

CASE VIDEO

An intriguing case of abdominal pain—Belly dancer's syndrome

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Key Clinical Message

Belly dancer dyskinesia, a rare disease, may often be overlooked as a regular nonspecific abdominal pain, and therefore, high index of clinical suspicion is required to avert misdiagnosis.

KEYWORDS

belly dancer's syndrome, chronic pain, dyskinesia, myoclonus

1 | CASE VIDEO DESCRIPTION

Belly dancer syndrome is characterized by repetitive irregular jerky movements and is usually preceded by neuro-pathic symptoms.¹

Herein, a 39-year-old man presented with 1 year history of repetitive anterior abdominal and bilateral lower chest wall involuntary jerky movements. In the sitting position, abnormal contractions of the lower chest wall and upper abdominal muscles were seen during examination (Video 1 and Figure 1).

Belly dancer's myoclonus is the epochal travail of contractions of the rectus abdominis, paraspinal, and obliques resulting in chronic abdominal pain and shortness of breath.² Diagnosis is primarily clinical.

AUTHOR CONTRIBUTIONS

Dhriti Sundar Das: Conceptualization; data curation; investigation; writing – original draft; writing – review and editing.



VIDEO 1 Involuntary muscle contractions while patient was seated.

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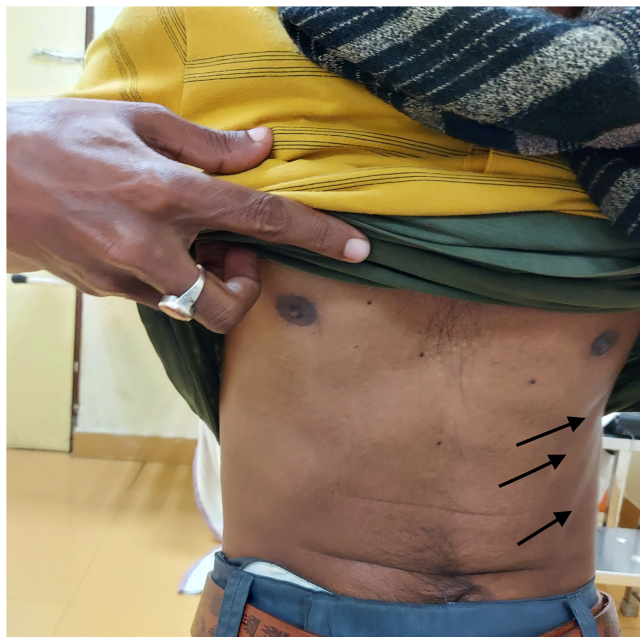


FIGURE 1 Involuntary muscle contractions while patient was seated.

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CONFLICT OF INTEREST STATEMENT

There is no conflict of interest reported by the author.

DATA AVAILABILITY STATEMENT

Not applicable.

ETHICS STATEMENT

Formal ethical approval is not required for case report as per institutional policy.

CONSENT

Written informed consent was obtained from the patient to publish this report in accordance with the journal's patient consent policy.

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