

1 **Emergency Department Patients' Perspectives on Being Offered HIV Pre-Exposure**
2 **Prophylaxis (PrEP) Services in an Urban ED**

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46 **ABSTRACT**

47 HIV pre-exposure prophylaxis (PrEP) is underutilized in the United States. Emergency
48 Departments (EDs) can be strategic locations for initiating PrEP; however, knowledge concerning
49 patients' receptivity to ED PrEP programs is limited. This study explores ED patients' perspectives
50 on PrEP service delivery and their preferences for implementation. Semi-structured qualitative
51 interviews were conducted with 15 potentially PrEP-eligible ED patients to examine their
52 receptiveness to PrEP services, preferences for delivery methods, and logistical considerations.
53 Most participants were open to learning about PrEP in the ED, provided it did not delay care, occur
54 during distress, or compromise privacy. Universal PrEP education was viewed as reducing stigma
55 and increasing awareness, while targeted screening was seen as efficient. Participants strongly
56 preferred receiving information in person rather than via videos or pamphlets. Concerns included
57 ensuring ED staff expertise and maintaining privacy during PrEP-related discussions. Regarding
58 same-day PrEP versus prescriptions or referrals, opinions varied, with participants valuing
59 flexibility and linkage to care. This first qualitative study of ED patients' perspectives on PrEP
60 services highlights general receptiveness, with key concerns about privacy, expertise, and wait
61 times. Patient-centered approaches, including integrating PrEP services into ED workflows,
62 offering flexible initiation options, and providing privacy, can support the feasibility of ED-based
63 PrEP programs.

64

65 INTRODUCTION

66 HIV pre-exposure prophylaxis (PrEP) is a highly effective method for reducing HIV
67 transmission.¹⁻⁴ Recent modeling suggests that providing PrEP to populations at higher risk of HIV
68 could reduce new diagnoses by 18%.⁵ Despite its proven efficacy, PrEP uptake in the US remains
69 low due to structural, provider, and individual-level barriers.⁶ Additionally, significant disparities
70 exist by race, gender, and geographic location in PrEP access and delivery⁷⁻⁹ and have led to
71 implementation efforts in diverse medical and non-traditional settings.^{10,11}

72 Emergency Departments (EDs) are strategically positioned to reach populations who are
73 disproportionately affected by HIV. EDs serve many underserved, uninsured, or underinsured
74 individuals, including racial/ethnic and sexual/gender minority groups—populations
75 disproportionately affected by HIV.^{12,13} For some, EDs may be their only interface with the
76 healthcare system, suggesting EDs could play a role in PrEP screening, initiation, and referral.¹⁴⁻
77 ¹⁹

78 Despite its potential, research on ED-based PrEP programs remains limited.²⁰⁻²⁴ Previous
79 research has assessed provider- and setting-related barriers, such as low PrEP awareness among
80 ED clinicians, a focus on acute care, and logistical challenges, such as staffing, financing, and
81 unclear follow-up pathways.^{25,26} Less is known about patient preferences regarding the delivery of
82 PrEP in the ED.²¹ Thus, the objective of this study was to qualitatively examine patients'
83 preferences across the PrEP continuum of screening, education, initiation, and linkage and how
84 they could be implemented in the ED setting.

85

86 METHODS

87 **Study design and setting**

88 As part of a study to identify approaches for implementing PrEP services in the ED, semi-
89 structured interviews were conducted with 15 non-acute, potentially PrEP-eligible patients
90 presenting to the ED of Mount Sinai Beth Israel (MSBI) in 2022. Built in 2010 in New York City,
91 MSBI is a 700-bed hospital with an 85-bed ED managing 75,000 patient visits per year with an
92 admission rate of 25%. The racial and ethnic makeup of the hospital population is predominantly
93 Hispanic (51%) and Black (39%). The 2016 payor mix was 38% Medicaid, 27% Medicare, 25%
94 private insurance, and 10% self-pay.

95

96 **Participant eligibility and recruitment**

97 Eligible participants were aged 18 years or older, self-reported HIV-negative, English-
98 speaking, and purposive sampled as potentially eligible for PrEP, based on the US Centers for
99 Disease Control (CDC) 2021 guidance criteria²⁷ and other recommendations relevant for women,²⁸
100 as shown in **Box 1**. Potential participants were presented with these criteria by a research assistant
101 (RA) and indicated if any applied to them; they did not have to specify which applied. Exclusion
102 criteria included currently taking PrEP, being unwilling to be audio-recorded for the interview,
103 and not having contact information to schedule the interview following the ED visit.

104 To recruit the sample, RA monitored the health information system ED track board to identify
105 adult patients with complaints related to sexually transmitted infections (STIs), non-occupational
106 post-exposure prophylaxis (nPEP), or injection-related complications. Before approaching the
107 patient, they obtained permission from the patient's ED provider and confirmed with the provider
108 that the patient was cognitively intact and medically and psychiatrically stable. Potential
109 participants were informed about the research purpose and verbally consented to complete the

110 eligibility screen administered by the RA using REDCap, a HIPAA-compliant data capture
111 system.²⁹ Eligible patients were invited to participate in a one-time interview with a study team
112 member designed to take 30-45 minutes.

113

Box 1. Eligibility criteria

Does one or more of these apply to you?

- Have had sex or shared needles with someone in the past 12 months who has HIV or whose HIV status I did not know.
- Have been diagnosed with syphilis, chlamydia, or gonorrhea in the past 12 months
- Have taken non-occupational HIV post-exposure prophylaxis (PEP) in the past 12 months
- Have had sex with someone in exchange for money, drugs or housing in the past 12 months
- Have experienced forced sex in the past 12 months
- Think PrEP could be beneficial to me for some other reason

114 *Note:* The above criteria are based on published guidance^{27,28}

115

Study procedures

117 Interviews were scheduled at a convenient time for participants following their discharge from
118 the ED. Three experienced qualitative interviewers (TGA, SH, CTR) conducted the interviews
119 using a HIPAA-compliant virtual platform (Zoom Video Communications, Inc. Version: 5.11.0)
120 and obtained verbal consent. Video files were deleted after the interview, and audio recordings
121 were securely transmitted for professional transcription. Participants were compensated \$50 for
122 their time. The study was approved by the Institutional Review Boards (IRBs) of the Albert
123 Einstein College of Medicine-Montefiore Medical Center (IRB #2021-13676), the Mount Sinai
124 Health System (STUDY-21-01811), and the New York State Psychiatric Institute/Columbia
125 University Department of Psychiatry (IRB #8239).

Interview guide

127 The interview guide was designed to elicit participants' responses to receiving PrEP services
128 in the ED and their thoughts about when and how these services should be offered. The guide was
129 based on an ED-PrEP cascade developed in partnership with a Community Collaborative

130 comprising ED physicians and administrators, health department HIV prevention experts, and
131 leadership of community-based organizations (CBO) engaged in HIV prevention (**Figure 1**).

132 The interview queried patients about their preferences regarding (1) whether PrEP information
133 should be given to all or only specific individuals based on screening; (2) the best time for
134 presenting PrEP information and/or performing screening; (3) who should deliver the information
135 and conduct screening (clinical staff, health educators, or peers); (4) preferences for the mode of
136 education (video on laptop/tablet, pamphlets, or in-person; (5) how much additional time they
137 would be willing to spend in the ED for education or screening; (6) preferences for starting PrEP
138 immediately in the ED versus receiving a prescription for pharmacy pick-up or a referral to another
139 care site; (7) willingness to undergo an additional blood draw for PrEP-related screening; (8)
140 preferences for location of follow-up care – with a primary care provider or a medical site with
141 PrEP experts.

142 At the start of the interview, participants were given a brief explanation of PrEP and asked how
143 they would respond to being offered PrEP services in the ED. At the end of the interview,
144 participants were asked to reflect on their overall thoughts about receiving PrEP services in the
145 ED.

146

147 **Data analysis**

148 Qualitative analysis was conducted using a rapid analysis technique, selected as a methodology
149 that can produce timely findings while maintaining rigor.³⁰ We began with a deductive approach,
150 applying broad predetermined codes based on the interview guide topics. Codes were applied to
151 the relevant text using Dedoose (version 9.0.17),³¹ and a coding report was generated for each
152 code. Members of the analysis team were assigned to review and summarize a set of codes,

153 identifying subcodes (e.g., preferences around ways to receive PrEP education in the ED) and any
154 new themes. At regular check-in meetings during the analysis phase, the team discussed and
155 achieved consensus on new themes that emerged inductively. For the final analysis, the first author
156 read all the coding reports and summaries and integrated them into a framework of three key
157 domains for ED-PrEP planning and implementation: (1) Patient characteristics (e.g., perceived risk
158 for HIV, receptiveness to both HIV prevention messaging and receiving those services in the ED);
159 (2) Intervention characteristics (e.g., preferences for who provides the services and timing during
160 the visit, the amount and format of information provided); and (3) Contextual/organization factors
161 (e.g., what role the ED plays in the healthcare system.) All coding team members reviewed and
162 concurred on the final analysis.

163

164 **RESULTS**

165 **Participants**

166 Out of 175 patients screened, 57 were eligible, 52 agreed to participate, and 15 completed
167 interviews. One interview was not audio-recorded, so the analysis is based on 14 transcripts and
168 one interview summary. Most participants were under 40 years old (n=9) and male (n=11) (**Table**
169 **1**). All had insurance, with eight covered by Medicaid. Participants represented a range of
170 races/ethnicities, with the majority identifying as Latino/Hispanic, Black, or mixed. Most
171 participants (n=8) reported only one ED visit in the last 6 months.

172

173 **Major Themes and Subthemes**

174 **Table 2** displays the major themes, subthemes, and representative quotes described below.

175

176 **Key Domain 1: Patient Characteristics**

177 **Receptiveness to PrEP services in the ED**

178 Most participants expressed interest in and a willingness to learn if they are offered PrEP
179 services in the ED. Several expressed an enthusiastic desire for more medical information,
180 especially for highly effective interventions that they may not have been aware of: “I will
181 absolutely be willing to listen to all of the information... the number is great like you have like
182 99%” (#157) stated one participant, referring to the reduction in HIV risk. A few participants
183 supported spreading awareness: “A lot of people don't know about good medicines” (#065) and “I
184 would be 100% [for] receiving the information...” (#058).

185 A few individuals stipulated their willingness depended on not having an urgent condition and
186 not being in significant physical pain. One participant noted, “If I’m in there for something more
187 life-threatening, it might not be the best time, but if it’s something quick and I hear this information
188 while I wait, then I don’t see why not” (#232). A few participants expressed hesitation about
189 receiving information unrelated to their immediate medical needs but were still willing to receive
190 education, “It depends on why [I] would be in the ER [ED]. It might be a minimal concern at that
191 point, but yeah, more information is best” (#232). One person expressed that it was inappropriate
192 to receive PrEP education in the ED: “When you do go to an ED, people are worried about greater
193 things than learning about [PrEP] ... there's like a time and a place for everything” (#192).

194

195 **Perceived Risk of HIV and Motivation**

196 Participants expressed greater interest in PrEP education when they perceived it to be relevant
197 to their personal HIV risk. One participant suggested they had had a potential sexual exposure to

198 HIV: “I’m in that situation for the last few days, so I will ... be very happy to know” ... “I can see
199 how it could help someone like me” (#157).

200 Even if they did not currently perceive themselves to be at risk for HIV, many participants
201 were still open to receiving the information. One person indicated it might be helpful to know
202 about PrEP for the future: “It might be a minimal concern at that point, but yeah, more
203 information is best” (#232). Others stated, “As someone who is low risk, I would still be
204 interested in learning more” (#088); “I’m not young enough and sexually active enough that I
205 think that I would need that, but I just never know...” (#164).

206

207 **Key Domain 2: Intervention Characteristics**

208 **Preferred Timing of PrEP Education and Screening**

209 There was no consensus on the best time to offer PrEP education or screening, with opinions
210 ranging from during or after triage, before or after seeing a clinician or having tests done, to after
211 the ED visit. The “best time” was seen as situational, depending on each patient’s experience in
212 the ED. Some participants suggested that patients be provided information during triage or while
213 awaiting test results to be engaged without disrupting their care. One participant shared, “Once
214 they’re stabilized and their immediate needs are taken care of, then maybe consider approaching
215 them with the question” (#066). Others preferred receiving information earlier in the visit to avoid
216 prolonging their stay; as noted by one, the drawback of waiting until after the visit was that by
217 then, “you just want to get the hell out of there” (#232).

218

219 **Universal vs. Targeted Screening**

220 Participants were evenly divided regarding whether PrEP education should be offered
221 universally or targeted to specific groups based on screening, with some recommending a mixed
222 approach. Those who endorsed universal PrEP education highlighted the benefits of reaching
223 individuals less likely to know about PrEP. Several participants emphasized that the ED could
224 serve as a critical access point for initiating conversations about sexual health, particularly for
225 individuals who might not seek care elsewhere. One participant explained, “It’s a great place to
226 plant the seed...” (#232), possibly leading them to have more conversations with their primary
227 care provider (PCP). A few participants emphasized the importance of destigmatizing PrEP,
228 advocating to “educate everyone because of the stigma around the whole virus...” (#002).

229 Conversely, a few participants preferred targeting education to those most interested in PrEP
230 or most likely to benefit based on HIV likelihood screening. As one participant explained, “I think
231 someone who takes the time to answer those [screening] questions, they’d be more open to learning
232 about things maybe or actually responding to folks” (#063).

233 Several participants proposed a combined approach, suggesting that universal PrEP education
234 and screening could be directed to populations more likely to benefit, i.e., targeting people between
235 ages 18-30 years, a period when they are “kind of like not wilding out but experiencing sex”(#039),
236 and another thought it should for individuals in high HIV prevalence areas, “Spanish Harlem
237 ...was a high-risk area for children as well as young adults” (#164).

238

239 **Education Medium Preferences**

240 More than half of participants preferred receiving PrEP information in the ED primarily
241 through personal contact, which was thought more engaging and easier to understand than
242 education via videos or pamphlets. Some expressed concern that non-interactive methods could

243 lead to disengagement because, otherwise, things might get “lost in translation” (#164) or that one
244 may “zone out [...] if someone just handed me a tablet to view” (#232).

245 Several participants said pamphlets/flyers were not engaging and less effective, leaving
246 individuals feeling “disconnected” (#66); they would likely get lost or thrown out because “we get
247 so many pamphlets” (#232). However, some participants thought printed information had value as
248 a helpful adjunct to personal interaction. It was noted that pamphlets could include links and phone
249 numbers for additional information following the ED visit or that links could be provided
250 electronically via email or QR code for further education.

251 A few participants preferred learning about PrEP through videos, which might appeal to
252 younger people accustomed to visual platforms: “Younger people grew up in the internet age. We
253 have Instagram, YouTube. We're more of visual learners, right” (#002). Another said a video could
254 be a “happier and more fun...” distraction, such as TikTok (#157).

255

256 **Preferred Providers for PrEP Education**

257 Participants were split on who should deliver PrEP education: clinicians (e.g., nurses or
258 physicians) or non-clinicians (e.g., peer counselors or health educators). Both clinicians and health
259 educators were considered knowledgeable in conducting PrEP screening and education. Some
260 participants did not have strong feelings about the staff's background, “Doesn't matter as long as
261 ... they know what they're talking about” (066). Some preferred clinicians: “Everyone's most
262 trusting of like the doctor that's taking care of you, because they do have more experience” (#192).

263 Opinions were divided regarding peers. One participant was worried that peers might not have
264 the necessary competencies, “not sure how much I'd actually think I'd benefit from speaking to
265 only a peer.” Still, when explained by the interviewer that they would be knowledgeable staff, this

266 participant changed their mind, stating, “That makes more sense when I think about it ... I would
267 trust that person more, knowing they have similar life situations.” Another was worried a peer was
268 “not like professional” and concerned their lived experience would “not fit into my situation,”
269 stating instead they preferred a health educator because they were “happy to get to know stuff
270 about HIV from someone a similar age as me” (#157).

271 A few preferred peer counselors because they felt they would be “someone who can relate to
272 the person” (#232). One participant reflected that it depended on the specific task, noting that they
273 would prefer the clinical experience of someone to speak with initially for the “hard questions”
274 and then later for medication administration questions, they could talk with someone “a peer,
275 someone who has been on PrEP or worked with the pill for a while, an educator” (#002).

276

277 **Initiation and Follow-up Preferences**

278 Participants had mixed preferences regarding PrEP initiation. Some preferred same-day PrEP
279 in the ED, some opted for a prescription sent to their pharmacy, and some preferred starting at a
280 follow-up site. One participant suggested offering all three options to allow patient choice (#051).

281 Participants who wanted a same-day PrEP preferred the convenience and the peace of mind
282 afforded by immediate initiation: “I would try it right away instead of calling the pharmacy”
283 (#002). This participant added that immediate PrEP initiation in the ED could provide reassurance:
284 “...if you want immediate help, when you have to wait, it can trigger people with doubt, paranoia,
285 worry... if you can get it right away, it’s going to give you a sense of comfort (#002). Another
286 individual said they preferred the same-day start based on a prior experience in which they were
287 concerned about HIV risk. If there were a delay, it would have negatively impacted their health:

288 “I felt right when they gave it to me, right there and then, it was just a sign that people really do
289 care for others” (#058).

290 Those who preferred a delayed start cited reasons such as having a waiting period to consider
291 questions to ask an expert, having time to reflect, enabling ongoing care for PrEP and other health
292 issues, and ensuring their primary care provider knew they were on this medication: “I don't want
293 my relationship to be with a bottle of pills and a pamphlet. I want the relationship to be with a
294 trusted PCP ...” (#125). Another participant thought that most people would not want to take the
295 pill immediately because they may have questions for their PCP and “... maybe they've had more
296 time to think about it as well” (#192).

297 Most participants did not have strong preferences for the location of follow-up care except to
298 ensure they could get follow-up. Some preferred to follow up with their PCP, assuming they had
299 one they liked, and that the PCP was familiar with PrEP. There was an expectation that the PCP
300 should be able to handle PrEP because “It doesn't seem like rocket science” (#164). A few
301 participants were concerned about finding a follow-up location after an ED initiation if they did
302 not have a PCP: “If I was to be given like a week of medication and then not be able to get access
303 to care and find a physician, then I just took in those pills for the next five days for no reason”
304 (#064). Similarly, another stated the delay in getting the prescription filled “can cause the potential
305 loss of protection” (#232). Healthcare navigation to connect patients with PrEP-prescribing
306 providers was helpful, with one participant hoping for “... hand holding, ... case worker checking
307 in with folks” (#064). Regarding follow-up facilitation, several participants preferred having the
308 PrEP appointments made for them by the ED because of the convenience: “That'd be awesome,
309 one less phone call” (#125).

310 Additionally, clinical expertise emerged as a priority for participants when considering PrEP
311 follow-up services. One participant receiving care from a provider for university students noted
312 they would prefer to follow up with a physician who had more knowledge about PrEP, “Obviously,
313 I’m going to go to the doctor that has more knowledge in this area” (#192). Similarly, another
314 participant noted the reassurance they would experience seeing an HIV specialist “because if I
315 have any questions, it would be immediately answered on the spot,” and “a specialist has also been
316 exposed to people with similar situations as myself” (#088).

317

318 **Key Domain 3: Contextual/ Organizational Factors**

319 **Benefits and Drawbacks of the ED as a Location for Sexual Health Care**

320 *More accessible, less stigmatizing.* Participants had varying views concerning the provision
321 of PrEP services in the ED. The ED was noted to be a more accessible and less stigmatizing
322 location for addressing sexual health needs than other medical settings. One participant explained
323 that they delayed treatment for syphilis due to fear of seeing a sexual health provider, noting that
324 “...if they're scared to go to a sexual clinic, they have the option to go to a hospital (i.e., the ED)”
325 (#051).

326 The ED was also considered a suitable venue for PrEP services because it is where “hard-to-
327 reach” populations presented for care. As one participant explained: “...they're not seeing their
328 doctor as frequently, or maybe they're just not educated on public health matters type things so
329 that you will run into a gamut of a variety of people in the ER [ED]” (#064). One participant
330 thought that PrEP in the ED was a “good idea” because “people who go there are already in the
331 mindset of prioritizing their health” (#088). Another noted that education about PrEP could cause

332 a “chain reaction” (#039) of information dissemination, helping to spread awareness among people
333 who might otherwise not receive this information.

334 There were, however, conflicting thoughts about the appropriateness of receiving preventative
335 and general sexual healthcare in the ED. Three key concerns emerged—the ED's busyness, the
336 patient's time burden, and privacy issues.

337 ***Busyness of the ED.*** Some participants raised concerns that the ED environment was too busy
338 for specialized PrEP guidance. One worried that ED providers might be too distracted with other
339 tasks to give the highest quality advice: “I just think there's so much stuff happening that the
340 doctors or the nurses tend to forget to ask if you want to be tested for HIV or pass any other
341 information along...” (#058). Another noted that the urgent and episodic nature of the ED
342 environment may conflict with the prevention mindset needed for PrEP: “I was in a hurry to get
343 out of there” (#125). Similarly, the anticipatory nature of PrEP conflicted with the immediacy of
344 reasons for visiting the ED; one individual stated that PrEP is regarding “what you're gonna do
345 with the future partners... When you're in the emergency room it's because something immediately
346 happened” (#232).

347 ***Time burden in the ED.*** When asked if they would spend extra time in the ED to learn about
348 PrEP, participants preferred to minimize extra wait time. However, their willingness to wait
349 depended on how long they had already waited, the emotional stress of the visit, and, as noted
350 above, whether they found PrEP relevant based on their perceived risk. One participant described,
351 “If I'm in this space socially where I think I might need it [PrEP], yes, I would wait about 30
352 minutes” (#164). Most expressed a willingness to extend their visit up to 20 minutes if it meant
353 receiving valuable information. However, one participant recounted their frustration with feeling
354 unable to leave the ED when they wanted, contributing to their being “anxious to get out of there,”

355 which, in turn, might make them less inclined to stay longer for PrEP information (#125).
356 Similarly, another participant was annoyed with the accumulated time spent in the ED: “I wasted
357 six hours there. I don't want to stay even one minute there” (#157).

358 Several participants pointed out that the ED is a convenient location for health promotion
359 activities since patients are already waiting for extended periods: “They're waiting there for hours,
360 so might as well get additional information...” (#088). One participant noted, “If it's not making
361 me lose my spot, then I don't see why not” (#232). This same participant added, “...it just helps
362 kill the time. Also being productive with my health and body.”

363 **Privacy concerns.** Several participants highlighted privacy concerns related to PrEP services
364 in the ED. Some felt that it would be inappropriate to assess eligibility for PrEP or conduct
365 education in public locations, such as the ED waiting room or with the triage nurse, preferring
366 alternatives like watching a video about PrEP for confidentiality reasons “and things like that of
367 health status” (#051). One questioned the confidentiality of ED procedures based on a previous
368 experience with HIV risk screening: “...there was a patient right next to me, and I believe that that
369 was too close to that [for] these types of questions or even giving me that information” (#164).
370 Discretion was desired for any discussion regarding sexual health, as expressed by one participant:
371 “I don't want everybody to hear what's going on with me down there,” because if it was spoken
372 about in a public area, “that might be a little embarrassing” (#039). This participant went on to
373 describe that the triage nurse should not ask about HIV unless it was in a private alcove because
374 “most people are very private.”

375

376 **DISCUSSION**

377 In this first qualitative exploration of ED patients' perspectives on HIV PrEP using the updated
378 CDC 2021 eligibility criteria, we found that participants expressed favorable views of ED-based
379 PrEP services, including screening, education, and initiation of PrEP. They appreciated the
380 opportunity to obtain information they may not have otherwise received about a highly effective
381 medication. They recognized that the ED was a venue where a diverse population of people who
382 could benefit from PrEP were served. Participants also identified important caveats—that PrEP
383 screening and education should be conducted with privacy, that PrEP-related services should not
384 delay other ED care, and that only patients who are not in pain or distress should be offered PrEP
385 services. Additional concerns revolved around contextual factors such as ED busyness—that
386 provider burden could be a barrier to spending time on PrEP services—and where and how they
387 would receive appropriate expertise for PrEP follow-up care. These potential barriers highlight the
388 importance of maintaining privacy within the physical constraints of the ED, integrating PrEP into
389 wait times in the ED workflow, and ensuring linkages to follow-up care as essential items to
390 consider for EDs developing PrEP programs.

391 Our study extends previous quantitative findings exploring ED-based PrEP as an innovative
392 approach to expand access to and uptake of this important HIV prevention tool.^{10,11,20,22–24,32–37} In
393 a recent review of ED PrEP programs, Gormley et al. found a range in the percentage of PrEP-
394 eligible patients who expressed personal interest in PrEP—from 2%³³ to 46%³⁷ across six studies.²⁴
395 Even higher proportions of PrEP-eligible patients—54%³² and 81%²¹, respectively—expressed
396 interest in learning about PrEP in two other studies that measured this outcome.

397 A notable finding in this study was that several participants indicated they would prefer to start
398 PrEP immediately in the ED rather than receive a pharmacy prescription or referral elsewhere for
399 initiation. The patient's preference for immediate starts is reflected in prior literature regarding

400 higher rates of PrEP linkage when same-day appointments with PrEP providers were provided
401 during the ED visit,²² at an ED-affiliated sexual health clinic,³⁸ and a drop-in STI clinic setting.³⁹
402 Linkage is a challenge in every setting where PrEP initiation and/or ongoing PrEP care is not
403 available. Although reviews of PrEP ED programs have found overall low linkage rates to PrEP-
404 initiating sites,^{23,24} more research is needed to understand how these linkage rates may be improved
405 with immediate PrEP appointments or prescriptions.

406 EDs can play an essential role in increasing PrEP awareness among patients and identifying
407 high-risk individuals who might not be informed about PrEP through other healthcare settings.
408 Participants in this study supported using waiting periods for health promotion and suggested that
409 PrEP education could be integrated into existing downtimes during ED workflows to improve
410 efficiency and engagement. Expanding PrEP services in the ED is supported by the CDC's 2021
411 PrEP guidelines, which broadened initiation criteria to engage previously overlooked groups,
412 including heterosexual individuals and cisgender women.²⁷

413 Patient preferences varied regarding whether clinicians or non-clinicians should deliver PrEP
414 education in the ED, highlighting the importance of expertise. Some participants preferred
415 clinicians for their medical training and ability to address complex questions, whereas others
416 valued the approachability and availability of non-clinicians, such as health educators. However,
417 skepticism toward education and screening by peers (described as someone with similar life
418 experiences as you) emerged, with some questioning whether peers' experiences aligned with their
419 needs and if peers had the expertise to help an individual determine if PrEP was appropriate for
420 them. Participants' interest in PrEP-knowledgeable providers highlights the need for robust PrEP
421 delivery training for clinical and non-clinical staff to build patient buy-in.

422 **Limitations**

423 Our findings should be interpreted considering several limitations. The sample was small,
424 representing only 26% of those eligible for the study. Additionally, the findings likely are
425 influenced by social desirability bias, potentially influencing participants' expressed views to be
426 more favorable to PrEP than reality. Furthermore, this study was conducted at an ED that had not
427 yet formalized PrEP services, and as such, participants' responses were hypothetical and may not
428 reflect actual behavior if PrEP services were to be offered.

429

430 CONCLUSION

431 Our study provides insights into patients' preferences regarding PrEP care in the ED. Key aspects
432 of PrEP preferences include privacy, expertise, and flexible ED workflow integration. These
433 findings can inform the design of patient-centered PrEP programs in emergency care settings.

434

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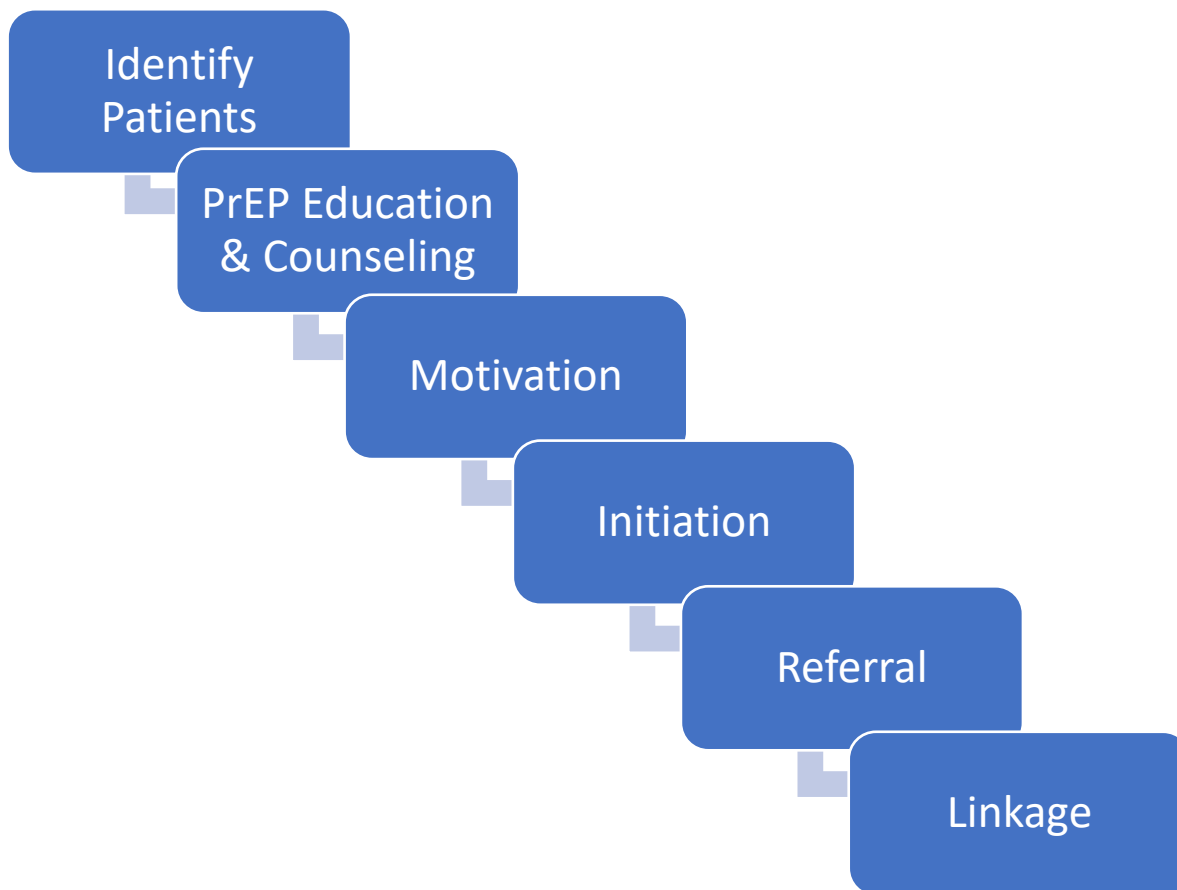
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601
602 **Figure 1. ED-PrEP Cascade**
603

604

605

| Table 1. Characteristics of ED Patient Participants | |
|--|------|
| Variable | N=15 |
| Age group (years) | |
| 18-29 years | 3 |
| 30-39 years | 6 |
| 40-69 years | 5 |
| Missing | 1 |
| Gender | |
| Female | 4 |
| Male | 11 |
| Race/Ethnicity | |
| Latino/Hispanic | 3 |
| Black | 3 |
| Asian | 3 |
| White | 1 |
| Mixed ^a | 4 |
| Not asked | 1 |
| Has primary provider/location for general care | |
| Yes | 14 |
| No | 1 |
| # of ED visits (past 6 months) | |
| 1 visit | 8 |
| 2 or more visits | 6 |
| Not asked | 1 |
| Insurance | |
| Medicaid | 8 |
| Private | 3 |
| Other | 3 |
| Not asked | 1 |

606

607

| Table 2. Major Themes, Subthemes and Representative Quotes | | | |
|---|---|--|---|
| Domain | Theme | Summary | Representative Quotes |
| Patient Characteristics | Receptiveness to PrEP | Most participants felt the ED was a setting they were willing to learn about PrEP, however a few were not willing, due to concerns of having more pressing medical issues or that the topic was inappropriate to discuss in the ED. | "I would be interested in hearing about it. It depends on why would be in the ER [ED]. It might be minimal concern at that point but yeah more information is best" (#232) "“I don't know if that's something that y'all should be asking or we should be volunteering this information.” (#125) |
| | Perceived Risk for HIV and Motivation | Some participants appreciated that PrEP was more relevant to them based on their behavior. Other participants noted it was a helpful start to a conversation that could be followed up outside the ED. | “I didn’t know about PrEP before I came to the emergency room, but I can see how it could help someone like me” (#157). |
| Intervention Characteristics | Preferred Timing and Screening Approach | Most participants preferred screening after registration, emphasizing that it should not interfere with the primary reason for the ED visit. Supporters of universal education highlighted stigma reduction, educating hard-to-reach people, spreading knowledge. Supporters of targeted education emphasized resource efficiency and relevance. | “Once they’re stabilized and their immediate needs are taken care of then maybe consider approaching them with the question” (#066). “...educate everyone because of the stigma around the whole virus...” (# 002) |

| | | | |
|--|---|---|--|
| | Education Medium Preferences | A majority preferred personal interaction for receiving PrEP information, valuing engagement. Videos and pamphlets were seen as impersonal, with a few suggesting a hybrid approach incorporating multiple media to suit individual preferences. | " when you speak with someone and directly there is a conversation, there's engagement, there's social cues, there's things that you can look out for. (#232)" |
| | Preferred Providers for Education | Opinions were split on whether clinicians or non-clinicians should conduct the screenings, with an emphasis on the staff's knowledge rather than their official role | "...like maybe [the peer's] experience is personal and [might] not fit my situation." (#157) |
| | Initiation and Follow-up Preferences | Preferences for starting PrEP were split between immediate initiation in the ED, receiving a prescription for later, or being referred to a follow-up site. Follow-up preferences were varied, with some preferring their PCP and others a specialist | "Only because of, of that patient-doctor relationship that we already have..." (112) |
| Contextual/ Organizational Factors | Benefit of the ED as a General Catchment for Healthcare | Several felt positive towards the ED as it had a catchment area for a potential higher need population, and that there was less stigma around going to the ED compared to a sexual healthcare site. | "Basically, it gives people a chance to, you know, if they're scared to go to a sexual clinic, they have the option to go to a hospital." (#051) |

| | | |
|-----------------------------|---|---|
| ED Busyness | Some participants mentioned long ED wait times and a desire for more convenience. A few suggested using this waiting period for activities like PrEP education to improve efficiency and make productive use of their time. | "I was probably waiting for about an hour and a half before I actually received a bed for my care. So, if I had someone, something to do, even if it was like 10, 15 minutes during that waiting period, I would at least feel like I'm working towards being seen or like something medically happening." (#232) |
| Time Burden and Convenience | Some participants mentioned long ED wait times and a desire for more convenience. A few suggested using this waiting period for activities like PrEP education to improve efficiency and make productive use of their time. | " I hear this information while I wait and it's not making me lose my spot then I don't see why not." (#232) |
| Privacy Concerns | Some emphasized the importance of privacy when discussing PrEP, preferring private spaces or video resources over public areas like waiting rooms to maintain confidentiality. | "Because it definitely wouldn't be confidential because the person is right there." (#164) "that should be done during the nurse's visit. Like when, when you're like in a more private setting because it has a fear of you know, because the fear of everyone else around you." (#051) |