

# IDEAS AND INNOVATIONS Breast

## Successful Intraoperative Salvage of a Venous Congested Deep Inferior Epigastric Perforator Flap Using a Cross-thoracic Saphenous Vein Graft

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**Summary:** For autologous breast reconstruction using the deep inferior epigastric perforator flap, the internal mammary vessels are a common choice for recipient vessels. However, if these vessels are discovered to be inadequate, this may require the utilization of alternative vessels for successful salvage. Here, we demonstrate the use of a venous conduit for flap salvage in a patient undergoing bilateral deep inferior epigastric perforator flap breast reconstruction. Intraoperative venous congestion was identified on the left side. A contributing factor was an unresolvable size discrepancy between the deep inferior epigastric and the internal mammary venae comitantes. A saphenous vein graft can be used to drain the donor inferior epigastric vein to the contralateral internal mammary venae comitantes. In this discussion, adequate venous drainage was obtained with this approach, and the flap remained viable with good Doppler signals without further complications over a year postoperatively. (*Plast Reconstr Surg Glob Open 2024; 12:e5830; doi: 10.1097/GOX.00000000005830; Published online 22 May 2024.*)

### **CASE PRESENTATION**

The deep inferior epigastric perforator (DIEP) flap has become a mainstay for autologous reconstruction with generally low complications and risk of flap failure. The internal mammary vessels, which are a popular recipient vessel choice, can occasionally be found to be suboptimal intraoperatively. A common reason for recipient vessel concern is related to size mismatch resulting in turbulent flow.<sup>1</sup> Irradiation is a common reason for the smaller diameter of the internal mammary vessels in this population, but this can also be a normal anatomical finding or variant.<sup>1-4</sup> Attempts to

From the \*Division of Plastic and Reconstructive Surgery, Eastern Virginia Medical School, Norfolk, Va.; †Division of Plastic and Reconstructive Surgery, Naval Medical Center Portsmouth, Portsmouth, Va.; ‡Department of Plastic and Reconstructive Surgery, Johns Hopkins Hospital, Baltimore, Md.; and \$Division of Plastic and Reconstructive Surgery, Department of Surgery, Virginia Commonwealth University, Richmond, Va.

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Copyright © 2024 The Authors. Published by Wolters Kluwer Health, Inc. on behalf of The American Society of Plastic Surgeons. This is an open-access article distributed under the terms of the Creative Commons Attribution-Non Commercial-No Derivatives License 4.0 (CCBY-NC-ND), where it is permissible to download and share the work provided it is properly cited. The work cannot be changed in any way or used commercially without permission from the journal. DOI: 10.1097/GOX.00000000005830 use these suboptimal vessels can lead to a higher risk of complications. When suboptimal recipient vessels are encountered, early identification and intervention are key to flap salvage and a successful reconstruction. Here, we reengage this principle by discussing a case in which a tunneled, cross-thoracic, saphenous vein graft was used to successfully manage intraoperative venous flap congestion.

A 47-year-old woman with a history of right invasive mammary carcinoma previously treated with neoadjuvant chemotherapy, bilateral skin-sparing mastectomy, right sentinel lymph node biopsy, and radiation therapy presented for autologous breast reconstruction (Fig. 1), and was offered bilateral DIEP flap reconstruction. The perforator flap dissection proceeded uneventfully. Recipient site preparation was notable for very small, approximately 1.5-mm diameter left internal mammary venae comitantes (IMVCs). Following anastomoses of the deep inferior epigastric vein to the left medial IMVC, venous congestion of the flap was apparent within minutes. The contralateral radiated IMVCs were both of adequate size, the anastomoses proceeded uneventfully, and the right flap was well perfused without evidence of venous congestion. With the persistence of inadequate left-sided venous outflow, the decision was made to create a tunneled saphenous vein

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**Fig. 1.** Preoperative photograph of the 47-year-old woman following bilateral skin-sparing mastectomy with right sentinel lymph node biopsy.

conduit to reach the unused right lateral IMV, which was of adequate caliber to provide antegrade venous drainage from the congested left-sided flap. The saphenous vein was harvested, and a presternal subcutaneous tunnel was developed to pass the vein graft from the left to the right flap recipient site. To maintain patency of the graft itself, the adipose layer was cored out until it was wide enough to ensure that the graft would be both tension and compressionfree yet narrow enough to prevent a contour deformity or symmastia. Coupled end-to-end anastomoses were performed between the flap vein and vein graft (3-mm coupler), and between the vein graft and the right lateral IMV (2.5-mm coupler; Fig. 2). (See figure, Supplemental Digital Content 1, which displays insetting of the DIEP flaps following saphenous vein graft anastomoses. http:// links.lww.com/PRSGO/D216.) There was no immediate

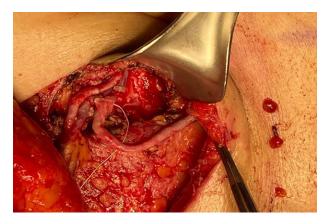


Fig. 2. The saphenous vein graft is anastomosed from the leftsided DIEP flap to the right internal mammary venae comitantes.

### **Takeaways**

**Question:** How can venous congestion of a deep inferior epigastric perforator flap be managed when discovered on the table, when the ipsilateral vessels are inadequate for salvage?

**Findings:** A saphenous vein graft can be used to drain the donor inferior epigastric vein to the contralateral internal mammary venae comitantes.

**Meaning:** The case presented contributes evidence of successful utilization of a saphenous vein graft to bridge the donor and recipient vessels during an occurrence of an unsuitable left-sided vein in the setting of intraoperative venous congestion.

or delayed venous congestion noted, and both flaps demonstrated adequate perfusion and drainage (Fig. 3). An implantable venous Doppler was placed to monitor flap viability in the postoperative period. The patient's immediate postoperative course was uncomplicated, with reassuring flap skin paddle appearance and Doppler signals bilaterally. She was discharged unremarkably on postoperative day 4 and continues to do well over 6 months and 1 year after her reconstruction (Fig. 4). She has since undergone revision for asymmetry with fat grafting to the right radiated reconstructed breast and reduction/uplift of the left flap.



**Fig. 3.** With the patient in supine position, there is a lack of immediate venous congestion following flap insetting.



**Fig. 4.** Postoperative photographs at 12 months following bilateral DIEP flap breast reconstruction salvaged with a cross-thoracic saphenous vein graft.

### DISCUSSION

DIEP free tissue transfer is a commonly used and accepted method of autologous breast reconstruction. From a surgeon's perspective, the donor site perforator anatomy and quality are consistently reliable with low donor site morbidity.<sup>5</sup> The IMVCs are conveniently located within the recipient site, and have a relatively large diameter and high outflow, making them the most commonly used recipient veins in free flap breast reconstruction.<sup>6</sup> However, in the setting of even subtle intraoperative venous congestion, rapid intervention to augment or identify alternate recipient vessels for optimal venous outflow is imperative in preventing flap failure.

In 2009, Flores et al<sup>7</sup> reported their use of the saphenous vein graft as a salvage option for two cases of DIEP flap breast reconstruction complicated by flap thrombosis and venous congestion. From a broader perspective, intraoperative identification of flap compromise, as opposed to postoperative identification, generally yields a better prognosis with reduced flap complications. The prognosis is also improved with fewer salvage attempts. In the case presented here, the existence of two adequately sized right IMVCs allowed us to use this unique salvage option. If there is only one adequately sized IMVC, as is often the case, other potential recipient vessels may include the lateral thoracic vein, thoracodorsal vein, and cephalic vein turn-down, among others. Although techniques and algorithms to augment venous outflow for management of intraoperative venous congestion have been described, more data are ultimately needed to help surgeons make rapid, confident decisions.8-10 The case presented here demonstrates successful use of a saphenous vein graft to span the presternal space to reach a contralateral IMV recipient vessel, correct the venous outflow issue, and allow for tension-free anastomosis and ideal flap orientation and inset. For future patients in whom there is evidence of venous congestion due to inadequate recipient venous drainage, it may be wise to consider this option.

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#### DISCLOSURES

The senior authors are military service members. All the other authors have no financial interest to declare in relation to the content of this article. The views expressed in the article are those of the authors and do not necessarily reflect the official policy or position of the Department of the Navy, Department of Defense, or the United States Government.

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