Clustering of patients with intrahepatic cholangiocarcinoma based on serum periostin may be predictive of prognosis

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Abstract. An effective serum biomarker may improve cholangiocarcinoma (CCA) management. Periostin (PN) has been demonstrated to be associated with aggressive CCA. The current study evaluated PN in blood serum for its diagnostic and prognostic potential in patients with CCA. Sera of 68 patients with CCA were collected prior to treatment, and PN levels were measured using an ELISA. Sera from 50 normal controls, 6 patients with benign liver diseases, 2 with hepatocellular carcinoma and 21 with breast cancer were analyzed. Immunohistochemistry of PN in CCA tissues was also investigated. The data were analyzed using the Mann-Whitney Utest, Kaplan-Meier log rank tests, Cox proportional hazard regression models and Fisher's exact tests. The median serum PN level in patients with CCA was significantly increased compared with that in healthy controls, patients with benign liver diseases and patients with breast cancer (all P<0.05). Using an optimal threshold value of 94 ng/ml PN, the diagnostic values for CCA compared with other conditions demonstrated a sensitivity level of 0.38 [95% confidence interval (CI), 0.27-0.51], specificity of 0.90 (95% CI, 0.81-0.96), accuracy of 0.66 (95% CI, 0.58-0.74), positive predictive value of 0.76 (95% CI, 0.59-0.89) and negative predictive value of 0.63 (95% CI, 0.53-0.72) (P<0.001). Furthermore, PN stain in stromal fibroblasts in CCA tissues was associated with serum PN levels (P=0.001), and patients with CCA were classified as low (\leq 94 ng/ml) or high PN (>94 ng/ml) accordingly. High serum and tissue PN levels were significantly associated with reduced survival rate (P<0.001 and P=0.033, respectively). Serum PN was an independent prognostic factor with a hazard ratio of 3.197 (P=0.001). In conclusion, serum PN may be used to divide patients with intrahepatic CCA into high and low PN groups. Elevated serum PN may be utilized as a marker of poor prognosis in patients with CCA.

Introduction

Cholangiocarcinoma (CCA) is a tumor consisting of bile duct epithelial cells, which is associated in Thailand with liver fluke disease (caused by Opisthorchis viverrini infection), and an important direct risk factor of this disease is inhabitation of the Opisthorchiasis endemic area in the northeastern part of the country (1). CCA is the major health problem in northeastern Khon Kaen province of Thailand, which has the highest incidence of liver fluke-induced CCA in the world (2-4). The prognosis of patients with CCA is poor, and the 3- and 5-year survival rate of patients with intrahepatic CCA following surgery is 21.7 and 11.2%, respectively (5). This tumor demonstrates highly aggressive behavior, and is difficult to diagnose and to effectively predict its prognosis (6). Although serum carbohydrate antigen 19-9 (CA19-9) is currently the typical serum biomarker used for diagnosis in combination with other modalities, its sensitivity and specificity is low (7). In addition, it is not predictive of disease progression or prognosis. A novel serum marker as a prognostic marker is of increasing interest to be applied in CCA management.

As in other solid tumors including prostate (8), breast (9), non-small cell lung (10) and pancreatic cancer (11), the interaction between CCA cells and stromal cells in certain cancer-associated fibroblasts contribute to tumor development and progression of the disease. The fibroblasts isolated from fresh CCA tissues expressed alpha-smooth muscle cells, indicating that these fibroblasts were activated. The degree

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to which these fibroblasts are activated may be predictive of patient prognosis (12). These CCA-associated fibroblasts were demonstrated to have an abnormal gene expression profile compared with that of normal liver fibroblasts using a complementary DNA microarray (13). In a previous study, secreted tumor-promoting proteins were investigated, and it was identified that CCA-associated fibroblasts exhibited the capability of producing periostin (PN), an extracellular matrix protein, and the tissue level of PN was observed to be associated with patient survival (13). As PN has been demonstrated to be a multifunctional protein involved in the processes of carcinogenesis and progression (14,15), previous in vitro CCA studies have suggested that PN has an important impact in cancer aggressiveness, as it induces a variety of tumorigenic properties, including cell proliferation, growth and invasion, partly via the integrin receptor $\alpha 5\beta 1$ through the phosphatidylinositol-4,5-bisphosphate 3-kinase/AKT signaling pathway (13,16).

PN has been identified in numerous cancer tissues, and it is produced primarily from cancer cells (17), stromal fibroblasts (13,18) or both cell types (19-23). Human epidermal growth factor receptor 2-positive and triple negative breast cancer tissue proteins were analyzed in a previous study, and the results demonstrated that PN was one of the proteins associated with tumor treatment response (17). In CCA, PN is expressed exclusively in tumor stromal fibroblasts (13,18). Utispan et al detected expression of PN in fibroblasts but not in CCA or immune cells (13). By contrast, in hepatocellular carcinoma (HCC), a closely associated tumor to CCA, PN was observed at negative-to-low expression (13). Correlation analysis of PN levels and clinicopathological data suggested that tissue PN was an independent marker of poor prognosis in patients with CCA (13). PN was detected in epithelial cancer cells and stromal fibroblasts with a high incidence of PN-positive fibroblasts in 70% of total cases, compared with a lower PN-positive rate in cancer cells (20). The predominant expression of PN in epithelial cells was established in HCC, and was significantly associated with higher tumor grade and hepatitis B virus incidence, but not with overall survival rate (20). PN was associated with angiogenesis, and therefore, the combination of PN overexpression and microvascular invasion may be a marker of poor prognosis in patients with HCC (24,25). However, a significant impact of PN level in tissues on the overall survival time of patients with CCA was observed (13).

Using laser capture microdissection and reverse transcription-polymerase chain reaction, a previous study demonstrated that cancerous and stromal cells may be the source of PN production in non-small cell lung cancer (21). In prostate cancer, immunohistochemistry (IHC) analysis exhibited increased PN expression in carcinoma cells, which was associated with a high Gleason score and advanced tumor stage (19). Additionally, increased PN expression levels in tumor stroma were identified in the majority of primary and metastatic prostate cancer samples, leading to the conclusion that PN upregulation was associated with tumor aggressiveness in prostate cancer, and that it may be a potential target for therapeutic intervention (19). The medium and high level of stromal PN expression, compared with epithelial expression, independently predicted unfavorable prognosis in colorectal cancer (23). Additionally, the stromal PN expression increased consecutively from adjacent mucosa to primary tumor mass and metastatic colorectal cancer tissues (23). Taken together, these findings suggest that tissue PN is a potential molecular marker for diagnosis and prediction of prognosis, and a novel therapeutic target in numerous types of cancer, including CCA (26).

Serum PN level has been suggested as a diagnostic or prognostic marker in certain types of cancer, including non-small cell lung (27), colorectal (28), early-stage breast (29), breast with bone metastasis (30), ovarian (31), prostate (32), pancreatic (33), and head and neck squamous cell cancer (34). PN has been reported as a potential serodiagnostic marker in patients with CCA (35). In a previous study, a limited number of CCA cases were investigated, and serum PN, which was detected using an in-house established PN sandwich ELISA, which had been modified from a previous study (35) with the addition of a different antibody clone, was observed to be increased and able to distinguish patients with CCA from other associated conditions, particularly cirrhosis and HCC (35). The application of serum PN measurement to a large sample size of patients with CCA, however, remains to be investigated. In the present study, the use of an in-house established human PN ELISA to measure the sera PN in a large sample size of Thai patients with intrahepatic CCA was investigated, and compared with healthy controls and other associated and/or common malignancies. The serum and tissue PN levels and clinicopathological parameters were analyzed to indicate the potential of using circulating PN in serum for the diagnosis and prediction of prognosis in patients with CCA.

Materials and methods

Patients and tissues. In total 68 patients with CCA were enrolled on the study together with the patients from the control groups: 6 patients with benign liver diseases, including liver fibrosis, granulomatous liver, cholecystitis, obstructive bile ducts, biliary cystadenoma and cavernous hemangioma; 2 patients with HCC; 21 patients with breast cancer; and 50 control individuals (normal). All patients, with the exception of breast cancer patients, underwent surgery at the Faculty of Medicine, Khon Kaen University (Khon Kaen, Thailand) for standard treatment. The patients with breast cancer were admitted for treatment at Faculty of Medicine, Siriraj Hospital, Mahidol University (Bangkok, Thailand). Serum collection was approved by Khon Kaen Ethics Committee (EC no. 490143). The liver surgical specimen diagnoses were confirmed by pathologists according to the standard clinical guidelines. Patients with breast cancer had sera collected whilst they underwent surgery at the Faculty of Medicine Siriraj Hospital, Mahidol University (Bangkok, Thailand), under the protocol approval by Siriraj Institute Revision Board (si520/2010). Each patient was informed, and written informed consent was obtained. The sera were obtained prior to tumor mass removal and kept at -80°C until used for experiments. The blood chemistry results of 50 normal controls that visited to the hospital for their yearly health check-up were used as the normal control in the present study. All 68 patients with CCA were used in experimental analyses regarding serum PN, whereas tissue PN was analyzed in only 66 cases, as there was an insufficient amount of tissues from 2 patients.

ELISA for PN expression levels. Sera PN were measured using an established human PN sandwich ELISA as previously described (36-39). Briefly, $2 \mu g/ml$ rat SS18A IgG1 from the 'Periostin ELISA Kit (Human)' (Shino-Test Corporation, Tokyo, Japan) was incubated overnight at 25°C on ELISA plates (Loose MaxiSorp® Nunc-Immuno® Modules plates, Thermo Fisher Scientific, Inc., Waltham, MA, USA). The blocking buffer (0.5% casein in 1X TBS, pH 8.0) was used to block non-specific binding by incubating the plates with the buffer overnight at 4°C, and the tissue samples were then washed 3 times with washing buffer (0.05% Tween-20 in 1X PBS). The ELISA plates were incubated with samples or 0-2 ng/ml recombinant PN standards derived from Drosophila S2 cells (40) (Shino-Test Corporation, Tokyo, Japan) for 18 h at 25°C, followed by five washes. The peroxidase-labeled SS17B monoclonal antibody (50 ng/ml) sourced from the 'Periostin ELISA Kit (Human)' was added to 0.05% casein in TBS, followed by incubation for 90 min at 25°C. Following washing of the ELISA plates with washing buffer, the reaction solution (0.8 mM 3,3',5,5'-tetramethylbenzine, 2.5 mM H₂O₂) was added, followed by incubation for 10 min at 25°C. The reactions were stopped by adding the stop solution (0.7 N HCl) and incubating the plates at room temperature for 10 min. The absorbance at 450 nm was measured within 60 min after the addition of the stop solution. The values were calculated simultaneously using the recombinant PN protein by subtraction of the absorbance at 550 nm from that of 450 nm (Δ optical density) measured in the microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA). Each sample was performed in triplicate and the mean value was used.

IHC of PN in CCA tissues. In total, 66/68 cases of patients with CCA used for serum PN measurements were processed for paraffin embedding for PN detection using IHC. The tissue sections of 1-3 mm were fixed in 10% formaldehyde at room temperature for 1-3 h. The tissues were obtained from patients who underwent a hepatectomy using the protocol approved by the Human Research Ethics Committee of Khon Kaen University (EC no. 490143). The age, sex, tumor size, histological type and staging data were obtained from the medical and pathological records. Briefly, antigens were retrieved by incubating the paraffin-embedded tissues in 10 mM citrate buffer (pH 6.0) at 95°C for 40 min, and endogenous peroxidase was blocked by incubation with 3% H₂O₂ for 5 min. Following blocking of non-specific binding with 2% bovine serum albumin (BSA, VWR International, Leicestershire, UK) for 20 min at room temperature, an in-house-developed rabbit anti-human PN (39) was applied to the sections at room temperature overnight at 1:10,000 dilution. The slides were then washed with 1X TBST (0.01% Tween 20) washing buffer 3 times for 10 min followed by incubation with anti-rabbit EnVision+ System horseradish-peroxidase-labeled polymer (cat. no. K4003-11; dilution, ready to use; Dako; Agilent Technologies, Inc., Santa Clara, CA, USA) for 30 min at room temperature. The slides were then washed with 1X TBST (0.01% Tween 20) washing buffer for 10 min 3 times. The immunoreactive signals were developed using 3,3'-diaminobenzidine (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany). The tissues were washed with tap water for 5 min and counterstained with hematoxylin. The images were captured using a light microscope with magnification, x100.

PN expression in the fibroblasts was semi-quantitatively scored on the basis of PN-positive fibroblasts percentages and immunostaining intensity, as previously described (13). The interpretation of PN expression was performed by multiplying the scores of the percentage of positive cells (0-3) with the scores of staining intensity (1-3) to reach a total IHC score of 0-9. The results were categorized as follows: Low expression, IHC score of \leq 4; and high expression, IHC score of >4. All tissue samples were anonymously and independently scored by two medical doctors (Dr Peti Thuwajit and Dr Chanitra Thuwajit). In case of disagreement, the slides were reexamined to obtain a consensus.

Statistical analysis. Data analysis was performed using the SPSS 18.0 statistical software package (SPSS, Inc., Chicago, IL, USA). The continuous data of serum PN levels were expressed as the median, including the first and third quartiles. Receiver operating characteristic (ROC) analyses were used to determine the threshold value of serum PN levels for distinguishing patients with CCA from patients with other diseases. The significance of the threshold value was evaluated for diagnostic performance using the sensitivity, specificity, accuracy, positive predictive value (PPV) and negative predictive value (NPV). The Mann-Whitney U test was performed to compare the PN level between different groups of patients. A survival analysis curve was calculated according to the Kaplan-Meier log rank test. Multivariate analysis for survival parameters was performed using the Cox proportional hazard regression model. The Fisher's exact test was used to analyze the correlation between parameters. P<0.05 was considered to indicate a statistically significant difference.

Results

Serum PN is increased in patients with CCA. Among the enrolled patients with CCA, 68% were male and 32% were female, equating to a ratio of 2:1 male: female (Table I). The median age for all patients in the present study was 56.5 years (range, 38-76 years). All the CCA cases were diagnosed as intrahepatic CCA, and the majority were pathologically classified as well-differentiated (37%) or papillary (57%) types.

Using a sandwich ELISA, recombinant human PN at a range of 0-2 ng/ml in 100 μ l diluent containing 50 mM Tris-HCl, pH 8.0, 100 mM NaCl, 0-9% NaN3 and 0.5% casein was used to create a standard curve for estimation of the concentration of PN in the patient sera (Fig. 1A). A linear curve was observed at a concentration of PN ≤0.5 ng/ml. The minimum detection limit of the ELISA was 20 pg/ml. The median of serum PN was 52 ng/ml for patients with benign liver disease, whereas PN level was increased to 100 ng/ml in patients with HCC and 62 ng/ml in patients with breast cancer. Based on the Youden index, the optimal threshold value of serum PN level was 94 ng/ml (Fig. 1B). The ROC curve of serum PN in the comparison between patients with CCA and normal controls demonstrated that the area under the ROC curve was 0.608, with a confidence interval (CI) of 0.509-0.706, and was statistically significant (P=0.043; Fig. 1B). The overall serum PN level of the normal control patients had a median value

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		Serum P	N (ng/ml)			Tissue PN	(IHC score)	
Characteristic	No. (n=68)	 Low (≤94)	High (>94)	P-value	No. (n=66)	Low (≤4)	 High (>4)	P-value
Age, years				0.146				0.087
≤56	34	24	10		38	22	16	
>56	34	18	16		28	10	18	
Sex				1.000				0.188
Female	22	14	8		21	13	8	
Male	46	28	18		45	19	26	
Histological type								
Well-differentiated	25	10	15	0.00	24	6	15	0.208
Moderately-differentiated	33	1	7	0.553	3	0	ŝ	0.239
Poorly-differentiated	1	1	0	1.000	1	0	1	1.000
Papillary	39	30	6	0.005	38	23	15	0.027
Soft tissue/hilar invasion				0.190				0.797
Absence	23	17	9		23	12	11	
Presence	45	25	20		43	20	23	
Lymph node metastasis				0.585				0.185
Absence	48	31	17		46	25	21	
Presence	20	11	6		20	7	13	
Vascular invasion				0.737				0.513
Absence	57	36	21		55	28	27	
Presence	11	9	5		11	4	7	
Alanine transaminase, U/l				0.804				0.616
≤40	29	17	12		29	15	14	
>40	37	23	14		35	15	20	
Aspartate transaminase, U/l				0.137				1.000
≤40	28	20	8		28	13	15	
>40	38	20	18		36	17	19	
Albumin, mg/dl				1.000				1.000
≤4.5	09	36	24		58	27	31	
>4.5	9	4	2		9	3	3	
Globulin, mg/dl				1.000				0.564
≤3.5	23	14	6		16	9	10	
>3.5	43	26	17		48	24	24	

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Table I.

		Serum Pl	N (ng/ml)			Tissue PN	(IHC score)	
Characteristic	No. (n=68)	Low (≤94)	High (>94)	P-value	No. (n=66)	Low (≤4)	 High (>4)	P-value
Prothrombin time, min				0.032				0.426
≤13	44	31	13		43	22	21	
>13	22	6	13		21	8	13	
Partial thromboplastin time, min				0.301				0.713
≤39	57	36	21		56	27	29	
>39	6	4	5		8	ŝ	5	
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The diagnostic performances for distinguishing CCA from other conditions, including benign liver diseases, HCC, breast cancer and healthy controls, reached statistically significant values for: Sensitivity, 0.38 (95% CI, 0.27-0.51); specificity, 0.89 (95% CI, 0.80-0.95); accuracy, 0.66 (95% CI, 0.57-0.73); PPV, 0.74 (95% CI, 0.57-0.88); and NPV, 0.63 (95% CI, 0.53-0.72) (all P<0.001) (Table II). However, univariate analysis did not identify significant differences in serum PN or CA19-9, and therefore these may not be effective as potential diagnostic markers to identify CCA from benign conditions of the liver. The P-value of using 94 ng/ml serum PN as the threshold, 37 U/ml serum CA19-9 as the threshold and 94 ng/ml serum PN + 37 U/ml CA19-9 to distinguish CCA from benign liver diseases were P=0.406, P=0.348 and P=1.000, respectively.

Serum PN is associated with survival time of patients with CCA. There were no significant differences in serum PN levels according to age, gender, soft tissue/hilar invasion, lymph node metastasis or vascular invasion (Table I). The level of serum PN, however, was associated with well-differentiated CCA and papillary CCA, with P-values of P=0.009 and P=0.005, respectively. Notably, the present study demonstrated a significant association between serum PN and prothrombin time (PT) (P=0.032), whereas other blood chemistry parameters that represent liver functions were not significantly associated. In patients with CCA, serum with low PN was defined with the level of ≤ 94 ng/ml, and >94 ng/ml was defined as high PN. Multivariate analysis using Cox proportional hazard regression revealed the potential of high serum PN level as a factor of poor prognosis for CCA with statistical significance (P=0.001), whereas other parameters, including age, histological type, lymph node metastasis, vascular invasion and soft tissue/hilar invasion, were not significantly different (Table III). There were no cases of mortality in the current study within 2 weeks following surgery, and therefore, all 68 enrolled cases were used in the survival analysis. The results demonstrated that patients with a high serum PN level (n=26) had a significant reduced survival rate (221.5 days) compared with that of patients with a low serum PN level (n=42; 612 days; P<0.001 (Fig. 1D). Using the 3-year survival time as the threshold, the Kaplan-Meier log rank test demonstrated that serum PN levels may be used as a prognostic biomarker for poor survival rate in patients with CCA.

Level of serum PN is associated with tissue PN expression. The IHC results demonstrated that fibroblasts were the only source of PN expression in all histopathological types of CCA tissues (Fig. 2). In each histopathological type, PN was expressed at various levels, which were grouped into high (Fig. 2A, C and E) and low PN (Fig. 2B, D and F). Regarding the IHC score, the tissues with a score of \leq 4 were classified in the low PN group, whereas those with a score of >4 were placed in the high PN group.

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CCA compared to	ΤΡ	NI	FN	FP	Sensitivity (95% CI)	Specificity (95% CI)	Accuracy (95% CI)	PPV (95% CI)	NPV (95% CI)	P-value
All other conditions	26	70	42	6	0.38 (0.27-0.51)	0.90 (0.81-0.96)	0.66 (0.58-0.74)	0.76 (0.59-0.89)	0.63 (0.53-0.72)	<0.001
Healthy controls	26	44	42	9	0.38 (0.27-0.51)	0.88 (0.76-0.95)	0.59 (0.50-0.68)	0.81 (0.64-0.93)	0.51 (0.40-0.62)	0.003
3enign liver disease	26	5	42	1	0.38 (0.27-0.51)	0.83(0.36-1.00)	0.42 (0.31-0.54)	0.96 (0.81-1.00)	0.11 (0.04-0.23)	0.406
Hepatocellular	26	21	42	0	0.38 (0.27-0.51)	0.91 (0.72-0.99)	0.52 (0.41-0.62)	0.93 (0.76-0.99)	0.33 (0.22-0.46)	0.008
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IP, true positive; TN, true negative; FN, false negative; FP, false positive; CI, confidence interval; PPV, positive predictive value; NPV, negative predictive value.

Table II. Diagnostic performance of serum periostin levels for distinguishing cholangiocarcinoma from others diseases, including patients with benign liver disease, hepatocellular



Figure 1. Serum PN measurement. (A) Standard curve of recombinant human PN in ng/ml. (B) Receiver operating characteristic curve for serum PN level to distinguish patients with CCA from normal controls. The area under the curve was 0.608. The optimal threshold value between patients and healthy controls is 94 ng/ml (Youden's index, 0.266; P=0.043). (C) Serum PN levels in normal volunteers and patients with benign liver disease, CCA and other malignancies, including HCC and breast cancer. The vertical bars indicate the range, while the horizontal boundaries of the boxes represent the standard deviation. Horizontal lines in the boxes represent median values. Statistical comparisons among multiple groups were performed using the Mann-Whitney U test. *, P=0.041 (D) Survival analysis of patients with CCA and high or low levels of serum PN using Kaplan-Meier analysis. Using the 3-year survival rate, the cumulative survival of patients with high serum PN levels was significantly reduced compared with that of patients with low serum PN levels, according to the Mann-Whitney U test (P<0.001). PN, periostin; ΔOD , subtraction of the optical density, or absorbance, at 550 nm from that of 450 nm; CCA, cholangiocarcinoma; HCC, hepatocellular carcinoma.

Tissue PN, as well as serum PN, was significantly associated with the papillary histopathological type (P=0.027) (Table I). There was no significant association of tissue PN with other clinicopathological parameters or blood chemistry parameters for liver function. Multivariate analysis revealed a significant association between tissue PN and soft tissue/hilar invasion (P=0.024) (Table III). Although the result identified that tissue PN may not be effective as an independent prognostic factor for poor survival, the Kaplan-Meier log rank test revealed a significant association between tissue PN and cumulative survival time (P=0.033) (Fig. 2G). These results are concordant with patients with high tissue PN expression (n=34) having reduced survival rates (304 days) compared with those with low tissue PN expression (n=32; 514 days) (P=0.038). The association of the number of low or high serum PN cases and the level of tissue PN is presented in Fig. 3 (P=0.001). Using the Fisher's exact test, patients with high serum PN also frequently

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	Serum PN	l levels (total r	=68, mortalities n=5	[]	Tissue PN	l levels (total r	1=66, mortalities n=5	(1)
Variable	3-year survival	HR	95% CI	P-value	3-year survival	HR	95% CI	P-value
PN level		3.197	1.572-6.502	0.001		1.645	0.863-3.136	0.131
Low (serum n=42, tissue n=32)	26				21			
High (serum n=26, tissue n=34)	25				29			
Age, years		0.899	0.512-1.581	0.713		1.038	0.572-1.881	0.903
≤56 (n=34)	26				25			
>56 (n=34)	25				25			
Histological type		0.974	0.407-2.327	0.952		0.882	0.712-1.093	0.253
Well-differentiated (n=25)	23				22			
Moderately-differentiated (n=3)	3				3			
Poorly-differentiate (n=1)	1				1			
Papillary (n=39)	24				24			
Soft tissue/hilar invasion		1.693	0.872-3.288	0.120		2.201	1.112-4.355	0.024
Absence (n=23)	13				13			
Presence (n=45)	38				37			
Lymph node metastasis		0.975	0.775-1.227	0.831		1.036	0.474-2.265	0.929
Absence (n=48)	34				33			
Presence (n=20)	17				17			
Vascular invasion		1.287	0.620-2.674	0.498		0.896	0.354-2.296	0.817
Absence (n=57)	41				40			
Presence (n=11)	10				10			
HR, hazard ratio; CI, confidence interval;	; PN, periostin.							

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Figure 2. Immunohistochemical analysis of cholangiocarcinoma tissues with high or low PN expression levels and varying histopathological features. (A) Papillary histopathological type with high PN expression levels. (B) Papillary histopathological type with low PN expression levels. (C) Well-differentiated histopathological type with high PN expression levels. (D) Well-differentiated histopathological type with low PN expression levels. (E) Moderately-differentiated histopathological type with high PN expression levels. (F) Well-differentiated type with low PN expression levels. (E) Moderately-differentiated histopathological type with high PN expression levels. (F) Well-differentiated type with low PN expression levels. (G) The cumulative survival of patients with high tissue PN levels was significantly reduced compared with that of patients with low tissue PN levels (P=0.033). PN, periostin.

exhibited high tissue PN (P=0.001) (Table IV). Similarly, patients with low serum PN were significantly associated with low tissue PN.

Discussion

The potential of using serum PN as a prognostic marker in patients with CCA was demonstrated in the present study. In concordance with previous studies that demonstrated that PN was exclusively located in CCA stromal fibroblasts in the patients' tissues (13,20), PN was detected in patients' sera and utilized to classify patients into high or low serum PN groups. Notably, the high level of serum PN was significantly associated with a reduced survival rate following surgery in patients with CCA, which indicates the potential for serum PN to predict the aggressiveness of the disease.

The impact of PN on cancer cells leading to tumor progression has been established (15). A number of tumors have been identified to express high levels of PN in clinical specimens (13,17,19,21). The expression of PN has been demonstrated to be induced by transforming growth factor-b (TGF- β) and bone morphogenetic protein (BMP)-2 (41,42). In CCA, TGF- β was expressed in cancer cells (43), and it is established that activated fibroblasts in cancer tissues may produce TGF- β (44). Therefore, it may be possible that stromal fibroblasts are activated by cancer-derived or fibroblast-derived TGF- β in a paracrine or autocrine manner, which leads to the activation of PN production from stromal cells into the tumor microenvironment. Although the reason for the observation of negative-to-low expression of PN in CCA cells has yet to be elucidated, it may be explained by the aberrant PN expression control machinery, particularly, the abnormalities of certain

	Serum PN ng	expression, /ml	
Variable	Low, ≤94 (n=40)	High, >94 (n=26)	P-value
Tissue PN, IHC score High, >4 (n=34) Low, ≤ 4 (n=32)	14 26	20 6	0.001

Table IV. Clustering of patients with high or low PN levels.

PN, periostin; IHC, immunohistochemistry.



Figure 3. A graph demonstrating the association between serum and tissue PN levels in clinical cholangiocarcinoma tissues. The vertical bars indicate the range (10-90 percentile), while the horizontal boundaries of the boxes represent the standard deviation (25-75 percentile). Horizontal lines in the boxes represent median values. PN, periostin. *, P=0.002.

transcription factors (45-47) and microRNAs (miRNAs) (48,49). In addition, the high PN-expressing CCA-associated fibroblasts were identified to have low level of miR-1, whereas those with low PN had high miR-1 expression (unpublished data from our group). These results suggest the potential of miR-1 as a negative regulator of PN production in CCA-associated fibroblasts via blocking GATA-6 and leading to the down-regulation of BMP-4, which normally activates PN expression (49). miR-1 has been reported to be able to regulate GATA-6, its targeted gene, which indirectly activates the expression of PN through the GATA-6 direct transcription target BMP-4 (49). Therefore, the reduction of miR-1 leads to the increased GATA-6 that was observed in cells with PN overexpression. These results are in accordance with the previously described PN over-production from CCA stromal fibroblasts (13).

PN binds to the membrane receptor integrin α 5 β 1 on CCA cells and activates cancer cell progression via the AKT signaling pathway to increase tumor aggressive properties, including cell proliferation, growth, migration and invasion (13,16). Regarding PN as a secreted protein, serum PN has been detected in various types of activated stromal fibroblast-containing tumors, including non-small cell lung, colorectal, metastatic breast and ovarian cancer (27,28,30,31). Notably, the majority of these

tumors demonstrated that serum PN levels were associated with poor prognostic status of the diseases (28,30). In CCA, serum PN was reported to be a diagnostic marker (35); however, the application of using serum PN as a prognostic marker has not been investigated thus far. The median serum PN level in 8 Japanese patients with CCA was 513 ng/ml (35), which is higher than that in the Thai patients with CCA evaluated in the present study (79 ng/ml). As serum PN levels in the blood samples in the above previous study (35) were investigated using a different ELISA kit (SS16A and SS17B; Shino-Test Corporation), the results cannot be directly compared with the PN values obtained in the present study. However, despite the modified ELISA kit (SS18A and SS17B) used on the sera samples analyzed in the present study that contained a different clone of the anti-PN antibody, the median PN values in the tissue samples was 230 ng/ml (unpublished data), which was higher than that detected in the present study. This discrepancy may be attributed to differences in the genetic background between Thai and Japanese populations, tumor size, tumor invasiveness and/or the etiological causes of CCA. However, the primary result is the identification of increased serum PN levels in patients with CCA compared with those in patients with other conditions.

Serum PN is positively associated with liver enzymes and proteins (aspartate transaminase, alanine transaminase, alkaline phosphatase and total albumin) and liver stiffness, but negatively associated with serum albumin in patients with post-operative biliary atresia (50). This previous study concluded that serum PN was associated with hepatic dysfunction, liver fibrosis and jaundice status (50). The univariate analysis conducted in the present study demonstrated that serum PN was significantly associated with PT. The majority of patients with CCA and normal PT had low serum PN, whilst a large number of patients with high serum PN had prolonged PT. This may be explained by the liver dysfunction and PN overexpression observed in patients with CCA. Regarding the histological type, papillary CCA has been established to be associated with good prognosis, and concordant with this, the rate of liver metastasis has been identified to be significantly higher for intraductal CCA with a tubular growth pattern than for CCA with a papillary growth pattern (51). Therefore, the results of the current study indicated that the low PN levels in serum and tissue were significantly associated with papillary CCA and are of clinical importance. However, the significant association of serum PN, unlike tissue PN, with well-differentiated CCA may be statistically significant, but not biologically significant.

Although IHC has previously demonstrated that breast cancer exhibits an increased PN expression level (52), no significant increase in the level of serum PN was observed in the current study. This may be due to the area of cancer cells and/or stromal fibroblasts being identified as the source of PN in breast cancer compared with that in CCA, which is smaller and may not have this caveat. These previous data are concordant with the results of the present study that the serum PN levels in patients with breast cancer, of which none had metastatic disease, were not significantly increased compared with those in the normal controls. In the metastatic cases, breast cancer cells that have settled in the bone marrow stroma may activate the stromal and bone cells to support the growth of metastatic cancer cells through bone-derived factors, including TGF- β and BMPs (53). These secreted substances may then activate cancer cells and/or stromal fibroblasts to produce PN and release this into the blood circulation. In HCC tissues, the fibrous capsule surrounding the cancer cells was mildly stained for PN (13,35). In the present study, serum PN in patients with HCC exhibited a higher level compared with that in patients with CCA, which is opposed to the findings of Fujimoto et al (35). However, increased serum PN in patients with HCC compared with that in normal controls and benign liver diseases was supported by Lv et al (54). Serum markers, including alpha-fetoprotein and CA19-9, may be used for early detection of liver and bile duct cancer but only have moderate sensitivity and specificity (55). When using the 94 ng/ml threshold value to distinguish patients with CCA from patients with other conditions, the results of the present study demonstrated that the diagnostic performance was statistically significant with high specificity, even though the sensitivity was low. The specificity of serum PN in the present study was higher compared with that reported for CA19-9 (7); however, the sensitivity of the two serum markers was low. Therefore, it is not remarkable that using serum PN to distinguish CCA from benign liver diseases was not statistically significant. This result from the present study may suggest that serum PN is specific to CCA, but using it to detect early CCA may not be effective. This conclusion is similar to that regarding serum CA19-9 that was summarized in a guideline, which reported CA19-9 to be insufficient to establish the diagnosis of CCA (56). In the current study, the combination of serum PN and CA19-9 did not add value to the diagnostic potential of differentiating CCA from benign liver diseases. Novel biomarkers, including the soluble fragment of cytokeratin 19 (CYFRA 21-1), mucins, pyruvate kinase and certain metalloproteinases, including matrix metalloproteinase 7, have been reported to aid in the diagnosis of CCA, and in certain cases, also act to establish prognostic values (57). However, none of these biomarkers are part of current routine clinical practice.

The increased PN level in the serum of patients with CCA was associated with increased PN expression levels in CCA-associated fibroblasts. The fibroblast-derived PN may not only act on cancer cells locally to activate the tumorigenic properties, leading to cancer aggressiveness and reduced survival rate (13), but also may be secreted into the blood circulation. Notably, the results of the present study supported that the serum and tissue PN levels may be used to divide patients with CCA into high and low PN groups. In addition to a previous study that demonstrated that tissue PN level was significantly associated with reduced patient survival time (13), high serum PN in the current study was associated with reduced cumulative survival of patients with CCA. Therefore, serum PN may be applied as a marker of poor prognosis to predict the aggressiveness of the disease. Serum CA19-9 was analyzed in the present study, and did not exhibit an association with survival rates (data not shown). This is in contrast to the previously reported recommendation that CA19-9 may be of prognostic significance in CCA (56). This may be explained by the varying CA19-9 threshold level used in the previous studies (56,58) and in the present study. Carcinoembryonic antigen (CEA) is another serum tumor marker that is used in CCA management and has been identified, together with lymph node metastasis, to be associated with advanced stage tumors and negative prognostic factors in CCA (59). Notably, the results of the present study indicate that the statistical impact of serum PN as a prognostic marker appears to be an improvement upon serum CEA.

In conclusion, the current study suggests that the impact of serum PN exclusively produced in CCA cancer-associated fibroblasts may be used as a validated predictive marker for patient survival. Although certain stromal substances produced from cancer cells or cancer-associated fibroblasts have been investigated using IHC for their increased levels and proposed as a prognostic marker in intrahepatic CCA, including PN (13), osteopontin, laminin and TGF- β 2 (60), the current study has demonstrated that PN is a substance that is detectable in patients' serum and able to predict the aggressiveness of the disease. Patients with high serum PN levels at the time of diagnosis may be considered to require aggressive adjuvant treatment. Although a well-designed study, in which extensive patient follow-up and regular testing of blood samples from the patients, to investigate patients with CCA following surgery is required to inform further, it can be suggested that serum PN is an effective indicative marker for treatment responsiveness and tumor recurrence.

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