

THE aim of this hypothesis is to provide new insights into the still unclear mechanisms governing airway inflammation in cystic fibrosis. Although the genetic basis of cystic fibrosis as well as the molecular structure of cystic fibrosis transmembrane regulator (CFTR), the mutated protein which causes the disease, have been well defined, a clear relationship between the genetic defect and the pulmonary pathophysiology, especially chronic infections and neutrophil-dominated airway inflammation has not been established. Cystic fibrosis is thus a unique pathological situation in that neutrophils can be depicted as both an antiinfectious and a proinflammatory cell. In cystic fibrosis there is an emerging picture of an imbalance between these two roles with both a reduction in the antiinfectious efficacy and an augmentation of the proinflammatory functions. Better knowledge of fundamental defects in neutrophil function in cystic fibrosis as well as a novel cellular function of CFTR, which will be reviewed, will allow identification of potentially new clinical targets and aid selective therapeutic action aimed at counteracting the lethal neutrophil-induced airway inflammation. The rationale for colchicine therapy is a significant example of a drug which might act both at the molecular levels on CFTR expression in epithelial cells and on neutrophils to mediate antiinflammatory effects. Preliminary results are presented in this issue (*Med Inflamm* 1999; 8: 13-15).

**Key words:** Cystic fibrosis; Inflammation; Cystic fibrosis transmembrane regulator; Neutrophils

## Inflammation and CFTR: might neutrophils be the key in cystic fibrosis?

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## Genetic basis and pathogenesis of cystic fibrosis

Cystic fibrosis (CF) is a chronic lung disorder characterized, at an early age, by bacterial deposition in the airways, the production of thick, infected mucus, combined with an hypersecretory state of serous cells<sup>1</sup> as well as a chronic airway inflammation dominated by neutrophils.<sup>2</sup> CF is the most common autosomal recessive genetic disorder in Caucasians. It is caused by the mutation of the cystic fibrosis transmembrane regulator (CFTR) gene which spans 250 kilobases on chromosome 7.<sup>3</sup> Over 800 mutations of CFTR are associated with CF, but the most common is the deletion of phenylalanine at position 508 of the 1480-residue CFTR protein. CFTR acts as a chloride channel on the apical surface of epithelial cells, and responds to increases in intracellular levels of cyclic AMP.<sup>4</sup> The biological perturbations are an increase in sodium and chloride concentrations in secretions, e.g. in sweat, which is a diagnostic feature, as well as in pancreatic secretions leading to pancreatic insufficiency. In the airways, there is an increase in mucus viscosity, thus impairing mucociliary clearance.<sup>5</sup>

## Chronic bronchial infections in CF

CF is thus characterized by lung colonization with different types of bacteria, ultimately ending in *Pseudomonas aeruginosa* colonization resulting in tissue destruction by emigrating neutrophils. In addition, *in situ* neutrophil decomposition is the major source of the DNA that renders the sputum viscous and leads to bronchial obstruction. In the late stage, the host defence mechanisms directed at clearing the mucosa containing infecting microorganisms are greatly impaired, and consequently, bacterial pathogens are rarely eradicated from the airways even with aggressive antimicrobial treatment, whether intravenous or delivered directly to the respiratory tract by aerosol.<sup>6</sup> Disease progression is punctuated by acute episodes of infection exacerbating respiratory tract disease, that ultimately lead to severe bronchial damage, respiratory insufficiency, and death.<sup>7</sup> Pulmonary infections are the main cause of morbidity and mortality.

Most clinical studies designed to unravel the mechanisms causing CF patients to be highly susceptible to infections have focused on proteases, and on

serum-mediated bacteria opsonizing dysfunction. The current explanation for the persistence of *P. aeruginosa* in the respiratory tract is the emergence of mucoid strains specific of CF, which are resistant to phagocytosis.<sup>8</sup> However, more recent data suggest that CFTR itself may be a major receptor for binding and internalization of *P. aeruginosa* and that CFTR-mediated ingestion of *P. aeruginosa* is critical for early and effective clearance from the lung.<sup>9</sup>

### Inflammation in CF: a key role for neutrophils

The polymorphonuclear neutrophils are also considered to be responsible for the early onset and promotion of the inflammatory process in CF. The vicious cycle of mucosal infection and lung inflammation begins within the first year of a CF patient's life. The typical pathophysiologic feature of CF is significant ongoing infection and airway inflammation with clinically mild lung disease.<sup>10</sup> Several studies investigating the complex relationships between infection and inflammation in CF support the concept that the host inflammatory response is not necessarily proportional to the burden of pathogens in the respiratory tract, although these pathogens may provide the primary stimulus for such responses.<sup>11</sup> The mechanisms leading to neutrophil-dominated inflammation in CF patients as well as the relationships with CFTR mutations remain largely unknown, and still less is known about the functional characteristics of neutrophils in CF. However, it becomes increasingly apparent that the clinical evolution of CF patients is more closely related to the state of airway inflammation. The airway inflammation typical of CF thus relies on the paradox of an exacerbation of neutrophil-mediated tissue damage and concomitant persistence of inflammation.

Neutrophils mediate host defence and tissue damage by two pathways: firstly, the NADPH oxidase system can produce toxic oxygen metabolites such as superoxide anion and hydrogen peroxide ( $H_2O_2$ ), while myeloperoxidase, an enzyme located in azurophil granules, catalyses the formation of chlorinated oxidants from  $H_2O_2$  and chloride, thus giving rise to hypochlorous acid (HOCl) and chloramines, the so-called long-lived oxidants;<sup>12</sup> secondly, non-oxygen-dependent mechanisms, which involve preformed proteins (proteinases and antibiotic proteins) mainly stored in azurophil granules.<sup>13</sup> Although the two mechanisms can function independently, synergy is needed for a fully bactericidal and destructive response.

High concentrations of neutrophil-derived mediators are found in airways, in particular inflammatory cytokines such as IL-8<sup>14</sup> and TNF- $\alpha$ ; metalloproteinases such as gelatinase; serine proteases including elastase, cathepsin G<sup>15,16</sup> and as we recently reported, protei-

nase 3,<sup>17</sup> with a clear imbalance between proteinases and antiproteinases,<sup>18</sup> and the so-called antibiotic peptides or defensins. It has also been shown that defensin antibiotic activity might be decreased in CF lung because of the modification in ionic concentrations of the bronchial secretions.<sup>19</sup> Most interestingly, we have shown that chlorinated oxidants were present at very high levels in bronchial secretions from CF patients, thus suggesting that they might play a modulatory role in CF airway inflammation in CF.<sup>20</sup>

### Underlying mechanisms of airway inflammation: hypothesis of a genetic defect in CF neutrophils

Several groups are beginning to characterize the role of mutant CFTR in the inflammatory process. Attention has recently been focused on a possible disruption in the autocrine control of cytokine secretion by epithelial cells characterized by a decrease in inhibitory cytokines such as IL-10 and a dramatic increase in proinflammatory cytokines such as IL-6, TNF- $\alpha$  and the strong neutrophil chemotactic cytokine IL-8.<sup>21</sup> Activation of NF $\kappa$ B and IL-8 transcription have been reported in epithelial cells with CFTR mutations following exposure to *Pseudomonas* ligands.<sup>22</sup> These disturbances in cytokine regulation which can be observed in the absence of detectable infection certainly contribute to amplify and perpetuate the inflammatory process. However, it is still unknown whether cytokine dysregulation could by itself trigger the initial inflammatory process and the very early migration of the neutrophils into the airways.

Among the other phagocyte derived mediators, a disturbance in nitric oxide production could also be mentioned. Indeed, Kelley *et al.*<sup>23</sup> have recently reported that the inducible isoform of nitric oxide synthase (iNOS) is constitutively expressed in the airway epithelia of non-CF mouse and human tissues but essentially absent in the epithelium of CF airways and suggested that the absence of continuous nitric oxide production in epithelial cells of CF airways may play a role in two CF-associated characteristics: hyperabsorption of sodium and susceptibility to bacterial infections.

Another aspect of research on the CF inflammatory process is based on the investigation of neutrophil functions in CF. Investigation of CF heterozygotes could provide an alternative to studying the influence of the CFTR defect in various cellular systems. CF heterozygotes carry both a normal and a mutated allele of the CFTR but are free from the clinical problems associated with CF. However, previous studies have stressed on some physiological abnormalities in intestinal and airway epithelium CF heterozygotes.<sup>24-27</sup> A reduced sweat production by the secretory cell in response to  $\beta$ -adrenergic but not

cholinergic stimulation has also been reported. Lastly, it has also been proposed that heterozygosity of the CFTR allele has been selected in certain populations because it protects against typhoid.<sup>28</sup>

With regard to neutrophil functions, only few data on CF heterozygotes are available. Although the expression of CFTR in cell types of non-epithelial origin and in blood cells such as lymphocytes has been described, the presence of CFTR mRNA in mature neutrophils has been reported only once.<sup>29</sup> We were unable to detect CFTR protein in neutrophil membranes using Western blot analysis but the functional analysis of neutrophils from CF heterozygotes revealed disturbed neutrophil functions. Indeed, our data showing that myeloperoxidase-dependent oxygenation activities are significantly higher not only in CF homozygotes but also in heterozygote parents of CF patients provided strong evidence for a genetic component to altered neutrophil function in CF.<sup>30</sup> Interestingly, this hyperproduction of intracellular myeloperoxidase-derived oxidants could be normalized by inhibition of the Na<sup>+</sup>/H<sup>+</sup> exchange system using amiloride or EIPA, which are pharmacological blockers, as well as in a choline buffer which prevents the exchange system from working. The Na<sup>+</sup>/H<sup>+</sup> exchange system participates in phagocytosis and subsequent bacterial killing by compensating for the H<sup>+</sup> load generated by the respiratory burst and thus regulating intracellular pH, as well as by the volume increase associated with neutrophil migration.<sup>31,32</sup> A disturbance in this latter function might be of relevance in the mechanisms leading to excessive neutrophil influx into the airways. In addition, a recent study has pointed out a decrease in the shedding of L-selectin in stimulated CF neutrophils which was not observed in either stable or acutely infected non-CF bronchiectasis patients, thus suggesting disturbed control of the migration process in CF neutrophils.<sup>33</sup>

Taken together, these data led us to suggest that CF neutrophils show a modification of intracellular pH regulation which may play a role in the increased intracellular myeloperoxidase enzymatic activity. An alternative hypothesis might be a decrease in the concentration of intracellular antioxidants such as glutathione which, as we previously demonstrated, is a major scavenger of chloramines.<sup>34</sup>

### Novel functions for CFTR: relationships with neutrophil function and rationale for novel therapy

Several working hypotheses indicate that CFTR could be a multifunctional protein involved in controlling ion channels or ion exchanges in the cell other than Cl<sup>-</sup>. Most interestingly, CFTR is a member of the 'ATP-binding cassette' (ABC) family of membrane transport proteins together with the P-glycoprotein associated

with multidrug resistance (MDR) protein and the multidrug resistance-associated protein (MRP).<sup>35</sup> It has been recently demonstrated that CFTR, like other ABC proteins, is directly involved in intracellular pH regulation since its overexpression in NIH3T3 cells decreases intracellular pH.<sup>36</sup> Defective acidification of intracellular organelles has also been shown in nasal polyp cells isolated from CF children<sup>37</sup> but was not verified by recent studies of Golgi pH in cells from CFTR null mice.<sup>38</sup> Moreover, CFTR appears also to be a glutathione transporter, a function that is shared by other ABC proteins.<sup>39</sup>

Although we do not have evidence whether a disturbance in Na<sup>+</sup>/H<sup>+</sup> antiport in neutrophils from CF homozygotes or heterozygotes is attributable to a defect in CFTR function, our findings showing an increase in MPO-dependent oxidant generation might also be discussed in the light of the novel functions of CFTR. In this setting, it could be speculated that the disturbance in intracellular pH regulation and/or the defect in intracellular glutathione concentration might be attributable to CFTR mutation in CF.

### Antiinflammatory approaches and clinical follow-up of the CF patient: the neutrophils as the major target

As CF involves chronic active inflammation and recurrent infections ultimately resulting in inflammation, clinical management of CF presents a paradox combining antibiotherapy and antiinflammatory drugs.

Within the past 20 years, vigorous antibiotic therapy, clearance of mucus and nutritional repletion have been the pillars of conventional CF therapy.<sup>6,7</sup> Prospects for effective gene therapy of the respiratory effects of CF are improving slowly and attention has been focused on complementary approaches to counteract the symptoms of CF. Several studies have identified the host inflammatory response as a potential target for therapy to delay the progression of lung function impairment in CF patients. However, the diagnosis of pulmonary exacerbation is rendered difficult in that many CF children do not present with fever and leukocytosis, and thus, the diagnosis of an acute exacerbation must be made on a subjective basis. In addition, evaluation of the airway inflammatory process is hampered by the fact that, to date, no clinical tests provide a reliable index of the *in situ* pulmonary inflammatory state without invasive tests. We have recently shown that neutrophil myeloperoxidase activity correlates with the inflammatory and the infectious state of very young CF patients in whom functional pulmonary tests cannot be performed.<sup>40</sup> Most interestingly, measurement of this inflammatory index has proven to be of value in evaluating the efficacy of antibiotherapy. Since less than a millilitre of blood is required for this analysis,

evaluation of the inflammatory state could be critical to assess the efficacy of future antiinflammatory therapy.

A study of the non-steroidal antiinflammatory agent ibuprofen demonstrated its effectiveness in slowing the progression of lung disease (evaluated by pulmonary-function testing), in slowing the decline of the percentage of ideal body weight, and in decreasing the number of hospital admissions during the time of treatment.<sup>41</sup>

Antiprotease therapy has also been proposed and aerosolization of  $\alpha$ 1-antitrypsin or secretory leukoprotease inhibitor (SLPI) have proven to exert a beneficial effect on pulmonary function.<sup>42-44</sup>

A different starting point for clinical research in CF treatment led to the proposal that amiloride could improve CF clinical status. The administration of amiloride aerosols to CF patients is based on its Na<sup>+</sup> channel blocking properties at the level of the airway epithelia. Amiloride treatment enhances water secretion from the cells, increases mucus hydration, improves mucociliary clearance and delays decline in lung function. It is tempting to speculate that the beneficial effect of amiloride might be due to its corrective effect on MPO-dependent oxidant hyperproduction.<sup>45</sup>

More recently, colchicine has been proposed as antiinflammatory therapy in CF. The rationale for this proposal relies on the initial clinical observation that chemotherapy performed on a CF patient had a clearly beneficial effect on the symptoms of CF.<sup>46</sup> The current hypothesis of this effect is that cancer chemotherapy might induce overexpression of some ABC proteins such as MDR and MRP which might functionally complement CFTR. As a corollary, it can be suggested that another ABC protein inducer, less toxic than an antitumour drug, might complement CFTR. Colchicine, which is both an ABC protein inducer and an antiinflammatory agent with direct effects on neutrophils, has thus been proposed as a good candidate.<sup>47</sup>

## Conclusion

Neutrophils play a dual role in CF, an antiinfectious role in fighting pathogens, and a proinflammatory role, in releasing its deleterious mediators. It has been repeatedly demonstrated that the clinical outcome of patients is directly related to the management of inflammation. The promise of a new approach to treatment depends on preserving airway epithelial integrity, which in turn is linked to controlling the intensity of the inflammatory response.

Nonetheless, for the clinical management of CF it is extremely important both to investigate the causes of recruitment of neutrophils, and to manage chronic airway inflammation. Better knowledge of fundamental defects in neutrophil function in CF will allow

identification of potential new clinical targets and aid selective therapeutic action aimed at counteracting the lethal neutrophil-induced airway inflammation. It might possible that, instead of being simply one actor in the host defence against infectious agents, neutrophils should be considered as genetically predisposed to exacerbated inflammatory response. This exciting new area of constitutive disturbance in CF neutrophils is currently under study in our laboratory.

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