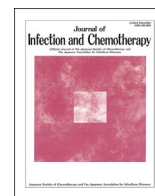




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Original Article

A study of quality assessment in SARS-CoV-2 pathogen nucleic acid amplification tests performance; from the results of external quality assessment survey of clinical laboratories in the Tokyo Metropolitan Government external quality assessment program in 2020

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ABSTRACT

Introduction: The Tokyo Metropolitan Government (TMG) conducted an external quality assessment (EQA) survey of pathogen nucleic acid amplification tests (NAATs) as a TMG EQA program for SARS-CoV-2 for clinical laboratories in Tokyo.

Methods: We diluted and prepared a standard product manufactured by Company A to about 2,500 copies/mL to make a positive control and distribute it with a negative control. The participants reported the use of the NAATs methods for SARS-CoV-2, the name of the real-time RT-PCR kit, the name of the detection device, the target gene (s), nucleic acid extraction kit, Threshold Cycle value in the case of RT-PCR and the Threshold time value and Differential calculation value in the case of Loop-Mediated Isothermal Amplification (LAMP) method.

Results: As a result, 17 laboratories using fully automated equipment and 34 laboratories using the RT-PCR method reported generally appropriate results in this EQA survey. On the other hand, among the laboratories that adopted the LAMP method, there were a plurality of laboratories that judged positive samples to be negative.

Conclusion: The false negative result is considered to be due to the fact that the amount of virus genome contained in the quality control reagent used this time was below the detection limit of the LAMP method combined with the rapid extraction reagent for influenza virus. On the other hand, false positive results are considered to be due to the non-specific reaction of the NAATs. The EQA program must be continued for the proper implementation of the pathogen NAATs.

1. Introduction

The Tokyo Metropolitan Government (TMG) implemented the 39th external quality assessment (EQA) program for clinical laboratories on July 30, 2020. An overview on this EQA program was reported by Kumasaka et al. in 2001 [1]. The nucleic acid amplification tests (NAATs) has been added to the program items of EQA from 2019. In 2019, hepatitis B virus was targeted, but in 2020, with the spread of Coronavirus disease 2019 (COVID-19), an EQA of NAATs for the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) was

conducted.

SARS-CoV-2 belongs to the family Coronaviridae, which has a single-strand plus-chain RNA [2]. Therefore, the NAATs for this virus were performed through a plurality of steps such as extracting the RNA genome, reverse transcription reaction from RNA to DNA, amplifying DNA, and detecting the amplified product [3]. For EQA, clinical laboratories must be required to conduct a comprehensive evaluation of all these processes and must be able to confirm them.

In this EQA program, positive control containing the SARS-CoV-2 virus genome in alphavirus (pseudo-virus) particles was distributed to

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participating laboratories. Participating laboratories included a clinical laboratory and a clinical laboratory division in a hospital that desires to implement the TMG EQA program.

Some EQA program for SARS-CoV-2 has already been implemented in Germany [4,5], Austria [6,7], China [8], South Korea [9] and internationally [10,11]. From the results of an EQA survey of SARS-CoV-2 NAATs conducted as the first EQA by a local government in Japan, we shall describe problems with the participating laboratory and points to be noted in processes of NAATs.

2. Materials and methods

i) Recruitment of participating laboratories

The target laboratories were 28 registered commercial clinical laboratories, 7 special commercial clinical laboratories for only SARS-CoV-2 NAATs and 76 clinical laboratory divisions in hospital with the capacity to conduct NAATs in Tokyo. The recruitment was conducted from June 5 to June 22, 2020.

ii) Survey contents

a. a) Gene amplification methods

We surveyed which methods were used as NAATs for SARS-CoV-2: real-time RT-PCR method, Loop-Mediated Isothermal Amplification (LAMP) method or other methods.

In real-time RT-PCR kit, when fully automatic amplification equipment including nucleic acid extraction is used, we request its name to be reported. The name of the detection device, if it is not a fully automatic device, was requested to be reported. The target gene to be detected was also requested to be reported.

b) Nucleic acid extraction

The name of the nucleic acid extraction kit used or device name when using an automatic nucleic acid extractor were requested to be reported.

a. c) Sample test results

In addition to the positive and negative results, the survey requested to be reported the Threshold Cycle (Ct) value for RT-PCR, and the Threshold time (Tt) value and Differential calculation (Df) value for the LAMP method.

iii) Sample preparation

a. a) Reference laboratory

The reference laboratory was the Tokyo Metropolitan Institute of Public Health and the Department of Microbiology and Infectious Diseases, Toho University School of Medicine, and the same sample was inspected for multiple days to confirm the difference between days.

a. b) Preparation of the quality control standard

We diluted and prepared a standard product manufactured by Company A to about 2,500 copies/ mL to make a positive control (constructed by pseudo-virus) and distribute it as a nasopharyngeal swab suspension together with a negative control, using 1% fetal bovine serum-added cell culture medium as a transport medium. The sample contains virus particles assuming RT-PCR, and was expected to have a nucleic acid concentration near the limit of detection (LOD) by the LAMP method using column extraction technique. The samples were sent refrigerated to arrive on July 30, 2020.

a. c) Reagents and measuring instruments

The nucleic acid extraction kit used was the QIAamp Viral RNA Mini Kit (QIAGEN). In addition, SARS-CoV-2 Direct Detection RT-qPCR kit (Takara Bio) and 2019 new coronavirus detection reagent kit (Shimadzu Corporation) were used as simple detection kits that do not require nucleic acid extraction. These simple extraction/ detection kits of Takara Bio Inc. and Shimadzu Corporation target the N1/ N2 and N1 regions and the N2 region, respectively [3]. BD Max™ (Becton Dickinson, Japan) was used as a fully automatic device, with an open reagent to detect the N2 region described in the manual of the National Institute of Infectious Diseases, Japan. The real-time RT-PCR device used was QuantStudio™ 12K Flex (Thermo Fisher Scientific). The real-time turbidity measuring device LoopampEXIA® (Eiken Chemical) was used for the LAMP method.

3. Results

i) Participating laboratories

A total of 53 laboratories which account for 12 registered commercial clinical laboratories, 4 special commercial clinical laboratories for only SARS-CoV-2 NAATs and 37 clinical laboratory divisions in hospitals that were located in Tokyo participated in an EQA survey of SARS-CoV-2 NAATs in the TMG EQA program in 2020.

ii) Reagents and measuring instruments used by participating laboratories

The survey was attended by 53 institutions, with including a total of 73 used methods. In this manuscript, all the aggregated values will be described for the total number (number of methods), but the unit will be "clinical laboratory". It was reported that 35 clinical laboratories were conventional real-time RT-PCR, and one of them was unmeasurable. Twenty-one clinical laboratories used the LAMP method and one of them reported to be unable to obtain a result. These laboratories are all classified as hospital clinical laboratory divisions. Four laboratories used both real-time RT-PCR system and the LAMP method. Two facilities that reported "unmeasurable" or "undecidable" were excluded from the tabulation in this study.

The device, nucleic acid extraction reagents and nucleic acid amplification reagents used in the participating laboratories are shown in Tables 1 - 3. The fully automatic device was used by the 17 laboratories participating in the survey which account for 16 clinical laboratory divisions in hospitals and 1 registered commercial clinical laboratory. In the RT-PCR method, BD Max™ (Japan Becton Dickinson) was used in 5 laboratories, 3 of which used the BD MAX™ SARS-CoV-2 as an in vitro diagnostic (IVD) reagent and 2 laboratories used the BD MAX™ open system reagents for laboratory developed tests (LDT). GeneXpert (Beckman Coulter) at 3 laboratories, cobas 6800 (Roche Diagnostics) at 2 laboratories and cobas 8800 (Roche Diagnostics) at 1 laboratory were used. Other than the RT-PCR method, the Film Array Torch system (bioMérieux Japan) was used at 4 laboratories. Each remaining laboratory used TRC Ready-80 (Tosoh) and μ TAS Wako g1 (FujiFilm, Wako Pure Chemical Industries) respectively.

All 20 laboratories reported results by the LAMP method using LoopampEXIA® as a NAAT reagent. Of 20 laboratories, 15 used Loopamp influenza extraction reagent (Eiken Chemical), 2 of which also used the QIAamp Viral RNA Mini Kit (QIAGEN). Only the Mini Kit (QIAGEN) was used at 3 laboratories.

iv) Results of reference laboratories

Table 4 shows the measurement results of the positive control at the reference laboratories. Although the measurement result of the negative control is not shown, the negative result was obtained correctly. In the positive control, positive results were obtained with any set of reagents and measuring instruments. As for the Ct value, the Ct value of the

Table 1

List of devices used for detection of SARS-CoV-2 by laboratories participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

Detection system	Principle of amplification	Device	Manufacturer	Commercial laboratory	Temporary laboratory	Hospital
Fully automatic system	RT-PCR	BD MAX™	Becton, Dickinson	0	0	5
		GeneXpert® system	Beckman Coulter	0	0	3
		cobas6800	Roche Diagnostics	0	0	2
	Others	cobas8800		1	0	0
		FilmArray® Torch system	bioMérieux Japan	0	0	4
		TRC Ready®-80	Tosoh	0	0	1
Manual or semiautomatic system	RT-PCR	μTAS Wako g1	FUJIFILM Wako Chemical	0	0	1
		cobasZ480	Roche Diagnostics	4	0	5 ^a
		LightCycler 480 II		1	0	4 ^a
		LightCycler 96		0	0	3 ^a
		LightCycler 480		1	0	0
		QuantStudio 5	Thermo Fisher	2	1	0
		QuantStudio 3	Scientific	0	1	0
		QuantStudio 1		1	0	0
		QuantStudio 5Dx		0	0	1
		StepOne Plus		0	1	2
		StepOne		0	0	1
		Applied Biosystems 7500 Real-Time PCR System		2 ^a	0	1
		Applied Biosystems 7500 Fast Dx Real-Time PCR instrument		0	0	1
		CFX96 Touch Deep Well Real-Time PCR Detection System	Bio-Rad Laboratories	1	0	1
	Loop-Mediated Isothermal Amplification	LoopampEXIA	Eiken Chemical	0	0	20 ^a

^a Includes laboratories that also used other reagents.

Table 2

List of nucleic acid extraction reagent used by laboratories participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

Nucleic acid amplification method	Reagents	Manufacturer	No. of laboratories
RT-PCR	QIAamp viral RNA Mini Kit	Qiagen	7 ^a
	QIAasymphony DSP Virus/Pathogen Mini Kit		1
	Maxwell® RSC Viral TNA	Promega	4
	MagDEA® Dx SV	Precision System Science	1
	High pure viral RNA purification kit	Roche Diagnostics	1
	MagNA Pure96		1
	DNA&Viral NA SV Kit		1
	MGIEasy Nucleic Acid Extraction Kit	Sysmex	1
	NIPPONGENE ISOSPIN RNA Virus	Nippon Gene	1
	NucleoSpin® RNA Virus	Takara Bio	1
	Loop-Mediated Isothermal Amplification	Loopamp® RNA extraction reagent for influenza virus	Eiken Chemical
QIAamp Viral RNA Mini Kit		Qiagen	5 ^a

^a Includes laboratories that also used other reagents.

Takara Bio kit tended to be slightly higher than that of other kits. In addition, the diurnal variation of the kit for detecting N2 of Shimadzu Corporation tended to be larger than that of other kits. Other than that, there is no big problem in the detection by RT-PCR, and it is confirmed that the measurement error is within the allowable range, and the reference value (Ct value 30 to 35 in the N2 region of the National Institute of Infectious Diseases) is set based on this result.

v) Results of sample test in the participating laboratories

Table 5 shows the percentage of correct answers by measurement method for the results of the participating laboratories. As mentioned above, the total number of facilities that participated in the survey was 73. From **Table 5**, it was excluded 2 facilities that reported "undecidable" or "unmeasurable" and 15 facilities that used the LAMP method combined with the Loopamp® RNA extraction reagent for influenza virus together were excluded. Fully automatic devices except μTAS Wako g1 correctly judged positive control as positive.

The results of the laboratories that adopted the real-time RT-PCR method were generally correct. Negative controls were judged correctly except for those that reported "undecidable" or "unmeasurable" at 2 laboratories.

The reported Ct values (RT-PCR method), Tt values and Df values (both are LAMP methods) are shown in **Table 6 a), b), c)**. Although the N region of the Ct value includes N1 and N2, only 47.4% (27 laboratories) of the laboratories reported that the Ct value was 30–35, which was considered to be the correct value. Seven laboratories reported Ct values of 25 or less, 40.1 or more, or negative (**Table 6 a)**).

Table 7 shows the results by the LAMP method including the laboratory using the Loopamp® RNA extraction reagent for influenza virus. 20 laboratories adopted the LAMP method, and all five laboratories that extracted nucleic acids by the column method reported appropriate results. Among the laboratories that adopted the LAMP method combined with the Loopamp® RNA extraction reagent, there were a plurality of laboratories that judged positive samples to be negative. On the other hand, of the 14 laboratories that used the the Loopamp® RNA extraction reagent in the LAMP method, only 4 (26.7%) reported positive. Two laboratories used both the simplified extraction reagent and the QIAamp Viral RNA Mini Kit.

4. Discussion

In Japan, many reagents and kits based on IVD, research use only (RUO) reagents, or LDT shown by the National Institute of Infectious

Table 3

List of nucleic acid amplification reagents used by laboratories participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020 (exception of unmeasurable and undecidable).

Nucleic acid amplification method	Principle of amplification	Used reagents		No. of laboratories
		Manufacturer	Name of reagents	
Fully automatic system	RT-PCR	Becton, Dickinson	BD MAX™ SARS-CoV-2	3 ^a
			BD MAX™ ExK TNA-3, BD MAX™ cartridge	2 ^a
		Beckman Coulter	Xpert Xpress SARS-CoV-2	3 ^a
	Others	Roche Diagnostics	cobas® SARS-CoV-2	3 ^a
		bioMérieux Japan	BIOFIRE® Respiratory 2.1	4 ^a
		Tosoh	2019 novel coronavirus RNA detection reagent "TRCReady SARS CoV-2"	1
Manual or semiautomatic system	RT-PCR	FUJIFILM Wako Chemical	μTAS Wako COVID-19	1
		Shimadzu	2019 novel coronavirus detection reagents kit	9 ^a
		Takara Bio	SARS-CoV-2 Direct Detection RT-qPCR Kit	4 ^a
		Roche Diagnostics	One Step PrimeScript III RT-qPCR Mix	3 ^a
			LightMix Modular SARS-CoV (COVID19) E-gene, N-gene	3 ^a
			LightMix Modular SARS-CoV (COVID19) E-gene, RdRP-gene	1 ^a
			LightMix Modular SARS-CoV (COVID19) E-gene	2
			LightCycler Multiplex RNA Virus Master	2 ^a
			SARS-CoV-2 Detection Kit N1/N2 set	2 ^a
		Toyobo	SARS-CoV-2 Detection Kit -N2 set-THUNDERBIRD Probe One-step qRT-PCR Kit	1 ^a
		Thermo Fisher Scientific	TaqMan Fast Virus 1-Step Master Mix	2
			TaqMan Fast Advanced Master Mix	1
	QuantiTect Probe RT-PCR Kit		1 ^a	
Qiagen	2019-nCoV fluoresceinated real-time PCR Kit	1		
Symex	Primers & probes mix for detection of novel coronavirus (2019-nCoV)	1		
Promega	Loopamp® novel coronavirus2019 (SARS-CoV-2) detection reagents kit	20 ^a		
LAMP ^b	Eiken Chemical	Loopamp® novel coronavirus2019 (SARS-CoV-2) detection reagents kit	20 ^a	

^a There is duplication in the data.

^b Loop-Mediated Isothermal Amplification.

Table 4

Results of Ct value or Tt value of reference samples tested in reference laboratories in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

Nucleic acid amplification method	Nucleic acid extraction reagent	Nucleic acid amplification reagent	Detection target gene(s)	Used equipment	Measurement date	Ct value or Tt value
RT-PCR	Included	BD MAX™ ExK™ TNA-3, BD MAX™ Cartridge (Becton, Dickinson)	N2	BD MAX™ System (Becton, Dickinson)	30-Jul-20	30.70 ± 0.26
					31-Jul-20	31.07 ± 0.50
	QIAGEN QIAamp Viral RNA mini kit (QIAGEN) ^a	QIAamp Viral RNA mini kit (QIAGEN)	N2	QuantStudio 12K Flex (Thermo Fisher Scientific)	2-Aug-20	31.40 ± 0.53
					31-Jul-20	34.57 ± 0.32
	Not needed	SARS-CoV-2 Direct Detection RT-qPCR K (Takara Bio)	N1/N2 (CDC)	QuantStudio 12K Flex (Thermo Fisher Scientific)	3-Aug-20	34.87 ± 0.75
					4-Aug-20	35.20 ± 0.30
	No needs	2019 Novel Coronavirus Detection Kit (Shimadzu)	N1/N2 (CDC)	QuantStudio 12K Flex (Thermo Fisher Scientific)	31-Jul-20	37.23 ± 0.23
					3-Aug-20	37.43 ± 0.12
4-Aug-20					36.93 ± 0.25	
31-Jul-20					34.60 ± 0.36/ 33.30 ± 2.33	
Loop-Mediated Isothermal Amplification	QIAGEN QIAamp Viral RNA mini kit (QIAGEN) ^a	Loopamp™ SARS-CoV-2 Detection Kit (Eiken Chemical)	N/RdRp	LoopampEXIA® (Eiken Chemical)	3-Aug-20	34.87 ± 0.15/ 35.43 ± 0.49
					30-Jul-20	35.07 ± 0.15/ 34.77 ± 1.36
					31-Jul-20	20: 56 ± 1: 12
2-Aug-20	22: 14 ± 0: 54 20: 44 ± 0: 18					

^a QIAcube (QIAGEN) was also used for nucleic acid extraction.

Diseases are commercially available. IVDs are validated by the manufacturer, but RUO reagents and LDTs must confirm their validity and LOD at their own laboratories [12]. In other words, it is required to introduce a combination of reagents and kits suitable for the purpose of the laboratory after evaluation and verification. However, in SARS-CoV-2 NAATs, there was a situation in which each laboratory had to be introduced without knowledge and skills for validating reagents and kits. Compared to the commercial clinical laboratory that participated in this EQA survey, the results of the special commercial clinical laboratories for only SARS-CoV-2 NAATs and clinical laboratory divisions in hospitals were not appropriate. While there were many

commercial clinical laboratories that had already used NAATs, it is thought that one of the reasons was that the introduction of NAATs was not sufficiently carried out in hospitals. In the future, it is considered necessary to provide education and enlightenment for laboratory personnel in laboratories that carry out pathogen NAATs.

The quality control reagent distributed this time contains virus particles assuming RT-PCR, and was expected to have a nucleic acid concentration near LOD by the LAMP method. All the laboratories that adopted the nucleic acid extraction method by the column method gave a positive test, and this result was fully satisfactory. In clinical laboratories such as hospitals where quick results are required, many

Table 5

Results of SARS-CoV-2 detection by due to a combination of nucleic acid extraction method and amplification method adopted by laboratories^c participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

Detection system	Nucleic acid extraction method	Principle of nucleic acid amplification	No. of laboratories (Correct answer rate)	
			Negative	Positive
Fully automatic system	Included	RT-PCR	11 (100%) ^a	11 (100%) ^a
	Included	Others	6	5
Manual or semiautomatic system	Column method/magnetic bead method	RT-PCR	18 (100%) ^a	18 (100%) ^a
	direct PCR		16 (100%)	16 (100%)
	Column method	Loop-Mediated Isothermal Amplification	5 (100%) ^a	5 (100%) ^a
Total No.			56 (100%)	55 (98.2%)

^a including duplication.

^b Excluded because the amount of virus in the distributed positive sample is below the detection limit of the combination of the simple influenza extraction kit and the Loop-Mediated Isothermal Amplification method.

^c Since the results of laboratories that used multiple measurement methods are included in the total, the number of laboratories in the table and the number of laboratories participating in the survey are different. The total does not include laboratories that have reported that measurement is not possible or judgment is not possible.

laboratories used the Loopamp® influenza virus extraction reagent in combination with the LAMP method for SARS-CoV-2. The viral load in the distributed positive control is below the LOD for the LAMP method combined with the Loopamp® influenza virus extraction reagent (data not shown). It is probable that the results of the laboratory that judged these positive samples as negative were correct in consideration of the LOD, therefore, this combination was excluded from the aggregation (Table 5). However, looking at the report, 4 institutions that adopted this combination achieved a positive result. The reports of these laboratories are "false positives" and these laboratories were individually instructed on the need for improvement. It is necessary to confirm the standard operating procedure at each laboratory. This problem is not solely due to the laboratories; the manufacturers are responsible for correctly communicating product information to the user. Tokyo Metropolitan Government provided information on the results of this EQA program to the Ministry of Health, Labour and Welfare, which led to the manufacturer providing appropriate information to laboratories.

On the other hand, in the laboratories that answered with a negative result for this combination, although they were not informed that the concentration was below the detection limit, provided comments such as "Loopamp® influenza virus extraction reagent is not suitable as a test material for the sample in which the nasopharyngeal swab is suspended in the transport medium" or "the concentration of extracted nucleic acid was deceased due to suspension in the transport medium". We thought that these laboratories understood well the characteristics of the reagents correctly and could operate them properly.

A total of 8 laboratories (2 commercial clinical laboratories, 2 special commercial clinical laboratories for only SARS-CoV-2), including 1 laboratory that answered that "it cannot be measured" by RT-PCR, and 7 laboratories that reported widely deferential Ct values compared with reference value.

These 8 laboratories including 4 clinical laboratories in hospitals were informed of points to be improved by the Tokyo Metropolitan Government. And of these, commercial clinical laboratories and special commercial clinical laboratories for only SARS-CoV-2 NAATs were requested to report improvement measures. One special commercial

Table 6

The range of Ct, Tt and Dt values reported by laboratories. participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

a) Ct value for detection target genes reported by laboratories using RT-PCR method				
Ct value	No. of laboratories			
	Detection gene			
	E	N ^a	ORF1ab	RdRP
≤25.0	3			
25.1–27.5				
27.6–30.0				
30.1–32.5	4	7	3	
32.6–35.0	9	20	1	
35.1–37.5	2	13		
37.6–40.0		9		1
≥40.1		1		
Negative		3		
Total No.	15	56	4	1

b) Tt values reported by laboratories using Loop-Mediated Isothermal Amplification method	
Tt value	No. of laboratories
≤20.0	
20:01–22:00	2
22:01–24:00	3
24:01–26:00	1
26:01–28:00	
28:01–30:00	
≥30:01	2
Undescribed	1
Negative	11
Total No.	20

c) Dt values reported by laboratories using Loop-Mediated Isothermal Amplification method	
Df value	No. of laboratories
≤0.010	7
0.011–0.100	1
0.101–0.130	3
0.131–0.150	2
0.151–0.170	2
0.171–0.190	1
≥0.191	0
Undescribed	4
Total No.	20

Laboratories using different detection genes and methods were duplicated.

^a Includes N1 set, N2 set, N gene, N1 (CDC), N2 (CDC), N1/ N2 (CDC).

Table 7

Results of SARS-CoV-2 detection due to Loop-Mediated Isothermal Amplification method by extraction method excluding undecidable in laboratories participated in external quality assessment survey for SARS-CoV-2 pathogen nucleic acid amplification tests in Tokyo, 2020.

Nucleic acid extraction method	No. of laboratories	No. of correct judged	
		Positive	Negative
QIAamp Viral RNA Mini Kit	5	5	5
Loopamp influenza extraction reagent	14	4	14
Uncertain	1	0	1
Total No.	20	9	20

clinical laboratories for only SARS-CoV-2 NAAT using RT-PCR that answered "unmeasured", despite mentioning the possibility of reduced sensitivity due to differences in lots and versions of nucleic acid extraction kits, continues to use kits that were considered insensitive.

A laboratory reported a large different Ct value from the reference value. This laboratory mentioned the necessity of improvement such as full process control for internal quality assessment, temperature control in all testing processes, and preparation of primers and probe sets for nucleic acid amplification reagent kits in their improvement report. In

addition, a laboratory voluntarily reported the following improvement measures: as a corrective measure, it changed the threshold to improve the Ct value. This laboratory should understand that changing the threshold does not lead to substantial improvement.

Buchta et al. reported that some of the participating laboratories reported Ct values that deviated significantly [7]. This EQA program was performed by cooperation between the Center for Virology of the Medical University of Vienna and the Austrian Association for Quality Assurance and Standardization of Medical and Diagnostic Tests. EQA of NAATs requires verification of raw data such as Ct value as well as positive prediction value and negative prediction value.

For commercial clinical laboratories and special commercial clinical laboratories for only SARS-CoV-2 that could not report appropriate improvements, the Tokyo Metropolitan Government EQA committee visits directly several laboratories that could not report appropriate results, and provide guidance to improve inspection accuracy.

This EQS survey of SARS-CoV-2 NAATs conducted by the TMG led to the EQS survey of the Ministry of Health, Labour and Welfare in the fall of 2020. In addition, the results of this EQS survey were public on the website. Furthermore, the seminar was held to participants of TMG EQA program. Participants have question and answer to the person in charge of the TMG, which led to the maintenance and improvement of inspection accuracy at participating laboratories.

As of 2021, the COVID-19 outbreak continues in Tokyo. Securing and maintaining highly reliable testing is required to monitor the occurrence of COVID-19 patients based on accurate diagnosis. It is important to implement continuous EQA for laboratories that perform SARS-CoV-2 NAATs.

Icmje statement

Contributors YI, KS and YS were responsible for the organization and coordination of the study. KA, MO, MI, RM, MN and HK were responsible for the data analysis. YI, MO, RM, KS and YS prepared this study design. All authors contributed to the writing of the manuscript.

Declaration of competing interest

All authors have nothing to declare.

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