

Original Article

# The safety, tolerability and pharmacokinetics of niraparib in Japanese patients with solid tumours: results of a phase I dose-escalation study

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## Abstract

**Background:** Niraparib is the only poly (adenosine diphosphate-ribose)-polymerase (PARP) inhibitor available as oral monotherapy for maintenance, regardless of *BRCA* mutational status.

**Methods:** This phase I, open-label, non-randomized, dose-escalation study was conducted in Japan using a 3 + 3 design. Adults ( $\geq 20$  years) with metastatic or locally advanced solid tumours were enrolled. Niraparib 200 mg (cohort 1) or 300 mg (cohort 2) was administered once daily in 21-day cycles (no drug holiday between cycles) until progressive disease (PD) or unacceptable toxicity. The primary objective was to evaluate the safety and tolerability of niraparib in Japanese patients with advanced solid tumours. The number of patients with dose-limiting toxicities in cycle 1 and number with treatment-emergent adverse events were primary endpoints. Secondary endpoints were pharmacokinetics and tumour response.

**Results:** There were three patients in cohort 1 and six patients in cohort 2. Only one patient, in cohort 2, developed a dose-limiting toxicity (grade 4 platelet count decreased). All patients in both cohorts developed treatment-emergent adverse events. The most common treatment-related treatment-emergent adverse events were decreased appetite ( $n = 2$ ) in cohort 1, and platelet count decreased as well as aspartate aminotransferase increased (both  $n = 5$ ) in cohort 2. Mean  $C_{max}$  and  $AUC_{0-24}$  of niraparib increased dose-proportionally after multiple doses (accumulation ratio of between 1.64 and 3.65); median  $t_{max}$  was 3–4 h. Two patients, both in cohort 2, had a partial response to treatment.

**Conclusions:** Niraparib (200 or 300 mg/day) was tolerable and had a favourable pharmacokinetic profile in Japanese patients with advanced solid tumours.

**Key words:** clinical trial, phase I, neoplasms, niraparib, PARP Inhibitor, pharmacokinetics, PARP

## Introduction

Poly(adenosine diphosphate [ADP]-ribose) polymerase (PARP) enzymes detect and promote DNA repair. Inhibition of PARP forces cells to rely on homologous recombination as an alternative mechanism for DNA repair (1). Some tumour-related mutations, including *BRCA1* and *BRCA2* mutations, result in homologous recombination deficiency (HRd); therefore, tumours with these mutations are particularly susceptible to treatment with PARP inhibitors (1).

Niraparib is a potent and highly selective oral PARP-1 and -2 inhibitor, and is approved in the USA and Europe for the maintenance treatment of platinum-sensitive recurrent epithelial ovarian, fallopian tube or primary peritoneal cancer after a complete or partial response to platinum-based chemotherapy (2, 3). It is currently being investigated in patients with other types of solid tumours, with or without HRd-related mutations. In the phase III NOVA study, maintenance treatment with niraparib significantly prolonged progression-free survival (PFS) compared with placebo in patients with platinum-sensitive recurrent ovarian cancer, regardless of germline *BRCA* mutation status (4). Niraparib also significantly prolonged PFS compared with placebo, regardless of the presence or absence of HRd, in the phase III PRIMA study in patients with newly diagnosed advanced ovarian cancer that had responded to platinum-based therapy (5).

To date, niraparib is the only PARP inhibitor shown to be significantly more efficacious, statistically and clinically, than placebo when administered as monotherapy in relapsed ovarian cancer without *BRCA* mutations (4). Niraparib is now approved in the USA as first-line maintenance therapy for women with platinum-responsive advanced ovarian cancer (3), and is the only PARP inhibitor available as oral monotherapy for the first line maintenance treatment, regardless of *BRCA* mutational status (6, 7). This addresses a high previously unmet need in ovarian cancer. Niraparib is also currently the only PARP inhibitor that can be taken once daily (8), making it an attractive choice for long-term maintenance treatment.

The recommended starting dosage of niraparib in the USA and Europe is 300 mg once daily (2, 3), based on the results of phase I studies conducted in those markets showing that this was the maximum tolerated dose (MTD) (9). This was the starting dosage in the NOVA study, with a reduction to 200 or 100 mg/day allowed to manage adverse events (AEs) (4). The PRIMA protocol was amended during the trial, to allow an individualized starting dosage of 200 or 300 mg/day, depending on patients' baseline weight and platelet count (5). The objective of the current study was to evaluate the safety and tolerability of niraparib in Japanese patients with solid tumours, as well as to investigate its anti-tumour activity and pharmacokinetics in this population.

## Patients and methods

### Design

This was a phase I, open-label, non-randomized, dose-escalation study conducted at a single centre in Japan between 5 April 2018 and 10 February 2020. Dose-escalation was undertaken using a 3 + 3 design (Supplementary Figure 1), in which three or six patients were successively enrolled in two cohorts at first a lower dose (cohort 1) and then a higher dose (cohort 2), with the number of patients in each cohort dependent on the development of dose-limiting toxicity (DLT). Based on this design, between six and 12 patients would be enrolled. The initial dose of niraparib was 200 mg once daily in

cohort 1. If  $\leq 1$  patient in cohort 1 developed a DLT during cycle 1, then patients could be enrolled in cohort 2 and treated with niraparib 300 mg once daily.

DLTs were defined using the same criteria as those used in an overseas phase I study of niraparib in non-Japanese patients with advanced solid tumours (PN001) (9) as any treatment-related AE (regardless of severity) that led to interruption of niraparib for >14 days, as well as most treatment-related non-hematologic toxicities of grade  $\geq 3$ , hematologic toxicity of grade  $\geq 4$ , and febrile neutropenia grade  $\geq 3$  occurring during cycle 1. Complete definitions of DLTs are shown in Supplementary Table 1.

In both cohorts, niraparib was administered at the dosage they were assigned on enrolment (200 or 300 mg/day) in 21-day cycles with no drug holiday between cycles, until they experienced progressive disease (PD) or unacceptable toxicity, or withdrew for other reasons. Dosage reduction (minimum 100 mg/day) was allowed only in patients who developed DLTs during cycle 1 or any toxicity from cycle 2 onwards. Study participants were required to fast for 2 h before and after treatment administration.

This study was approved by the Ethics Review Board at the National Cancer Center Hospital in Tokyo, Japan.

### Patients

Japanese adults ( $\geq 20$  years) with cytologically or histologically confirmed metastatic or locally advanced solid tumours were eligible for inclusion if they had progressed on standard therapy, or if there was no standard therapy available, in the opinion of the investigator. Patients were required to have an Eastern Cooperative Oncology Group (ECOG) performance status of  $\leq 1$  and adequate organ function (bone marrow, renal, hepatic). Women of childbearing potential and men were required to practice effective contraception during treatment and until 120 days after the last dose of niraparib. Key exclusion criteria were receipt of chemotherapy, radiotherapy, hormonal or biologic therapy within 14 days before the start of cycle 1; receipt of a PARP inhibitor; treatment with any investigational agent within 28 days or 5 half-lives (whichever was longer) before study treatment; patients at high medical risk, or with a condition or treatment that might interfere with niraparib absorption or otherwise confound the results; known primary CNS tumour or CNS metastases.

### Endpoints and assessments

The primary study objective was to evaluate the safety and tolerability of niraparib in Japanese patients with advanced solid tumours, with the primary endpoints being the number of patients with DLTs during cycle 1, and the number of patients with treatment-emergent AEs (TEAEs) overall. A TEAE was defined as any AE occurring after administration of the first dose of study drug and through 28 days after the last dose of study drug. TEAEs were coded using the Medical Dictionary for Regulatory Activities (MedDRA) version 22.0, which includes separate codes for thrombocytopenia and platelet count decreased. The choice of code to use for a patient with a reduction in platelet count was at the investigator's discretion. Severity was graded using the National Cancer Institute Common Terminology Criteria for Adverse Events (NCI CTCAE) version 4.03.

The secondary endpoint was the pharmacokinetic properties of niraparib on days 1 and 21 of cycle 1 (maximum plasma concentration [ $C_{max}$ ], time to  $C_{max}$  [ $t_{max}$ ] and area under the plasma concentration-time curve for 0–24 h [ $AUC_{0-24}$ ]). Minimum plasma

concentration ( $C_{\min}$ ) and accumulation ratio based on  $AUC_{0-24}$  and  $C_{\max}$  were also calculated for day 21 samples. Samples for PK analysis were serially collected for cycle 1 on day 1 at 2 h pre-dose and 1, 1.5, 2, 3, 4, 6, 8, 10 and 24 h post-dose, and on day 2 of cycle 1 at 24 h pre-dose. On days 3, 5, 8 and 15 of cycle 1, samples were collected at 2 h pre-dose and on day 21 of cycle 1 samples were collected 2 h pre-dose and at 1, 1.5, 2, 3, 4, 6, 8, 10 and 24 h post-dose. In cycle 2, plasma samples for PK analysis were collected at 2 h pre-dose on day 1.

Additional endpoints were overall response rate (ORR) according to the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1 (10); laboratory safety parameters, electrocardiogram, ECOG performance status and vital signs; and pharmacokinetics of the M1 metabolite on days 1 and 21 of cycle 1. ORR was assessed at screening, cycle 3 and every three cycles thereafter by computed tomography (CT) with contrast or magnetic resonance imaging (MRI).

### Statistical methods

Safety data were analysed by dose level in the safety analysis set, comprising all patients who received  $\geq 1$  dose of study drug. The number of cases and incidence of DLTs during cycle 1 were tabulated using the DLT-evaluable set, comprising all patients who had received  $\geq 80\%$  of planned doses of niraparib in cycle 1 (for  $\geq 17$  out of 21 days) unless interrupted by treatment-related toxicities and had sufficient follow-up data, as considered by the sponsor and investigator, to determine whether a DLT occurred. The 80% criterion was chosen as it was thought that patients who missed  $\geq 20\%$  or more of their dose in 21 days could not be adequately evaluated for DLT. ORR was calculated using the response-evaluable set (i.e. all patients who received  $\geq 1$  dose of study drug, had measurable disease sites at baseline, and had  $\geq 1$  post-baseline disease assessment). Pharmacokinetic parameters were summarized using descriptive statistics for each cohort and time point in the pharmacokinetic analysis set, which included all patients with sufficient dosing and pharmacokinetic data to reliably estimate  $\geq 1$  pharmacokinetic parameter. Baseline demographic and clinical characteristics were summarized using mean and standard deviation (SD) for continuous variables, and number (%) for dichotomous variables.

## Results

### Patients

A total of 11 patients gave informed consent, but two patients did not receive niraparib because one was experiencing AEs and the other did not meet the study entry criteria. Therefore, nine patients (five males and four females) received  $\geq 1$  dose of study drug and were included in the safety, pharmacokinetic and response-evaluable sets. These nine patients also met the criteria for the DLT-evaluable set. Patient and disease characteristics are shown in Table 1. Patients were aged a median of 67.0 (range: 41–75) years and weighed a median of 62.8 (range: 58.1–76.4) kg. Median BMI was 23.6 (range: 21.1–26.5)  $\text{kg}/\text{m}^2$ . Two patients had known *BRCA* status; both were positive for *BRCA2* and negative for *BRCA1*.

Three patients participated in cohort 1 and received niraparib 200 mg/day, and six patients participated in cohort 2 and received niraparib 300 mg/day. All three patients in the 200 mg/day cohort and four patients in the 300 mg/day cohort discontinued study treatment due to PD. The remaining two patients in the 300 mg/day cohort discontinued study treatment due to TEAEs.

### Exposure and safety

All patients in cohort 1 received 2 cycles of niraparib; patients in cohort 2 received between 1 and 22 cycles of niraparib (median 7.5). The median (range) number of days on treatment was 45.0 (7–462) overall, and was 41.0 (33–45) days in cohort 1 and 153.5 (7–462) days in cohort 2.

No patients in cohort 1 and one patient in cohort 2 (16.7%) developed a DLT requiring niraparib interruption. This event was a grade 4 platelet count decreased, which was seen on day 14 of cycle 1; it had resolved by day 21. The patient who developed this DLT had a baseline platelet count of 100 000 cells/ $\mu\text{l}$  and a body weight of 59.3 kg. Two patients in cohort 2 discontinued treatment due to a TEAE (malaise and gamma-glutamyl transferase increased). In cohort 1, no patient discontinued treatment because of a TEAE.

All patients in both cohorts developed TEAEs. In cohort 1, one patient had two grade 3 treatment-related AEs (blood alkaline phosphatase increased, white blood cell count decreased). In cohort 2, five patients had a total of 11 grade  $\geq 3$  treatment-related AEs. Grade 3 AEs were anaemia, which occurred in two patients, and neutropenia, febrile neutropenia, gamma-glutamyl transferase increased, and alanine aminotransferase increased, which all occurred in one patient each. Grade 4 AEs were thrombocytopenia and platelet count decreased. None of these events met the definition of a DLT as they occurred in treatment cycle 2 or later.

One patient in cohort 2 developed a serious AE—pyelonephritis leading to hospitalization—but this was considered unrelated to niraparib because the patient had comorbid nephrolithiasis.

The most common TEAEs were categorized by system organ class as gastrointestinal disorders or investigations (Table 2). The most common treatment-related TEAE in cohort 1 was decreased appetite ( $n = 2$  [66.7%]); in cohort 2, the most common treatment-related TEAEs were platelet count decreased ( $n = 5$  [83.3%]) and aspartate aminotransferase increased ( $n = 5$  [83.3%]). In addition, anaemia, nausea and alkaline phosphatase increased each occurred in three patients (50.0%) in cohort 2.

### Pharmacokinetics

Results of the single- and multiple-dose pharmacokinetic analyses of niraparib and its metabolite M1 are shown in Table 3. The plasma concentration-time profiles of niraparib after a single dose (cycle 1, day 1) and multiple doses (cycle 1, day 21) are shown in Fig. 1A and B, respectively.

Following a single (cycle 1, day 1) and multiple (cycle 1, day 21) oral administration of niraparib 200 and 300 mg/day, the median  $t_{\max}$  of niraparib was  $\sim 3$ –4 h. The mean  $C_{\max}$  and  $AUC_{0-24}$  of niraparib generally increased in a dose-proportional manner (Table 3). The geometric mean of accumulation ratio  $R_{C_{\max}}$  ranged from 1.64 to 2.39 and  $R_{AUC_{0-24}}$  ranged from 2.64 to 3.65 after multiple doses.

Following a single administration (cycle 1, day 1) and multiple (cycle 1, day 21) oral administrations of niraparib 200 and 300 mg/day, the median  $t_{\max}$  of M1 was  $\sim 4$ –10 h. The geometric mean of accumulation ratios  $R_{C_{\max}}$  and  $R_{AUC_{0-24}}$  ranged from 2.78 to 3.28 and 3.24 to 3.77, respectively, on day 21 (Table 3).

### Tumour response

Two patients (one with lung cancer and one with bile duct cancer; both in cohort 2) had a partial response to niraparib. Two had stable disease and four had PD. Of these four patients with PD, two had a *BRCA2* mutation, one patient was receiving niraparib 200 mg/day

**Table 1.** Baseline demographic and clinical characteristics

	Niraparib 200 mg/day (n = 3)	Niraparib 300 mg/day (n = 6)	Total (N = 9)
Age, years, median (range)	50 (41–68)	67 (45–75)	67 (41–75)
Gender, n (%)			
Male	2 (66.7)	3 (50.0)	5 (55.6)
Female	1 (33.3)	3 (50.0)	4 (44.4)
Weight, kg, mean (SD)	65.6 (9.0)	64.2 (6.6)	64.7 (6.9)
Range	58.3–75.6	58.1–76.4	58.1–76.4
ECOG performance status, n (%)			
0	2 (66.7)	3 (50.0)	5 (55.6)
1	1 (33.3)	3 (50.0)	4 (44.4)
Cancer type, n (%)			
Bile duct cancer	0	1 (16.7)	1 (11.1)
Bladder cancer	0	1 (16.7)	1 (11.1)
Oesophageal cancer	1 (33.3) <sup>a</sup>	0	1 (11.1)
Gallbladder cancer	0	1 (16.7)	1 (11.1)
Lung cancer	0	1 (16.7) <sup>b</sup>	1 (11.1)
Pancreatic cancer	1 (33.3)	1 (16.7)	2 (22.2)
Papilla cancer	0	1 (16.7)	1 (11.1)
Urachal cancer	1 (33.3)	0	1 (11.1)
BRCA1 mutation, n (%)			
Yes	0	0	0
No	1 (33.3)	1 (16.7)	2 (22.2)
Unknown	2 (66.7)	5 (83.3)	7 (77.8)
BRCA2 mutation, n (%)			
Yes	1 (33.3)	1 (16.7)	2 (22.2)
No	0	0	0
Unknown	2 (66.7)	5 (83.3)	7 (77.8)
Prior surgery, n (%)	1 (33.3)	3 (50.0)	4 (44.4)
Prior radiation, n (%)	3 (100.0)	1 (16.7)	4 (44.4)

<sup>a</sup>Squamous cell carcinoma.

<sup>b</sup>Neuroendocrine carcinoma.

BMI, body mass index; ECOG, Eastern Cooperative Oncology Group; SD, standard deviation.

and the other one was receiving 300 mg/day; the *BRCA* status of the other patients are unknown. One patient's tumour response was not evaluable. All patients in cohort 1 had PD.

## Discussion

This phase I study showed that niraparib at a dosage of 200 or 300 mg/day was generally safe and tolerable in Japanese patients with solid tumours, and that the pharmacokinetics of niraparib were characterized by rapid absorption and dose-proportional exposure over time. Only one DLT (grade 4 platelet count decreased) developed in one patient receiving niraparib 300 mg/day during cycle 1, with no DLTs in patients receiving 200 mg/day. The patient who had a DLT had a baseline platelet count <150 000 cells/μl and a body weight of <70 kg, which are both risk factors for grade ≥ 3 thrombocytopenia with niraparib 300 mg/day (11). As such, the event was considered treatment related and niraparib was interrupted; the event had resolved by day 21. Based on these results, we can conclude that niraparib at a dosage of 200 or 300 mg/day was tolerable in Japanese patients.

All patients in the 200 and 300 mg/day cohorts experienced ≥1 TEAE, with treatment-related TEAEs reported in all patients. The most frequently reported treatment-related TEAEs were platelet count decreased, aspartate aminotransferase increased, anaemia, nausea, alkaline phosphatase increased and decreased appetite.

The treatment-related grade 3 or 4 TEAEs were blood alkaline phosphatase increased, white blood cell count decreased, anaemia, neutropenia, febrile neutropenia, thrombocytopenia, platelet count decreased, gamma-glutamyl transferase increased and alanine aminotransferase increased. One serious TEAE—pyelonephritis—was reported, but this was assessed to be unrelated to treatment.

In the current study, no AEs of special interest, such as myelodysplastic syndrome, acute myeloid leukaemia or hypertensive crisis, were reported. The thrombocytopenia and events coded as platelet count decreased are well known AEs with niraparib, and were reported as grade 4 TEAEs in two patients in the 300 mg/day cohort on day 14 of cycle 1 and day 8 of cycle 2, respectively. The patients recovered from these events within ~10 days. These findings in Japanese patients are consistent with previous phase II or III studies in predominantly Caucasian populations. In these studies, the most common grade 3 or 4 TEAEs with niraparib were hematologic (principally thrombocytopenia and anaemia), and the most common TEAEs of any grade were anaemia, fatigue and gastrointestinal events (e.g. nausea, vomiting and anorexia) (4, 5, 12).

A high proportion of patients in the phase III ENGOT-OV16/NOVA trial (~70%) required a dosage reduction to 200 mg once daily (11). Risk factors for grade ≥ 3 thrombocytopenia development during niraparib are bodyweight of <77 kg and baseline platelet count of <150 000 cells/μl (11, 13). However, grade 3 thrombocytopenia was most common during the first 3 months of treatment, and patients who could persist with niraparib at a

**Table 2.** Treatment-emergent adverse events (TEAEs) occurring in  $\geq 2$  patients in either cohort and all grade 3/4 TEAEs, by preferred term

Patients with events, <i>n</i> (%)	Niraparib 200 mg/day ( <i>n</i> = 3)		Niraparib 300 mg/day ( <i>n</i> = 6)	
	Any	Grade 3/4	Any	Grade 3/4
Any TEAE	3 (100.0)	1 (33.3)	6 (100.0)	4 (66.7)
Platelet count decreased <sup>a</sup>	1 (33.3)	0	5 (83.3)	1 (16.7)
AST increased	0	0	5 (83.3)	0
Blood ALP increased	1 (33.3)	1 (33.3)	4 (66.7)	1 (16.7)
Nausea	1 (33.3)	0	4 (66.7)	0
Decreased appetite	2 (66.7)	0	2 (33.3)	0
Vomiting	2 (66.7)	0	2 (33.3)	0
ALT increased	0	0	3 (50.0)	1 (16.7)
Anaemia	0	0	3 (50.0)	1 (16.7)
Constipation	1 (33.3)	0	2 (33.3)	0
Fatigue	2 (66.7)	0	1 (16.7)	0
GGT increased	0	0	3 (50.0)	2 (33.3)
Malaise	1 (33.3)	0	2 (33.3)	0
Blood creatinine increased	1 (33.3)	0	1 (16.7)	0
Chest pain	0	0	2 (33.3)	0
Diarrhoea	0	0	2 (33.3)	0
Hypertension	0	0	2 (33.3)	0
White blood cell count decreased	1 (33.3)	1 (33.3)	1 (16.7)	0
Febrile neutropenia	0	0	1 (16.7)	1 (16.7)
Thrombocytopenia <sup>a</sup>	0	0	1 (16.7)	1 (16.7)
Pyelonephritis	0	0	1 (16.7)	1 (16.7)
Diabetes mellitus	0	0	1 (16.7)	1 (16.7)

<sup>a</sup>TEAEs were coded using the Medical Dictionary for Regulatory Activities (MedDRA) version 22.0, in which independent codes were used for thrombocytopenia and platelet count decreased. It was up to each investigator to decide which code to use when reporting a decrease in platelet levels.

ALP, alkaline phosphatase; ALT, alanine aminotransferase; AST, aspartate aminotransferase; GGT, gamma-glutamyl transferase; TEAE, treatment-emergent adverse event.

**Table 3.** Pharmacokinetic parameters for niraparib on day 1 and day 21 of Cycle 1

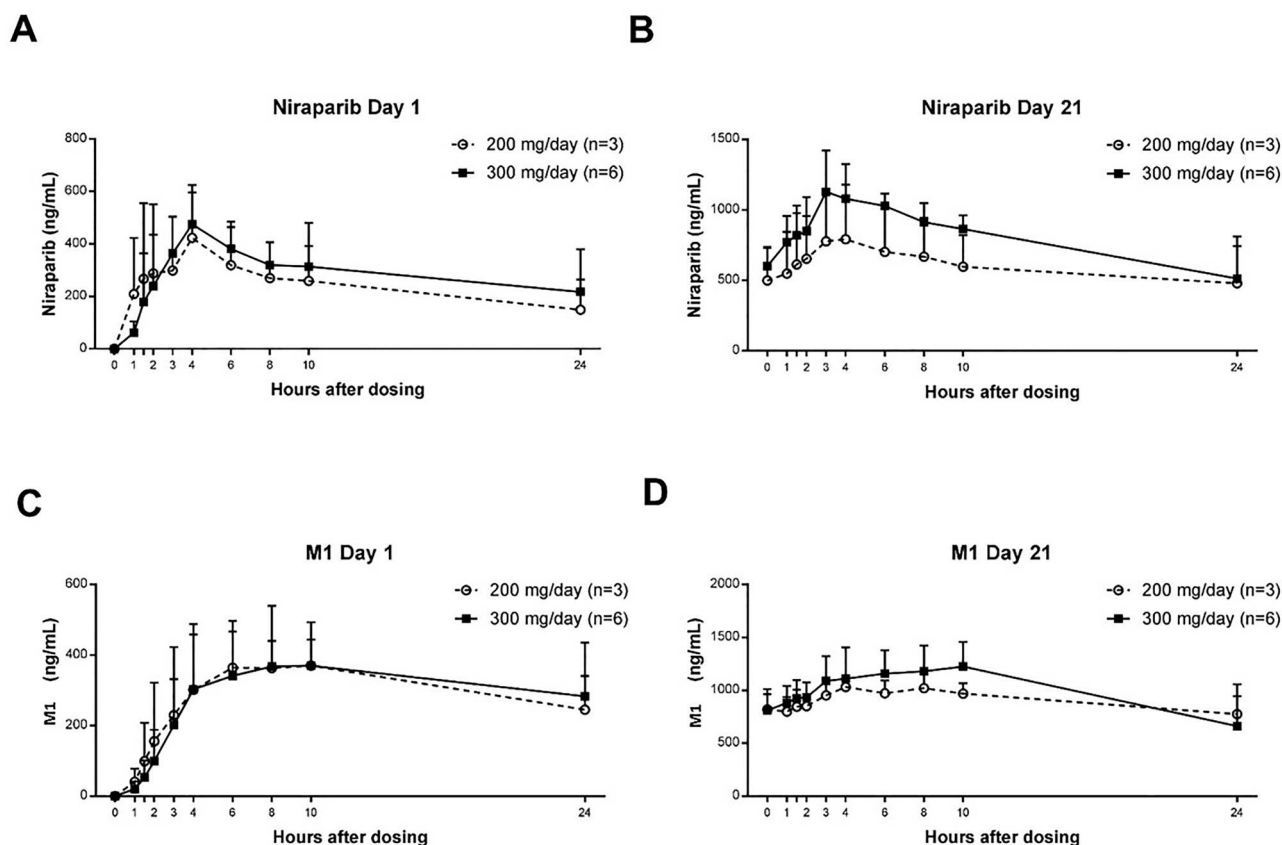
Pharmacokinetic parameters <sup>a</sup>	Day 1		Day 21	
	Niraparib 200 mg/day ( <i>n</i> = 3)	Niraparib 300 mg/day ( <i>n</i> = 6)	Niraparib 200 mg/day ( <i>n</i> = 3)	Niraparib 300 mg/day ( <i>n</i> = 4)
<b>Niraparib</b>				
C <sub>max</sub> , ng/ml	442.9 (195.1)	529.6 (149.2)	729.2 (387.5)	1167 (194.9)
T <sub>max</sub> , h	3.2 (1.5)	5.1 (2.8)	3.9 (0.1)	3.7 (1.6)
AUC <sub>0-24</sub> , h · ng/ml	4931 (2905)	6270 (2631)	13 040 (6493)	19 540 (3117)
C <sub>min</sub> , ng/ml	–	–	405.8 (267.8)	592.3 (138.2)
R <sub>Cmax</sub>	–	–	1.64 (0.40)	2.39 (1.03)
R <sub>AUC0-24</sub>	–	–	2.64 (0.32)	3.65 (1.58)
<b>M1 metabolite</b>				
C <sub>max</sub> , ng/ml	390.3 (89.2)	406.7 (154.4)	1084 (94.0)	1267 (211.0)
T <sub>max</sub> , h	8.0 (3.4)	9.6 (7.4)	5.3 (2.4)	8.1 (3.5)
AUC <sub>0-24</sub> , h · ng/ml	6566 (1949)	6570 (2374)	21 300 (2888)	24 850 (4387)
C <sub>min</sub> , ng/ml	–	–	726.7 (134.0)	800.7 (155.1)
R <sub>Cmax</sub>	–	–	2.78 (0.46)	3.28 (1.64)
R <sub>AUC0-24</sub>	–	–	3.24 (0.62)	3.77 (1.82)

<sup>a</sup>All parameters are expressed as geometric mean, (standard deviation) except T<sub>max</sub> which is expressed as mean, (standard deviation).

AUC<sub>0-24</sub>, area under the plasma concentration-time curve from time 0 to 24 h; C<sub>max</sub>, maximum observed concentration; C<sub>min</sub>, minimum observed concentration; R<sub>AUC0-24</sub>, accumulation ratio based on AUC<sub>0-24</sub>; R<sub>Cmax</sub>, accumulation ratio based on C<sub>max</sub>; T<sub>max</sub>, time of first occurrence of C<sub>max</sub>.

dosage of 300 mg/day for 3 months rarely developed grade  $\geq 3$  thrombocytopenia after this time (11). With the exception of the aforementioned grade 4 events, which occurred in two patients who had a baseline platelet count of 100 000 and 185 000 cells/ $\mu$ l, all

reported platelet count decreases were grade 1 or 2 and recovered without the need for transfusion. Overall, the safety profile was acceptable in this Japanese cohort of patients with solid tumours, and was consistent with the known safety profile of niraparib



**Figure 1.** Plasma concentration of (A) niraparib after a single dose (day 1 of cycle 1), (B) niraparib after multiple doses (day 21 of cycle 1), (C) M1 after a single dose (day 1 of cycle 1), and (D) M1 after multiple doses (day 21 of cycle 1). Data are mean (standard deviation).

and previous clinical experience with niraparib in non-Japanese patients.

The secondary objective of this study was to evaluate the pharmacokinetics of once-daily oral niraparib in Japanese patients. Following a single dose and multiple oral administrations of niraparib 200 and 300 mg/day, the median  $t_{max}$  of niraparib was ~3–4 h, consistent with previous pharmacokinetic data from a predominantly Caucasian population (9). The mean  $C_{max}$  and  $AUC_{0-24}$  after multiple doses of niraparib generally increased in a dose-proportional manner, irrespective of the DLT experienced. Geometric mean accumulation ratios (day 21/day 1) after 21 days of dosing ranged from 1.643 to 2.385 and 2.644 to 3.654 for  $C_{max}$  and  $AUC_{0-24}$ , respectively. These profiles were similar to the study results of an overseas phase I study in non-Japanese patients with advanced solid tumours (Study PN001), which showed 2- to 4-fold accumulation after multiple doses (9).

Niraparib has ~73% bioavailability after oral administration in cancer patients (14), and tumour exposure is high at steady state (15). The pharmacokinetic profile of niraparib is characterized by high volume of distribution and cell membrane permeability relative to other PARP inhibitors (15).

Among eight evaluable patients, two had a partial response and two had stable disease. Together with the tolerability data, these data suggest that both the 200 and 300 mg/day niraparib dosages can be investigated in future studies in Japanese patients, consistent with the doses used in the phase III European and US PRIMA and NOVA studies (4, 5). Furthermore, as Japanese patients generally have lower

body weight compared with Caucasian patients, a niraparib starting dosage of 200 or 300 mg/day, based on the patient's baseline body weight and platelet count, may have a better tolerability and safety profile in a Japanese patient.

The limitations of this study are consistent with those of any phase I dose-escalation evaluation, including the small number of patients enrolled and the lack of a control group.

In conclusion, niraparib was rapidly absorbed and the exposure generally increased in a dose-proportional manner. There were no safety concerns in niraparib administration to Japanese patients, demonstrating that niraparib 200 and 300 mg/day was tolerable in Japanese patients with advanced solid tumours.

### Data sharing statement

The datasets, including the redacted study protocol, redacted statistical analysis plan and individual participants' data supporting the results reported in this article, will be made available within 3 months from initial request to researchers who provide a methodologically sound proposal. The data will be provided after its de-identification, in compliance with applicable privacy laws, data protection and requirements for consent and anonymization.

### Author contributions

A.S., Y.K. and S.S. designed the study and reviewed drafts of the manuscript. K.Y., T.S., S.K., S.I., T.K., S.K., J.S., A.S., R.S., K.T. and

N.Y. enrolled patients and reviewed drafts of the manuscript. S.S. was responsible for statistical analysis. All authors approved the final version of the manuscript for submission.

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## Declarations of interest

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