Age	-0.01 $\pm$ 4.4 $\times$ 10 <sup>-3</sup>	0.1700
	Recruitment site	$0.11 \pm 0.16$	0.4916

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Table 5 Continued

Dependent	Independent	$\beta$ -coefficient ± SE	P value <sup>a</sup>	
Endoxifen / 4-OH-Tam	Intercept CYP2D6 activity	$\begin{array}{c} 6.36 \ \pm \ 1.27 \\ 1.40 \ \pm \ 0.33 \end{array}$	$\begin{array}{c} 1.5 \times 10^{-5^{***}} \\ 0.0002^{**} \end{array}$	
	CYP3A4 activity	$-1.08~\pm~0.33$	0.0028*	
	CYP3A5 activity	-0.93 $\pm$ 0.69	0.1854	
	CYP2C9 activity	-1.20 $\pm$ 0.38	0.0034*	
	Age	$0.01~\pm~0.01$	0.1995	
	Recruitment site	-2.04 $\pm$ 0.36	$1.9\times10^{-6^{\ast\ast\ast}}$	
Endoxifen /	Intercept	$0.03~\pm~0.04$	0.4941	
N-dm-Tam	CYP2D6 activity	$0.03~\pm~4.1~\times~10^{-3}$	$3.0  imes 10^{-8^{***}}$	
	CYP3A4 activity	-0.01 $\pm$ 0.01	0.1180	
	CYP3A5 activity	-0.02 $\pm$ 0.01	0.1388	
	CYP2C9 activity	$4.2  \times  10^{-3}  \pm  0.01$	0.6346	
	Age	$1.3 \times 10^{-4}  \pm  3.3 \times 10^{-4}$	0.6937	
	Recruitment site	-0.03 $\pm$ 0.01	0.0001**	

4-OH-Tam, 4-hydroxytamoxifen; AIAN, American Indian Alaska Native; CYP, cytochrome P450; N-dm-Tam, N-desmethyltamoxifen.

<sup>a</sup>Linear regression analysis using robust standard errors adjusted for age and recruitment site.

Significant associations:  ${}^{*}P \le 0.05$ ;  ${}^{**}P \le 0.001$ ;  ${}^{***}P \le 0.0001$ .

CYP2D6\*5 allele frequency observed in the tamoxifen pharmacogenetics cohort (n = 42; **Table 2**), the percentage of SCF individuals with decreased activity will not increase considerably.

Our tamoxifen pharmacogenetic study is the first to understand the genetic contributors to the formation of endoxifen, the principal active metabolite of tamoxifen, in AIAN patients with breast cancer. Endoxifen plasma concentrations were more than five times higher than 4-OH-Tam levels in our study. This is consistent with other reports that endoxifen is the primary active metabolite, because although endoxifen and 4-OH-Tam are equipotent, endoxifen circulates at higher systemic concentrations.<sup>11</sup> The CYP2D6 diplotypes were highly significant predictors of tamoxifen metabolism in our study. Variation in CYP2D6 was associated with steadystate plasma concentrations of endoxifen and 4-OH-Tam: concentrations of endoxifen were 11.9-fold higher in extensive metabolizers (activity score = 2) than poor metabolizers (activity score = 0) and concentrations of 4-OH-Tam were 3.7-fold higher in extensive metabolizers than poor metabolizers. The CYP2D6 variation was also highly associated with key metabolic ratios used to describe the formation and elimination of the active metabolites. The endoxifen/tamoxifen ratio was 4.3-fold higher in CYP2D6 extensive metabolizers than poor metabolizers, which relates steady-state concentrations of the predominant active metabolite to the parent drug and reflects in significant part the contributions of CYP2D6 in the biotransformation of tamoxifen to endoxifen. The CYP2D6 variation was strongly associated with the metabolic pathways in which CYP2D6 plays a primary role: 4-OH-Tam/tamoxifen and endoxifen/N-dm-Tam. The CYP2D6 variation was also associated with N-dm-Tam/tamoxifen and endoxifen/4-OH-Tam pathways, in which it is thought to have a more minor role, which is likely due to the strong contribution of CYP2D6 to 4-OH-Tam formation and N-dm-Tam elimination clearances. Our findings are consistent with other data suggesting CYP2D6 genetic variation may explain as much as 30–50% of variability in endoxifen concentrations during tamoxifen therapy.<sup>11,13,27,28</sup> Tamoxifen pharmacogenetic studies can be further complicated by concomitant use of certain SSRIs known to inhibit *CYP2D6* activity<sup>10,13</sup>; only one participant in our study reported usage of an SSRI, sertraline, which is a weak/moderate *CYP2D6* inhibitor unlikely to significantly alter endoxifen formation.

Genetic variation in *CYP3A4*, *CYP3A5*, and *CYP2C9* may also influence tamoxifen metabolism, although their role in endoxifen formation is less certain.<sup>10,11,29-34</sup> Previous research has focused largely on genotype-phenotype associations in common *CYP3A4* (\*1B, \*1G, and \*22), *CYP3A5* (\*3), and *CYP2C9* (\*2 and \*3) alleles. Our findings reflect the relative ambiguity with respect to the influence of other CYPs on tamoxifen metabolism. We found significant associations with *CYP3A4*, *CYP3A5*, and *CYP2C9* variation and some of the metabolic ratios, although there were no associations with plasma concentrations of the metabolites. Therefore, our conclusions are that whereas *CYP3A4*, *CYP3A5*, and *CYP2C9* have modest effects on tamoxifen bioactivation, *CYP2D6* is the predominant pharmacogenetic predictor of endoxifen formation.

Although strong evidence suggests that CYP2D6 poor metabolizer status results in decreased endoxifen concentrations, the association between CYP2D6 diplotype and breast cancer recurrence is more controversial. Researchers found a significant decrease in time-to-recurrence and event-freesurvival in women who were CYP2D6 poor metabolizers.<sup>28</sup> The International Tamoxifen Pharmacogenomics Consortium also conducted a meta-analysis and found that CYP2D6 poor metabolizers had worse disease-free survival.35 Two prospective tamoxifen studies published in 2012, however, found negative associations between CYP2D6 diplotype and breast cancer recurrence.36,37 The following year, a third prospective tamoxifen study was published that found a positive association between CYP2D6 diplotype and clinical outcomes.<sup>38</sup> Subsequently, it was determined that there may have been methodological issues in the negative studies because of the use of tumor tissues, not healthy tissues, for DNA samples and a failure to test for the CYP2D6\*5 gene deletion.<sup>39-41</sup> The consequences of CYP2D6 genotyping from tumor samples may have led to a loss of heterozygosity, substantial deviations from HWE, and misclassification of CYP2D6 alleles in these negative studies putting the results into doubt.<sup>42–44</sup> Care must be taken to properly design studies aimed at measuring the effect of CYP2D6 genetic variation on breast cancer recurrence and disease-free survival. Additional attention must be paid to broadly screen for CYP2D6 variation, including identification of function SNVs, insertions/deletions, and structural variations (e.g., gene deletions, duplications, and rearrangements). Finally, a significant limitation of existing tamoxifen pharmacogenetic studies is a focus on common variants identified in populations primarily of European descent, which may not be applicable to diverse populations. Our investigation presents a major step forward to address this limitation by identifying major CYP2D6 variants present in AIAN populations and demonstrating their associations with tamoxifen biotransformation, in order to inform accurate genotyping strategies for future studies with AIAN patients with breast cancer.

We observed strong associations with CYP2D6 variation, but we only detected modest associations with variation in other CYP genes, in contrast with what others have observed particularly in the case of CYP2C9.11,33,34 One of the limitations of our study is the small cohort size and we may have low power to detect associations for less common variants in these genes. Structural variation in CYP2D6 contributes to variable CYP2D6 activity, and although we genotyped for the CYP2D6\*5 deletion in the tamoxifen cohort, we did not genotype for duplications or rearrangements. Additionally, inclusion of variants with uncertain function (e.g., CYP3A4\*1B) could potentially limit the analysis for other CYP genes. Finally, stronger representation of participants outside of Alaska would expand the applicability of results as well as reduce the influence of site-specific differences noted between the two recruitment sites. The findings of our study, however, are consistent with studies in larger patient cohorts, the majority of whom are not AIAN patients; therefore, generalizability is likely.

In summary, our research adds to the growing body of evidence that CYP2D6 genetic variation is an important predictor of tamoxifen bioactivation to endoxifen and is the first study focused on AIAN women. Our study demonstrates the potential benefit of implementation of pre-emptive pharmacogenetic testing to guide tamoxifen therapy in AIAN people. The AIAN women who are CYP2D6 poor metabolizers have significantly lower circulating concentrations of endoxifen. Other researchers have had success in normalizing endoxifen levels using pharmacogenetics-guided tamoxifen dosing, however, normalized levels in poor metabolizers have not been achieved.45-49 As a result, these patients may benefit from alternative prescribing strategies during anti-estrogenic therapy, such as use of aromatase inhibitors or the direct administration of endoxifen. Although endoxifen is not available as a medication, it is currently under investigation with encouraging results from a recent phase I study.<sup>50</sup> By identifying the CYP2D6 metabolizer status of each patient prior to initiating tamoxifen therapy, prescribing choices can optimize the delivery of precision medicine.

**Acknowledgments.** The authors thank Barbara Kavanaugh, Program Manager for the NWA-PGRN, for directing programmatic collaborations; Patricia L. Stapleton and Jesse M. Tsai in the Functional Genomics Laboratory at the University of Washington (P30ES007033) for performing the *CYP2D6\*5* assay. In Alaska, the authors sincerely thank customerowners of the Southcentral Foundation for their input, guidance, and study participation; the ANMC Oncology and Hematology Clinic staff in assisting with patient recruitment; and the SCF Board of Directors and the SCF Research Oversight Committee. In Montana, the authors thank members of the CSKT Community Pharmacogenetics Advisory Council for their input and guidance on the research, and the CSKT Tribal Health Department and CSKT Tribal Council for their approval and support of this project.

**Source of Funding.** This work was supported by the Northwest-Alaska Pharmacogenomics Research Network (NWA-PGRN) (U01GM092676 and P01GM116691).

Author Contributions. B.A.K., A.E.F., K.E.T., and E.L.W. wrote the manuscript. K.E.T. and E.L.W. designed the research. B.A.K., R.R., A.E.F., L.I.M., B.D.S., J.A.B., M.J.O., L.T., H.F., C.L., P.B., B.P., D.N., K.H.,

D.A.D., T.A.T., K.E.T., and E.L.W. performed the research. B.A.K., A.E.F., T.A.T., and E.L.W. analyzed the data. B.P. and D.N. contributed new reagents/analytical tools.

Conflict of Interest. The authors declared no conflict of interest.

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