

ORAL PRESENTATION

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Effect of fibrinogen concentrate on clot strength in trauma: preliminary results of an *in vitro* study

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From London Trauma Conference
London, UK. 22-24 June 2011

Background

Fibrinogen supplementation in trauma has been suggested in order to restore or improve haemostatic competence; this could possibly reduce or replace the need for transfusions in case of bleeding. Results from functional haemostatic assays indicate that lowered clot strength is associated with a risk for massive transfusions [1]. The optimal fibrinogen concentration or indications for supplementation in trauma patients have not been established [2].

Aim

To examine the *in vitro* effect of adding fibrinogen concentrate to whole blood from trauma patients by Thrombelastography (TEG).

Methods

Eleven patients with severe injury admitted to a Danish level 1 trauma centre were enrolled in the study. Inclusion was based on: systolic pressure < 100 mmHg and/or GCS ≤ 8 and/or substantial bleeding. Eight out of eleven patients received a transfusion within 12h after hospital admission. Mechanisms of injury included: road traffic accidents, fall injuries, and stab- and gunshot wounds. A citrated blood sample was obtained at admittance. TEG analyses were performed using both citrated kaolin (CK) and functional fibrinogen (FF). CK clot strength (maximum amplitude; MA) reflecting both the platelet and the fibrinogen contribution were compared to that of FF, which solely reflects fibrinogen contribution to clot strength. Volumes of fibrinogen concentrate equivalent to $6\text{g}^*75\text{kg}^{-1}$ were added to samples prior to TEG analysis. $p < 0.05$ was considered significant.

Results

Fibrinogen concentrate increased the clot strength in both CK and FF assays (Fig.1). CK MA increased by 8% ($p = 0.013$) and FF MA by 44% ($p = 0.005$) after addition of fibrinogen concentrate.

Conclusions

In whole blood from trauma patients with severe injury, fibrinogen concentrate administered in a dose equivalent to $6\text{g}^*75\text{kg}^{-1}$ increased clot strength significantly. These results indicate a possible pro-haemostatic effect of fibrinogen concentrate in severely injured trauma patients.

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Published: 22 March 2012

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doi:10.1186/1757-7241-20-S1-O2

Cite this article as: Meyer et al.: Effect of fibrinogen concentrate on clot strength in trauma: preliminary results of an *in vitro* study. *Scandinavian Journal of Trauma, Resuscitation and Emergency Medicine* 2012 20(Suppl 1):O2.

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