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OPEN Complex regulatory network allows Myriophyllum aquaticum to thrive under high-concentration ammonia toxicity

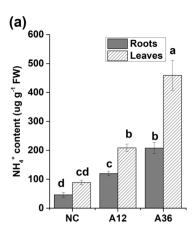
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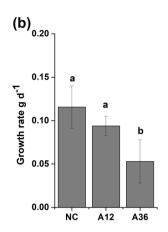
Plants easily experience ammonia (NH₄+) toxicity, especially aquatic plants. However, a unique wetland plant species, Myriophyllum aquaticum, can survive in livestock wastewater with more than 26 mM NH_4^+ . In this study, the mechanisms of the M. aquaticum response to NH_4^+ toxicity were analysed with RNA-seq. Preliminary analysis of enzyme activities indicated that key enzymes involved in nitrogen metabolism were activated to assimilate toxic NH_{4}^{+} into amino acids and proteins. In response to photosystem damage, M. aquaticum seemed to remobilize starch and cellulose for greater carbon and energy supplies to resist NH₄⁺ toxicity. Antioxidative enzyme activity and the secondary metabolite content were significantly elevated for reactive oxygen species removal. Transcriptomic analyses also revealed that genes involved in diverse functions (e.g., nitrogen, carbon and secondary metabolisms) were highly responsive to NH₄+ stress. These results suggested that a complex physiological and genetic regulatory network in *M. aquaticum* contributes to its NH₄+ tolerance.

As a major nitrogen source, ammonia (NH₄⁺) is important for plant growth and development in soil and freshwater ecosystems^{1,2}. However, high concentrations of NH₄⁺, as a kind of abiotic stress, can damage plant cells and cause a series of syndromes, such as leaf chlorosis, a decrease in net photosynthesis and rhizosphere acidification^{2,3}. As reported in previous studies, abiotic stresses impair productivity, reducing average yields by more than 50% globally⁴. During the past several decades, a worldwide decline in submerged macrophytes also occurred in many eutrophic lakes, and a high concentration of NH₄⁺ in the aquatic environment was regarded as the main cause^{1,5}. Therefore, NH_4^+ toxicity is a significant ecological and agricultural issue and an important phenomenon in cell biology³.

Plants have evolved various defense mechanisms at multiple levels in response to unfavourable environments including NH₄⁺ stress^{1,3}. In higher plants, once NH₄⁺ has entered the cells, the glutamine synthetase/glutamate synthase (GS/GOGAT) cycle is the first step in NH₄⁺ assimilation^{6,7}. GS catalyses a reaction that incorporates NH₄⁺ into glutamate and generates glutamine (Gln) as a product^{8,9}. GOGAT transfers the amine group in the amide side chain of Gln to 2-oxoglutarate (2-OG), yielding two molecules of glutamate; one molecule serves as a substrate for GS, whilst the other is used for further metabolism 5,8 . NH $_4$ ⁺ assimilation is closely linked to carbon metabolism since the supply of organic acids, which is maintained by the tricarboxylic acid (TCA) cycle, is indispensable in amino acid synthesis¹⁰. Thus, a high availability of carbon skeletons is essential for NH₄⁺ assimilation in plant cells. Moreover, accelerated decomposition of starch is also found in plant cells under abiotic stress (e.g., cold, salt and drought) and provides more carbon skeletons and energy for abiotic stress protection^{11,12}. However, metabolism acceleration produces redundant reactive oxygen species (ROS) and disrupts internal ROS homeostasis, thereafter leading to secondary oxidative stress and intracellular damage in plants^{1,13}. Typically, plant cells upregulate the activity of antioxidant enzymes, such as peroxidase (POD), superoxide dismutase (SOD)

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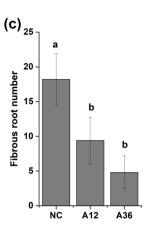


Figure 1. NH₄⁺ content and growth characteristics of *Myriophyllum aquaticum*. (a) NH₄⁺ content in roots and leaves. (b) Growth rate. (c) Fibrous root number. The values are the means \pm SDs (n = 5). Different letters indicate a significant difference at p < 0.05.

and catalase (CAT), to remove excessive ROS¹⁴. Nevertheless, as an assistant antioxidant pathway, phenylpropanoid biosynthesis in plants provides substrates for the synthesis of many secondary metabolites, such as phenolics, flavonoids and lignin. These compounds are critical for defence responses to biotic and abiotic stresses^{15–17}. However, these results were mainly obtained from terrestrial plants, and less is known about the mechanisms of NH_4^+ tolerance in wetland (aquatic) plant species.

Normally, the concentrations of $\mathrm{NH_4}^+$ in natural waters such as rivers and lakes are no more than 14 uM. However, with the input of urban waste water and runoff from farmlands, the concentrations of NH₄⁺ could significantly increase and even up to 26 mM in some constructed wetlands^{18–20}. As aquatic plants, most wetland species are sensitive to high concentrations of NH_4^+ and are likely to experience NH_4^+ toxicity, which may seriously hinder their growth and ability to remove nutrients 16,20. The reported symptoms of NH₄+ toxicity range widely, and generally appear with external NH₄⁺ concentrations above 0.1 to 0.5 mM^{1,5}. For example, the growth rate of Azolla filiculoides decreased when the NH₄+ concentration was above 0.1 mM, and root damage occurred when the NH₄⁺ concentration was higher than 1 mM²¹. Ceratophyllum demersum cannot grow well when NH₄⁺ concentrations were higher than 0.4 mM²². Wolffia arrhiza exhibited higher tolerance to NH₄⁺ up to 4 mM²³. However, Myriophyllum aquaticum, an important wetland plant species for biomass accumulation and nutrient removal^{18,24}, is entirely different from Myriophyllum spicatum, which is used in ecological engineering for aquatic ecosystem restoration and is sensitive to NH_4^{+25} . M. aquaticum shows strong potential to resist NH_4^{+} toxicity since it can grow in constructed wetlands with high concentrations of NH₄⁺ (up to 26 mM)²⁴⁻²⁶. For coping with NH₄⁺ toxicity, *M. aquaticum* has a specialized pathway that can achieve detoxification, and this pathway is highly distinct from that in sensitive species⁵. For example, M. aquaticum was found to convert accumulated NH₄ nitrogen into nitrate internally to avoid toxicity caused by the accumulation of NH_4^+ in tissues. Furthermore, the detoxification reaction was found to be closely related to high-quality asparagine synthetase (AS) and GS activities⁵. In other ways, M. aquaticum can elevate SOD and POD activities to remove redundant ROS and avoid oxidative damage²⁷. However, these studies mainly focused on the leaves of M. aquaticum, and the functions of other key enzymes involved in nitrogen, carbon and antioxidative pathways have not been explored. Furthermore, gene regulation associated with NH₄⁺ tolerance in M. aquaticum is still unknown and thus needs to be further

Within this context, the present work hypothesized that $\mathrm{NH_4}^+$ detoxification depends on network regulation in M. aquaticum including nitrogen, carbon and secondary metabolisms in roots and leaves. To test this hypothesis, we grew M. aquaticum under two concentrations of $\mathrm{NH_4}^+$ (12 and 36 mM) that suppress M. aquaticum growth²⁷ for 14 days. These two groups were defined as A12 and A36 group with a negative control group (NC group) under 1 mM $\mathrm{NH_4}^+$. An integrative approach was applied, first measuring plant biomass (defined as the growth rate) and $\mathrm{NH_4}^+$ content and then determining nitrogen, carbon and antioxidative metabolites and enzyme activities. Finally, a transcriptomic analysis of roots and leaves was carried out to investigate the complexity of the molecular events underlying the response to $\mathrm{NH_4}^+$ in this species. Gene Ontology (GO) enrichment and Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment were used to identify the important biological processes operating in M. aquaticum roots and leaves.

Results

Responses to NH₄⁺ **stress.** NH_4^+ content. Roots and leaves are important plant organs for nutrient absorption and energy assimilation, respectively. As the NH₄⁺ concentration in the nutrient solution increased, the NH₄⁺ content in the leaves of M. M₄ aquaticum increased significantly (p < 0.05) from 69 μ g g⁻¹ fresh weight (FW) in the NC group to 162 μ g g⁻¹ FW in the A12 group and 357 μ g g⁻¹ FW in the A36 group (Fig. 1a). Furthermore, the NH₄⁺ content in roots also significantly increased in the NH₄⁺-stressed groups. Interestingly, the NH₄⁺ content in the leaves of each group was always higher than that in the roots, which indicated that most of the NH4⁺ was transported to the leaves.

Plant growth. Biomass reduction provoked by NH_4^+ toxicity is generally associated with the accumulation of NH_4^+ in tissues of different plant species^{6,10}. With increased NH_4^+ content, the growth rate significantly decreased by more than 50%, from 0.116 g d⁻¹ in the NC group to 0.053 g d⁻¹ in the A36 group (Fig. 1b). Further, the number of fibrous roots also significantly decreased in the A12 and A36 groups (Fig. 1c). Spearman's correlation analysis indicated that the changes in growth rate and fibrous root number were significantly correlated (p < 0.01) with the increases in NH_4^+ content in roots and leaves (Supplementary Table S1).

Chlorophyll (Chl) and maximum quantum yield of photosystem II (Fv/Fm). Energy metabolism also seems to be damaged by high concentrations of $\mathrm{NH_4^{+28}}$. Photosynthetic pigment content (such as the Chl a and Chl b contents) decreased significantly (p < 0.05) in the A36 group compared to the NC group (Supplementary Fig. S1a). Moreover, Fv/Fm also significantly decreased from 0.830 in the NC group to 0.796 in the A36 group (Supplementary Fig. S1b). However, there were no significant differences in carotenoid (Car) among the different groups.

To better understand the mechanism used by roots and leaves facing $\mathrm{NH_4}^+$ stress, we further explored their transcriptomic and metabolic responses.

De novo assembly and annotation of the root and leaf transcriptomes. Sequencing and assembling. As shown in Supplementary Table S2, a total of $131.48\,\mathrm{G}$ raw nucleotides ($124.50\,\mathrm{G}$ clean nucleotides), equivalent to 941.20 million raw reads (914.70 million clean reads), were generated from 18 root and leaf samples belonging to the three groups (NC, A12 and A36). All clean reads of M aquaticum were pooled together and then de novo assembled by Trinity. The transcriptome was de novo assembled to 97338 unigenes, with an $N50 = 1187\,\mathrm{bp}$.

Differential expression analyses under different concentrations of NH_4^+ stress. The transcriptomic changes of M. aquaticum roots and leaves in response to 12 and 36 mM NH_4^+ were analysed. The number of genes for which the expression was significantly (p < 0.05) altered based on different growth conditions was represented with Venn diagrams (Supplementary Fig. S3a,b). NH_4^+ treatment led to strong transcriptomic responses in which 4583 genes were differentially expressed in NH_4^+ -stressed roots, while only 965 were differentially expressed in NH_4^+ -stressed leaves. Under 12 mM NH_4^+ , there were only 44 upregulated genes in the leaves (Supplementary Fig. S3b). Nevertheless, the number of upregulated genes in the A36 group was nearly 7-fold greater than that in the A12 group, reaching 351 in the former group, with little difference in the number of upregulated genes in the roots. Thus, different regulatory mechanisms in roots and leaves might have responded to the NH_4^+ stress.

GO enrichment analysis. GO analysis provided an overview of the processes most affected by $\mathrm{NH_4}^+$ stress. The most enriched GO terms were similar in roots and leaves responding to 12 and 36 mM $\mathrm{NH_4}^+$ (Fig. 2). However, there were large differences between the differentially expressed genes (DEGs) in terms of GO terms and the proportion of up- and downregulated genes. Genes related to stress response (e.g., salt, wounding, and cold stresses) were enriched in both roots and leaves under $\mathrm{NH_4}^+$ stress, which indicated an increased response to $\mathrm{NH_4}^+$ toxicity and a network response to different stress factors. Furthermore, genes for signalling regulation (e.g., auxin and abscisic acid in both roots and leaves and ethylene in roots) were also enriched, indicating that a complex signal regulation pathway responded to $\mathrm{NH_4}^+$ stress²⁹. Finally, the genes involved in light harvesting and photosynthesis were significantly (p < 0.05) downregulated in the leaves of the A36 group, indicating downsizing of the light-harvesting apparatus.

GO and KEGG analysis also indicated that strong transcriptional responses were observed for genes involved in processes such as $\mathrm{NH_4^+}$ assimilation, amino acid synthesis, photosynthesis, starch and sucrose metabolism, ROS removal and phenylpropanoid biosynthesis, as discussed below. The responses of the most strongly regulated genes within these categories under $\mathrm{NH_4^+}$ stress is shown in Supplementary Table S3. To verify the results of the RNA-seq analysis, qRT-PCR with specific primers was performed on eighteen selected genes involved in different metabolisms (Supplementary Table S4), and the results corresponded to those from RNA-seq (Supplementary Figs S4 and S5).

Nitrogen metabolism. NH_4^+ assimilation. With increased NH₄⁺ content, significantly increased GS activity was observed in NH₄⁺-stressed leaf cells (Fig. 3a). Interestingly, the GS in roots maintained a higher activity above 690 nmol γ-glutamyl hydroxamate (γ-GHA) min⁻¹ g⁻¹ FW than that in leaves in all groups. Correspondingly, the Gln content also significantly increased in the leaves under 12 mM NH₄⁺, and the content doubled in the leaves of the A36 group compared with that of the NC group, although no significant increase was observed in the roots (Fig. 4a). As shown in Fig. 3b, increased NH₄⁺ in the nutrient medium also caused significant differences in the GOGAT activity in the roots and leaves of *M. aquaticum* (p < 0.05). GOGAT activity reached a maximum value of 39 nmol NADH min⁻¹ g⁻¹ FW in the roots when plants were treated with 12 mM NH₄⁺, while it peaked at 22 nmol NADH min⁻¹ g⁻¹ FW in the leaves when plants were treated with 36 mM NH₄⁺. In addition, the gene encoding GOGAT was dramatically upregulated in NH₄⁺-stressed root cells (Supplementary Table S3). Furthermore, the gene encoding GDH, another enzyme that catalyses the conversion

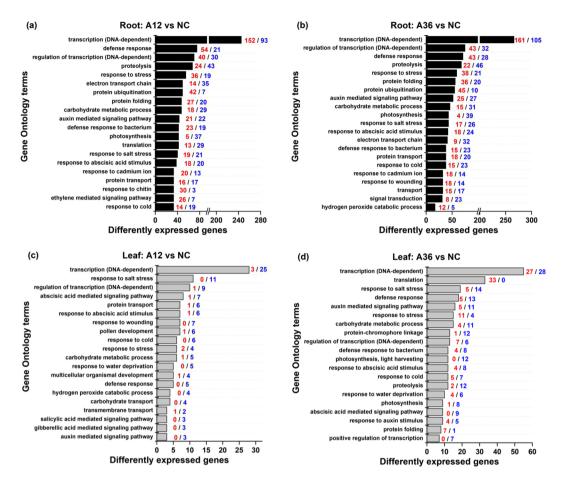


Figure 2. Gene Ontology (GO) analysis of significantly regulated genes in roots (\mathbf{a} , \mathbf{b}) and leaves (\mathbf{c} , \mathbf{d}) under 12 mM and 36 mM NH₄⁺ treatments. Red indicates the number of upregulated genes. Blue indicates the number of downregulated genes.

of 2-OG to glutamate and the reverse, was also significantly upregulated in the roots. Simultaneously, the enzyme activity catalysing the conversion of 2-OG to glutamate was also significantly upregulated in both the roots and leaves of the A12 and A36 groups compared with the NC group (Fig. 3c). Finally, the activity of AS doubled in the roots of the A12 and A36 groups and in the leaves of the A36 group (Fig. 3d), although AS activity decreased slightly in the roots of the A36 group compared with the A12 group. Further, AS activity was significantly higher in the roots than in the leaves of each group, which indicated a faster rate of Asn synthesis in the roots than in the leaves. Correspondingly, the Asn content also increased significantly, reaching $877 \,\mu g \, g^{-1} \, FW$ in the roots of both the A12 and A36 groups, and increased to $443 \,\mu g \, g^{-1} \, FW$ in the leaves of the A36 group (Fig. 4b).

Biosynthesis of amino acids. Changes in the fifteen most abundant free amino acids in response to $\mathrm{NH_4}^+$ stress were quantified, and the results are shown in Fig. 5. The most abundant amino acid under normal conditions was glutamic acid (Glu), which accounted for 30% of the total free amino acid content in the leaves of M. aquaticum. However, serine (Ser) became the most abundant, accounting for 25% and 16% of the total free amino acid content in the leaves of the A12 and A36 groups, respectively. Phenylalanine (Phe) and tyrosine (Tyr), which are aromatic amino acids and substrates for phenol and flavonoid biosynthesis 15,16 , were also significantly increased in the roots and leaves under $\mathrm{NH_4}^+$ stress. Interestingly, proline (Pro), an osmoticum and ROS scavenger often found to increase in response to $\mathrm{NH_4}^+$ stress. Furthermore, the histidine, threonine, arginine, valine, isoleucine, leucine and lysine contents also increased significantly in response to $\mathrm{NH_4}^+$ stress.

Protein biosynthesis. Protein, the main nitrogen-containing compound in plant cells, was measured in all groups. Protein synthesis seemed to be significantly accelerated in the tissues of the A12 and A36 groups, as the protein content was significantly higher in the A12 and A36 groups than in the NC group (Fig. 4c), which indicated that more free amino acids were used for protein synthesis under NH₄⁺ stress.

Carbon metabolism. *Photosynthesis.* As photosynthesis mainly occurs in leaves, we considered the gene regulation related to photosynthesis in leaves but not roots. In response to NH₄⁺ stress, the expression levels of many genes encoding enzymes involved in light-harvesting and photosynthesis pathways were significantly repressed in the A36 group compared to the NC group (Supplementary Table S3), including four genes encoding

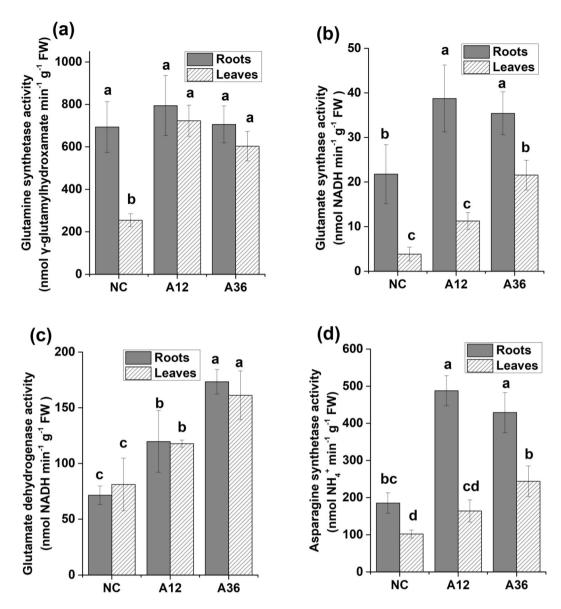


Figure 3. NH₄⁺ assimilation-related enzyme activity in roots and leaves of *Myriophyllum aquaticum*. Enzyme activities were determined for glutamine synthetase (**a**), glutamate synthase (**b**), glutamate dehydrogenase (**c**), and asparagine synthetase (**d**). Values (means \pm SDs) were determined from five biological replicates (n = 5). Different letters above the bars indicate a significant difference at p < 0.05.

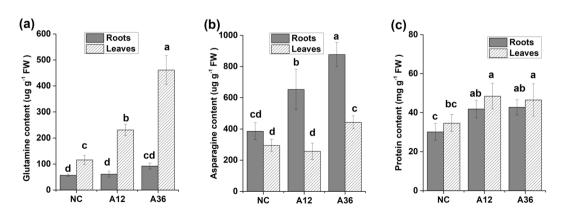


Figure 4. Effect of NH₄⁺ toxicity on glutamine (**a**), asparagine (**b**) and protein content (**c**) in *Myriophyllum aquaticum* roots and leaves. Error bars represent the means \pm SDs (n = 5). Different letters indicate a significant difference at p < 0.05.

Figure 5. Effect of $\mathrm{NH_4}^+$ on the free amino acid content in *Myriophyllum aquaticum* roots and leaves. Values (means \pm SDs) were determined from five biological replicates (n = 5). Different letters above the bars indicate a significant difference at p < 0.05.

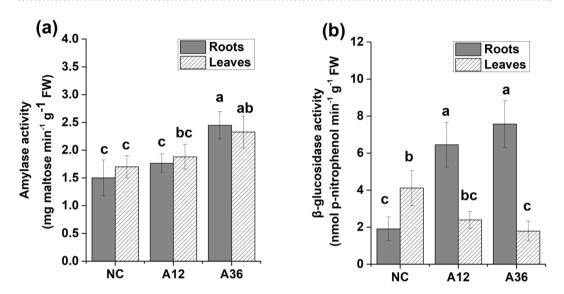
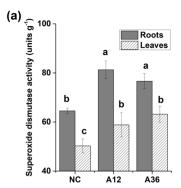
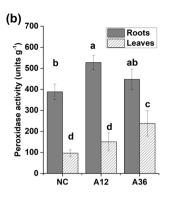


Figure 6. Activities of amylase (**a**) and β-glucosidase (**b**) under different NH₄⁺ concentrations. Error bars represent the means \pm SDs (n = 5). Different letters indicate a significant difference at p < 0.05.

light-harvesting complex (LHC) proteins in leaves. The downregulated expression of genes encoding Chl-binding proteins, Chl a and Chl b had fewer binding proteins to fix, which might have led to the significant decrease in the Chl pigment content and Fv/Fm (Supplementary Fig. S1a,b). Moreover, the expression of a gene encoding phosphoenolpyruvate carboxylase (PPC), which catalyses CO_2 fixation, was 2.8-fold downregulated in the A36 group compared to the NC group, which indicated a reduced CO_2 fixation efficiency in the leaves of the former group.

Starch cellulose and sucrose metabolism. In response to the reduced light energy and carbon acquisition efficiency in leaves, some genes associated with starch and cellulose decomposition were upregulated in NH₄⁺-stressed cells. In particular, a gene encoding β -glucosidase was significantly upregulated 110.8-fold and 215.2-fold in the NH₄⁺-stressed root cells of the A12 and A36 groups (Supplementary Table S3), respectively, indicating accelerated cellulose decomposition and glucose production for further utilization. Furthermore, a gene encoding β-amylase3 (BAM3) was upregulated more than 3.7-fold in the NH₄⁺-stressed root cells in the A36 group. M. aquaticum seemed to upregulate a number of genes to decompose macromolecular organics under NH₄⁺ stress. To verify this hypothesis, we subsequently measured the enzyme activity of amylase and β -glucosidase. The results revealed increased amylase activity in both the roots and leaves of the NH₄⁺-stressed groups (Fig. 6a). Additionally, the β -glucosidase activity also significantly increased in the roots of the NH₄⁺-stressed groups but decreased in the leaves of these groups (Fig. 6b). We further explored the amount of soluble carbohydrates that supply carbon skeletons for subsequent $\mathrm{NH_4}^+$ assimilation into Gln and Asn and behave as signalling molecules. The amount of soluble carbohydrates significantly increased in the leaves of both the A12 and A36 groups but increased in the roots of only the A36 group (Supplementary Fig. S6a). Another significantly upregulated gene, namely, one encoding sucrose synthase, which catalyses sucrose synthesis from fructose and glucose, was observed in NH₄⁺-stressed root cells. Correspondingly, a significant increase in sucrose content was observed in both the roots and leaves of the A36 group (Supplementary Fig. S6b). Additionally, the fructose content also significantly decreased in the NH₄+-stressed groups (Supplementary Fig. S6c) as a result of fructose consumption for sucrose synthesis. Interestingly, the glucose content seemed to remain relatively stable in the NH₄⁺-stressed groups (Supplementary Fig. S6d), even though the degradation of starch and cellulose was accelerated.





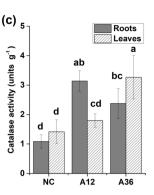


Figure 7. Effects of different levels of NH_4^+ on the activity of superoxide dismutase (**a**), peroxidase (**b**) and catalase (**c**) related to reactive oxygen species removal (means \pm SDs, n = 5). Different lowercase letters within groups indicate significantly different values (p < 0.05).

Decomposition of carbohydrate. KEGG analysis also indicated the promotion of several genes encoding enzymes potentially involved in glycolysis metabolism, pyruvate metabolism and the TCA cycle (Supplementary Table S3). Interestingly, significant upregulation of the gene encoding phosphoenolpyruvate carboxykinase (PckA) was observed in the roots, which indicated an accelerated transformation from oxaloacetate to phosphoenolpyruvate. Furthermore, the upregulation of pyruvate kinase (PK), which catalyses the transformation from phosphoenolpyruvate to pyruvate, seemed to increase the production of pyruvate, which was then transformed into acetyl-CoA for the TCA cycle. Several key genes connected to the TCA cycle were also upregulated in NH₄+-stressed cells, such as the genes encoding citrate synthase (CS), aconitate hydratase (ACO) and adenosine triphosphate (ATP) citrate (pro-S)-lyase (ACLY). Interestingly, the gene encoding 2-OG dehydrogenase (OGDH), an important enzyme catalysing the oxidation of 2-OG and the synthesis of succinyl coenzyme A, was also upregulated in the roots and leaves under NH₄+ stress. An accelerated TCA cycle could generate more ATP for plants to resist NH₄+ toxicity.

ROS removal and secondary metabolism. *ROS removal.* In response to increased ROS (Supplementary Fig. S2a,b), the activity of antioxidative enzymes was elevated in both the A12 and A36 groups. SOD activity in the roots and leaves under $\mathrm{NH_4}^+$ stress was significantly higher than that in the NC group (Fig. 7a). However, POD activity in the leaves was significantly higher in only the A36 group (Fig. 7b). Further, POD activity in the roots initially significantly increased in the A12 group but slightly decreased in the A36 group. Furthermore, CAT activity was also observed to increase in both the roots and leaves of the $\mathrm{NH_4}^+$ -stressed groups, especially in the roots of the A12 group and the leaves of the A36 group (Fig. 7c). In fact, CAT activity also slightly decreased in the roots of the A36 group compared to the A12 group, although the activity in the A36 group was still significantly higher than that in the NC group. Interestingly, $\mathrm{NH_4}^+$ stress provoked the increased expression of many genes in the stress response category, which are related to abiotic and biotic stress (Fig. 2, Supplementary Table S3).

Secondary metabolites. With the upregulation of multi-genes involved in phenylpropanoid biosynthesis (Supplementary Table S3), the total phenolic content in leaves was significantly increased when plants were treated with $12\,\mathrm{mM}$ NH₄⁺, although the increase in the content in roots was not significant (Fig. 8a). However, the total phenolic content in both the roots and leaves of the A36 group was significantly higher than that of the NC group. Total phenolics seemed to accumulate primarily in the leaves of all groups, as the content in leaves was always higher than that in roots in the same group. Similarly, the expression of genes in the flavonoid pathway encoding chalcone synthase (CHS), chalcone isomerase (CHI), naringenin 3-dioxygenase (N3D) and flavonol synthase (FLS) was also increased. Due to the increased expression of genes involved in the flavonoid biosynthesis pathway, the flavonoid content also significantly increased in the roots of the A12 and A36 groups by more than 2-fold (Fig. 8b). Interestingly, flavonoids mainly accumulated in the roots of all groups, which was different from the pattern observed for total phenolics. In fact, the flavonoid content in roots was more than ten times higher than that in leaves in the same group, especially when plants were treated with 12 or $36\,\mathrm{mM}$ NH₄⁺.

Discussion

Previous studies have proven that M. aquaticum is highly tolerant of aquatic environments with high concentrations of $\mathrm{NH_4}^{+5,26,27}$. However, the physiological and genetic regulations associated with this tolerance are poorly understood. This is the first study on the gene regulation mechanism of high tolerance of $\mathrm{NH_4}^+$ toxicity in M. aquaticum using RNA-seq with the goal of constructing a physiological and genetic regulatory network for this species (Fig. 9). To the best of our knowledge, these regulations have not previously been systematically investigated in aquatic and wetland plant species.

Nitrogen metabolism responses to NH₄⁺ **toxicity.** In our study, NH₄⁺ content in leaves is always higher than that in roots under the same NH₄⁺ concentration (Fig. 1a). Because of the toxic nature of NH₄⁺, NH₄⁺ should be assimilated into amino acids in roots once it was absorbed from sediment and then amino acids (Asp, Glu, Asn and Gln) were transported to shoots and leaves via xylem and phloem. However, when plants were

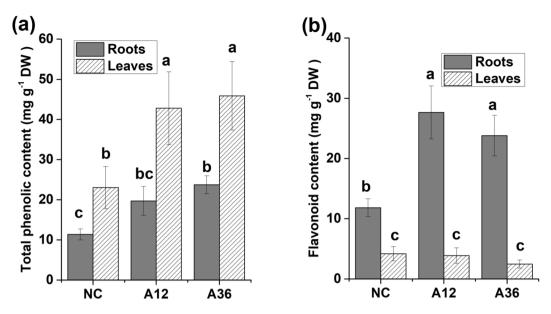


Figure 8. Effect of $\mathrm{NH_4}^+$ on the phenolic (a) and flavonoid (b) contents in *Myriophyllum aquaticum* roots and leaves. The values are the means \pm SDs (n = 5). Different letters indicate a significant difference at p < 0.05.

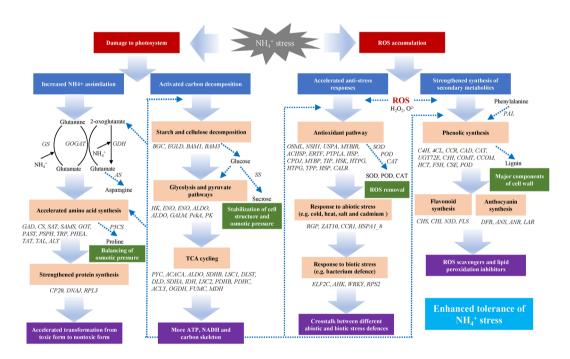


Figure 9. Physiological and genetic regulatory network in *Myriophyllum aquaticum* responding to $\mathrm{NH_4}^+$ stress. Significantly regulated genes involved in nitrogen metabolism, carbon metabolism, stress response and secondary metabolism are shown in italics.

treated with ammonium as the sole nitrogen, $\mathrm{NH_4}^+$ content in shoots and leaves seemed to rise and could reach concentration in the millimolar range^{32,33}. Excess $\mathrm{NH_4}^+$ might be loaded into the xylem and transported to leaves via ammonium transporters or passively via aquaporins or nonselective cation and K⁺-specific channels³⁴⁻³⁶. Due to an increase in the $\mathrm{NH_4}^+$ content in roots and leaves, many processes connected to nitrogen metabolism were affected. Stimulated by high concentrations of $\mathrm{NH_4}^+$, the activity of GS and GOGAT was significantly increased in leaves under $\mathrm{NH_4}^+$ stress^{3,9}. Surprisingly, GS activity in the roots of M. aquaticum maintained a high level even without $\mathrm{NH_4}^+$ stress, which indicated that an immediate mechanism of $\mathrm{NH_4}^+$ assimilation occurs in M. aquaticum roots^{31,37}. However, Gln content in leaves was always lower than that in roots under the same $\mathrm{NH_4}^+$ concentration, although GS activity in roots was higher than that in leaves. The reason could be that synthesised Gln in roots normally transported to shoots and leaves for storage and signalling, which led to the higher Gln content in leaves than that in roots^{36,38,39}. Interestingly, expression of the gene encoding GDH and GDH activity

were both significantly increased in both the roots and leaves of both $\mathrm{NH_4}^+$ -stressed groups, which indicated that GDH might also participate in an important anabolic reaction to scavenge $\mathrm{NH_4}^+$ in $\mathrm{NH_4}^+$ -stressed cells of M. aquaticum. This scavenging could be an alternative strategy for transforming $\mathrm{NH_4}^+$ into glutamate to avoid $\mathrm{NH_4}^+$ damage to plant cells 40,41 . Previous research has shown that AS plays an important role in nitrogen reactivation and can be used to improve nitrogen use efficiency 5,10 . In the present study, $\mathrm{NH_4}^+$ stress was found to significantly stimulate AS activity in M. aquaticum roots, which indicated that AS is closely associated with the detoxification of $\mathrm{NH_4}^+$ in M. aquaticum, as reported in a previous study 5 . Thus, GS was the main enzyme responsible for $\mathrm{NH_4}^+$ assimilation in M. aquaticum under normal concentrations of $\mathrm{NH_4}^+$, while many enzymes (such as GDH, GOGAT, AS and GS) were activated and involved in $\mathrm{NH_4}^+$ detoxification and scavenging under $\mathrm{NH_4}^+$ stress.

Free amino acids play crucial roles in an array of cellular functions, including nitrogen storage, osmotic regulation, and free-radical scavenging under various stresses 12,42 . Several amino acids are also precursors for certain phytohormones that regulate plant growth and development 42 . As a result of NH₄⁺ stress, the expression of key enzymes involved in Glu, Tyr, histidine, arginine, Ser, threonine and valine synthesis was increased (Supplementary Table S3) 9,12 , and the synthesis of most free amino acids was correspondingly accelerated (Fig. 5). As a large amount of Glu was consumed for Gln synthesis, upregulation of the activity of GDH and GOGAT seemed to lead to the synthesis of more glutamate to guarantee the availability of glutamate for biosynthesis of amino acids. These results suggest that Glu may play a key role in NH₄⁺ tolerance in *M. aquaticum*, which is consistent with the many known roles of these amino acids 1,9 . Glu is also the precursor of Pro, which serves as an osmoticum in response to different types of stress 42 . Interestingly, we did not find an increase in free Pro content in roots under NH₄⁺ stress. However, significantly increased Pro content were observed in NH₄⁺-stressed leaves, which indicated that Pro mainly plays a role in the leaves of *M. aquaticum*. In addition to these functions, different free amino acids are also basic substrates for protein biosynthesis. Thus, *M. aquaticum* might try to avoid NH₄⁺ toxicity by accelerating the conversion of NH₄⁺ to free amino acids and subsequently to proteins 2,9 .

Carbon metabolism responses to NH₄⁺ **toxicity.** Chlorosis is one of the main responses of M. aquaticum to NH_4^+ toxicity^{27,43}. The reduced Chl a and Chl b in NH_4^+ -stressed cells are probably caused by the repression of their biosynthesis. In addition, the coordinated decrease in Chl and Chl-binding proteins under NH_4^+ toxicity suggests that the biosynthesis of Chl is coordinated with Chl-binding proteins, which was also observed in a previous study^{44,45}. These results clearly indicate that NH_4^+ toxicity reduces photosynthetic efficiency, which is in agreement with the observed reduction in the Fv/Fm. Organic acids play a special role in C4 photosynthetic metabolism as intermediate pools of fixed carbon^{46,47}. Since PPC is essential for the fixation of CO_2 into oxaloacetate, its downregulation (Supplementary Table S3) might significantly repress the efficiency of CO_2 fixation in the C4-dicarboxylic acid pathway⁴⁸ and might lead to the production of more ROS because of excessive energy around the photosystem^{43,45}. As a result of the decreased efficiency of carbon and light energy acquisition, M. aquaticum seemed to have less carbon and energy for NH_4^+ resistance.

Starch and cellulose are the major storage carbohydrates in plants and are most commonly associated with storage organs such as roots, rhizomes, stems and seeds 18,49,50 . A number of studies have shown that many plant species, including several important crop species, can remobilize starch and cellulose reserves to release carbon and energy to resist abiotic or biotic stress 11,12,50 . Hydrolysis of starch to maltose by BAM represents the predominant pathway of starch degradation. In the A36 group, the activity of amylase significantly increased, and the gene encoding BAM3 was upregulated at the same time in roots and leaves. In addition to starch metabolism, cellulose degradation also seemed to be accelerated by the significant upregulation of β -glucosidase activity to generate more glucose. Moreover, the biosynthesis of sucrose was promoted by the upregulation of sucrose synthase. Glucose and sucrose can help stabilize proteins and cell structures, particularly when the stress becomes severe or persists for longer periods 49,50 . These compounds can also act as free-radical scavengers, protecting against oxidation by removing excessive ROS, re-establishing the cellular redox balance 51 and acting as signalling molecules connected to the ABA-dependent signalling pathway to activate downstream stress-response regulation 11,29,49 .

Accelerated degradation of starch and cellulose releases more glucose, which then enters the glycolysis and pyruvate pathways $^{11.49}$. With many genes involved in glycolysis and pyruvate pathways being upregulated under NH₄⁺ stress, more acetyl-CoA, the final product of those pathways and the original substrate for the TCA cycle, enters the TCA cycle in the mitochondria 45,52 . Regarding the three key catalytic enzymes in the TCA cycle 37,52 , genes encoding CS and OGDH were significantly upregulated in the NH₄⁺-stressed root cells of both the A12 and A36 groups, whilst the expression of the isocitrate dehydrogenase (ICDH)-encoding gene was significantly upregulated in the leaves of both the A12 and A36 groups. The TCA cycle can regulate the energy and NADH levels in plant tissues and supply substrates for amino acid synthesis 47 . In response to high concentrations of NH₄⁺, 2-OG in the TCA cycle furnishes the GS/GOGAT cycle with the carbon skeleton required for amino acid biosynthesis 37,52 . The NH₄⁺-dependent enhancement of carbon input to the TCA cycle is associated with increased NH₄⁺ assimilation, which is supported by the higher concentrations of amino acids and proteins observed under excess NH₄⁺ supply 52,53 . Thus, increased degradation of starch and cellulose, along with induction of glycolysis and the TCA cycle, could provide NH₄⁺-stressed cells with enough energy and NADH as well as many other substrates for NH₄⁺ assimilation and amino acid and protein biosynthesis 47,52 .

ROS removal and secondary metabolisms responses to NH₄⁺ toxicity. Generally, environmental stresses disrupt internal ROS homeostasis, thereafter leading to oxidative stress and cellular damage in plants^{1,13}. In this study, *M. aquaticum* differentially regulated the expression level of genes encoding several representative antioxidant enzymes, such as SOD, POD and CAT, under NH₄⁺ stress for ROS removal¹. However, NH₄⁺-induced inhibition of antioxidative enzyme activities was observed in the A36 group, which indicated a threshold for NH₄⁺ tolerance in *M. aquaticum*^{20,27}. Although redundant ROS damage the nucleic acids, proteins and lipids in NH₄⁺-stressed cells⁵⁴, some researchers have suggested that ROS accumulation induced by NH₄⁺

stress is important for defence against a multitude of environmental stimuli, such as pathogens, salinity stress and cadmium-induced oxidative damage^{13,54,55}. Our transcriptomic results also showed that $\mathrm{NH_4}^+$ stress modulated the expression of many genes involved in abiotic and biotic stress responses (e.g., oxidation, cold, heat, and bacterium defences) (Fig. 2), which also confirms the evidence that $\mathrm{NH_4}^+$ -triggered antioxidant defence might be a universal strategy for adaptive plant responses to multiple environmental stimuli^{14,30,55,56}.

Phenols perform a wide range of functions to mitigate the effect of oxidative stress by acting as ROS scavengers and lipid peroxidation inhibitors, thereby protecting important cellular components such as photosynthetic apparatuses 15,31. In this study, the phenolic and flavonoid contents were both observed to increase under NH₄+ stress and mainly accumulated in different plant tissues. KEGG analysis also revealed that most of the genes involved in the phenylpropanoid biosynthesis pathway were upregulated under NH₄⁺ stress (Supplementary Table S3), especially the genes encoding the key enzymes that catalyse multiple reactions in this pathway, such as 4-coumarate-CoA ligase (4CL), cinnamoyl-CoA reductase (CCR) and cinnamyl-alcohol dehydrogenase (CAD), which was also reported in previous studies^{15,16}. The end products of the phenylpropanoid biosynthesis pathway are different kinds of lignin originating from Phe¹⁰. Flavonoids may constitute a 'secondary' antioxidant system in response to severe stress to complement the role of antioxidant enzymes in combating that stress 10,16,17. Thus, flavonoids accumulated in M. aquaticum tissues may also act as osmolytes to protect plants from NH₄⁺ stress damage¹⁷. Interestingly, genes for anthocyanin biosynthesis, such as dihydroflavonol 4-reductase (DFR), anthocyanidin synthase (ANS), anthocyanidin reductase (ANR) and leucoanthocyanidin reductase (LAR), were also $upregulated\ under\ NH_4^{\ +}\ stress\ (Supplementary\ Table\ S3).\ The\ demonstration\ of\ the\ accelerated\ synthesis\ of\ phe$ nylpropanoids and their derivatives such as phenolics, flavonoids, anthocyanins and lignin in NH₄⁺-stressed M. aquaticum further emphasized the importance of these secondary compounds for the adaptation of M. aquaticum to high-NH₄⁺ environments.

Conclusions

The present work indicated that a complex physiological and genetic regulatory network including nitrogen metabolism, carbon metabolism, abiotic stress response and secondary metabolism at the root and leaf levels was involved in NH₄⁺ resistance in *M. aquaticum*. The synthesis of amino acids and proteins was accelerated to assimilate NH₄⁺ in plant tissues. Furthermore, starch and cellulose were decomposed for greater supplies of carbon and energy. Antioxidative enzyme activity and the secondary metabolite content were also significantly elevated to remove redundant ROS.

Methods

Experimental design. This study was conducted in a greenhouse at a stable temperature (25–30 °C) and under a 12/12 h dark/light photoperiod at the Research Center for Eco-Environmental Sciences, Chinese Academy of Sciences, Beijing. Polyethylene plastic containers ($0.5 \,\mathrm{m} \times 0.4 \,\mathrm{m} \times 0.4 \,\mathrm{m}$) were filled with approximately 10 cm of sterile quartz sand ($\Phi = 1$ –3 mm). *M. aquaticum* seedlings with a uniform length of $50 \pm 3 \,\mathrm{cm}$ were planted in plastic containers. Before the experiments, plants were cultured for two weeks in 50% modified Hoagland solution, as described previously²⁷. After a two-week preincubation, plants were transplanted into plastic containers. The culture solution in each container consisted of $25 \,\mathrm{L} \,50\%$ modified Hoagland solution amended with various concentrations of NH₄Cl. Plants treated with 12 mM NH₄Cl were defined as the A12 group, whilst plants treated with 36 mM NH₄Cl were defined as the A36 group. A negative control (NC) group was treated with 1 mM NH₄Cl. Each group contained five containers as replicates, and each container housed 30 seedlings. The pH of the culture solution in each container was adjusted to 6.0 ± 0.1 with 1 M KOH. The culture solution was exchanged every 2 days to maintain the pH and nutrient concentrations. After 14 days of cultivation, plants in each container were harvested. Root and leaf samples rinsed with distilled water were ground with liquid nitrogen and fully mixed ^{12,15}. Part of the mixture was used for tissue and enzyme analysis, whilst the remainder was used for RNA extraction.

Phenotype analysis. To determine plant growth, plants were harvested on day 14 and then measured for growth rate as previously described²⁵. Fv/Fm was measured using an LI-6400 portable photosynthesis system (LI-COR Inc., Lincoln, Nebraska, USA), whilst the Chl a (Chl a), Chl b (Chl b) and total Car contents in plant leaves were measured with a spectrophotometer (DR6000, HACH, USA) after extraction with 80% acetone⁵⁷. The NH₄+ content in plant tissues was measured by using the method described⁵ and expressed as $\mu g g^{-1}$ FW. The level of lipid peroxidation in plant leaves was evaluated by determining the MDA content using the thiobarbituric acid test⁵⁸. The H₂O₂ content was determined according to the method⁵⁹ by analysing the titanium-hydroperoxide complex production at 410 nm. The O²⁻ content was measured by the oxidation of hydroxylamine at 530 nm as described previously⁶⁰. The amounts of Gln, Asn and free amino acids were determined by an L-8900 high-speed amino acid analyser (Hitachi, Japan)¹⁵. Protein was extracted and determined by using the method described⁶¹. The soluble carbohydrate, glucose, fructose and sucrose contents in plant tissues were determined as described previously¹⁰. Total phenolics and flavonoids were expressed as $\mu g g^{-1}$ dry weight (DW) using gallic acid and rutin as standards, respectively^{62,63}.

Enzyme activity analysis. GS activity was expressed as nmol γ -GHA min⁻¹ g⁻¹ FW at 25 °C and tested at 540 nm, whilst GDH activity was expressed as nmol NADH consumption min⁻¹ g⁻¹ FW at 25 °C and monitored spectrophotometrically at 340 nm⁶¹. GOGAT activity was determined by using the method⁴⁸. AS activity was expressed as nmol NH₄+ consumption min⁻¹ g⁻¹ FW at 25 °C and determined with a spectrophotometer⁶⁴. Total amylase activity was determined as the speed of maltose production measured at 540 nm^{65,66}. β-glucosidase activity was expressed as nmol p-nitrophenol min⁻¹ g⁻¹ FW at 25 °C and tested at 400 nm⁶⁷. The SOD and POD activities were measured by the method described previously²⁷. CAT activity was computed by calculating the

speed of $\rm H_2O_2$ decomposition ⁶⁸. One unit of CAT activity was defined as the amount of 1 nmol $\rm H_2O_2$ decomposition in one minute.

RNA extraction and library construction. Root and leaf samples were fully ground with liquid nitrogen, and 200 mg sample was used for total RNA extraction and purified with an EASYspin Plus Complex Plant RNA Kit (Aidlab Biotech, Beijing, China). Three biological replicates of each group were used for RNA-seq analysis. The NEBNext[®] Ultra[™] RNA Library Prep Kit for Illumina[®] (#E7530L, NEB, USA) was used for sequencing library construction⁴⁶.

Sequencing, assembly and annotation of the transcriptome. After the index-coded samples were clustered, the libraries were sequenced on a HiSeq X Ten platform, and 150 bp paired-end reads were generated. The raw RNA-seq reads were deposited in the National Center for Biotechnology Information (NCBI) Sequence Read Archive (BioProject accession no. PRJNA497710). Raw reads were processed with Perl scripts to ensure the quality of data used for further analysis. Trinity software was used for de novo assembly 46. Transcripts and predicted peptides were annotated by the NR, Swiss-Prot, Pfam, UniProt and eggNOG databases.

Differentially expressed genes and enrichment analysis. HTSeq v0.6.0 was used to count reads for each gene in each sample, and the reads per kilobase per million mapped reads (RPKM) were calculated to estimate the expression level of genes in each sample ⁶⁹. An estimated false discovery rate (FDR) was assigned to each gene (RPKM \geq 1) and adjusted with the Benjamini and Hochberg approach to control the FDR ⁷⁰. Genes with an FDR \leq 0.05 and an |log2 ratio| \geq 1 were identified as DEGs. GO and KEGG enrichment of DEGs was implemented to draw pathway maps of the molecular interaction and reaction networks ⁷.

Gene expression validation. To further evaluate the reliability of the RNA-seq results, eighteen genes of M. *aquaticum* were selected for qRT-PCR to assess their expression in response to NH₄⁺ stress. The β-actin gene was used as an internal control. The relative expression levels were calculated as previously described⁷¹.

Data analysis. IBM SPSS 20.0 software (IBM Corp.) was used for data analysis. One-way analysis of variance with Tukey's test was applied to identify significant differences between groups and between tissues (p < 0.05). A Spearman two-tailed test was used to identify significant correlations (p < 0.05) between growth characteristics and NH₄⁺ content in the plant samples.

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Author Contributions

X.Z., R.W. and S.X. conceived the project and designed the study; R.W., H.S., C.J., S.Z. and S.W. performed the experiments; R.W., G.Z. and B.C. analyzed the data; R.W., S.F. Z.B. and B.C. wrote the manuscript, with input from all authors. All authors read and approved the final manuscript.

Additional Information

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