

# Resident cats in small animal veterinary hospitals carry multi-drug resistant enterococci and are likely involved in cross-contamination of the hospital environment

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In the USA, small animal veterinary hospitals (SAVHs) commonly keep resident cats living permanently as pets within their facilities. Previously, multi-drug resistant (MDR) enterococci were found as a contaminant of multiple surfaces within such veterinary hospitals, and nosocomial infections are a concern. The objectives of this study were to determine whether resident cats carry MDR enterococci and to compare the feline isolates genotypically to those obtained from SAVH surfaces in a previous study. Enterococcal strains (n = 180) were isolated from the feces of six healthy resident cats from different SAVHs. The concentration of enterococci ranged from  $1.1 \times 10^5$  to  $6.0 \times 10^8$  CFU g<sup>-1</sup> of feces, and the population comprised Enterococcus hirae  $(38.3 \pm 18.6\%)$ , E. faecium  $(35.0 \pm 14.3\%)$ , E. faecalis  $(23.9 \pm 11.0\%)$ , and E. avium  $(2.8 \pm 2.2\%)$ . Testing of phenotypic resistance to 14 antimicrobial agents revealed multi-drug resistance (>3 antimicrobials) in 48.9% of all enterococcal isolates with most frequent resistance to tetracycline (75.0%), erythromycin (50.0%), and rifampicin (36.1%). Vancomycin resistant E. faecalis (3.9%) with vanB not horizontally transferable in in vitro conjugation assays were detected from one cat. Genotyping with pulsed-field gel electrophoresis demonstrated a host-specific clonal population of MDR E. faecalis and E. faecium. Importantly, several feline isolates were genotypically identical or closely related to isolates from surfaces of cage door, thermometer, and stethoscope of the corresponding SAVHs. These data demonstrate that healthy resident cats at SAVHs carry MDR enterococci and likely contribute to contamination of the SAVH environment. Proper disposal and handling of fecal material and restricted movement of resident cats within the ward are recommended.

Keywords: Enterococcus, antimicrobial resistance, resident cats, small animal veterinary hospital, clonal diversity

#### **INTRODUCTION**

USA households own a large number of dogs (77.5 million) and cats (93.6 million) as pets (APPA, 2009/2010), leading to an average of 2-3 veterinary hospital visits per household per year (AVMA, 2007). Due to high traffic with healthy and sick patients and clients in and out of small animal veterinary hospitals (SAVHs), it is important to maintain good hygiene of these facilities. Previous studies have documented bacterial contamination of surfaces in SAVHs (Aksoy et al., 2010; KuKanich et al., 2012). There are several sources that may contribute to this contamination. Frequent use of antimicrobial agents in veterinary medicine likely results in the selection of resistant bacteria within the gastrointestinal tract of patients that can be spread in the hospital environment by fecal contamination. In addition, in the USA, many SAVHs keep resident pets that freely move around their premises and could act as a carrier/reservoir of resistant bacteria. Other possible sources of contamination include visiting patients, animal owners, hospital personnel as well as lack of efficient infection control measures.

Although enterococci are commensals in the gut microbiota of mammals; in the last decades they become one of the important

nosocomial human pathogens (Roberts et al., 2009a). Enterococci can readily acquire genes leading to increased virulence, antimicrobial resistance (Gilmore et al., 2002; Arias and Murray, 2008), and have the ability to survive on inanimate dry hospital surfaces for up to 4 months (Kramer et al., 2006). Therefore, the appropriate use of disinfectants is critical for maintaining proper hygiene standards in hospitals and for reducing nosocomial infections (Hota, 2004). Healthy companion animals have been shown to carry antimicrobial resistant enterococcal lineages associated with human infections and thus may be considered a reservoir shedding these bacteria into the environment (Guardabassi et al., 2004; Damborg et al., 2009; Jackson et al., 2009a). Our recent study has revealed that the dogs leaving the veterinary intensive care unit (ICU) carried a very large population of multi-drug resistant (MDR) enterococci with the capacity for biofilm formation and horizontal transfer of resistance genes. Furthermore, genotyping of canine enterococcal isolates demonstrated that some of them belonged to the human nosocomial clonal complex-17 (CC-17) (Ghosh et al., 2011). In small animals, enterococci have also been implicated in diarrhea, mastitis, urinary tract and

catheter-associated infections, and cholangiohepatitis (Helie and Higgins, 1999; Manson et al., 2003; Pressel et al., 2005; Marsh-Ng et al., 2007). With the exception of rare case reports (Boerlin et al., 2001; Benedict et al., 2008), little is known about the nosocomial potential of enterococci in veterinary medicine. Considering the previous study documenting MDR and potentially virulent enterococci in the SAVH environment (KuKanich et al., 2012), further research is needed to better understand bacterial contamination in order to assess and mitigate nosocomial and public health risks.

In the current study, we hypothesized that resident cats in SAVHs acquire and carry antimicrobial resistant enterococci and play a role in dissemination of antimicrobial resistance traits in the hospital environment. The objectives of this study were: (1) to isolate fecal enterococci from six resident cats and to determine their concentration, diversity, clonality, and phenotypic antimicrobial resistance and virulence profiles; (2) to compare the clonality of feline enterococcal isolates to that of isolates from cage doors, thermometers, and stethoscopes in the corresponding hospitals (KuKanich et al., 2012).

#### **MATERIALS AND METHODS**

#### SAMPLE COLLECTION, ISOLATION, AND IDENTIFICATION OF ENTEROCOCCI

Ten privately owned SAVHs (hospitals 1–10) were enrolled in a previous surveillance study that was conducted to evaluate bacterial contamination on surfaces of cage doors, stethoscopes, thermometers, and mouth gags (KuKanich et al., 2012). As a follow-up of the surface study, fecal material was collected from six resident cats (6/10 SAVHs had resident pets) from individual SAVHs. Each cat was considered healthy by its primary veterinarian. Most cats had lived at the hospital premise since they were kittens; four of them had never received any antimicrobial treatment, and the remaining two were not exposed to antimicrobials for at least 1 year prior to our sampling. Detailed information regarding the enrolled cats and their diets is in **Table A1** in Appendix. This study was given exempt status from the institutional animal care and use committee because it did not involve any direct contact with animals.

Fresh feces were collected from the litter box and one gram of the feces was re-suspended in 10 ml of phosphate buffered saline (PBS, pH 7.2; MP Biomedicals, Solon, OH, USA). A 100 µl of the suspension was plated in triplicate on mEnterococcus agar (Difco, BD Diagnostic Systems, Sparks, MD, USA), and presumptive enterococcal colonies were selected and confirmed at the genus level as described previously (Macovei and Zurek, 2007). Identification at the species level was carried out for randomly selected 30 isolates per fecal sample using species-specific multiplex PCR (Kariyama et al., 2000) or sequencing of the manganese-dependent superoxide dismutase gene (sodA) (Poyaert et al., 2000). The concentration of enterococci for each sample was calculated in CFU per gram of feces. In order to assess whether the cat diets are the source of MDR enterococci, three out of six commercially available cat diets fed to individual cats were sampled and tested. Two grams of dry food were re-suspended in 20 ml PBS and 100 µl of the suspension was plated on mEnterococcus agar and incubated for 48 h in 37°C.

#### ANTIMICROBIAL SUSCEPTIBILITY TESTING AND HORIZONTAL GENE TRANSFER

The identified isolates were tested for their susceptibility to antimicrobials commonly used in veterinary medicine as well as those targeting human enterococcal infections. Antimicrobial susceptibility was determined by the disk diffusion method on Mueller-Hinton agar (Difco, BD Diagnostic Systems, Sparks, MD, USA) using 10 antimicrobial agents ( $\mu g \operatorname{disk}^{-1}$ ): ampicillin (10), tetracycline (30), doxycycline (30), gentamicin (120), erythromycin (15), enrofloxacin (5), vancomycin (30), quinupristin/dalfopristin (15), nitrofurantoin (300), and tigecycline (15). Agar dilution technique was carried out to determine resistance to the following antimicrobials ( $\mu g m l^{-1}$ ): streptomycin (2,000) on brain heart infusion agar (BBL, BD Diagnostic Systems, Sparks, MD, USA) and chloramphenicol (16), rifampicin (24), and linezolid (8) on Mueller-Hinton agar. Minimum inhibitory concentration (MIC) for vancomycin  $(8-256 \,\mu g \,m l^{-1})$ , in double fold increments) and teicoplanin (0.25-8 µg ml<sup>-1</sup>, in double fold increments) was determined for vancomycin resistant isolates by broth microdilution technique using Mueller-Hinton broth (BBL, BD Diagnostic Systems, Sparks, MD, USA; CLSI, 2008, 2010). Routine quality control of antimicrobial disks was performed using control strains of Enterococcus faecalis ATCC 19433 and E. faecium ATCC 19434. Diameters of zones of inhibition were interpreted in accordance with guidelines of the Clinical and Laboratory Standards Institute for Enterococcus spp. (CLSI, 2008, 2010). The breakpoint for tigecycline is according to manufacturer specifications upon recommendation from the CLSI. Antimicrobial breakpoints for enterococcal species are not all veterinary approved and are therefore not validated in relation to clinical outcome in a veterinary application. Multi-drug resistance was defined as resistance to three or more antimicrobial agents, regardless of class. Linear regression analysis was performed to compare the antimicrobial resistance profiles of each enterococcal species from all animals and animals with no antimicrobial treatment. The antimicrobial resistance profiles of feline isolates were also compared to that of the isolates from hospital surfaces from our previous work (KuKanich et al., 2012) although in that study the isolates were not screened for resistance to tetracycline, streptomycin, linezolid, rifampicin, and chloramphenicol.

PCR amplification of *vanA* and *vanB* genes was conducted with primers described previously (Kariyama et al., 2000; Elsayed et al., 2001). Broth and filter conjugation assays were carried out as described by Ike et al. (1998) and Tendolkar et al. (2006), respectively to determine the mobility of the vancomycin resistance trait among *E. faecalis* strains. The recipients included the following strains with resistance markers: 41–31 (linezolid, MIC =  $8 \mu g m l^{-1}$ ; Qi et al., 2006), OG1SSp (spectinomycin, MIC =  $250 \mu g m l^{-1}$ ; Dunny et al., 1982), and JH2-2 (rifampicin, MIC =  $30 \mu g m l^{-1}$ ; Oancea et al., 2004). Both assays were performed with a donor and recipient ratio of 1:10. The transconjugants were detected on agar supplemented with vancomycin ( $16 \mu g m l^{-1}$ ) and the respective antimicrobial markers of the recipient strains with the same antimicrobial concentrations as described above.

#### SCREENING FOR VIRULENCE TRAITS BY PHENOTYPE

Identified isolates were tested for the gelatinase on Todd Hewitt Agar (Difco, BD Diagnostic Systems, Sparks, MD, USA) with 1.5% skim milk, and for the cytolysin ( $\beta$ -hemolysis) on Columbia blood agar base (Difco, BD Diagnostic Systems, Sparks, MD, USA) supplemented with 5.0% human blood (Rockland Immunochemicals, Inc., Gilbertsville, PA, USA) as described previously (Macovei and Zurek, 2006).

#### **GENOTYPING BY PULSED-FIELD GEL ELECTROPHORESIS**

The feline enterococcal isolates (E. faecalis, n = 15; E. faecium, n = 18) for pulsed-field gel electrophoresis (PFGE) were selected based on their different antibiotic resistance profile. These were genotyped to assess their clonality within and between cats. Also, in this study, nine E. faecalis isolates from various hospital surfaces were genotyped and compared with the feline isolates while the feline E. faecium isolates were compared to the 42 E. faecium hospital isolates typed in our previous study (KuKanich et al., 2012). PFGE was carried out following the protocols of Murray et al. (1990) and Turabelidze et al. (2000). Briefly, agarose plugs were restriction digested with 20U of SmaI (New England Biolab, Ipswich, MA, USA) for 4 h at 25°C. Digested plugs were run on to a 1.0% SeaKem Gold Agarose (Lonza, Rockland, ME, USA) gel using CHEF Mapper (Bio-Rad Laboratories, Hercules, CA, USA) with initial pulse time for 1 s and final time for 20 s at 200 V for 21 h. Cluster analysis was performed with BioNumerics (Applied Maths, Inc., Austin, TX, USA) by using the band-based Dice correlation coefficient and the unweighted pair group mathematical average algorithm (UPGMA) with position tolerance setting of 1.0% for both optimization and band comparison. The cut off 95% was used to classify the strains as clonal.

#### RESULTS

#### ENTEROCOCCAL CONCENTRATION AND SPECIES DIVERSITY

The mean enterococcal concentration was  $1.1 \pm 0.7 \times 10^6$  CFU g<sup>-1</sup> of feces in five cats, with one outlying cat that had  $6.0 \times 10^8$  CFU g<sup>-1</sup> (**Table 1**). There was great variation in enterococcal composition at the species level among individual cats (**Table 1**). Altogether, of the 180 isolates, *E. hirae* (69/180, 38.3 ± 18.6%) was the most common, followed by *E. faecium* (63/180, 35.0 ± 14.3%), *E. faecalis* (43/180, 23.9 ± 11.0%), and *E.* 

avium (5/180, 2.8  $\pm$  2.2%). No enterococcal colonies were detected in the cat diets.

#### ANTIMICROBIAL RESISTANCE AND VIRULENCE

Eighty-eight out of 180 enterococcal isolates (48.9%) from feces of the enrolled healthy cats showed multi-drug resistance (3-8 antimicrobials; Table 2). Overall, E. faecium exhibited high incidence of resistance to tetracycline, erythromycin, and enrofloxacin while resistance to rifampicin, quinupristin/dalfopristin, doxycycline, ampicillin, gentamicin, streptomycin, and nitrofurantoin was less frequent (Figure 1). E. faecalis was frequently resistant to a total of six different antimicrobials, namely rifampicin, erythromycin, gentamicin, tetracycline, doxycycline, and streptomycin whereas resistance to vancomycin, and chloramphenicol was less common (Figure 1). A considerable number of E. hirae were resistant to tetracycline, rifampicin, and erythromycin (Figure 1). Five isolates of E. avium showed resistance to rifampicin, erythromycin, and/or tetracycline (Table A2 in Appendix). No resistance was detected to the newer generation drugs, linezolid and tigecycline, in any enterococcal isolates. The antimicrobial resistance profile for cats that had never been administered antimicrobial agents is depicted in Figure A1 in Appendix. Based on statistical analysis, antimicrobial resistance profiles of enterococcal species from all cats and cats with no antimicrobial treatment were highly similar [R = 0.9458 (E. faecalis), R = 0.9764(*E. faecium*), and R = 0.9844 (*E. hirae*)].

Isolates from feces of individual cats provided a unique profile of antimicrobial resistance. In cat-A, 8 out of 11 *E. faecium* were resistant to quinupristin/dalfopristin, and several were resistant to high level of streptomycin (4/11), doxycycline (3/11), and nitrofurantoin (3/11; **Table A2** in Appendix). *E. faecalis* strains (5/15) resistant to chloramphenicol and high level of gentamicin were also detected in the feces of this cat. In cat-D, the enterococcal population in the gut was almost equally shared by MDR strains of *E. faecalis* (11/30), *E. hirae* (10/30), and *E. faecium* (9/30). Among these, all *E. faecalis* were phenotypically resistant to six antimicrobials (tetracycline, doxycycline, erythromycin, rifampicin, gentamicin, and streptomycin) whereas one *E. faecium* strain was resistant to tetracycline, erythromycin, enrofloxacin, rifampicin, and streptomycin (**Table 2; Table A2** in Appendix). Cat-E was colonized with MDR *E. faecalis* (7/30)

Sample ID	Hospital $ID^{\dagger}$	Concentration (CFU $g^{-1}$ )	Diversity (%)*							
			E. faecalis	E. faecium	E. hirae	E. avium				
Cat-A	1	6.0 × 10 <sup>8</sup>	50.0	36.7	0	13.3				
Cat-B	2	9.1 × 10 <sup>5</sup>	0	100	0	0				
Cat-C	4	2.1 × 10 <sup>5</sup>	0	10.0	90.0	0				
Cat-D	6	$1.7 \times 10^{5}$	36.7	30.0	33.3	0				
Cat-E	7	4.1 × 10 <sup>6</sup>	56.7	33.3	6.7	3.3				
Cat-F	9	$1.1 \times 10^{5}$	0	0	100	0				

<sup>1</sup> Hospital IDs consistent with previous surveillance study (KuKanich et al., 2012).

\*Based on 30 isolates from each fecal sample.

Resistance profile	Number of strains (%)*							
	E. faecalis (n = 43)	<i>E. faecium</i> ( <i>n</i> = 63)	E. hirae (n = 69)					
TET, E, ENO		24 (38.1)		Cat-B				
TET, E, Q/D		5 (7.9)		Cat-A				
TET, E, RIF			10 (14.5)	Cat-D				
TET, E, ENO, RIF		2 (3.2)		Cat-D				
E, ENO, RIF		7 (11.1)		Cat-D				
E, GM, VA	7 (16.3)			Cat-E				
TET, E, GM, CM	3 (6.9)			Cat-A				
TET, E, Q/D, NF		1 (1.6)		Cat-A				
TET, E, RIF, GM, CM	2 (4.6)			Cat-A				
TET, E, ENO, RIF, STR		1 (1.6)		Cat-D				
TET, E, ENO, STR, AM		1 (1.6)		Cat-A				
TET, E, Q/D, STR, D		2 (3.2)		Cat-A				
TET, E, Q/D, D, NF		1 (1.6)		Cat-A				
TET, E, RIF, GM, STR, D	11 (25.6)			Cat-D				
TET, E, ENO, STR, AM, NF		1 (1.6)		Cat-A				
TET, E, ENO, Q/D, RIF, GM, AM, D		10 (15.9)		Cat-E				

Table 2 | Multiple (≥3) antimicrobial resistance profile among enterococcal isolates from the feces of resident cats from small animal veterinary hospitals.

AM, ampicillin; CM, chloramphenicol; TET, tetracycline; D, doxycycline; GM, gentamicin; STR, streptomycin; RIF, rifampicin; E, erythromycin; ENO, enrofloxacin; VA, vancomycin; Q/D, quinupristin/dalfopristin; NF, nitrofurantoin.

\*E. avium are not included as they were not multi-drug resistant.

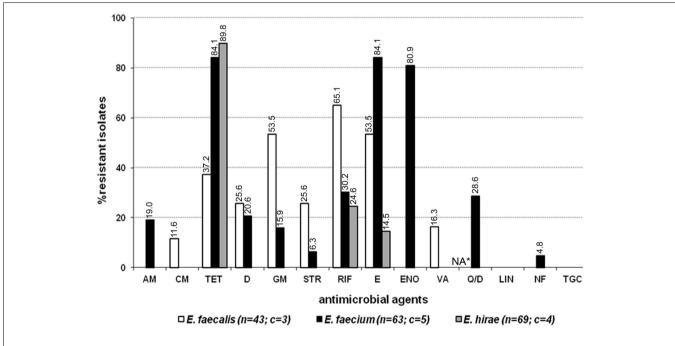


FIGURE 1 | Antimicrobial resistance profile of enterococci from the feces of six resident cats from small animal veterinary hospitals. AM, ampicillin; CM, chloramphenicol; TET, tetracycline; D, doxycycline; GM, gentamicin; STR, streptomycin; RIF, rifampicin; E, erythromycin; ENO, enrofloxacin; VA, vancomycin; Q/D, quinupristin/dalfopristin; LIN, linezolid; NF, nitrofurantoin; TGC, tigecycline; *c*, number of cats that contributed for the total number (*n*) of isolates. \*Not applicable for *E. faecalis* isolates due to their intrinsic resistance.

and *E. faecium* (10/30), and all *E. faecalis* were vancomycin resistant with an MIC of  $16-32 \,\mu g \,ml^{-1}$ , but susceptible to teicoplanin

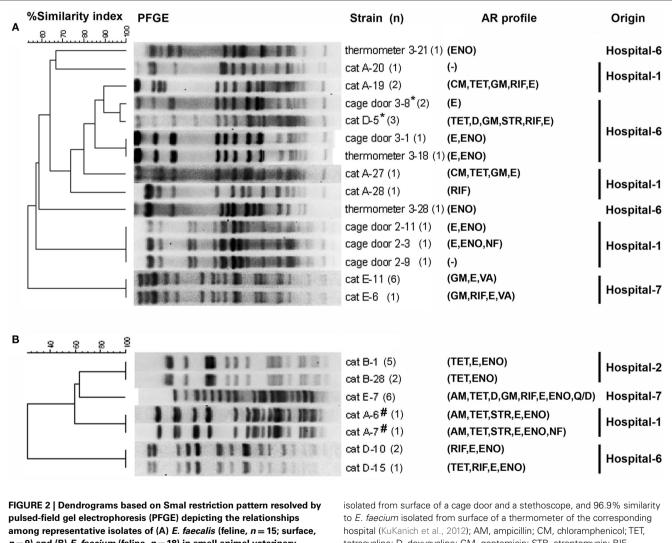
(MIC  $\leq 1 \,\mu \text{g ml}^{-1}$ ). These vancomycin resistant strains harbored the *vanB* gene but not *vanA*. Standard *in vitro* conjugation assays

failed to transfer *vanB* from the feline isolates to several *E. faecalis* recipient strains. Besides vancomycin, these *E. faecalis* were also resistant to high level of gentamicin and erythromycin. In addition, all *E. faecium* from cat-E displayed resistance to 8 antimicrobials (tetracycline, doxycycline, erythromycin, enrofloxacin, quinupristin/dalfopristin, rifampicin, gentamicin, and ampicillin; **Table 2, Table A2** in Appendix). Cat-B was colonized with *E. faecium* (24/30) resistant to enrofloxacin, erythromycin, and tetracycline. *E. hirae* from cat-C were resistant to tetracycline (27/30) while those from cat-F were resistant to tetracycline (25/30) and rifampicin (5/30) (**Table A2** in Appendix).

All feline isolates were screened for two enterococcal virulence factors, gelatinase and cytolysin. The majority of *E. faecalis* (38/43, 88.4%) showed strong gelatinase phenotype, and several (5/43, 11.6%) were  $\beta$ -hemolytic on human blood agar. *E. faecium* (58/63, 92.1%) and *E. hirae* (66/69, 95.6%) showed weak gelatinase phenotype; the remainder were negative for gelatinase activity and none were  $\beta$ -hemolytic.

#### **GENOTYPING OF FELINE ENTEROCOCCAL ISOLATES**

Pulsed-field gel electrophoresis analysis revealed that enterococcal isolates from individual cats were host-specific clonal groups (unique pulsotypes in individual cats; **Figures 2A,B**). The feline enterococcal isolates were also compared to the surface isolates from the corresponding hospitals (**Figure 2A**; KuKanich et al., 2012). *E. faecalis* from a cage door of Hospital-6 showed close genotypic similarity (96.9%) to several fecal isolates from the cat (cat-D) residing at the facility (**Figure 2A**). Furthermore, two *E. faecium* strain from feces of cat-A were clonally indistinguishable or closely related (96.9%) to isolates from the surfaces (a cage door, a stethoscope, and a thermometer) of Hospital-1 (KuKanich et al., 2012).



n = 9) and (B) *E. faecium* (feline, n = 18) in small animal veterinary hospitals. Strain numbers, number of strains typed (*n*), antimicrobial resistance (AR) profiles, and corresponding hospitals are included along each PFGE lane. "\*" Indicates 96.9% similarity among *E. faecalis* isolated from the hospital surface and cat feces. "#" Indicates 100% similarity to *E. faecium*  to *E. faecium* isolated from surface of a thermometer of the corresponding hospital (KuKanich et al., 2012); AM, ampicillin; CM, chloramphenicol; TET, tetracycline; D, doxycycline; GM, gentamicin; STR, streptomycin; RIF, rifampicin; E, erythromycin; ENO, enrofloxacin; VA, vancomycin; Q/D, quinupristin/dalfopristin; NF, nitrofurantoin. Hospital surface isolates were not screened for resistance to tetracycline, chloramphenicol, linezolid, streptomycin, and rifampicin.

# DISCUSSION

With large numbers of pet animals in the USA, maintaining a healthy environment within SAVHs is highly desirable. Recent studies have reported surface contamination by MDR enterococci and other bacteria in SAVH environment (Aksoy et al., 2010; KuKanich et al., 2012). Our study was designed to assess healthy resident cats in SAVHs as carriers/reservoirs of MDR enterococci.

The mean value of enterococcal population size in resident cats was comparable to that reported from the feces of healthy pets  $(10^3-10^6 \text{ CFU g}^{-1} \text{ of feces})$  (Damborg et al., 2009). Though the enterococcal species composition was diverse among individual cats, the overall diversity at the species level indicated a healthy feline gut microbiota and was in congruence with other studies on enterococcal population in healthy cats (Devriese et al., 1992; de Leener et al., 2005). Previously, Poeta et al. (2006) reported an intermediate prevalence of resistance in enterococci with few MDR strains isolated from healthy cats in Portugal. de Leener et al. (2005) and Moyaert et al. (2006) screened cats from diverse populations in Belgium and demonstrated that enterococcal strains in cats from hospitals and catteries had relatively higher prevalence of resistance to several antimicrobial agents (erythromycin, tylosin, lincomycin, tetracycline, chloramphenicol, and kanamycin) compared to that of healthy domestic cats. In the USA, Jackson et al. (2009a) reported antimicrobial resistant E. faecium and E. faecalis from a total of 116 healthy cats visiting veterinary clinics. They detected MDR E. faecalis and E. faecium (3-8 antimicrobials) but no vancomycin or quinupristin/dalfopristin resistant strains. Our results showed that four out of six healthy cats harbored a MDR enterococcal population with E. faecium occurring most frequently. To our knowledge, our study reported for the first time MDR (tetracycline, erythromycin, and rifampicin) E. hirae from a healthy companion animal. All of our enterococcal isolates were susceptible to the relatively new antimicrobial agents linezolid and tigecycline, and this is in agreement with the study of Jackson et al. (2009a). Importantly, the overall antimicrobial resistance profile of the isolates from our healthy resident cats was similar to that of cattery and hospitalized feline isolates rather than the isolates from healthy domestic cats.

Due to limited number of animals and bacterial isolates, we could not assess a correlation between the antimicrobials administered to resident cats and antimicrobial resistance profiles of the feline enterococcal isolates. Clearly, three out of four cats that have never been administered antimicrobials carried a MDR enterococcal population. Vice versa, feces of one of the two cats that received an antimicrobial treatment had the enterococcal community susceptible to all antibiotics tested with the exception of tetracycline. While enterococci are not commonly associated with infections in small animals, due to their ability to horizontally transfer resistance traits to other bacteria including Staphylococcus aureus (Noble et al., 1992; Clewell and Dunny, 2002; Weigel et al., 2003), the enterococcal resistance reported in this study is important especially that to doxycycline, enrofloxacin, and ampicillin. This is because tetracyclines, fluoroquinolones, and β-lactams are very commonly used in small animal veterinary medicine to treat various bacterial infections (Prescott et al., 2002). Due to close physical contact between pets and people, the likelihood of transfer of bacteria is very high and it has been demonstrated for different bacterial taxa including enterococci and staphylococci (Simjee et al., 2002; Guardabassi et al., 2004; Bramble et al., 2011; Chomel and Sun, 2011). Once established in the digestive tract, MDR enterococci can persist for months to years (Byers et al., 2002; Sørum et al., 2006). Detection of chloramphenicol resistant E. faecalis and quinupristin/dalfopristin resistant E. faecium requires attention since these antimicrobials are used to treat human infections caused by vancomycin resistant enterococci (VRE) (Lautenbach et al., 1998; Linden et al., 2001; Arias and Murray, 2008). We also report vancomycin resistant E. faecalis with the vanB gene not transferable in vitro; however, transfer of this trait in natural niches cannot be ruled out. van Belkum et al. (1996) reported that 4/24 (16%) of the rectal swabs from cats that attended a veterinary practice in the Netherlands were positive for vancomycin resistant E. faecium with vanA. Another study reported association of vancomycin resistant E. faecium in a cat with cholangiohepatitis (Pressel et al., 2005). To our knowledge, isolation of vancomycin resistant E. faecalis from a healthy cat in our study is the first of its kind. Interestingly, VRE were not detected in our previous surveillance study (KuKanich et al., 2012) and this antibiotic is also typically not used to treat animals at SAVHs (Weese, 2008). Although the source of VRE in this cat is unknown, it is likely of a human (pet owner, hospital staff) origin since VRE strains are rare in the USA outside of the human clinical environment (Sapkota et al., 2007; Roberts et al., 2009b). The VRE transfer from personnel in human hospitals to patients as well as between pet owners and pets has been suggested in several studies (Hayden, 2000; Guardabassi et al., 2004; Tacconelli and Cataldo, 2008) and it is therefore also possible in SAVHs. Resistance to ampicillin and high level of gentamicin in E. faecium is also a concern, as gentamicin in combination with β-lactams or glycopeptides is typically used to treat human enterococcal infections (Arias and Murray, 2008).

Gelatinase and cytolysin are among the virulence traits implicated in enhancement of enterococcal infections (Gilmore et al., 2002). Gulhan et al. (2006) demonstrated that prevalence of gelatinase and cytolytic activity among E. faecalis and E. faecium were negligible in healthy cats. In contrast, the presence of gelatinolytic as well as several  $\beta$ -hemolytic strains of *E. faecalis* isolated from the healthy resident cats in our study indicates these isolates have increased virulence potentially resulting in biofilm formation (Ghosh et al., 2011), proliferation in bloodstream, and direct tissue damage (Gilmore et al., 2002). Therefore, our data demonstrate that resident cats in SAVHs are carriers and possible reservoirs of antimicrobial resistant and potentially virulent enterococcal strains. Since fecal samples of these cats were not tested prior to their adoption as resident cats (as kittens), we cannot entirely exclude a rather remote possibility that the cats in this study acquired the enterococci from an outside source before their stay in SAVHs.

Sharing of methicillin-resistant *S. aureus* (MRSA) clones among hospital staff, surfaces, patients, and resident animals had been documented in a veterinary hospital (Loeffler et al., 2005) as well as in a human geriatric ward (Scott et al., 1988) indicating cross-contamination within the hospital environment. In our study, clonal matches based on PFGE clearly demonstrate crosscontamination between the resident cats and the hospital environment although the directionality of the bacterial transfer requires further investigation. The PFGE dendrograms also revealed that feline enterococcal isolates in our study were host-specific (unique to individual cats) and not diverse although genotyping of more isolates is warranted to assess the diversity to a greater extent. These findings differ from the study by Jackson et al. (2009b) where they found that healthy domestic cats harbored MDR enterococcal strains of diverse clonal origin. We hypothesize that the antimicrobial use in the SAVHs leads to the selection of specific MDR clonal lineages in the patients that contaminate the hospital environment. Consequently, this contamination becomes the source of MDR enterococci for the resident cats that then become carriers/reservoirs of these bacteria and possibly re-contaminate the hospital environment. The cat diet is an unlikely source of the antimicrobial resistant enterococci as all resident cats enrolled in this study were fed commercial cat food (Table A1 in Appendix) and our random screening of these diets failed to detect any enterococcal contamination. Other possible sources of antimicrobial resistant enterococci such as the hospital staff or pet owners cannot be ruled out.

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In conclusion, we demonstrate that resident cats in SAVHs in the USA can carry and shed MDR enterococci and this may create risk to people and animals within veterinary hospitals. Further research is warranted to determine direction of enterococcal transmission between resident cats and environmental surfaces of the clinics, and also to evaluate the duration (transient or long-lasting) of such carriage. Nonetheless, proper disposal and handling of fecal material of resident cats, good overall hygiene, effective infection control, and restricted movement of these animals within the ward are recommended.

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# **APPENDIX**

Sample ID	Age (year)/sex/breed	Stay at clinic (year)	Antibiotic(s) administration (year ago)	Diet
Cat-A	11/MC/DSH	10	Never	HSD c/d multicat dry
Cat-B	2/MC/DSH	2	Never	HSD sensitive stomach maintenance dry
Cat-C	10/FS/DSH	10	Penicillin and enrofloxacin (5),	HSD w/d dry
			amoxicillin–clavulanic acid (4),	
			erythromycin ophthalmic drops (1)	
Cat-D	3/FS/DSH	3	Never	Felidae maintenance dry
Cat-E	8/FS/DLH	8	Amoxicillin (3)	HSD maintenance dry
Cat-F	1.3/MC/DSH	1.3	Never	HSD hairball light maintenance dry

# Table A1 | Information on resident cats from the small animal veterinary hospitals.

FS, female spayed; MC, male castrated; DSH, domestic short haired; DLH, domestic long haired; HSD, Hill's science diet.

Strain	ID	АМ	СМ	TET	D	GM	STR	RIF	E	ENO	VA	Q/D	LIN	NF	TGC
CAT-A												1			
1	Av														
2	Av														
3	Av														
15	Av														
4	Fm														
5	Fm						_								
6	Fm						_								
7	Fm														
8	Fm														
9	Fm														
10	Fm														
11	Fm														
12	Fm														
13	Fm														
14	Fm														
16	Fs											-			
17	Fs											-			
18	Fs											-			
19	Fs											-			
20	Fs											-			
21	Fs											-			
22	Fs											-			
23	Fs											-			
24	Fs											-			
25	Fs											-			
26	Fs											-			
27	Fs											-			
28	Fs											-			
29	Fs											-			
30	Fs											-			
CAT-B			1											1	
1	Fm														
2	Fm														
3	Fm														
4	Fm														
5	Fm														
6	Fm														
7	Fm														
8	Fm														
9	Fm														
10	Fm														
11	Fm														
12	Fm														
13	Fm														
14	Fm														
15	Fm														
16	Fm														
17	Fm														
18	Fm														

Table A2   Antimicrobial resistance profile of enterococcal isolates from the feces of individual resident cats from small animal veterinary	
hospitals.	

(Continued)

# Table A2 | Continued

Strain	ID	АМ	СМ	TET	D	GM	STR	RIF	Е	ENO	VA	Q/D	LIN	NF	TGC
19	Fm														
20	Fm														
21	Fm														
22	Fm														
23	Fm														
24	Fm														
25	Fm														
26	Fm														
27	Fm														
28	Fm														
29	Fm														
30	Fm														
CAT-C															
2	Fm														
6	Fm														
18	Fm														
1	Hr														
8	Hr														
3	Hr														
4	Hr														
5	Hr														
7	Hr														
9	Hr														
10	Hr														
11	Hr														
12	Hr														
13	Hr			_											
14	Hr			_											
15	Hr			_											
16	Hr			_											
17	Hr														
19	Hr														
20 21	Hr														
21	Hr Hr			_											
22 23	Hr			_											
	Hr			_											
24 25	Hr														
25 26	Hr														
20 27	Hr														
27 28	Hr Hr														
28 29	Hr														
29 30	Hr														
CAT-D	1.11														
7	Fm														
/ 10	Fm														
13	Fm														
15	Fm														
24	Fm				<b>-</b>										
∠4	Fm							_			L				

(Continued)

# Table A2 | Continued

Strain	ID	АМ	СМ	TET	D	GM	STR	RIF	Е	ENO	VA	Q/D	LIN	NF	TGC
19	Fm														
20	Fm														
21	Fm														
1	Fs											-			
3	Fs											-			
5	Fs											-			
11	Fs											-			
14	Fs											-			
16	Fs											-			
18	Fs											-			
22	Fs											-			
25	Fs											-			
26	Fs											-			
30	Fs											-			
2	Hr														
4	Hr														
6	Hr														
8	Hr							_							
9	Hr							_							
12	Hr														
17	Hr														
23	Hr							_							
28	Hr			_											
29	Hr														
CAT-E	1 11														
18	Av														
24	Hr														
24 25	Hr														
25 6	Fs														
0 11	Fs											-			
												-			
12	Fs										_	-			
13	Fs											-			
15	Fs					_						-			
16	Fs											-			
17	Fs							_				-			
19	Fs											-			
20	Fs											-			
21	Fs											-			
22	Fs											-			
23	Fs											-			
26	Fs											-			
27	Fs											-			
28	Fs				-							-			
29	Fs											-			
30	Fs											-			
1	Fm														
2	Fm														
3	Fm														
4	Fm														
5	Fm														
7	Fm														

(Continued)

Strain	ID	AM	СМ	TET	D	GM	STR	RIF	Е	ENO	VA	Q/D	LIN	NF	TGC
3	Fm														
)	Fm														
10	Fm														
14	Fm														
CAT-F															
	Hr														
2	Hr														
3	Hr														
1	Hr														
5	Hr														
6	Hr														
7	Hr														
3	Hr														
Э	Hr														
10	Hr														
1	Hr														
12	Hr														
13	Hr														
14	Hr														
15	Hr														
16	Hr														
17	Hr														
18	Hr														
19	Hr														
20	Hr														
21	Hr														
22	Hr														
23	Hr														
24	Hr														1
25	Hr														1
26	Hr		1												1
27	Hr														
28	Hr														1
29	Hr														
30	Hr														+

#### Table A2 | Continued

Black filled box = resistance, white filled box = susceptible.

AM, ampicillin; CM, chloramphenicol; TET, tetracycline; D, doxycycline; GM, gentamicin; STR, streptomycin; RIF, rifampicin; E, erythromycin; ENO, enrofloxacin; VA, vancomycin; Q/D, quinupristin/dalfopristin; LIN, linezolid; NF, nitrofurantoin; TGC, tigecycline; "–," not applicable for E. faecalis isolates due to their intrinsic resistance. Av, Enterococcus avium; Fm, E. faecium; Fs, E. faecalis; Hr, E. hirae.

