

Neuronal-glia networks as substrate for CNS integration

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Abstract

Astrocytes have been considered, for a long time, as the support and house-keeping cells of the nervous system. Indeed, the astrocytes play very important metabolic roles in the brain, but the catalogue of nervous system functions or activities that involve directly glial participation has extended dramatically in the last decade. In addition to the further refining of the signalling capacity of the neuroglial networks and the detailed reassessment of the interactions between glia and vascular bed in the brain, one of the important salient features of the increased glioscience activity in the last few years was the morphological and functional demonstration that protoplasmic astrocytes occupy well defined spatial territories, with only limited areas of morphological overlapping, but still able to communicate with adjacent neighbours through intercellular junctions. All these features form the basis for a possible reassessment of the nature of integration of activity in the central nervous system that could raise glia to a role of central integrator.

Keywords: glia • astrocytes • neuronal-glia interactions • plasticity • glutamate

Introduction

The concept of neuroglia as an interstitial matter which provides a structural basis of the brain and spinal cord and binds neurones together was initially developed by Rudolf Virchow [1], who in fact never considered the cellular nature of this matter; for

Virchow neuroglia was not more than a sort of extra-cellular binding element, and he often referred to it as a "Nervwenkitt" (*i.e.* nerve cement). Very soon, however, the cellular nature of glial cells was identified and many types of neuroglial cells were described

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(*e.g.* [2, 3]), at a time that still preceded the development of the neuronal doctrine, introduced by von Waldeyer and Exner [4, 5]. Interestingly, already at the end of 19th century, Carl-Ludwig Schleich was the first to propose a theory of neuronal-glia interactions, in which he championed the role of glial cells as equal partners for neurones [6]. Ironically, this theory was never seriously considered by contemporary scientists and for many years the glia was regarded as a mere structural/supportive element in the nervous system [7]. The tide turned in mid 1980s and recently the involvement of glia in formation of CNS circuits become increasingly clear. The present review will reflect the modern view on CNS organisation, based on closely interacting neuronal-glia networks.

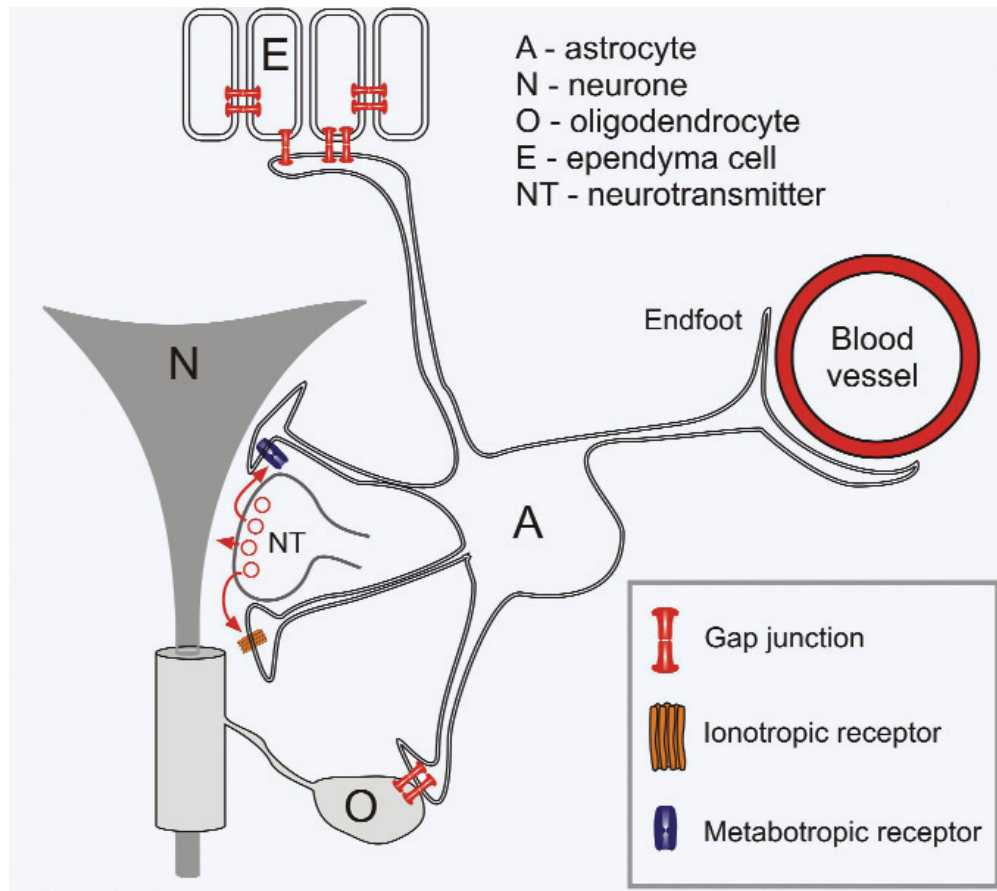
Neuronal and glial networks: glial cells form continuous syncytium

Neuronal networks are physically discontinuous, with neurones being separate entities. This fact, wholly accepted now, emerged gradually, at the turn of the 20th century, from the long-lasting confrontation between the adepts of “reticular theory”, who regarded the nervous system as a single intricate reticulum or syncytium (*e.g.* Gerlah, Kölliker and, most importantly, Golgi) and founders of the “neuronal doctrine”, which regarded the nervous system as constructed from separate cellular entities, the neurones (Waldeyer, Exner and most importantly Ramon y Cajal; see [8] for detailed account). The integration and communication within these neuronal networks is provided by specialised structures, the synapses, which are the substrates of chemical neurotransmission [9].

Glial cells in the CNS are represented by three main types: astroglia, oligodendroglia, and microglia. The functions of oligodendrocytes and microglial cells are rather well defined: the former are responsible for myelination and metabolic support of axons, whereas the latter are involved in brain immune reactivity and defence. The astrocytes, in contrast, are much more intimately involved in the formation of CNS cellular circuits and in information processing in the brain. Astroglial networks are fundamentally different from neuronal ones - astrocytes form an internally continuous syncytium. This syncytium is support-

ed by direct intercellular contacts, generally known as gap junctions (Fig. 1). The gap junctions are specialised areas, constructed by two apposing membranes of adjacent cells, with an intercellular cleft of just about 2–3 nm. Within these structures, specialised proteins, known as connexins, form intercellular channels, acting as large aqueous pores that connect the cytoplasm of the adjacent cells involved in the junction [10, 11]. At a molecular level, every intercellular channel is composed of two precisely aligned connexons, or hemichannels composed of six symmetrical subunits, named connexins (hence a functional intercellular channels comprise 2 connexons and 12 connexins). There are many types of connexins, and about 20 subtypes were identified in mammalian tissues. These subtypes differ in molecular weight (varying between 26 kD and 62kD); the molecular weight is also used in the connexins nomenclature - *e.g.* Cx26 or Cx42, or Cx57 (see [12–14] for review). Due to their large size (pores with diameter > 1.5 nm), these intercellular channels are permeable to large molecules (molecular weight up to 1 kD), allowing for intercellular diffusion of many cytoplasmic second messengers (*e.g.* InsP₃), nucleotides (ATP, ADP) or even vitamins. Interestingly, the hemichannels do not always form gap junctions, and may exist as stand-alone transmembrane channels, capable of providing a pathway for inward or outward passage of rather large molecules, including some neurotransmitters [15]. Astroglial cells in the CNS have the highest density of gap junctions and connexons and hence the highest degree of intercellular coupling. Indeed, injection of relatively small fluorescent molecules (*e.g.* Lucifer yellow or Alexa Fluor dyes) into single astrocyte in brain tissue results in staining of about 50–100 neighbouring astroglial cells [16]. Yet the networks formed by gap junctions are not absolutely ubiquitous and the degree of coupling varies considerably between different brain regions. For example almost all cortical astrocytes are integrated into the syncytium, in the optic nerve the degree of coupling reaches ~80 % whereas in the hippocampus it is much lower, being around ~50%. Importantly, gap junction conductance can be regulated by neuronal activity and by various neurotransmitters and hormones, hence linking the degree of coupling in astroglial syncytium to physiologically occurring stimulation [17–19].

Fig. 1 Astrocytes integrate brain cells into a functional syncytium. The scheme shows the astrocytes, which form gap junction contacts with oligodendrocytes and ependymal cells, plaster brain vessels with endfeet and receive chemical signals from synapses and neurones.



Astrocytes also form gap junction with oligodendrocytes thus providing a general integrating media, which forms a panglial contacts within the brain [20]. This integration further extends to ependymal cells, as the latter form gap junctions with astrocytes (Fig. 1). Finally, recent data show that astrocytes may occasionally form gap junction contacts with neurones, especially in the early developmental stages [21–24].

Neurones and glia: physiology of signal propagation

Mechanisms of excitability and signal propagation of neurones and glial cells are fundamentally different. Essentially, neuronal excitability is a form of electrical excitability and is determined by the existence of a specific complement of voltage-gated ion channels (Na^+ channels, K^+ channels, and, to a lesser extent, Ca^{2+} channels) in the plasmalemma. Depolarization of the neuronal plasma membrane to

a certain threshold activates these channels and generate an action potential that propagates mainly along the axon. Glial cells are electrically non-excitable and unable to generate plasmalemmal action potentials. However, many types of glial cells do express several types of voltage-gated channels, including Na^+ and Ca^{2+} channels (see *e.g.* [25–30]), but the density of these channels is rather low (*ca.* 1000 times less as compared to neurones), and thus the currents generated upon their activation are unable to substantially depolarise glial membrane [31]. Nevertheless, the glial cells are excitable, in the sense of responding to information from their surrounding; and one of the principal mechanisms used is Ca^{2+} signalling. The major source of Ca^{2+} in the glial cells is the endoplasmic reticulum (ER), a large reticular organelle moulded into the intricate network of microtubulae and cisternae; this network forms the nuclear envelope, occupies the cell body and penetrates into cell processes. The ER is a multifunctional organelle, which integrates numerous extra- and intracellular signals, provides for protein synthesis and post-

translational protein modification, serves as a highway for intracellular transportation of various substances (e.g. transport RNA or secretory products), and generates output signals controlling long-lasting adaptive cellular responses [32–36].

Furthermore, the ER also acts as a dynamic Ca^{2+} store, able to accumulate, store and release Ca^{2+} ions [37, 38]. The concentration of free Ca^{2+} within the ER lumen ($[\text{Ca}^{2+}]_{\text{L}}$) lies in a range of 100–800 μM [39–45] and therefore a steep concentration gradient between the ER lumen and the cytosol (where Ca^{2+} concentration, $[\text{Ca}^{2+}]_{\text{i}}$, stays within 50–100 nM range) is formed. This concentration gradient drives a rapid Ca^{2+} release from the ER, which occurs through several types of intracellular Ca^{2+} channels: (a) the Ca^{2+} -gated channels (generally known as ryanodine receptors, RyRs [46]) or (b) InsP_3 -gated Ca^{2+} channels (or InsP_3 receptors, InsP_3Rs) residing in the endomembrane [47] or (c) the NAADP receptors, although their exact nature remains unknown [48].

The RyRs are activated by an increase in cytosolic Ca^{2+} concentration, resulting in Ca^{2+} -induced Ca^{2+} release, whereas InsP_3Rs are under dual control of second messenger InsP_3 and intracellular free Ca^{2+} . The positive modulation of both channel types by cytosolic Ca^{2+} provides for regenerative activation of the endomembrane, when local opening of Ca^{2+} channels creates local Ca^{2+} gradients, which in turn activate neighbouring channels, creating thus a propagating wave of channels opening and a propagating wave of Ca^{2+} release from the ER [49].

Initiation of the Ca^{2+} signal is normally achieved by activation of various G-protein coupled receptors (GPCRs) that are coupled to phospholipase C activation, and hence to the synthesis of InsP_3 ; and, glial cells possess a large variety of such receptors (see e.g. [50–53]), that ultimately trigger an InsP_3 -induced Ca^{2+} release from the ER. Different types of glial cells also express RyRs [115]), although their functional role remains unclear, as they do not significantly contribute to the generation of Ca^{2+} signals [54]. The depletion of the ER, which follows the InsP_3 -induced Ca^{2+} release, activates store-operated Ca^{2+} channels, abundantly expressed in all types of glia (see e.g. [55–59]).

Quite often, especially in the *in situ* situation, the initial Ca^{2+} release occurs in distant glial processes, i.e. in the actual place of neuronal-glial contacts, and this release is followed by a propagating

wave of ER excitation which relays the Ca^{2+} signal into the soma [60, 61]. In addition to the evoked Ca^{2+} signals and intracellular waves, astroglial cells are capable of generating spontaneous $[\text{Ca}^{2+}]_{\text{i}}$ oscillations, which were detected in astrocytes both in culture and *in situ*, in hippocampus, thalamus, cerebellum and neocortex [62–65]. Generation of these spontaneous waves involves interactions between InsP_3 -dependent Ca^{2+} release and Ca^{2+} entry, most likely through store-operated Ca^{2+} channels [64].

In the context of the earlier discussion on the profuse level of intercell communications, it is clear that a wave of ER excitation in astroglial cells does not need stop at the cell borders and it could spread through the neighbouring glial cells, conveying Ca^{2+} signals over a long distance (up to 300–400 μm from the initial foci of excitation – see [66, 67]). The mechanisms of spreading calcium waves in glial cells are complex. They may result from (i) diffusion of InsP_3 through gap junctions, (ii) regenerative or single point release of diffusible extracellular messenger (the latter is most likely represented by ATP, which can be secreted from astrocytes *via* either diffusion through hemichannels or through Ca^{2+} -regulated exocytosis), or (iii) by combination of the above (see e.g. [68–73]). Whatever the actual mechanism, the propagating Ca^{2+} waves allow astroglial networks to communicate and integrate information at long range.

Astrocytes are capable of chemical neurotransmission

A further significant extension of the complexity of signal transduction in the brain comes from the capacity of glia to initiate the release of neurotransmitters. The ability to secrete neurotransmitters in a regulated fashion was for many years the sole prerogative of neurones; but recent investigations are challenging this dogma. In fact, some initial reports indicating that astroglia are capable to release neuroactive substances, including neurotransmitters such as glutamate, appeared in late 1980s [74]; more recent experiments demonstrate even clearer this process and reveal that astrocytes are capable of regulated exocytotic secretion of numerous mediators. Exocytotic release requires both the existence of the secretory vesicles, containing the neurotransmitter,

and of specific exocytotic proteins. Cytoplasmic vesicles, containing glutamate, were recently found in mature hippocampal astrocytes [75]; some of these vesicles were arranged in groups close to plasmalemma in astroglial perisynaptic expansions. The astroglial vesicles possess vesicle glutamate transporters (VGLUT1-3), and thus are able to accumulate glutamate [75–77]; they also express vesicle-associated protein 3 (VAMP3 or cellubrevin), which regulates exocytotic fusion from the vesicular side [75]. Astrocytes also express plasmalemmal regulators of exocytotic fusion, the SNAP23 (soluble N-ethylmaleimide-sensitive fusion protein attachment protein), complexin 2, Munc18a and synaptotagmin IV. Most importantly the $[Ca^{2+}]_i$ -induced exocytosis of astroglial vesicles and subsequent release of glutamate were directly visualised by total internal reflection fluorescence imaging [75], and exocytotic fusion following $[Ca^{2+}]_i$ signals was also measured by membrane capacitance recordings [78]. The vesicular glutamate release from astrocytes is fundamentally different from the neuronal one in respect to the source of trigger Ca^{2+} : in astrocytes Ca^{2+} comes almost exclusively from the intracellular stores, whereas neuronal exocytosis is governed predominantly by Ca^{2+} entry through plasmalemmal channels [75, 79] (for astroglial exocytosis see also a very comprehensive review by Volterra and Meldolesi [80]). As a consequence, vesicular release of neurotransmitter from astroglial cells develops considerably slower as compared to neurones [75].

The range of biologically active substances that can be released by the glia is ever expanding, generating a whole library of gliotransmitters [80]. Most of these substances are released, as discussed above, through a mechanism of Ca^{2+} -dependent exocytosis. Results published in the last couple of years open an entirely new field of transmitter release, which is, at least for the time being, restricted to the glial cells. Astroglial cells have been shown to release transmitters by alternative routes that involve the opening of plasmalemmal channels permeable for relatively large molecules. In particular, glutamate and other amino-acids can be released through hemichannels, through volume-sensitive channels [81] and through P2X7 purinoreceptors [82]. This mechanism of transmitters release through plasmalemmal channels does not depend on $[Ca^{2+}]_i$.

Neurotransmitters released by astrocytes modulate both neuronal activity and synaptic transmission

The astrocyte-to-neurone signalling was demonstrated in several ways, in both *in vitro* (cell cultures) and *in situ* (acute brain slices) studies. In glial-neuronal co-cultures, release of glutamate from astrocytes may have multiple effects on neuronal synaptic transmission. Stimulation of astrocytes, generating $[Ca^{2+}]_i$ signals, resulted in (i) direct excitation of neighbouring neurones via activation of AMPA/NMDA receptors [83, 84] (ii) increase in the frequency of spontaneous (miniature) excitatory and inhibitory postsynaptic currents (*via* activation of extrasynaptic NMDA receptors and increase in probability of transmitter release) [85] and (iii) inhibition of evoked EPSCs/IPSCs through metabotropic glutamate receptors pathway ([86], see also [87, 88]). All these effects were blocked after inhibition of astroglial $[Ca^{2+}]_i$ signalling by either intracellular injection of Ca^{2+} -chelator BAPTA or by inhibition of ER Ca^{2+} release by thapsigargin.

In hippocampal and cortical slices, spontaneous astrocytic $[Ca^{2+}]_i$ oscillations were found to drive neuronal $[Ca^{2+}]_i$ signals [89]. Likewise, in thalamus, spontaneous astrocytic $[Ca^{2+}]_i$ oscillations directly excited adjacent neurones through activation of NMDA receptors residing in the latter [65]. The neuronal $[Ca^{2+}]_i$ signals were observed in CA1 hippocampal neurones following astroglial activation by prostaglandin E2. These neuronal Ca^{2+} signals were detected in conditions of complete inhibition of synaptic neurotransmitter release from neuronal terminals (by slice incubation with tetanus neurotoxin, TeNT) and were mediated by glutamate secreted from astroglial cells [90]. Importantly, glutamate, released from a single astrocyte may act on several adjacent neurones thus producing synchronous excitation of the latter [91].

Astroglial glutamate release may also affect inhibitory pathways in hippocampus, by facilitating GABA release from interneurones connected to pyramidal CA1 cells; an effect mediated by the activation of ionotropic (most likely kainate) glutamate receptors localised on the terminals of these interneurones [92, 93].

Astrocytes are able to release not only glutamate but also ATP [94] and D-serine [95], which both may act as neurotransmitters/neuromodulators.

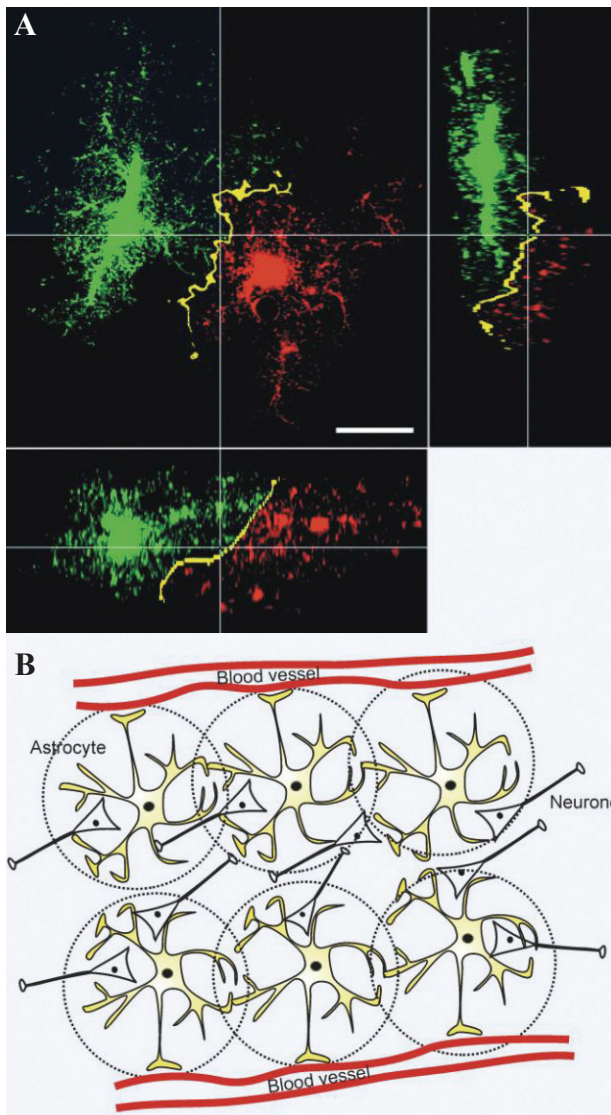


Fig. 2 A. Hippocampal (CA1 area) astrocytes define their exclusive territories in the grey matter. Two adjacent astrocytes were filled with Alexa Fluor 488 (green) and Alexa Fluor 568 (red) through separate patch pipettes. The discreet region of interaction (*yellow*) between the fine processes of protoplasmic astrocytes. Pixels containing both green and red were determined using the colocalization routine and then pseudocolored in bright yellow to mark their presence. *x-y* (*large panel*), *x-z* (*bottom panel*), and *y-z* (*right panel*) slices through the area in which two adjacent astrocytes interface. Scale bar, 20 μm . From [103], with permission (copyright 2002, Society for Neuroscience). B. Schematic representation of the concept of the Neuronal - Glial - Vascular unit. Astroglial cells define their territory with very little overlap between adjacent cells; the astroglial-astroglial contacts are established only between terminal processes. Within the territory each astrocyte contacts the blood vessel and all neuronal membranes, thus forming a functional neuronal-glial-vascular unit.

When released by astroglial cells, these transmitters can affect neuronal electrical activity and synaptic transmission (see *e.g.* [87, 88, 96, 97] for review). In hippocampal neuronal-glia co-cultures, ATP secreted by astrocytes inhibited glutamatergic synapses *via* presynaptic P2Y receptors [98]. Alternatively, as was shown in experiments in hippocampal slices, astroglial release of ATP may cause (through ATP degradation) an accumulation of adenosine, which in turn, produced tonic suppression of synaptic transmission by acting on adenosine receptors [99].

Astrocytes form functional neuronal-glia-vascular units and control microcirculation

Experiments, employing *in situ* labelling of astroglia with fluorescent dyes (*e.g.* [100] as well as transgenic animals expressing variants of fluorescent proteins (such as green fluorescent protein, GFP or reef coral fluorescent proteins, RCFPs) under control of astrocyte-specific promotor (GFAP; *e.g.* [101, 102]) greatly assisted in visualising astroglial cells in their natural environment. This *in situ* imaging not only revealed an incredibly complex array of fine processes and appendages formed by the astroglia [100, 103], but also found a very specific spatial organisation of astrocytes in the grey matter. It turned out that every protoplasmic astrocyte occupies a clearly defined territorial domain, which is free from the processes of other astrocytes (Fig. 2). The area where processes of neighbouring astroglial cells overlap appeared to be very small, as only a very small portion (< 5%) of the volumes of neighbouring cells overlaps (Fig. 2). Thus astroglia divide the grey matter into distinct compartments, and within each of these compartments a single astrocyte forms contacts with all neuronal membranes and synapses residing within its confines [104]. These contacts are created by fine astroglial processes, which also often send even finer extensions, represented by filopodia or lamellipodia. These are highly dynamic structures, the lamellipodia being able to glide along neuronal surfaces, whereas filopodia are rapidly extended from the astroglial processes. These filopodia can be extended for 2–6 μm within 30 to 60 s; staying elongated for several minutes and then retracting back [105].

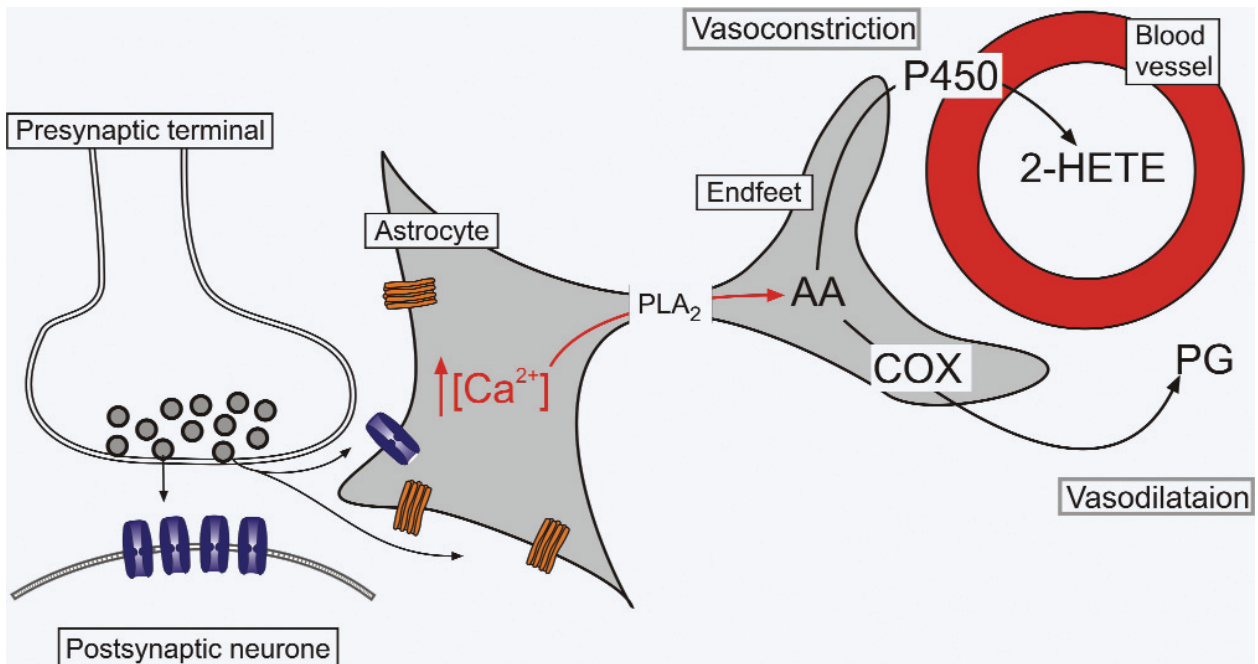


Fig. 3 Astroglial cells control brain microcirculation. Chemical signals arising from active neurones trigger Ca^{2+} release from the ER in the neighbouring astrocytes; this Ca^{2+} release initiates a propagating Ca^{2+} wave which reaches the endfeet and activates the phospholipase A_2 (PLA_2), which in turn generates arachidonic acid (AA). Arachidonic acid is processed either by cyclooxygenase (COX) to produce vasodilatory prostaglandin derivatives (PG) or is converted by cytochrome 450 (which is localised in the arteriole wall) into 20-hydroxyeicosatetraenoic acid (20-HETE), which mediates the vasoconstriction.

Not only astroglial cells form contacts with all the neuronal surfaces belonging to their territory, they also provide a link between neurones and blood capillaries. Every astroglial cell sends a process towards the nearest capillary, on which it forms an endfoot. The endfeet of several astrocytes cover the capillary wall forming thus the glial-vascular interface, a part of the blood-brain barrier (BBB). The membrane of endfeet is packed with a variety of receptors (*e.g.* metabotropic purinoreceptors), channels (*e.g.* aquaporins) and transporters (*e.g.* glucose transporters), that most likely are instrumental in mediating the glial-capillary communications [104, 106]. Therefore every single astrocyte integrates itself and the neurones residing within its territory with a capillary, forming thus an independent glial-neuronal-vascular unit. This unit has a very important functional significance, as it links neurones with blood vessels and is instrumental in the dynamic regulation of blood supply associated with neuronal activity.

It is a universally acknowledged fact that an increase in neuronal activity rapidly increases circu-

lation within the active brain area, a phenomenon defined in Sherrington's work [107] as "functional hyperemia". For a long time the cellular mechanisms responsible for coupling neuronal activity with the changes in the diameter of blood vessels (vasodilation/vasoconstriction) remained enigmatic. In recent studies, however, the astrocytes were identified as one of the key elements in this functional coupling between nerve cells and cerebral vessels (Fig. 3). Thus, stimulation of neuronal afferents in cortical slices resulted, as expected, in dilation of neighbouring arterioles, but this afferent stimulation also triggered $[\text{Ca}^{2+}]_i$ signals in the astroglial endfeet surrounding dilating vessels through activation of metabotropic glutamate receptors (mGluRs) [108]. Pharmacological inhibition of these receptors reduced vasodilation in response to afferent stimulation, whereas activation of mGluRs by the selective agonist trans-ACPD led to relaxation of arterioles. Similarly, direct stimulation of a single astrocyte with a patch pipette induced dilation of the part of closely apposed arteriole, which was in direct contact

with the endfeet sent by astrocyte subjected to stimulation [108]. Astroglia-mediated vasodilatation could be blocked by aspirin, hence implying the involvement of cyclooxygenase product (e.g. prostaglandin derivatives produced from arachidonic acid). Most interestingly, in another brain region, the hippocampus, local $[Ca^{2+}]_i$ signals in the astroglial endfoot (produced either by focal Ca^{2+} uncaging or by stimulation of adrenoreceptors) triggered vasoconstriction [109]. This vasoconstriction was also mediated by the product derived from arachidonic acid; the latter can be converted into vasoconstrictive agent 20-hydroxyeicosatetraenoic acid (20-HETE) by a cytochrome P450 enzyme residing in the arteriole smooth muscle. At the present, it is not clear if this difference represents a regional specialization or whether the astrocytes are capable of initiating either type of response (vasoconstriction or vasodilatation) depending on particular circumstances. These recent data indicate that the astrocytes, through their local endfeet-vascular interactions, may initiate extremely focal changes in blood supply to support the functional activity of a single neuron-glia-vascular unit they delineate and control.

Integration within neuronal-glia networks: What keys the future holds?

The last decade has been critically important for gliology, as it produced a substantially larger amount of data on the glial morphology, physiology and development, than the entire preceding century. This new knowledge about glia raises a formidable challenge to the neuronal doctrine, which dominated neurobiology since 1890s, and lead directly to the current dogma that the output of the brain is based, almost exclusively, on neuronal activity. Our developing understanding of the glia swiftly change their status from a mere supporter of neurones to a central position, from which they govern all aspects of the neurone's birth, life and death.

We know now that brain stem cells are represented by cells of astroglial lineage [110, 111], and evidence is mounting showing the radial glia as an omnipotent neural progenitor cells, acting as a main intermediate state between early neuroepithelial cells and all differentiated neural elements of the CNS, be

it neurones or macroglia [112, 113]. Moreover, this theory, in fact, postulates that the neural cell lineage is in essence the radial glial/astroglial one; and neurones (as well as oligodendrocytes) are the progeny of the astroglial cells [114].

Similarly, the new knowledge about the functional organisation of the grey matter forces us to reconsider the main postulate of neuronal doctrine - that the substrate for the integration of information in the central nervous system is represented by the neurones and the synapses established between them. The currently available information show that it is the astrocytes that are creating the compartmentalisation in the CNS, and it is the astrocytes that are able to integrate neurones, synapses, and brain capillaries into individual and relatively independent units. Furthermore, the astroglial syncytium, connected through gap junction communication pathways, allows a rather elaborated intercellular communication route, which permits direct translocation of ions, metabolic factors and second messengers. The resulting potential for parallel processing and integration is significant and might easily be larger, but also fuzzier, than the binary coded electrical communication within the neuronal networks. In a way, the neuronal networks may be seen as highly specialised elements of rapid delivery of information, whereas astroglial cells may represent the true substrate (or "substance", as Virchow would have called it) for information processing, integration and storage. Indeed, the number of glia, both in absolute terms and relative to the number of neurones, increases dramatically on the phylogenetic scale, together with the increase in the cortical capacity for complex processing [104]. Will this truly heretical theory, which subordinates neurones to glia, be proven correct in the end? Only the future holds a definite answer to this question.

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