

Article

Therapeutic Potential of Ex Vivo Expanded $\gamma\delta$ T Cells against Osteosarcoma Cells

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Abstract: Immunotherapy is an attractive therapeutic strategy for the treatment of osteosarcoma (OS). The unique features of $\gamma\delta$ T cells have made them popular for cancer immunotherapy. Here, we expanded $\gamma\delta$ T cells using human peripheral blood mononuclear cells (PBMCs) and investigated their therapeutic potential against OS cells. PBMCs from healthy donors were cultured for 10 days with CON medium (unstimulated control); EX media, CON with recombinant human interleukin-2 (rhIL-2) and zoledronate; and EX28 media, CON with rhIL-2, zoledronate, and CD3/CD28 activator. The expanded $\gamma\delta$ T cells were isolated by magnetic cell separation or fluorescence-activated cell sorting, cultured with two OS cell lines (KHOS/NP and MG-63) at various cell ratios with or without doxorubicin or ifosfamide, and analyzed for cytotoxicity and cytokine secretion. The number of CD3⁺ $\gamma\delta$ TCR⁺V γ 9⁺ triple-positive $\gamma\delta$ T cells and concentrations of IFN- γ and TNF- α were highest in the rhIL-2 (100 IU) and zoledronate (1 μ M) supplemented culture conditions. The CD3/CD28 agonist did not show any additional effects on $\gamma\delta$ T cell expansion. The expanded $\gamma\delta$ T cells exhibited potent in vitro cytotoxicity against OS in a ratio- and time-dependent manner. The $\gamma\delta$ T cells may enhance the effect of chemotherapeutic agents against OS and may be a new treatment strategy, including chemo-immunotherapy, for OS.

Keywords: chemo-immunotherapy; chemotherapeutic agents; immunotherapy; mononuclear cells; osteosarcoma; peripheral blood; $\gamma\delta$ T cells



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1. Introduction

Osteosarcoma (OS) is the most common malignant bone tumor, with a peak incidence in adolescents. Multimodal treatment comprising surgery and chemotherapy improves the survival of patients with localized OS of the extremities [1,2]. However, patients with metastatic or recurrent disease still have a poor prognosis [3–5]. Currently, treatment options are limited to patients with relapsed or refractory (R/R) OS, with few clinical trials.

Immune checkpoint inhibitors prolong the survival of many patients with cancer. However, agents targeting PD-1/PD-L1 or CTLA-4 did not demonstrate clear benefits in patients with R/R OS [6–8]. Immunotherapy is an attractive therapeutic strategy for the treatment of OS [9,10]. Cooperative clinical study groups have tested the efficacy of various immunotherapies, including muramyl tripeptide-phosphatidylethanolamine and interferon, for patients with OS. However, immunotherapy for OS is challenging [11–13]. Chimeric antigen receptor T cell-based therapeutic approaches have been precluded because of the absence of OS-specific antigens. In addition, macrophages, not T cells, constitute the largest proportion of immune cells infiltrating OS. Therefore, a new approach is required to develop immunotherapies for OS.

$\gamma\delta$ T cells are a unique population of lymphocytes with functional profiles of both innate and adaptive immune properties. In contrast to the features of $\alpha\beta$ T cells, $\gamma\delta$ T

cells can recognize diverse antigens without human leukocyte antigen restriction [14–16]. Recognition of phosphoantigens, such as those from *Mycobacterium tuberculosis*, allows $\gamma\delta$ T cells to develop potent immune responses [17,18]. Moreover, $\gamma\delta$ T cells produce cytokines, such as interferon- γ (IFN- γ) and tumor necrosis factor- α (TNF- α), and exert direct cytotoxicity in response to malignancies [19,20]. Despite the fact that $\gamma\delta$ T cells constitute a small portion of the overall T cell pool, due to these unique features, they have become attractive targets for cancer immunotherapy.

In this study, we investigated the therapeutic potential of $\gamma\delta$ T cells, focusing on the following questions:

- (1) What is the optimal ex vivo condition for expanding $\gamma\delta$ T cells obtained from human peripheral blood?
- (2) Do ex vivo expanded $\gamma\delta$ T cells show a better function (especially antitumor activity) compared to naïve $\gamma\delta$ T cells?
- (3) Do ex vivo expanded $\gamma\delta$ T cells have a synergistic effect with conventional chemotherapeutic agents against OS cells?

2. Materials and Methods

2.1. Expansion of Human $\gamma\delta$ T Cells

This study was approved by the Institutional Review Board of the National Cancer Center (NCC2019-0236). After informed consent, peripheral blood mononuclear cells (PBMCs) (approximately 4–50 mL) were obtained from 15 healthy men aged 20–40 years. PBMCs were isolated using SepMate tubes (StemCell Technologies, Vancouver, Canada) and Ficoll-Hypaque (GE Healthcare, Chicago, IL, USA) according to the manufacturer's instructions and were subsequently exposed to different culture conditions. PBMCs were suspended at 5×10^5 cells/mL in T cell expansion media supplemented with 2% immune cell serum replacement and 200 mM L-glutamine (CON media; all from Thermo Fisher Scientific, Waltham, MA, USA) and exposed to different culture conditions, as follows:

- (1) CON media (unstimulated control);
- (2) EX media, CON media with 100 IU rhIL-2 and 1 μ M zoledronate (EX media);
- (3) EX28 media, CON media with 100 IU rhIL-2, 1 μ M zoledronate, and 25 μ L/mL CD3/CD28 activator (StemCell Technologies, Vancouver, Canada).

After 10 days, the expanded cells were counted using an automated cell counter (Bio-Rad Laboratories, Hercules, CA, USA) and re-suspended in an appropriate medium or buffer for downstream applications according to the manufacturer's instructions. The expanded $\gamma\delta$ T cells were isolated by magnetic cell separation using a TCR γ/δ^+ T Cell Isolation Kit (Bio-Rad Laboratories, Hercules, CA, USA) or by fluorescence-activated cell sorting (FACS).

2.2. Cytotoxicity and Cytokine Production of Expanded $\gamma\delta$ T Cells

KHOS/NP and MG-63 OS cells were cultured in complete α -MEM supplemented with 10% fetal bovine serum (all from Thermo Fisher Scientific, Waltham, MA, USA), and co-cultured with expanded $\gamma\delta$ T cells at different cell ratios with or without doxorubicin (DOX) or ifosfamide (IFO). DOX (LC Laboratories, Woburn, MA, USA) and IFO (Selleck Chemicals LLC, Houston, TX, USA) were diluted in culture medium, each with various concentrations: DOX, 0.0625–2 μ M; and IFO, 1250–40,000 μ M. After removing the old media containing $\gamma\delta$ T cells, the viability of adherent OS cells was evaluated using the EZ-CYTOX assay kit (DoGenBio, Seoul, Korea) after 24, 48, and 72 h. Cytokine (IFN- γ and TNF- α) levels in the co-culture supernatants were measured using ready-to-use ELISA kits (R&D Systems, Minneapolis, MN, USA), according to the manufacturer's instructions.

2.3. Flow Cytometry Analysis

Expanded $\gamma\delta$ T cells were isolated by FACS using two or three surface markers (human CD3 $^+$ $\gamma\delta$ TCR $^+$ double-positive or CD3 $^+$ $\gamma\delta$ TCR $^+$ V γ 9 $^+$ triple-positive). For FACS analysis,

the cells were stained with antibodies against the following: anti-human CD3, CD4, CD8, $\alpha\beta$ TCR, $\gamma\delta$ TCR, and V γ 9 (all from BD Biosciences, San Jose, CA, USA). Flow cytometry was performed on a BD FACSCanto II and FACSVerse, and ten thousand to a million events were acquired per sample and analyzed using FACS Diva and FlowJo software (v.10; accessed on December 2017) (all from BD Biosciences, San Jose, CA, USA).

2.4. Statistical Analysis

All experiments were conducted in triplicate at a minimum. Statistical analysis was performed using GraphPad Prism software (v.9.3.1, GraphPad Software Inc., San Diego, CA, USA; accessed on 2 December 2021), and the significance levels were * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$. Combination index (CI) analysis was performed using CalcuSyn software (v.2.1, Biosoft, Cambridge, UK; accessed on 3 December 2018), and CI values indicated synergism (CI < 1), additive effect (CI = 1), and antagonism (CI > 1) between expanded $\gamma\delta$ T cells and anti-cancer drugs.

3. Results

3.1. Optimum Culture Conditions for Expansion and Activation of Human $\gamma\delta$ T Cells

Paired samples of PBMCs obtained from the same donor were cultured in three different media (CON, EX, and EX28 media). The degree of $\gamma\delta$ T cell expansion was compared first between CON and EX media (with hIL-2 and zoledronate), followed by EX and EX28 media. After 10-day culture in EX media, the total cell count increased over 50 times, which was significantly higher than that in CON media (4.3×10^5 cells/mL in CON media and 3.3×10^7 cells/mL in EX media, $p < 0.0001$) (Figure 1a). In human PBMCs, $\gamma\delta$ TCR⁺ $\gamma\delta$ T cells represented less than 5% of CD3⁺ T cells; after 10-day culture in EX media, the proportion of $\gamma\delta$ TCR⁺ $\gamma\delta$ T cells reached 80% of CD3⁺ T cells (4.4% in CON media and 75.4% in EX media, $p < 0.0001$) (Figure 1b). In contrast to the expansion of CD3⁺ $\gamma\delta$ TCR⁺ $\gamma\delta$ T cells, the proportion of CD3⁺ $\alpha\beta$ TCR⁺ $\alpha\beta$ T cells and their subsets (CD3⁺CD4⁺ and CD3⁺CD8⁺ T cells) decreased after 10-day culture in EX media (Figure 2a).

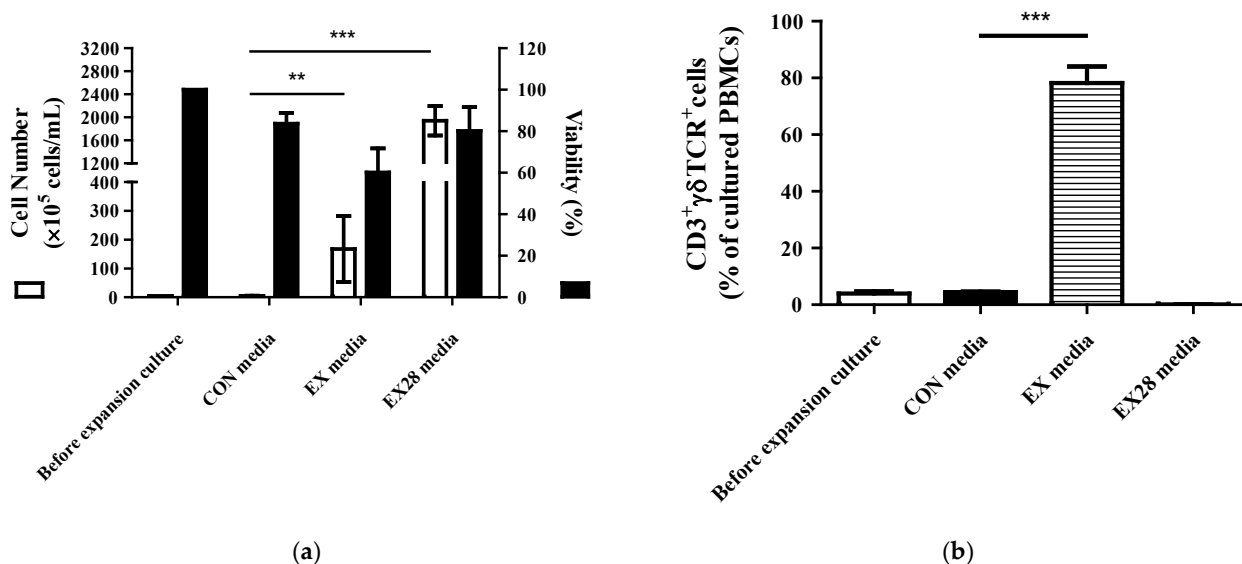


Figure 1. Optimization of human $\gamma\delta$ T cell expansion. Peripheral blood mononuclear cells (PBMCs) from healthy donors were cultured in the indicated media. (a) Cell proliferation and viability assays. After expansion, the cell count and viability were assessed by trypan blue staining using an automatic cell counter. (b) Flow cytometric analysis of CD3⁺ $\gamma\delta$ TCR⁺ cell populations. After expansion, single cells were stained and analyzed using the BD FACSCanto II and BD FACSVerse System. The percentages are represented as the mean \pm SEM, and statistical significance was determined by comparison with the CON media group (** $p < 0.01$, *** $p < 0.001$).

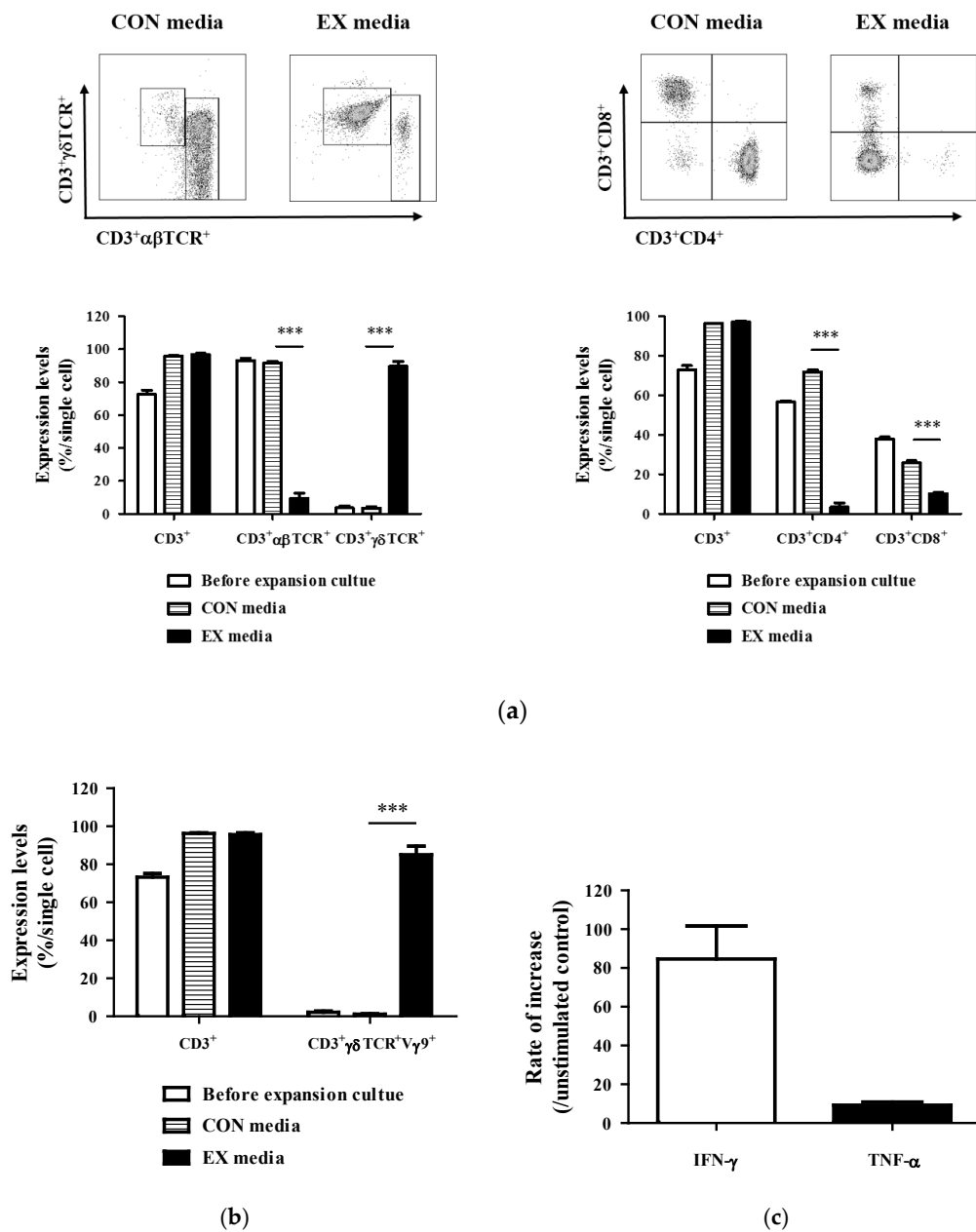


Figure 2. Activation and cytokine production by expanded $\gamma\delta$ T cells. $\gamma\delta$ T cell-derived peripheral blood mononuclear cells (PBMCs) were cultured under optimum culture conditions. (a,b) Flow cytometric analysis of changes in activation marker expression. After expansion, single cells were stained and analyzed using the BD FACSVerse System. (c) ELISA for cytokine production. After expansion culture, the supernatant concentrations of both IFN- γ and TNF- α were measured using an ELISA kit. The percentages are represented as the mean \pm SEM, and statistical significance was determined by comparison with the CON media group (***p* < 0.001).

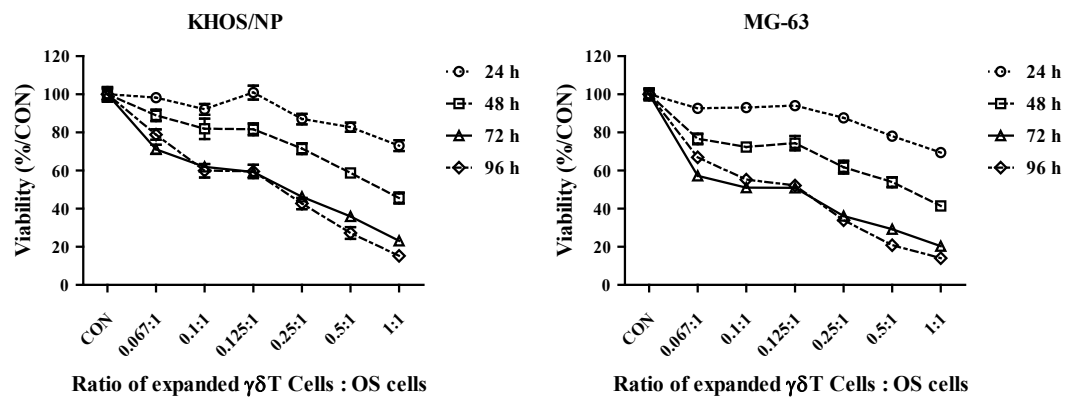
To investigate whether CD28 is required for the expansion and activation of $\gamma\delta$ T cells, CD3/CD28 activator, designed to activate and expand human T cells, was added to EX media (EX28 media). As shown in Figure 1a, the total cell count was significantly higher in EX28 than in EX media after 10-day culture (1.94×10^8 cells/mL vs. 1.67×10^7 cells/mL; *p* < 0.0001). However, the proportion of CD3⁺γδTCR⁺ $\gamma\delta$ T cells was significantly lower in EX28 media than in EX media (0.08% vs. 52.5%), showing that CD3/CD28 did not exert any effect on the expansion of human $\gamma\delta$ T cells (Figure 1b). Then, we evaluated the expression levels of phenotypic markers of activation and cytokine production of $\gamma\delta$ T cells

under optimum culture conditions, with the addition of zoledronate (1 μ M) and rhIL-2 (100 IU) in CON media. After 10-day culture in EX media, the proportion of the $V\gamma 9^+$ cells reached more than 90 % of $CD3^+\gamma\delta TCR^+$ double-positive T cells, and the supernatant concentrations of both IFN- γ and TNF- α increased compared with those in CON media (Figure 2b,c).

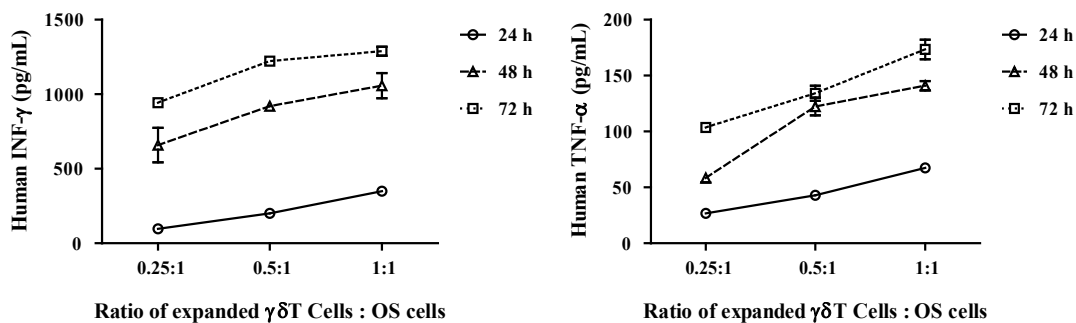
These results indicate that $\gamma\delta$ T cells were successfully expanded and functionally activated in EX media with rhIL-2 and zoledronate. CD3/CD28 co-stimulation showed no effect on the expansion of $\gamma\delta$ T cells; therefore, expansion culture conditions were optimized with zoledronate (1 μ M) and rhIL-2 (100 IU), without a CD3/CD28 T cell activator.

3.2. Cytotoxicity of Ex Vivo Expanded $\gamma\delta$ T Cells against OS Cells

After PBMCs were cultured in EX media, $CD3^+\gamma\delta TCR^+V\gamma 9^+$ triple-positive $\gamma\delta$ T cells were sorted by FACS, and the cytotoxicity and levels of secreted cytokines against OS cells were evaluated. OS cells were cultured with expanded $\gamma\delta$ T cells at T/O ratios of 0.067:1–1:1 (expanded $\gamma\delta$ T cells/OS cell ratios). Expanded $\gamma\delta$ T cells showed increased cytotoxicity against the two OS cell lines in a ratio- and time-dependent manner. The cytotoxic effect of the expanded $\gamma\delta$ T cells against KHOS/NP cells reached the highest level at 1:1 T/O ratios, and the viability of KHOS/NP cells decreased from 73.1% (24 h) to 23.1% (72 h) (Figure 3a).



(a)



(b)

Figure 3. Cytotoxicity and cytokine production by expanded $\gamma\delta$ T cells in osteosarcoma (OS) cells in vitro. The expanded $\gamma\delta$ T cells were co-cultured with OS cells. (a) Cytotoxicity assays. After co-culture with OS cells, cytotoxicity and cell viability were measured using the EZ-CyTox cell viability assay kit after 24, 48, 72, and 96 h. (b) ELISA for cytokine production. After co-culture with KHPS/NP cells, the supernatant concentrations of both IFN- γ and TNF- α were measured using an ELISA kit. The percentages are represented as the mean \pm SEM.

Next, we evaluated cytokine levels in the supernatant media after culturing $\gamma\delta$ T cells and KHOS/NP cells at T/O ratios of 0.25:1–1:1. Cytokine concentrations increased in a time- and ratio-dependent manner (Figure 3b). Compared with that in controls, cytokine concentrations were highest after 72 h of co-culture in EX media, with cytokine concentrations being 39.4 times (IFN- γ) and 18.7 times (TNF- α) higher at 1:1 T/O ratios. These results demonstrated that expanded $\gamma\delta$ T cells have potent in vitro cytotoxicity against OS cells.

3.3. Addition of DOX/IFO to the $\gamma\delta$ T-OS Co-Culture Condition

DOX and IFO are used in the standard chemotherapy for OS. DOX, an anthracycline antibiotics agent, works by slowing or stopping tumor cell growth. IFO, an alkylating agent, works by disrupting the tumor cell's microtubule dynamics, and can also act as an immunosuppressive agent when used with adoptive immunotherapy [21,22].

The IC₅₀ values of DOX and IFO were evaluated after 72 h of incubation. For KHOS/NP cells, the IC₅₀ of DOX and IFO were 0.15 and 11,746 μ M, respectively. For MG-63 cells, IC₅₀ values were 0.14 and 10,690 μ M (Figure 4). KHOS/NP and MG-63 OS cells were co-cultured with expanded $\gamma\delta$ T cells. After 24 h, the cells were treated with DOX or IFO, and cell viability was serially assessed at 24, 48, and 72 h.

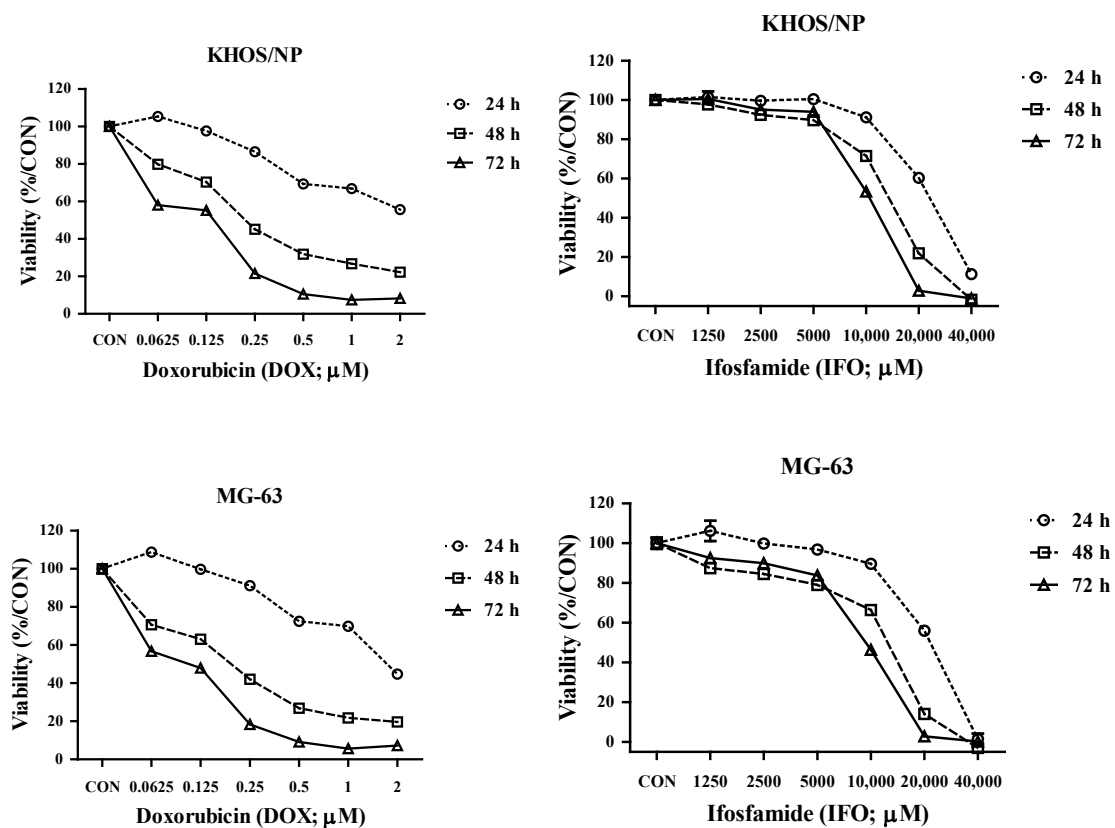


Figure 4. Cytotoxicity of anticancer drugs in osteosarcoma (OS) cells in vitro. KHOS/NP (upper panel) and MG-63 (lower panel) OS cells were treated with doxorubicin (DOX) or ifosfamide (IFO), and cell viability and IC₅₀ values were measured using the EZ-CyTox cell viability assay kit. The percentages are represented as the mean \pm SEM.

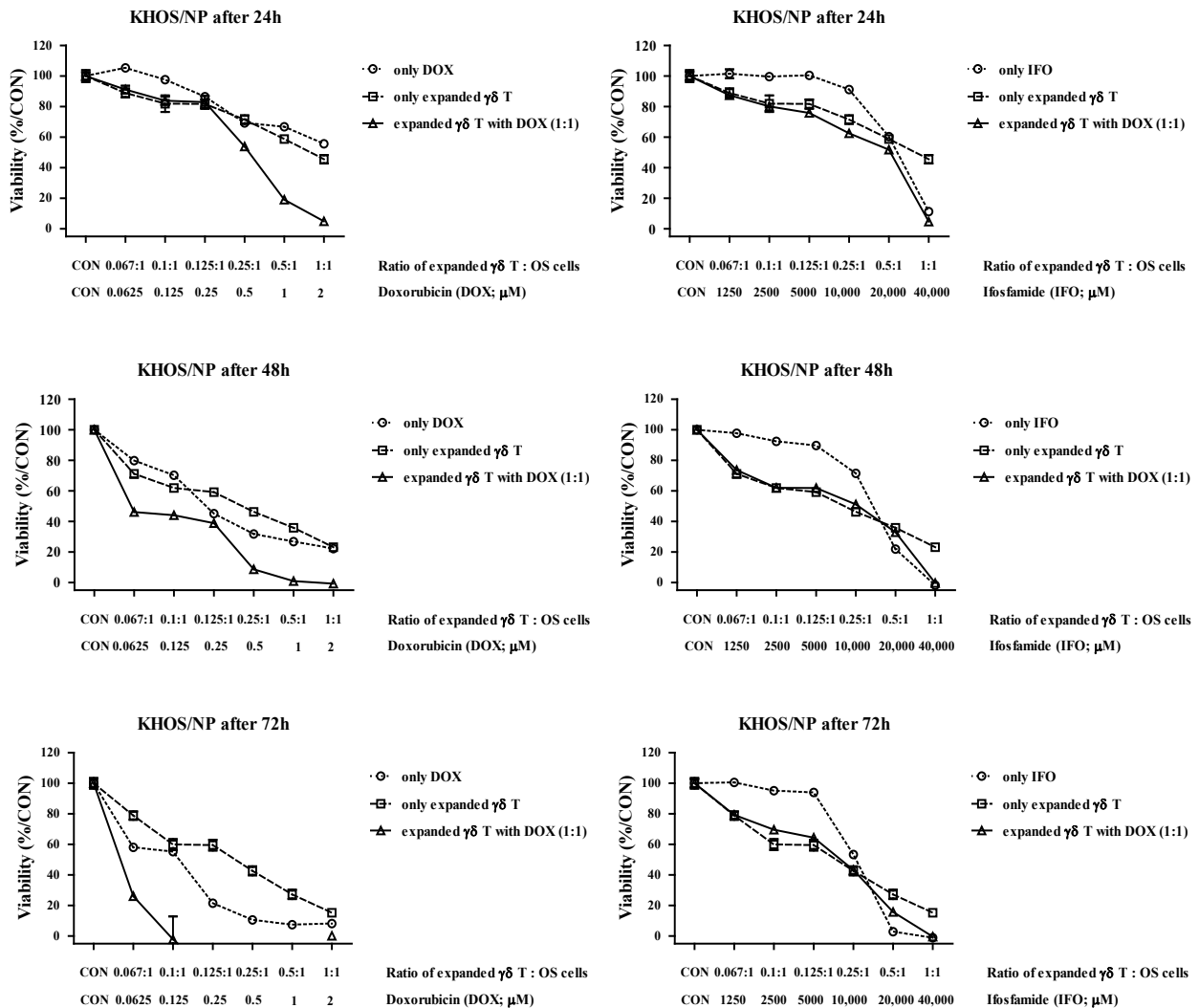
The addition of DOX tended to increase the cytotoxicity of expanded $\gamma\delta$ T cells against the two OS cell lines in a dose-, ratio-, and time-dependent manner (Figure 5a,b and Table 1). Twenty-four hours after adding DOX, synergism was observed by CI analysis at ED₅₀ (median effective dose) and ED₇₅ in KHOS/NP cells (CI value: 0.453 and 0.983, respectively) and ED₅₀ in MG-63 cells (CI value: 0.829). Additionally, the addition of DOX

tended to increase the cytotoxicity after 48 and 72 h. However, the addition of IFO did not increase the cytotoxic effect of $\gamma\delta$ T cells on OS cells.

Table 1. Combination Index (CI) values of the interaction between expanded $\gamma\delta$ T cells with DOX against osteosarcoma (OS) cells.

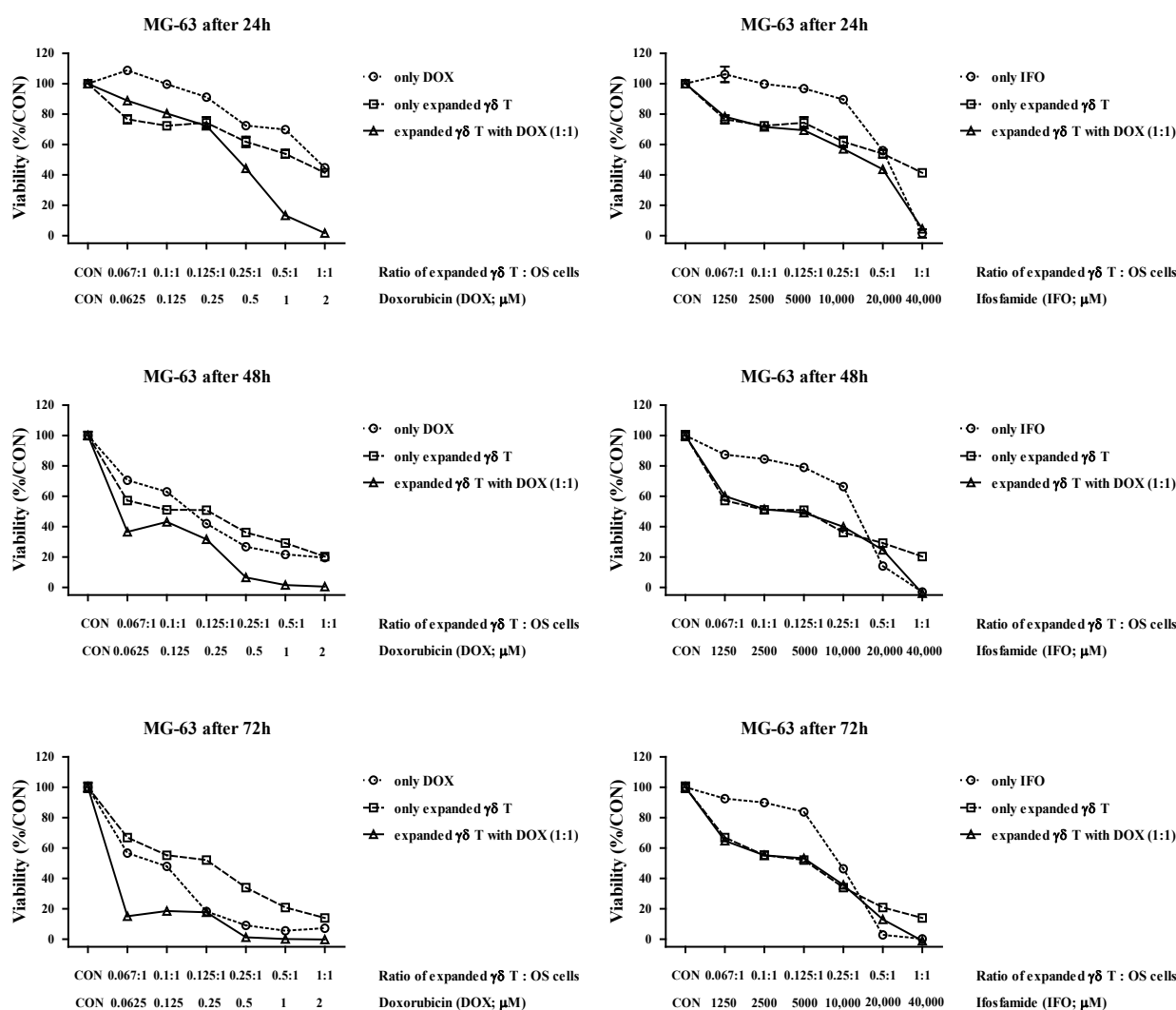
	KHOS/NP Cells		MG-63 Cells	
	CI Values at	Degree of Additive /Synergism	CI Values at	Degree of Additive /Synergism
ED50	0.45283	synergism	0.82904	synergism
ED75	0.98269	synergism	2.31524	antagonism
ED90	2.22817	antagonism	7.63283	antagonism

KHOS/NP and MG-63 cells treated with different concentrations/ratio combinations of expanded $\gamma\delta$ T cells and DOX were assayed for cell viability at 24 h, and CI values were calculated using CalcuSyn software. The concentrations/ratio used are as follows: DOX-treated (μM): 0.125, 0.25, 0.5, 1, 2; $\gamma\delta$ T cell-treated ($\gamma\delta$ T cells/OS cells ratio): 0.1, 0.125, 0.25, 0.5, 1; DOX and $\gamma\delta$ T cell-treated: 0.125 DOX+0.1 $\gamma\delta$ T cells, 0.25 DOX+0.125 $\gamma\delta$ T cells, 0.5 DOX+0.25 $\gamma\delta$ T cells, 1 DOX+0.5 $\gamma\delta$ T cells, 2 DOX+1 $\gamma\delta$ T cells; ED50, 75, 90: effective dose that kills 50, 75, and 90% of the cells.



(a)

Figure 5. Cont.



(b)

Figure 5. Combined cytotoxicity of anticancer drugs and expanded $\gamma\delta$ T cells against osteosarcoma (OS) cells in vitro 24 h prior to drug treatment, KHOS/NP (a) and MG-63 (b). OS cells were pretreated with expanded $\gamma\delta$ T cells. Cytotoxicity and cell viability were measured using the EZ-CyTox cell viability assay kit after 24, 48, and 72 h, and the percentages are represented as the mean \pm SEM.

4. Discussion

In this study, we successfully expanded $\gamma\delta$ T cells from human PBMCs and established an optimal protocol. We evaluated various culture conditions and found that the addition of zoledronate (1 μ M) and rhIL-2 (100 IU) yielded the highest number of CD3⁺ $\gamma\delta$ TCR⁺V γ 9⁺ $\gamma\delta$ T cells after 10-day culture. The concentrations of IFN- γ and TNF- α were the highest under these conditions, indicating that our protocol could promote efficient expansion and activation of $\gamma\delta$ T cells. The expanded $\gamma\delta$ T cells exhibited cytotoxicity against KHOS/NP and MG-63 cells in a ratio- and time-dependent manner. The addition of DOX enhanced the cytotoxic effect of expanded $\gamma\delta$ T cells against the two OS cell lines, whereas IFO did not.

CD28 has diverse effects on T cells and acts as a major costimulatory receptor to promote the full activation of naive CD4⁺ and CD8⁺ T cells [23,24]. Previous studies have explored the functional role of CD28 in conventional $\alpha\beta$ T cells [25,26]. We investigated whether CD3/CD28 co-stimulation increases $\gamma\delta$ T cell expansion and activation, including cytokine secretion and direct cytotoxicity. Counter-intuitively, the CD28 co-stimulatory

molecules did not influence the expansion and activation of $\gamma\delta$ T cells. Although the total PBMCs count significantly increased in EX28 media, $CD3^+$ T cells (both $CD3^+ \alpha\beta TCR^+$ and $CD3^+ \gamma\delta TCR^+$ T cells) were barely observed. The proportion of $CD25^+$ cells, a surrogate marker of T cell activation, was higher in EX28 media than in EX media. However, neither $CD25^+ \alpha\beta TCR^+$ nor $CD25^+ \gamma\delta TCR^+$ T cells increased after 10-day culture in each medium condition. Although further research is needed, we assumed that the increased number of $CD25^+$ cells was because the $\alpha\beta$ T cells that were not expanded to $\gamma\delta$ T cells were activated and became $CD25^+$ T cells (DN2 and/or DN3) by the CD3/CD28 activator. Moreover, the supernatant concentrations of IFN- γ and TNF- α increased in EX28 media, but this was not a significant increase, considering the increased cell counts. Our data indicate that CD3/CD28 did not exert any effect on the expansion and activation of human $\gamma\delta$ T cells.

Ex vivo expanded $\gamma\delta$ T cells showed a direct toxic effect on the two OS cells. Previous studies have revealed that $\gamma\delta$ T cells produce cytokines and exert antiproliferative and preapoptotic effects on tumor cells. Similarly, we observed that the concentrations of IFN- γ and TNF- α in the supernatant (co-culture with expanded $\gamma\delta$ T cells and KHOS/NP OS cells) increased in a ratio- and time-dependent manner and were directly cytotoxic to OS cells.

Several studies have demonstrated the efficacy of combination chemotherapy [27,28]. We evaluated whether the addition of DOX/IFO increased the cytotoxic effect of $\gamma\delta$ T cells on OS cells. DOX and IFO are the standard chemotherapy regimens for patients with OS. We observed that DOX enhanced the expanded $\gamma\delta$ T cell-mediated cytotoxic effects on the two OS cell lines, whereas IFO did not. The addition of DOX increased the cytotoxic effect of $\gamma\delta$ T cells on OS cells, and CI analysis suggested synergism, especially after 24 h of incubation. However, the addition of IFO did not have any effect on OS cells. DOX is frequently used in combination with novel immunotherapeutic agents [29–31]. Previous studies have reported that DOX increases tumor immunogenicity and directly kills tumor cells. Our results suggest the possibility of a new treatment strategy for OS, such as the combination of DOX with $\gamma\delta$ T cells.

The present study had several limitations. First, $\gamma\delta$ T cells were expanded from PBMCs obtained from healthy volunteers and tested on commercially available OS cell lines; therefore, the cytotoxic effects of $\gamma\delta$ T cells observed in our study might differ in vivo. Ideally, the cytotoxic effects of $\gamma\delta$ T cells should be tested against OS cells obtained from the same patient. Second, the exact nature of the cell population expanded by CD3/CD28 agonists has not been thoroughly evaluated. Certainly, CD3/CD28 agonists do not influence the expansion of $\gamma\delta$ T cells. However, the nature of how the number of CD25-positive cells increased with the addition of the CD3/CD28 agonist, which were neither $\gamma\delta$ T cells nor $\alpha\beta$ T cells, was elusive. Therefore, identification and characterization of the additional cells are needed. Finally, the synergistic mechanism of expanded $\gamma\delta$ T cells and DOX was not identified because of the preliminary nature of our experiment. DOX is known to be an immunogenic chemotherapeutic agent and has been used in experiments exploring cancer immunotherapy. Further studies are necessary to elucidate the possible interactions between DOX and $\gamma\delta$ T cells.

Taken together, we successfully expanded and activated $\gamma\delta$ T cells from human PBMCs using IL-2 and zoledronate and observed that expanded $\gamma\delta$ T cells had potent in vitro cytotoxicity against OS cells through the production of IFN- γ and TNF- α . The combination of DOX and $\gamma\delta$ T cells showed synergistic cytotoxic effects on OS cells. Our data suggest that $\gamma\delta$ T cells may enhance the effects of chemotherapeutic agents against OS and the possibility of a new treatment strategy, including chemo-immunotherapy, for OS.

Author Contributions: Conceptualization and methodology: Y.K., Y.H.J. and J.A.L.; investigation and data analysis: Y.K.; writing—original draft preparation and visualization: Y.K.; validation and data curation: Y.H.J. and J.A.L.; writing—review and editing: Y.H.J. and J.A.L.; project administration and funding acquisition: J.A.L. All authors have read and agreed to the published version of the manuscript.

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Institutional Review Board Statement: This study was approved by the Institutional Review Board of the National Cancer Center (NCC2019-0236).

Informed Consent Statement: Informed consent was obtained from all donors involved in the study.

Data Availability Statement: Not applicable.

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Conflicts of Interest: The authors declare no conflict of interest.

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