

Culprit-Plaque Morphology and Residual SYNTAX Score Predict Cardiovascular Risk in Acute Myocardial Infarction: An Optical Coherence Tomography Study

Ying Wang¹, Xiaoxiao Zhao¹, Peng Zhou¹, Chen Liu¹, Zhaoxue Sheng¹, Jiannan Li¹, Jinying Zhou¹, Runzhen Chen¹, Yi Chen¹, Li Song¹, Hanjun Zhao^{1,2} and Hongbing Yan²

Hanjun Zhao and Hongbing Yan are joint senior authors.

¹Department of Cardiology, Fuwai Hospital, National Center for Cardiovascular Diseases, Peking Union Medical College & Chinese Academy of Medical Sciences, Beijing, China

²Department of Cardiology, Fuwai Hospital, Chinese Academy of Medical Sciences, Shenzhen, China

Aims: Culprit-plaque morphology [plaque rupture (PR) and plaque erosion (PE)] and high-risk plaques (HRP) identified by optical coherence tomography (OCT) and residual SYNTAX score (rSS) have been reported to influence clinical outcomes. Thus, in this study, we aimed to investigate the prognostic implication of culprit-plaque morphology and rSS for major adverse cardiovascular events (MACE) in patients with ST-segment elevation myocardial infarction (STEMI).

Methods: Based on plaque morphology and rSS, 274 STEMI patients were divided into 4 groups: PE/low-rSS ($n=61$), PE/high-rSS ($n=58$), PR/low-rSS ($n=55$), and PR/high-rSS ($n=100$). According to HRP and rSS, patients were stratified to non-HRP/low-rSS ($n=97$), non-HRP/high-rSS ($n=109$), HRP/low-rSS ($n=19$), and HRP/high-rSS ($n=49$). MACE was defined as the composite of all-cause death, recurrence of myocardial infarction, stroke, and unplanned revascularization of any coronary artery.

Results: During the follow-up of 2.2 years, 47 (17.2%) MACE were observed. Patients with PR/high-rSS and HRP/high-rSS presented lower survival probability on revascularization and MACE. In fully adjusted analyses, PR/high-rSS group presented higher MACE risk than PE/low-rSS (HR: 4.80, 95% CI: 1.43–16.11, $P=0.025$). Patients with non-HRP/high-rSS (HR: 2.90, 95% CI: 1.01–8.38, $P=0.049$) and HRP/high-rSS (HR: 8.67, 95% CI: 2.67–28.21, $P<0.001$) presented higher risk of cardiac events than non-HRP/low-rSS. Adding rSS and HRP to the risk prediction model increased the C-statistic to 0.797 (95% CI: 0.737–0.857), with ΔC -statistic of 0.066 ($P=0.002$) and the NRI (46.0%, 95% CI: 20.5–56.8%, $P<0.001$) and IDI (8.7%, 95% CI: 3.6–18.2%, $P<0.001$).

Conclusion: High-risk plaques in combination with rSS enhanced the predictive ability for MACE, indicating culprit-plaque features and residual atherosclerosis burden should be taken into account in risk stratification of STEMI patients.

Key words: Plaque rupture, Residual SYNTAX score, Cardiovascular risk, ST-segment elevation myocardial infarction

Introduction

Plaque rupture (PR) and plaque erosion (PE) have been determined to be responsible for the

majority of acute coronary events¹. Previous studies reported culprit-plaque morphology identified by optical coherence tomography (OCT) influenced clinical outcomes in patients with acute myocardial

Address for correspondence: Hongbing Yan, Fuwai Hospital, Chinese Academy of Medical Sciences, No. 12, Langshan Road, Xili Street, Nanshan District, Shenzhen, 518000, China E-mail: hbyanfuwai2018@163.com

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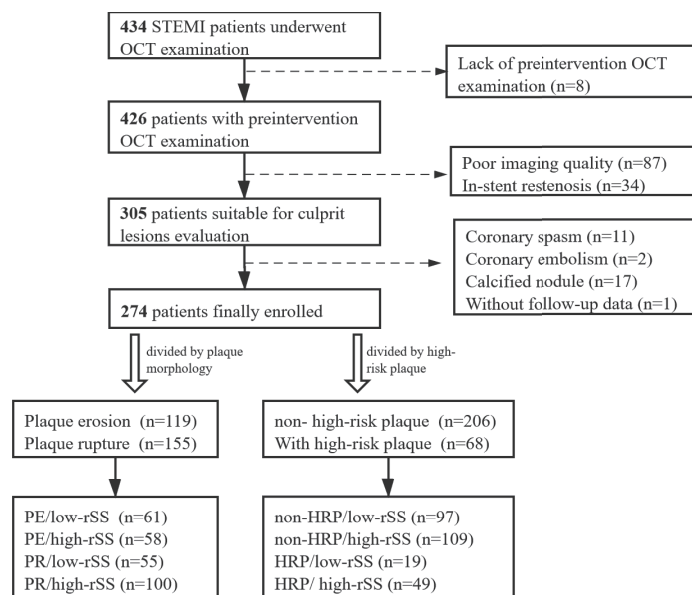


Fig. 1. Study flowchart

Abbreviations: STEMI, ST-segment elevation myocardial infarction; OCT, optical coherence tomography; rSS, residual SYNTAX score, PE, plaque erosion; PR, plaque rupture; HRP, high-risk plaque.

infarction (AMI)². In addition, the CLIMA study demonstrated that OCT-defined high-risk plaques (HRP) and simultaneous presence of the following four features, i.e., minimum lumen area (MLA) < 3.5 mm², fibrous cap thickness (FCT) < 75 μm, lipid plaque with lipid arc circumferential extension > 180°, and presence of macrophages, were associated with a higher risk of major coronary events³. Moreover, the residual Synergy Between Percutaneous Coronary Intervention with Taxus and Cardiac Surgery (SYNTAX) score (rSS) was quantitatively recalculated after revascularization to assess angiographic completeness of revascularization and residual atherosclerosis burden, which has been proved to be a predictor of cardiovascular events after percutaneous coronary intervention (PCI)⁴⁻⁶.

It is well known that both rSS and high-risk plaques are associated with clinical outcomes as individual parameters. Nevertheless, their combined effect on prognostic implications has not been well defined. Thus, in this study, we investigated the prognostic implication of culprit-plaque morphology and rSS for major adverse cardiovascular events (MACE) in patients with ST-segment elevation myocardial infarction (STEMI).

Methods

Study Design and Population

The study population was derived from the

Optical Coherence Tomography Examination in Acute Myocardial Infarction (OCTAMI) registry (ClinicalTrials.gov: NCT03593928) from March 2017 to March 2019. The main inclusion criteria were as follows: ≥ 18 years, STEMI, and PCI and preprocedural OCT examination on culprit lesion. Meanwhile, the main exclusion criteria were as follows: cardiogenic shock, serious liver dysfunction, end-stage renal disease, left main coronary artery disease, extremely tortuous or heavily calcified vessels, and contraindication to aspirin or ticagrelor. STEMI was diagnosed as continuous chest pain lasting for > 30 min, elevated biomarker level, and an electrocardiogram manifestation of ST-segment elevation > 0.1 mV in at least two contiguous leads or a new left bundle-branch block⁷. The flowchart is shown in **Fig. 1**. For this analysis, 274 patients were consecutively enrolled and divided into 4 groups based on plaque morphology and rSS: PE/low-rSS (*n* = 61), PE/high-rSS (*n* = 58), PR/low-rSS (*n* = 55), and PR/high-rSS (*n* = 100). Furthermore, according to the presence of OCT-defined HRP and rSS, patients were stratified to four groups: non-HRP/low-rSS (*n* = 97), non-HRP/high-rSS (*n* = 109), HRP/low-rSS (*n* = 19), and HRP/high-rSS (*n* = 49). The registry complied with the principles of the Declaration of Helsinki and was approved (No. 2017-866) by the institutional review board.

Residual SYNTAX Score

Each lesion with a diameter stenosis $\geq 50\%$ of vessels ≥ 1.5 mm in diameter was scored using the SYNTAX algorithm⁸. Two experienced interventional cardiologists blinded to OCT images and clinical outcomes calculated the SYNTAX score separately using the SYNTAX score calculator (www.syntaxscore.com/), and disagreements were resolved through a consensus. The rSS was determined as the SS remaining after the completion of the planned PCI, that is, if a patient underwent more than one PCI procedure because of scheduled interventional strategy, the rSS was calculated after the final procedure. The definition of complete revascularization adopted from anatomical criteria, which is defined as the treatment of all vessels ≥ 1.5 mm in diameter with $\geq 50\%$ stenosis⁹.

Acquisition and Analysis of OCT Images

The OCT procedures and analysis have been described in detail previously^{10, 11}. The infarct-related artery was identified by at least two well-trained cardiologists according to angiographic results, electrocardiogram manifestation, and regional wall motion abnormalities observed in the echocardiogram. Thrombus aspiration and/or gentle pre-dilatation were used to reduce the thrombus burden and restore antegrade coronary flow. OCT images of the culprit were acquired immediately after flow restoration using the frequency-domain ILUMIEN OPTIS OCT system and a dragonfly catheter (St. Jude Medical, Westford, MA, USA).

All OCT images were analyzed and scrutinized on a St. Jude OCT Offline Review Workstation by three independent investigators. Definitions of OCT characteristics were based mainly on established consensus¹², and detailed definitions for culprit-plaque characteristics were included in Supplementary Appendix and **Supplementary Fig. 1**. OCT-defined high-risk plaques³ were defined as simultaneously present of the following four criteria: MLA $< 3.5\text{mm}^2$, FCT $< 75\mu\text{m}$, lipid plaque with lipid arc extension $> 180^\circ$, and presence of macrophages clusters. The number of HRP criteria was defined as the number of HRP criteria that a patient meets; briefly, if patients simultaneously meet the four criteria, they would be defined as presence of high-risk plaques, and the number of HRP criteria was 4.

MACE and Follow-up

The endpoint was MACE, of which all-cause death, recurrence of myocardial infarction, stroke, and unplanned revascularization of any coronary artery were included. Outcome data was collected by

outpatient visits or telephone interviews as patients were routinely followed up at 1, 6, and 12 months after discharge. For those who survived more than a year, the subsequent follow-up would be made annually.

Statistical Analysis

Continuous variables are reported as mean \pm standard deviation (SD) or median (interquartile ranges) and categorical variables were presented as number (percentage). One-way analysis of variance or Kruskal–Wallis tests were used for comparison of continuous variables. Categorical variables were compared using Pearson chi-square tests or Fisher's exact test when appropriate. Patients were dichotomized based on a cutoff rSS value which is determined via Youden index, that is, patients with rSS ≥ 3 were identified in the high-rSS group and rSS < 3 were in the low-rSS group. Survival curves were constructed using Kaplan–Meier method and compared via log-rank test. Univariate and multivariable cox proportional hazards regression model was used to assess the MACE risk of the four groups, and hazard ratio (HR) and 95% confidence interval (CI) were showed. Time-dependent receiver operating characteristic (ROC) curves were used to estimate the prognostic value of different models: model 1, traditional risk factors; model 2, model 1 plus presence of OCT-defined high-risk plaque; and model 3, model 2 plus rSS, and the area under the ROC curve (AUC) was presented.

Using net reclassification improvement (NRI) and integrated discrimination improvement (IDI), we have also calculated the ability of the new models to reclassify the risk of cardiovascular events in contrast to traditional risk factors. Analyses were conducted using IBM SPSS Statistics version 26.0 (IBM SPSS Statistics, IBM Corporation, Armonk, New York) and R (<http://www.r-project.org/>) statistical packages. A p -value < 0.05 was considered statistically significant.

Results

Baseline Characteristics and OCT Findings Based on Plaque Morphology and rSS

Table 1 presents the baseline clinical features, angiographic characteristics, and OCT findings compared between four groups based on plaque morphology and rSS. Among the 274 enrolled participants, the mean age was 57.6 ± 11.8 years, and 80.7% were males; a history of dyslipidemia (86.1%) was most prevalent among risk factors of atherosclerotic disease, followed by hypertension (59.9%) and diabetes mellitus (29.6%). Further, 72

Table 1. Baseline characteristics and OCT findings based on plaque morphology and rSS

Variables	PE/low-rSS (n=61)	PE/high-rSS (n=58)	PR/low-rSS (n=55)	PR/high-rSS (n=100)	P value
Clinical information					
Age, years	54.8 ± 11.8	57.6 ± 11.4	58.1 ± 12.9	59.0 ± 11.2	0.179
Male	52 (85.2)	41 (70.7)	45 (81.8)	83 (83.0)	0.178
BMI, kg/m ²	25.0 ± 2.6	25.5 ± 3.3	26.5 ± 3.1	26.4 ± 3.8	0.026
Smoking	46 (75.4)	42 (72.4)	41 (74.5)	72 (72)	0.962
Hypertension	30 (49.2)	40 (69.0)	33 (60.0)	61 (61.0)	0.175
Dyslipidemia	52 (85.2)	47 (81.0)	48 (87.3)	89 (89.0)	0.562
DM	12 (19.7)	16 (27.6)	14 (25.5)	39 (39)	0.053
Prior PCI	3 (4.9)	3 (5.2)	7 (12.7)	9 (9.0)	0.360
LVEF, %	54.0 (48.0-60.0)	57.0 (53.0-60.0)	55.0 (50.5-58.0)	56.0 (52.0-59.0)	0.171
bSS	12.0 (9.0-17.0)	19.5 (15.0-25.9)	11.0 (8.0-19.0)	19.5 (14.0-25.2)	<0.001
rSS	0 (0-2.0)	7.0 (5.0-11.0)	0 (0-2.0)	8.0 (5.0-12.2)	<0.001
Killip classification					0.800
I	54 (88.5)	53 (91.4)	51 (92.7)	90 (90)	
II	6 (9.8)	4 (6.9)	4 (7.3)	10 (10)	
III	1 (1.6)	1 (1.7)	0 (0)	0 (0)	
Laboratory tests					
Platelet, ×1000/μL	242.0 (196.0-298.0)	239.0 (202.2-282.5)	210.0 (185.5-259.0)	215.5 (189.2-270.2)	0.052
Glucose, mmol/L	7.4 (6.5-9.3)	7.5 (6.2-9.9)	7.2 (6.2-8.7)	8.4 (6.7-11.2)	0.127
Hs-CRP, mg/L	4.4 (2.9-10.9)	8.1 (4.0-10.8)	5.9 (2.7-11.1)	5.7 (2.1-10.8)	0.341
HbA1c, %	5.8 (5.5-6.6)	6.2 (5.7-6.9)	5.9 (5.6-6.6)	6.1 (5.6-7.7)	0.169
TC, mmol/L	4.2 (3.6-4.9)	4.5 (4.0-5.0)	4.3 (3.7-5.0)	4.3 (3.7-5.3)	0.657
TG, mmol/L	1.4 (0.8-2.0)	1.4 (1.0-2.0)	1.4 (1.1-1.7)	1.4 (1.0-2.3)	0.717
LDL-C, mmol/L	2.5 (2.2-3.5)	2.9 (2.4-3.3)	2.8 (2.2-3.1)	2.8 (2.1-3.4)	0.662
HDL-C, mmol/L	1.1 (0.9-1.3)	1.0 (1.0-1.2)	1.1 (0.9-1.2)	1.0 (0.9-1.2)	0.434
Lp(a), mg/L	164.0 (64.0-375.0)	202.0 (66.5-465.8)	113.0 (66.5-250.5)	159.1 (86.8-356.5)	0.470
Baseline troponin I, ng/ml	1.6 (0.1-5.2)	1.2 (0.2-5.1)	0.3 (0.1-4.8)	0.5 (0.1-4.4)	0.228
Peak troponin I, ng/ml	27.1 (9.3-55.6)	25.1 (12.4-44.9)	20.9 (11.1-41.8)	22.9 (8.6-41.2)	0.533
Discharge medications					
Aspirin,	59 (96.7)	57 (98.3)	54 (98.2)	95 (95.0)	0.627
P ₂ Y ₁₂ inhibitor					0.128
Ticagrelor	26 (42.6)	27 (46.6)	35 (63.6)	51 (51.0)	
Clopidogrel	35 (57.4)	31 (53.4)	20 (36.4)	49 (49.0)	
Statin	61 (100.0)	55 (94.8)	52 (94.5)	98 (98.0)	0.220
Dual anti-platelet therapy	59 (96.7)	57 (98.3)	54 (98.2)	95 (95.0)	0.627
Dual anti-platelet therapy duration, month	12.0 ± 2.9	12.6 ± 3.1	12.0 ± 1.9	12.4 ± 4.3	0.737
Procedural data					
Culprit vessel					<0.001
LAD	40 (65.6)	25 (43.1)	28 (50.9)	38 (38.0)	
LCX	5 (8.2)	12 (20.7)	1 (1.8)	9 (9.0)	
RCA	16 (26.2)	21 (36.2)	26 (47.3)	53 (53.0)	
No. of coronary artery narrowed					<0.001
1	36 (59.0)	3 (5.2)	24 (43.6)	3 (3.0)	
2	18 (29.5)	22 (37.9)	25 (45.5)	35 (35.0)	
3	7 (11.5)	33 (56.9)	6 (10.9)	62 (62.0)	
Additional PCI for non-culprit vessels	8 (13.1)	7 (12.1)	10 (18.2)	18 (18)	0.673
Complete revascularization	40 (65.6)	0 (0)	32 (58.2)	0 (0)	<0.001
Pre-TIMI flow 0	37 (60.7)	42 (72.4)	39 (70.9)	54 (54.0)	0.064
Balloon pre-dilation	50 (82.0)	49 (84.5)	40 (72.7)	78 (78.0)	0.431
Thrombus aspiration	37 (60.7)	36 (62.1)	42 (76.4)	66 (66.0)	0.283
Stent implantation	57 (93.4)	53 (91.4)	53 (96.4)	98 (98.0)	0.242
Post-TIMI flow 3	60 (98.4)	58 (100.0)	54 (98.2)	99 (99.0)	0.781

(Cont. Table 1)

Variables	PE/low-rSS (n=61)	PE/high-rSS (n=58)	PR/low-rSS (n=55)	PR/high-rSS (n=100)	P value
OCT findings					
OCT-defined HRP	4 (6.6)	1 (1.7)	15 (27.3)	48 (48.0)	<0.001
Numbers of HRP features					<0.001
≤ 1	28 (45.9)	32 (55.2)	3 (5.5)	9 (9.0)	
2	21 (34.4)	21 (36.2)	17 (30.9)	21 (21.0)	
3	8 (13.1)	4 (6.9)	20 (36.4)	22 (22.0)	
4	4 (6.6)	1 (1.7)	15 (27.3)	48 (48.0)	
Plaque type					<0.001
Lipid-rich plaque	11 (18.0)	9 (15.5)	49 (89.1)	91 (91.0)	
Fibrous plaque	50 (82.0)	49 (84.5)	6 (10.9)	9 (9.0)	
Calcification	24 (39.3)	27 (46.6)	29 (52.7)	60 (60.0)	0.069
Macrophage	28 (45.9)	18 (31.0)	34 (61.8)	69 (69.0)	<0.001
Micro-vessels	28 (45.9)	18 (31.0)	34 (61.8)	69 (69.0)	0.221
Cholesterol crystal	6 (9.8)	4 (6.9)	3 (5.5)	9 (9.0)	0.803
Thrombus	59 (96.7)	57 (98.3)	55 (100.0)	100 (100.0)	0.202
Minimal FCT, μm	157.7 ± 100.3	164.5 ± 100.2	93.6 ± 72.1	86.3 ± 45.7	<0.001
FCT < 75 μm	11 (18.0)	5 (8.6)	23 (41.8)	52 (52.0)	<0.001
Maximal lipid arc, °	300.9 ± 72.1	263.3 ± 80.3	323.5 ± 59.3	321.9 ± 60.4	<0.001
MLA, mm ²	1.7 ± 0.8	1.7 ± 0.5	2.1 ± 0.7	2.0 ± 0.7	<0.001
MLA < 3.5 mm ²	56 (91.8)	58 (100.0)	51 (92.7)	97 (97.0)	0.096

Continuous data are presented as mean ± standard deviation or median (interquartile ranges). Categorical data are presented as number (%). OCT, optical coherence tomography; PE, plaque erosion; PR, plaque rupture; rSS, residual SYNTAX score; BMI, body mass index; DM, diabetes mellitus; PCI, percutaneous coronary intervention; LVEF, left ventricular ejection fraction; bSS, baseline SYNTAX score; Hs-CRP, high-sensitivity C-reactive protein; HbA1c, Glycated hemoglobin A1c; TC, total cholesterol; TG, triglyceride; LDL-C, low-density-lipoprotein cholesterol; HDL-C, high-density lipoprotein-cholesterol; Lp(a), lipoprotein(a); LAD, left anterior descending; LCX, left circumflex artery; RCA, right coronary artery; TIMI, Thrombolysis in myocardial infarction; HRP, high-risk plaques; FCT, fibrous cap thickness; MLA, minimal lumen area.

(26.3%) patients were performed complete revascularization, and 43 (15.7%) received additional PCI for non-culprit vessels. Patients with PR had higher BMI ($P=0.026$ among four groups). Patients with high-rSS had higher SYNTAX score ($P<0.001$ among four groups) and prevalence of triple-vessel diseases ($P<0.001$ among groups) but lower prevalence of complete revascularization. Moreover, a difference was noted in the distribution of culprit vessels among the four groups ($P<0.001$).

Furthermore, in terms of OCT findings, 24.8% STEMI patients in this study exhibited OCT-defined high-risk plaque features, whereas 56.6% exhibited plaque rupture. Notably, patients with PR/high-rSS presented higher prevalence of OCT-defined HRP (6.6% vs. 1.7% vs. 27.3% vs. 48.0%, groups 1–4, $P<0.001$), lipid-rich plaque (18.0% vs. 15.5% vs. 89.1% vs. 91.0%, groups 1–4, $P<0.001$), macrophage infiltration (45.9% vs. 31.0% vs. 61.8% vs. 69.0%, groups 1–4, $P<0.001$), and FCT < 75 μm (18.0% vs. 8.6% vs. 41.8% vs. 52.0%, groups 1–4, $P<0.001$). In addition, PR/high-rSS group had more high-risk plaque features than the other three groups (Fig. 2). With regard to quantitative OCT imaging, patients

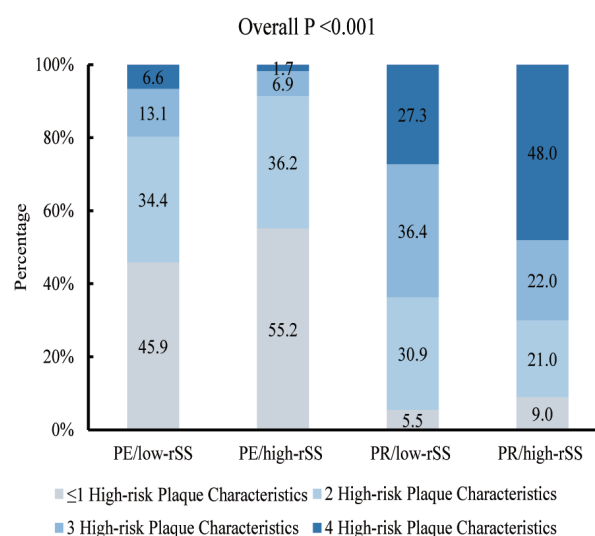


Fig. 2. Bar graphs of prevalence of high-risk plaque features via optical coherence tomography (minimum lumen area < 3.5 mm², fibrous cap thickness < 75 μm, lipid arc circumferential extension > 180°, and presence of macrophages) among groups

Abbreviations: PE, plaque erosion; PR, plaque rupture; rSS, residual SYNTAX score.

with PR/high-rSS exhibited lower minimal FCT, and patients with PR/high-rSS had higher maximal lipid arc and MLA ($P < 0.001$ among the four groups).

Baseline Characteristics and OCT Findings Based on HRP and rSS

Patients were grouped according to HRP and rSS; their baseline clinical features, angiographic characteristics, and OCT findings are shown in [Table 2](#). Patients with HRP/high-rSS had higher SYNTAX score ($P < 0.001$ among the four groups) and prevalence of diabetes ($P < 0.001$ among the four groups) and triple-vessel diseases ($P < 0.001$ among the four groups). Moreover, a difference was noted in the distribution of culprit vessels among the four groups ($P < 0.001$). Notably, besides the OCT-defined HRP characteristics, patients with HRP exhibited higher prevalence of plaque rupture (41.2% vs. 47.7% vs. 78.9% vs. 98.0%, groups 1–4, $P < 0.001$).

MACE During Follow-Up

During the follow-up period of 2.2 years, in total, 47 (17.5%) MACE were observed: 8.2% (5 patients) among patients with PE/low-rSS, 15.5% (9 patients) among patients with PE/high-rSS, 7.3% (4 patients) among patients with PR/low-rSS, and 29.0% (29 patients) among patients with PR/high-rSS. [Fig. 3](#) shows the K-M curves of different endpoints among the four groups stratified by PR and rSS, indicating that patients with PR/high-rSS presented lower survival probability on revascularization (log-rank $P < 0.001$) and MACE (log-rank $P = 0.001$).

In addition, MACE occurred in 7.2% (7 patients) of patients with non-HRP/low-rSS, 19.3% (21 patients) of patients with non-HRP/high-rSS, 10.5% (2 patients) of patients with HRP/low-rSS, and 34.7% (17 patients) of patients with HRP/high-rSS (log-rank $P < 0.001$).

[Fig. 4](#) shows the K-M curves of different endpoints among the four groups stratified by HRP and rSS, suggesting that patients with HRP/high-rSS presented lower survival probability on revascularization (log-rank $P < 0.001$) and MACE (log-rank $P < 0.001$).

As shown in [Table 3](#), in fully adjusted analyses, patients with high-rSS and OCT-defined high-risk plaque were associated with higher MACE risk (high-rSS, HR: 3.47, 95% CI: 1.41–8.55, $P = 0.007$; OCT-defined HRP, HR: 2.72, 95% CI: 1.30–5.68, $P = 0.008$). In terms of HRP criteria, FCT $< 75 \mu\text{m}$ was independently associated with MACE risk (HR: 2.62, 95% CI: 1.29–5.31, $P = 0.008$), while the other criteria were not. However, no significant difference of cardiovascular risk among the number of HRP criteria

was noted. Strikingly, the risk of MACE occurrence in patients with PR/high-rSS was 4.80 times greater than patients with PE/low-rSS (HR: 4.80, 95% CI: 1.43–16.11, $P = 0.025$). Patients with non-HRP/high-rSS and HRP/high-rSS presented higher risk of cardiac events when compared to patients with non-HRP/low-rSS (non-HRP/high-rSS: HR: 2.90, 95% CI: 1.01–8.38, $P = 0.049$; HRP/high-rSS: HR: 8.67, 95% CI: 2.67–28.21, $P < 0.001$). However, no significant difference of MACE risk between PR and PE was noted.

Predictive Role of rSS and Plaque Features

As shown in [Fig. 5A](#), time-dependent ROC curves were plotted to assess the diagnostic value of culprit-plaque morphology in combination with rSS for predicting 1-year MACE. Model 3 (Model 1 plus rSS and presence of OCT-defined high-risk plaque) provided a stronger estimate value compared with Model 1 via ROC analyses (AUC: 0.836, 95% CI: 0.764–0.908). The AUC of Model 1 [predictor of traditional risk factors including sex, age, body mass index, current smoking, left ventricular ejection fraction, hypertension, hyperlipidemia, diabetes mellitus, history of PCI, Killip classification, baseline troponin I, peak troponin I, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, total cholesterol, triglyceride, high-sensitivity C-reactive protein, lipoprotein(a), glycated hemoglobin A1c, platelet and glucose] was 0.714 (95% CI: 0.623–0.805). The AUC of Model 2 (model 1 plus presence of OCT-defined high-risk plaque) was 0.777 (95% CI: 0.698–0.856). The AUC time curve of different models is shown in [Fig. 5B](#), wherein Model 3 exhibited higher AUC during the whole follow-up period.

Discrimination and reclassification of 1-year MACE by different models is shown in [Table 4](#). The C-statistic of model 1 was 0.731 (95% CI: 0.666–0.797). Adding rSS and plaque features to the risk prediction model increased the C-statistic to 0.797 (95% CI: 0.737–0.857), with Δ C-statistic of 0.066 ($P = 0.002$). Furthermore, the addition of rSS and plaque features to the model also resulted in a significant increase in NRI (46.0%, 95% CI: 20.5–56.8%, $P < 0.001$) and IDI (8.7%, 95% CI: 3.6–18.2%, $P < 0.001$). However, no significant increase in C-statistic, NRI, and IDI was noted for Model 2 when compared to Model 1.

Discussion

To the best of our knowledge, this present study is the first study to explore the prognostic value of rSS

Table 2. Baseline characteristics and OCT findings based on HRP and rSS

Variables	non-HRP/low-rSS (n=97)	non-HRP/high-rSS (n=109)	HRP/low-rSS (n=19)	HRP/high-rSS (n=49)	P value
Clinical information					
Age, years	56.2 ± 12.6	57.9 ± 11.6	57.4 ± 11.3	59.7 ± 10.4	0.376
Male	82 (84.5)	84 (77.1)	15 (78.9)	40 (81.6)	0.596
BMI, kg/m ²	25.7 ± 3.0	25.9 ± 3.7	26.0 ± 2.9	26.4 ± 3.8	0.754
Smoking	73 (75.3)	80 (73.4)	14 (73.7)	34 (69.4)	0.902
Hypertension	52 (53.6)	71 (65.1)	11 (57.9)	30 (61.2)	0.406
Dyslipidemia	84 (86.6)	92 (84.4)	16 (84.2)	44 (89.8)	0.839
DM	19 (19.6)	33 (30.3)	7 (36.8)	22 (44.9)	0.014
Prior PCI	6 (6.2)	9 (8.3)	4 (21.1)	3 (6.1)	0.190
LVEF, %	55.0 (50.0-59.0)	57.0 (52.0-59.0)	54.0 (47.0-58.5)	55.0 (53.0-59.0)	0.268
bSS	12.0 (9.0-17.5)	19.5 (14.0-25.5)	11.0 (8.0-16.0)	20.0 (14.0-26.5)	<0.001
rSS	0 (0-2.0)	7.0 (5.0-11.0)	0 (0-2.0)	8.0 (5.0-12.2)	<0.001
Laboratory tests					
Platelet, × 1000/μL	224.0 (190.0-286.0)	231.0 (195.0-279.0)	240.0 (193.5-268.5)	212.0 (187.0-274.0)	0.793
Glucose, mmol/L	7.3 (6.3-8.9)	7.9 (6.4-10.5)	7.5 (6.4-9.9)	7.8 (6.5-11.3)	0.234
Hs-CRP, mg/L	5.9 (3.0-11.1)	6.2 (2.6-10.8)	3.1 (1.6-8.9)	6.6 (2.8-10.8)	0.413
HbA1c, %	5.8 (5.5-6.6)	6.2 (5.7-7.4)	5.9 (5.8-7.3)	6.1 (5.4-7.6)	0.050
TC, mmol/L	4.2 (3.6-4.9)	4.4 (3.8-5.1)	4.3 (4.0-5.1)	4.6 (3.7-5.3)	0.350
TG, mmol/L	1.4 (0.9-1.8)	1.4 (1.0-2.2)	1.5 (1.2-1.9)	1.5 (1.0-2.3)	0.542
LDL-C, mmol/L	2.7 ± 0.9	2.8 ± 0.9	2.9 ± 0.8	2.9 ± 0.9	0.388
HDL-C, mmol/L	1.1 (0.9-1.3)	1.0 (0.9-1.2)	1.1 (0.9-1.2)	1.1 (0.9-1.2)	0.464
Lp(a), mg/L	136.0 (64.0-366.0)	161.6 (76.0-408.0)	122.0 (98.5-250.5)	183.0 (92.0-396.8)	0.748
Baseline troponin I, ng/ml	1.3 (0.1-5.8)	0.9 (0.2-4.2)	1.1 (0.1-2.2)	0.4 (0.1-6.4)	0.745
Peak troponin I, ng/ml	25.4 (10.0-55.4)	25.6 (11.2-44.7)	20.3 (11.0-31.2)	18.2 (8.7-38.1)	0.334
Discharge medications					
Aspirin	94 (96.9)	104 (95.4)	19 (100)	48 (98)	0.868
P ₂ Y ₁₂ inhibitor					0.894
Ticagrelor	50 (51.5)	53 (48.6)	11 (57.9)	25 (51)	
Clopidogrel	47 (48.5)	56 (51.4)	8 (42.1)	24 (49)	
Statin	95 (97.9)	104 (95.4)	18 (94.7)	49 (100)	0.337
Dual anti-platelet therapy	94 (96.9)	104 (95.4)	19 (100)	48 (98)	0.868
Dual anti-platelet therapy duration, month	11.9 ± 2.6	12.2 ± 3.9	12.6 ± 1.9	13.1 ± 3.8	0.237
Procedural data					
Culprit vessel					<0.001
LAD	61 (62.9)	46 (42.2)	7 (36.8)	17 (34.7)	
LCX	5 (5.2)	20 (18.3)	1 (5.3)	1 (2)	
RCA	31 (32)	43 (39.4)	11 (57.9)	31 (63.3)	
No. of coronary artery narrowed					<0.001
1	55 (56.7)	4 (3.7)	5 (26.3)	2 (4.1)	
2	31 (32)	43 (39.4)	12 (63.2)	14 (28.6)	
3	11 (11.3)	62 (56.9)	2 (10.5)	33 (67.3)	
Additional PCI for non-culprit vessels	12 (12.4)	18 (16.5)	6 (31.6)	7 (14.3)	0.223
Complete revascularization	60 (61.9)	0 (0)	12 (63.2)	0 (0)	<0.001
Pre-TIMI flow 0	63 (64.9)	67 (61.5)	13 (68.4)	29 (59.2)	0.848
Stent implantation	92 (94.8)	102 (93.6)	18 (94.7)	49 (100)	0.272
Post-TIMI flow 3	95 (97.9)	108 (99.1)	19 (100)	49 (100)	0.696
OCT findings					
Plaque morphology					<0.001
Plaque rupture	40 (41.2)	52 (47.7)	15 (78.9)	48 (98)	
Plaque erosion	57 (58.8)	57 (52.3)	4 (21.1)	1 (2)	

(Cont. Table 2)

Variables	non-HRP/low-rSS (n=97)	non-HRP/high-rSS (n=109)	HRP/low-rSS (n=19)	HRP/high-rSS (n=49)	P value
Plaque type					<0.001
Lipid-rich plaque	41 (42.3)	51 (46.8)	19 (100)	49 (100)	
Fibrous plaque	56 (57.7)	58 (53.2)	0	0	
Calcification	45 (46.4)	56 (51.4)	8 (42.1)	31 (63.3)	0.223
Macrophage	43 (44.3)	38 (34.9)	19 (100)	49 (100)	<0.001
Micro-vessels	20 (20.6)	14 (12.8)	4 (21.1)	10 (20.4)	0.370
Cholesterol crystal	8 (8.2)	8 (7.3)	1 (5.3)	5 (10.2)	0.925
Thrombus	95 (97.9)	108 (99.1)	19 (100)	49 (100)	0.666
Minimal FCT, μm	142.0 \pm 95.4	140.0 \pm 85.1	52.6 \pm 11.0	59.4 \pm 6.3	<0.001
FCT < 75 μm	15 (15.5)	8 (7.3)	19 (100)	49 (100)	<0.001
Maximal lipid arc, $^\circ$	304.4 \pm 69.5	283.5 \pm 77.4	348.3 \pm 35.1	338.2 \pm 47.1	<0.001
MLA, mm^2	1.9 \pm 0.8	1.8 \pm 0.7	2.0 \pm 0.6	2.0 \pm 0.5	0.525
MLA < 3.5 mm^2	88 (90.7)	106 (97.2)	19 (100)	49 (100)	0.040

Continuous data are presented as mean \pm standard deviation or median (interquartile ranges). Categorical data are presented as number (%). OCT, optical coherence tomography; HRP, high-risk plaques; rSS, residual SYNTAX score; BMI, body mass index; DM, diabetes mellitus; PCI, percutaneous coronary intervention; LVEF, left ventricular ejection fraction; bSS, baseline SYNTAX score; Hs-CRP, high-sensitivity C-reactive protein; HbA1c, Glycated hemoglobin A1c; TC, total cholesterol; TG, triglyceride; LDL-C, low-density-lipoprotein cholesterol; HDL-C, high-density lipoprotein-cholesterol; Lp(a), lipoprotein(a); LAD, left anterior descending; LCX, left circumflex artery; RCA, right coronary artery; TIMI, Thrombolysis in myocardial infarction; FCT, fibrous cap thickness; MLA, minimal lumen area.

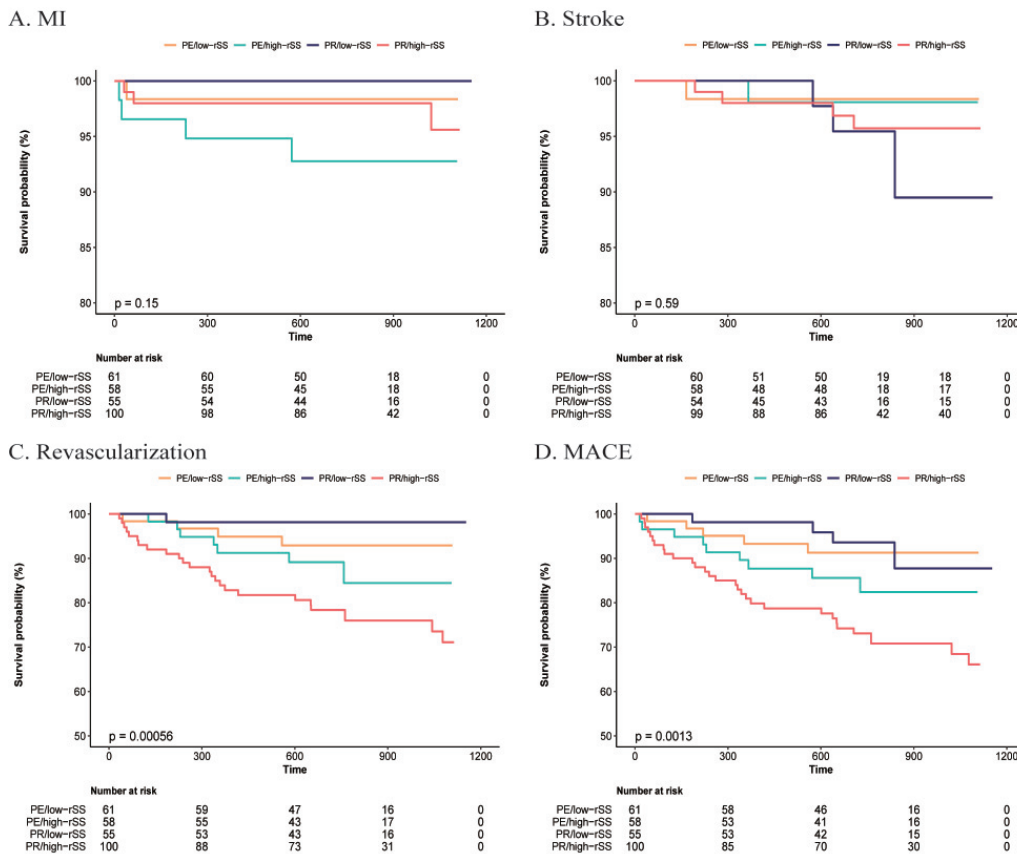


Fig. 3. Kaplan–Meier curves for endpoints according to rSS and plaque morphology

A) MI; B) Stroke; C) Revascularization; D) MACE. Abbreviations: PE, plaque erosion; PR, plaque rupture; rSS, residual SYNTAX score; MI, myocardial infarction; MACE, major adverse cardiac events.

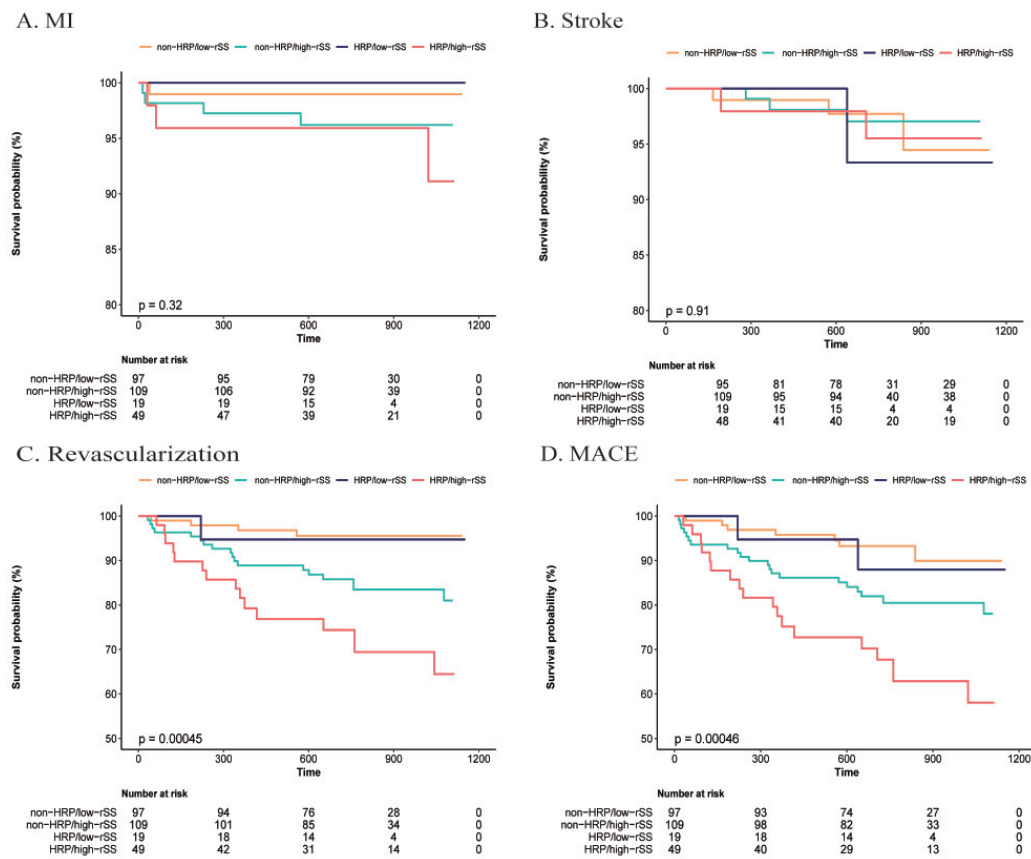


Fig. 4. Kaplan–Meier curves for endpoints according to rSS and high-risk plaques

A) MI; B) Stroke; C) Revascularization; D) MACE.

Abbreviations: HRP, high-risk plaque; rSS, residual SYNTAX score; MI, myocardial infarction; MACE, major adverse cardiac events.

and plaque morphology via OCT for predicting cardiovascular events in patients with STEMI. The main findings of this study can be summarized as follows: (1) patients with PR/high-rSS presented more high-risk plaque features and poor prognosis; (2) patients with high-rSS and OCT-defined high-risk plaque were associated with higher MACE risk; (3) patients with non-HRP/high-rSS and HRP/high-rSS presented higher risk of cardiac events when compared to patients with non-HRP/low-rSS; (4) combining the high-risk plaque features with rSS enhanced the predictive ability for MACE.

Rupture of the atherosclerotic plaques has been identified as the most common cause of life-threatening coronary thrombosis and acute coronary events followed by plaque erosion^{1, 13, 14}. Compared with plaque erosion, patients presenting with PR as culprit lesion were proved to have high-risk clinical characteristics and more complex angiographic features^{15, 16}. Niccoli *et al.*² demonstrated patients with PR had a worse prognosis compared with that of patients with intact fibrous cap, which highlights the

need to clarify the pathological characteristics of coronary plaque for the precise treatment in AMI. However, we failed to exhibit the same association between PR and clinical outcomes. We attributed this discrepancy to small-scale population, insufficient follow-up time, and different definitions of study endpoints. In addition, pan-coronary vulnerability has attracted attention in recent years. Vergallo *et al.*¹⁷ verified non-culprit-plaque ruptures were related to higher 1-year revascularization rate. This current study focused on culprit lesion and was lacking in terms of in-depth exploration in pan-coronary vulnerability, which might result in the inconsistent results.

Furthermore, Jia *et al.*¹⁸ reported that patients with culprit lesions related to PR were accompanied by other high-risk plaque features, such as thin-cap fibroatheroma, large lipid core, and inflammation activity, which, in turn, was linked to an incremental rise in cardiovascular risk. Previous studies have indicated that high-risk coronary plaques detected by coronary computed tomography angiography^{19, 20}, intravascular ultrasound (IVUS)²¹, and OCT³ were

Table 3. Hazard ratio to MACE according to plaque and rSS

	Crude HR (95% CI)	P value	Adjusted HR ^a (95% CI)	P value
rSS ≥ 3 vs. < 3	3.26 (1.58-6.74)	0.001	3.47 (1.41-8.55)	0.007
Plaque rupture vs. plaque erosion	1.83 (0.98-3.43)	0.057	2.01 (0.96-4.22)	0.066
OCT defined HRP	2.24 (1.25-4.00)	0.007	2.72 (1.30-5.68)	0.008
HRP criteria				
Lipid plaques	1.44 (0.79,2.64)	0.232	1.13 (0.54-2.37)	0.742
FCT < 75 μm	2.05 (1.16,3.64)	0.014	2.62 (1.29-5.31)	0.008
MLA < 3.5 mm ²	0.59 (0.18,1.91)	0.381	0.4 (0.09-1.69)	0.213
Macrophage	1.17 (0.66,2.09)	0.593	1.34 (0.69-2.6)	0.379
Numbers of HRP criterion				
≤ 1	1 (ref.)	-	1 (ref.)	-
2	0.77 (0.33-1.77)	0.534	0.65 (0.25-1.72)	0.39
3	0.66 (0.25-1.75)	0.400	0.56 (0.18-1.76)	0.319
4	1.83 (0.89-3.77)	0.101	1.95 (0.76-5.01)	0.166
Groups of plaque rupture and rSS				
PE/low-rSS	1 (ref.)	-	1 (ref.)	-
PE/high-rSS	1.94 (0.65-5.79)	0.235	2.29 (0.63-8.3)	0.207
PR/low-rSS	0.87 (0.23-3.24)	0.836	1.16 (0.27-4.95)	0.843
PR/high-rSS	3.73 (1.44-9.63)	0.007	4.80 (1.43-16.11)	0.011
Groups of high-risk plaque and rSS				
non-HRP/low-rSS	1 (ref.)	-	1 (ref.)	-
non-HRP/high-rSS	2.76 (1.17-6.49)	0.02	2.90 (1.01-8.38)	0.049
HRP/low-rSS	1.53 (0.32-7.39)	0.593	1.75 (0.3-10.29)	0.539
HRP/high-rSS	5.42 (2.25-13.08)	<0.001	8.67 (2.67-28.21)	<0.001

MACE, major adverse cardiovascular events (all-cause death, myocardial infarction, stroke, or unplanned revascularization of any coronary artery); rSS, residual SYNTAX score; HR, hazard ratio; CI, confidence intervals; OCT, optical coherence tomography; HRP, high-risk plaque; FCT, fibrous cap thickness; MLA, minimal lumen area; PE, plaque erosion; PR, plaque rupture.

^aAdjusted for age, sex, body mass index, hypertension, diabetes mellitus, dyslipidemia, history of percutaneous coronary intervention, left ventricular ejection fraction, smoking, peak troponin I, low density lipoprotein cholesterol, high density lipoprotein cholesterol, total cholesterol, triglyceride, high-sensitivity C-reactive protein, lipoprotein(a), glycated hemoglobin A1c, baseline troponin I, platelet, glucose, use of aspirin, P2Y₁₂ inhibitors, statin, culprit vessels, number of coronary artery narrowed, pre-TIMI flow 0, balloon pre-dilation, thrombus aspiration and stent implantation or not.

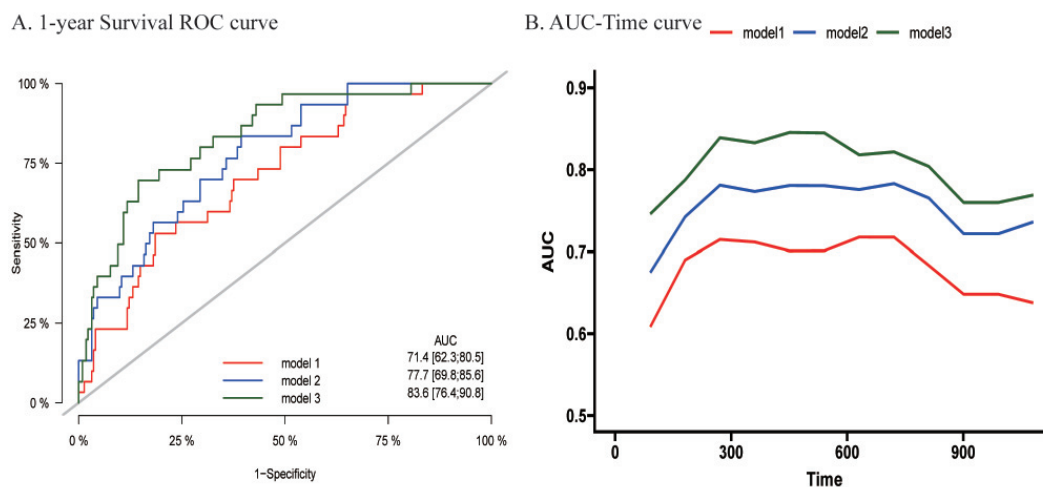


Fig. 5. A. Time-dependent ROC curves of different models for predicting 1-year major adverse cardiac events B. The AUC time curve of different models

Model 1, traditional risk factors; Model 2, Model 1 plus presence of OCT-defined high-risk plaque; and Model 3, Model 2 plus rSS. Abbreviations: ROC curve, receiver operating characteristic curve; AUC, area under the ROC curve.

Table 4. Discrimination and reclassification of 1-year MACE by different models

Models	C-statistics (95% CI)	P difference ^a	NRI (95% CI)	P value	IDI (95% CI)	P value
Model 1	0.731 (0.666-0.797)	-	Ref.	-	Ref.	-
Model 2	0.746 (0.681-0.811)	0.229	0.234 (-0.014-0.427)	0.060	0.040 (-0.003-0.093)	0.070
Model 3	0.797 (0.737-0.857)	0.002	0.460 (0.205-0.568)	<0.001	0.087 (0.036-0.182)	<0.001

^aFor comparison between model 1 and other models.

Model 1, predictor of traditional risk factors including sex, age, body mass index, current smoking, left ventricular ejection fraction, hypertension, hyperlipidemia, diabetes mellitus, history of PCI, Killip classification, baseline troponin I, peak troponin I, low density lipoprotein cholesterol, high density lipoprotein cholesterol, total cholesterol, triglyceride, high-sensitivity C-reactive protein, lipoprotein(a), glycated hemoglobin A1c, platelet and glucose.

Model 2, Model 1 plus present of OCT-defined high-risk plaque.

Model 3, Model 2 plus rSS.

MACE, major adverse cardiovascular events; CI, confidence interval; NRI, net reclassification index; IDI, integrated discrimination improvement.

also associated with increased risk of cardiovascular events.

In this present study, 155 (56.6%) patients exhibited PR as culprit lesion, whereas 68 (24.8%) presented with OCT-defined high-risk plaques. These results illustrated that nearly one-half of STEMI patients were at very high risk and required close attention of clinical management. The risk of occurrence of MACE in this current cohort of patients with OCT-defined high-risk plaques was 2.72 times greater than patients without. This result is in line with the previous CLIMA study, which showed OCT-defined high-risk plaques were associated with a higher risk of major coronary events³. Nevertheless, we found that the risk of MACE was similar between PR and PE, though the incidence was determined to be higher in patients with PR (14.8% vs. 11.8%), implying the inadequacy of risk stratification based solely on plaque morphology. Therefore, we conducted this current research to verify the efficacy and accuracy of residual atherosclerotic load combined with plaque morphology in terms of identifying patients at higher risk.

Residual SYNTAX score is an objective and reliable scoring system to assess the complexity of residual atherosclerotic burden developed based on the SYNTAX score, which is a comprehensive tool to evaluate not only the number of significant stenoses but also lesion-specific characteristics. The association of high rSS with increased risk of MACE has been widely established in previous studies^{4, 22}, which were in line with our results. As a significant symbol of incomplete revascularization^{6, 23, 24}, complex coronary lesions⁴, and plaque vulnerability²⁵, rSS demonstrated excellent prognostic value. Complete revascularization has been confirmed to be the optimal strategy in patients with multi-vessel disease²⁶. Barthélémy *et al.*⁶ reported that rSS was associated with early and late mortality among patients with cardiogenic shock

related to MI, suggesting a benefit of achieving complete revascularization on cardiovascular outcomes in patients with cardiogenic shock. Moreover, patients with high rSS generally exhibited a higher incidence of high-risk clinical characteristics and more severe baseline coronary complexity such as calcification, bifurcations, and tortuosity⁴. Results from Fujino *et al.*²⁵ showed that rSS was significantly correlated with plaque morphology based on IVUS and rSS, and plaque burden $\geq 70\%$ detected by IVUS independently predicted MACE.

There has been a great deal of research interest to incorporate the rSS with other risk factors for risk assessment^{23, 25, 27}. Braga *et al.*²³ demonstrated that rSS added important prognostic information over GRACE score in patients with STEMI and multi-vessel disease. Gao *et al.*²⁷ reported that rSS improve the predictive ability of age, creatinine, and ejection fraction (ACEF) score for cardiac mortality in a large-scale PCI population.

Our study demonstrated that the risk of cardiovascular events in patients with PR/high-rSS was 4.80 times greater than patients with PE/low-rSS. Compared with traditional risk factors, prognostic model combined with rSS and culprit-plaque features had significantly better discrimination ability based on ROC curve analysis, net reclassification improvement, and IDI. As rSS focuses on coronary stenosis and lesion complexity but not on plaque vulnerability, adding the morphological assessment of culprit lesions by OCT to the angiographic assessment by rSS contributed to better prediction of high-risk patients.

Our study has several limitations. Firstly, this study as a single-center, small-size study with strict selection criteria might led to selection bias. Secondly, pre-OCT operation including thrombus aspiration and pre-dilatation, despite being carried out with caution, might affect the assessment of plaque morphology. Although plaque morphology was

carefully analyzed by professional researchers, the potential effect must be given a serious consideration. Finally, the event rate was low due to the insufficient sample size and follow-up time. Therefore, further investigations involving a large, multicenter study population are warranted.

Conclusion

In STEMI patients, high-risk culprit-plaque morphology in combination with high-rSS were associated with higher cardiovascular risk and enhanced the predictive ability for MACE, indicating that culprit-plaque morphology and residual atherosclerosis burden should be taken into account in risk stratification and management of patients with STEMI.

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Trial Registration Number

This study is registered at clinical trials.gov as NCT03593928.

Disclosures

The Authors declare that there is no conflict of interest.

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Supplementary Appendix

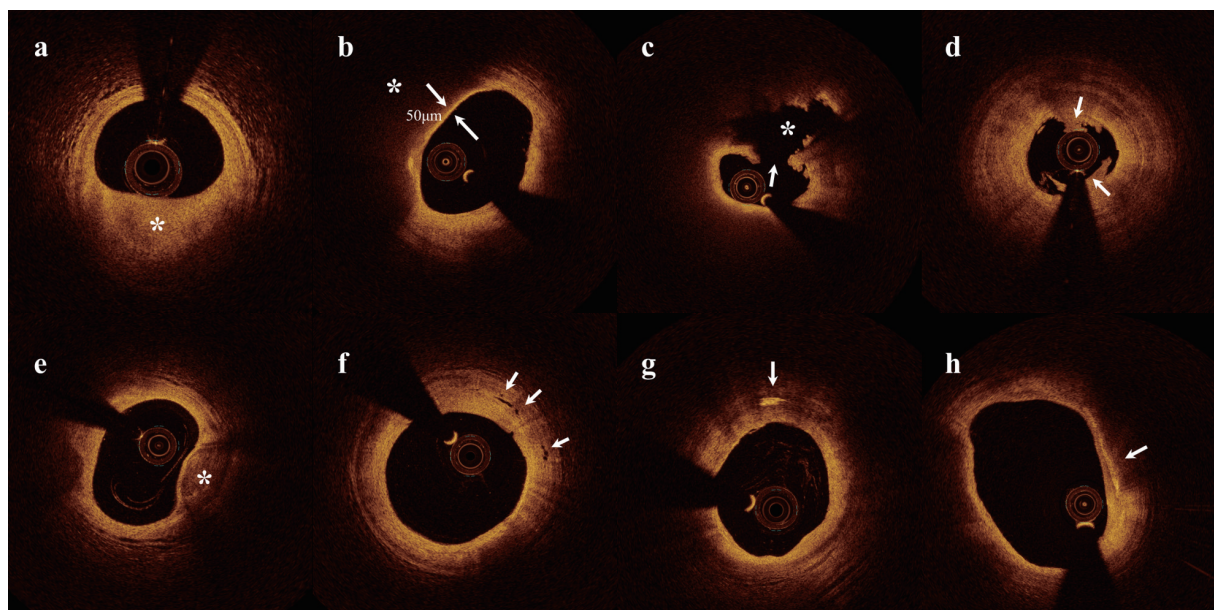
Definitions for Culprit Plaque Characteristics

According to the predominant component, plaques were distinguished as fibrous plaques and lipid-rich plaques, identified as a homogeneous, highly backscattering region (**Supplementary Fig. 1a**) or as a low-signal region with a diffuse border (**Supplementary Fig. 1b**), respectively. Plaque rupture was identified by the discontinuous fibrous cap with a clear cavity formation (**Supplementary Fig. 1c**). Plaque erosion was defined by OCT evidence of thrombus, an irregular luminal surface, and no evidence of cap rupture in multiple adjacent frames (**Supplementary Fig. 1d**), probable plaque erosion was defined by: 1) irregular luminal surface with the absence of a thrombus; or 2) attenuation of underlying plaque by thrombus without superficial lipid immediately proximal or distal to the site of thrombus. Thin-cap fibroatheroma (TCFA) was defined as a lipid-rich plaque with the maximum lipid arc greater than two quadrants as well as the thinnest fibrous cap thickness (FCT) of $<65 \mu\text{m}$ (**Supplementary Fig. 1b**).

Calcification within plaques was defined as the presence of well-delineated heterogeneous regions

with low backscattering (**Supplementary Fig. 1e**). Micro-vessels were recognized as low-signal, sharply delineated, cavity-like structures with a diameter of $50\text{-}300\mu\text{m}$, observed in more than three consecutive cross-sectional OCT images (**Supplementary Fig. 1f**). Cholesterol crystals were defined as high-signal, low attenuating, linear structures within the fibrous cap or plaque lipid necrosis core (**Supplementary Fig. 1g**). Macrophage infiltration was usually found at the boundaries between the fibrous cap and inner lipid core, identified as signal-rich, highly reflective, punctate or strip regions with backward shadowing (**Supplementary Fig. 1h**). Intracoronary thrombus was defined as a mass with an irregular appearance, adjacent to the luminal surface or floating within the lumen.

The quantitative OCT measurements included the following information: the length of the culprit lesion was measured from the longitudinal view; the lipid arc was measured at 1-mm intervals across the entire lesion, and the largest arc was recorded; FCT was measured at the thinnest part of fibrous cap three times, and the average value was noted; and the minimal lumen area (MLA) was evaluated along the length of the target lesion.



Supplementary Fig. 1. Representative cross-sectional optical coherence tomography images

a Fibrous plaque identified as a homogeneous, highly backscattering region (asterisk). b Lipid-rich plaque identified as a low-signal region with a diffuse border (asterisk) and thin-cap fibroatheroma with fibrous-cap thickness of $50 \mu\text{m}$. c Plaque rupture identified by the discontinuous fibrous cap (arrow) and cavity formation (asterisk). d Plaque erosion identified by the presence of attached thrombus (arrow) overlying an intact plaque. e Calcification identified by the presence of a well-delineated, low-backscattering heterogeneous region (asterisk). f Micro-vessels recognized as low-signal, sharply delineated, tubule luminal structures (arrow). g Cholesterol crystal (arrow) identified by linear, highly backscattering structures without remarkable backward shadowing. h Macrophage infiltration (arrow) defined as a signal-rich, highly reflective, punctate region with backward shadowing. (Adapted from reference¹¹ with permission).