

# Potential Implications of Hyperoside on Oxidative Stress-Induced Human Diseases: A Comprehensive Review

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**Abstract:** Hyperoside is a flavonol glycoside mainly found in plants of the genera *Hypericum* and *Crataegus*, and also detected in many plant species such as *Abelmoschus manihot*, *Ribes nigrum*, *Rosa rugosa*, *Agrostis stolonifera*, *Apocynum venetum* and *Nelumbo nucifera*. This compound exhibits a multitude of biological functions including anti-inflammatory, antidepressant, antioxidative, vascular protective effects and neuroprotective effects, etc. This review summarizes the quantification, original plant, chemical structure and property, structure–activity relationship, pharmacologic effect, pharmacokinetics, toxicity and clinical application of hyperoside, which will be significant for the exploitation for new drug and full utilization of this compound.

**Keywords:** hyperoside, original plant, chemical structure, pharmacology, pharmacokinetics, toxicity

## Introduction

Humans have used plants as the basis of traditional medical system for many years.<sup>1</sup> However, even with the rise of modern medicine, traditional medicine is being drawn upon. As the discovery and synthesis of traditional chemical drugs are facing great obstacles and challenges, more and more researchers have turned their attention to the application of natural drugs and their extracts.<sup>2,3</sup> As the source of natural drugs often comes from plants, animals or other natural products,<sup>4,5</sup> they always show a superiority in side effects, metabolic burden and other aspects compared with traditional chemical synthetic drugs.<sup>6,7</sup> The research boom gained momentum after Tu Youyou was awarded the Nobel Prize in 2015. Different from the traditional chemical drugs, natural drugs and their extracts have been considered to be good resources for new drugs, especially in plants. Because of the wide variety of plants and extracts they have become the main resources of natural drugs.

With the further study of natural medicinal chemistry, the active components in plants and their natural extracts have been isolated and analyzed.<sup>8,9</sup> After screening several dozen commonly-used natural herbs, many compounds from plant extracts are reported, which efficiently exhibited anti-inflammatory responses.<sup>10–14</sup>

While the flavonoids are one of the most important natural compounds including flavanones, isoflavones, etc. possess a multitude of biological effects including anti-bacteria, anti-inflammatory, anti-allergy, anti-oxidation,<sup>15,16</sup> cytoprotective, anti-thrombotic and anti-platelet.<sup>17,18</sup>

With the development of natural medicinal chemistry, many natural compounds or drugs derived from natural compounds have used in clinic.<sup>19,20</sup> For instance, paclitaxel has been used to treat ovarian, breast, and lung cancer,<sup>21</sup>

artemisinin has been used to treat malaria,<sup>22</sup> and silibinin from *Silybum marianum* has been applied to treat hepatitis,<sup>23</sup> etc.

Quercetin-3-O- $\beta$ -D-galactopyranoside, known as hyperoside, is a flavonol glycoside mainly found in plants of the genera *Hypericum* and *Crataegus*,<sup>24</sup> and also detected in many plant species such as *Abelmoschus manihot*, *Ribes nigrum*, *Rosa rugosa*, *Agrostis stolonifera*, *Apocynum venetum* and *Nelumbo nucifera*. This compound exhibits a multitude of biological functions including as an anti-inflammatory,<sup>25</sup> antidepressant,<sup>26</sup> antioxidative,<sup>27</sup> a vascular protector,<sup>28</sup> and neuroprotector.<sup>29</sup>

In this review we summarize the advancements of hyperoside from six aspects including quantification and original plant, chemical structure and property, structure–activity relationship, pharmacologic effect, pharmacokinetics, toxicity and clinical application, which will be significant for the exploitation for new drug and full utilization of this compound (Figure 1). Additionally, possible tendency and perspective for future investigations of hyperoside is also discussed in this review.

## Extraction and Original Plant

Since 1960, hyperoside has been isolated from red osier dogwood (*Cornus stolonifera* Michx.). And with the further study of natural medicinal chemistry, many natural drugs have been found to contain flavonoids and hyperoside is one of the most important components. With the development of chromatographic analysis methods including column chromatography, high performance counter-current chromatography, principal component analysis, high performance liquid chromatography (HPLC) has been widely used in quantification of hyperoside. At present HPLC is also the most commonly used extraction and identification method recorded in Chinese Pharmacopoeia.

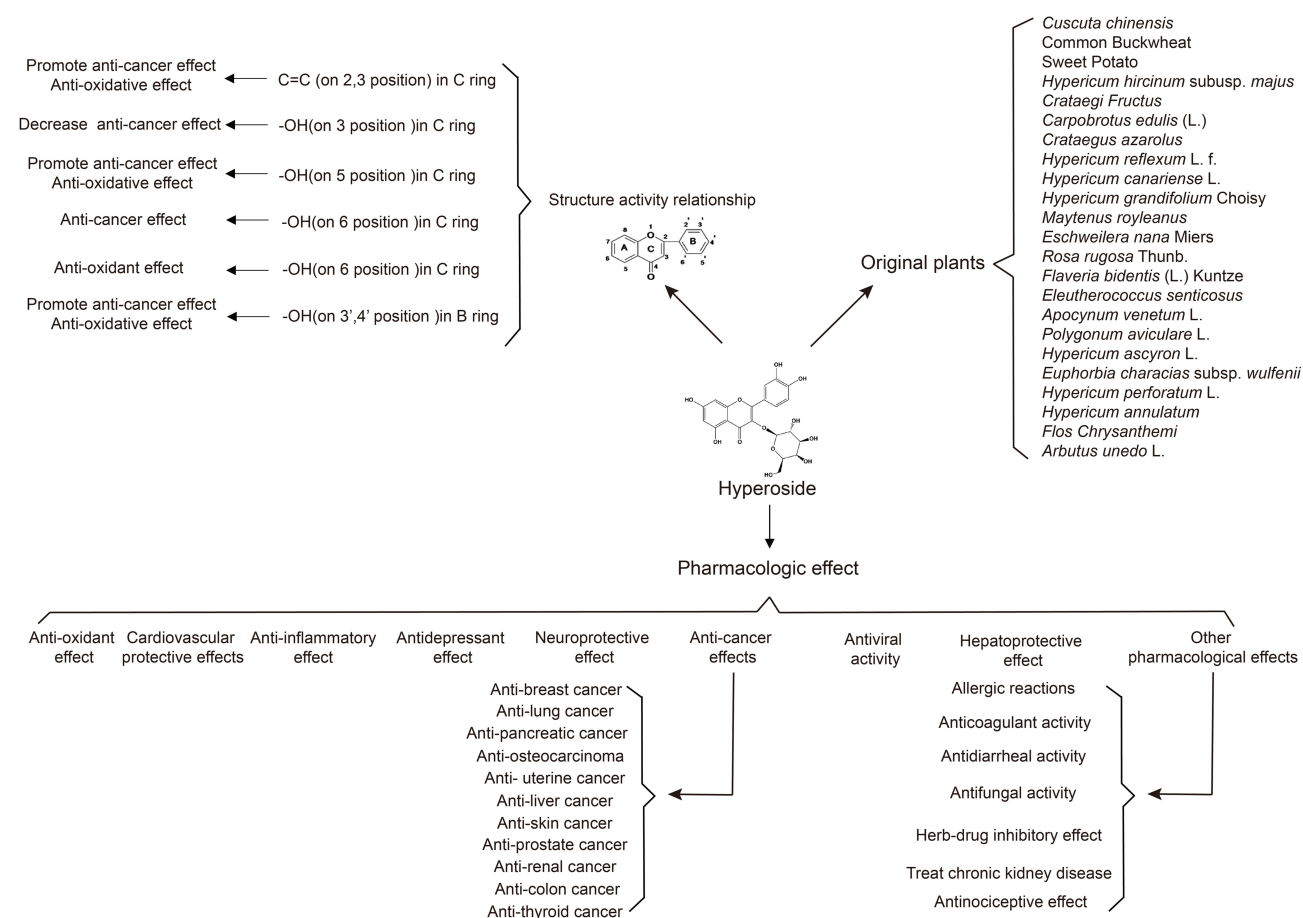


Figure 1 The outline of review.

There are a variety of herbal plants have been applied in the extraction of hyperoside like *Crataegus pinnatifida* Bunge (hawthorn), *Fagopyrum tataricum* (L.) Gaertn. (Common buckwheat), etc. And hyperoside could also extracted from different parts of plants. For example, the leaf of *Crataegus pinnatifida* Bunge (Hawthorn), *Crataegus azarolus* L., *Maytenus royleana* Cufod., *Eschweilera nana* Miers, *Flaveria bidentis* (L.) Kuntze and *Arbutus unedo* L. The seed of *Cuscuta chinensis* var. *chinensis*, *Hypericum perforatum* L. and *Hypericum annulatum* Moris. The flower or blossom of *Hypericum reflexum* L.f., *Hypericum canariense* L. and *Hypericum grandifolium* Choisy. The fruit or hull of *Fagopyrum tataricum* (L.) Gaertn. (Common Buckwheat), *Crataegus pinnatifida* Bunge (Hawthorn), *Carpobrotus edulis* (L.) N.E.Br. The root of *Dioscorea esculenta* (Lour.) Burkill (Sweet Potato), *Eleutherococcus senticosus* Maxim. And the plant or the aerial part of *Hypericum hircinum* subsp. *majus* (Aiton) N.Robson, *Polygonum aviculare* L., *Hypericum ascyron* L., *Euphorbia characias* subsp. *wulfenii* (Hoppe ex W.D.J.Koch) Radcl.-Sm. and *Hypericum perforatum* L. In this section, we summarized the isolated original plants in Table 1.

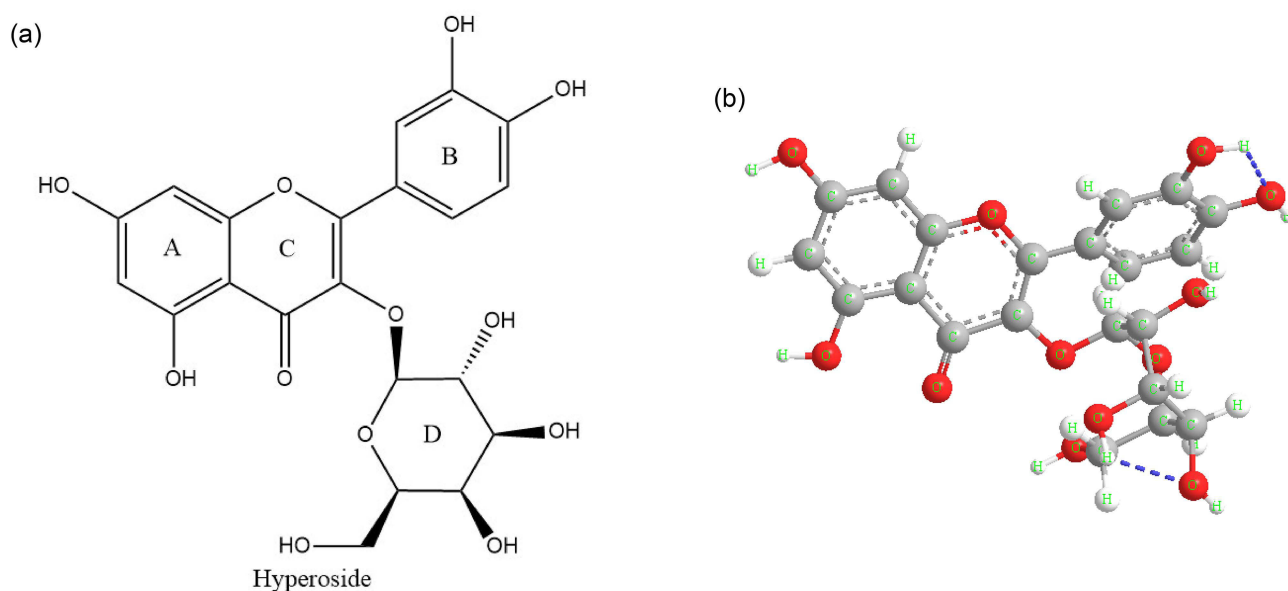
## Chemical Structure and Property

Hyperoside also called quercetin-3-O- $\beta$ -D-galactoside pyranoside, belongs to flavonol glycosides. It's composed of two phenyl rings (A and B rings), a six-membered oxygen heterocycle (C ring) and a galactopyranosid (D ring) (Figure 2a). With the deepening of research, Liu et al predicted the most stable conformation according to the minimum energy principle which is shown in Figure 2b, by calculating the Self-Consistent Field (SCF) energy level of twenty different chair and boat conformations of galactopyranosid (D ring).<sup>52</sup>

It has been widely reported that hyperoside has a variety of bioactive functions, such as anti-bacteria, anti-inflammatory, anti-allergy, anti-oxidation, etc. The molecule of hyperoside contains lots of polar groups, including three ether bonds, one carbonyl group and eight hydroxyl groups. Based on its chemical structure these groups make hyperoside has high activity and could interact with multiple functional monomers.

**Table 1** Original Plants and Parts

Num	Plants	Parts	Reference
1	<i>Cuscuta chinensis</i> var. <i>chinensis</i>	Seeds	[30,31]
2	<i>Fagopyrum tataricum</i> (L.) Gaertn. (Common Buckwheat)	Hull	[32]
3	<i>Dioscorea esculenta</i> (Lour.) Burkill (Sweet Potato)	Storage root	[33]
4	<i>Hypericum hircinum</i> subsp. <i>majus</i> (Aiton) N.Robson	Plants	[34]
5	<i>Crataegus pinnatifida</i> Bunge (Hawthorn)	Fruit Leaf	[35,36]
6	<i>Carpobrotus edulis</i> (L.) N.E.Br.	Fruit	[37]
7	<i>Crataegus azarolus</i> L.	Leaf	[38]
8	<i>Hypericum reflexum</i> L.f.	Blossom	[39]
9	<i>Hypericum canariense</i> L.		
10	<i>Hypericum grandifolium</i> Choisy		
11	<i>Maytenus royleana</i> Cufod.	Leaf	[40]
12	<i>Eschweilera nana</i> Miers	Leaf	[41]
13	<i>Rosa rugosa</i> Thunb. (Family Rosaceae)	Flower	[42]
14	<i>Flaveria bidentis</i> (L.) Kuntze	Leaf	[43]
15	<i>Eleutherococcus senticosus</i> Maxim.	Root	[44]
16	<i>Apocynum venetum</i> L.	Leaf	[44]
17	<i>Polygonum aviculare</i> L.	Aerial part	[45]
18	<i>Hypericum ascyron</i> L.	Aerial part	[46]
19	<i>Euphorbia characias</i> subsp. <i>wulfenii</i> (Hoppe ex W.D.J.Koch) Radcl.-Sm.	Aerial part	[47]
20	<i>Hypericum perforatum</i> L. (St. John'swort)	Seed Aerial part	[48,49]
21	<i>Hypericum annulatum</i> Moris	Seed	[48]
22	<i>Chrysanthemum morifolium</i> Ramat.	Flower	[50]
23	<i>Arbutus unedo</i> L.	Leaf	[51]



**Figure 2** Structure and structure–activity of hyperoside. Chemical structural formula of hyperoside (a), Spatial structure diagram of hyperoside (b).

## Structure–Activity Relationship

Hyperoside as a kind of compound of flavonoids, due to its structure and properties exhibit some biological activity. Hyperoside could exhibit a variety of pharmacologic effects, based on its structure especially the substitutional groups.

The C2-3 double bond in C ring promotes the anti-cancer effects. And when there is a hydroxyl substituent(-OH) on the third carbon, the anti-cancer effects may be decreased.<sup>53</sup> As aglycone of hyperoside is quercetin, they may have similar properties. And 5-OH also showed the same effect.<sup>53</sup> On the contrary, 6-OH showed an enhancement on the anti-cancer effects, when the compound contains 3',4'-OH the anti-cancer effect will be increased.<sup>54</sup> Another factor that influences the anti-cancer effect is the differences of substituent.<sup>55</sup>

Meanwhile, hyperoside also has anti-oxidant effect, and the position of -OH is one of the most important factors,<sup>56</sup> while hyperoside contains a 3',4'-o-diphenol hydroxyl structure on B ring demonstrating the strong anti-oxidant effect. In addition, 5-OH and 7-OH also make hyperoside shows a strong anti-oxidant effect.<sup>57</sup> And the double bond between C-2,3 has also been proved to be relative to the anti-oxidant.<sup>58</sup>

## Pharmacologic Effect

Hyperoside is a biological active compound with great application prospect and there have been some clinical applications because of its effects in anti-inflammatory, anti-oxidative, anti-depressant and vascular protective effects and so on.<sup>59</sup> So, in this part we reviewed the pharmacologic effects of hyperoside (Table 2, Figures 3 and 4).

## Anti-Oxidant Effect

Anti-oxidant effect is an essential effect of hyperoside. Several studies demonstrated that hyperoside showed a strong activity of anti-oxidant.<sup>97,143–146</sup> In a model of oxidative damage induced by hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), carbon tetrachloride and cadmium in *Saccharomyces cerevisiae* demonstrated that hyperoside could significantly increase cell viability, decrease the lipid peroxidation (LPO) and intracellular reactive oxygen species (ROS) levels.<sup>60</sup> In human spermatozoa LPO model induced by H<sub>2</sub>O<sub>2</sub>, *C. sativa* leaf extract containing high concentration hyperoside showed great antioxidant effect by reducing LPO level. And hyperoside showed a protective effect on damage induced by LPO particularly at the plasma membrane level.<sup>61</sup> In the tert-butyl hydroperoxide (TBHP) induced model, hyperoside could protect PC12 and ECV-304 cells against cytotoxicity induced by TBHP.<sup>62,63</sup> In B16F10 melanoma cells (B16 cells), hyperoside was reported to suppress oxidative stress-induced melanogenesis.<sup>64,65</sup>

**Table 2** Pharmacologic Effects

Num	Classification	Materials	Dose	Mechanism	Reference
1	Anti-oxidant	Saccharomyces Cerevisiae	5, 20 mg/L	Decreased LPO and the level of ROS	[60]
2		Human Spermatozoa	-	Decreased the level of LPO	[61]
3		PC12 cell	100 µg/mL	Inhibition the shrinking and apoptosis induced by H <sub>2</sub> O <sub>2</sub> and TBHP	[62]
4		ECV304 cells	160 µg/mL		
5		B16 melanoma cells	128 µM	Increased SIRT1, inhibition the translocation of Bax	[63]
6		B16 cells	18.2 µM	Inhibition the expression of tyrosinase and oxidative stress-induced melanogenesis	[64]
7		MT3C3-E1 cells	5, 10, 50 µM	Against RS, <sup>•</sup> O <sub>2</sub> , NO <sup>•</sup> , ONOO <sup>-</sup> , enhance the GSH/GSSG ratio, inhibited oxidative stress-induced melanogenesis	[65]
8		SH-SY5Y Cells	5, 10, 50 µmol/L	Decreased the expression of p-JNK and p-p38, regulated the MAPK-mediated responses	[66]
9		L02 cell	0.25, 0.5, 1, 2 µM	Upregulation of Nrf2 and HO-1, activation of Nrf2/HO-1 signaling	[67]
10		Female Wistar rats	10, 50, 100, 200, 500, 800 µM	Upregulation of HO-1 via the regulation of MAPK-dependent Keap1-Nrf2-ARE signaling pathway	[68]
11		V79-4 cells	-	Increased transcription of CAT and GSH	[69]
12	Cardiovascular protective effect	H9C2 cells	5 µM	Downregulation of ROS, induction of catalase and glutathione peroxidase activities	[70]
13		H9C2 cells	1, 10, 50, 100 µM	Upregulated miR-138, inhibited the expression of MLK3 and Lnc2 to inhibit apoptosis	[71]
14		Male C57BL/6 mice	10, 50, 100, 200 mg/kg	Inhibited the iNOS protein expression	[72]
15		RAW 264.7 cells	10, 30, 100 µM	Reduced IL-1β, IL-8, TF, ICAM1, VCAM1, activated autophagy and suppressed mTOR/S6K and TLR/Myd88/NF-κB signaling	[73]
16		HUVECs	10, 20, 50 µM	Increased Bcl-2, decreased Bax, induced phosphorylation of ERK1/2	[74]
17		HUVECs	5, 10, 25 µM	Blocked HG-induced vascular inflammation via inhibition of NF-κB	[75]
18		HUVECs, mice	5, 10, 20, 50 µM	Inhibition of the HMGB1 signaling pathway	[76]
19		HUVECs, mice	5, 10, 20, 50 µM	Upregulation of Nur77, inhibited both cell proliferation of VSMCs in vitro and carotid artery ligation-induced neointimal formation in vivo	[28]
20		VSMCs, male C57BL/6N mice	5 µM in vitro	Inhibited oxLDL-induced LOX1 expression, ERK activation and cell proliferation via the regulation of oxLDL-LOX1-ERK pathway	[77]
21		VSMCs	40 mg/kg in vivo	Endothelium-dependent and endothelium-independent mechanisms	[78]
22		Male SD rats	10, 25, 50, 100 µg/mL	Activation of ERK-dependent signal pathway	[79]
23		Male adult SD rats	1–100 µM	Upregulated autophagy, suppressed NLRP1 inflammation pathway	[80]
24		Male KM mice	9, 18, 36 mg/kg	Inhibition of the AKT signal pathway	[81]
25	NRCMs, Male C57/BL6 mice	1, 5, 10 µM	Attenuating myocardial apoptosis and inducing autophagy	[82]	

(Continued)

Table 2 (Continued).

Num	Classification	Materials	Dose	Mechanism	Reference
25	Anti-inflammation	HT22 cells	20 $\mu$ M	Alleviates the level of IL-1 $\beta$ , IL-6, IL-8, TNF- $\alpha$ , ROS, MDA, Bax, and caspase-3; increases the expression of CAT, SOD, GSH, Bcl-2, BDNF, TrkB, and NGF.	[83]
26		Rat peritoneal macrophages	100 $\mu$ M	Alleviated LPS-induced inflammation, oxidative stress, and apoptosis by upregulating SIRT1 to activate Wnt/ $\beta$ -catenin and sonic hedgehog pathways.	[84]
27		Chondrocytes, Male C57BL/6 mice	10, 20, 40 $\mu$ M; 20 mg/kg	Inhibited NO production via inhibition of expression of iNOS by attenuation of p44/p42 MAPK, p38 MAPK and JNK	[85]
28		HK-2 cells	10, 50, 100 $\mu$ M	Suppression of PI3K/AKT/NF- $\kappa$ B and MAPK pathways	[86]
29		Male SD rats, BMSCs	40 $\mu$ g/mL	Enhanced Nrf2/HO-1	[87]
30		Mouse peritoneal macrophages	5 $\mu$ M	Activation of miR-499a-5p/NRIPI signal pathway	[25]
31	Antidepressant effect	C6 glioblastoma cells	1 $\mu$ M	Reduced $\beta$ 2-adrenergic sensitivity	[88]
32		C6 glioblastoma cells	1 $\mu$ M	Reduction in $\beta$ 2-AR density in plasma membrane and decrease in corresponding downstream signaling	[89]
33		PC12 cells	2.5, 5, 10 $\mu$ g/mL	Decreased Ca <sup>2+</sup> , upregulation of CREB and BDNF through the cAMP-CREB signal pathway	[90]
34		Male Albino Swiss mice	0.94 mg/kg, 3.75 mg/kg	Mediated by monoaminergic system and the upregulation of BDNF level	[91]
35		Adult male CFI mice, Male Wistar rats	10, 20, 40 mg/kg(i.p.) or 20 and 40 mg/kg(P.O.) in mice, 1.8 mg/kg/day (P.O.) in rats	D2-like receptor activation	[26]
36		Male ICR mice	10, 20, 30 mg/kg	Be related to the serotonergic system including 5-HT <sub>2A</sub> , 5-HT <sub>2</sub> receptor	[92]
37		Adult male SD rats	5, 10, 15 mg/kg	Regulation on hypothalamus- pituitary- adrenal (HPA) axis activity	[93]
38		ICR mice	-	Promoted the level of NE and 5-HT in brain and decreased the activity of MAO	[94]
39	Neuroprotective effect	Primary cortical neuron	2.5, 5, 10, 20 $\mu$ M	Inhibited PI3K/Akt/Bad/Bclxl-regulated mitochondrial apoptotic pathway	[95]
40		Primary cortical neuron	10 $\mu$ M	Inhibited the activation of NF- $\kappa$ B, lessened the expression of iNOS, ameliorated ERK, JNK and Bcl-2 family-related apoptotic signaling pathway	[29]
41		PC12 cells	10, 50, 100 $\mu$ M	Inhibited ROS, the activation of caspase-3 and PARP to inhibit apoptosis	[96]
42		ICR mice	2.5 mg/kg	Inhibited AchE activity	[97]
43		SD rats	25, 50, 100 mg/kg	Upregulated the level of H <sub>2</sub> S, decreased the synthesis and release of NO	[98]
44		C57BL /6j mice (CSE <sup>+/+</sup> , CSE <sup>-/-</sup> )	25, 50, 100 mg/kg	Upregulation of cystathionine $\gamma$ -lyase (CES)-H <sub>2</sub> S signal pathway	[99]
45		SD rats	1, 10, 100 $\mu$ M	Upregulation of H <sub>2</sub> S, activation of K <sub>Ca</sub> and opening K <sub>Ca</sub> channels, blocked Ca <sup>2+</sup> influx	[100]
46		Male SD rats	10, 20, 40 mg/kg	Promote the anti-oxidant activity of SOD and CAT to alleviate oxidative stress injury	[101]

47	Anti-breast cancer	4T1 cells, MCF-7 cells, Balb/c mice	25, 50, 100 $\mu$ M in vitro 50 mg/kg in vivo	Inhibition of NF- $\kappa$ B signal pathway, activation of Bax-caspase 3 axis to promote ROS induced apoptosis Blocking TLR4-mediated pro-survival and inflammatory cytokine expression to promote the sensitivity of breast cancer cells to paclitaxel	[102]
48		MDA-MB-231 cells	5, 10, 50, 100 $\mu$ g/mL		[103]
49	Anti-lung cancer	A549 cells, Balb/c-nude mice	15, 20, 25 $\mu$ M in vitro 15, 20, 25 mg/kg in vivo	Activation of caspase-3 to motivate apoptosis and inactivation of NF- $\kappa$ B to inhibit inflammatory Upregulation of AMPK signal pathway and HO-1 expression to suppressed the survival and proliferation of A549 cells Upregulated apoptosis via activation of the p38 MAPK- and JNK-induced mitochondrial death pathway Upregulated the expression of p38 MAPK, caspase 3, caspase 9, cleaved caspase 3, cleaved caspase 9 and Bax, downregulated the expression of Cu/Zn SOD, CAT, Nrf2, NQO1, HO-1 and Bcl-2 Inhibited the process of G1/S phase to inhibit proliferation Upregulation of FoxO1 via CCAT1 to inhibit proliferation and induce apoptosis Induced autophagy through inhibiting the Akt/mTOR/p70S6K signal pathway, induced apoptosis Inhibited NF- $\kappa$ B transcriptional activity, caspase-9/caspase 3 activation, cell cycle arrest and suppression of cell proliferation Upregulation of Akt/PI3K and p38 MAPK signal pathway, downregulation of nm23-H1, MTA1, TIMP-2 and MMP-2	[104]
50		A549 cells	10, 50, 100 $\mu$ M		[105]
51		A549 cells	10, 50, 100 $\mu$ M		[106]
52		A549 cells, H466 cells, C57BL/6j mice	–		[107]
53		A549 cells	10, 20, 50, 100, 200, 400 $\mu$ g/mL		[108]
54		NCI-H1975 cells, PC-9 cells, Nude male mice	30, 60, 90, 120, 150 $\mu$ M in vitro, 25 mg/kg in vivo		[109]
55		A549 cells	0.5, 1, 2 mM		[110]
56		H1975 cells, A549 cells, male Balb/c nude mice	20, 40, 60, 80, 100 $\mu$ g/mL		[111]
57	A549 cells	1, 2, 5 $\mu$ M	[112]		
58	Anti-pancreatic cancer	PANC-1 cells, BxPC-3 cells, Female nude Balb/c mice	100, 300, 500 $\mu$ M in vitro 20 mg/kg in vivo	Promote Bax/Bcl-2 and Bax/Bcl-xL ratios and inhibit NF- $\kappa$ B activation, promoted of apoptosis and suppressed of proliferation	[113]
59	Anti-osteocarcinoma	ARP cells, H929 cells MC3T3-E1 cells, Raw264.7 cells	0.05, 5 $\mu$ M	Promoted osteoblastogenesis and suppressed osteoclastogenesis, thus improving the bone marrow microenvironment to inhibit MM cell proliferation Activation of TGF- $\beta$ signal pathway to induce G0/G1 arrest to inhibit cell proliferation	[114]
60		U2OS cells, MG63 cells	150 $\mu$ g/mL		[115]

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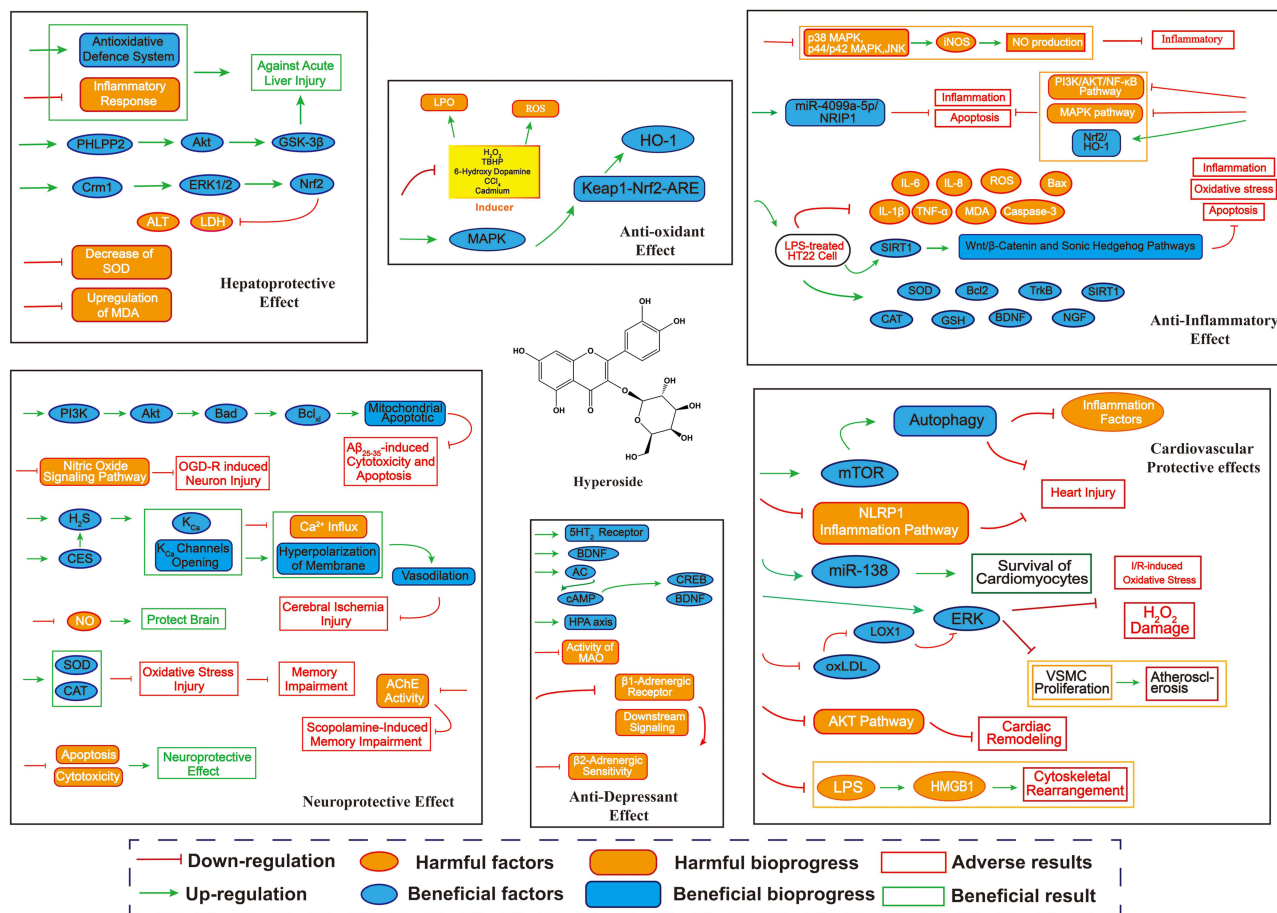
Table 2 (Continued).

Num	Classification	Materials	Dose	Mechanism	Reference
61	Anti-uterine cancer	Hela cells,	0.25, 0.5, 1, 2, 4, 8 $\mu$ M	Downregulation of C-MYC gene expression	[116]
62		C33-A cells	10, 20, 100 $\mu$ M	Induced apoptosis through mitochondria-dependent and death receptor-dependent apoptotic pathways	[117]
63		RL952 cells	50, 100 $\mu$ M	Overexpression of PGRMC1 enhanced the autophagy and apoptosis induced by hyperoside	[118]
64	Anti-liver cancer	HepG2 cells	10, 20, 50 nM	Upregulation of p53/caspase signal pathway to induce apoptosis and inhibit proliferation	[119]
65		HepG2 cells	5, 10, 20, 40, 80 $\mu$ M	Inhibiting the BMP-7 dependent-PI3K/AKT pathway to suppress cell proliferation	[120]
66		CBRH-7919 cells, Balb/c nude mice	1, 1.25, 5, 20, 60 $\mu$ g/mL in vitro, 6 mg/kg in vivo	Upregulation of caspase 3 and caspase 9 induced apoptosis to inhibit liver cancer in vitro and vivo	[59]
67	Anti-skin cancer	A431 cells, A432 cells, HS-4 cells, female mice	1, 5, 10, 25, 50, 100 $\mu$ M in vitro, 8.16 $\mu$ M in vivo	Inhibition of PI3K/Akt/mTOR/p38MAPK signal pathway and activation of AMPK to inhibit cell proliferation and induced apoptosis and autophagy	[121]
68	Anti-prostate cancer	PC3 cells	-	Reduced the expression of miR-21 to inhibit cell growth and metastasis	[122]
70	Anti-renal cancer	786-O cells	-	Downregulation of ROS to induce caspase-3 cleavage and PARP cleavage, decreased miR-27A and induced ZBTB10 and downregulated Sp1, Sp3 and Sp4	[123]
71	Anti-colon cancer	SW620 human colorectal cancer cells	12.5, 25, 50 $\mu$ M	Upregulation of p21, p53 to induce G2/M phase arrest and apoptosis	[124]
72		HT-29 human colon cancer cells	100, 200 $\mu$ M	Activation of mitochondria-dependent apoptotic pathway	[125]
73	Anti-thyroid cancer	SW579 cells	5, 10, 20 $\mu$ g/mL	Upregulated the expression of Fas and FasL mRNAs, downregulated the expression of the survivin protein	[126]
74	Antiviral effect	HepG2.2.15 cells, Peking ducklings	0.2, 0.1, 0.05, 0.025, 0.0125 g/L in vitro 0.02, 0.05, 0.1 g/kg/d in vivo	Hyperoside showed an anti-HBV effect both in vitro and in vivo	[127]
75		HepG2.2.15 cells	50 $\mu$ g/mL	Hyperoside showed an anti-HBV effect both in vitro	[128]
76		Huh-7 cells	-	Hyperoside from <i>Nymphaea alba</i> extracts showed anti-HCV effect	[129]



77	Hepatoprotective effect	L02 cells, C57BL/6 mice	5, 10, 20 $\mu$ M in vitro 25, 50, 100 mg/kg in vivo	Activated Nrf2 to downregulate LDH and ALT	[130]
78		Male Balb/c mice, L02 cells	50, 100 mg/kg in vivo 50, 100, 200 $\mu$ M in vitro	Activated ERK1/2-Crm1 pathway to promote the nuclear export of Bach 1 to upregulate Nrf2 binding to ARE	[131]
79		Male ICR mice	100 mg/kg	Upregulation of HO-1 and Nrf2, downregulation of iNOS, COX2, TNF- $\alpha$	[132]
80		Female Wistar rats	-	Increased transcription of CAT and GSH to show an antioxidant effect	[69]
81		L02 cells, Male SD rats	100 $\mu$ M in vitro 15, 30, 60 mg/kg in vivo	Reduced PHLPP2 expression, activated AKT phosphorylation, induced GSK-3 $\beta$ phosphorylation, increased Nrf2 translocation, promoted HO-1 expression	[133]
82		C57BL/6 mice, Nr4A1 knockout mice	50 mg/kg	Upregulation of Nr4A1 expression to macrophage polarization and HFD-induced NAFLD progression	[134]
83	Male Wistar rats	100, 200 mg/kg	Inhibiting the activation of TGF- $\beta$ 1/Smad pathway	[135]	
84	Allergic reactions	HMC-1 cells	100, 160 $\mu$ g/mL	Inhibited the level of TSLP by downregulation of intracellular calcium/RIP2/caspase 1/NF- $\kappa$ B signal	[136]
85		RBL-2H3 cells	0.35 $\mu$ M	Hyperoside could covalently modify with Bovine $\beta$ -Lactoglobulin	[137]
86	Anticoagulant activity	HUVECs ICR mice	0.5, 1, 2, 5, 10, 20, 50 $\mu$ M in vitro, 2.3 mg/kg in vivo	Prolonged APTT and PT and inhibited the activities of thrombin and FXa, inhibited production of thrombin and FXa, inhibited TNF- $\alpha$ induced production of PAI-1	[138]
87	Herb-drug inhibitory effect	Human liver microsomes	0.5, 1, 2, 5 $\mu$ M	Selectively inhibited CYP2D6	[139]
88	Treat chronic kidney disease	SD rats	-	Reduction in CaOx formation	[140]
89		SD rats Male SDT rats	2.5, 5, 10 $\mu$ g/mL	Inhibited the interaction between PDGF-BB and PDGFR- $\beta$	[141]
90		SD male rats NRK-52E cells	20 mg/kg/d in vivo 5, 10, 15 $\mu$ g/mL	Inhibited AMPK-ULK1 signaling-mediated autophagy to attenuate renal aging and injury	[142]

**Abbreviations:** AchE, anti-acetyl-cholinesterase; Akt, Akt kinase; AMPK, adenosine monophosphate-activated protein kinase; APTT, activated partial thromboplastin time; ARE, antioxidant response element; BDNF, brain-derived neurotrophic factor; BMP-7, bone morphogenetic protein-7; CAT, catalase; CREB, cAMP response element binding protein; COX2, cyclooxygenase 2; ERK, extra cellular signal-regulated protein kinase; FoxO1, fork head box protein O1; GSH, reduced glutathione; GSK-3 $\beta$ , glycogen synthase kinase 3 $\beta$ ; GSSG, Glutathione Oxidized; HBV, hepatitis B virus; HCV, hepatitis C virus; HFD, high-fat diet; HO-1, heme oxygenase-1; ICAM1, intercellular cell adhesion molecule-1; iNOS, inducible nitric oxide synthase; JNK, c-Jun N-terminal kinase; Keap1, kelch-like ECH-associated protein 1; LDH, lactate dehydrogenase; LPO, lipid peroxidation; LPS, lipopolysaccharide; MAO, monoamine oxidase; MTA1, Metastasis Associated 1; MAPK, mitogen-activated protein kinase; MDA, malondialdehyde; MMP-2, matrix metalloproteinase 2; mTOR, mammalian target of rapamycin; NAFLD, non-alcoholic fatty liver disease; NGF, nerve growth factor; Nrf2, nuclear erythroid 2-related factor 2; NF- $\kappa$ B, nuclear factor kappa-B; NO, nitric oxide; NO $\cdot$ , nitric oxide radical; NQO1, NAD(P)H quinone dehydrogenase 1; Nr4A1, nuclear receptor subfamily 4 group A member 1;  $\cdot$ O $_2$ , superoxide radical; ONOO $\cdot$ , peroxyntirite anion; PAI-1, Plasminogen activator inhibitor 1; PARP, poly-ADP-ribose-polymerase; PHLPP2, PH domain leucine-rich repeat protein phosphatase 2; PI3K, phosphatidylinositol 3-kinase; p-JNK, phosphorylated c-Jun N-terminal kinase; PGRMC1, progesterone receptor membrane component 1; PT, prothrombin time; RIP2, receptor-interacting protein 2; RS, reactive species; ROS, reactive oxygen species; PDGF-BB, platelet-derived growth factor-BB; PDGFR- $\beta$ , platelet-derived growth factor-B receptor; SD, Sprague-Dawley; SIRT1, silent mating type information regulation 2 homolog-1; SOD, superoxide dismutase; TBHP, tert-butyl hydroperoxide; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; TIMP-2, Tissue inhibitors metalloproteinases; TrkB, Tyrosine Kinase receptor B; TGF- $\beta$ , transforming growth factor beta; TLR4, toll-like receptor-4; TSLP, thymic stromal lymphopoietin; ULK1, unc-51-like kinase 1; VCAM1, vascular cell adhesion molecule-1.

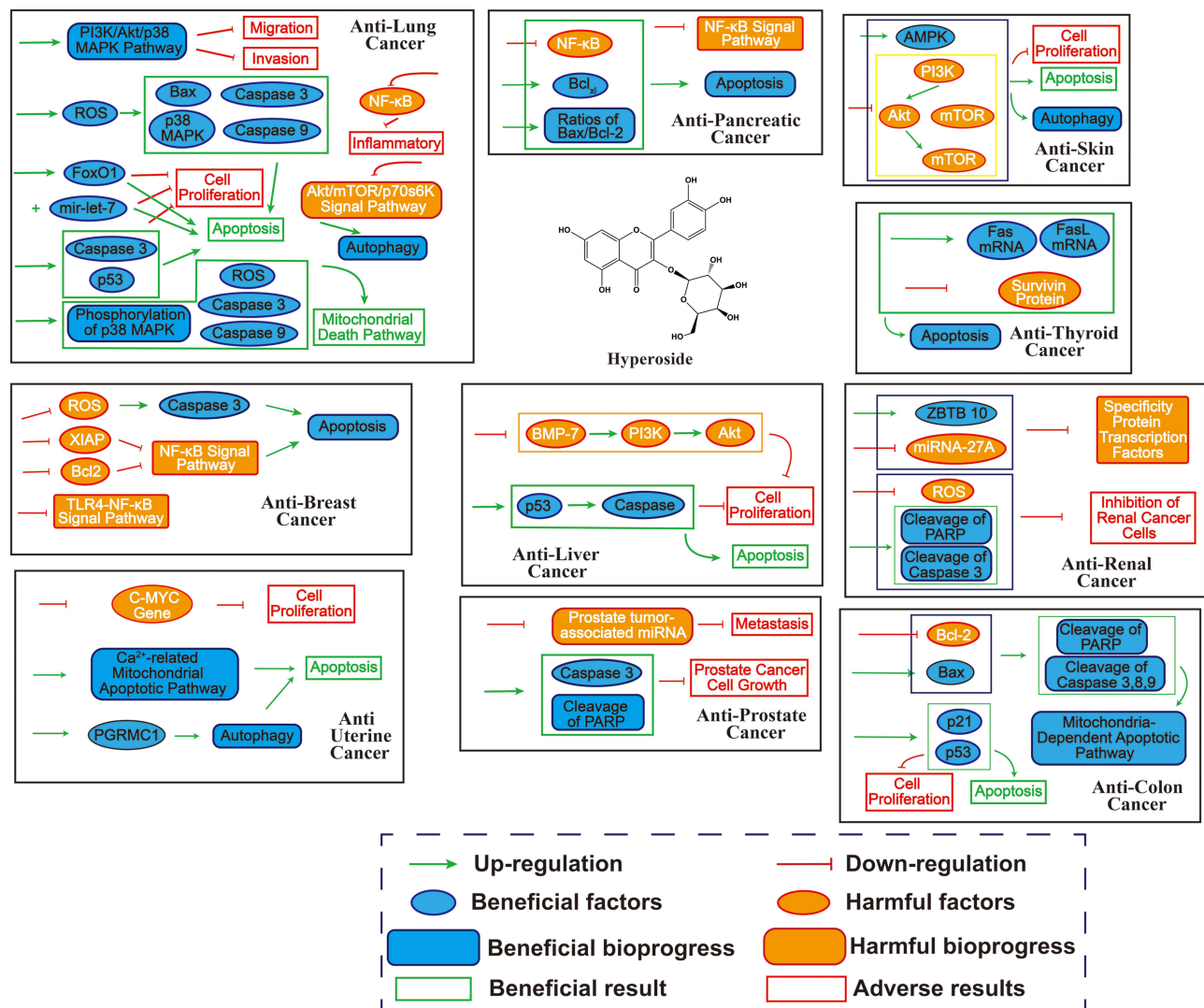


**Figure 3** The possible molecular mechanisms of hyperoside in anti-oxidant effect, anti-inflammatory effect, cardiovascular protective effects, anti-depressant effect, neuroprotective effect and hepatoprotective effect.

Radical scavenging activity and enhancement of antioxidant enzyme play an important role in the cellular and molecular mechanisms of hyperoside’s antioxidant effect. In Qi et al research that hyperoside could resist the oxidative stress and dysfunction induced by H<sub>2</sub>O<sub>2</sub> in osteoblastic MC3T3-E1 via regulation of mitogen-activated protein kinase (MAPK)-mediated responses.<sup>66</sup> Hyperoside could also play an anti-oxidant effect in dopaminergic neurons induced by 6-hydroxydopamine (6-HODA) via activation of nuclear erythroid 2-related factor 2 (Nrf2)/heme oxygenase-1 (HO-1) signaling.<sup>67</sup> Xing et al reported hyperoside further enhanced the cellular antioxidant defense system through MAPK-dependent Kelch-like ECH-associated protein 1 (Keap1)-Nrf2-antioxidant response element (ARE) signaling pathway to up-regulating HO-1 expression.<sup>68</sup> In carbon tetrachloride-treated Wistar female rat, hyperoside extracted from *Rourea induta* Planch. (RIEE) was found to reduce histopathologic alterations observed in the liver and levels of oxidative stress markers.<sup>69</sup> In H<sub>2</sub>O<sub>2</sub>-induced damage model in Chinese hamster fibroblast (V79-4) cells, hyperoside possessed cytoprotective properties against oxidative stress by scavenging intracellular ROS and enhancing anti-oxidant enzyme activity.<sup>70</sup> Besides, Liu et al demonstrated hyperoside exhibited significant radical scavenging activation 1.1-diphenyl-2-picrylhydrazyl (DPPH) radical, hydroxyl radical and ABTS radical, respectively.<sup>27</sup>

### Cardiovascular Protective Effect

Cardiovascular disease has gradually become a serious threat to human health. Many factors including inflammatory, play a very important role in the occurrence and progression of cardiovascular disease. Many studies have shown that hyperoside has a certain effect on the inhibition of cardiovascular related-disease.



**Figure 4** The possible molecular mechanisms of hyperoside in anti-cancer (breast, lung, pancreatic, skin, thyroid, renal, colon, liver, prostate and uterine).

As a vital organ to pump blood, heart is in need of a lot of oxygen and also most sensitive to lack of oxygen, so a hypoxic environment could cause damage to the cardiomyocytes even to the cardiovascular system, like coronary and cyanotic congenital heart disease.<sup>147</sup> He et al conducted a study that hyperoside could perform a protective effect in hypoxic H9C2 cells cardiomyocytes. Meanwhile, they also found that hyperoside upregulated miR-138 expression levels and inhibited the downstream expression of mixed lineage kinase 3 (MLK3) and lipocalin-2 (Lcn2) to alleviate apoptosis to promote the survival of cardiomyocytes.<sup>71</sup>

It's widely acknowledged that vascular endothelial cells play a pivotal role in maintaining normal cardiovascular system function.<sup>148</sup> Hyperoside isolated from *Acanthopanax chiisanensis* Roots exhibited a significant inhibition effect in acetic acid-induced vascular permeability in vivo. And the inhibited effect might be relative with the inhibition of the production of prostaglandin E<sub>2</sub> (PEG<sub>2</sub>) and NO in immune cells.<sup>72</sup> Researchers also found that hyperoside could help to against the vascular endothelial injury induced by anticardiolipin antibody in human umbilical vein endothelial cells (HUVECs) via activating mammalian target of rapamycin (mTOR)-mediated autophagy.<sup>73</sup> Hyperoside protected HUVECs against H<sub>2</sub>O<sub>2</sub> damage, at least partially, by activating the extra cellular signal-regulated protein kinase (ERK) signaling pathway.<sup>74</sup> Hyperoside suppressed vascular inflammatory processes induced by high glucose (HG) in HUVECs and in C57BL/6 mice.<sup>75</sup> Besides, hyperoside suppressed lipopolysaccharide (LPS)-mediated release of High-mobility group box 1 (HMGB1) and HMGB1-mediated cytoskeletal rearrangement.<sup>76</sup>

In vascular smooth muscle cells (VSMCs) model, Huo et al reported hyperoside increased the expression of Nur77 (an orphan nuclear receptor) in rat VSMCs and inhibited VSMCs proliferation and the carotid artery ligation-induced neointimal formation.<sup>28</sup> And hyperoside was found to exhibit the effects in preventing atherosclerosis via the oxidized low-density lipoprotein (oxLDL)-lectin-like oxLDL receptor-1 (LOX1)-ERK signal pathway to inhibit VSMC proliferation.<sup>77</sup>

Hyperoside produced significant hyperpolarization and relaxation in rat basilar artery smooth muscle cells through both endothelium-dependent and endothelium-independent mechanisms.<sup>78</sup> Furthermore, in the myocardial ischemia/reperfusion (I/R) injury model in Sprague-Dawley rat hearts, hyperoside could protect cardiomyocytes from I/R-induced oxidative stress through the activation of ERK-dependent signaling.<sup>79</sup>

Myocardial infarction (MI) has a high morbidity in cardiovascular diseases. In a model conducted by a ligating surgery of the left anterior descending (LAD) coronary artery in KM mice, hyperoside obviously showed its protective effect on heart injury in MI mice. Furthermore, the protective effect may partial due to the up-regulation of autophagy and suppression of NLRP1 inflammation pathway.<sup>80</sup> Cardiac hypertrophy is a condition leading to many cardiac diseases.<sup>149</sup> The experiments in vitro and in vivo indicated that hyperoside could alleviate established cardiac remodeling and even prevent the occurrence of cardiac remodeling, via inhibition of protein kinase (AKT) pathway.<sup>81</sup> In heart failure rats, hyperoside showed a protective effect via improving the cardiac function of heart failure, meanwhile hyperoside could also repress apoptosis and induce autophagy in H9C2 cells.<sup>82</sup>

## Anti-Inflammatory

In the HT22 murine neuronal cell, hyperoside showed a protective effect in LPS-induced inflammatory model via the regulation of a series of inflammation-related molecules. For instance, the downregulation of IL-1 $\beta$ , IL-6, IL-8, etc. And the upregulation of the expression of catalase (CAT), superoxide dismutase (SOD), reduced glutathione (GSH) and so on. Meanwhile the expression of silent mating type information regulation 2 homolog-1 (SIRT1) was also increased which is the key molecule to active Wnt/ $\beta$ -Catenin and Sonic Hedgehog pathways. All in all, hyperoside could alleviate LPS-induced HT22 murine neuronal cell inflammatory model by the activation of Wnt/ $\beta$ -Catenin and Sonic Hedgehog pathways via upregulating of SIRT1.<sup>83</sup> In the LPS-stimulated rat peritoneal macrophages model, hyperoside isolated from the extract of *Acanthopanax chiisanensis* Nakai root was shown to inhibit nitric oxide (NO) production through inhibition of the expression of inducible nitric oxide synthase (iNOS) by attenuation of p44/p42 MAPK, p38 MAPK and c-Jun N-terminal kinase (JNK).<sup>84</sup> Hyperoside is also reported to ameliorate the progression of osteoarthritis via the suppression of phosphatidylinositol 3-kinase (PI3K)/AKT/NF- $\kappa$ B and the MAPK signaling pathways and the enhancement of Nrf2/HO-1.<sup>85</sup> Hyperoside also could against the apoptosis and inflammatory in human renal proximal tubule (HK-2) cells exposed to high glucose via miR-499a-5p/nuclear receptor-interacting protein 1 (NRIP1) axis.<sup>86</sup> Xu et al reported the therapeutic potential of hyperoside in periodontitis, and the activation of the nuclear factor- $\kappa$ B (NF- $\kappa$ B) pathway was considered to be the key point.<sup>87</sup> And in the mouse peritoneal macrophages, hyperoside could inhibit the inflammation through the suppression of the activation of NF- $\kappa$ B signaling pathway.<sup>25</sup>

## Antidepressant Effect

In C6 glioblastoma cell model, hyperoside from St. John's Wort reduce  $\beta$ 2-adrenergic sensitivity,<sup>88</sup> and  $\beta$ 1-adrenergic receptor density in the plasma membrane.<sup>89</sup> Besides, Zheng et al reported hyperoside showed antidepressant effect in the corticosterone-induced neurotoxicity in PC12 cell, and the possible mechanisms is related to elevate BDNF and cAMP response element binding protein (CREB) through AC-cAMP-CREB signal pathway.<sup>90</sup>

In the study of Orzelska-Górka et al, the researchers conducted tail suspension test (TST) and forced swimming test (FST) on mice and confirmed that hyperoside could significantly reduce immobility, and had no effect to locomotor activity of mice. And the antidepressant effect was observed to be mediated by monoaminergic system and the upregulation of BDNF.<sup>91</sup> In another FST on mice and rats, Hass et al found hyperoside (10 and 20 mg/kg i.p. in mice; 1.8 mg/kg/day P.O. in rats) presented a depressor effect on the central nervous system as well as an antidepressant-like effect which is mediated by the dopaminergic system.<sup>26</sup> The antidepressant effect of hyperoside was also reported to be related to the serotonergic system including 5-HT<sub>2A</sub>, 5-HT<sub>2</sub> receptor.<sup>92</sup> In a chronic unpredicted mild stress inducing

depressive behavior rat model, hyperoside possessed antidepressant-like activity due to its antioxidant effect and regulation on hypothalamus- pituitary- adrenal (HPA) axis activity.<sup>93</sup> In a reserpine injection-induced depressant model in mice, hyperoside from the total flavonoid in *hypericum perforatum* promoted the level of norepinephrine (NE) and 5-hydroxytryptophan (5-HT) in brain and decreased the activity of monoamine oxidase (MAO) to display antidepressant-like effect.<sup>94</sup>

## Neuroprotective Effect

A variety of neuroprotective effects of hyperoside has been confirmed in many studies. In Amyloid  $\beta$ -protein<sub>25-35</sub> ( $A\beta_{25-35}$ )-induced primary cultured cortical neurons, the neuroprotective effects of hyperoside were investigated. Hyperoside protected  $A\beta_{25-35}$ -induced primary cultured cortical neurons via PI3K/Akt/Bad/Bclxl-regulated mitochondrial apoptotic pathway, suggesting hyperoside could be developed into a clinically valuable treatment for Alzheimer's disease and other neuronal degenerative diseases associated with mitochondrial dysfunction.<sup>95</sup> Hyperoside was found to significantly protect neurons from injury induced by reperfusion, while the mechanism may be associated to NO signaling pathway. That hyperoside could inhibit the activation of NF- $\kappa$ B to lessen the expression of iNOS, then ameliorated ERK, JNK and Bcl-2 family-related apoptotic signaling pathway.<sup>29</sup> In the model of CoCl<sub>2</sub>-induced hypoxic/ischemic PC12 cells, hyperoside exhibited neuroprotective effects on hypoxic/ischemic neural injuries through inhibiting apoptosis.<sup>96</sup>

In vivo, hyperoside, isolated from *Cortex Acanthopanax Radicis*, inhibited anti-acetyl-cholinesterase (AChE) activity and potently ameliorated scopolamine-induced memory impairment model in Institute of Cancer Research (ICR) mice. Additionally, the effect may be partially mediated by the acetylcholine-enhancing cholinergic nervous system.<sup>97</sup> In a cerebral ischemia reperfusion model in rats, hyperoside was found to up-regulate the level of H<sub>2</sub>S to causes vasodilation against cerebral ischemia injury. And hyperoside could decreased the synthesis and release of NO to protect brain.<sup>98</sup> And researchers also found hyperoside could help against the injury induced by cerebral ischemia reperfusion model in mice and the mechanism may be relative to the upregulation of cystathionine  $\gamma$ -lyase (CES)-H<sub>2</sub>S signal pathway.<sup>99</sup> And further study elaborated the upregulation of H<sub>2</sub>S could activate K<sub>Ca</sub> and opening K<sub>Ca</sub> channels, leading to the hyperpolarization of VSMC membrane and block Ca<sup>2+</sup> influx, then results in vasodilatation.<sup>100</sup> Hyperoside could promote the anti-oxidant activity of SOD and CAT to alleviate oxidative stress injury, and contribute to attenuate memory impairment induced by hypobaric hypoxia in rats.<sup>101</sup>

## Anti-Cancer Effects

### Anti-Breast Cancer

Breast cancer is the most common cancer in women around the world. In a recent study, Qiu et al found that hyperoside has an anti-breast cancer effect in vivo and in vitro. And they demonstrated that hyperoside could reduce the produce of ROS and the expression of Bcl-2 and X-linked inhibitor of apoptosis (XIAP), resulting in the inhibition of the activation of NF- $\kappa$ B signal pathway to promote the apoptosis of breast cancer cell. Meanwhile the downregulation of ROS could also activate caspase-3 to promote apoptosis.<sup>102</sup>

As the traditional treatment facing great challenge, combination drug therapy seems to be a new treatment. Sun et al conducted a study to see if hyperoside could be used in combination drug therapy. Besides the anti-breast cancer effect, hyperoside could also attenuate paclitaxel-mediated anti-apoptotic Bcl-2 expression, meanwhile enhanced the expression of Bax. Hyperoside also reversed the toll-like receptor-4 (TLR4)-NF- $\kappa$ B signaling induced by paclitaxel. So hyperoside could enhance the sensitive of breast cancer cells to paclitaxel.<sup>103</sup>

### Anti-Lung Cancer

Inflammatory has been proved to be an important response in the progress of cancers. Lü found that hyperoside induced apoptosis and suppressed inflammatory response in vivo and in vitro. The key point is the activation of caspase-3 to motivate apoptosis and inactivation of NF- $\kappa$ B to inhibit inflammatory.<sup>104</sup> Hypoxia is an important factor in the survival and proliferation of lung cancer cells. In a A549 human non-small cell lung cancer (NSCLC) cell model, hyperoside could reverse the downregulation of phosphorylation of adenosine monophosphate-activated protein kinase (AMPK) and

expression of HO-1 induced by hypoxia.<sup>105</sup> Hyperoside inhibited cell viability of A549 cells in a dose and time dependent-manner and upregulated apoptosis via activation of the p38 MAPK- and JNK-induced mitochondrial death pathway.<sup>106</sup>

As the activation of ROS could induced apoptosis, hyperoside upregulated ROS in A549 cells leading to the upregulation of p38 MAPK, caspase-3, caspase-9 and Bax. And all the effects above resulting in the promotion of apoptosis in lung cancer cells.<sup>107</sup> In A549 cells, hyperoside combined with microRNA-let-7, a tumor suppressor, could perform a synergistic effect on anti-cancer. And the mechanism relative to induce apoptosis and inhibition of proliferation via blocking the process of G1/S phase.<sup>108</sup> Hyperoside was confirmed to inhibit the proliferation and induce the apoptosis of T790M-positive NSCLC cells by upregulating the expression of fork head box protein O1 (FoxO1).<sup>109</sup> Besides apoptosis, hyperoside could also inhibit Akt/mTOR/p70S6K signal pathway to induce autophagy in A549 cells to perform an anti-cancer effect.<sup>110</sup> Another study demonstrated that hyperoside induced apoptosis and inhibited proliferation through caspase-3 and p53 signal pathway to show a preventive effect on lung cancer cells.<sup>111</sup>

Migration and invasion are the important factors of the poor prognosis of malignancies including NSCLC. Hyperoside could also inhibit the migration and invasion of A549 cells via upregulating PI3K/Akt and p38 MAPK pathways.<sup>112</sup>

In a H466 human small cell lung cancer (SCLC) cells, hyperoside also exhibited an inhibition effect of cell viability by the activation of ROS/p38 MAPK pathway to promote the apoptosis of cancer cells.<sup>107</sup>

### Anti-Pancreatic Cancer

Pancreatic cancer is the fourth leading cause of death relative to cancer. Boukes, G. J et al primarily proved that hyperoside could be a potential anti-pancreatic cancer drug.<sup>107,150</sup> Hyperoside exhibited an effect in inhibiting proliferation and promoting apoptosis in PANC-1 and BxPC-3 cell lines and also inhibited the growth of tumor in vivo. Mechanically, the anti-cancer effect may be associated with the upregulation of Bax/Bcl-2 and Bcl-xL and down-regulation of NF- $\kappa$ B level and the downstream gene expression.<sup>113</sup>

### Anti-Osteocarcinoma

The effects of hyperoside in osteosarcoma cells have been investigated. Hyperoside isolated from *Abelmoschus manihot* L. alleviated the progression of multiple myeloma in mouse model. The mechanism was found to be relative to the osteoblast genesis by inducing the differentiation of murine pre-osteoblast cells.<sup>114</sup> In another model in vitro, hyperoside inhibited the proliferation of osteosarcoma cells by inducing G0/G1 arrest, without causing obvious cell death. Additionally, hyperoside may stimulates osteoblastic differentiation in osteosarcoma cells.<sup>115</sup>

### Anti-Uterine Cancer

Gou et al demonstrated that hyperoside could inhibit proliferation of cervical cancer cells (Hela cells and C-33A cells) by downregulation of C-MYC gene expression.<sup>116</sup> Li et al reported hyperoside may play an important role in tumor growth suppression with IC<sub>50</sub> value was 38.67  $\mu$ g/mL after 72 h treatment, 47.82  $\mu$ g/mL after 48 h, and 69.14  $\mu$ g/mL after 24 h, respectively. The inhibition may be associated with Ca<sup>2+</sup>-related mitochondrion apoptotic pathway in RL952 cells.<sup>117</sup> Cisplatin is a traditional chemotherapy drug in many cancers including ovarian cancer. But drug resistance is a great challenge for cisplatin. Hyperoside induced apoptosis via the progesterone receptor membrane component 1 (PGRMC1) dependent autophagy. And hyperoside could also sensitize the cell to cisplatin in PGRMC1 overexpressed cells.<sup>118</sup>

### Anti-Liver Cancer

Sen et al's study primarily demonstrated that hyperoside could inhibit the proliferation of HepG2 cells and arise the apoptosis and the mechanism may be associated to the activation of p53/Caspase signal pathway.<sup>119</sup>

Bone morphogenetic protein-7 (BMP-7) has been found to have an anti-cancer effect in hepatocellular carcinoma (HCC). Hyperoside suppressed HepG2 cell proliferation by inhibiting BMP-7 dependent PI3K/Akt signal pathway to against HCC.<sup>120</sup> Another study demonstrated that hyperoside inhibiting CHRH-7919 cells by the upregulation of caspase 3 and caspase 9 induced apoptosis in vitro and animal tumor in vivo.<sup>59</sup>

### Anti-Skin Cancer

In 7.12 dimethylbenzanthracene and 12-O-tetradecanoylphorbol-13-acetate induced skin cancer model, hyperoside exhibited an anti-cancer effect via the inhibition of PI3K/Akt/mTOR/p38MAPK signal pathway and activation of AMPK to inhibit cell proliferation and induced apoptosis and autophagy.<sup>121</sup>

### Anti-Prostate Cancer

Hyperoside combined with quercetin which has a familiar structure of hyperoside could inhibit prostate cancer cells (PC3 cell) growth via the activation of caspase-3 and cleavage of poly (adenosine ribose) polymerase. Furthermore, hyperoside reduced the expression of prostate tumor-associated microRNAs including microRNA-21 to inhibit metastasis.<sup>122</sup>

### Anti-Renal Cancer

In another study on renal cancer cells. Hyperoside combined with quercetin could inhibit 786-O cells via the down-regulation of ROS to induce caspase-3 cleavage and PARP cleavage. Hyperoside could also decrease microRNA-27A and induce zinc finger protein ZBTB10 resulting in the downregulation of specificity protein (Sp) transcription factors including Sp1, Sp3 and Sp4 which overexpressed in cancer cells and inhibit 786-O cells.<sup>123</sup>

### Anti-Colon Cancer

In the SW620 human colorectal cancer cell line, hyperoside from *Zanthoxylum bungeanum* leaves showed a significant anti-proliferation effect and induced apoptosis. The mechanism may be relative to the upregulation of p53 and p21.<sup>124</sup>

In HT-29 human colon cancer cells, hyperoside significantly decreased the cell viability in a dose- and time-dependent manner via the activation of mitochondria-dependent apoptotic pathway inhibition of colon cancer.<sup>125</sup>

### Anti-Thyroid Cancer

Nowadays, the morbidity of thyroid cancer is increasing, so it is necessary to get an effective agent in treating thyroid cancer. In SW579 cells, a human thyroid squamous cell carcinoma cell line, apoptosis was induced by hyperoside in a dose-dependent manner. And hyperoside could upregulate the expression of Fas and FasL mRNA and downregulate survivin protein expression to induce apoptosis of cancer cells.<sup>126</sup>

### Antiviral Activity

Duck hepatitis B virus (DHBV) infection model in human hepatoma HepG2.2.15 cell was established to examine anti-hepatitis B virus (HBV) effect of hyperoside extracted from *Abelmoschus Manihot* (L) medik. The data showed the inhibition rates of hyperoside (0.05 g/L) on HBeAg and HBsAg in the cells were 86.41% and 82.27% on day 8, respectively. Additionally, the DHBV-DNA levels significantly decreased in the treatment of 0.05 g/kg/d and 0.10 g/kg/d of hyperoside. These results suggest hyperoside possess the anti-HBV effect in vitro and in vivo.<sup>127</sup> Besides, hyperoside isolated from ethanol extract of *Geranium carolinianum* L. also exhibited anti-HBV effects in HepG2.2.15 cell.<sup>128</sup> *Nymphaea alba* L. extract in which contains hyperoside showed an anti-hepatitis C virus activity in Huh-7 cell line.<sup>129</sup>

### Hepatoprotective effect

In a N-acetyl-para-amino-phenol (APAP)-induced acute hepatic injury, hyperoside could activate Nrf2 to downregulate LDH and ALT to protect L02 cells.<sup>130</sup> As Nrf2 was considered to be important in treatment of acute hepatic injury, exogenous BTB-CNC homolog 1 (Bach1) is an important molecule that regulates Nrf2 pathway. Researchers found hyperoside performed a hepatoprotective effect based on the improvement of Bach1 nuclear export, depending on ERK1/2-Crm1 to upregulate the level of Nrf2 binding to ARE.<sup>131</sup> In vivo, hyperoside showed a protective effect against CCl<sub>4</sub>-induced acute liver injury in ICR mice. The protective effect may be due to enhancement of the antioxidative defense system and suppression of the inflammatory response.<sup>132</sup> Kalegari et al showed *Rourea induta* Planch (RIEE) exhibits antioxidant and hepatic protective activities in vivo, which may be related to hyperoside (flavonoids composition of RIEE).<sup>69</sup> Xing et al have conducted research both in vivo and in vitro demonstrating that hyperoside showed a protective effect in CCl<sub>4</sub> induced rat liver injury model. Hyperoside could reverse the decrease of SOD and the upregulation of

MAD. Hyperoside could protect against oxidative stress-induced liver injury via the PHLPP2-AKT-GSK-3 $\beta$  signaling pathway.<sup>133</sup>

Non-alcoholic fatty liver disease (NAFLD) is a metabolic disease and there is no medication for it. Sun et al proved that hyperoside performed a protective effect in NAFLD induced by high-fat diet (HFD). After treated with hyperoside, hepatic steatosis, insulin resistance, and inflammatory responses were significantly ameliorated. And the protective effect of hyperoside could be relative to the upregulation of Nr4A1 and leading to macrophage polarization.<sup>134</sup>

Liver is an organ with abundant blood supply, and heart failure was reported to lead to a liver injury and finally may result in a liver fibrosis. Gou et al found that hyperoside could correct heart failure and improve the liver fibrosis and injury in aortocaval fistula model (ACF) in rats. And the mechanism was proved to be associated with the inhibition of TGF- $\beta$ 1/Smad pathway.<sup>135</sup>

## Other Pharmacological Effects

### Allergic Reactions

The regulation of thymic stromal lymphopoietin (TSLP) levels in human mast cell line-1 (HMC-1) cells by hyperoside was investigated. TSLP plays an important role in the pathogenesis of allergic reactions. The results showed hyperoside significantly decreased production and mRNA expression of TSLP and the level of intracellular calcium, receptor-interacting protein 2 (RIP2), active caspase-1, NF- $\kappa$ B, IL-1 $\beta$  and IL-6 in stimulated HMC-1 cells. In conclusion, these investigations establish hyperoside as a potential agent for the treatment of allergic reactions.<sup>136</sup> Flavonoids including hyperoside could covalent modify bovine  $\beta$ -lactoglobulin (BLG), so as to alters human intestinal microbiota, might result in the reduction of allergenicity.<sup>137</sup>

### Anticoagulant activity

The potential anticoagulant activities of hyperoside from *Oenanthe javanica*, were tested in HUVECs. As results showed, hyperoside significantly prolonged APTT and PT and inhibition of the activities of thrombin and FXa, and inhibited production of thrombin and FXa in HUVECs. The report indicates hyperoside possesses antithrombotic activities and offer bases for development of a novel anticoagulant.<sup>138</sup>

### Antidiarrheal Activity

In an experiment, treatment of standardized ethyl acetate fraction of *Rhododendron arboreum* (EFRA) flowers (the concentration of hyperoside was found to be 0.148%) at 100, 200 and 400 mg/kg exhibited dose-dependent and significant antidiarrheal potential in castor oil and magnesium sulfate-induced diarrhea. Moreover, EFRA at doses of 100, 200 and 400 mg/kg also produced significant dose-dependent reduction in propulsive movement in castor oil-induced gastrointestinal transit using charcoal meal in rats. These results demonstrate that hyperoside has potent antidiarrheal activity for the treatment of diarrhea.<sup>151</sup>

### Antifungal Activity

The camptothecin (CPT), trifolin and hyperoside isolated from *amptotheca* effectively control fungal pathogens in vitro, including *Alternaria alternata*, *Epicoccum nigrum*, *Pestalotia guepinii*, *Drechslera sp.*, and *Fusarium avenaceum*. The flavonoids (trifolin and hyperoside) were less effective than CPT at 50  $\mu$ g/mL, particularly within 20 days after treatment, but more effective at 100 or 150  $\mu$ g/mL. These investigations showed hyperoside possessed potential antifungal activity.<sup>152</sup> Extracts from *Hypericum hircinum subsp.majus* Exert showed an antifungal effects and further study demonstrated that hyperoside from the extract plays an important part in the antifungal effect.<sup>34</sup>

### Herb-Drug Inhibitory Effect

In vitro, the potential herb-drug inhibitory effects of hyperoside on nine cytochrome P450 (CYP) isoforms in pooled human liver microsomes (HLMs) was investigated. Hyperoside strongly inhibited CYP2D6-catalyzed dextromethorphan O-demethylation, with IC50 values of 1.2 and 0.81  $\mu$ M after 0 and 15 min of preincubation, and a Ki value of 2.01  $\mu$ M in HLMs, respectively. In addition, hyperoside decreased CYP2D6-catalyzed dextromethorphan O-demethylation activity of human recombinant cDNA-expressed CYP2D6, with an IC50 value of 3.87  $\mu$ M. However, other CYPs were not



inhibited significantly by hyperoside. As data showed, hyperoside is a potent selective CYP2D6 inhibitor in HLMS, and might cause herb-drug interactions when co-administrated with CYP2D substrates.<sup>139</sup>

### Treat Chronic Kidney Disease

Quercetin and hyperoside treatment (20 mg/kg/day) possess an inhibitory effect on the deposition of calcium oxalate (CaOx) formation in ethylene glycol (EG)-fed rats and might have an prevent effect for stone-forming disease.<sup>140</sup> Diabetes is a kind of metabolism disease and has been proved to induce a renal injury. *Osteomeles schwerinae* Extract was found to prevent diabetes, in which hyperoside was found to be the biological activate compound. In diabetic rats' model, hyperoside inhibited the platelet-derived growth factor-BB (PDGF-BB)/platelet-derived growth factor-B receptor (PDGFR-β) ligand binding.<sup>141</sup> In a D-galactose induced renal aging and injury model, hyperoside was significantly useful in treating renal aging and injury. Further study demonstrated that hyperoside could attenuated renal aging and injury via inhibiting AMPK-autophagy activating kinase 1 (ULK1)-associated autophagy.<sup>142</sup>

### Antinociceptive Effect

According to a study, aqueous extract of *Rourea induta* has significant antinociceptive action, which seems to be associated with an inhibition of pro-inflammatory cytokines activated pathways. Hyperoside was isolated from aqueous extract of *Rourea induta* and may be responsible for its effect.<sup>153</sup> Periaqueductal gray (PAG) is a structure plays an important role in pain transmission and modulation. Research found that noxious stimuli enhanced the N-methyl-D-aspartate receptor (NMDAR) expression in the PAG. Hyperoside isolated from *Rhododendron ponticum* L. significantly reversed up-regulation of NR2B-containing NMDAR in PAG and showed an antinociceptive effect in a persistent inflammatory stimulus.<sup>154</sup> In research about the acute inflammatory pain model, hyperoside could exhibit an inhibition on the pain induced by acute inflammatory models.<sup>155</sup>

### Pharmacokinetics

In the experiment conducted by Wu et al, HPLC was applied to analyze the pharmacokinetic behavior of hyperoside isolated from hawthorn leaf. The results demonstrated that after intravenous administration, the hyperoside presented a 3 rooms model. And the absorption and elimination of hyperoside was fast as the hyperoside could be detected 3 min after administration, and eliminated in 2 h.<sup>156</sup> Ai et al carried out another experiment to study the absorption, distribution and excretion of hyperoside after intragastric administration to rats. The results revealed that hyperoside was absorbed rapidly after intragastric administration with a long half-life of about 4 hours. And the absolute bioavailability was 26% demonstrating that hyperoside could be made into an oral preparation for clinical application.<sup>157</sup> In Tan et al's study showed the half-life of intravenous administration of hyperoside was 264.96±145.80 min detecting with LC/MS.<sup>158</sup>

### Toxicity

Recently the application of natural drugs or the chemical drugs from natural product has become a hotspot, hyperoside has been proved to have many kinds of pharmacological effect, but the toxicity of hyperoside also need to be evaluated.

In research conducted in Wistar rats, the researchers demonstrated that in a long-term oral administration lasted for 6 months, hyperoside has a good safety. And the possible target organ of toxicity is kidney and the damage is reversible.<sup>159</sup> Ai et al finished a further study in beagle dogs, the results indicated that hyperoside also had a good safety in a dog model. While in some individuals damage to liver and kidney was observed, suggesting liver and kidney could also be the target organ.<sup>160</sup> When applied on healthy pregnant rats, the results showed that hyperoside in a dose of 1000 mg/kg influenced the body weight, the length of the embryos and the length of tail. The results suggested that hyperoside may do harm to the pregnant.<sup>161</sup>

### Clinical Application

Hyperoside is a flavonoids compound isolated from many natural products, but it has not been used in clinical as a drug independently, so in this part we under view the medicinal materials or drugs that hyperoside was the main biological active compound or play an important part in the process in which drugs function. *Hypericum perforatum* L. what is also

call St. John's wort has effects in anti-virus, anti-inflammatory, diuretic therapy and so forth and has been applied as a drug of first choice in treating depressant.<sup>162</sup> Dried rose petals from *Rose damascene Mill.* is a traditional medicine in Uyghur medicine, hyperoside is the main active compound. It has been used in neurasthenia, dizziness, brain distension, etc.<sup>163</sup>

At the same time, there are also many Chinese patent medicines containing hyperoside in the market widely used. Jianer Qingjie solution an oral preparation made up of Honeysuckle, chrysanthemum, forsythia, hawthorn, bitter almond, tangerine peel and so on, applied on cough, sore throat, loss of appetite, etc.<sup>164</sup> Chaijin Jieyu granules, a preparation composed of six Chinese herbs including bupleurum, *Hypericum perforatum*, jujube seed, coptis, etc. was used to treat depressant.<sup>165</sup> Qianbai Biyan Capsule used for stuffy nose, itching gas heat, runny nose yellow thick, or continuous stuffy nose, slow sense of smell, acute and chronic rhinitis, acute and chronic sinusitis, etc. And hyperoside is indicative component and the main ingredient of the preparation.<sup>166</sup>

## Prospects and Conclusion

The last 200 years, based on the rapid development of chemistry, has brought us a new way to gain new drugs which is quite different from the ancient drug discovery that we can only gain drugs from natural plants, animals or mineral. With the help of chemistry, we can synthesize some of the new drugs that we need, or we can modify the structure of the existing drugs to get new drugs based on the pharmacological action of different pharmacophores. As the drug resistance and side effects of traditional chemical treatment has faced great challenges. So, natural medicine has gradually entered the vision of researchers, but the complex components of natural medicine has brought great obstacle to the pharmacologic effects clarification and drug quality control that made natural medicine has not been as widely used as traditional chemical medicine. With the development and progress of extraction and separation technology. It provides the foundation for the further research and application of natural medicine and natural monomeric drugs have become the focus of research.

Hyperoside as a member of the flavonoids is distributed in many plants including hawthorn, common buckwheat, etc. and abundant in content. Based on the structure of hyperoside, it showed a variety of bioactive effects especially anti-oxidant effect, anti-inflammatory and anti-allergy effects, etc. While the further studies suggested that hyperoside plays an important role in various cancer models, and its mechanism of action is also very diverse. Meanwhile, hyperoside also showed a long half-life for 4 hours and the safety experiments also proves that it has good safety. All the results above indicated that hyperoside has broad application prospect.

However, the knowledge and systemic data is still incomplete and requires extensive research. Therefore, it is important to further investigate the pharmacokinetics, pharmacodynamics, toxicity and molecular mechanisms of hyperoside based on modern concepts of diseases pathophysiology. Moreover, bioactivity-guided isolation and quantification of hyperoside and subsequent investigation of pharmacological effects will promote the development and wide the usage of this compound. Moreover, just like most natural drug monomers, hyperoside, due to its chemical properties, makes it a large gap in stability from traditional synthetic small molecule drugs, is also an important factor restricting the clinical use of many natural compounds. In addition, due to the lack of clinical application demand, there is a lack of research on the synthesis process of corresponding molecules, and relying on natural extraction alone is often difficult to meet the needs of large-scale application, which further limits the possibility of its clinical application.

Based on the problems above, hyperoside has not been made into a single drug for clinical application, only performed as an important active gradient in a drug which indicated that the application of hyperoside needs further study. Expanding this knowledge will make for a more practical application of hyperoside in medicine and society.

In addition to the application of hyperoside, we also have other gains from this review we believe that except constantly discovering new natural compounds, we can also improve the stability of existing potential drug molecules by means of multidisciplinary crossover, structural improvement, or preparation of certain dosage forms, so as to enhance their application prospects. So as to realize the transformation from laboratory to clinical application, so that our research results can benefit everybody.

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## Disclosure

The authors report no conflicts of interest in this work.

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