Ursolic Acid Decreases the Proliferation of MCF-7 Cell-Derived Breast Cancer Stem-Like Cells by Modulating the ERK and PI3K/AKT Signaling Pathways

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ABSTRACT: Cancer stem cells are strong drivers of metastasis and cancer relapse, which makes them important therapeutic targets. Ursolic acid (UA), a pentacyclic triterpenoid, has anticancer effects in various types of cancer; however, little is known about its effect on the growth of MCF-7 cell-derived breast cancer stem (BCS)-like cells in estrogen receptor positive breast cancer. In this study, the anticancer activity of UA in MCF-7 cell-derived BCS-like cells and its mechanism of action were evaluated. Furthermore, its inhibitory effects on the proliferation of MCF-7 cell-derived BCS-like cells were compared with that on MCF-7 cells. In MCF-7 cells, UA increased p53 and p21 expression but decreased cyclin D, cyclin E, CDK4, and CDK2 expression to induce cell cycle arrest in the G0/G1 phase. Moreover, UA significantly suppressed migration, invasion, and colony formation in MCF-7 cells, UA significantly decreased migration, suppressed p-PI3K, p-AKT, and p-ERK expression, and enhanced p-FoxO1/FoxO3a expression. Accordingly, in MCF-7 cell-derived BCS-like cells, UA suppressed proliferation in part by downregulating ERK and PI3K/AKT signaling pathways. These findings provide the first evidence for the selective effects of UA in BCSs.

Keywords: ERK, MCF-7 cell-derived breast cancer stem-like cells, PI3K/AKT, ursolic acid

INTRODUCTION

Breast cancer is one of the leading causes of mortality among women worldwide. Hormones and hormone receptors play important roles in the etiology of breast cancer (Brunetti and Manfioletti, 2019). Estrogen exerts a positive effect on cancer cell proliferation (Lumachi et al., 2015), with estrogen receptor (ER)-positive (+) breast cancer accounting for approximately 80% of total breast cancer cases globally. Estrogen is a critical growth-stimulating and pro-survival agent in ER+ breast cancer cells, which activates proliferation-associated intracellular effectors, such as extracellular signal-regulated kinase (ERK) (Dérijard et al., 1995) and phosphoinositide (PI3K)/protein kinase B (AKT) (Thomas et al., 2006).

Cancer stem cells (CSCs) are a subpopulation of tumor cells with the capacity for self-renewal, differentiation, and tumorigenicity, in a similar way as normal stem cells (Wu and Chu, 2019). CSCs can cause onset and growth of tumors, with stronger resistance to chemotherapy and radiotherapy than non-CSCs (Visvader and Lindeman, 2008). Breast CSCs (BCSCs) contribute to the development of resistance to breast cancer therapy (Zhao, 2016) and cancer relapse and metastasis (Nandy and Lakshmanaswamy, 2017). Known BCSC markers include CD44, CD24, CD133, EpCAM, CD166, CD47, aldehyde dehydrogenase (ALDH), and ABCG2 (Shan et al., 2021). Unlike in typical breast cancer, BCSCs are not a target of ER+ breast cancer endocrine therapy (Simões et al., 2011), and none of the currently approved drugs for ER+ breast cancer target CSCs. The probability of long-term disease-free survival increases upon total elimination of endocrine therapy-resistant BCSCs. Thus, development of therapies targeting CSCs is necessary.

Mitogen-activated protein kinase (MAPK, also known as ERK) is an enzyme that phosphorylates mitogen-activated proteins (Dérijard et al., 1995). The MAPK/ERK kinase (MEK)/ERK signaling pathway regulates cellular functions, such as proliferation, survival, and apoptosis (Reddy et al., 2003). In addition, the PI3K/AKT signaling pathway is involved in various cellular processes, including tumorigenesis, cell cycle progression, cell migration,

Received 12 August 2021; Revised 20 September 2021; Accepted 24 September 2021; Published online 31 December 2021

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cell invasion, and neovascularization in tumors (LoPiccolo et al., 2008). The PI3K/AKT pathway is aberrantly activated in most invasive breast cancers and may also promote the metastatic properties of CSCs (Marone et al., 2008; Singh et al., 2013). Thus, the PI3K/AKT pathway is a promising therapeutic target, and blocking this pathway may overcome resistance to conventional breast cancer therapies (Hernandez-Aya and Gonzalez-Angulo, 2011).

Several phytocompounds are effective chemopreventive or chemotherapeutic agents for breast cancer (Bak et al., 2016; Dandawate et al., 2016). Various epidemiological studies have suggested that fruit and vegetable intake can help to control numerous intracellular signaling pathways, suppress reactive oxygen species generation, prevent neovascularization and metastasis, promote metabolism, induce apoptosis, and promote cell cycle arrest in a positive feedback loop to substantially reduce the risk of developing breast cancer (Farvid et al., 2016; Grosso et al., 2017). Ursolic acid (UA; 3-β-hydroxy-urs-12-en-28oic acid) is a pentacyclic triterpene acid abundant in most fruits and vegetables. Most previous studies of UA have focused on its anticancer and antioxidant activity, pharmacological applications, and mechanism of action (Yeh et al., 2010; Yin et al., 2018; Liu et al., 2021). Indeed, UA induces G1/G2 cell arrest and inhibits breast cancer cell proliferation through controlling expression of major proteins in the signal transduction pathway (Shan et al., 2011). Moreover, UA induces breast cancer cell apoptosis via intrinsic and extrinsic apoptotic pathways (Kassi et al., 2009; Wang et al., 2012; Jiang et al., 2016). However, the fundamental molecular mechanism by which UA prevents progression and growth of breast cancer stem (BCS)-like cells remains unclear.

In this study, the anticancer activity of UA and its mechanisms of action were evaluated, focusing on its inhibitory effects against MCF-7 cell-derived BCS-like cell proliferation. To this end, we treated MCF-7 cells from ER+ breast cancer cell lines not targeted by endocrine therapy with UA.

MATERIALS AND METHODS

Materials

UA (Fig. 1A) was purchased from Sigma-Aldrich Co. (St. Louis, MO, USA). The compound was dissolved in 100% dimethyl sulphoxide (DMSO), and a 50 mmol/L stock solution was prepared and stored as small aliquots at -20°C until use. DMSO, 3-(4,5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT), and horseradish peroxidase (HRP)-conjugated anti-rabbit and anti-mouse antibodies were purchased from Sigma-Aldrich Co.. Phycoerythrin-conjugated CD24 and fluorescein isothiocyanate (FITC)-conjugated CD44 antibodies were purchased from BD Biosciences (San Jose, CA, USA). The phosphospecific anti-p38, anti-PI3K, anti-AKT, anti-FoxO1/ FoxO3a antibodies, and specific anti-p38, anti-PI3K, anti-AKT, anti-FoxO1/FoxO3a, ERK inhibitor PD98059, and AKT inhibitor LY294002 antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA). HRP-conjugated β-actin, p53, p21, CDK4, cyclin D, CDK2, and cyclin E antibodies were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA).

Cell culture

The human breast cancer cell line MCF-7 was obtained from the American Type Culture Collection (Rockville,



Fig. 1. Effect of ursolic acid (UA) on MCF-7 cell growth. (A) Chemical structure of UA. (B) Cell viability measured by MTT assays following incubation with 0, 0.01, 0.1, 1, 10, and 100 μM UA for 24, 48, and 72 h. Results are expressed as mean± SD. Statistical differences were analvzed using Student's *t*-test (**P<0.01 vs. control). (C) Morphological changes. UA inhibited MCF-7 cell growth and resulted in rounded cell morphologies in a concentration-dependent manner. Cell morphology was visualized using inverted microscopy (×200). Scale bar, 50 µm. MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide.

MD, USA). Cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 1% antibiotics-antimycotics in a 37° C humidified atmosphere with 5% CO₂. Cells were passaged every 3 to 4 days.

Cell viability assay

The viability of cells treated with UA was estimated using MTT assays. Cells were seeded in 96-well plates and, after culturing overnight, the primary culture medium was removed, and fresh medium containing six concentrations of UA (0, 0.01, 0.1, 1, 10, and 100 μ M) was added for 24 to 72 h. Then, 20 μ L of 5 mg/mL MTT in phosphate-buffered saline (PBS) was added to each well and cells were incubated for 3 to 4 h. Next, the medium was removed and 200 μ L of DMSO was added to each well to stop the reactions. Cell viability was detected by measuring the optical density at 570 nm using a Synergy HTX plate reader (BioTek Instruments Inc., Winooski, VT, USA) and Gen5 (BioTek Instruments Inc.).

Cell cycle analysis

Cells were seeded into 100-mm diameter culture dishes, incubated for 24 h, and then treated with UA (0, 5, 10, and 20 μ M) for 48 h. Cells were harvested using trypsin/EDTA and fixed with 70% cold ethanol overnight at -20° C. The fixed cells were centrifuged at 4°C at 5,000 rpm for 5 min, washed with cold PBS, and incubated at 37°C for 30 min with 50 µg/mL RNase A. The cells were stained with 50 µg/mL propidium iodide at 37°C for 30 min. The DNA contents of the stained cells were analyzed using CellQuest and a FACS Vantage SE flow cytometer (BD Biosciences, San Diego, CA, USA).

Western blot analysis

Cells were treated with UA (0, 5, 10, and 20 μ M) for 24 to 48 h and lysed in PRO-PREP Protein Extraction Solution containing protease and phosphatase inhibitors (Roche Diagnostics GmbH, Mannheim, Germany) for 30 min at 4°C. Then, cells were centrifuged at 4°C at 13,000 rpm for 30 min. Whole protein samples (40 µg) were separated using 6% to 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis and transferred onto polyvinylidene fluoride membranes (PVDF; Bio-Rad Laboratories Inc., Hercules, CA, USA). The membranes were blocked with 5% borine serum albumin (BSA) (AMRESCO, Cleveland, OH, USA) in Tris-buffered saline (TBS) with 0.1% Tween 20 (TBS-T) for 1 h at room temperature, then incubated with primary antibodies (1:500 to 1:1,000) diluted in 5% BSA in TBS-T overnight at 4°C. Next, membranes were washed four times (3 min each) with TBS-T, and then incubated with HRP-conjugated anti-rabbit or anti-mouse secondary antibodies (1:1,000) for 1 h at room temperature. Protein bands were detected using an Advanced Electrochemiluminescence Western Blot Detection Kit (Amersham, Uppsala, Sweden), and their intensities were measured using ImageJ (National Institutes of Health, Bethesda, MD, USA).

Scratch wound-healing assays

Approximately $5 \times 10^{\circ}$ cells were seeded into 6-well plates and cultured for 24 h. Artificial wounds were made in each well using a P20 pipette tip. The cells were washed with culture medium, and then fresh medium containing 1% FBS and UA (0, 5, 10, and 20 μ M) was added. Images were captured at different time points (24 ~ 72 h) using an inverted microscope equipped with a camera. The wound gap distance was determined quantitatively using ImageJ (National Institutes of Health).

Invasion assays

Cell invasion assays were performed in 6-well plates containing Transwell inserts with 8-µm polycarbonate membranes (Corning Incorporated Costar, Tewksbury, MA, USA) (Yousefnia et al., 2020). Briefly, cells (3×10^5 cells/mL) in 1.5 mL of serum-free DMEM were plated in the upper chamber (BD BioCoatTM MatrigelTM Invasion Chamber, Corning Life Science, Durham, NC, USA), and DMEM containing 10% FBS was added to the lower chamber. In both the control and UA ($5 \sim 20 \mu$ M) treatment groups, after incubation at 37° C and 5% CO₂ for 48 h, the non-invading cells were removed from the upper chamber with a cotton swab. The invading cells were fixed in 4% paraformaldehyde for 30 min, stained with 0.5% crystal violet solution for 30 min, and counted in microscopic fields.

Colony formation assays

Cells were seeded at a density of 1,000 cells/well in 6well flat-bottom plates with 2 mL of DMEM containing 10% FBS. The cells were cultured for 24 h with or without UA, the medium was replaced, and cells were cultured at 37° C in a 5% CO₂ incubator for a further 14 days. Cell colonies were fixed in methanol and stained with crystal violet. Colonies that contained more than 50 cells were counted under a microscope.

Mammosphere culture

For analysis of mammosphere formation, MCF-7 singlecell suspensions were plated at 5×10^4 cells/well using the MammocultTM Human Medium Kit (STEMCELL Technologies, Vancouver, BC, Canada). The cells were seeded into Ultra-Low Attachment 6-well plates at 37° C and 5%CO₂ and, after 7 days of culture, primary mammospheres were collected by gentle centrifugation. Cells were grown as non-adherent spheres (termed mammospheres) with a size of >60 µm. For secondary mammosphere formation, the protocols described by Lombardo et al. (2015) and Yousefnia et al. (2020) were followed. Mammospheres were incubated for 4 weeks, passaged on days 7, 14, 21, and 28, and observed under a phase-contrast microscope.

Analysis of cell surface markers and ALDH activity by flow cytometry

Tertiary mammospheres of MCF-7 cells were trypsinized to generate single cells. The recommended concentrations of human CD24-PE and CD44-FITC antibodies (BD Biosciences) were added to the cell suspensions, and the cells were incubated at room temperature in the dark for 30 min. The cells were then washed with PBS and analyzed using a FACSCalibur Flow Cytometer (BD Biosciences) (Jafari et al., 2017). ALDH activity was assayed using an AldefluorTM assay kit (STEMCELL Technologies). Cells treated with the ALDH inhibitor diethylaminobenz-aldehyde (DEAB) were used as a negative control. ALDH-positive and ALDH-negative cells were sorted using a flow cytometer (BD Biosciences) (Choi et al., 2018).

Statistical analysis

Data were presented as mean \pm SD for the indicated number of independent experiments. Statistical significance (*P*<0.05) was determined using the Student's *t*-test for paired data. Statistical analyses were performed using SPSS for Windows (version 23.0; IBM Corp., Armonk, NY, USA).

RESULTS

UA suppresses growth and induces cell cycle arrest in MCF-7 cells

To determine whether UA inhibits the growth of human breast cancer cells, MCF-7 cells were exposed to $0 \sim 100 \mu$ M UA for 24 \sim 72 h. After 24, 48, and 72 h, IC₅₀ values were 75.5 μ M, 66.1 μ M, and 61.9 μ M, respectively (Fig. 1B), suggesting that MCF-7 cells show significant sensitivity to UA in a concentration- and time-dependent manner (*P*<0.01). Based on the effects on cell count and morphology (Fig. 1C), UA at a concentration of <20 μ M (no cytotoxicity) was used for subsequent analyses of its bioactivity.

Since UA can inhibit breast cancer cell proliferation, we investigated whether UA causes apoptosis by cell cycle arrest. MCF-7 cells were treated with various concentrations of UA ($0 \sim 20 \mu$ M) for 48 h, and intracellular DNA content was quantified by flow cytometry. MCF-7 cells treated with UA showed considerable cell accumulation, as indicated by an increase in the proportion of cells in the G0/G1 phase from 42.70% to 74.36% in the 20 μ M UA-treated group compared with the control (P< 0.01; Fig. 2A and 2B). To identify the molecular events associated with UA-induced growth arrest in MCF-7 cells, Western blotting was performed to detect various cell cycle regulatory proteins. MCF-7 cells were treated with varying concentrations of UA (5, 10, and 20 μ M) for 48 h, resulting in an increase in p38 MAPK phosphorylation. Western blotting revealed that UA treatment in-



Fig. 2. Effect of ursolic acid (UA) on cell cycle progression in MCF-7 cells. (A) Flow cytometry analyses of the distribution of the stages of the cell cycle in MCF-7 cells stained with propidium iodide. MCF-7 cells were treated with UA (0, 5, 10, and 20 μ M) for 48 h. (B) The percentage of cells accumulated at G0/G1, S, and G2/M phases of the cell cycle depending on the cell type. Results are expressed as mean±SD. Statistical differences were analyzed using Student's t-test (**P<0.01 vs. control). (C) Expression of the GO/G1related proteins p-p38, p38, p53, p21, CDK4, cyclin D, CDK2, and cyclin E, examined by Western blotting.

creased expression of p53 and p21, and decreased expression of CDK4, cyclin D, CDK2, and cyclin E proteins (involved in the regulation of the G0/G1 phase), in a concentration-dependent manner (Fig. 2C).

UA inhibits migration, invasion, and colony formation of MCF-7 cells

To examine cell migration, a scratch was introduced into the cell monolayer to create a gap, and the rate of wound healing was analyzed under various concentrations of UA over 48 h (Fig. 3A and 3B). The wound area was inhibited by 52.2% for MCF-7 cells treated with 0 μ M UA and 1.2% for cells treated with 20 μ M UA, indicating significant inhibition in cell migration after UA treatment (*P*< 0.001). For the migration assay, the concentration of FBS in the culture medium decreased from 10% to 1% to allow cells to migrate without proliferation. In addition, to evaluate the inhibitory effect of UA on cell migration and invasion, Boyden chamber assays were performed by treating cells with UA for 48 h (Fig. 3C and 3D). Consistent with the results of the wound-healing assay, the invasive capacity of MCF-7 cells was significantly inhibited by 4.8% and 0.24% after treatment with 10 μ M and 20 μ M UA, respectively (*P*<0.001).

To evaluate the inhibitory effect of UA on colony formation, MCF-7 cells were exposed to various concentrations of UA for 24 h, the medium containing UA was removed, and cells were cultured in fresh medium for 14 days (Fig. 3E and 3F). The mean colony number was significantly lower after treatment with 20 μ M UA than for control cells (*P*<0.001). These *in vitro* results suggest that UA inhibits breast cancer progression by suppressing cell proliferation, migration, and invasion.



Fig. 3. Effect of ursolic acid (UA) on migration, invasion, and colony formation of MCF-7 cells. (A) Cells were grown to confluence in 6-well plates, scratch-wounded, and treated with the various concentrations of UA. (C) The filter membranes were coated with Matrigel and 0.02% gelatin. MCF-7 cells were treated UA for 48 h. (E) Cells were seeded onto 6-well cell culture plates and stained with 0.5% crystal violet. (B, D, and F) The wound area, invading cell number, and colony number were measured using ImageJ. Values are presented as mean \pm SD. *P<0.05 and ***P<0.001 vs. control.



Fig. 4. Characteristics of MCF-7 cells after induction of differentiation. (A) To establish mammospheres, cells were seeded into 6-well plates in cancer stem cell culture media for 28 days, and phase-contrast microscopy was used to monitor mammosphere growth. Cell morphology was visualized using inverted microscopy (×100). Scale bar, 200 μ m. (B) CD44⁺/CD24^{-/low} populations were evaluated in MCF-7 cells and MCF-7 cell-derived breast cancer stem (BCS)-like cells. The square indicates the distribution of the CD44⁺/CD24^{-/low} cell subpopulation. (C and D) Aldehyde dehydrogenase (ALDH) expression in human BCS-like cells, analyzed by flow cytometry. Diethylaminobenzaldehyde (DEAB) was used as the specific ALDH inhibitor in the negative control groups. The gating was based on binding to a control antibody. Results are expressed as mean±SD. Statistical differences were analyzed with Student's *t*-test (***P*<0.01 and ****P*<0.001 vs. control). SSC-H, side scatter-height.

Characterization of MCF-7 cell-derived BCS-like cells

MCF-7 cells were monitored for mammosphere formation after induction of BCSC differentiation and subsequent culture in differentiation medium for 28 days. After induction of BCSC differentiation, the size and number of the mammospheres were increased (Fig. 4A), and the CD44⁺/CD24^{-/low} cell fraction was increased from 0.83% to 26.19% (Fig. 4B). In addition, there was an increase in the ALDH-positive cell population, from 14.16 % to 41.30%, compared with parental MCF-7 cells (*P*< 0.001) (Fig. 4C). The proportion of ALDH-positive cells in the group treated with DEAB, an ALDH inhibitor, was 13.41%, which was two thirds lower than that of MCF-7 cell-derived BCS-like cells (Fig. 4C and 4D). Thus, differentiation-induced MCF-7 cells show characteristics of BCSCs.

UA significantly inhibits growth of MCF-7 cell-derived BCS-like cells

The inhibitory effect of UA on cell proliferation by concentration and exposure time was evaluated in MCF-7 cells and MCF-7 cell-derived BCS-like cells treated with $0 \sim 40 \ \mu\text{M}$ UA. Growth inhibition analysis revealed that the IC₅₀ values for MCF-7 cells and MCF-7 cell-derived BCS-like cells were 35.27 μ M and 27.90 μ M, respectively, after 24 h and decreased to 20.97 μ M and 17.65 μ M, respectively, after 72 h (Fig. 5). These results suggest that the inhibitory effect of UA on cell proliferation was greater in MCF-7 cell-derived BCS-like cells than in MCF-7 cells (*P*<0.01 and *P*<0.001, respectively).

UA inhibits mammosphere formation and migration in MCF-7 cell-derived BCS-like cells

To determine whether mammosphere formation is suppressed by UA, MCF-7-derived mammospheres were treated with UA for 48 h. Medium containing UA was removed and cells were cultured in fresh medium for monitoring. Treatment with 20 μ M UA led to a significant decrease in mammosphere size by 80.3% (*P*<0.01; Fig. 6). In wound healing assays, scratches were introduced into MCF-7 cell-derived BCS-like cell monolayers, and cells were exposure to various concentrations of UA for 48 h (Fig. 6C). Treatment with 0 μ M and 20 μ M UA decreased the wound area by 51.2% and 7.2%, respec-



Fig. 5. Ursolic acid (UA) exerts cytotoxicity in MCF-7 cells and MCF-7 cell-derived breast cancer stem (BCS)-like cells. Comparison of cell viability in MCF-7 cells (A) and MCF-7 cell-derived BCS-like cells (B) by MTT assays following incubation with UA (0, 5, 10, 20, and 40 μ M) for 24, 48, and 72 h. UA inhibited MCF-7 cell and MCF-7 cell-derived BCS-like cell growth in dose- and time-dependent manners compared with control cells. Results are expressed as mean±SD. Statistical differences were analyzed using Student's *t*-test (**P*<0.05, ***P*<0.01, and ****P*<0.001 vs. control). MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide.



Fig. 6. Effect of ursolic acid (UA) on mammosphere-forming ability and migration of MCF-7 cell-derived breast cancer stem (BCS)-like cells. (A) Cells were treated with UA (0, 5, 10, and 20 μ M) in ultra-low 6-well plates for 48 hours, the UA-containing medium was removed, and cells were incubated for 28 days to induce mammosphere formation. Phase-contrast microscopy was used to monitor mammosphere growth over 28 days. Cell morphology was visualized using inverted microscopy (×100). Scale bar, 200 μ m. (B) Quantitative analysis of mammosphere size. (C) Effect of UA on the migration of MCF-7 cell-derived BCS-like cells. Cells were grown to confluence in 6-well plates coated with 0.02% gelatin, scratch-wounded, and treated with various concentrations of UA for 48 h. (D) The percentage distribution of the average wound area, as measured using ImageJ. Results are presented as mean±SD. *P<0.05 and **P<0.01 vs. control cells.

tively, indicating a significant reduction in cell migration with UA (P<0.01; Fig. 6D).

UA suppresses ERK and PI3K/AKT signaling pathways in MCF-7 cell-derived BCS-like cells

We next investigated the effects of UA (5, 10, and 20 μ M) on expression of components of the PI3K/AKT sig-

naling pathway in MCF-7 cell-derived BCS-like cells by Western blotting (Fig. 7A). p-PI3K, p-AKT, and p-ERK expression in MCF-7 cell-derived BCS-like cells was downregulated following UA treatment. Furthermore, UA treatment increased expression of p-FoxO1/FoxO3a. When cells were co-treated with UA and PD98059, an ERK inhibitor, or LY-294002, an AKT inhibitor (Fig. 7B and 7C),



Fig. 7. Effect of ursolic acid (UA) on ERK and PI3K/AKT signaling pathways in MCF-7 cell-derived breast cancer stem (BCS)-like cells, (A) Representative blots showing protein expression of ERK and PI3K/AKT in MCF-7 cell-derived BCS-like cells treated with UA at 5, 10, and 20 μ M for 24 h. (B and C) Cells were treated with UA in combination with the ERK inhibitor PD98059 or the AKT inhibitor LY294002, and levels of p-ERK or p-AKT were detected by Western blotting, (D and E) Band intensities were normalized to total ERK or AKT. Results are presented as mean±SD. **P<0.01 and ***P< 0.001 compared to total ERK or AKT.

p-ERK and p-AKT activation was significantly suppressed (P<0.01 and P<0.001, respectively; Fig. 7D and 7E). These results suggest that ERK and PI3K/AKT signaling pathways are in part associated with inhibition of cell growth by UA.

DISCUSSION

Due to the global increase in breast cancer incidence, development of effective drugs and treatments targeting BCSCs has been a focus of recent research (Butti et al., 2019; Duan et al., 2021). Various therapeutic approaches for breast cancer management, including surgery, radiotherapy, chemotherapy, and hormonal therapy, are currently employed in clinical practice (Tong et al., 2018). Nevertheless, cancer relapse and metastasis result in a poor prognosis (Feng et al., 2018). The main cause of cancer progression is the presence of BCSCs, a class of pluripotent cancer cells with distinctive characteristics of self-renewal, high rates of proliferation, and the ability to differentiate into a spectrum of cell types observed in tumors (Velasco-Velázquez et al., 2011). In general, chemotherapy has various side effects, including toxic effects on normal cells and development of drug resistance (Kern and Schroeder, 2014). Therefore, it is crucial to identify novel natural compounds that are able to specifically inhibit cancer cell proliferation with low cytotoxicity towards non-cancer cells (Li-Weber, 2009). Many studies have focused on phytochemicals that target BCSCs (Dandawate et al., 2016), which has led to the growing interest in natural compounds that can be exploited to target BCSCs for effective anticancer therapy. In the current study, we provide the first evidence that UA at concentrations of $5 \sim 20 \,\mu\text{M}$ suppresses MCF-7 cell proliferation whilst exhibiting low cytotoxicity and without inducing morphological changes (Fig. 1B). Moreover, we show that UA effectively reduces migration and colony formation (mammosphere formation) in MCF-7 cells and MCF-7 cell-derived BCS-like cells (Fig. 3 and 6).

The tumor suppressor gene p53 plays a critical role in mediating cellular responses by regulating transcriptional activation of various genes involved in apoptosis, cell cycle arrest, and DNA repair (Harris and Levine, 2005). p53 also induces transcription of p21, an important regulator of the cell cycle. The cyclin-CDK complex plays a central role in the regulation of cell cycle progression. p21 is an inhibitor of CDK expression and can inhibit cyclin-CDK complex formation to induce cell cycle arrest. In the current study, treatment of MCF-7 cells with UA increased p53 and p21 expression, thereby inhibiting the breast cancer cell cycle (Fig. 2C). Furthermore, UA activated p38 MAPK, an important stress-related kinase involved in regulation of inflammation, cell growth and differentiation, cell cycle, and cell death (Fig. 2C) (MacCorkle and Tan, 2005).

CSCs derived from cancer cells are potential targets for breast cancer therapy (Liu et al., 2013). In the present study, UA exerted a significantly greater cytotoxic on MCF-7 cell-derived BCS-like cells than on MCF-7 cells. These results indicate that UA has a selective inhibitory effect on the growth of BCSCs (Fig. 5). The current chemotherapeutic target is CSCs, an important cause of cancer relapse (Butti et al., 2019; De Angelis et al., 2019). Three subtypes of BCSCs have been identified: mesenchymal-like CD44^{high}/CD24^{low}, epithelial-like ALDH⁺, and ALDH⁺/CD44^{high}/CD24^{low} (Sulaiman et al., 2019). CD44 is a non-kinase, single-span transmembrane glycoprotein that binds to hyaluronan, regulating cell proliferation, survival, and differentiation. The expression of CD44 in BCSCs is high, and downregulation of CD44 induces cell differentiation and sensitization to chemotherapy (Pham et al., 2011; Yan et al., 2015). Whereas CD24 is a glycosylphosphatidylinositol-linked cell surface glycoprotein involved in immunological functions, tumorigenesis, chemoresistance, and metastasis. CD24 expression in BCSCs is low or absent, and upregulation of CD24 is associated with a poor prognosis in luminal A and triple-negative breast cancer subtypes (Ortiz-Montero et al., 2018). Furthermore, ALDH is a member of a group of enzymes that oxidize aldehydes into carboxylic acids. High ALDH activity, as measured by ALDEFLUOR assays (which assess levels of nine active isoforms of ALDH), is associated with stem cell-like properties and chemoresistance in breast cancer, while inhibition of ALDH suppresses tumorigenicity and cell migration (Li et al., 2017). To examine the differentiation capacity of BCSCs, $CD44^+/$ CD24^{-/low} and ALDH⁺ cell populations were analyzed as differentiation markers. After 28 days differentiation, the $CD44^+/CD24^{-/low}$ cell population increased from 0.83% to 26.19%, while the ALDH-positive cell population increased from 14.16% to 41.30% (Fig. 4).

Numerous natural compounds exert inhibitory effects on CSCs by interfering with multiple targets in cancerrelated signaling pathways (Yang et al., 2020). Thus, natural compounds can be used to develop novel chemotherapeutic agents targeting BCSCs (Liskova et al., 2019). Among cancer-related signaling pathways, the association between cell proliferation and the ERK pathway is clearly established. The ERK signaling pathway controls cyclin D1 expression and S phase progression in embryonic stem cells in mice (Jirmanova et al., 2002). Furthermore, the PI3K/AKT signaling pathway plays an important role in intracellular signal transduction and cell proliferation, differentiation, division, and migration (Li et al., 2013), and PI3K activity contributes substantially to cellular transformation and carcinogenesis (Fresno Vara et al., 2004). As AKT is a major effector in the PI3K signaling pathway, an increase in AKT activity blocks the apoptotic pathway (Shin et al., 2012). Regulation of the PI3K/AKT pathway is likely to be central in specifically targeting cancer cells using chemotherapeutic agents without inducing cytotoxicity to normal cells. Thus, the findings of the present study confirmed the role of UA in reducing PI3K expression in MCF-7 cell-derived BCS-like cells and, consequently, lowering AKT levels to delay cancer progression. UA also suppressed p-ERK but upregulated p-FoxO1/FoxO3a to induce cell cycle arrest in the G1 phase and to inhibit cancer cell proliferation (Fig. 7).

In conclusion, the selective effects of UA on BCSCs were determined for the first time. We demonstrated that a low concentration of UA inhibits proliferation of MCF-7 cell-derived BCS-like cells. Furthermore, UA inhibits cell proliferation by targeting the ERK and PI3K/AKT signaling pathways in MCF-7 cell-derived BCS-like cells, thus suppressing progression of breast cancer. These findings support the use of UA as a novel inhibitor of the ERK and PI3K/AKT signaling pathways in breast cancer therapy. Thus, UA is a candidate therapeutic agent for targeting BCSCs.

ACKNOWLEDGEMENTS

This work was supported by National Research Foundation of Korea (NRF) grant funded by the Korea government (MSIT) (grant number 2017R1D1A3B03034506, 2020R1F1A1072191).

AUTHOR DISCLOSURE STATEMENT

The author declares no potential conflict of interest.

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