Cite this article as: Andreasson ASI, Karamanou DM, Gillespie CS, Özalp F, Butt T, Hill P *et al.* Profiling inflammation and tissue injury markers in perfusate and bronchoalveolar lavage fluid during human *ex vivo* lung perfusion. Eur J Cardiothorac Surg 2017;51:577-86.

# Profiling inflammation and tissue injury markers in perfusate and bronchoalveolar lavage fluid during human *ex vivo* lung perfusion

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Received 21 June 2016; received in revised form 4 August 2016; accepted 12 August 2016

## Abstract

**OBJECTIVES:** Availability of donor lungs suitable for transplant falls short of current demand and contributes to waiting list mortality. *Ex vivo* lung perfusion (EVLP) offers the opportunity to objectively assess and recondition organs unsuitable for immediate transplant. Identifying robust biomarkers that can stratify donor lungs during EVLP to use or non-use or for specific interventions could further improve its clinical impact.

**METHODS:** In this pilot study, 16 consecutive donor lungs unsuitable for immediate transplant were assessed by EVLP. Key inflammatory mediators and tissue injury markers were measured in serial perfusate samples collected hourly and in bronchoalveolar lavage fluid (BALF) collected before and after EVLP. Levels were compared between donor lungs that met criteria for transplant and those that did not.

**RESULTS:** Seven of the 16 donor lungs (44%) improved during EVLP and were transplanted with uniformly good outcomes. Tissue and vascular injury markers lactate dehydrogenase, HMGB-1 and Syndecan-1 were significantly lower in perfusate from transplanted lungs. A model combining IL-1 $\beta$  and IL-8 concentrations in perfusate could predict final EVLP outcome after 2 h assessment. In addition, perfusate IL-1 $\beta$  concentrations showed an inverse correlation to recipient oxygenation 24 h post-transplant.

**CONCLUSIONS:** This study confirms the feasibility of using inflammation and tissue injury markers in perfusate and BALF to identify donor lungs most likely to improve for successful transplant during clinical EVLP. These results support examining this issue in a larger study.

Keywords: Lung transplant • EVLP • Lung injury • Inflammation • Biomarkers

# INTRODUCTION

Normothermic *ex vivo* lung perfusion (EVLP) has emerged as a promising technique to expand the donor pool by assessing and reconditioning donor lungs previously considered unsuitable for transplant [1]. The lung is highly susceptible to injury in the critical care environment, and in the hours or days leading up to the donor's demise it may be exposed to the sequelae of brain-stem death together with infection, aspiration, barotrauma, fluid overload or multiple transfusions [2–4]. Because the extent of lung injury is difficult to assess at the time of organ procurement, donor acceptance criteria are therefore conservative and poor discriminators of injury and infection in the donor lung [5]. The increased use of extended-criteria donors may further elevate

the risk of primary graft dysfunction (PGD) and other more severe postoperative complications [6-8].

The use of *ex vivo* reconditioned donor lungs is steadily growing and now accounts for about 20% of the activity in some established centres [9–11]. The decision to accept organs for transplant after EVLP has, however, been based on the same questionable physiological measures and organ appearance used during standard procurement. Reported discard rates of 10–60% of perfused lungs suggest that some donor lungs may be inappropriately used or declined for transplant after EVLP [1].

In donor lungs transplanted without *ex vivo* evaluation, there is an established relationship between their inflammatory burden and early outcome [12–15]. However, this phenomenon has not been as extensively investigated during EVLP.

In this proof-of-concept study, we evaluated a panel of inflammatory mediators and tissue injury-associated proteins in *both* 

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perfusate and bronchoalveolar lavage fluid (BALF) from human donor lungs undergoing clinical EVLP with intent for transplant. The panel was based on our own previous work and on available studies of biological markers in standard lung transplant and preclinical and clinical observations during EVLP. The aim was to assess the potential for specific protein markers in perfusate and BALF to distinguish which donor lungs, initially deemed unsuitable for immediate transplantation are most likely to successfully recondition during EVLP and thereby provide a basis for further investigations in a larger validation cohort.

# MATERIALS AND METHODS

# Study design

We conducted a prospective observational study investigating protein expression in donor lungs exposed to a standardized EVLP protocol. Approval was granted by our local research ethics committee, and informed consent for research was obtained from donor families and lung transplant recipients (REC 09/H0905/10).

### Ex vivo lung perfusion protocol

Adult donor lungs deemed unsuitable for lung transplant by all five UK lung transplant centres but meeting strict EVLP criteria were included in the study (Supplementary Table S1), the results of which were previously published by our group [16]. Lungs were procured in a routine fashion and transported to our institution. The EVLP assessment followed a standardized acellular protocol using the Toronto technique with a closed left atrium and reduced perfusate flow, previously described in detail [3, 16]. Transplant suitability was assessed hourly during perfusion. Lungs meeting transplant criteria (Supplementary Table S2) at two consecutive time points were cooled and transplanted. Lungs deemed to have futile prospects for improvement were taken off the circuit and discarded. Two transplanted and five non-transplanted lungs were perfused ≥5h before a transplant decision was made.

#### Sample collection and processing

A research BAL was performed for all lungs by wedging an adult bronchoscope in a subsegmental bronchus of the right or left lower lobe [17]. Saline (40 ml) was instilled through the suction channel followed by gentle aspiration and sample collection prior to commencing ventilation at the beginning of EVLP. This process was repeated in the same lobe but in a different subsegmental bronchus before disconnecting the ventilation at the end of perfusion. In addition, hourly perfusate samples of 2.5 ml were collected until the assessment was stopped.

# Protein expression analysis

All protein expressions measured in perfusate were adjusted to the predicted total lung capacity (pTLC) of the donor as an estimate of perfused donor lung volume and were reported as corrected perfusate concentrations (pg/ml). The pTLC was calculated in a routine fashion based on donor gender and height [18]. If one lung was deemed unusable due to severe consolidation or extensive contusion on inspection, or if the intended recipient required a single lung transplant on a specific side, only one lung was procured. For single-lung perfusions, the pTLC was adjusted to a factor of 0.55 for right lung and 0.45 for left lung perfusion [19].

# Lactate dehydrogenase assay

Lactate dehydrogenase (LDH) levels were measured in perfusate and BALF with a colorimetric LDH cytotoxicity assay kit according to manufacturer's instructions and reported as arbitrary units (U) (Thermo Fisher Scientific Inc., Rockford, IL, USA).

### Multiplex inflammatory cytokine array

Interleukin (IL)-1 $\beta$ , IL-6, IL-8, TNF- $\alpha$ , and IL-10 were analysed with an MSD Multi-Array® (Meso Scale Diagnostics, LLC, Rockville, MD, USA). The assay was performed according to the manufacturer's instructions. Technical issues prevented reading of perfusate samples from donor lung EVLP03; therefore, these samples were excluded from the analysis.

#### Enzyme-linked immunosorbent assays

Syndecan-1, IL-33, S100A9 (all R&D Systems, Inc., Minneapolis, MN, USA) and high-mobility group box-1 (HMGB-1) (Shino-Test Corporation, Kanagawa, Japan) were measured with commercially available ELISA kits according to the manufacturers' instructions.

# Statistical analysis

Donor characteristics and physiological parameters are expressed as medians with interquartile ranges and were compared between transplanted and non-transplanted lungs using Mann-Whitney U tests. Paired samples, start-end of perfusion, were compared with Wilcoxon signed-ranks tests. Log protein expressions were compared between transplanted and nontransplanted lungs with multiple t-tests. Correlations between IL-8 and IL-1 $\beta$  expressions and seven post-transplant outcomes (PaO<sub>2</sub>:FiO<sub>2</sub> 24-h post-transplant; PGD3 at 72 h post-transplant; ventilation time; intensive care unit stay hospital stay'; percent of predicted FEV1 at 6 months post-transplant; and percent of predicted FVC at 6 months post-transplant) were analysed by Pearson's correlation tests. The data were transformed back into non-logged values for reporting as mean (T) for transplanted and mean (NT) for non-transplanted lungs with standard deviations (SD). Multiple testing of donor parameters, protein analyses, and correlations was corrected using the Benjamini-Hochberg false discovery rate (FDR) controlling procedure [20]. Because this was a feasibility study aiming to identify potential markers for further investigation in a validation cohort, an FDR corrected P-value <0.1 was deemed significant. Corrected P-values are reported.

A multiple logistic regression model was fitted using the 11 log transformed protein covariates and their squared counterparts as independent variables and the EVLP outcome as the dependent variable. The optimal model was established by leave-one-out cross-validation using the software package R from R Core Team (2014) (R Foundation for Statistical Computing, Vienna, Austria) [21].

Donor no.	Age/ gender	Smoker	Donor cause of death	Donor type	TLC (L)	Micro on offer	Radiographic infiltrates	Secretions	EVLP indication
EVLP 01	18 m	No	Diabetic coma	DL DBD	7.30	Nil	Bilateral	Nil	PaO <sub>2</sub> <300 mmHg
EVLP 02	51 f	Yes	ICH	DL DBD	4.31	Nil	Clear	Nil	$PaO_2 < 300 \text{ mmHg}$
EVLP 03	33 m	Yes	ICH	DL DBD	7.14	Nil	Left diffuse	Purulent	$PaO_2 < 300 \text{ mmHg}$
EVLP 04	15 f	No	Hanging	DL DCD	5.10	Nil	Bilateral	Nil	$PaO_2 < 300 \text{ mmHg}$
EVLP 05	52 m	No	ICH	DL DBD	5.78	Nil	Clear	Mucopurulent	$PaO_2 < 300 \text{ mmHg}$
EVLP 06	57 m	Yes	ICH	DL DBD	7.54	Nil	Right basal	Mucopurulent	oedema
EVLP 07	52 f	Yes	ICH	SL DBD	2.70	Nil	Bibasal	Purulent	PaO <sub>2</sub> <300 mmHg
EVLP 08	20 m	Yes	Hanging	SL DBD	3.18	Nil	Right basal	Nil	PV PaO <sub>2</sub> <225 mmHg + oedema
EVLP 09	36 m	No	Brain tumour	SL DBD	3.11	Yes <sup>a</sup>	Left diffuse	Nil	PaO <sub>2</sub> <300 mmHg
EVLP 10	47 m	No	HBI	DL DBD	6.74	Nil	Clear	Nil	$PaO_2 < 300 \text{ mmHg}$
EVLP 11	45 f	No	TBI	DL DBD	6.18	Nil	Clear	Nil	PV PaO <sub>2</sub> <225 mmHg + mild contusion RLL
EVLP 12	56 m	No	ICH	DL DBD	6.50	Nil	Clear	Purulent	PaO <sub>2</sub> <300 mmHg
EVLP 13	18 f	Yes	ICH	DL DCD	5.03	Nil	Bilateral	Mucopurulent	oedema
EVLP 14	53 m	Yes	ICH	DL DBD	7.06	Nil	Clear	Purulent	PaO <sub>2</sub> <300 mmHg
EVLP 15	48 f	No	ICH	DL DBD	4.57	Nil	Bibasal	Purulent	PaO <sub>2</sub> <300 mmHg
EVLP 16	38 m	Yes	Hanging	DL DCD	6.98	Nil	Left basal	Nil	oedema

#### Table 1: Donor characteristics

Shaded donor lungs were not transplanted after EVLP .

BALF: bronchoalveolar lavage fluid; EVLP : *ex vivo* lung perfusion; ICH: intracranial haemorrhage; HBI: hypoxic brain injury secondary to variceal bleed; TBI: traumatic brain injury following a road traffic accident; DL: double lung perfusion; SL: single lung perfusion; DBD: organ donation after brain death; DCD: organ donation after circulatory death; TLC: predicted total lung capacity of perfused lung; PaO<sub>2</sub>: partial pressure of arterial oxygen; PV: selective pulmonary vein blood gas analyses; RLL: right lower lobe.

<sup>a</sup>Sputum culture with moderate growth of Staphylococcus aureus, Haemophilus influenzae, and Streptococcus pneumoniae.

# RESULTS

### Study group and donor characteristics

Sixteen consecutive clinical EVLP assessments of lungs deemed unacceptable for standard transplant were included in the study (Table 1). Seven (44%) were accepted for transplant after EVLP assessment and were implanted as four bilateral and three singlelung procedures. Nine (56%) failed to achieve transplant criteria and were excluded. The characteristics of the donor groups of transplanted and non-transplanted lungs were not significantly different and are shown in Tables 1 and 2.

#### Ex vivo lung perfusion outcomes

The median partial pressure of oxygen on 100% inspired oxygen (PaO<sub>2</sub>:FiO<sub>2</sub>) at the end of EVLP was 516 (478–523) mmHg for transplanted and 342 (322–392) mmHg for non-transplanted donor lungs (Mann–Whitney U = 4, P = 0.02). The median PaO<sub>2</sub>:FiO<sub>2</sub> improvement after EVLP was 321 (186–362) mmHg in transplanted donor lungs (Wilcoxon Z = -2.37, P = 0.03). No improvement was seen in lungs that failed assessment; the median PaO<sub>2</sub>:FiO<sub>2</sub> change was 20 (-42–94) mmHg, (Wilcoxon Z = -0.18, P = 0.91) (Fig. 1).

Of the nine lungs that failed EVLP reconditioning, six displayed worsening pulmonary oedema and two showed signs of persistent hyperinflation and raised PVR, suggesting diffuse injury and a degree of intrinsic emphysema. This suggestion was later verified by a pathologist from pulmonary biopsies. Lastly, one set of lungs was turned down due to heavy microbial contamination with multiple gram-negative organisms identified in the tracheal aspirate.

# Transplant outcomes

In the seven donor lungs that were transplanted, perfusion and ventilation parameters remained stable or improved during assessment. The data on changes in lung compliance, airway resistance, PVR, perfusate flow, and ventilation and perfusion pressures are shown in Fig. 1.

None of the recipients required extracorporeal life support. Two patients (29%) suffered from PGD (Grade 3) at 72 h posttransplant. However, both patients responded well to standard management. All seven recipients survived to hospital discharge. One recipient died of severe pneumonia at 11 months posttransplant due to an influenza infection unrelated to the EVLP procedure. The other six (86%) remain alive and well >2 years after transplant (Table 2).

# Analysis of perfusate and bronchoalveolar lavage fluid

Assessed lungs were divided into two groups based on decision after EVLP: transplanted (n = 7) or non-transplanted (n = 9). Decision on transplant suitability was based on strict criteria summarized in Supplementary Table S2. Samples were analysed retrospectively for protein expressions.

For an initial general assessment of tissue injury, we measured LDH levels. LDH was found in substantially lower levels in perfusate from lungs meeting criteria for transplant (T) after EVLP compared to those that did not meet the criteria for transplant (NT) lungs. Suitability for transplant was evident after 2 h of perfusion: mean (T) = 0.150 U (SD 0.030, n = 14) and mean (NT)=0.223 U (SD 0.082, n = 18) [t(30) = 2.77, P = 0.03] (Fig. 2). The LDH

Donor no.	Optimized donor PaO <sub>2</sub> :FiO <sub>2</sub> (mmHg)	PaO <sub>2</sub> :FiO <sub>2</sub> after EVLP (mmHg)	lschaemic time (min) <sup>a</sup>	EVLP time (min) <sup>b</sup>	Total time <i>ex vivo</i> (min) <sup>c</sup>	Transplant	PGD 3 at 72 h	90-day survival
EVLP 01	149	521	345	290	1020	Yes-BL	Yes	Yes
EVLP 02	248	342	360	360	N/A	No-emphysema		
EVLP 03	209	167	330	270	N/A	No-gross oedema		
EVLP 04	222	426	450	360	870	Yes-SL	No	Yes
EVLP 05	167	440	320	330	N/A	No-heavy gram-stain in BALF		
EVLP 06	357	525	395	240	582	Yes-SL	No	Yes
EVLP 07	178	557	315	255	1048	Yes-SL	Yes	Yes
EVLP 08	372	392	340	240	N/A	No-emphysema		
EVLP 09	293	330	430	300	N/A	No-gross oedema		
EVLP 10	171	291	305	300	N/A	No-gross oedema		
EVLP 11	526	452	340	330	N/A	No-gross oedema		
EVLP 12	191	512	395	220	785	Yes-BL	No	Yes <sup>d</sup>
EVLP 13	360	352	345	180	N/A	No-gross oedema		
EVLP 14	165	516	270	190	496	Yes-BL	No	Yes
EVLP 15	293	443	360	165	713	Yes-BL	No	Yes
EVLP 16	527	322	335	180	N/A	No-gross oedema		

#### Table 2: EVLP and transplant outcomes

Shaded donor lungs were not transplanted after EVLP.

PaO<sub>2</sub>:FiO<sub>2</sub>: the ratio of partial pressure of arterial oxygen to fraction of inspired oxygen; EVLP: *ex vivo* lung perfusion; PGD: primary graft dysfunction at 72 h; SL: single lung transplant; BL: bilateral lung transplant; N/A: not applicable; BALF: bronchoalveolar lavage fluid.

<sup>a</sup>Start of donor lung flush at procurement to start of pulmonary artery (PA) perfusion on EVLP circuit.

<sup>b</sup>Start of PA perfusion to disconnection from EVLP circuit.

<sup>c</sup>Start of donor lung flush at procurement to reperfusion in recipient.

<sup>d</sup>Death due to H1N1 infection 11 months post-transplant.



Figure 1: Physiological characteristics of transplanted and non-transplanted EVLP donor lungs. Box and whisker plots with boxes showing medians with interquartile range and whiskers at max and min. \*\*P<0.05. EVLP; start time: point when the lung had been successfully rewarmed to 37 °C in the beginning of the EVLP; end time: point before start of cooling at the end of the EVLP.



**Figure 2:** Protein expressions during EVLP in perfusate from transplanted and non-transplanted donor lungs. Protein levels expressed as medians with interquartile ranges. \*\*P<0.05. EVLP: *ex vivo* lung perfusion; LDH: lactate dehydrogenase; IL: interleukin; TNF-α: tumour necrosis factor alpha; HMGB-1: high-mobility group box-1; Time: hours of *ex vivo* lung perfusion after start of pulmonary artery perfusion.



Figure 3: Protein expressions in perfusate and BALF from transplanted and non-transplanted EVLP donor lungs. Interleaved scatter plots with molecular marker levels expressed in (pg/ml) and lines representing means. \*P<0.1. \*\*P<0.05. \*\*\*P<0.001. BALF: bronchoalveolar lavage fluid; EVLP: *ex vivo* lung perfusion; IL: interleukin; TNF-α: tumour necrosis factor alpha; LDH: lactate dehydrogenase; HMGB-1: high-mobility group box-1.

perfusate levels remained significantly different when assessed over all sample time points: mean (T) =  $0.149 \cup (SD \ 0.033, n = 24)$  and mean (NT) =  $0.259 \cup (SD \ 0.088, n = 40)$  [t(62) = 5.45, P < 0.001]. No difference in LDH levels was seen in BALF samples collected pre- and post-perfusion.

To assess the integrity of the pulmonary vascular compartment, we measured Syndecan-1 levels as a marker of endothelial glycocaylx disruption. Syndecan-1 levels were significantly lower in perfusate samples from transplanted donor lungs: mean (T) = 111 (pg/ml) (SD 98, n = 24) compared to mean (NT) = 281 (pg/ml) (SD 219, n = 40) [t(62) = 4.14, P < 0.001] (Fig. 3).

We noted a similarly consistent pattern towards lower release of proinflammatory cytokines into the circulating perfusate from transplanted compared to non-transplanted lungs. The average level of IL-8 was nearly eight times higher in perfusate samples from non-transplanted lungs: mean (T) = 165 (pg/ml) (SD 155, n = 24) compared to mean (NT) = 1310 (pg/ml) (SD 1510, n = 35) [t(57) = 2.27, P = 0.06]. Levels of the anti-inflammatory cytokine IL-10 increased noticeably over the first 2 h of perfusion in the transplanted group, with high initial fold changes in both perfusate and BALF (Fig. 4). Perfusate levels then diminished and were less than half those in non-transplanted lungs when measured over the full assessment: mean (T) = 9 (pg/ml) (SD 11, n = 24) compared to mean (NT) = 23 (pg/ml) (SD 32, n = 40) [t(57) = 2.02, P = 0.07]. No difference in levels of IL-10 in BALF was seen between the groups.

A panel of three damage-associated molecular patterns, IL-33, HMGB-1 and S100A9, was used to assess the extent of cellular injury in the donor lung. Lower levels of IL-33 and HMGB-1 were found in perfusate from transplanted donor lungs. The average IL-33 levels in perfusate were mean (T) = 3 (pg/ml) (SD 5, n = 24) and mean (NT) = 9 (pg/ml) (SD 10, n = 40) [t(62) = 2.93, P = 0.02]. HMGB-1 was highly expressed in both perfusate and BALF. The HMGB-1 levels in perfusate were mean (T) = 8318 (pg/ml) (SD 4474, n = 24) and mean (NT) = 10 545 (pg/ml) (SD 4,313, n = 40) [t(62) = 2.10, P = 0.07]. No difference in lavage fluid levels of IL-33 or HMGB-1 was seen between the groups.

We noted a consistent pattern towards increasing perfusate protein levels and a more pronounced separation between transplanted and non-transplanted lungs over time of perfusion (Fig. 2). This pattern was most noticeable for the investigated inflammatory cytokines. The only protein marker not showing this pattern was \$100A9, which appeared lower in the nontransplanted group.

A multivariate analysis model was fitted to assess the predictive value of combining two or more protein markers. The optimal model was established by leave-one-out cross-validation and is shown in Fig. 5 as a scatterplot of IL-1 $\beta$  and IL-8 perfusate levels from the 16 assessments. The shaded prediction region was derived from the regression analysis with covariates IL-1 $\beta$ , IL-8 and (IL-8)<sup>2</sup> after 2 h of perfusion. The model suggests that the closer to the centre of the area, the higher was the probability of a donor lung being found suitable for transplant after EVLP assessment. This early IL-1 $\beta$ -IL-8 signature remained equally as robust when applied to the full set of samples (Fig. 5B). An ROC curve showing the potential benefit of the model in predicting EVLP outcome compared to random is shown in Fig. 5C, with a sensitivity of 0.81 and specificity of 0.92 at 2 h of perfusion.



**Figure 4:** Protein median fold changes in perfusate and BALF from EVLP donor lungs. Bar graphs showing median fold changes with interquartile range. BALF: bronchoalveolar lavage fluid; EVLP: *ex vivo* lung perfusion; IL: interleukin; TNF-*α*: tumour necrosis factor alpha; LDH: lactate dehydrogenase; HMGB-1: high-mobility group box-1.

The modelled proteins were lastly assessed for correlations to post-transplant outcome measures. Donor IL-1 $\beta$  levels in the perfusate at time of transplant decision showed a significant negative correlation to recipient PaO<sub>2</sub>:FiO<sub>2</sub> 24 h post-transplant (r = -093, P = 0.03) (Fig. 6). No other correlations remained significant after corrections for multiple testing in this cohort.

# DISCUSSION

In this proof-of-concept study, the feasibility of using inflammation and tissue injury markers in both perfusate and BALF from human donor lungs undergoing EVLP to validate the decision to use or decline them for clinical transplant was evaluated. All 16 donor lungs in this study were assessed consecutively with intent for transplant following a strict protocol with predefined criteria for EVLP and transplant suitability to reduce the risk of bias in decision making. All protein analyses were done retrospectively and had no impact on the transplant decision. Our results demonstrate a difference in protein expression in perfusate from lungs that were transplanted compared with those that were declined. This difference became more apparent for each hour of perfusion, and BALF samples showed a comparable but weaker signal from the airway compartment.

The difference in donor lungs was effectively demonstrated by a logistic regression model combining inflammatory cytokines IL-1 $\beta$  and IL-8 after 2 h of perfusion. The model revealed a clear separation of the transplanted lungs from those declined. Importantly, the model remained equally as robust when applied to perfusate samples from all time points. Furthermore, perfusate IL-1 $\beta$  concentrations in transplanted lungs demonstrated a clear negative correlation to early recipient oxygenation post-transplant.

Even though our results are noteworthy, overinterpretation of this regression model should be avoided at this stage. Further investigations are required to assess its biological plausibility. A few declined lungs displayed a very low  $IL-1\beta/IL-8$  signal-below that



**Figure 5:** (**A**) Early IL-1 $\beta$ -IL-8 signature in EVLP perfusate after 2 h of perfusion. (**B**) IL-1 $\beta$ -IL-8 signature in EVLP perfusate after full assessment. (**C**) ROC curve. (**A**) and (**B**) Scatter plots of IL-1 $\beta$  and IL-8 levels in perfusate samples from transplanted and non-transplanted EVLP donor lungs. The shaded area is the prediction region from the optimal logistic regression model with covariates IL-1 $\beta$ , IL-8 and (IL-8)<sup>2</sup>. (**C**) Receiver operating characteristic (ROC) curve of the model as a predictor of EVLP outcome. Calculated sensitivity (*y* axis) is plotted against the 1-specificity formula (*x* axis) of the logistic regression function 2 h into perfusion and after full assessment. EVLP: *ex vivo* lung perfusion; IL: interleukin.

of lungs deemed reconditioned and transplanted with good outcomes after the EVLP assessment. If this finding indicates that those lungs were wrongfully declined and could safely have been transplanted, that EVLP-assessed lungs deemed suitable for transplant truly express an intermediate level of inflammation, or that this is a signal specific to this relatively small cohort needs further assessment in follow-up studies.

The measurement of LDH levels in perfusate had the potential to significantly predict EVLP outcome as early as 2 h into perfusion. Although real-time ligand binding assays for inflammatory cytokines and other tissue injury markers may soon become accessible [22], LDH has the benefit of being a widely recognized marker of tissue injury in serum and BALF and rapidly available as a point-of-care test [23, 24].

The Brisbane lung transplant group have described measures of endothelial dysfunction as potentially useful in EVLP [25, 26]. Our results strengthen that belief. Syndecan-1, released by disruption of the endothelial glycocalyx, may be a discriminatory marker in EVLP perfusate and should be further evaluated.

Increasing levels of inflammatory cytokines in perfusate and tissue have been shown during experimental lung perfusion in porcine models and a small preclinical human lung study, which might reflect procedure-mediated inflammation [27–29]. Our findings during full clinical EVLP support recent observations made by Machuca and colleagues [30] from Toronto and demonstrate the feasibility of identifying biomarkers that might improve EVLP assessment.

IL-8, proposed as one of the best markers of EVLP transplant outcome in the Machuca study, has consistently shown potential in previous studies of donor lung injury from our group [12, 13]. The potential of IL-8 to discriminate successful EVLP in our study was enhanced by combining it with IL-1 $\beta$ .



**Figure 6:** Association between donor IL-1 $\beta$  level in EVLP perfusate at the time of transplant decision and recipient P/F ratio 24 h post lung transplantation. Pearson correlation plot. \*\*P<0.05. EVLP: *ex vivo* lung perfusion; IL: interleukin; PaO<sub>2</sub>:FiO<sub>2</sub>: partial pressure of oxygen on 100% inspired oxygen.

Our observations add significantly to previous observations because we have included an assessment of BALF inflammatory and tissue injury markers compared to EVLP perfusate measures. Even though BALF samples in this study did not add any apparent clinical value to perfusate sampling, we feel it is too early to draw any firm conclusions, and we will continue to assess a broad spectrum of markers and lung compartment samples in future studies. In addition, because protein levels are measured in a fixed volume of 2 litres of perfusate solution, we corrected protein levels for the size of lung tissue perfused. This potential confounder has been disregarded in previous studies. The pTLC of the donor lung ranged from 4.31 to 7.54 litres among the double lungs perfused, and the smallest single lung had a pTLC of only 2.70 litres. Unadjusted marker levels are therefore likely to differ widely between donor lungs regardless of the degree of lung injury present.

A limitation of our study is its relatively small sample size, with 16 human EVLP assessments included, yet this number is sufficient to demonstrate the feasibility of using perfusate markers to discriminate successful EVLP. Outcomes were almost universally good, and this study does not identify predictors of early lung injury. Larger studies, with a cohort of patients doing less well, are needed to address that particular question. Caution is, however, required in overinterpretation of moderate to severe PGD (Grade 2–3) after transplant as a reason for donor lungs to be declined after EVLP, because many recipients with PGD 2–3 will recover and have satisfactory early outcomes.

Truly marginal donor lungs subjected to EVLP for reconditioning purposes form by nature a subpopulation that is likely to have a higher inflammatory burden than standard donor lungs. We believe that biomarker profiles of these lungs could help support the clinical decision to use or decline the donor lungs after EVLP and allow continued safe transplant activity. Furthermore, this approach offers the potential to attenuate the inflammatory response or encourage recovery of vascular integrity in the donor lung before implantation in a stratified medicine approach, which may improve early outcomes after lung transplant and help to safely maximize lung use from the existing donor pool. The results of this study need further evaluation in a larger validation cohort of lungs exposed to *ex vivo* perfusion but demonstrate the feasibility of identifying an early perfusate signature potentially predictive of successful EVLP reconditioning.

#### SUPPLEMENTARY MATERIAL

Supplementary material (Tables 1 and 2) is available at *EJCTS* online.

# Funding

This work was also partly funded by the National Institute for Health Research Blood and Transplant Research Unit (NIHR BTRU) in Organ Donation and Transplantation at the University of Cambridge in collaboration with Newcastle University and in partnership with NHS Blood and Transplant (NHSBT). The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR, the Department of Health or NHSBT. The funding organizations had no role in the collection of data, its analysis or interpretation, and had no right to approve or disapprove publication of the finished manuscript. This study was supported by a research grant awarded by the United Kingdom Cystic Fibrosis Trust as a result of a donation made by the Robert Luff Foundation for research on lung transplants.

#### Conflict of interest: none declared.

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